## WEBVTT

1 "Chad Reyes" (3816617472)
00:00:05.460 --> 00:00:12.599
Good afternoon everybody Thank you for joining us on this month's edition

2 "Chad Reyes" (3816617472) 00:00:12.599 --> 00:00:17.579 The purpose of today's meeting is to inform everyone.

3 "Chad Reyes" (3816617472)
00:00:17.579 --> 00:00:22.470
Of updates, uh, on current and future projects that we got going on.

4 "Chad Reyes" (3816617472) 00:00:22.470 --> 00:00:33.420

of our tier 3 informational meeting.

Um, we also are gonna discuss some learning opportunities that we got coming up and then just general information regarding our tier 3 world and and what we've got going on.

5 "Chad Reyes" (3816617472) 00:00:35.490 --> 00:00:39.540 Slide all right. Welcome.

6 "Chad Reyes" (3816617472) 00:00:39.540 --> 00:00:50.940

Uh, we're glad to have everybody here with us today. Uh, Kat has already gone ahead and covered a couple of the housekeeping things that we wanted to mention. Um, in addition.

7 "Chad Reyes" (3816617472)
00:00:50.940 --> 00:01:04.975

To what she has said, um, we also have the, uh, hand race function you can use to, um, if you had a thought, or a question that you would like to contribute to the discussion, uh, we'll do our best to,

8 "Chad Reyes" (3816617472) 00:01:05.005 --> 00:01:08.485 to monitor those to see if folks um, 1, uh.

9 "Chad Reyes" (3816617472) 00:01:08.820 --> 00:01:12.030 Chime in, and then also.

10 "Chad Reyes" (3816617472) 00:01:12.030 --> 00:01:22.290

As far as the Q and a goes, we will have a portion at the end of our presentation today where we can get into some of those questions and thoughts that folks might have.

11 "Chad Reyes" (3816617472) 00:01:22.290 --> 00:01:31.620

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1, other thing that I'd like to add is that this is a safe space. So
please, if you do have thoughts questions or concern.
12 "Chad Reyes" (3816617472)
00:01:31.620 --> 00:01:39.810
Um, all of those are welcome and our team will do our best to offer any
assistance or, uh, clarifications as needed.
13 "Chad Reyes" (3816617472)
00:01:41.970 --> 00:01:48.210
Slide all right so here's our agenda for today.
14 "Chad Reyes" (3816617472)
00:01:48.210 --> 00:01:51.360
Uh, we're gonna start out with some introductions.
15 "Chad Reyes" (3816617472)
00:01:51.360 --> 00:01:54.720
We'll go through and cover some general reminders.
16 "Chad Reyes" (3816617472)
00:01:54.720 --> 00:02:08.970
We are fortunate enough to have Dr Lucas Evans with us today and he's
going to go over a brief overview of some reactive strategies,
restrictive interventions and prohibited practices. We know that we've
been.
17 "Chad Reyes" (3816617472)
00:02:08.970 --> 00:02:15.660
Receiving a lot of thoughts surrounding these, uh, recently, so he's
gonna.
18 "Chad Reyes" (3816617472)
00:02:15.660 --> 00:02:20.010
Do a brief overview of some of those and hopefully add some clarity for
folks.
19 "Chad Reyes" (3816617472)
00:02:20.010 --> 00:02:29.730
We'll talk about behavior, support review committee, and also the results
that we received based on some surveys that we'd sent out recently.
20 "Chad Reyes" (3816617472)
00:02:29.730 --> 00:02:36.390
We'll have an opportunity for our subject matters to give, uh, individual
updates.
21 "Chad Reyes" (3816617472)
00:02:36.390 --> 00:02:41.880
And then at the end, we'll do some Q and a, if anybody's got questions.
22 "Chad Reyes" (3816617472)
00:02:41.880 --> 00:02:47.130
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And then we will wrap up and discuss when we plan on doing our next
meeting.
23 "Chad Reyes" (3816617472)
00:02:49.320 --> 00:02:52.350
All right, so to get us started with introductions here.
24 "Chad Reyes" (3816617472)
00:02:52.350 --> 00:02:57.810
Our fearless leader chief behavior analyst. Dr Lucas Evans.
25 "Chad Reyes" (3816617472)
00:02:57.810 --> 00:03:01.650
Dr Evans, if you would like to unmute and say, hey.
26 "Lucas Evans" (3658713856)
00:03:03.630 --> 00:03:08.910
Hey, Hello How's it going? Thank you.
27 "Chad Reyes" (3816617472)
00:03:08.910 --> 00:03:19.170
All right, and then we'll go through our regions here. So, in the eastern
region, we've got the area behavior. Analyst is Atlanta weatherspoon.
28 "Chad Reyes" (3816617472)
00:03:21.210 --> 00:03:29.190
And I don't know if is on yet, so we will not be joining today. Chad.
Okay. Okay. Thank you. Go ahead.
29 "Chad Reyes" (3816617472)
00:03:29.190 --> 00:03:35.910
Mm, hmm and then the intensive systems consultants in the eastern region
is Cindy Hannah brink.
30 "Chad Reyes" (3816617472)
00:03:35.910 --> 00:03:43.110
Cindy, would you like to say, hey, and everyone welcome.
31 "Chad Reyes" (3816617472)
00:03:44.820 --> 00:03:47.850
All right, and then moving over to the central region.
32 "Chad Reyes" (3816617472)
00:03:47.850 --> 00:03:51.720
Our area of behavior analysts for the central region is send mcdonald's.
33 "Chad Reyes" (3816617472)
00:03:53.340 --> 00:04:02.160
I don't see sent on yet either. And the intensive system's consultant is
myself, Chad in the central region.
34 "Chad Reyes" (3816617472)
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00:04:03.420 --> 00:04:09.540

And then on the western side of the world, we've got our area of behavior. Analyst is Mr Rita Cooper.

35 "Rita Cooper" (1768599296) 00:04:11.070 --> 00:04:19.200

Well, Howdy, I'll change it up a little bit. How he everyone How's How's Monday going for? You hope it's all well.

36 "Chad Reyes" (3816617472) 00:04:20.370 --> 00:04:26.759

Thank you Rita and then we've got the for the western region is K Hamlin.

37 "Kay Hamblin" (642500864) 00:04:26.759 --> 00:04:30.269 Hi, everyone, it's western region.

38 "Kay Hamblin" (642500864) 00:04:30.269 --> 00:04:39.359

Hope you have a wonderful Monday. All right and I'm going to go ahead and pass the ball over to my colleague Cindy.

39 "Cindy Hanebrink" (2338365696) 00:04:42.059 --> 00:04:57.054

Again, welcome, everyone today, I want to talk a little bit about some general reminders, as far as what our tier 3 team does. Um, you know, 1st, of all our roads, we want to build capacity.

40 "Cindy Hanebrink" (2338365696) 00:04:57.564 --> 00:05:02.004

We want to be able to provide support for our behavior providers. Our support.

41 "Cindy Hanebrink" (2338365696) 00:05:02.059 --> 00:05:14.354

Coordinators our regional office staff, we want to provide, you know, we want to be a collaborator we want to work alongside our teams again.

42 "Cindy Hanebrink" (2338365696) 00:05:14.354 --> 00:05:17.114

Like I said earlier, we want to be able to provide support.

43 "Cindy Hanebrink" (2338365696) 00:05:17.994 --> 00:05:32.424

Um, we're, we're more than just, uh, I want to stress that, or I can't stress enough. Our role is more than just being compliance to any csr's or any other state regulations.

44 "Cindy Hanebrink" (2338365696) 00:05:32.724 --> 00:05:37.044

Um, we don't want to come across as the quote police. Um.

45 "Cindy Hanebrink" (2338365696) 00:05:37.754 --> 00:05:52.274

We just want to simply be there to collaborate. We are a collaborator, you know, we want to project a sense of collaborating and building up our teams for success.

46 "Cindy Hanebrink" (2338365696)

00:05:52.664 --> 00:05:57.254

So, again, we're not the please we want to just be there to help you off.

47 "Cindy Hanebrink" (2338365696)

00:05:57.399 --> 00:06:11.674

Systems we want to work across the aisle with DVH. We want to work collaboratively with our tier 1 and our tier 2 teams. We want to help build resources.

48 "Cindy Hanebrink" (2338365696)

00:06:12.274 --> 00:06:17.314

You know, we want to be able to provide our teams with resources when.

49 "Cindy Hanebrink" (2338365696)

00:06:17.784 --> 00:06:25.974

Reach out to us, we want to provide access to training, which we have been providing some pretty good training.

50 "Cindy Hanebrink" (2338365696)

00:06:25.974 --> 00:06:36.864

So far in case you don't know we've been having our clinical conceptualization workshops, which have been really, really awesome.

51 "Cindy Hanebrink" (2338365696)

00:06:37.399 --> 00:06:45.434

We have are growing together, we have our safety crisis plan workshops that we've been just started putting on.

52 "Cindy Hanebrink" (2338365696)

00:06:46.454 --> 00:06:56.864

So we want to be able to provide those access to our providers and to all of our regional off staff, regional staff members.

