

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance** **April 12, 2024**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New Behavioral Health & Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The BHIDD Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. Continuing education (CE) credits are included.

### **Learning Objectives:**

- Understand what dual diagnosis means for people with BHIDD
- Have an understanding of how to assess mental illness in people with IDD
- Understand how to support physical health, wellness, and aging and prevent risk over time
- Learn how to adapt therapy for IDD clients

### **Virtual Session Details:**

- **Thursday, April 18, 2024:** Using the DM-ID 2 as a Clinical Resource
  - **Thursday, April 25, 2024:** IDD and Chronic Health Conditions, Physical Health Care Advocacy: Sharing Information with Providers
  - **Wednesday, July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
  - **Wednesday, July 31, 2024:** Wellness and Aging
  - **Tuesday, October 8, 2024:** Substance Use Disorder and IDD
  - **Wednesday, October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
- [Click to register for the collaborative](#)

2. **New Annual Medicaid Renewals - A message from Charles Bentley** – The annual renewal (reauthorization) reports will now be available in the FTP folders on the third of each month rather than the tenth. MO HealthNet Spend Down (SD) policy for participants who change from non-spend down as a result of the annual renewal during the Public Health Emergency (PHE) unwinding period (6/1/23-5/31/24) was clarified by MO HealthNet Division MHD) in February. Those participants are entitled to continued coverage (shown as spend down lock-in) until 5/31/24 without Family Support Division (FSD) having to enter medical expenses or the participant paying the SD in to MHD. For many months this policy was not fully understood by all MHD staff and the MHD system often did not extend the coverage unless the SD was met. In February MHD began working to identify participants whose coverage should have been continued, but was not and are submitting system requests to have coverage added in eMOMed. Since the coverage is to be added by a system change, MHD has asked FSD not to authorize coverage based on medical expenses for clients entitled to continued coverage through 5/31/24 due to changing to SD in order to avoid duplicate lock-ins. Instead of entering lock-ins on these cases, FSD notifies MHD of what they identify. However, if DMH providers identify clients in this situation who are unable to get medications filled (or have other providers refusing services) while waiting, the DMH Medicaid unit can contact FSD to get the coverage for the current authorized. Send [DMH.MedicaidEligibility@dmh.mo.gov](mailto:DMH.MedicaidEligibility@dmh.mo.gov) the participant's name, dcn, the date the medical expenses to the FSD, and the service that cannot be accessed while waiting on the system change.

3. **New Update on Administrative Rules** – A proposed amendment to **Core Rule 9 CSR 10-7.030, Service Delivery Requirements**, is published in the [April 15, 2024, Missouri Register](#) for a 30-day public comment period. The Final Order of Rulemaking for **9 CSR 30-4.046 PSR in Community Psychiatric Rehabilitation Program** is also published in the April 15, 2024, *MO Register*. When final in the *Code of State Regulations* on May 30, 2024, the staffing ratios for children and youth PSR will be one staff to eight participants for children aged 11 and younger, and one staff to ten participants for individuals aged 12-17. The previous ratios were 1:4 and 1:6 respectively.
4. **New April is Alcohol Awareness Month** - April is Alcohol Awareness Month. Alcohol Awareness Month is dedicated to acknowledging the adverse effects of alcohol use and misuse on health and wellness, especially among youth. This year, the Substance Abuse and Mental Health Services Administration (SAMHSA) developed a [social media toolkit in recognition of Alcohol Awareness Month](#) that highlights various resources regarding alcohol use, including links to treatment and support. Specifically, the toolkit promotes a number of strategies and resources available to address the health and social impacts related to alcohol misuse. Ongoing SAMHSA initiatives aimed at addressing alcohol misuse in the toolkit include:
  - [Sober Truth on Preventing Underage Drinking \(STOP\) Act Grant](#)
  - [Provider’s Clinical Support System – Universities](#)
  - [Building Communities of Recovery](#)
  - [SAMHSA’s “Talk. They Hear You.”® campaign](#)
5. **New FSH Career Expo** – This week 25 students from Fulton High School attended a Career Expo at Fulton State Hospital. The goals of the Expo were to introduce high school students to apprenticeship opportunities at the hospital and increase the visibility of the hospital and involvement in the community.



6. **New Missouri Family Resource Guide** – Missouri Family Resources is a statewide, free, resource website and mobile app that acts as a hub for local resources. These resources are aimed at helping families with young children and include links to housing, early childhood programs, medical and mental health, food, and more. Users can search for resources by program features, eligibility criteria, and geographical locations. Once they find the resources they need, they can either contact the resource directly through the app, save their searches, or share them via email, text, or social media. Users are also able to submit proposed updates to resources, as well as new resources to be included, which are verified before being added to the site. The resource guide and links to download the app can be found here: <https://familyresources.mo.gov/>
7. **An Easier Way to Manage Non-Emergency Medical Transportation Rides** - For participants who need non-emergency medical transportation (NEMT), MO HealthNet’s vendor MTM created a new tool that lets participants book new rides, review existing rides, make changes to rides and cancel rides from their computer or phone. Participants can download the MTM Link Member app from the app store. For instructions on how to use the app, participants can review the [MTM Link Trifold](#) or watch the short video on the [MTM website](#). For additional information on NEMT, providers should review the [NEMT Provider Manual](#) and the [NEMT program page](#).
8. **Opioid Settlement Funds Report Update** – As of April 1, the Calendar Year 2024 detailed locality reporting data is now available on the MO Opioid Settlements website under the Reports Tab. Data reports available are: 1) A Locality Report – allotments (payments) and expenditures by city, county, political subdivision, or state government; 2) A Statewide Aggregate Report – statewide totals listed by allotment, reporting expenditure category, and expenditure category group (prevention, treatment, etc.) [Reports - MoOpioidSettlements](#)

