



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

3/26/24

**March is Developmental Disabilities (DD) Awareness Month**  
DDAM 2024 Theme: A World of Opportunities

Self-Advocates Becoming Empowered (SABE) is a national self-advocacy organization made of regional representatives and members from every state in the United States. The organization believes that people with disabilities should be treated as equals and given the same decisions, choices, rights, responsibilities, and chances to speak up and empower themselves. For more information visit the [SABE website](#).

[www.dmh.mo.gov/dd](http://www.dmh.mo.gov/dd)  
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH