

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

June 2, 2023

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- 1. Administrative Rules** – The Division of Behavioral Health is accepting comments on the following proposed amendments <https://dmh.mo.gov/alcohol-drug/regulation-drafts> :
9 CSR 40-4.001 Program and Staffing Requirements (IRTS and PISL) updates nursing requirements.
9 CSR 40-6.001 Provider Requirements and Program Structure (Family Living Arrangements) updates dietary requirements.
9 CSR 30-3.192 CSTAR Program for Adolescents
[Regulation Drafts | dmh.mo.gov](#)
Please submit comments/questions to Debbie.mcaine@dmh.mo.gov or Alison.bond@dmh.mo.gov by **June 23, 2023**.
- 2. Administrative Rules** –Update
9 CSR 30-7.010 Behavioral Health Crisis Centers is published in the **May 31, 2023, issue of the Code of State Regulations** <https://www.sos.mo.gov/adrules/csr/csr>. The rule will be effective on **June 30, 2023**.

ASAM Treatment of AUD Course

ASAM Treatment of Alcohol Use Disorder Course- According to the 2021 National Survey of Drug Use and Health, 29.5 million people ages 12 and older had Alcohol Use Disorder in the past year. Alcohol Use Disorder is a chronic and complex disease that affects thousands of patients every year. There are evidence-based approaches to treatment, including non-pharmacological interventions and medications. Understanding these options and misconceptions about treatment alternatives can help improve outcomes for patients. Wednesday, **June 28, 2023 1pm-4:15pm CT**. [Register](#)

JOB ANNOUNCEMENTS

Associate Research Data Analyst

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **June 15, 2023**. [Learn More and Apply!](#)

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

[MO Careers - Department of Mental Health](#)

FUNDING OPPORTUNITIES

1. **Supporting Justice, Behavioral Health and Housing Collaborations through Federal Funding** – Federal funding can be a key source to support the piloting, initial operations, or expansion of interventions that serve people with behavioral health needs in the justice system. These grants are also often paired with training and assistance to help communities through the challenges of advancing and sustaining new collaborations. [Read More](#)
2. **Behavioral Health Partnership for Early Diversion of Adults and Youth** – The purpose of this program is to establish or expand programs that divert adults and youth with a mental illness or a co-occurring disorder (COD) from the criminal or juvenile justice system to community-based mental health and substance use disorder services (SUD) and other supports prior to arrest and booking. **Application Due Date: Tuesday, June 9, 2023.** [Learn More](#)
3. **Minority AIDS Initiative: The Substance Use and Human Immunodeficiency Virus Prevention Navigator Program for Racial/Ethnic Minorities** – is a \$10.3 million funding opportunity that aims “...to provide substance use and HIV prevention services to racial and ethnic minority populations at high-risk for substance use disorders (SUDs) and HIV infection.” This program will provide 34 awards, with at least two going to Tribes/Tribal organizations, of up to \$300,000 per award for up to five years. **Application Due Date: Tuesday, June 20, 2023.** [Learn More](#)

INFO and RESOURCES

1. **New For Veterans, Language About Mental Health Matters** – While serving in the United States Marine Corps, during training, Silouan Green had just taken off when his jet caught fire, forcing him to eject. During the crash, his copilot died, and Green’s back shattered. As the days in the hospital stacked on top of one another, Green deteriorated. The worse he felt physically, the worse he also felt emotionally, and vice versa. “When I was depressed, I wouldn’t work out, which caused me to be in more physical pain, and, in turn, I became more depressed.” Today, Green is a suicide prevention advocate. He says that being in the military or a first responder is an identity. The loss of identity can contribute to a person’s deterioration. He talks about the problems with labels and the power of connection to help people through challenging times. [Learn More](#)
2. **DEA Requirements for Prescribers** – All DEA license holders will be required to take an 8-hour course on the treatment and management of patients with opioid or other substance use disorders. **The first deadline is coming up on June 27, 2023.** For full details, visit the [SAMHSA website](#) and [DEA Website](#)

