

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance ***May 24, 2024***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New** DMH FY25 TAFP Budget – See Attached.
2. **New 2024 Spring Training Institute Outstanding Performer Awards – Landmark Recovery Center** was the awardee for the 2024 Outstanding Performer for Recovery Support Services. Landmark Recovery Center prioritizes reaching people where they are at and providing support to build their recovery capital for long-term recovery success. They distribute NARCAN; visit local shelters; provide transportation; offer numerous support groups and individualized peer coaching services; and offer various pro-social activities such as art classes, sporting tournaments, float trips and barbecues. Many of the services provided are designed to provide support to the entire family. Landmark Recovery Center has been successful in creating numerous partnerships to better serve and unite the local recovery community. The partnerships include Probation & Parole Officers using their RCC space to connect clients to their services; the local Cole County Jail Pretrial Services utilizing staff for release resources and connections to treatment; collaboration with local treatment providers; a strong partnership with National Alliance for Mental Illness; weekly attendance at local municipal court; attending resource fairs at local prisons; and creating a Recovery Week with the local Treatment Court team. Additionally, Landmark has contracts in place to provide peer services for the Callaway County Drug Treatment Court and family services for the Callaway Family Court. Landmark has founded the Capital City Recovery Coalition where community partners meet every other month to discuss community issues and is working towards becoming an official chapter of the Missouri Coalition of Recovery Support Providers.



Burrell Behavioral Health in Springfield was the awardee for the 2024 Outstanding Performer for Supported Employment and Support (IPS). They have consistently scored in the exemplary range of fidelity. They have strong leadership support that has instilled a culture of employment throughout the agency. The leadership and guidance provided by the IPS supervisor has been highly praised. Their team was one of the first to qualify for an abbreviated fidelity review process, which is reserved for only the highest performing teams with lower staff turnover. At their last review, the program was highlighted for their integration and collaboration with the treatment team, strong documentation, and creative strategies for supporting people with career goals. Their annual employment rates have consistently been higher than state and national averages. Their employment program really embodies the spirit of “Employment is Recovery.”

3. **New Dr. Delphin-Rittmon St. Louis visit** – SAMHSA Assistant Secretary, Dr. Miriam E. Delphin-Rittmon, was in St. Louis attending the NATCON 24 Conference. While in St. Louis, Dr. Delphin-Rittmon visited with DMH contracted Providers including Certified Community Behavioral Health Organizations (CCBHO), Respite services, and a DMH funded Mobile Unit. She participated in a round-table discussion with area youth at Hopewell Center (CCBHO). Youth from multiple service providers shared their stories and hopes for a future with less stigma and more acceptance. Dr. Delphin-Rittmon, along with Mayor Tishara Jones, toured the Living in Victory (LIV) Respite home in North St. Louis City. Data on the number of individuals served along with outcomes was presented followed by a Consumer sharing his personal story. Assisted Recovery Centers of America (ARCA) brought their DMH funded mobile unit to the Respite house for tours and an overview of services provided to the community via mobile outreach and tele-health. The mobile unit provides same day access to physicians and wrap around services, along with mental health and substance use disorder medications. The Assistant Secretary’s final tour and service delivery overview occurred at Places for People (CCBHO). She was given an overview of services and their extraordinary outreach work with the unhoused population.
4. **New DOC’s Regional Behavioral Health Specialists (RBHS)** – Missouri Department of Corrections (DOC) has established Regional Behavioral Health Specialist positions to assist Probation & Parole (P&P) staff and their clients with accessing behavioral health (BH) resources and provide information regarding available BH resources for individuals under DOC supervision. The RBHS will work with clients under the supervision of P&P with both voluntary and compulsory behavioral health needs, including mental health and psychiatric treatment, substance use and recovery services, and assessment and treatment related to sexual offenses. While their role is to support P&P officers in serving their clients, the RBHS will not provide direct clinical or supervision services. The DBH will begin sharing RBHS contact information with DOC Liaisons, ICTS Directors, and other program leads. Questions related to RBHS may be directed to: Becky Kendrick, RBHS Manager, Becky.Kendrick@doc.mo.gov or Mark Rembecki, Justice Services Coordinator, Mark.Rembecki@dmh.mo.gov.
5. **May is Mental Health Awareness Month** –The National Council for Mental Wellbeing invites you to help move mental wellbeing forward across the country. By raising your voice, prioritizing your self-care, celebrating mental wellbeing and being the difference, you can positively impact yourself and others. Start by downloading the Four Ways Forward toolkit, which includes blog posts, a self-care calendar, best practices and social media graphics. Mental Health Awareness Month is more than just an observance. It’s an important opportunity to bring mental wellbeing into focus for yourself, your family, your friends and your community. Join in the work to make mental wellbeing, including recovery from substance use, a reality for everyone. [Download your toolkit.](#)

Looking for employment? Know someone who is?
Open positions across the state and throughout the DMH can be found at
MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Accountant Manager – Behavioral Health

The Division of Behavioral Health is seeking an Accountant Manager for Central Office domiciled in Jefferson City, Missouri. This position reports to the Director of Fiscal Operations. [Learn More and Apply!](#)

FUNDING OPPORTUNITIES

1. **SAMHSA Grants Dashboard** – [Learn More](#)

2. **The National Center for Mental Health: Dissemination, Implementation, and Sustainment** – The purpose of this program is to build the expertise of Center for Mental Health Services (CMHS) service, capacity building, and technical assistance recipients and organizations that oversee or directly provide mental health services to use science-based methods to implement, disseminate, and sustain services. The MHDIS recipient will be expected to provide: 1) training and technical assistance (TTA) on the planning implementation, adaptation, and sustainment of a new/existing service and 2) localized, targeted, and intensive technical assistance (TA) to CMHS recipients and other mental health providers to improve the process of implementation, dissemination, and sustainment of services. **Application due date: Monday, June 10, 2024** [Learn More](#)

3. **HRSA Funding Opportunity: Supporting Fetal Alcohol Spectrum Disorders Screening and Intervention** – This program aims to both reduce alcohol use during pregnancy and improve outcomes for children with fetal alcohol spectrum disorders (FASD). The program focuses on communities with higher rates of binge drinking during pregnancy, including rural areas and medically underserved communities. Specifically, the program provides education to primary care providers on the use of screening, intervention, and referral processes for high-risk pregnancies. The program’s goals include:
 - “Increase primary care providers’ knowledge of the risks of drinking alcohol during pregnancy
 - Promote recommended screening, interventions, and referral approaches; and
 - Develop skills to identify and manage FASD, with an emphasis on fostering effective communication with families”HRSA will provide one award of up to \$950,000 for a one year project. **Applications are due June 21, 2024.** [Related documents](#)

INFO & RESOURCES

1. **New The Maternal Mental Health Care National Strategy** – Maternal mental health conditions, substance use disorders (SUDs), and their co-occurrence have reached crisis levels in the United States and are among the most common complications of pregnancy. [Read More](#)

2. **New Basic Research Powers the First Medication for Postpartum Depression** – Postpartum depression (PPD) is a common mental disorder that many women experience after giving birth. Decades of basic research supported by the National Institute of Mental Health led to a pioneering treatment for PPD and continues to power exciting advances in women’s mental health care. Learn about the development of brexanolone, the first-ever medication to specifically treat PPD. [Read More](#)

3. **New Bright Light Therapy Not Superior to Placebo for Inpatient Depression Treatment** – Bright light therapy alongside treatment-as-usual for adolescent inpatients with depression did not demonstrate superiority over placebo red light therapy, according to recent double-blind, placebo-controlled randomized parallel-group trial results published in *JAMA Psychiatry*. [Read More](#)

4. **New Elevating the Voices of Lived Expertise in the Criminal Justice and Behavioral Health Systems** – The behavioral health field has long understood the impact and importance of engaging people with lived experience to support treatment and recovery and improve access to services. Despite increased involvement and hiring of people with lived experience by criminal justice and behavioral health organizations, especially as peers and peer specialists, the full potential and impact of elevating the voices of lived experience in the criminal justice has not been realized. [Read More](#)

5. **New Returning to the Community: Health Care After Incarceration** – This is a guide that will assist individuals upon release and reentering the community to better understand their health care needs, including physical and behavioral health. [Read More](#)