53 "Cindy Hanebrink" (2338365696)

00:06:57.399 --> 00:07:03.094

Um, we want to provide consultation we want to want to point out.

54 "Cindy Hanebrink" (2338365696)

00:07:03.094 --> 00:07:17.134

We are, we don't really provide individual consultation, but rather we want to help you build systems within your organization. We are all about helping you build the system, for example.

55 "Cindy Hanebrink" (2338365696)

00:07:17.399 --> 00:07:31.434

You need to write a safety crisis plan, we're going to help provide you with the tools and walk you through how to do that. But, you know, we're not going to do it for you, but we're gonna work collaboratively with you and help.

56 "Cindy Hanebrink" (2338365696)

00:07:31.434 --> 00:07:36.984

You write that. So that you can be successful in writing your own in the near future.

57 "Cindy Hanebrink" (2338365696)

00:07:37.399 --> 00:07:46.784

In the future we want to help you be able to identify when a person needs a safety crisis plan. So, again, it's all about that.

58 "Cindy Hanebrink" (2338365696)

00:07:47.294 --> 00:07:54.464

We want to help you build systems within your organization that you can go on to the next slide or.

59 "Cindy Hanebrink" (2338365696)

00:07:55.289 --> 00:08:02.039

There are some more general reminders that we have any questions.

60 "Cindy Hanebrink" (2338365696)

00:08:02.124 --> 00:08:13.344

Anything you need to know about a possible prohibited practice, you suspect prohibitive practice you've got a question about it. You don't know who to reach out to.

61 "Cindy Hanebrink" (2338365696)

00:08:14.034 --> 00:08:21.954

You can send an, er, an email to our email box there that is listed due process.

62 "Cindy Hanebrink" (2338365696)

00:08:22.039 --> 00:08:36.989

Committee or you, you are committee, you know, any regional office staff have a question about is this the prohibitive practice please feel free to reach out to that email there and we will answer you back.

63 "Cindy Hanebrink" (2338365696)

00:08:36.989 --> 00:08:49.139

Any questions about our behavior support review committee, you know, if you need need to know how, or if a person can be recommended, please.

64 "Cindy Hanebrink" (2338365696)

00:08:49.614 --> 00:09:04.254

Uh, reach out to that email there for our behavior, support review committee and someone will be happy to answer you back. Um, you know, you might have questions about guideline 84 or any CSR related to the.

65 "Cindy Hanebrink" (2338365696)

00:09:04.254 --> 00:09:09.054

So please, please feel free to reach out to. to

66 "Cindy Hanebrink" (2338365696)

00:09:09.139 --> 00:09:21.434

That email there, and you can make referrals there at that email and then, of course, we have our bad emails down below. Uh, so that's any general tier 3 questions.

67 "Cindy Hanebrink" (2338365696)

00:09:21.674 --> 00:09:29.114

You may have a question on a billing billing for behavior services, or.

68 "Cindy Hanebrink" (2338365696)

00:09:29.139 --> 00:09:42.364

For a certain waiver, anything like that, you can address those questions in that email address there. And of course, then personal emails there for each 1 of us.

69 "Cindy Hanebrink" (2338365696)

00:09:42.634 --> 00:09:48.874

We, you know, there's a personal email for Lucas for Rita for all those people that.

70 "Cindy Hanebrink" (2338365696)

00:09:49.139 --> 00:09:59.669

Introduced at the beginning, please feel free to reach out to any 1 of us. And that is all I have today. So thank you very much. Chad.

71 "Lucas Evans" (3658713856)

00:10:03.599 --> 00:10:14.609

Is it me? It is sir. It is our fearless leader. All right. Okay so this isn't a training. This is just a brief.

72 "Lucas Evans" (3658713856)

00:10:14.934 --> 00:10:29.394

Discussion and by discussion, I mean, mostly it's me talking at you all and folks asking questions. Please give all the questions that you possibly have. I may not answer them all, but I would like to collect them and this would be good. Um.

73 "Lucas Evans" (3658713856)

00:10:30.504 --> 00:10:33.744

Feedback on whether or not, we need to do a deeper dive training.

74 "Lucas Evans" (3658713856)

00:10:34.134 --> 00:10:47.364

The other thing I want to say is the divisions currently working with a contracted vendor for the due process committee to move it from its current configuration, which is state state run.

75 "Lucas Evans" (3658713856)

00:10:47.609 --> 00:10:51.509

Due process committees and, uh, private state, uh.

76 "Lucas Evans" (3658713856)

00:10:51.509 --> 00:11:00.864

Due process committees to a single organization who will do that, and that will create additional opportunities for more training around rights.

77 "Lucas Evans" (3658713856) 00:11:00.864 --> 00:11:09.864

And so this is certainly not the only thing that's planned over the next months and years to continue to talk about this kind of confusing area.

78 "Lucas Evans" (3658713856) 00:11:10.169 --> 00:11:21.809

Um, but I'm going to try to maybe bust a few myths, or maybe give a little bit of clarity around these, these 3 kinds of things that might happen. So, the, the big takeaway.

79 "Lucas Evans" (3658713856) 00:11:21.809 --> 00:11:34.259

Um, to kind of set us off, is that when thinking about whether something's a reactive strategy or restrictive intervention or a prohibited practice, we need to recognize that sometimes it's, it's 1.

80 "Lucas Evans" (3658713856) 00:11:35.154 --> 00:11:50.124

Sometimes, it's all 3, sometimes it's 2 to 3 and really you got to look at the specific context in which it occurs to be able to figure out what it is. And then the other thing that's really critical is to understand that restrictive interventions is not a definition that Missouri came up with. It's 1 that CMS came up with.

81 "Lucas Evans" (3658713856) 00:11:50.124 --> 00:11:53.034

So we, we use it in the way that they have to find it.

82 "Lucas Evans" (3658713856) 00:11:53.699 --> 00:12:02.634

So, moving moving on to the next 1. okay so let's start with restrictive interventions.

83 "Lucas Evans" (3658713856) 00:12:02.934 --> 00:12:13.194

So really any time you're doing something that limits a person's rights, you are you are implementing a restrictive intervention and look at directive for.

84 "Lucas Evans" (3658713856) 00:12:13.699 --> 00:12:27.059

To 00, specifically appendix B, to see a list of all the rights that an individual who receive services from dmhc has, including those that cannot be limited under any circumstances and those that can under, uh.

85 "Lucas Evans" (3658713856) 00:12:27.984 --> 00:12:36.444 Carefully defined circumstances, which is what we call due process so if you afford somebody due process, that is a mechanism by which you can limit the rights.

86 "Lucas Evans" (3658713856) 00:12:36.804 --> 00:12:46.974

But just in general, if you're restricting somebody's movement or limiting somebody's movement to different areas, or accessing other individuals activities, or limiting their.

87 "Lucas Evans" (3658713856) 00:12:47.059 --> 00:12:50.099

Ability to access their personal objects like Sharps.

88 "Lucas Evans" (3658713856) 00:12:50.124 --> 00:12:57.114

Or food, then you're limiting the rights, and you're implementing a restrictive intervention. This also includes adversive methods.

89 "Lucas Evans" (3658713856) 00:12:57.114 --> 00:13:10.014

So aversive methods would be, when you cost someone unpleasantness, if they following them engaging in something you don't like, or even if you do like it. But we're essentially causing pain as a consequence for engaging.

90 "Lucas Evans" (3658713856) 00:13:10.099 --> 00:13:12.689

Something that would be a restrictive intervention.

91 "Lucas Evans" (3658713856) 00:13:12.689 --> 00:13:17.964

And the key thing here is that whenever we're limiting somebody's rights, we have to afford them due process and due process.

92 "Lucas Evans" (3658713856) 00:13:18.414 --> 00:13:32.604

I'm going to give you a really quick definition of it, but please see directive 4.200, appendix C for a definition of what it is and the whole process, but just like any other citizen of the United States people in our system have. in our system have

93 "Lucas Evans" (3658713856) 00:13:32.714 --> 00:13:44.504

Rights and when you limit those rights, you have to be afforded due process, which means that there's got to be a reason why you're limiting somebody's rights. It's got to be justified. It can't be just because it has to be a good reason.

94 "Lucas Evans" (3658713856) 00:13:45.404 --> 00:13:52.634

You have to have a a plan for how you're going to restore the person's rights, which should include what skills you're going to.

95 "Lucas Evans" (3658713856) 00:13:52.689 --> 00:14:05.519

Teaching them what other additional support strategies are going to be put into place that all eliminate, or mitigate the reason for having the rights limitation in the 1st place. And then you also have to collect data.

96 "Lucas Evans" (3658713856) 00:14:05.544 --> 00:14:17.544

On the use of it, and also on the use of strategies that you have in place to reduce the need for the restrictive intervention. There's gotta be a review schedule that is relevant to the situation.

97 "Lucas Evans" (3658713856) 00:14:17.574 --> 00:14:23.784

So, what I mean, by that is reviewing it once a year is certainly is.

