

# ***FYI FRIDAYS***

## ***DBH Updates, Notices, and Policy Guidance***

February 14, 2025

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1. **New Post-Discharge Hospital Reimbursement Agreement and Attestation** – Limited funding is available for hospitals to receive reimbursement of expenditures related to extended stays of qualifying individuals receiving Department of Mental Health (DMH) services. Reimbursement is considered for individuals eligible for hospital discharge but not discharged for a specified period of time due to a lack of availability within an appropriate community placement. The eligibility criteria for individuals and list of required documentation are outlined in the [Post Discharge Hospital Reimbursement Memo](#). DMH will accept requests for reimbursement at [DMH.PPD.Payment@dmh.mo.gov](mailto:DMH.PPD.Payment@dmh.mo.gov) between April 1, 2025, and April 30, 2025.
2. **New MO HealthNet Participant's with Third Party Liability Coverage** - Before requesting prior authorization (PA) from the MO HealthNet Division (MHD) for any medication, please verify whether the participant has any other third-party liability (TPL). Providers must utilize all available third-party benefits, including exploring therapeutic alternatives, pursuing prior authorization through the third-party payer, and utilizing a preferred pharmacy before MHD will consider reviewing PAs for participants with TPL. It is important to remember that obtaining PA approval from MHD does not exempt it from being the payer of last resort. MHD will review PA requests in cases where third-party payers exclude all therapeutic alternatives from their coverage. These reviews are conducted on a case-by-case basis by Pharmacy Administration, and providers are required to submit documentation of the third-party PA denial along with an appeal of the coverage exclusion. Contact Pharmacy Administration at [MHD.PharmacyAdmin@dss.mo.gov](mailto:MHD.PharmacyAdmin@dss.mo.gov) or 573-751-6963. Additionally, dual-eligible participants receive pharmacy benefits through their Medicare Part D plan (PDP). MORx is a secondary payer following the PDP. MORx does not maintain a formulary and only covers prescription drugs already covered by the PDP. If a participant's PDP does not cover a specific medication or denies a prior authorization, MORx will not provide coverage for that medication.
3. **New Survey on the SUPPORT Act's Prescription Drug Monitoring Program Mandate** - MO HealthNet is conducting a survey regarding the implementation of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act's prescription drug monitoring program mandate. The SUPPORT Act, signed into law on October 24, 2018, required that states mandate that covered providers consult a qualified prescription drug monitoring program (PDMP) before prescribing controlled substances to covered individuals. Moreover, beginning with the Federal Fiscal Year (FFY) 2023, states must report annual data about the use of PDMPs by covered providers before prescribing controlled substances to the Department of Health and Human Services (HHS). To help assess the implementation of this mandate, we would appreciate your participation in this survey. The survey should take 5 minutes, and your responses will be confidential.

Looking for employment? Know someone who is?  
Open positions across the state and throughout the DMH can be found at  
[MO Careers – Department of Mental Health](#)

## **JOB ANNOUNCEMENTS**

### **Accountant Manager Division of Behavioral Health**

This position will be responsible for all community financial operations (which includes prevention, treatment, and recovery services for both mental health and substance use); implement new funding received for community; oversight of all community provider payments and ensure the correct funding is used; among many other things. **Applications accepted through February 21, 2025**

## ***FUNDING OPPORTUNITIES***

1. **CMS Releases Revised FAQ on Dual Eligibles** - Last week, the Centers for Medicare and Medicaid Services (CMS) released a revised version of a frequently asked questions (FAQ) document, Provider Enrollment and Third-party Liability for Items and Services Rendered to Dually Eligible Individuals. The FAQ covers questions related to payment of Part A and B items and services rendered to dually eligible individuals enrolled in traditional Medicare or Medicare Advantage. This FAQ follows a draft version CMS published in September 2024. The National Council submitted comments on the draft FAQ, and CMS incorporated several recommendations into the final version. Notably, in comparison to the draft FAQ, the final FAQ does not allow states to require providers to enroll in Medicare as a condition of enrollment into Medicaid, something the National Council included as a suggestion in comments on the draft FAQ. CMS also specifically responded to questions regarding Medicaid as a secondary payer for Full Benefit Dual Eligible enrollees; specifically, the FAQ states that if a balance remains after Medicare has paid the provider or supplier, or Medicare has denied payment for a substantive reason, the provider or supplier can submit the claim to the state for payment of the balance, up to the maximum Medicaid payment amount established for the item or service in the State Plan.
2. **Enhancing Use of Medications for Addiction Treatment in CCBHCs Project ECHO** - Apply now for a free seven-month learning collaborative designed to support SAMHSA CCBHC expansion grantees in improving MAT implementation and outcomes through peer learning, expert guidance, and actionable planning. **Deadline is February 19, 2025.**
3. **BJA Funding Opportunity: Improving Substance Use Disorder Treatment and Recovery Outcomes for Adults in Reentry** - The Bureau of Justice Assistance (BJA) recently announced a new funding opportunity for the Improving Substance Use Disorder Treatment and Recovery Outcomes for Adults in Reentry program. This program seeks to enhance corrections and community supervision systems and community-based providers' capacity to address the substance use disorder (SUD) and recovery needs of people during incarceration and upon reentry. Specifically, the program provides grants to State, Tribal, and local governments, as well as nonprofit organizations, to support the implementation or expansion of evidence-based and trauma-informed SUD treatment and recovery supports for people during incarceration and upon reentry into the community. Ultimately, the program aims to promote deflection strategies to reduce involvement with the criminal justice system and expand access to evidence-based SUD treatment, including medication-assisted treatment (MAT), during reentry. BJA will provide up to six awards of up to \$833,000 for a three-year project period for total program funding of \$5,000,000. **Applications are due March 27, 2025.**
4. **Sober Truth on Preventing Underage Drinking Act Grants** - The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12 to 20 in communities throughout the United States. Award recipients will be expected to implement activities that support capacity building such as implementing evidence-based community approaches, enhancing collaboration, cooperation and coordination among communities, federal, state, and local and tribal governments, and convening Town Halls. With this program, SAMHSA aims to address the problem of underage drinking across the United States.
5. **Statewide Family Network** - The purpose of this program is to provide resources to enhance the capacity of statewide mental health family-controlled organizations to support, train, and mentor family members/primary

caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED) and/or co-occurring disorders (COD). SAMHSA aims to transform mental health and related systems in states by empowering family-controlled organizations to participate meaningfully in SED/COD policy development and service delivery.

6. **Addiction Medicine Fellowship Program** – The purpose of the AMF program is to expand the number of fellows at accredited addiction medicine and addiction psychiatry fellowship programs trained as addiction medicine specialists. These fellows will practice in medically underserved, community-based settings that integrate primary care with mental health disorder and substance use disorder (SUD) prevention and treatment services. The fellowship must include training in prevention and treatment services in medically underserved community-based settings, including in rural areas, that have limited or no access to SUD prevention or treatment. **Dates to Apply: December 20, 2024-February 28, 2025.**
7. **Connecting Kids to Coverage National Campaign: CKC Notice of Funding Opportunity – Applications due March 7, 2025** – The Centers for Medicare & Medicaid Services (CMS) recently announced the Connecting Kids to Coverage (CKC) Notice of Funding Opportunity (NOFO). The Outreach and Enrollment Cooperative Agreement program provides funding to reduce the number of children who are eligible for, but not enrolled in, Medicaid and the Children’s Health Insurance Program (CHIP), and to improve retention of eligible children, parents, and pregnant women who are enrolled in the programs. This CKC NOFO makes available \$66.3 million (\$8.29 in AI/AN grants funds and \$58 million for broader grants) in cooperative agreements, up to \$3 million, for a five-year period of performance to achieve these goals. Eligibility for this grant opportunity includes:
  - State and local governments;
  - Indian tribes or tribal consortia, tribal organizations, urban Indian organizations receiving funds under title V of the Indian Health Care Improvement Act, or Indian Health Service providers;
  - Federal health safety net organizations;
  - National, state, local, or community-based public or nonprofit private organizations, including organizations that use community health workers, community-based doula programs, or parent mentors;
  - Faith-based organizations or consortia; and
  - Elementary or secondary schools.
8. **National Women’s Mental Health and Substance Use Technical Assistance Center** – The purpose of this program is to enhance the capacity of healthcare providers serving women across the nation in the core health specialties of mental health (MH) and substance use (SU), obstetrics/gynecology (OB/GYN), pediatrics, emergency services, crisis services, and primary care to address the diverse needs of women with, or at risk form mental and substance use disorders (SUD), including those who were greatly impacted by COVID-19.
9. **New Resource: Financing Measurement-Based Care in Community Behavioral Health Settings Webinar** – Measurement-Based Care (MBC) for behavioral health (BH) care, encompassing mental health and substance use disorder treatment services, is a clinical process that uses standardized, valid, repeated measurements to track a client’s progress over time and inform treatment. MBC fosters shared client-provider treatment planning and treatment decision-making processes.
10. **Financing Peer Crisis Respite in the United States** – The report, webinar recording, and webinar slides are now available online for the Financing Peer Crisis Respite in the United States webinar that was held on November 21, 2024.
11. **SAMHSA Announces \$68.5 Million in Workforce and Community-based Treatment Funding** – Last week, the Health Resources and Services Administration announced the availability of new behavioral health workforce grants (**\$22.8 million for the Graduate Psychology Education Program** and \$59.6 million for the **Behavioral Health Workforce Education and Training (BHWET) Program for Professionals**). The Graduate Psychology Education Program supports training in integrated, interdisciplinary behavioral health, with significant focus on trauma-informed care and substance use disorder prevention and treatment services. The BHWET Program has a specific focus on increasing access to behavioral health services for children, adolescents, and young adults and on

recruiting a diverse workforce. There is an emphasis on the interprofessional team-based models of care, which integrate behavioral health training in primary care settings like community health centers.