9. **The Fiscal Year 2023 Annual Naloxone Report is now available** – The University of Missouri-St. Louis, Missouri Institute of Mental Health (MIMH) partners with the Department of Mental Health and Department of Health and Senior Services to operate as central hub for naloxone distribution across the state. Funding for naloxone efforts are supported through the State Opioid Response (SOR) grant, Prevention Prescription Drug/Opioid Overdose-related Deaths (PDO) grant, First Responders-Comprehensive Addiction and Recovery Act (FR-CARA) grants, CDC Overdose Data 2 Action (OD2A), and Opioid Settlement Funds.  
The report includes:
- Areas of Distribution
  - Naloxone Distribution Process
  - Overview of Naloxone Kit Contents
  - Program Highlights
  - New Initiatives
10. **First Virtual Youth Peer Specialist Training** - the Missouri Credentialing Board (MCB) offered their first virtual Youth Peer Specialist (YPS) training on March 25-26, 2024. Youth peer support uses the power of peers to support, encourage, and model positive self-advocacy, recovery and resiliency. Peer support services are delivered by individuals who have been successful in recovery from mental health and/or substance use disorders who help others experiencing similar situations. Through shared understanding, respect, and mutual empowerment, peer support services help people become and stay engaged in the recovery process and reduce the likelihood of active substance use and negative mental health symptoms. The recipient of the service is a youth or young adult between the ages of thirteen to twenty-five years receiving services in a child/youth behavioral health program. The training was a huge success with 30 individuals attending and overwhelmingly positive feedback coming from participants. Missouri has 29 certified YPS currently. The recent training offers the potential to double that number. The MCB will offer several more virtual trainings this year to achieve the goal of growing the number of YPSs working in Missouri.
11. **10<sup>th</sup> Annual Crisis Intervention Team (CIT)** – More than 600 law enforcement officers, other first responders, and behavioral health professionals attended the 10<sup>th</sup> Annual CIT conference held April 1-3 in Osage Beach. The purpose of CIT is to address the challenges that often arise when law enforcement officers encounter individuals with behavioral health conditions in crisis situations. A presentation was provided by DMH Crisis Coordinator, Casey Muckler, Northeast Missouri Regional CIT Coordinator, Anthony Williams, and Compass Health Vice President, Lauren Moyer, on the crisis response resources in Missouri. Professionals from across the state received various awards including the Dr. Rick Gowdy Legacy Award, Law Enforcement Officer of the Year, Community Behavioral Health Liaison of the Year, Champion of the Year, and Front Line Professional of the Year. Two professionals from the Missouri Department of Mental Health were recognized during the awards ceremony Wednesday afternoon. **Angie Plunkett**, Diversion Coordinator, and **Angie Stuckenschneider**, Legislative Liaison, both received the Dr. Rick Gowdy Legacy Award for their leadership and dedication to CIT.
12. **2024 Mental Health Champions Banquet** – Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions’ award. This year’s champions are: Audrey Whittenberg, Clifford Atterberry, and Lilly Eikermann. This year’s banquet is **Tuesday, May 7, 2024** at the Capitol Plaza Hotel and Convention Center in Jefferson City. Registration just opened! [Register](#)

**Looking for employment? Know someone who is?**

**Open positions across the state and throughout the DMH can be found at  
MO Careers - Department of Mental Health**

## JOB ANNOUNCEMENTS

### **Certification Specialist**

The Program Specialist within the Certification & Monitoring Unit is responsible for conducting certification surveys, program monitoring and providing technical assistance for substance use disorder and mental health treatment programs with the State of Missouri. **Must apply by Friday, April 26, 2024** [Learn More and Apply!](#)

### **Behavioral Health Program Specialist**

The Behavioral Health Program Specialist will be responsible for participating in the implementation, development, coordination, and maintenance regarding: the Comprehensive Psychiatric Rehabilitation (CPR) Program, Comprehensive Substance Treatment and Rehabilitation (CSTAR) Program, the Community Mental Health Services (MHBG) and Substance Abuse Prevention and Treatment (SABG) Block Grant; and other initiatives deemed valuable for the integration of mental illness and substance use. **Must apply by Wednesday, May 1, 2024** [Learn More and Apply!](#)

## **FUNDING OPPORTUNITIES**

1. **SAMHSA Grants Dashboard** – [Learn More](#)
2. **CDC Funding Opportunity: Drug-Free Communities (DFC) Support Program** – The Centers for Disease Control and Prevention (CDC) recently announced a new funding opportunity for the fiscal year (FY) 2024 Drug-Free Communities (DFC) Support Program - NEW (Year 1). The DFC Support Program is designed to strengthen collaboration among community coalitions working to prevent youth substance use and build safe, healthy, and drug-free communities. CDC will provide up to 100 awards of up to \$125,000 per award, per year for up to 10 years for total program funding of \$62,500,000. **Applications are due April 17, 2024.** Additional details on eligibility and how to apply can be found [here](#).
3. **SAMHSA Funding Opportunities: Prevention Technology Transfer Centers Cooperative Agreements** – SAMHSA announced a new funding opportunity for the Prevention Technology Transfer Centers (PTTC) Cooperative Agreements. The PTTC Cooperative Agreements program aims to maintain and enhance the PTTC Network to provide training and technical assistance services to the substance use prevention field. Recipients will work directly with SAMHSA and across the PTTC Network to improve the implementation and delivery of substance use prevention interventions with a focus on equity for underserved, under-reached populations. SAMHSA will provide up to 11 awards of up to \$739,529 per award, per year for up to 5 years for total program funding of \$8,134,816. Eligible applicants include domestic public and private non-profit entities. **Applications are due April 24, 2024.** The PTTC Cooperative Agreements Notice of Funding Opportunity (NOFO) can be found [here](#).
4. **New HRSA Releases First-Ever Funding Opportunity for Health Centers to Support Transitions in Care for People Leaving Incarceration** - Yesterday, the Health Resources and Services Administration (HRSA) announced the "...availability of \$51 million for the first-ever funding opportunity for HRSA-funded health centers to implement innovative approaches to support transitions in care for people leaving incarceration. Aligned with the White House Second Chance Initiative, today's action, for the first time, explicitly supports the provision of health services to individuals during the 90 days prior to their release to help them return to the community by expanding access to primary health care, including mental health and substance use disorder treatment, furthering public health and strengthening public safety." Resources from the press release:

Draft Guidance: [DRAFT Health Center Program Policy Guidance Regarding Services to Support Transitions in Care for Justice-Involved Individuals Reentering the Community](#)

HHS Press Release: [During Second Chance Month, HRSA Takes Policy Action, Releases First-Ever Funding Opportunity for Health Centers to Support Transitions in Care for People Leaving Incarceration](#)

TA Webinar: **Wednesday, April 24 – 10am-11 CT** – [Join the day of the session](#)

Grants.gov: [Fiscal Year \(FY\) 2025 Quality Improvement Fund – Transitions in Care for Justice-Involved Populations \(QIF-TJI\)](#)

5. **HRSA Funding Opportunity: RCORP – Impact** - The Health Resources and Services Administration (HRSA) recently announced a new funding opportunity for the [Rural Communities Opioid Response Program \(RCORP\) – Impact](#). RCORP – Impact is a new rural opioid treatment and recovery initiative intended to supplement the work of [RCORP](#) by improving access to integrated and coordinated treatment and recovery services for substance use disorder (SUD), particularly opioid use disorder (OUD), in [HRSA-designated rural areas](#). The program’s goals include:
- “Goal 1: Service Delivery: Establish and/or expand coordinated and comprehensive SUD treatment and recovery services.
  - Goal 2: Workforce: Develop a responsive SUD workforce, which includes both peers and clinical providers with diverse scopes of practice.
  - Goal 3: Supportive Services: Establish and/or enhance coordination with supportive social services to ensure that rural individuals and families affected by SUD have the greatest opportunity possible for sustained, long-term recovery.
  - Goal 4: Sustainability: Develop innovative, multi-sectoral approaches to ensure the continued availability of services supported by RCORP – Impact in the target rural service area.”

Awardees are required to provide medication for opioid use disorder (MOUD). Funds can only be used to support activities in HRSA-designated rural areas.

Additional details on program requirements can be found in the program’s Notice of Funding Opportunity (NOFO) under "Related Documents," [here](#). HRSA will offer up to 16 awards of up to \$750,000 per award per year for up to 4 years for total program funding of \$12,000,000. Applications are due **Monday, May 6, 2024**. Additional information on eligibility and how to apply can be found [here](#).

6. **HRSA Funding Opportunity: Opioid-Impacted Family Support Program** - The Health Resources and Services Administration’s (HRSA) Bureau of Health Workforce announced a new funding opportunity for the [Opioid-Impacted Family Support Program](#). This program provides grants to support training programs to enhance the expertise and number of peer support specialists and other mental health and substance use disorder (SUD) paraprofessionals who provide services to families impacted by opioid use disorder (OUD). The program emphasizes supporting children and adolescents within high-need, high-demand areas who have or are at risk for developing mental health and SUD issues. Awardees are required to develop a Level I pre-service and Level II in-service training curriculum as part of their certificate training program for OUD paraprofessionals. Additional details on program requirements can be found in the program’s Notice of Funding Opportunity (NOFO) under “Related Documents,” [here](#). HRSA will offer up to 28 awards of up to \$600,000 per award per year for up to 4 years for total program funding of \$16,800,000. Applications are due **Monday, May 6, 2024**. Additional information on eligibility and how to apply can be found [here](#).

## INFO & RESOURCES

1. **New FDA Approves Iloperidone for Acute Treatment of Bipolar I Disorder** – Iloperidone, an atypical antipsychotic approved by US FDA in 2009 for the treatment of schizophrenia and marketed under the name Fanapt by manufacturer Vanda Pharmaceuticals Inc., received FDA approval on Friday for acute treatment of manic or mixed episodes associated with bipolar I in adults. [Read More](#)

2. **New Bright Light Therapy Not Superior to Placebo for Inpatient Depression Treatment** – Bright light therapy alongside treatment-as-usual for adolescent inpatients with depression did not demonstrate superiority over placebo red light therapy, according to recent double-blind, placebo-controlled randomized parallel-group trial results published in JAMA Psychiatry. [Read More](#)
3. **New A World of Opportunities: Bridging I/DD and Mental Health Systems through the Link Center** – A new website was created to serve as a national hub of the most relevant and timely resources-including information about best practices, promising strategies, upcoming events, webinars and technical assistance opportunities-to support states, communities, and stakeholders in improving the lives of children and adults with these disabilities. [Read More](#)
4. **New SAMHSA Posts Recommendations for Curricular Elements in Substance Use Disorder Training** – The Substance Abuse and Mental Health Services Administration (SAMHSA) recently posted a guide with [Recommendations for Curricular Elements in Substance Use Disorders Training](#). The guide is intended to outline recommended core elements and content of substance use disorder (SUD) curricula for entities authorized to provide the SUD training required under the [Medication Access and Training Expansion \(MATE\) Act](#). As an overarching concept, SAMHSA recommends that content be related to prevention, recognition, and care of individuals with SUD, including those with co-occurring mental health disorders. The core elements in the guide are designed to educate prescribers on the risks and role of medications to treat pain, screening for substance use and related risk factors, as well as the role of stigma as a barrier to treatment. Specifically, SAMHSA recommends that health professional curricula and continuing education address the following core elements of training: 1) Substance Use Disorders; 2) Effective Treatment Planning; 3) Pain Management and Substance Misuse. These elements would also incorporate culturally competent practices, as well as Risk Evaluation and Mitigation Strategies. Together, these elements provide an overview of SUD identification, management care, and evidence-based practices for SUD treatment.
5. **New DEA Announces Spring National Prescription Drug Take Back Day** – The Drug Enforcement Administration (DEA) recently announced it will host its [spring bi-annual National Prescription Drug \(Rx\) Take Back Day](#) on **April 27**. DEA's National RX Take Back Day is a day dedicated to preventing medication misuse and opioid use disorder (OUD) by encouraging the public to dispose of unneeded medications at disposal sites across the country. DEA's most recent RxTake Back Day, in October 2023, resulted in 599,879 (300 tons) of returned drugs. DEA's Collection Site Locator can be accessed [here](#).
6. **New HHS Webpage: Insurance for Mental Health and Substance Use Treatment** – The Department of Health and Human Services (HHS) published a new webpage on [Insurance for Mental Health and Substance Use Treatment](#). This new webpage is designed to help both consumers and providers understand the legal requirements for health plans that offer mental health and substance use disorder (SUD) benefits, the services covered by health plans' coverage of mental health and SUD treatment, and the history behind parity in health coverage. Specifically, the page offers various resources on individuals' rights and policy updates, details on parity policy and implementation, and a timeline of federal actions to achieve parity in health coverage. The page also includes links to [mental health](#) and [substance use treatment](#) locators.
7. **New CDC Study Reports Deaths from Excessive Alcohol Use on the Rise in US** - A study published by the Centers for Disease Control and Prevention (CDC) in *Morbidity and Mortality Weekly Report* on [Deaths from Excessive Alcohol Use – United States, 2016-2021](#) reported a significant rise in deaths from excessive alcohol use in the US from 2016 to 2021. Using data from the [National Vital Statistics System](#), CDC researchers analyzed 58 causes of alcohol-related death, including conditions fully caused by alcohol use, as well as those that are partially caused by alcohol use. Specifically, the study found that average annual deaths related to excessive alcohol use in the US increased 29% from roughly 138,000 deaths per year during 2016-2017 to 178,000 deaths per year during 2020-2021. Additional findings include:
  - Average annual deaths from excessive alcohol use in the US increased by 5.3% from 137, 927 during 2016-2017 to 145,253 during 2018-2019; then by 22.8% from 2018-2019 to 178,307 during 2020-2021
  - Average annual deaths from excessive alcohol use around males increased by 26.8% from 94,362 during 2016-2017 to 119,606 during 2020-2021

- Average annual deaths from excessive alcohol use among females increased by 34.7% from 43,565 during 2016-2017 to 58,701 during 2020-2021  
CDC's webpage on deaths from excessive alcohol use can be found [here](#).
8. **New HUD Resource: Housing-Related Services for People Experiencing Homelessness** – Many people experiencing homelessness benefit from interventions that package housing (rental) assistance with case management and other wraparound supportive services. [Read More](#)
  9. **7<sup>th</sup> Annual Older Adult Mental Health Awareness Day Symposium** - This event is co-sponsored with the U.S. Administration for Community Living, the Health Resources and Services Administration, and the Substance Abuse and Mental Health Services Administration. Registration is free and includes a full day of sessions on how to best meet the mental health needs of older adults. *Thursday, May 2, 2024* [Register](#)

## **TRAINING OPPORTUNITIES**

1. **Center for Evidence-Based Youth Mental Health Psychological Services Clinic will be hosting some spring workshops.** [Register](#)
  - Transdiagnostic Dialectical Behavior Therapy Skills Training for Adolescents and Adults – *Friday, April 19, 2024, 1:30-4:30pm CT*
  - Applications of Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Substance Use Concerns in Adolescents and Adults – *Friday, April 26, 2024, 1:30-4:30 pm CT*
  - Exposure Plus Response Prevention for Pediatric Obsessive-Compulsive Disorder – *Friday, May 17, 2024, 1-4pm CT*
  - Cognitive-Behavioral Therapy for Substance Use Disorders – *Friday, May 24, 2024, 1-4pm CT*
2. **Part 2 – SUD Treatment for People with Cognitive Challenges** – Due to the opioid epidemic, the number of people with cognitive impairment (CI) caused by overdose is on the rise. Yet many clinicians feel under-prepared to effectively treat people with SUD and CI. This webinar will focus on techniques and strategies to improve the SUD treatment of individuals with CI, particularly modifying Evidence-Based Practices. *Thursday, April 18, 2024, 1-2:30pm CT* [Register](#)
3. **Hardwired for Fear and Connection: The Intersection of Brain Science and Equity** – Our brains are designed to keep us safe, constantly monitoring our surroundings and putting up “fight or flight” barriers when we experience things that are new or different. Yet, we are also social beings, craving connection and belonging. What happens in our brains and in our bodies when we experience diversity, bias, and racism? And how do we apply brain-based strategies to ensure we don't let fear and discomfort hinder our ability to build relationships? Three-part virtual learning opportunity. *Tuesdays, April 16 and May 7, 2024, 12pm-3pm CT* [Register](#)
4. **A Beginner's Guide to Learning or Teaching the DSM** – This presentation will benefit learners with a wide range of experience related to using the DSM. The goal is for beginners and those who are supervising, teaching, or mentoring individuals new to the mental health field to have a starting point for their discussions. *Thursday, April 18, 2024, 1:00pm-4:00pm CT* [Register](#)
5. **Missouri Rural Health Association (MRHA) upcoming events** – MRHA is committed to bringing high-quality, accessible and affordable continuing education and training events to the rural health community. Below you will find a sampling of our upcoming training events.
  - [Maternal Health and Food as Medicine](#) *Monday, April 22, 2024, 12-1pm CT*
  - [Reproductive & Sexual Health Equity and Access in Missouri](#) *Wednesday, May 1, 2024, 12-1pm CT*

6. **Systems Mapping to Advance Birth Equity** – The DHSS Office of Minority Health and Health Equity and MCH Leadership are partnering with the Association of Maternal & Child Health Programs to offer a [free webinar](#) on **Monday, April 22, 2024, 12-1pm CT**. Join us to learn about the [Birth Equity Action Map](#) and other systems mapping tools that can help identify opportunities to strengthen Missouri’s birth equity ecosystem. [Register](#)
7. **Workforce Development Learning Community** – You can choose to attend one or more of the following sessions. [Register](#)
  - **Thursday, April 18, 2024, 2pm CT**
  - **Thursday, May 16, 2024, 2pm CT**
  - **Thursday, June 20, 2024, 2pm CT**
  - **Thursday, July 18, 2024, 2pm CT**
  - **Thursday, August 15, 2024, 2pm CT**
8. **Missouri Children’s Trauma Network Training Summit – April 23-24, 2024** At the Holiday Inn and Expo Center in Columbia, MO [See Agenda](#) [Register](#)
9. **Introductory/Refresher Virtual Motivational Interviewing Training** – This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you are a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, April 24, 2024, 11am-3pm CT** [Register](#)
10. **Addressing the Impact of Social Media on Youth** – As our world becomes increasingly digital, policy considerations such as enhancing content and privacy regulations on social media platforms, collaborating with tech companies to bolster safety features, and investing in mental health support related to social media are essential steps for protecting youth online. **Wednesday, April 24, 2024, 3-4pm CT** [Register](#)
11. **Cape Youth Webinar – Fostering Financial Empowerment for Youth and Young Adults with Disabilities** – This webinar will address ways that states can promote economic self-sufficiency and financial independence for youth and young adults with disabilities transitioning into adulthood. **Wednesday, April 24, 2024, 12-1:30pm CT** [Register](#)
12. **Social Justice Leadership Academy (SJLA) Learning Series** – This is a free, monthly virtual learning opportunity combining informational presentations, workshops and Q&Q panels. Topics include structural and systemic inequities in mental wellbeing, advancing social justice within organizations and how social determinants of health impact marginalized communities. The SJLA Learning Series is for professionals of all levels who are dedicated to embracing social justice principles to bring equity to communities and systems of care. Register today for any or all of this year’s sessions taking place April through September 2024. All registrants receive a copy of the recording(s) in case they are unable to attend the live event(s).
  - [Navigating Mental Health Care for Immigrant and Forcibly Displaced Communities](#) **Wednesday, April 24, 2024, 11am-12pm CT**
  - [Bridging the Gap: Engaging Community Organizations and Peer Recovery Specialists in Your Work](#) **Wednesday, May 15, 2024, 11am-12pm CT**
  - [Supporting LGBTQ+ Communities With an Intersectional Lens](#) **Thursday, June 20, 2024, 11am-12pm CT**
  - [Promoting Social Equity for Underrepresented Individuals in the Workforce](#) **Thursday, July 18, 2024, 11am-12pm CT**
  - [Barriers to Care: Solutions for Mental Health and Substance Use Treatment Provision in Rural Communities](#) **Wednesday, August 21, 2024, 11am-12pm CT**
  - [Increasing Accessibility of Mental Health Services for Unhoused Populations in Rural and Urban Communities](#) **Wednesday, September 18, 2024, 11am-12pm CT**

