



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

3/19/24

March is Developmental Disabilities (DD) Awareness Month
DDAM 2024 Theme: A World of Opportunities

Charting the LifeCourse

Planning with people who have intellectual/developmental disabilities is essential in helping them achieve the life they desire. Through the University of Missouri-Kansas City (UMKC), Charting the LifeCourse (CtLC) planning tools and resources are available to anyone involved in planning for themselves or with others to reach their Good Life. The framework and tools will help organize your ideas, vision, and goals, as well as problem-solve, navigate and advocate for supports. Check out Lifecourse learning at [Charting the LifeCourse Learning](#).

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH