

8/17/23

National Association of State Directors of Developmental Disability Services  
(NASDDDS) Releases  
**Caring Families Topic Brief**

The ***Caring Families: Paying Family Caregivers*** topic brief highlights results of a survey completed by NASDDDS in Spring 2023. The brief highlights current practices in Intellectual/Developmental Disabilities (I/DD) supports across the country focusing on paying relatives to deliver supports and services to family members participating in Home and Community-Based Services (HCBS) programs.

The topic brief focuses on the growing recognition of the important caregiving roles family members have in supporting individuals with disabilities, provides information around Medicaid policies that target Family Caregivers, highlights the need for safeguards in providing care, and notes the importance of engaging with individuals, families, and other stakeholders for ongoing success.

The brief includes:

- Overview of family caregiving
- NASDDDS survey results and analysis
- State practices and status from across the U.S.

Read the full [Topic Brief](#).