13. **New Mental Wellbeing Upcoming Webinars, News and Resources –**

- **Wednesday, April 24, 2024, 11am-noon CT:** [Social Justice Leadership Academy: Navigating Mental Health Care for Immigrant and Forcibly Displaced Communities](#)
- **Wednesday, April 24, 2024, 11am-noon CT:** [Introductory/Refresher Virtual Motivational Interviewing Training](#)
- **Thursday, April 25, 2024, 1-2pm CT:** [Beginning to Tackle Alcohol Use for Cancer Prevention in the U.S.](#)
- **Wednesday, May 1, 2024, 2-3pm CT:** [PCSS-MOUD: Treatment While Unhoused: Providing MOUD to Populations Experiencing Homelessness](#)
- **Thursday, May 2, 2024, 1-2:30pm CT:** [Implicit Bias: Using Brain Science to Understand, Recognize and Counter It](#)
- **Wednesday, May 22, 2024, 11am-3pm CT:** [Intermediate Motivational Interviewing Training](#)

14. **Missouri Association of Infant and Early Childhood Mental Health Spring Training –** Topics include: Countering Bias, including family and community by Vetta L. Sanders Thompson, PhD; Two Generational Perspectives on addressing trauma and parenting to support IMH by Dr. Melissa Johnson-Reid; Reflective Supervision Panel Discussion. **Friday, April 26, 2024, 10am-3pm CT** [Register](#)

15. **New Racism and Other Macrosocial Determinants of Health: Moving from Explanation to Action –** Racism is a social and moral crisis, as well as a public health threat. In addition to causing direct physical damage, racism is embodied covertly through social, behavioral, and psychobiological mechanisms. This webinar will discuss Dr. David Chae's research on multiple levels of racism and the channels through which it compromises health, as well as next steps in anti-racism research. **Wednesday, May 1, 2024, 1pm CT** [Register](#)

16. **Implementing Best Practices with an Eye on Ethics –** This webinar provides an understanding and overview of common ethical principles. It will define Vicarious Liability and discuss the variety of ways that professionals and clinicians can be held accountable for Vicarious Liability or "imputed negligence," as well as discussing ethical dilemmas regarding practice and options for managing the dilemmas. **Friday, May 3, 2024, 9am-12pm CT** [Register](#)

17. **When Substance Use Disorders Collide with Mental Disorders: Principles and Assessment for Effective Clinical Practice –** This webinar will discuss the growing nature of this condition and focus on principles and techniques of assessing clients that present with co-morbidity conditions. **Friday, May 3, 2024, 1-4pm CT** [Register](#)

18. **Tobacco Treatment Specialist (TTS) Certification Training -** The program consists of both online learning and a 3-day live virtual training (see times below) focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. **Register by May 6, 2024** [Learn More](#)

19. **New Suicide Prevention Training for Those Working with Youth –** Do you work with adolescents who could be at risk for suicide? There will be five trainings across the state during the month of May Suicide Prevention Training for Those Working With Youth is designed especially for individuals working with adolescents. Participants will learn about risk factors, protective factors, warning signs of suicide, and ways to help someone considering suicide. The training will also cover the relationship between substance use and suicide. **May 6-28, 2024, 8am-4:30pm CT** [Register](#)

20. **Advanced Peer Supervision Virtual Training –** The Missouri Credentialing Board (MCB) will be providing this training in partnership with the Addition Technology Transfer Center (ATTC) Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Current Training Dates: **Thursday-Friday, May 9-10, 2024 (VIRTUAL)** and **Thursday-Friday, August 29-30, 2024 (Virtual)**. [Register](#)