TRAINING OPPORTUNITIES

1. **New Community Violence Prevention** – This training is designed to enhance community health workers' and other violence prevention workers' understanding of community violence and equip them with skills for responding to those impacted by the violence that their work will interface with. [Register](#)
2. **Trauma Informed Practices for Healthcare** – This interactive session will increase healthcare providers understanding of the actions of people who have experienced trauma, share signs of emotional dysregulation, and provide practices that are designed to help people calm when they are in a dysregulated emotional state. **Tuesday, June 6, 2023, 12:30pm-3:30pm CT.** [Register](#)
3. **Culture, Equity, Diversity, an Inclusion Symposium** – Join us for our first ever one day event to network and collaborate with each other to amplify our efforts to embed culture, equity, diversity and inclusion in our daily work and life! The speakers and topics will lend itself to equitable support, guidance, and resources. **Wednesday, June 7, 2023, 7:30am-4:30pm CT.** [Register](#)

4. **Financial Wellness for People with Disabilities Training** – Here is fantastic free opportunity to help persons served achieve their financial goals. If you've ever worked with someone on budgeting and improving their ability to manage/understand their finances, this is the training for you! Continuing Education Credits are provided. Spaces are limited! Topics covered include Money, Financial Services, Tax Prep Assistance, Credit, Social Security Work Incentives, Identity Protection, and ABLE accounts. *June 7-8, 2023.* [Register](#)
5. **Best Practices for Supporting and Affirming LGBTQI+ Youth** – Like all youth, LGBTQI+ young people (individuals who identify as lesbian, gay, bisexual, transgender, queer and questioning, intersex and other sexual and gender minorities) deserve to grow up in supportive environments that allow them to thrive without discrimination. When seeking mental health and substance use treatment, LGBTQI+ youth and their families deserve evidence-based care from knowledgeable providers. *Thursday, June 8, 2023, 12pm CT.* [Register](#)
6. **Prevent Suicide in Jails and Prisons** – Suicide is the number one cause of death in US jails and the third cause in prisons. Inmates are among the highest risk group for suicide world wide. *Thursday, June 8, 2023, 1pm-4pm CT.* [Register](#)
7. **Problem Gambling among Service Members and Veterans: Education, Awareness, and Outreach** – This webinar will provide attendees with information related to the prevalence of problem gambling in the service member and veteran population. Attendees will also have an opportunity to learn about treatments, outreach, and education and awareness resources from the Department of Veterans Affairs, the National Council on Problem Gambling, and state-level problem gambling councils. *Friday, June 9, 2023, 12pm CT.* [Register](#)
8. **Love Is Not Supposed to Hurt: The Effects of Domestic Violence on Children** – This session will provide information on the dynamics of domestic violence, the effects it has on children, and the resources that are out there to help those in domestic violence situation. *Monday, June 12, 2023, 1pm CT.* [Register](#)
9. **Strengthening Community Relations and Lessening Stigma** – This informative session is designed to empower recovery community organizations who want to offer direct services to people who use drugs, by teaching effective strategies to overcome local resistance and break down negative stereotypes. *Tuesday, June 13, 2023, 11am CT.* [Register](#)
10. **Monthly Tobacco Use Disorder Integration Office Hours** – this webinar will engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. *Tuesday, June 13, 2023, 1:30pm CT.* [Register](#)
11. **New Improving the Quality of Funding Sub-Recipients** – This webinar will address strategies for the Single State Authority's office to prepare potential applicants (subrecipients) to apply for Substance Use Prevention Treatment and Recovery Services Block Grant funds prior to the release of the funding opportunity. *Tuesday, June 13, 2023, 2pm CT.* [Register](#)
12. **New The Role of the Pharmacist in the Management of Substance Use Disorders** – Pharmacists are an underutilized resource in the management of patients with substance use disorders. With over 90% of the population residing within five miles of a pharmacy, pharmacists are the most accessible health care professional. This webinar will explore how pharmacists can be an important member of the healthcare team in providing optimal care to patients with substance use disorders. *Wednesday, June 14, 2023, 11am-12:30pm CT.* [Register](#)
13. **Building Successful Overdose Prevention and Response Programs in Community Corrections** – Community supervision officers are uniquely positioned to reduce overdose risk among individuals under supervision. To succeed, community supervision staff would benefit from additional education on substance use disorders and training in evidence-based overdose prevention practices, including approaches to building trust and rapport with people under supervision. *Wednesday, June 14, 2023, 1pm CT.* [Register](#)

14. **Developing Culture Champions to Promote and Inclusive and Welcoming Organizational Culture** – Incompass Human Services – powered by its dedicated, diverse and inclusive Care Champion workforce has historically experienced low vacancy and turnover rates in comparison to similar organizations. In fact, the agency has grown continuously while maintaining great stability in its workforce, adding 54 new positions in the first quarter of 2023, with a turnover rate of 2.5% in that period. *Wednesday, June 14, 2023, 1pm CT.* [Register](#)
15. **New Suicide Prevention: Evidence-Informed Interventions for the Health Care Workforce Guide** – This session will provide an overview of AHA's new workforce mental wellbeing guide, [Suicide Prevention: Evidence-Informed Interventions for the Health Care Workforce](#). We will take a deep dive into the three drivers of suicide -- stigma, limited access to behavioral health resources and treatment, and job-related stressors -- and the 12 evidence-informed interventions that leaders can implement to better support the mental wellbeing of their workforce and reduce suicide risk. *Thursday, June 15, 2023, 12pm CT.* [Register](#)
16. **Harm Reduction Engagement: A Look at Motivational Interviewing** – In this session, we'll introduce you to the art of motivational interviewing and provide you with the tools to empower individuals on their recovery journey. *Tuesday, June 20, 2023, 11am CT.* [Register](#)
17. **Rural Affordable Housing: Preparing Your Organization for Young Adult Focused Housing Development** – This webinar session will explore strategies and approaches to help your agency engage and collaborate with young adults to develop youth-centered housing projects. *Tuesday, June 20, 2023, 2pm CT.* [Register](#)
18. **What is SCEC (Commercial Sexual Exploitation of Children) and What Does it Look Like in My Community** – The definition of Commercial Sexual Exploitation of Children. What CSEC looks like in my community; including overview of a case study. Victims of child exploitation or trafficking cases do not self-identify and the process of disclosure. Female offenders and familial ties exist and may be difficult to detect, Identify resources for child exploitation cases. *Wednesday, June 21, 2023, 9am-11am CT.* [Register](#)
19. **Problem Gambling and Substance Abuse Conference** – Mid-America ATTC is pleased to promote the 20th Annual Midwest Conference on Problem Gambling and Substance Abuse. The conference's mission is to promote and unify education, science, and services to improve the quality and availability of community-based problem gambling and substance use treatment services for individuals and families who need them. *June 21-23, 2023.* [Register](#)
20. **A Journey Through the Personality Disorders: Exploring Diagnosis and Treatment Approaches** – This workshop will introduce learners to the core 10 personality disorders and their associated clusters. Diagnostic criteria will be reviewed for each disorder, and case studies in written and video form will highlight core characteristics of disorders. Learners will be encouraged to use diagnostic skills to identify traits and symptoms of each disorder. General treatment protocols for each of the cluster categories will be presented, and learners will be given resources to explore more in-depth treatment approaches. *Thursday, June 22, 2023, 1pm-4pm CT.* [Register](#)
21. **ASAM Skill Building Course** – This 8-hour virtual live course expands on the content discussed within the ASAM Criteria One-Day Foundations course and provides an in-depth understanding of developing individualized treatment plans, evaluating initial reviews and continued stay reviews, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. *Friday, June 23, 2023, 8:30am-5:30pm CT.* [Register](#)
22. **Diagnosis and Treatment of Eating Disorders Webinar** – This Zoom webinar will educate participants on the signs and symptoms of eating disorders and all the ways those symptoms can manifest in different patients. Participants will also grow in their confidence to interact with those suffering from eating disorders and know when to refer them to a specialist or a higher level of care. *Friday, June 23, 2023, 9am-12pm CT.* [Register](#)
23. **Open Science in Gambling Research** – Open Science (OS) is the movement to make scientific research, data and their dissemination available to any member of an inquiring society, from professionals to citizens. OS is especially important in cases of gambling industry-funded research on gambling disorder and responsible gambling to ensure that the research process is ethical, transparent, and unbiased. *Tuesday, June 27, 2023. 1pm-2:30pm CT.* [Register](#)