6. **New Small Business Administration Announces New Rule to Increase Economic Opportunity for People Leaving Incarceration** – The Small Business Administration (SBA) finalized a new rule that will remove restrictions on SBA loan programs that have acted as a barrier to access for people returning to their communities from incarceration and under supervision who are looking to start or grow a business. [Read More](#)
7. **New Delta-8-THC use reported by 11% of 12th Graders in 2023** – Approximately 11% of 12th-grade students across the United States reported past-year use of delta-8-tetrahydrocannabinol (delta-8-THC, or delta-8 for short), according to an analysis of data from the 2023 Monitoring the Future survey, which is funded by the National Institutes of Health. Delta-8 is a psychoactive substance that is typically derived from hemp, a variety of the Cannabis sativa plant. [Read More](#)
8. **New Mental Well-Being Among Adversity-Exposed Adolescents During the COVID-19 Pandemic** – Adolescent mental health is in crisis. Since March 2020, adolescent anxiety and depressive symptoms have doubled globally. The worsening trend in mental health among adolescents is partially secondary to the profound impact of COVID-19 on adolescents' school and social routines. [Read More](#)
9. **New Stressed Out? – Lesson Plans for teens** – Stress is a part of every teen's life, even more so during intense challenges such as a pandemic, racial discrimination, and life transitions. But uncontrolled stress can cause serious health problems and increase the risk that students may use drugs to attempt to deal with stressors, including mental health issues and trauma. [Learn More](#)
10. **New Nurturing My Mental & Emotional Health – Lesson Plan for Teens** – Mental and emotional wellbeing is critical to overall health. By supporting teens in developing healthy coping skills, you can set them up for success in dealing with stress and challenging circumstances in the future. [Learn More](#)

TRAINING OPPORTUNITIES

1. **Upcoming Mental Health First Aid Webinars** –
 - **May 28-29 (9:30a.m.-5:30p.m. CT):** [WHAM Individual Facilitator Training](#)
 - **June 13 (12-1 p.m. CT):** [Introduction to Psychedelics for the Treatment of Substance Use Disorder](#)
2. **Fundamentals of Community Inclusion and Participation and Implications for Coordinated Specialty Care** – This 3-part webinar will provide attendees with knowledge needed to promote community inclusion and participation among this young adult population. [Register](#)
 - **Tuesday, May 28, 2024, 11am**
 - **Tuesday, June 4, 2024, 11am**
 - **Tuesday, June 11, 2024, 11am**
3. **PCSS-MOUD Online Case-based Learning Collaborative Session 3: OUD in Adolescents and Young Adults** – This session explores best practices on OUD in adolescents and young adults, as well as real-world cases provided by addiction experts, applying knowledge to practical situations. This session is presented live online. **Wednesday, May 29, 2024, 4-5:30 pm CT** [Register](#)
4. **Advancing Harm Reduction Approaches** – Participants will be introduced to the principles of harm reduction and given the basic skills to help individuals understand the spectrum of positive and negative effects of drugs, process addictions, compulsive behaviors, and their impacts. **Wednesday, May 29, 2024, 1-2pm CT** [Register](#)