98 "Lucas Evans" (3658713856) 00:14:24.149 --> 00:14:30.779

Most likely not going to be sufficient. It should be as often as as necessary. So for something super serious.

99 "Lucas Evans" (3658713856) 00:14:30.779 --> 00:14:42.959

That's potentially life threatening, you know, probably going to be a much higher more frequent reviews scheduled and something. That's a little less serious. So that's going to depend on the context. And then finally.

100 "Lucas Evans" (3658713856) 00:14:45.504 --> 00:15:00.264

The system also has a committee whose purpose is to look behind to make sure that when you, when a provider has limited a person's rights, that they afforded them due process all the elements are in place and that's the due process committee. So, they don't approve or deny or restrictive intervention.

101 "Lucas Evans" (3658713856) 00:15:00.924 --> 00:15:02.814

They don't have to review it before it goes into.

102 "Lucas Evans" (3658713856) 00:15:02.959 --> 00:15:06.209 They just have to review it at some

They just have to review it at some point.

103 "Lucas Evans" (3658713856) 00:15:06.209 --> 00:15:20.094

Sometimes just before sometimes it's shortly after, and just make sure that all those elements of due process had been afforded to the person so that we're following the requirements of CMS and and our own state policies, and that's critically important.

104 "Lucas Evans" (3658713856) 00:15:20.124 --> 00:15:26.124

It really can't be in compliance with home based settings rule, unless we're affording people do.

105 "Lucas Evans" (3658713856) 00:15:26.209 --> 00:15:40.844

Process and not just limiting rights for no reason. So, 1 of the areas that I see this getting folks in trouble a lot is the use of extra staffing, which is a limitation of somebody's right to privacy.

106 "Lucas Evans" (3658713856) 00:15:41.144 --> 00:15:43.154 And then also, when people have.

107 "Lucas Evans" (3658713856) 00:15:45.774 --> 00:16:00.444

Limitations because of their housemate, so that in and of itself is not sufficient justification to limit. Somebody writes just because they have it and their housemate because of their housemate is the only reason. So that's not sufficient. So, I see people getting into challenges there.

108 "Lucas Evans" (3658713856) 00:16:00.474 --> 00:16:00.924 So.

109 "Lucas Evans" (3658713856) 00:16:01.649 --> 00:16:06.959

It looks like we do have a question from Julie around health and safety.

110 "Lucas Evans" (3658713856)
00:16:08.519 --> 00:16:11.699
Uh, let's see, I'm just going to read it to the group.

111 "Lucas Evans" (3658713856) 00:16:11.699 --> 00:16:15.809

It doesn't seem like everyone can see it. So can I help and safety like Sharps be.

112 "Lucas Evans" (3658713856) 00:16:15.809 --> 00:16:30.744

I'm gonna say she means rights limitation for health and safety, like, restriction of Sharps cannot be implemented by the team. If, if they feel health and safety is at risk, I'm inserting that. And the team has 30 days to get the rights restriction to due process. Right.

113 "Lucas Evans" (3658713856) 00:16:31.164 --> 00:16:35.754

So, again, due process committee doesn't have to approve it or review it before.

114 "Lucas Evans" (3658713856) 00:16:35.809 --> 00:16:47.189

In place, if there's a, if there's a legitimate justification for limiting somebody's rights, and it's 1 of the rights that can be limited again. See appendix being directed 4.200, then the team it.

115 "Lucas Evans" (3658713856) 00:16:47.189 --> 00:16:57.119

Should afford the person due process, make sure it's justified. Make sure you have a plan to discontinue. It makes you have a plan to track data and make sure you have a teaching strategy. All of that.

116 "Lucas Evans" (3658713856) 00:16:57.119 --> 00:17:00.359 Do that 1st then implement it and then.

117 "Lucas Evans" (3658713856) 00:17:00.359 --> 00:17:14.639

The due process committee needs to reviewed after that no worries Julie. Hopefully I was able to interpret what you meant. Okay, so that's a restrictive intervention. Now let's move on and talk about.

118 "Lucas Evans" (3658713856)
00:17:14.639 --> 00:17:20.309
The next slide so prohibited practices are.

119 "Lucas Evans" (3658713856) 00:17:20.309 --> 00:17:32.669

Our restrictive interventions, but there a special type. And what's special about them is they can't be used in a CPS setting and this is for a couple of different reasons. So, most.

120 "Lucas Evans" (3658713856) 00:17:33.114 --> 00:17:44.094

Near to us is our state regulations off for behavior supports that has a list of prohibitive practices. So please see that list in the CSR or the complete list of all things that are prohibited.

121 "Lucas Evans" (3658713856) 00:17:44.454 --> 00:17:52.434

And so we have indicated in our state regulations that we, we won't do that. And that's because they are not.

122 "Lucas Evans" (3658713856) 00:17:52.669 --> 00:18:04.529

Distant with the requirements of in, in order to maintain our eligibility for the federal match for our Medicaid waiver services. So just, I'm sure everybody knows this but, uh.

123 "Lucas Evans" (3658713856) 00:18:04.854 --> 00:18:18.324

Our funding is match by the feds. Typically, it's about 60 60% for every 40% that we spend. So, that's a pretty good, pretty good deal. And in order to maintain that eligibility, we have to make sure that we're in compliance with all the CPS requirements.

124 "Lucas Evans" (3658713856) 00:18:18.354 --> 00:18:24.504

1 of those is the use of restrictive interventions and of those. Some of those are considered are considered

125 "Lucas Evans" (3658713856) 00:18:24.529 --> 00:18:25.889 Uh.

126 "Lucas Evans" (3658713856) 00:18:26.424 --> 00:18:37.434

Prohibited and so really the reason why they're prohibited is because they're typically in lieu of doing something positive or providing active treatment or addressing the root reason, for the issue.

127 "Lucas Evans" (3658713856) 00:18:37.824 --> 00:18:45.594

Um, so you're just, you know, severely restricting a person's life and not trying to address the actual issue that's happening.

128 "Lucas Evans" (3658713856) 00:18:45.899 --> 00:18:58.194

Uh, almost all the times, they're likely to cause harm to the, to the individual who experiences the prohibited practice, or the people that are applying the prohibited practice and de humanizes individuals.

129 "Lucas Evans" (3658713856) 00:18:58.194 --> 00:19:05.724

It's, it's, it's a way to treat a person that we don't do to any other typical person. And in some cases are.

130 "Lucas Evans" (3658713856) 00:19:05.899 --> 00:19:17.009

Ways to treat people that we wouldn't even allow in a, in a, for a person who was incarcerated. So these are things that we just don't do as a community. And so they're prohibited in our settings.

131 "Lucas Evans" (3658713856) 00:19:17.009 --> 00:19:23.399

So, to give some examples of that, so, like, the use of a mechanical restraint so, like, um.

132 "Lucas Evans" (3658713856) 00:19:23.544 --> 00:19:30.114

Let's talk about, like a Posey restraint, which is like, a soft handcuffs that you can apply to somebody's legs their arms.

133 "Lucas Evans" (3658713856) 00:19:31.044 --> 00:19:43.044

So those are things that we do for people who are incarcerated, but we don't do those for typical community members. And so since we're not a jailer, or we don't, um.

134 "Lucas Evans" (3658713856) 00:19:43.904 --> 00:19:58.004

Incarcerate people, we support people, it's something that we don't do. And also the act of applying a mechanical restraint to an individual is like, is a situation that's likely to.

135 "Lucas Evans" (3658713856) 00:19:59.034 --> 00:20:03.564

Result in the person getting their restraint applied hurt and also the person applying the restraint.

136 "Lucas Evans" (3658713856) 00:20:03.864 --> 00:20:18.624

Similarly, the use of exclusion time out where you're taking somebody and putting them in a room and making them stay there alone in the room for some period of time, or until they meet some behavioral criteria, the transport to get somebody from point a, to point B into that room is a.

137 "Lucas Evans" (3658713856) 00:20:18.949 --> 00:20:32.969

Place where a lot of people get hurt both the people that are doing the procedure and the person receiving it and also we just don't seclude people alone typically in a community. So it's not something that we do when we find them.

138 "Lucas Evans" (3658713856) 00:20:33.534 --> 00:20:47.274

The expectation, because it's prohibited, because it's against what is indicated in our CSR is that it's just discontinued the procedure as quickly as is safe. So notice that I says, as quickly as is safe.

139 "Lucas Evans" (3658713856) 00:20:47.274 --> 00:20:52.944

So, there are some situations that we encounter in, which the primitive practice have been in place for a very, very long time.

140 "Lucas Evans" (3658713856) 00:20:52.969 --> 00:21:03.299

Time and the individual is safety is dependent on the continued use of that practice. And so in those circumstances we would we, the tier 3 team would work with the team.

141 "Lucas Evans" (3658713856) 00:21:03.924 --> 00:21:17.514

To slowly discontinue that practice in a way that's safe and effective, but ultimately the practice has to be discontinued. So, the key thing here is that these are prohibited. If we find them, they can't be they can't be approved.