21. **MBC Clinical Supervision Training** – This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. Please note: This training is required for new supervisors to become a MCB Qualified Supervisor. **Monday/Tuesday, May 13-14, 2024, 8am-2pm CT** [Register](#)
22. **Harm Reduction Specialist (HRS) Training – Missouri Credentialing Board** – Objectives of this training include increasing knowledge around Harm Reduction and how it can be used in recovery processes; applying skills within a harm reduction framework to current practice; identifying obstacles in applying harm reduction and developing strategies to overcome these obstacles; and more. Total Number of Continuing Education Hours: 21 Hours, 3 of which are Ethics training hours. **May 13, 14, 15, 2024, 9am-5pm CT** [Register](#)
23. **H.E.R. for Youth | Girls** – Habilitation Empowerment Recovery for Girls or H4G is a therapeutic intervention created to address the specific needs of Black girls who are high risk, have mild to moderate substance use disorders, and have current or past involvement with the juvenile justice system, with an emphasis on Black girls. H4G utilizes a strength-based, holistic model for treatment that is both culturally relevant and responsive, with an emphasis on providing a positive and engaging approach to treatment. **Holts Summit, MO, Monday-Wednesday, May 13-15, 2024, 8am-5pm CT** [Register](#)
24. **H.E.A.T for Youth | Boys** – H.E.A.T. for Youth is a therapy program designed for Black males aged 13 to 17 involved in the Juvenile justice system. H.E.A.T. — which stands for Habilitation, Empowerment, and Accountability Therapy — applies a holistic, culturally relevant, responsive, strength-based model that emphasizes a positive and engaging approach to treatment. If implemented as designed, it takes six months to complete the entire curriculum. Though H4Y was developed for black males, other ethnic groups could benefit from this intervention. The principles of intervention are universally applicable to all races and ethnicities. **Holts Summit, MO, Wednesday-Friday, May 15-17, 2024, 8am-5pm CT** [Register](#)
25. **Spring Training Institute** – The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. **Thursday/Friday, May 16-17, 2024** [Register](#)
26. **Intermediate Motivational Interviewing Training** – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Curriculum pace and flow is intentionally designed to maximize engagement and interaction in a virtual environment. **Wednesday, May 22, 2024, 11am-3pm CT** [Register](#)
27. **Upcoming Mental Health First Aid Webinars** –
  - **May 28-29 (9:30a.m.-5:30p.m. CT):** [WHAM Individual Facilitator Training](#)
  - **June 13 (12-1 p.m. CT):** [Introduction to Psychedelics for the Treatment of Substance Use Disorder](#)
28. **Middle America School Mental Health Conference** – The Mid-America Mental Health Technology Transfer Center will be sponsoring and serving on the planning committee for the first ever Middle America School Mental Health Conference. This event will bring together school mental health professionals from across the Midwest to share their experiences and expertise with one another. This year's theme is *"Cultivating Hope & Healing: Building cultures of hope & healing for families, schools, and communities."* **Omaha, NE, Wednesday/Thursday, May 29-30, 2024.** [Learn More and Register](#)
29. **New 2024 Missouri Crisis Conference** - The Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to bring together crisis providers and advocates to learn, network, and grow Missouri's crisis care continuum of services! Registration is free! **June 24-25, 2024** [Register](#)

30. **Culturally Competent Community of Learning (CCCL) Information Exchange** - Alex Atkinson (Hope Solutions) will discuss the development, design, feedback process, and implementation of the robust Diversity, Equity, Inclusion, and Belonging (DEIB) work plan at his organization, and Dr. Brian Sims (NASMHPD) will provide insight from the state- and NASMHPD-level. You can choose to attend one or more of the following sessions: [Register](#)
- **Thursday, May 30, 2024, 2pm CT**
  - **Thursday, July 25, 2024, 2pm CT**
  - **Thursday, September 26, 2024, 2pm CT**
  - **Thursday, November 28, 2024, 2pm CT**
31. **New 2024 NASADAD National Prevention Network Conference Registration Now Open** – The NASADAD National Prevention Network (NPN) Conference highlights the latest research in the substance use prevention field. It provides a forum for prevention professionals, coalition leaders, researchers, and federal partners to share research, best practices and promising evaluation results for the purpose of integrating research into prevention practice. **August 13-15 in Phoenix, AZ** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **Monthly Tobacco Use Disorder Integration Office Hours** – Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? Join the monthly “Tobacco Use Disorder Integration Office Hours” series to engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. This series is a unique opportunity to learn from experts, as well as partners across the nation to enhance collaboration between public health and mental health and substance use organizations. **Second Tuesday of every month from 1:30pm-2:30pm CT.** [Register](#)
2. **Harm Reduction Trainings** – Harm Reduction Trainings – Join the Addiction Science team at UMSL-MIMH for a variety of free, virtual training opportunities on substance use and harm reduction. **Registration is open for training dates in April**, including some evening and weekend options, and organizations looking for additional opportunities can request training via our new training request form. [Learn more and register here for any of the trainings offered.](#) Training offerings include:
- **Foundations of Harm Reduction**
  - **Harm Reduction In Practice**
  - **Overdose Education and Naloxone Distribution (OEND)**
  - **Intramuscular (IM) Naloxone Use**
  - **Stimulant Education: Harm Reduction & Overamping**
  - **Fentanyl Test Strips 101**
  - **Specialty Peer Integration Training (online, self-paced)**
  - **Wound Care for Non-Clinicians (online, self-paced)**
3. **2024 Spring Zoom Ethics Training** – This training offered by the Missouri Credentialing Board will focus on ethical principles and ethical dilemmas and allow professionals to discuss real life ethical issues. [Register](#)
- **April 19, 2024, 9m-12pm CT**
  - **April 26, 2024, 1pm-4pm CT**
4. **2024 Regional WRAP Training** – **WRAP** is a wellness tool anyone can use to get well, stay well, and make their life more the way they want it to be. The WRAP process supports individuals to identify the tools that keep them well and creates action plans to put them into practice in everyday life. All along the way, WRAP helps incorporate key recovery concepts and wellness tools into your plans and your life. [Register](#)
- **April 25-26, 2024** - Drury Hotel | Lewis and Clark Room, 3351 Percy Drive, Cape Girardeau, Missouri
  - **May 2-3, 2024** – New MBHC temporary location, 2401 East McCarty, Jefferson City, MO 65109