5. **New Meet the Criminal Justice-Mental Health Learning Sites** – This webinar will feature an overview of the Criminal Justice-Mental Health Learning Sites Program, a national initiative offering peer-to-peer learning opportunities for agencies and jurisdictions interested in developing evidence-based practices to improve outcomes for people with behavioral health needs. **Wednesday, May 29, 2024, 12pm CT** [Register](#)
6. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is "*Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities.*" **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
7. **New Ask the Expert: Embedded Mental Health Clinicians in Probation** – This webinar will discuss the innovative Community Corrections Mental Health Program and explore the establishment of mental health positions within probation and parole districts, the collaboration between mental health clinicians and probation officers, and lessons learned since the program's inception in 2017. **Thursday, May 30, 2024, 1-2:30pm CT** [Register](#)
8. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
 - **Thursday, May 30, 2024, 2pm CT**
 - **Thursday, July 25, 2024, 2pm CT**
 - **Thursday, September 26, 2024, 2pm CT**
 - **Thursday, November 28, 2024, 2pm CT**
9. **Iceberg Ahead! Turning the Titanic in Adolescent Substance Use** – This presentation will engage in discussion about adolescent substance use. Addiction and the effects of addiction will be explained. Vaping and whether it is a gateway drug, and vaping in the school system will be discussed. The role of parent/guardians, group therapy and group ideas will also be discussed. Various modes of treatment will be discussed along with when each would be appropriate to use. **Thursday, May 30, 2024, 1-4pm CT** [Register](#)
10. **New Family-Centered Fridays: Assessing Family Needs Proactively-Tools and Strategies** – When time is short and cases are many, how do you assess family needs? Connecticut Judicial Branch Family Services has been at the forefront of innovative case management strategies such as triage for almost twenty years. This session will focus on preemptive assessment of family cases to assist case management. **Friday, May 31, 2024, 11am CT** [Register](#)
11. **Integrating Addiction Medicine with Treatment Courts** – This virtual-live course hosted by ASAM provides the education needed for prescribing clinicians to strengthen skills in partnering with treatment court and advocating for patients who are involved in treatment court. The course will include didactic presentations, small group discussions, FAQs, and challenging case studies. **Monday, June 3, 2024, 9am-4pm CT.** [Register](#)
12. **Exploring Effective Trauma Treatment Strategies** – The treatment of trauma continues to be a central focus in psychotherapy. This workshop is designed to explore specific resilience-based trauma therapy interventions for clients who have experienced trauma. **Thursday, June 6, 2024, 1-4pm CT** [Register](#)
13. **Translating EDI Practice Into Action Series** – Successfully leading equity, diversity, and inclusion (EDI) initiatives in the workplace requires a deep understanding of the common challenges that affect organizational culture, as well as practices that build bridges and create a stronger community. This virtual learning series is designed for staff who are leading their organizations' EDI efforts and want to grow their understanding and application of key EDI concepts. Participants will be able to better address complex workplace dynamics and craft meaningful strategies for growth.
 - **Cultural Humility** – **Thursday, June 6, 2024, 11am-1pm CT**

- Implicit Bias – **Thursday, June 13, 2024, 11am-1pm CT**
 - Psychological Safety and Equity – **Thursday, June 20, 2024, 11am-1pm CT** [Register](#)
14. **Empowering Clients to Embrace Financial Wellness: A training for providers on financial wellness strategies for clients** – This specialized training program is designed to provide practical guidance, resources, and support tailored to the unique needs and challenges faced by people with disabilities in managing their finances. This two-day in-person training will provide an overview of financial wellness, highlight activities to incorporate within service delivery, including case management services, and identify resources and tools to help move individuals toward financial wellness. [Register](#)
- St. Louis, MO, Places for People/Illume – **June 12-13, 2024, 9am-4pm CT**
 - Kansas City, MO, PACE KC – **June 26-27, 2024, 9am-4pm CT**
15. **Introduction to Psychedelics for the Treatment of Substance Use Disorder** – This webinar explores the emerging science of using psychedelics in addiction treatment. The discussion will cover the historical context and evolution of the field, foundational information on psychedelic therapy for SUD, past and emerging research, the diverse cultural contexts in which psychedelics are used, and the current regulatory landscape for using psychedelics in addiction treatment. **Thursday, June 13, 2024, 12pm CT** [Register](#)
16. **New ASAM Unplugged: Effective Treatment of SUDs within the Prison Environment** – Substance use and criminal behavior are linked; indeed, substance misuse is identified as a criminogenic risk factor. Consequently, there is a strong need to make effective substance use treatment available in our jails and prisons. However, these settings present unique challenges to the provision of treatment to incarcerated people. **Thursday, June 13, 2024, 1pm CT** [Register](#)
17. **New Applied Suicide Intervention Skills Training (ASIST)** – ASIST is a two-day interactive workshop in suicide first aid. Participants learn to recognize when someone may be at risk of suicide and respond in ways that help increase their immediate safety and link them to help further. ASIST aims to enhance a caregiver’s abilities to help a person at risk avoid suicide. **Tuesday-Wednesday, June 18-19, 2024** [Register](#)
18. **Nourishing Growth: Uprooting Eating Disorders and Trauma** – Participants will develop the ability to identify characteristics of Eating Disorders outlined in the DSM. Delving deeper, they will gain valuable insights into understanding eating disorders as manifestations of trauma reenactment. **Thursday, June 20, 2024, 12pm CT** [Register](#)
19. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year’s sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
- [Supporting LGBTQ+ Communities With an Intersectional Lens](#) **Thursday, June 20, 2024, 11am-12pm CT**
 - [Promoting Social Equity for Underrepresented Individuals in the Workforce](#) **Thursday, July 18, 2024, 11am-12pm CT**
 - [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#) **Wednesday, August 21, 2024, 11am-12pm CT**
 - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**