142 "Lucas Evans" (3658713856) 00:21:17.874 --> 00:21:23.034

They can't be conditionally approved. There's no circumstance in which we would approve or prohibitive practice.

143 "Lucas Evans" (3658713856) 00:21:23.299 --> 00:21:37.664

If we find them and they can't immediately be removed, we can approve a fade plan. So that's not approving the prohibited practice that's approving a plan to slowly remove it based on evidence and, uh, good clinical judgment.

144 "Lucas Evans" (3658713856) 00:21:38.204 --> 00:21:43.154

And then also, when there's a prohibited practice, that's discovered, it has to be reviewed by the behavior support. If.

145 "Lucas Evans" (3658713856) 00:21:43.299 --> 00:21:58.054

Committee just to make sure that it's been successfully discontinued or is in the process of being successfully discontinued and also just to provide additional clinical support to a team who is dealing with a likely a

146 "Lucas Evans" (3658713856) 00:21:58.054 --> 00:21:59.464 very challenging situation.

147 "Lucas Evans" (3658713856) 00:22:01.284 --> 00:22:10.704

Okay, next slide and then finally that we have reactive strategy. So this is when you're doing something in response to an undesirable behavior.

148 "Lucas Evans" (3658713856) 00:22:11.034 --> 00:22:19.704

And what you're trying to do is to bring about an immediate change either in the environment or the situation, or the person's behavior. So, there's something happened that you don't like.

149 "Lucas Evans" (3658713856) 00:22:20.114 --> 00:22:34.724

Do something in response to that to try to make that situation calm to make the person stop engaging in that behavior to do something different it could be to reduce risk associated with behavior and some may be positive responses like verbal,

150 "Lucas Evans" (3658713856) 00:22:34.724 --> 00:22:39.524

the escalation techniques. So, the, the upfront portion of man, where you're just talking.

151 "Lucas Evans" (3658713856) 00:22:39.759 --> 00:22:51.629

Or a stay close, hot and tools of choice, you know, really any crisis de escalation strategies that are just verbal. So we're just trying to talk somebody down. You're trying to coach them or whatever. Those things would be positive.

152 "Lucas Evans" (3658713856) 00:22:51.984 --> 00:23:03.474

Techniques and, but would still be reactive strategies and then some may be restrictive. So some things that we do in response to problem situations are do limit. Somebody's. Right?

153 "Lucas Evans" (3658713856) 00:23:03.474 --> 00:23:11.364

So, if we briefly manually restrain somebody by putting them in a hold manual, hold, that's limiting their right to freedom of movement. That's a restrictive.

154 "Lucas Evans" (3658713856) 00:23:11.629 --> 00:23:19.439

And also a reactive strategy, so it really does depend on the context. And it could be all 3. if you, if you.

155 "Lucas Evans" (3658713856) 00:23:19.524 --> 00:23:34.104

Respond to a problem situation by putting somebody in a Posey restraint or turning off their motorized wheelchair, then you've engaged in a reactive strategy that's also restrictive and also happens to be prohibited. So you've done all 3.

156 "Lucas Evans" (3658713856) 00:23:34.104 --> 00:23:39.234

so, it really does matter about the context of how they're how they're used.

157 "Lucas Evans" (3658713856) 00:23:39.439 --> 00:23:40.799 Um.

158 "Lucas Evans" (3658713856) 00:23:42.564 --> 00:23:53.184

Next slide please. So, again, context matters really quick too long. Didn't read restrictive intervention is anytime you're limiting somebody's rights.

159 "Lucas Evans" (3658713856) 00:23:53.184 --> 00:24:01.344

Please look at the directive 4.200 to make sure you understand what somebody's rights are, which can be limited in, which can't. limited in which can't

160 "Lucas Evans" (3658713856) 00:24:02.454 --> 00:24:12.684

Primitive practice is the type of restrictive intervention that is something we cannot do an setting. In fact, it jeopardizes the chance for continued funding for the state. If we do those sort of things.

161 "Lucas Evans" (3658713856) 00:24:12.684 --> 00:24:20.934

And if we find them, our expectation is that teams are working diligently to fade those out as safely as possible or to just continue immediately. If possible.

162 "Lucas Evans" (3658713856) 00:24:21.179 --> 00:24:29.759

And then a reactive strategy is something that you're doing in response to a problem behavior in order to make the problem behavior less likely. And that could be either positive.

163 "Lucas Evans" (3658713856) 00:24:29.844 --> 00:24:42.744

Verbal the escalation or restrictive, like, taking limiting somebody's rights through, maybe a restraint or removing items that they can't access anymore, increase supervision. All of those things.

164 "Lucas Evans" (3658713856) 00:24:42.744 --> 00:24:49.674

So really just depends on the context on what it is. And there are additional resources for folks that still want to know 1.

165 "Lucas Evans" (3658713856) 00:24:49.759 --> 00:24:58.799

No more so specifically the directive 4.200 is going to have a lot on the rights. Uh, we have some other trainings on primitive practice and we have some additional trainings that are, uh.

166 "Lucas Evans" (3658713856) 00:24:58.799 --> 00:25:02.459

I'm coming soon hopefully I will talk about in a bit.

167 "Lucas Evans" (3658713856) 00:25:02.459 --> 00:25:14.639

And then there's some more information about reactive strategies in the CSR. So, at this point, I'll stop and give folks a chance to ask questions. And I can, I'll answer as many as I can. And then we'll collect the rest for later.

168 "Rita Cooper" (1768599296) 00:25:19.139 --> 00:25:25.169

You can use the raise hand function or just on mute. If you have any questions.

169 "Rita Cooper" (1768599296) 00:25:32.369 --> 00:25:36.569

And, of course, like Julie did, you can also put them in the chat. So.

170 "Rita Cooper" (1768599296) 00:25:36.569 --> 00:25:43.229

We'll just wait and silence hear while you kind of process the information and see what questions we get.

171 "Rita Cooper" (1768599296) 00:26:00.564 --> 00:26:15.534

Okay, Lucas, we do, Dana has a questionnaire reactive strategies such as if there is a door alarm, and it goes off because the individual left,

the house staff follows, but doesn't have the individual go back to the home.

172 "Rita Cooper" (1768599296)
00:26:15.899 --> 00:26:21.659
But support them outside. Is this a rights restriction?

173 "Lucas Evans" (3658713856) 00:26:21.659 --> 00:26:36.234

So that's a good question. Dana. Thanks for asking that again. It depends. It depends on whether or not the individual's rights are being limited. So, some, I can't, I don't know, specifically based on just this description.

174 "Lucas Evans" (3658713856) 00:26:36.234 --> 00:26:41.574

I'd have to know more about the situation to be able to say that, but I'm going to talk about some of the rights that come in.

175 "Lucas Evans" (3658713856) 00:26:41.659 --> 00:26:46.094

To play, so you mentioned specifically that staff followed, but don't make them come back in.

176 "Lucas Evans" (3658713856) 00:26:46.394 --> 00:27:01.214

So, that doesn't seem like there's a limitation of freedom of movement, though if the staff were to make the person come back inside by either verbally prompting to come back in or maybe physically guiding them back in. And that could be a limitation of freedom of movement.

177 "Lucas Evans" (3658713856) 00:27:01.659 --> 00:27:13.319

Again, it's hard to know specifically without knowing more about the situation, but that's not what's happening here. However, the other thing that I think about is right to privacy. So, you know, there's.

178 "Lucas Evans" (3658713856) 00:27:13.319 --> 00:27:22.499

People have the expectation that in their own home they can walk in and out of the house without having to let somebody know where they're at. And so, depending on what their supervision level is.

179 "Lucas Evans" (3658713856) 00:27:22.499 --> 00:27:33.299

Already it could be a rights limitation if at the moment that they leave the house staff, follow on their, their supervision level increases to maybe like, 1 on 1. um.

180 "Lucas Evans" (3658713856) 00:27:33.684 --> 00:27:40.794

That might be a limitation of the right to privacy. If if they kind of had the expectation of privacy prior to leaving.

181 "Lucas Evans" (3658713856) 00:27:41.094 --> 00:27:53.274 So, yeah, that's the best that I can answer that question based on what I know about it, but the right limitation of the right to privacy and a limitation of freedom of movement. Those are the 2 rights that I would consider. 182 "Lucas Evans" (3658713856) 00:27:53.299 --> 00:27:53.789 For. 183 "Lucas Evans" (3658713856) 00:27:53.789 --> 00:28:00.089 Um, the most important to think about think through as a team to determine whether or not. 184 "Lucas Evans" (3658713856) 00:28:00.089 --> 00:28:13.919 You are limiting somebody's rights so that's what I would suggest. And then there's another question about what level of staffing should we bring this to due process? What level of considered restrictive is this. 185 "Lucas Evans" (3658713856) 00:28:13.919 --> 00:28:23.129 Okay, I'm going to interpret a little bit to what I think is so what level of staffing so I take that to me how many hours of staffing what. 186 "Lucas Evans" (3658713856) 00:28:23.129 --> 00:28:28.589 When what number of staffing hours that a person has in a month, should. 187 "Lucas Evans" (3658713856) 00:28:28.589 --> 00:28:33.719 It'd be considered due process. Yeah, so that's a good question. So. 188 "Lucas Evans" (3658713856) 00:28:33.719 --> 00:28:45.324 You know, as a system, we have typically used the number 486 hours, just as a an attempt to try to capture in the data who who has enhanced staffing and who doesn't? 189 "Lucas Evans" (3658713856) 00:28:45.324 --> 00:28:51.624 The CSR the behaviors for PSR does say that enhanced staffing is the right limitation. is the right limitation 190 "Lucas Evans" (3658713856) 00:28:51.929 --> 00:28:55.079 Um, because folks are, are.

191 "Lucas Evans" (3658713856) 00:28:55.554 --> 00:29:05.574

Having significantly more staffing than what is what a typical person would have and also kind of what would you you could typically assume that an service recipient would receive.

192 "Lucas Evans" (3658713856) 00:29:06.174 --> 00:29:15.024

But it really again is going to depend on how how much an individual has shared staffing. How much how many opportunities a day they have for a long time?

193 "Lucas Evans" (3658713856) 00:29:15.079 --> 00:29:17.969

So, you're gonna have to look at those things on it. Um.

194 "Lucas Evans" (3658713856) 00:29:17.969 --> 00:29:26.549

For the individual case, but I say, I would say as a general rule of thumb 486 hours is is what I would use.

195 "Lucas Evans" (3658713856) 00:29:27.659 --> 00:29:37.614

Certainly double staffing I, unless the double staffing is for just 10 or 15 minutes to help somebody transition from 1 position to another.

196 "Lucas Evans" (3658713856) 00:29:37.614 --> 00:29:44.214

So truly the 2 staff are there just for transition to help somebody up or move?  $\mbox{Um.}$ 

197 "Lucas Evans" (3658713856) 00:29:44.519 --> 00:29:50.459

I would so I would consider outside of that case 2 on 1, staffing is always restrictive.

198 "Lucas Evans" (3658713856)
00:30:07.799 --> 00:30:16.769
Good questions for folks any others.

199 "Lucas Evans" (3658713856) 00:30:19.619 --> 00:30:32.364

I think 1 more thing I would say about staffing. So I think when I think of what an, really should be is it should be somebody who lives mostly independent and has people help out occasionally a lot of times.

200 "Lucas Evans" (3658713856) 00:30:32.364 --> 00:30:39.414

What I see in our state, when it's an service, is that somebody has 24 7 staffing, whether that's shared or. or

201 "Lucas Evans" (3658713856) 00:30:39.644 --> 00:30:52.844

Visual, and I think if you look at what an is in other states, it doesn't look that way. And so I think that more often than not ourselves are

quite a bit more restrictive than what is what is prevalent across the United States.

202 "Lucas Evans" (3658713856)

00:30:52.844 --> 00:30:58.754

So, I think that's just an area that we are working on and should improve in over the in the coming years.

203 "Lucas Evans" (3658713856)

00:30:59.814 --> 00:31:14.394

Okay, Angie has a question or a comment if an individual chooses to go to their bedroom to cool down without staff, being present in the room with them is this considered exclusion timeout? This is a really great question. And so I'm gonna.

204 "Lucas Evans" (3658713856)

00:31:14.819 --> 00:31:20.849

I'm gonna tell you the things that I think about before I give an answer,  $\ensuremath{\text{um}}.$ 

205 "Lucas Evans" (3658713856)

00:31:20.849 --> 00:31:24.389

So, the, the thing that I think about is, um.

206 "Lucas Evans" (3658713856)

00:31:26.459 --> 00:31:32.999

What happened before the person chose to go to the room. So what did the staff say? Anything.

207 "Lucas Evans" (3658713856)

00:31:32.999 --> 00:31:42.834

And what did they say, and then what would happen if they left their room after they went there to cool off. So why are those considerations important?

208 "Lucas Evans" (3658713856)

00:31:42.834 --> 00:31:52.524

So, if if staff kind of indicated that something bad was going to happen, if the person didn't go to their room, like, say they were going to lose their.

209 "Lucas Evans" (3658713856)

00:31:53.219 --> 00:32:00.419

Community access for the rest of the week, or for the rest of the day or staff, we're going to take them there, whether they liked it or not.

210 "Lucas Evans" (3658713856)

00:32:00.419 --> 00:32:05.369

Um, then that makes me really worried similarly, if the person.

211 "Lucas Evans" (3658713856)

00:32:05.369 --> 00:32:11.309

Seemingly chose to go to the room to call them down but then as soon as they, if they tried to leave and staff didn't.

212 "Lucas Evans" (3658713856) 00:32:11.309 --> 00:32:24.924

Believe they were calm enough to exit that they were directed, or made to go back in the room. That would also make me really nervous. And I think in those situations where they're, there's coercion to get the person in the room, and there's coercion to keep the person in the room.

213 "Lucas Evans" (3658713856) 00:32:24.924 --> 00:32:28.884

I think that that seems like exclusion time out. I think if a person.

214 "Lucas Evans" (3658713856) 00:32:30.444 --> 00:32:45.084

Decides legitimately on their own that taking a break from folks for a moment, go be by themselves to calm down, which I, I do as a skill myself and there are no bad things that are going to happen to them. If they don't go to their room.

215 "Lucas Evans" (3658713856) 00:32:45.084 --> 00:32:49.014

And there's no bad things that are going to happen to them. If they leave their room before they're calm like a.

216 "Lucas Evans" (3658713856) 00:32:49.214 --> 00:33:04.004

Really their choice they're using it as a skill. I think that's fine. I think that actually would be a pretty good strategy for a lot of folks sometimes walking away really is the best strategy, and being in your room. And an, in a lot of cases is the only place you can have some time to yourself.

217 "Lucas Evans" (3658713856) 00:33:04.004 --> 00:33:08.624

And so, I think in that particular situation, I wouldn't be very worried about I don't think that's.

218 "Lucas Evans" (3658713856) 00:33:09.189 --> 00:33:09.869 Time out.

219 "Lucas Evans" (3658713856) 00:33:14.099 --> 00:33:25.469

Um, okay, Julie had another 201 staffing would be a right limitation even if the consumer needed it just for a short time due to getting out of the hospital, like, say a month. So, again, if.

220 "Lucas Evans" (3658713856) 00:33:25.469 --> 00:33:35.939

If the if the staff are truly there to help somebody physically, physically move from 1 place to another, I don't think that's a.

221 "Lucas Evans" (3658713856) 00:33:35.939 --> 00:33:40.319

I I think it could still be a rights limitation. Um.

222 "Lucas Evans" (3658713856) 00:33:40.319 --> 00:33:51.024

But I think a typical person experiencing a serious medical concern who came home would have probably home health or somebody in there. That would help. So that's probably not a right limitation.

223 "Lucas Evans" (3658713856) 00:33:51.024 --> 00:34:00.294

But if the hospital visit was for a behavioral challenge, and there's additional 2, there's 2 on 1 staffing to help meet the person's behavioral support needs for.

224 "Lucas Evans" (3658713856) 00:34:00.319 --> 00:34:08.849

Say a month then yeah, I think that would be a right limitation. So, again, it's it's what's the what's the function of the of the people being there?

225 "Lucas Evans" (3658713856) 00:34:09.294 --> 00:34:21.084

And, you know, what are they doing that entire time? If, if they're just helping people move from place to place, you know, a few times in a day but they're there, 24 hours like that still seems like an invasion of somebody's privacy.

226 "Lucas Evans" (3658713856) 00:34:21.084 --> 00:34:28.764

It still seems like a right limitation because their function is only to help somebody move from point a, to point B and for the. the

227 "Lucas Evans" (3658713856) 00:34:28.849 --> 00:34:38.939

Rest of the time they're just kind of there kind of invading your privacy. So, again, I think looking at what's the staff actually specifically doing? Um, and, uh.

228 "Lucas Evans" (3658713856) 00:34:38.939 --> 00:34:53.664

How, and what a typical person would experience in that same situation. So needing help, transitioning from seated to standing standing decided, or from 1 place to another following a medical issue like that that seems like legitimate medical support. Um.

229 "Lucas Evans" (3658713856) 00:34:53.969 --> 00:35:02.669

So, hopefully, that answers your question, Julie um, are there any times that a limitation.

230 "Lucas Evans" (3658713856) 00:35:03.774 --> 00:35:16.944

For example, a child's safety lock on a door is considered not a restriction limitation when simply needed due to the child's age and

limited cognitive understanding of dangerous to exit their home without their parent, knowing entering traffic on busy roads in front of them, et cetera.

231 "Lucas Evans" (3658713856) 00:35:16.944 --> 00:35:22.644 So the actually, this is a really great question and so I'm going to break it into a couple different parts. And then. 232 "Lucas Evans" (3658713856) 00:35:22.669 --> 00:35:29.069 This will probably be the last question I answered because I know we're, we're getting on in time. Um, so. 233 "Lucas Evans" (3658713856) 00:35:30.209 --> 00:35:35.879 Let me think of how best to respond to this. 234 "Lucas Evans" (3658713856) 00:35:35.879 --> 00:35:40.229 So, let's stick with with children, um. 235 "Lucas Evans" (3658713856) 00:35:40.229 --> 00:35:44.279 So, if this is a natural home that there are parents. 236 "Lucas Evans" (3658713856) 00:35:44.279 --> 00:35:49.589 Who are raising their kid and they choose to use a child's safety lock on the door. Um. 237 "Lucas Evans" (3658713856) 00:35:49.589 --> 00:35:58.949 That seems like a typical response that a parent might do for a child, uh, which is kind of independent of them, having an ID and. 238 "Lucas Evans" (3658713856) 00:35:58.949 --> 00:36:07.289 I don't think the division would have anything to say about that. That's really just a parenting prerogative. I also don't think the division should purchase. 239 "Lucas Evans" (3658713856) 00:36:07.289 --> 00:36:10.859 A child's safety lock for the door. 240 "Lucas Evans" (3658713856) 00:36:10.859 --> 00:36:17.189 Because that's not really about treatment or habilitation. It's really just about. 241 "Lucas Evans" (3658713856)

00:36:17.544 --> 00:36:28.284

Eliminate kid's rights because they aren't yet an adult and don't appreciate the dangers. I think that changes dramatically if the child is in paid care.

242 "Lucas Evans" (3658713856) 00:36:28.284 --> 00:36:35.604

So, if the, if the parents are doing, like, self directed, and they're essentially paid staff when they're doing it or the kid.

243 "Lucas Evans" (3658713856) 00:36:35.909 --> 00:36:49.409

For some unfortunate reason happens to be in an or shared living, then I think that is extremely problematic. I think it starts to look a lot like a mechanical restraint to me. And I think that.

244 "Lucas Evans" (3658713856) 00:36:51.654 --> 00:37:06.444

I think the major thing that makes me feel that way is because now we've moved from just what a parent would do in a typical situation to a situation where there are paid a paid service providers involved whose job it is to provide and

245 "Lucas Evans" (3658713856)
00:37:06.564 --> 00:37:09.204
skill development services. And child safety.

246 "Lucas Evans" (3658713856) 00:37:09.409 --> 00:37:13.694

For people that would a low, otherwise don't don't accomplish that.

247 "Lucas Evans" (3658713856) 00:37:13.724 --> 00:37:27.674

So, I think that you would, you would need to find an alternative strategy that didn't involve locking a person in their house and within a paid service, in order to not be like, in jeopardy of, of doing something prohibited.

248 "Lucas Evans" (3658713856) 00:37:30.144 --> 00:37:43.674

And another reason why that's really important. And this is true for a typical family as well as somebody who's who's in paid services is eventually that Childs going to grow up to be an adult and adults need safety skills.

249 "Lucas Evans" (3658713856) 00:37:43.884 --> 00:37:49.464

All adults do, regardless of whether they have an intellectual development disability, and we shouldn't expect that.

250 "Lucas Evans" (3658713856) 00:37:49.489 --> 00:37:50.009 That.

251 "Lucas Evans" (3658713856)

00:37:50.009 --> 00:37:57.959

A legitimate and useful support strategy for a person would be to continue to lock them in their home. So.

252 "Lucas Evans" (3658713856) 00:38:04.169 --> 00:38:09.779

Okay, so we're not going to answer any more questions because we have quite a few slides to go through if there are.

253 "Lucas Evans" (3658713856)

00:38:09.779 --> 00:38:24.660

If there is time at the end, we can come back to them Dana. I see that. You had a question. We'll, we'll put it in a along with all these questions, and we'll send them out if we don't get to it at the end. So, if folks have additional questions, just keep dumping them in.

254 "Lucas Evans" (3658713856)

00:38:24.660 --> 00:38:34.980

And we'll get them answered. Okay next thing. And then I promise I'll be quiet for a while. So I just want to talk about telehealth a little bit. So, as.

255 "Lucas Evans" (3658713856)

00:38:34.980 --> 00:38:39.960

Some of you, hopefully all of, you know, the public health emergency is ending.

256 "Lucas Evans" (3658713856)

00:38:40.975 --> 00:38:54.895

So that there was flexibilities that were extended to the division for covid and we did that through the appendix K, which allowed a lot of things to be loosened, including the way telehealth was delivered.

257 "Lucas Evans" (3658713856)

00:38:55.165 --> 00:38:59.875

Now, those things are starting to kind of fade out. So all the appendix K flexibilities.

258 "Lucas Evans" (3658713856)

00:38:59.960 --> 00:39:10.890

If you don't know about them, go find out about them, but they're starting to wind wind down over a period of several months. I think about 6. and if you.

259 "Lucas Evans" (3658713856)

00:39:11.215 --> 00:39:24.715

We're familiar with what the telehealth requirements for applied behavior analysis services were before appendix flexibilities. Then, you know that 25% of those units are the, the service that you were delivering. Telehealth had to be done in person.

260 "Lucas Evans" (3658713856)

00:39:24.715 --> 00:39:30.685

So, if you were doing 100 units of service, 25 of those units had to be done in person and could not be. and could not be

261 "Lucas Evans" (3658713856) 00:39:30.890 --> 00:39:41.280

Completed through telehealth when the appendix hey, flexibilities went into effect. We allowed 100% telehealth. So we did not make you.

262 "Lucas Evans" (3658713856) 00:39:42.055 --> 00:39:50.185

Provide any in person services via telehealth because the reason you a lot of people were doing telehealth is because of the pandemic and face to face wasn't a really good idea.

263 "Lucas Evans" (3658713856) 00:39:51.295 --> 00:40:01.195

And as we experienced the use of telehealth and a lot of different services during the pandemic, not just in Missouri, but across the United States, and the literature base got a.

264 "Lucas Evans" (3658713856) 00:40:01.280 --> 00:40:07.830

A lot better and people got more experienced with the use of telehealth.

265 "Lucas Evans" (3658713856) 00:40:08.275 --> 00:40:09.445 Opinions about it,

266 "Lucas Evans" (3658713856) 00:40:09.475 --> 00:40:23.485

I've started to shift a little bit and so 1 of the things that I have been really concerned about is not wanting to create a situation that would introduce an unneeded barrier to access to service for folks in our system.

267 "Lucas Evans" (3658713856) 00:40:24.745 --> 00:40:27.685 Especially when we have folks that aren't.

268 "Lucas Evans" (3658713856) 00:40:27.830 --> 00:40:42.495

That are routinely unable to access the services they need. So I wouldn't want to reinstitute an in person requirement that might limit somebody who could benefit from telehealth. Uh, 100% with. I wouldn't want to create a barrier for them.

269 "Lucas Evans" (3658713856) 00:40:42.495 --> 00:40:47.805

Not be able to access service by having that 25% in person requirements. So we're, we're planning to. we're we're planning to

270 "Lucas Evans" (3658713856) 00:40:47.830 --> 00:40:53.190

Continue to allow 100% of the telehealth, which means that the old policy.

271 "Lucas Evans" (3658713856)

00:40:53.190 --> 00:41:03.540

Will not be put back into place it'll be replaced with an, with an, or a replacement policy that will allow 100% telehealth.

272 "Lucas Evans" (3658713856)

00:41:03.540 --> 00:41:10.380

1 of the things that I think is really important. And so this really is beyond telehealth is that it really is, um.

273 "Lucas Evans" (3658713856)

00:41:11.395 --> 00:41:25.645

Imperative of the or service provider, the quality health care provider to be determining what's the best best services and the mix of services for individuals that they they treat and tell how there's no difference so not everyone is appropriate for telehealth.

274 "Lucas Evans" (3658713856)

00:41:27.150 --> 00:41:38.550

And so that's going to be up to the behavior analytic provider to make sure that there, they have the processes in place to, to identify who could benefit from telehealth. They have a safety.

275 "Lucas Evans" (3658713856)

00:41:39.025 --> 00:41:46.315

System in place to identify who isn't doing well on telehealth and really needs more intensive services and what they're going to do about that. So all those things have to be true.

276 "Lucas Evans" (3658713856)

00:41:47.665 --> 00:41:58.465

And we will be in the, the additional guidance will be looking at the utilization and telehealth as an, as an indicator for which ABA services we want.

277 "Lucas Evans" (3658713856)

00:41:58.575 --> 00:42:13.485

Monitor which closely or otherwise and so it's not just telehealth. It's also just other risk indicators that we would look at. That would make us concerned. So stay tuned for more guidance. So we're still under the penalty flexibilities at winds down, but stay tuned.

278 "Lucas Evans" (3658713856)

00:42:13.485 --> 00:42:18.465

I just want to let people know that we, we won't be returning to the old 25% in person requirement. We're going to. going to

279 "Lucas Evans" (3658713856)

00:42:18.550 --> 00:42:32.765

Stay with the ability to do 100% telehealth, but it's still up to the provider to make sure that they're appropriately providing telehealth

services. So that means when it's appropriate to the people that can benefit and not just using it to support people that aren't appropriate.