5. **2024 Missouri Recovery Support Specialist Training** – The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Trainers: Mark McDonald and Jane Pfefferkorn. [Register for any of these trainings](#)
  - **April 22-24, 2024 8am-5pm** - Location: Splitlog Baptist Church 3670 Splitlog Rd, Goodman, MO
  - **May 21-23, 2024 8am-5pm** - Location: Landmark Church 204 Metro Dr, Jefferson City, MO
  - **June 19-21, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
  - **July 22-24, 2024 8am-5pm** - Location: PreventEd. Address: PreventEd, 9355 Olive Blvd, St. Louis, MO
  - **August 12-14, 2024 8am-5pm** - Location: Healing House 4505 St John Ave, Kansas City, MO
  - **August 27-29, 2024 8am-5pm** - Location: Springfield Recovery Community Center, 1925 E Bennett St J, Springfield, MO
  - **September 17-19, 2024 8am-5pm** - Location: Mission Missouri 509 Ruth St, Sikeston, MO
6. **Rooting Young Adult Mental Health Services in Culturally Sustaining Values and Practices** – This program is centered on services and supports for youth and young adults of transition age. This four-part series offers a forum for dialogue to deepen practitioner’s ability to provide healing care to transitional-aged young people who access mental health and community-based services in Region 9 and beyond. **Note—times listed are Pacific Time.**
  - **Wednesday, April 24, 2024, 3pm-4:30pm PT** – Uplifting Culturally Sustaining Practices in Substance Use Prevention [Register Session 3](#)
  - **Wednesday, May 22, 2024, 3pm-4:30pm PT** – Honoring and Supporting Peer Support in Healing-Centered Approaches [Register Session 4](#)
7. **Culturally Competent Community of Learning (CCCL) Information Exchange: Promoting Equity through Housing Justice** – You can choose to attend one or more of the following Thursday sessions. [Register](#)
  - **July 25, 2024, 2pm CT**
  - **September 26, 2024, 2pm CT**
  - **November 28, 2024, 2pm CT**
8. **Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative** – The Behavioral Health and Intellectual/Developmental Disability (BHIDD) Virtual Learning Collaborative is an introductory training for any clinical and/or administrative staff interested in better supporting people with BHIDD needs. This training aims to introduce the participants to essential topics important to recognizing various needs and how to reduce behavioral risk over time. CEs are included. [Register](#)
  - **April 18, 2024:** Using the DM-ID, 2 as a Clinical Resource
  - **April 25, 2024:** IDD and chronic health conditions, physical health care advocacy: sharing information with providers
  - **July 17, 2024:** Crisis Prevention and Intervention: Reducing Risk
  - **July 31, 2024:** Wellness and Aging
  - **October 8, 2024:** SUD and IDD
  - **October 23, 2024:** Adapting Therapy with IDD Clients (including alternative therapies)
9. **Windows of Wisdom: Shape Your Own Journey with Insights from Experienced Peers** – Watch this new series of videos to find firsthand advice that is ideal for new peer specialists as they start their careers. These videos are ideal for new peer specialists who are early in their careers, and any clinicians, teams and organizations that provide care to individuals who have SMI. [Watch the Video Series Now](#)
10. **NAMI-Parents Supporting Parents Group - Prepping Mental Health for School** – Parents supporting parents group is a family support group for parents, caregivers, or other family members of a child, teen or young adult 25 years or younger that have experienced mental health symptoms. Come for support and learn about starting the conversation about mental health for college bound students, using parents and teachers as allies with K- 12 teachers and wellness activities for families. [Register](#)

11. **NAMI Basics** – NAMI Basics is a free education program for parents and family caregivers of children and teens age 21 and younger who are experiencing mental health symptoms. The course consists of six weekly classes, each 2.5 hours long and is taught by trained teams with lived experience raising youth with mental health conditions. Registration is required for this free course. NAMI Basics is certified for Missouri Foster Parent training credit. [Register](#)
12. **Family Support Provider Training** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey. [Register](#)
13. **Youth Peer Specialist (YPS)** – The YPS training has gone VIRTUAL. A Youth Peer Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood. [Register](#)
14. **Peer Supervision Training** – **converted to ALL ONLINE Self Study Course** – Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
15. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
16. **2024 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
17. **2024 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
  - **Missouri Recovery Support Specialist Trainings** – [Register](#)
  - **Ethics Trainings** – [Register](#)