12. **SAMHSA's CFRI Highlights New Projects** – The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Financing Reform & Innovation (CFRI) is highlighting new projects underway at the Center regarding financing mechanisms for mental health and substance use disorder (SUD) care. These new projects are designed to identify opportunities, innovations, and challenges to service delivery and access and provide guidance on the use of various financing mechanisms to provide SUD services across the continuum. These resources include new reports, one-pagers, journal articles, and webinars that discuss financing strategies for mental health and SUD care. Project topics include:
  - Financing Peer Crisis Respite in the United States
  - Measurement-Based Care Financing
  - Coverage of Selected Behavioral Health Services Among Older Medicare and Medicaid Beneficiaries
  - Public Financial Investments in Behavioral Health
  - National Gaps in Health Care Access and Health Insurance Among LGB Populations
  - Funding Strategies of Community-Based Behavioral Health organizations Serving Under-served, Minoritized, Racial, and Ethnic Communities
13. **Grant Resources:**
  - [Nonprofit Grant Program | Department of Economic Development \(mo.gov\)](#)
  - [Grants Management - St. Louis Community Foundation \(stlgives.org\)](#)
  - [Missouri Grants for Nonprofits, Businesses and Individuals - GrantWatch](#)
  - [Grant Eligibility | Grants.gov](#)
  - [Grants | SAMHSA](#)

## ***INFO & RESOURCES***

1. **New A Guide to Addiction Treatment Options** - Are you or a loved one seeking help for addiction? This video breaks down the wide range of treatment options available for substance use disorders, helping you understand which path might be the best fit. From counseling and outpatient programs to intensive inpatient care and medication-assisted treatment, we explore the benefits, challenges, and key considerations for each approach.
2. **New 2025 Problem Gambling Awareness Month Toolkit** – PGAM is a nationwide grassroots campaign, held annually in March, that seeks to increase public awareness of problem gambling and promote prevention, treatment, and recovery services. The 2025 PGAM theme, “Seeking Understanding,” focuses on increasing awareness of problem gambling as a serious but often misunderstood mental health condition. To facilitate your PGAM promotion efforts, NCPG has compiled a toolkit with key resources: problem gambling FAQs, best practices for social media, a press release template and more.

## ***TRAINING OPPORTUNITIES***

1. **Office of the Chief Medical Officer Webinar: Addressing Hepatitis C in Behavioral Health Settings** - The Substance Abuse and Mental Health Services Administration (SAMHSA) Office of the Chief Medical Officer in collaboration with the Center for Mental Health Services (CMHS), and the Center for Substance Abuse Treatment (CSAT) will conduct a webinar on hepatitis C virus (HCV) treatment in behavioral health. ***Tuesday, February 18, 2025, 2pm CT***
2. **Providing Quality Treatment Programming: What It Means to Ensure Fidelity to the Treatment Model** - This webinar will provide an overview of what it means to ensure fidelity to a treatment model, why it is important, and

steps generally involved in assessing fidelity. Participants will also be provided with a deeper dive into steps for monitoring fidelity to the model when using Motivational Interviewing to deliver program services and treatment.

***Tuesday, February 18, 2025, 1pm CT***

3. **Virtual Harm Reduction Trainings** – Join the Addiction Science Team for free, virtual harm reduction trainings. From diving into the basics of harm reduction philosophy, to understanding how to incorporate it into your daily practice, to advocating for broader adoption of evidence-based harm reduction practices, these trainings have got you covered!  
**February**
  - Harm Reduction in Practice – Wednesday, February 19, 10am CT
  - Advocating for Harm Reduction Within Your Organization – Tuesday, February 25, 2pm CT**March**
  - Foundations of Harm Reduction – Thursday, March 6, 12:30pm CT
  - Harm Reduction in Practice – Tuesday, March 11, 12pm CT
  - Advocating for Harm Reduction Within Your Organization – Thursday, March 20, 10am CT
4. **Diagnosis and Treatment of Paranoid Personality Disorder** - This Zoom webinar will provide a thorough overview of paranoid personality disorder and its most empirically supported psychotherapies. ***Friday, February 21, 2025, 9:30am CT***
5. **2025 Your Parent Compass** – Experiential group for mental health providers with who themselves have challenging tweens/teens/young adults, who want to participate in a parent training course. Mental health providers who do not have their own tweens/teens/young adults but who treat that age range are also very welcome. It is anticipated that these providers would participate in this group based on their interest in learning to deliver the curriculum following this experiential immersion in the treatment. **Trainings will be held on Fridays from 4-5:30pm. February 21 and 28; and March 7 and 14, 2025.**
6. **Recognizing and Responding to Mental Health Challenges and Crises** - This training will explore the basics of recognizing common signs and symptoms of mental health challenges and crises. It dispels common myths and misconceptions about individuals experiencing mental health challenges. It will also provide some strategies for responding in supportive ways in these situations. ***Monday, February 24, 2025, 1pm CT***
7. **Substance Use & Psychosis Training** – This free, 1.5-hour training will provide an overview of the symptoms of psychosis, review the interplay between psychosis and substance use, discuss the differences between primary psychotic disorders vs. substance-induced psychosis vs. psychotic illness with comorbid substance use, highlight the association between cannabis use/misuse and psychosis risk, and briefly review intervention options for providers working with this complex presentation. Training dates: (registrants will only need to select one)
  - **February 24, 2025**
  - **April 28, 2025**
  - **May 28, 2025**
  - **June 16, 2025**
8. **Advanced Motivational Interviewing** – This workshop is designed to bring participants’ MI skills to the next level by building on the basics and introducing advanced content. This workshop is fast-paced and assumes that participants have basic knowledge of MI Spirit, MI Skills, and MI Processes. Heavy emphasis will be placed on applying and integrating concepts through group discussions, activities, and practice. Advanced MI skills will be introduced with a focus on learning through real plays, activities, and experimentation. ***Wednesday, February 26, 2025***
9. **DBT Individual-Based Psychotherapy** - This training will provide overview of DBT Individual psychotherapy: structure, function, and processes. Through lecture, discussion, demonstration, and practice, topics covered will include developing individualized “life worth living goals”, accurately targeting the behaviors that are barriers to life



