



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

3/21/24

**March is Developmental Disabilities (DD) Awareness Month**

DDAM 2024 Theme: A World of Opportunities

**World Down Syndrome Day**

Today (March 21) is World Down Syndrome Day. World Down Syndrome Day is celebrated on the 21st day of the 3rd month to represent the uniqueness of the triplication (trisomy) of the 21st chromosome which causes Down Syndrome.

Watch this [video](#) to meet Boden, an individual with Down Syndrome, and his mom. A [transcript](#) is also available.

[www.dmh.mo.gov/dd](http://www.dmh.mo.gov/dd)  
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH