

What training does the Department of Mental Health (DMH) and the Missouri Behavioral Health Council (MBHC) offer to help develop skills in supporting the Behavioral Health/Intellectual and Developmental Disabilities (BH/IDD) population?

Tools of Choice - Positive Behavior Support (PBS) Curriculum

- Tools for Everyone: <https://dmh.mo.gov/media/pdf/tools-everyone>
- Tools of Choice Relias Modules: ***Now in Provider Portals and MODD Content Self-Registration Portal***. Search “Tools of Choice” to find the four modules in the Relias Library.
- Tools Coaching Workshops (live and offered weekly): <https://dmh.mo.gov/media/pdf/tools-choice-competency>
- Facilitator Training: <https://dmh.mo.gov/media/pdf/tools-choice-facilitator-training-flyer>
- Family Workshops: <https://dmh.mo.gov/media/pdf/family-coaching-workshop-flyer>
- 10 Common Coercives Podcast: <https://soundcloud.com/user-600684079/sets/10-common-coercives-1>

Tiered Supports Workshops (live training cohorts)

- Tier 1: <https://dmh.mo.gov/dev-disabilities/tiered-supports/tier-1/quarterly-workshop-series>
 - Reinforcement systems
 - Shared Values systems
 - Coaching systems
 - Performance feedback
 - Training and coaching
 - Sustainable implementation of ongoing skill development
 - Process Mapping 101
- Tier 2: <https://dmh.mo.gov/media/pdf/tier-2-workshop-series-2023>
 - Readiness and Risk Screening
 - Check-In and Check Out (CICO)
 - Do-it-yourself skills (DIYS)
- Tier 3: <https://dmh.mo.gov/dev-disabilities/tiered-supports/tier-3>
 - Safety Crisis Planning
 - Journal Club (State Employed BAs only, but willing to expand in the future)
 - Behavior Support Review Committee
 - Growing Together / ABA Workshop Series



RBT (Registered Behavior Technician) for Direct Care Staff

- Relias 40-hour curriculum
- In-person Competency Checks
- BACB in-person exam (there is an exam fee)

DBT (Dialectical Behavior Therapy)

- DBT BHIDD modules (in development)
- DBT learning collaborative (special pops started October 2023)

ACT (Acceptance and Commitment Therapy)

- Competency-based training
- Live workshops Spring of 2024 and follow-up coaching 1:1 sessions

CBT (Cognitive Behavior Therapy)

- CBT BHIDD modules (in development by Louisiana)

Trauma Informed Care

- TI learning collaborative
- Trauma Informed Care Courses (thinkific.com)
- Children’s Trauma Trainings

Crisis Intervention Training (CIT)

- DD section with Role Plays

BH/IDD Relias Modules

- A list of IDD training in Relias can be found here: <https://www.mobhc.org/uploads/IDD-Relias-Modules.docx>

MOADD Modules for DSPs

- Located under “Resources” here: <https://dmh.mo.gov/moadd>

Missouri Echo

- MOADD Echo: <https://echoautism.org/moadd/>
- DD Echo: <https://showmeecho.org/clinics/developmental-disabilities/>
- Autism Crisis Echo: <https://echoautism.org/register/>
- Adult Psych Echo: <https://showmeecho.org/clinics/adult-psych/>

Coming 2024

- ACT (Assertive Community Treatment) BHIDD-Specific training for ACT & ACT-TAY teams
- BHIDD Learning Collaborative for Clinicians and Admin working on specialized BH/IDD programs
- AIM (Accept, Identity, Move)- This is the Acceptance Commitment Therapy modality for working with youth.

Coming 2025

- MOADD revamped curriculum in Relias



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