worth living goals, and balancing the use of validation of the client's experience with the assessment and change strategies that help clients reach their life goals. Special attention will be given to behavior chain analysis and solution analysis. **Wednesday, February 26, 2025, 8:30am CT**

10. **Social Work Supervision: Overcoming Common Challenges** - As if practicing social work was not challenging enough, many find that providing social work supervision presents additional challenges. These challenges can include supervisee skill & development, agency issues, process & systemic issues & the licensing requirements. Being able to effectively address these challenges will lead to a more productive & satisfying supervisory experience, both the supervisor & supervisee, as well as better prepare the supervisee to become licensed, which can shorten supervision time & lead to more competent independently practicing social workers in the field. **Thursday, February 27, 2025, 1pm CT**
11. **Question, Persuade, and Refer (QPR) Training: Late in Life** - QPR is an emergency mental health intervention for suicidal persons. It stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis, and how to question, persuade, and refer someone to help. While Older Adults make up 16.8% of the population in the USA, they make up approximately 22% of suicides. Late in Life QPR training focuses on Suicide Prevention for Older Adults, including warning signs and how to talk with someone about suicide and refer them to help. **Thursday, February 27, 2025, 1pm CT**
12. **Screening, Brief Intervention and Referral to Treatment (SBIRT) Training** – SBIRT is an evidence-based, comprehensive early intervention program ideal for primary care settings, emergency departments or mental health clinics. Whether you are an administrator or clinician new to SBIRT – or simply looking for a refresher – this three-hour virtual overview training will equip you with knowledge and tools to enhance your practice. **Thursday, February 27, 2025, 1pm CT**
13. **Forging Partnerships Between Schools and the Crisis-Coordinated System of Care** - This webinar will explore the importance of strong and meaningful relationships between schools and the crisis continuum of care to better serve children, youth, and families. This event will offer strategies for leveraging partnerships between crisis care and existing school-based mental health programs. By forging partnerships between schools and the crisis-coordinated system of care we inadvertently increase crisis care accessibility amongst youth, bridge service gaps, increase the effectiveness of crisis response, and foster family-centered engagement. **Thursday, February 27, 2025, 1pm CT**
14. **New Understanding Autism and Emotional Regulation** - Autism rates continue to rise and is not more than 2% of the population according to recent CDC reports. Many search for information that is easily understood and also provides ideas for how to best support these individuals. During this workshop participants will be led through a clear understanding of the primary elements of autism through simulation activities, case studies, research results, and visual models. Following a deep dive into autism participants will be guided through the stages of the Emotional Regulation Escalation cycle. Each stage of the cycle will be described and the effective strategies to addressing each stage will be discussed. Examples will be provided that will range from early childhood through working with adults in workplace settings. **Friday, February 28, 2025, 1pm CT**
15. **Psychedelic Assisted Therapy: An Evolving Landscape** – This webinar will give a historical perspective of psychedelic research for mental health issues and describe the evolving legislative landscape on state and federal levels. It will provide an outline of training and credentials required for those who do psychedelic assisted therapy. **Friday, February 28, 2025, 9:30am CT**
16. **Advanced DBT Training Series** - Advanced DBT Training Series, a virtual 3-part program designed to enhance your knowledge and application of Dialectical Behavior Therapy. Sessions will be held on **February 28th (12:00 p.m. - 1:30 p.m.)**, **March 28th (12:00 p.m. - 1:00 p.m.)**, and **April 25th (12:30 p.m. - 1:00 p.m.)** Central. Learners can

attend any session individually or choose all three for a comprehensive experience. Plus, enjoy a discounted rate when purchasing all three tickets.

17. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) In-Person Regional Training** - Due to limited space and high demand, please only register for one area of the state per topic/month. This in-person networking time is for clinical and/or administrative staff who have previously completed the Trauma Informed Support and Genetics of IDD virtual BHIDD webinars to come together and discuss implementation challenges and successes related to BHIDD-related needs, services, and best practices. Come prepared to share and show off what you are doing related to sharing trauma-informed support information and the genetics of IDD. Staff are encouraged to include individuals with BHIDD in the networking events.
  - Monett BHIDD Regional Learning Collaborative Networking – **Monday, March 3**
  - Poplar Bluff BHIDD Regional Learning Collaborative Networking – **Friday, March 14**
  - St. Louis BHIDD Regional Learning Collaborative Networking – **Thursday March 20**
  - Jefferson City BHIDD Regional Learning Collaborative Networking – **Friday, March 21**
18. **Illness Management and Recovery (IMR)** - Illness Management and Recovery (IMR) is an evidenced-based practice designed to provide mental health consumers with knowledge and skills necessary to cope with aspects of their mental illness while maintaining and achieving goals in their recovery. Presenter will also integrate elements of E-IMR into the IMR Discussion to allow for extension of services to individuals with co-occurring disorders.  
**Wednesday, March 5, 2025, 8:30am CT**
19. **CCBHC Population-specific Services Series** – Over the course of four webinars, the Population-specific Services Learning and Action series will focus on increasing awareness of how specific populations are currently being served in CCBHCs, highlight strategies that support community outreach and engagement, and identify strategies that support care coordination and improving health outcomes. The populations of focus for this series are Alaska Natives/American Indians, people who are hearing impaired, people who speak Spanish as their primary language, and the LGBTQ+ community.
  - Population-specific Services for LGBTQ+ Individuals – **Wednesday, March 5, 2025, 2pm CT**
20. **PREPaRE Workshop 2, Crisis Intervention and Recovery: The Roles of School-Based Mental Health Professionals** – This two-day workshop provides school based mental health professionals and other school crisis intervention team members with the knowledge necessary to meet the mental health needs of students and staff following a school-associated crisis event. With updated research and crisis intervention strategies, this workshop teaches participants how to prevent and prepare for psychological trauma, helps to reaffirm both the physical health of members of the school community and students' perceptions that they are safe and secure, elevates the degree of psychological trauma, responds to the psychological needs of members of the school community using a multi-tiered approach to crisis intervention, and examines the effectiveness of school crisis intervention and recovery efforts. This workshop is an excellent course for all mental health professionals who provide school mental health crisis intervention services.
  - **Wednesday-Thursday, March 5-6, 2025 – Register for the PREPaRE Workshop in St. Peters**
  - **Tuesday-Wednesday, April 1-2, 2025 – Register for the PREPaRE Workshop in Jefferson City**
21. **Supporting the Uptake of Behavioral Health Apps and Technology** – The increasing demand for behavioral health services, coupled with challenges in the workforce, creates a compelling reason to take a closer look at forward-thinking solutions. Behavioral health apps and other technologies have the potential to supplement existing services by increasing access and engagement among specific communities or population groups. This quarterly CBHL Leadership Community series is designed for any CBHL member interested in the successful integration of behavioral health apps and technology as a complement to existing practices. You are encouraged to register and join the full series. **Thursday, March 6, 2025, 1pm CT**
22. **New How Does a Clinician Intervene Therapeutically to Treat and Manage Suicidality in Clients** - This training on suicide intervention will explore key fundamentals of suicidality. Gain understanding of risk level and various motivations for the "suicide mode". Various treatment approaches will be discussed in depth, including CBT, DBT,

and ACT. Clinicians will be encouraged to examine their current practices around treating suicidality. Attention will be given to exploring the clinician's emotional burden in treating suicidal clients, and best practices when a client completes suicide or is a survivor of suicide. Case vignettes, video clips and exercises will provide members with an opportunity to practice skills individually and as a group. **Thursday, March 6, 2025, 1pm CT**

23. **Basic Counseling Skills** – This training will provide basic counseling skills that are very important and can have applicability in many settings, not just the therapy setting. This training will provide an overview of basic counseling skills as well as an opportunity to practice them. **Friday, March 7, 2025, 9am CT**
24. **De-Escalation Techniques** - Frontline staff in many organizations deal with volatile situations. This training is ideal for staff looking to maintaining safety in unstable situations. Prepare your staff with the De-escalation Technique training that will assist in understanding how to prevent situations from escalating and becoming volatile. Our instructors will inform how to best work with individuals who are agitated or aggressive. **Friday, March 7, 2025, 9am CT**
25. **Leading Teams and Programs Through Change: A MI Approach** - Join this Leadership Workshop to learn how the Four Tasks of MI - Engaging, Focusing, Evoking, and Planning can work to help achieve and sustain organizational change. The workshop will examine the importance of listening, honoring team members' autonomy, and evoking solutions from staff improve the change process and staff investment in the change. Finally, the workshop will help consider ways to engage in difficult conversations with staff members and why it is so important not to avoid them. **Wednesday, March 12, 2025, 8:30am CT**
26. **Redefining Resilience with a Lens of Compassion** - The topic of resilience sometimes brings up complex feelings, especially when the word gets used in a way that dismisses the emotional toll of caregiving or dismisses the external, systemic factors that impact resilience, regardless of how good we are at coping. This webinar provides a supportive space for participants to process and reclaim what resilience means to them through interactive discussion. The webinar also provides compassion-based strategies that promote our everyday well-being as caregivers. **Wednesday, March 12, 2025, 2pm CT**
27. **Motivational Interviewing Overview National Training** – Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.
  - **Register for Motivational Interviewing Overview on Thursday, March 13, 2025, 1pm CT**
28. **2025 Missouri Crisis Intervention Team Conference** – Thursday-Friday, March 13-14, 2025
29. **Recognizing Signs and Symptoms of Mental Illness in Older Adults** - Through this training, participants will be able to recognize signs and symptoms of mental health and substance use conditions among older adults. Participants will be able to identify risk factors for behavioral health conditions across diverse populations of older adults. **Wednesday, March 19, 2025, 9am CT**
30. **Basic Motivational Interviewing** – Motivational Interviewing is a well-established Evidence Based Practice for helping individuals explore ambivalence and work toward positive change. Motivation Interviewing is a therapeutic approach that has been demonstrated to be effective to support a diverse clientele in addressing a wide variety of change concerns.
  - **Monday, March 24, 2025**
  - **Wednesday, April 2, 2025**
31. **Bridging the Gap: Supporting Loved Ones as They Wait for Mental Health Care** – Your loved one is ready for therapy, but the waitlist seems endless. You want to support them, but you're not sure how to keep them motivated during this challenging, in-between period. How can you help them maintain their momentum toward



better mental health without crossing boundaries or enabling unhealthy behaviors? This webinar tackles these pressing questions head-on. **Tuesday, March 25, 2025, 6pm CT**

32. [\*\*2025 Missouri Association of Treatment Court Professionals \(MATCP\)\*\*](#) - This premier event brings together professionals committed to treatment courts and recovery support. Hollywood icon and recovery advocate Danny Trejo will be the featured closing speaker! His inspiring journey from adversity to advocacy is not to be missed. (Please remember, you DO NOT have to work in a treatment court to attend this event!) **Wednesday-Friday, March 26-28, 2025**
33. **New** [\*\*Psychotropic Medication Review for the Treatment of Bipolar Disorder and Depression in Adults\*\*](#) - During this Zoom webinar, the mental health disease states of bipolar disorder and depression will be reviewed. In addition, common treatment approaches will be discussed, including medications, proper dosing, and management of side effects. **Friday, March 28, 2025, 9:30am CT**
34. [\*\*Adult Mental Health First Aid\*\*](#) - Mental Health First Aid is a course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis. **Saturday, March 29, 2025, 8am CT**
35. [\*\*Missouri's first Disaster Behavioral Health Conference, Building Capacity for a Resilient Tomorrow\*\*](#) - This conference is designed for those responding and providing services after a disaster. This conference will focus on the disaster behavioral health needs seen within individuals and communities in various types of disasters (natural, human-caused, and terrorism), along with considerations and lessons learned from past events. **Tuesday-Thursday, April 8-10, 2025**
36. [\*\*2025 Missouri Children's Trauma Network Training Summit\*\*](#) – The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. This will be held at the Holiday Inn and Expo Center in Columbia, Missouri. [Here is the agenda and hotel information, as well as speaker list](#). **Tuesday-Wednesday, April 8-9, 2025, 8am CT**
37. [\*\*Motivational Interviewing\*\*](#) - This training will give you a framework for understanding an individual's motivation and resolve ambivalence by enabling people to recognize their own patterns, own their personal outcomes and understand the means by which they will achieve those goals. Clinicians and behavioral health staff utilize motivational interviewing to attend to clients and staff needs in a person-centered way. **Wednesday, April 9, 2025, 9am CT**
38. [\*\*Forensic Summit\*\*](#) – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring the training opportunity to you in person. The Summit will host many versatile speakers from around the state to provide the most current information on forensic mental health. **Monday-Wednesday, April 14-16, 2025**
39. [\*\*Early Psychosis Care Conference 2025\*\*](#) - Designed for professionals and practitioners treating early psychosis, those with lived experience, family members, researchers, and students, Missouri's 3rd EPC conference aims to bring to the forefront the importance of early identification and intervention as critical steps in reducing the impact of psychosis on affected individuals, their families, caregivers, social supports, and the community. Drawing from current research and evidence-based practices, conference themes, include but are not limited to, the voice of lived experience and peer specialists; diversity, equity, and inclusion; and assessment, identification, and treatment. Missouri's 3rd EPC Conference offers a forum in which to learn about best practices, current trends in research, network with peers, and implement new strategies, research, and trends into practice. **Monday-Wednesday, April 21-23, 2025**

40. **2025 Veterans Learning Collaborative trainings** – This introductory learning collaborative is for any clinical and/or administrative staff interested in better supporting veterans and service members. It aims to enhance participants' understanding of military culture and the unique challenges service members, veterans, and their families face. The goal of the collaborative is to foster a deeper cultural competence and equip participants with the knowledge and resources needed to effectively address the specific needs of the military community, ensuring they receive informed and holistic care.
- ***April 28, 2025, 11am CT*** – Crisis Support: Reducing Risk
  - ***July TBD 2025, 11am CT*** – Crisis Support: Improving Connections and Care
  - ***October TBD 2025, 11am CT*** – Addressing Substance Use
41. **Assessment 101-A First Episode Psychosis Screening** – This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis.
- ***Wednesday, April 30, 2025, 10-11am CT***
42. **Assessment 101-B** – Building upon Assessment 101-A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms.
- ***Wednesday, May 7, 2025, 10-11am CT***
43. **Spring Institute Training** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. There are two full days of presentations and workshops with over sixty separate sessions that will broaden knowledge and enhance the understanding of the critical services provided to the citizens of Missouri. ***Wednesday-Friday, May 7-9, 2025.***
44. **New Aging with Developmental Disabilities Conference** – Developing the best support practices for aging with developmental disabilities. ***Monday-Tuesday, May 12-13, 2025***
45. **Psychosis 101** – Topics in this training include the importance of early intervention and treatment, symptoms, diagnosis, communication with families, the roles of the culture and trauma, and education of referral sources. ***Tuesday, May 13, 2025, 10am CT***
46. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk.
- ***Register for Intermediate Motivational Interviewing on Wednesday, May 14, 2025, 11am CT***
47. **New Save the Date: 2025 Missouri Connections Summit** - The Missouri Connections Summit is a dynamic gathering designed to foster collaboration, innovation, and meaningful conversations among professionals dedicated to improving the well-being of individuals and communities across Missouri. This conference brings together leaders, advocates, and changemakers from various sectors to share insights, strengthen partnerships, and explore strategies that drive positive change. Through engaging keynote speakers, interactive workshops, and thought-provoking discussions, attendees will gain valuable knowledge and practical tools to enhance their work. Whether you're focused on behavioral health, social services, education, or community development, this conference provides a unique opportunity to connect with like-minded professionals, exchange ideas, and build a stronger Missouri. Join us as we break down silos, inspire action, and make meaningful connections that will shape the future of our state. ***June 17-18, 2025 in Columbia, MO***

48. **Save the Date! 2nd Annual Region 7 Peer Summit** - This event brings together peer professionals from across Missouri, Kansas, Iowa, and Nebraska for two days of networking, learning, and collaboration. Dr. Patricia Deegan will be the featured speaker. A nationally recognized leader in peer support and mental health recovery, Dr. Deegan will share her insights and expertise to inspire and empower attendees. Don't miss this opportunity to connect with peers, gain valuable knowledge, and strengthen the peer support community in Region 7! More details and registration information are coming soon. Stay tuned! **Wednesday-Thursday, October 1-2, 2025**

## ***RECURRING TRAINING OPPORTUNITIES***

1. **Online Module: Motivational Interviewing for Alcohol Use Disorder Treatment** - This 2-hour, interactive online module explores how to use motivational interviewing strategies to help patients with AUD identify and change risky behaviors associated with alcohol use.
2. **Online Module: Alcohol Use Disorder & Co-occurring Psychiatric Conditions** - This self-paced module discusses the intersection between AUD and common co-occurring psychiatric conditions.
3. **Assessment 101 Part A** - This training will focus first episode psychosis (FEP) intake questions. Attendees will learn how to feel comfortable asking questions about psychosis and speaking to individuals who are reporting signs and symptoms of first episode psychosis. **July 31, 2024 – April 30, 2025**
4. **Assessment 101 Part B** - Building upon Assessment 101 Part A, attendees will learn about differentiating between clinical high-risk and psychosis symptoms. Individuals will be oriented to the use of screening, self-reporting, and structured and semi-structured clinical interviews to assist in diagnosis, treatment planning, and ongoing assessment of psychosis symptoms. **August 7, 2024 – May 7, 2025**
5. **Psychosis 101** - Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. **August 13, 2024 – May 13, 2025**
6. **Fetal Alcohol Spectrum Disorder (FASD) and Sexually Inappropriate Behaviors: A Clinical and Forensic Overview** - This is a recorded training event that is available to purchase in an On-Demand format. As part of the purchase of an On-Demand event, you will receive a downloadable version of the PowerPoint handout, post-test, and course description. Registrants will have access to the video and all training materials through an online portal they gain access to for one year after purchase.
7. **Online Module: Integrating Medications for Alcohol Use Disorder and Alcohol Use Services into Primary Care** – This 1.5-hour, interactive online module covers evidence-based treatment, screening tools, and implementation considerations for treating alcohol use disorder in primary care settings.
8. **On-Demand Training: Medications for Alcohol Use Disorder in Individuals with Liver Disease** – This 60-minute case-based discussion presented by Drs. Melissa Weimer and Stephen Holt, discusses the use of MAUD in patients with liver disease.
9. **Toolkit: Peer Support During Alcohol Withdrawal** – This toolkit discusses the risks and effects of alcohol withdrawal, and the unique role peers play in supporting individuals with AUD who are at risk of or experiencing withdrawal.