24. **Group and Family Based Cognitive Behavior Therapy for Psychosis Training** – This two-day training (with an optional third day) will provide mental health clinicians the skills and knowledge to deliver group and individual Cognitive Behavioral Therapy (CBT) interventions for youth and young adults at clinical high risk (CHR) of developing psychosis and those experiencing First Episode Psychosis (FEP). An optional add-on one-day training in CBT Skills for Families will give providers the skills and knowledge to deliver a family-based intervention, which integrates teaching family members CBT and communication skills to support youth's acquisition of CBT skills and promote a positive family environment. If you have any questions regarding the training, please contact Rachel Kryah at Rachel.Kryah@mimh.edu **July 5-6, 2023**.
25. **NAMI Homefront Teacher Training** – This training is for individuals who have taken a NAMI Homefront Course as a participant and are interested in becoming a course teacher. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/ veterans with mental health conditions. **July 15-16, 2023**. [Register](#)
26. **Missouri Suicide Prevention Conference-Virtual** – **July 19-20, 2023**. [Register](#)
27. **The Communities Project and D-Degree Coaching and Training** – Working with The Communities Project and D-Degree Coaching & Training, we are excited to invite you to apply to a leadership cohort for 20 peers across Missouri. In the Transformational Leadership Cohort, experienced and emerging peer leaders will participate as a group in five workshops and five executive one-on-one coaching sessions First Session is **Friday, July 21, 2023**. [Register](#)
28. **Harm Reduction Conference** – This conference will provide two days of harm reduction- focused learning, collaboration, and capacity building. **August 2-3, 2023**. [Register](#)
29. **Psychosis 101 Training** – Provide 1.5 hours virtual training that will include a screener and discussion of the screening process. Assist providers in learning how to talk to clients and families about possible psychosis symptoms as well as understand the importance of early intervention and treatment. Provide a brief overview of diagnostic criteria, describe the threshold for attenuated versus full psychosis, and discuss role of culture and trauma, the importance of good therapeutic rapport, and emphasize educating referral sources. Virtual format, recorded, and made available online. **Tuesday, August 8, 2023, 10am-11:30am CT**. [Register](#)

RECURRING TRAINING OPPORTUNITIES

1. **2023 OUD ECHO (Opioid Use Disorder) WebEx Discussion Series** – [Register](#)
2. **Peer Supervision Training** – **CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
3. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org [Register](#)
4. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include:

How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)

5. **Certified Peer Specialist-In Person Training** – The Missouri Credentialing Board is excited to announce 3 live CPS training opportunities in three more regions of the state during 2023. [Register](#)
 - Southwest-June 12-16, 2023, Springfield
 - Southeast-July 10-14, 2023, Cape Girardeau
 - East-October 2-6, 2023, St. Louis
6. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Certified Peer Specialist Specialty Training – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
7. **QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)
 - **June 9, 2023**-MBHC-Jefferson City, MO
8. **AMSR SUD Training** – AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
 - **June 13, 2023**-Compass-Warrensburg, MO
 - **June 14, 2023**-Tri- County- Kansas City, MO
 - **June 15, 2023**-Compass-Clinton, MO
9. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
 - **June 15, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **August 17, 2023** [Register](#)
 - **October 19, 2023** [Register](#)
 - **December 15, 2023** [Register](#)
10. **Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.
 - **July 25, 2023, 11am-2:30pm CT.** [Register](#)

11. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings – [Register](#)
- Ethics Trainings – [Register](#)

12. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing

- **June 20, 2023**, MO DMH Training – Fair Housing registration link: <https://csh-org.zoom.us/meeting/register/tZEsduprj8rH9TTqac5lxMo6O2m306z3ilH>
- **July 19, 2023**, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZlIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
- **August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: https://csh-org.zoom.us/meeting/register/tZErce-qpiMsE9TdXAk7PXVcfNKmlm_ahhVT
- **September 20, 2023**, MO DMH Training - Building Community Support registration link: https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz
- **October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N>
- **November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
- **December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>