20. **Workforce Development Learning Community** – Choose to attend one or more of the following sessions. [Register](#)
- *Thursday, June 20, 2024, 2pm CT*
 - *Thursday, July 18, 2024, 2pm CT*
 - *Thursday, August 15, 2024, 2pm CT*
21. **2024 Missouri Crisis Conference** - The Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to bring together crisis providers and advocates to learn, network, and grow Missouri's crisis care continuum of services! Registration is free! **June 24-25, 2024** [Register](#)
22. **New Opioid Response Network Virtual Recovery Ambassador 3-day Training** – This training prepares individuals to advance public understanding and appropriate responses to SUD. Course material includes instruction in participation on advisory councils, recruiting volunteers, building messages, organizing community action, engaging policy makers, raising money and renewing team effort. **Tuesday-Thursday, June 25-27, 2024, 10a-3pm CT** [Register](#)
23. **New Opioid Response Network Virtual Learning Cohort: Exploring Multiple Pathways** – Recovery and healing are not “One Size Fits All.” This virtual workshop will explore the abundance of pathways people find towards recovery. This training aims to change perspectives and help participants learn about the diverse ways that individuals can get into and maintain recovery. **Wednesday, June 26, 2024, 1pm CT** [Register](#)
24. **New Social Work Supervision: Overcoming Common Challenges** – As if practicing social work was not challenging enough, many find that providing social work supervision presents additional challenges. These challenges can include supervisee skill and development, agency issues, process and systemic issues and the licensing requirements. **Thursday, June 27, 2024, 1-4pm CT** [Register](#)
25. **Diagnosis and Treatment of Eating Disorders Webinar** – This webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. **Friday, June 28, 2024, 9am-12pm CT** [Register](#)
26. **Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included. [Click to register for the collaborative](#)
- Learning Objectives:**
- Understand what dual diagnosis means for people with BHIDD
 - Have an understanding of how to assess mental illness in people with IDD
 - Understand how to support physical health, wellness, and aging and prevent risk over time
 - Learn how to adapt therapy for IDD clients
- Virtual Session Details:**
- **Wednesday, July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
 - **Wednesday, July 31, 2024:** Wellness and Aging
 - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
 - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
27. **2024 Missouri Suicide Prevention Conference** – If you have been touched by suicide or want to know more about suicide prevention, registration is open for the FREE Missouri Suicide Prevention Conference taking place on **July 24, 2024**, in Cape Girardeau. Attendees will learn about suicide risk factors and new evidence-based programs, hear from individuals with lived experience, and network with others across the state who are concerned about this topic. [Register](#)

28. **2024 NASADAD National Prevention Network Conference Registration Now Open** – The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice. **August 13-15 in Phoenix, AZ** [Register](#)
29. **Zero Suicide Academy** – The Zero Suicide Academy is a two-day training for leaders of health, behavioral health, and substance use treatment organizations seeking to reduce suicides among patients in their care. The training will take place in Columbia, Missouri, on **August 14-15, 2024, 8:30am-4:30pm** [Apply](#)
30. **New Real Voices – Real Choices Conference** – This annual conference aims to unite, inform, and empower individuals and families living with mental illness, developmental and intellectual disabilities, and those in recovery for substance use disorders. Registration is OPEN and will close on July 1, 2024. **Sunday-Tuesday, August 25-27, 2024, at Margaritaville Lake Resort** [Register](#)
31. **Advanced Peer Supervision Virtual Training** – The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **Addiction Science Team Summer Schedule of Harm Reduction Training is Here!** – The Addiction Science Team’s summer schedule of harm reduction training is here! All trainings are free and virtual, and registration is now open for dates in May, June and July. Anyone is welcome to join - including professionals, community members, program participants and students.

Training offerings include topics like Foundations of Harm Reduction, Overdose Education, Stimulant Harm Reduction and more! [Learn more about the trainings and register here](#). We also offer organization-specific training for staff and/or participants - you can fill out a [request form online also](#).
2. **Advanced Buprenorphine Education: Interactive Patient Cases** – The set of five patient case scenarios offers learners a chance to apply their knowledge in real clinical situations. These cases present contextual situations that facilitate understanding and application of best practices in utilizing buprenorphine for treating opioid use disorder. [Register](#) Download the resource guideline [here](#)
3. **ASAM Fundamentals of Addiction Medicine** – The ASAM Fundamentals of Addiction Medicine is an 8-hour, on-demand, innovative, case-based workshop designed for providers who are relatively new to the field of addiction medicine, such as primary care physicians, clinicians, nurse practitioners, physician assistants, and behavioral health specialists, who see patients at risk for or with addiction. [Register](#)
4. **ASAM Treatment of Opioid Use Disorder Course** – This 8-hour online course covers treating opioid use disorder by using interactive, case-based learning to teach evidence-based practices and also provides the education needed to prescribe buprenorphine. [Register](#)
5. **The ASAM Pain & Addiction: Essentials** – This 6-hour, on-demand series consists of 6 modules that cover the foundations of pain and addiction including the science, stigma, screening and assessment, treatment, and interdisciplinary approaches. The modules are self-paced and include interactive activities, knowledge check

questions, video content, and text-based content. All modules can be taken together as a full 6-hour course or can be taken individually to fill learner knowledge gaps in pain and addiction topics. [Register](#)

6. **ASAM Motivational Interviewing Mini Courses** – ASAM has three interactive 1.5 hour online mini-courses that will give you opportunities to practice skills motivational interviewing (MI) skills in a fully online setting. Learn how to employ these skills in your clinical settings. [Register](#)
7. **Health Disparities in Substance Use Disorder** – This module focuses on health disparities in substance use and causes therein, with a special emphasis on racially oppressive values that are harmful to racial and ethnic minoritized populations. [Register](#)
8. **Striking a Balance: Understanding Pain and Opioids 2024** – This course is designed to meet the FDA’s Opioid Analgesic REMS and will cover the latest science and best practices surrounding the prescription of opioids for pain. [Register](#)
9. **Culturally and Linguistically Appropriate Services** – Take advantage of Mid-America ATTC's FREE Culturally & Linguistically Appropriate Services (CLAS) training to improve your organization’s quality of services provided to all individuals, which will ultimately help reduce health disparities and achieve health equity. This training is offered virtually and in-person. Length of training – 60 min, 90 min or 3-hour training sessions. For additional information please contact Kreasha.Williams@uhkc.org
10. **HHS Training: Improving Cultural Competency for Mental Health and Substance Use Disorder Professionals** – These online trainings are designed to help mental health and substance use disorder (SUD) professionals respond to the unique needs of the populations they serve, especially historically marginalized populations, by reviewing cultural and language competency, increasing awareness of their own cultural and biases, and learning about clients’ cultural identities and specific needs. The training consists of four courses with an estimated time of completion of 4-5.5 hours. [Learn more and register here](#)
11. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
12. **Harm Reduction Trainings** – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. Registration is open for training dates in May-July. Anyone is welcome to join - including professionals, community members, program participants and students. Addiction Science also offers organization-specific training for staff and/or participants by request. [Register for or request organization training here.](#)

Training offerings include:

- **Foundations of Harm Reduction**
- **Harm Reduction In Practice**
- **Overdose Education and Naloxone Distribution (OEND)**
- **Intramuscular (IM) Naloxone Use**
- **Stimulant Education: Harm Reduction & Overamping**
- **Fentanyl Test Strips 101**
- **Specialty Peer Integration Training (online, self-paced)**
- **Wound Care for Non-Clinicians (online, self-paced)**

13. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
 - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
 - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
 - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
 - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
 - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
14. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
 - **July 25, 2024, 2pm CT**
 - **September 26, 2024, 2pm CT**
 - **November 28, 2024, 2pm CT**
15. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
16. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)
17. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
18. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
19. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
20. **Peer Supervision Training** – *ALL ONLINE Self Study Course* – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll!](#)
21. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to

identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

22. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training – [Register](#)
- Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)

23. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)