10. **Wellness Recovery Action Plan (WRAP) Training** – The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to announce additional Wellness Recovery Action Plan (WRAP) Training for 2025. We will be offering both Seminar I and Seminar II training sessions. These trainings will be available both virtually and in person, with in-person sessions taking place in Jefferson City, Missouri. If you would like to be added to the list to receive notifications when registration goes live, please email [events@mobhc.org](mailto:events@mobhc.org).
11. **Mental Health First Aid** – Be a part of the movement of more than 4 million people nationwide and attend a Mental Health First Aid or Youth Mental Health First Aid class.  
Mental Health First Aid teaches you to recognize signs and symptoms of mental health and substance use challenges. It will prepare you to help a family member, friend, co-worker, or neighbor.
12. **Rock Bottom Has a Basement: a Cause for Harm Reduction and Recovery Capital** – On Demand. The notion that people with a substance use disorder (SUD) need to hit “rock bottom” to recover is harmful during an overdose crisis occurring nationally. In 2021, more than 100,000 Americans died as the result of preventable drug overdose.
13. **Incentives, Sanctions, and Service Adjustments Workshop** – This interactive, two-day workshop is designed to educate interdisciplinary teams in the theory and application of behavior modification as it applies to an effective adult treatment court. The incentives, sanctions, and service adjustments (ISSA) workshop will challenge court teams to self-assess and receive assistance with taking corrective steps to improve policy, practice, and outcomes. The workshop includes a follow-up coaching session by faculty to observe staff meetings and status hearings, and to provide feedback on progress with implementation plans developed during the workshop.
14. **PCSS-MAUD Online Module: Assessment and Management of Alcohol Withdrawal** – The Substance Abuse and Mental Health Services Administration (SAMHSA)-funded [Providers Clinical Support System – Medications for Alcohol Use Disorder \(PCSS-MAUD\)](#) recently released an online training module on [Assessment and Management of Alcohol Withdrawal](#). This 1.5 hour on-demand training module is designed for clinical healthcare professionals who prescribe medications for alcohol use disorder (MAUD) in outpatient and inpatient settings and offers strategies regarding the assessment, management, and treatment of Alcohol Withdrawal Syndrome (AWS). Specifically, the module discusses the neurobiology of AWS, outpatient and hospital managements of AWS using evidence-based pharmacotherapy and behavioral therapies, and patient-centered goal setting through individualized care plans. Learning objectives include:
  - “Examine the neurobiological mechanisms underlying alcohol withdrawal syndrome.
  - Recognize the clinical signs, symptoms, and risk factors for alcohol withdrawal syndrome.
  - Determine the appropriateness of outpatient or hospital management for a given patient with alcohol withdrawal syndrome.
  - Develop a comprehensive treatment plan for a patient with alcohol withdrawal syndrome.
  - Create patient-centered goals for individuals with alcohol use disorder.”
15. **On Demand: Recovery Supports for Youth and Young Adults with Opioid Use Disorder** – This live webinar will delve into family-based interventions, school-based recovery programs, and mutual help support. Gain valuable knowledge to enhance your practice and support young individuals on their recovery journey. Target audience: Interprofessional Teams, Nurses, Pharmacists, Physician Assistants, Physicians, Social Workers.
16. **On Demand: Substance Use Among Individuals with Eating Disorders** – Eating disorders and substance use disorders are common conditions that often present to primary care physicians, pediatricians, and behavioral health clinicians. Both conditions carry high morbidity and mortality rates and often require prompt evaluation and intervention to achieve optimal outcomes. This webinar will explore the interplay between substance use and substance use disorders in those patients with eating disorders.
17. **Certified Peer Specialist (CPS) ECHO** – The CPS Echo is a great opportunity to learn from a panel of seven subject matter experts and get feedback from other peer specialists. It is FREE, and these contact hours can be used towards renewing your CPS credential. Each ECHO will consist of the panel providing some information to the peer

specialist (around 20 minutes), and then the rest of the time is spent reviewing case studies which have been submitted ahead of time by peer specialists. ***First and third Wednesday of every month from 11am-12pm CT***

18. **A New Family Support Provider (FSP) ECHO is coming in 2025!** – An invaluable resource for Family Support Providers, ECHO offers knowledge, resources, and networking, breaking down barriers to information and fostering a personally and professionally supportive community. ECHO is completely FREE for participating sites and individuals and includes FREE continuing education credits. Visit [www.showmeecho.org](http://www.showmeecho.org) to learn more or register now! If you have any additional questions, please email [familyproviderecho@health.missouri.edu](mailto:familyproviderecho@health.missouri.edu).
19. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction.
20. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics.
21. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings.
22. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization's quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact [Kreasha.Williams@uhkc.org](mailto:Kreasha.Williams@uhkc.org).
23. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients' cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours.
24. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly "Tobacco Use Disorder Integration Office Hours" series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. ***Second Tuesday of every month from 1:30pm-2:30pm CT.***
25. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents' group is a family support group for parents, caregivers, or other family members of a child, teen, or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families.



26. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit.
27. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
28. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
29. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours).
30. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential.
31. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- [Certified Peer Specialist Basic Training](#)
  - [Certified Peer Specialist Specialty Training](#) – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter.
32. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- [Missouri Recovery Support Specialist Trainings](#)
  - [Ethics Trainings](#)