280 "Lucas Evans" (3658713856)

00:42:32.885 --> 00:42:38.525

So, that's really true of any service that we have. It's not unique to telehealth. So it doesn't really make. really make

281 "Lucas Evans" (3658713856) 00:42:38.550 --> 00:42:43.590

A lot of sense to have a specific requirement for telehealth for something that's just a requirement in general.

282 "Lucas Evans" (3658713856)

00:42:43.590 --> 00:42:48.210

So all right, that's all I got, I will turn it over to whoever's next.

283 "Rita Cooper" (1768599296)

00:42:51.085 --> 00:42:54.775

Alright, great information, Lucas, thank you so much.

284 "Rita Cooper" (1768599296)

00:42:55.044 --> 00:43:06.655

So, as you know, um, or hopefully now we have been, um, we started behavior, support, review committee, backup, and part of.

285 "Rita Cooper" (1768599296)

00:43:07.765 --> 00:43:21.055

Our continuous improvement process is to send out a survey both to the attendees and to the committee members. And so we've got some feedback and wanted to share that with you.

286 "Rita Cooper" (1768599296)

00:43:21.085 --> 00:43:27.205

So, survey says, and these are the questions we ask about the role.

287 "Rita Cooper" (1768599296)

00:43:27.260 --> 00:43:37.560

That the attendees, and of course, this is just for the month of March. Um, and, uh, we got some really good feedback. Uh, we wanted.

288 "Rita Cooper" (1768599296)

00:43:37.560 --> 00:43:50.550

The attendees to give us an idea of how prepared they felt for the meeting, as you can see were above 5 for most of the responses. 7 and 10 were the.

289 "Rita Cooper" (1768599296)

00:43:50.550 --> 00:44:04.590

The highest, so, people felt that, you know, in attending behavior, support review committee that they had some level of preparedness to come to the meeting and be able to.

290 "Rita Cooper" (1768599296)

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00:44:04.590 --> 00:44:08.580
Be a, an effective part of their team.
291 "Rita Cooper" (1768599296)
00:44:10.080 --> 00:44:14.880
We asked then also if they felt, um.
292 "Rita Cooper" (1768599296)
00:44:15.295 --> 00:44:28.555
We address the issue that they were looking to have addressed. Um, there
were a variety of, uh, things that people wanted to have addressed and 1
team wanted placement.
293 "Rita Cooper" (1768599296)
00:44:28.585 --> 00:44:30.955
And that's kind of the.
294 "Rita Cooper" (1768599296)
00:44:31.260 --> 00:44:44.785
What we got for, um, the 3, um, indicating that we weren't really able to
address their placement needs and, of course, that's not the function of
behavior support review committee.
295 "Rita Cooper" (1768599296)
00:44:45.295 --> 00:44:51.115
Um, everyone felt that we provided a safe space for people to, uh.
296 "Rita Cooper" (1768599296)
00:44:51.260 --> 00:44:53.520
Discuss the, um.
297 "Rita Cooper" (1768599296)
00:44:53.520 --> 00:45:04.855
Case at hand, um, from their perspective, and overall satisfaction from
the attendees was relatively good, uh,
298 "Rita Cooper" (1768599296)
00:45:04.885 --> 00:45:13.495
this particular number the 5 was related to the placement question. So
although they were satisfied.
299 "Rita Cooper" (1768599296)
00:45:13.520 --> 00:45:17.910
In general, um, you know, we weren't able to.
300 "Rita Cooper" (1768599296)
00:45:17.910 --> 00:45:32.490
Address their placement needs and again, that's not our role. So,
discounting that a little bit, everyone was overall satisfied and those
are the teams that come and those who, um, actually.
301 "Rita Cooper" (1768599296)
00:45:33.840 --> 00:45:37.075
Completed the survey, so, um,
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302 "Rita Cooper" (1768599296)
00:45:37.105 --> 00:45:52.015
very excited about those results and will be surveying every time and
every committee meeting that we have to get feedback we want to improve
what we do and we want to know that you
303 "Rita Cooper" (1768599296)
00:45:52.015 --> 00:45:53.755
are listened to and heard.
304 "Rita Cooper" (1768599296)
00:45:54.450 --> 00:46:00.360
So, you know, here, we also had an open ended question.
305 "Rita Cooper" (1768599296)
00:46:00.360 --> 00:46:03.600
Opportunity and.
306 "Rita Cooper" (1768599296)
00:46:03.600 --> 00:46:16.920
Here are the actual responses additional insight on what would be covered
um, you know, I think we've resolved this. We are now sending out the 1
pagers with the.
307 "Rita Cooper" (1768599296)
00:46:17.425 --> 00:46:27.085
Invitations and the 1 pager explains what to expect from the committee,
um, what to expect as an attendee.
308 "Rita Cooper" (1768599296)
00:46:27.175 --> 00:46:35.665
And then we also send a case review form so that they can the team can
send back information.
309 "Rita Cooper" (1768599296)
00:46:36.510 --> 00:46:46.380
Um, as you can see, somebody was happy to join us, they liked the new
format. They like the process, um, knowledge about where consumers, um.
310 "Rita Cooper" (1768599296)
00:46:46.380 --> 00:46:53.970
Like, the individual can be placed and again placement was that the 1
concern from this team?
311 "Rita Cooper" (1768599296)
00:46:56.820 --> 00:47:00.510
So, we also, as I said, um.
312 "Rita Cooper" (1768599296)
00:47:00.510 --> 00:47:11.610
Have the opportunity to survey both the attendee teams and the committee
members and 1 of the questions we wanted to ask was.
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313 "Rita Cooper" (1768599296)
00:47:11.610 --> 00:47:25.920
Did you have sufficient time to review the materials? And the expectation
is, is that we send the materials out 1 week prior to the meeting so that
the committee members can review it.
314 "Rita Cooper" (1768599296)
00:47:25.920 --> 00:47:36.420
And we had 7 respond a respondents, and we had somebody who didn't feel
that the information was sent out.
315 "Rita Cooper" (1768599296)
00:47:36.420 --> 00:47:45.540
Insufficient time the next question rated the committee members
preparedness and in general.
316 "Rita Cooper" (1768599296)
00:47:45.540 --> 00:47:51.960
People felt relatively prepared. We had some 2 that, uh.
317 "Rita Cooper" (1768599296)
00:47:52.525 --> 00:48:07.045
About average prepared, and somebody who didn't feel as per peer 1 of the
responses we got back was, um, they wished they would have had the
materials at least, and another additional week.
318 "Rita Cooper" (1768599296)
00:48:07.075 --> 00:48:11.755
And so we're taking that feedback into consideration. There's a fine.
319 "Rita Cooper" (1768599296)
00:48:11.960 --> 00:48:13.170
In between.
320 "Rita Cooper" (1768599296)
00:48:13.170 --> 00:48:23.965
Sending materials out early enough that people have time to review them
weighted against too early and people say yeah, I'll get to that.
321 "Rita Cooper" (1768599296)
00:48:23.995 --> 00:48:30.775
And then the day before they're they're searching around to try to figure
out. So, where was that email?
322 "Rita Cooper" (1768599296)
00:48:31.080 --> 00:48:38.400
That we got, um, we also wanted to ask the committee members.
323 "Rita Cooper" (1768599296)
00:48:38.400 --> 00:48:49.585
Whether they felt there was a safe space to be created and we had 1
person who didn't feel at all, um, that a safe space was created.
324 "Rita Cooper" (1768599296)
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00:48:49.585 --> 00:48:57.745 But in general people rated us 8 or 10 on our ability to create a safe space for them. And. 325 "Rita Cooper" (1768599296) 00:48:58.400 --> 00:49:02.190 For what they felt was that the teams attending. 326 "Rita Cooper" (1768599296) 00:49:03.330 --> 00:49:11.130 We wanted people also to rate their ability to help the team problem solve and we had a. 327 "Rita Cooper" (1768599296) 00:49:11.395 --> 00:49:26.185 Hire range of information we still had 1 person who didn't feel that they were able to support the teams but in general, it ranged from 5 to 10. 328 "Rita Cooper" (1768599296) 00:49:26.425 --> 00:49:31.075 7 was the highest number of responded. 329 "Rita Cooper" (1768599296) 00:49:31.130 --> 00:49:38.250 But in general people really felt that they could help the teams. Uh, we wanted. 330 "Rita Cooper" (1768599296) 00:49:38.250 --> 00:49:42.270 Also, a generalized overall rating. 331 "Rita Cooper" (1768599296) 00:49:42.270 --> 00:49:56.635 We still had that 1 person that outlier who was not very satisfied with the, the situation. But I, you know, in general, we had 89 and 10 that the committee members really felt that. that 332 "Rita Cooper" (1768599296) 00:49:59.460 --> 00:50:02.460 They were satisfied with the. 333 "Rita Cooper" (1768599296) 00:50:02.460 --> 00:50:07.530 The process and and the overall satisfaction of the committee. 334 "Rita Cooper" (1768599296) 00:50:09.600 --> 00:50:16.680 Uh, we wanted to share of the actual responses that open ended questions, allowed. 335 "Rita Cooper" (1768599296) 00:50:16.680 --> 00:50:25.410

1 of the things that was mentioned was the amount of time we did for

questions for clarification.

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336 "Rita Cooper" (1768599296)
00:50:25.410 --> 00:50:31.170
They felt that, uh, having something better where they could.
337 "Rita Cooper" (1768599296)
00:50:31.735 --> 00:50:44.335
You know, look at the ISPs, we do send the questionnaire. Unfortunately
not everyone sends it back. And so we're looking at ways we can really
prepare.
338 "Rita Cooper" (1768599296)
00:50:44.335 --> 00:50:49.615
So the questions are really focused on areas that we can have an impact
on. So.
339 "Rita Cooper" (1768599296)
00:50:49.950 --> 00:50:55.290
Again, got a lot of great feedback. We'll take it into consideration.
340 "Rita Cooper" (1768599296)
00:50:55.290 --> 00:51:07.345
1 committee member indicated that their experience was excellent. Um,
that person again, who wasn't very satisfied didn't feel that the
committee was helpful.
341 "Rita Cooper" (1768599296)
00:51:08.125 --> 00:51:15.115
Some people wanted to be able to complete the forms online for giving us
feedback for the.
342 "Rita Cooper" (1768599296)
00:51:15.290 --> 00:51:17.040
Your support plans.
343 "Rita Cooper" (1768599296)
00:51:17.040 --> 00:51:24.300
Uh, we do have an electronic form for the.
344 "Rita Cooper" (1768599296)
00:51:24.300 --> 00:51:37.020
Behavior support plan checklist, but not everyone has Adobe Acrobat. So,
you know, another thing we'll try to look into is maybe a Google forms,
or some other mode for.
345 "Rita Cooper" (1768599296)
00:51:37.020 --> 00:51:48.115
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00:51:48.115 --> 00:51:56.875 Or the comments is, how do we send the information out to the committee members also allowing them flexibility with.

that's the rest of the questions.

346 "Rita Cooper" (1768599296)

Um, returning that 1 of the other challenges, and we, we discussed it and

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347 "Rita Cooper" (1768599296)
00:51:57.020 --> 00:51:58.410
Having.
348 "Rita Cooper" (1768599296)
00:51:59.065 --> 00:52:13.915
At this point, we would have to have 6 separate emails to send it out and
it wouldn't allow a committee member to flow between time frames. If
something came up that they still wanted to participate.
349 "Rita Cooper" (1768599296)
00:52:14.185 --> 00:52:18.325
So we're looking at how can we make the information that we.
350 "Rita Cooper" (1768599296)
00:52:18.410 --> 00:52:20.820
Send out to community members.
351 "Rita Cooper" (1768599296)
00:52:21.445 --> 00:52:35.695
More defined so that they can keep track of things. So we heard you, and
we're looking into making sure we have that email information and the
subject line to kind of gear people towards.
352 "Rita Cooper" (1768599296)
00:52:35.875 --> 00:52:40.735
Oh, I'm 915. that's person 1. I need to pay attention. to pay attention
353 "Rita Cooper" (1768599296)
00:52:40.820 --> 00:52:42.570
Or if they're shifting.
354 "Rita Cooper" (1768599296)
00:52:42.595 --> 00:52:50.335
Gosh, I'm gonna go to the 1030 person, then they also know, but we also
like to share plans.
355 "Rita Cooper" (1768599296)
00:52:50.335 --> 00:53:01.285
Um, even though they are redacted, it often helps committee members,
learn and be able to support complex individuals more effectively.
effectively
356 "Rita Cooper" (1768599296)
00:53:03.240 --> 00:53:08.160
So, um, up next and I, I did it again. Subject matter experts.
357 "Rita Cooper" (1768599296)
00:53:08.160 --> 00:53:11.790
Gosh, I need to remember that, um.
358 "Rita Cooper" (1768599296)
00:53:11.790 --> 00:53:19.350
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Our subject matter experts, Atlanta and Cindy, and I will give any updates. Um.  $\,$ 

359 "Rita Cooper" (1768599296) 00:53:20.305 --> 00:53:31.765

I do know, unfortunately are not in so I'm going to pinch it and anyone else maybe Cindy or Chad or Lucas or Kay can add in.

360 "Rita Cooper" (1768599296) 00:53:32.035 --> 00:53:36.505

I know Melissa is doing a lot of great work to.

361 "Rita Cooper" (1768599296) 00:53:37.675 --> 00:53:49.255

Get our clinical conceptualization workshops out there and sharing the information at the end of our presentation are here and a couple slides.

362 "Rita Cooper" (1768599296) 00:53:49.255 --> 00:53:57.325

We're gonna give you what's gonna happen upcoming events and you'll see everything that we will have available in.

363 "Rita Cooper" (1768599296) 00:53:57.410 --> 00:53:58.890 The month of May.

364 "Rita Cooper" (1768599296) 00:53:59.035 --> 00:54:09.775

Also, um, Atlanta is starting the growing together group back up again for, um, a peer review type process for, um,

365 "Rita Cooper" (1768599296) 00:54:09.775 --> 00:54:18.835

very complex cases that behavior analysts are willing to just have behavior analyst and not entire team.

366 "Rita Cooper" (1768599296) 00:54:18.890 --> 00:54:20.220 Address.

367 "Rita Cooper" (1768599296) 00:54:22.260 --> 00:54:34.050

Cindy, do you have anything else, maybe that, you know that Melissa is working on in regards to the training portion of what she does.

368 "Cindy Hanebrink" (2338365696) 00:54:34.050 --> 00:54:40.350

That's about what I know right now to Rita. Okay. Great. Thank you.

369 "Rita Cooper" (1768599296) 00:54:40.555 --> 00:54:43.465 Okay, thanks for confirming that.

370 "Rita Cooper" (1768599296)

00:54:43.915 --> 00:54:56.275 And as for sins area is the prohibited practices as Lucas said, beyond the lookout for some workshops that we'll be having. 371 "Rita Cooper" (1768599296) 00:54:56.604 --> 00:55:00.325 Uh, here in the near future I know we were are working. 372 "Rita Cooper" (1768599296) 00:55:01.245 --> 00:55:09.195 A great didactic that kind of goes through a variety of things associated with prohibited practices. 373 "Rita Cooper" (1768599296) 00:55:09.555 --> 00:55:20.265 We're trying to figure out how to parse that out so that we don't overwhelm people and then also, uh, working into a workshop format. So there is a. 374 "Rita Cooper" (1768599296) 00:55:20.885 --> 00:55:35.375 An instructional part, we give some examples and then we let people practice. Um, that's also a way we're trying to figure out how to ensure that we meet the requirement of meeting monthly with teams. 375 "Rita Cooper" (1768599296) 00:55:35.375 --> 00:55:40.055

375 "Rita Cooper" (1768599296)
00:55:35.375 --> 00:55:40.055
So, you know, if we have a workshop on action planning, that can be.
376 "Rita Cooper" (1768599296)

00:55:40.350 --> 00:55:52.500 1 of the times we work with teams, um, as for and Lucas or Chad do you have anything else to kind of add to the prohibited practice world?

377 "Lucas Evans" (3658713856) 00:55:53.760 --> 00:55:58.620 I do not okay, this is this is Chad. Um.

378 "Chad Reyes" (3816617472) 00:55:58.620 --> 00:56:02.370

Yeah, I think you, I think you pretty much summed it up Rita. Uh.

379 "Chad Reyes" (3816617472)  $00\!:\!56\!:\!02\!.\!370$  -->  $00\!:\!56\!:\!08\!.\!070$  Just that, you know, the team's working very diligently on sifting through lots of.

380 "Chad Reyes" (3816617472) 00:56:08.070 --> 00:56:11.580 Referrals and requests for review for.

381 "Chad Reyes" (3816617472) 00:56:11.580 --> 00:56:19.020

Um, potential prohibited practices, so just staying really busy and, uh, trying to stay caught up on all of those.

382 "Rita Cooper" (1768599296) 00:56:19.020 --> 00:56:24.030

Yeah, and you know, so in general, the.

383 "Rita Cooper" (1768599296)

00:56:25.710 --> 00:56:31.470

Attendees today can get an idea of, uh, the volume I mean, uh.

384 "Rita Cooper" (1768599296) 00:56:31.885 --> 00:56:37.975

When we look at the volume of prohibited practices, we had 2 years ago.

385 "Rita Cooper" (1768599296) 00:56:38.395 --> 00:56:48.325

Um, you know, 8, maybe in a year um, we have at this point in time, I believe, in excess of 100. hundred

386 "Rita Cooper" (1768599296)

00:56:48.600 --> 00:57:03.390

Actual confirmed that's kind of funny confirmed prohibited practices that are, you know, parsed out between Maratha sin and I, and that.

387 "Rita Cooper" (1768599296) 00:57:03.390 --> 00:57:07.050

You know, looks at like, a 30, 40 case load.

388 "Rita Cooper" (1768599296) 00:57:07.050 --> 00:57:12.090

And that's a a pretty hefty thing to meet on a monthly basis.

389 "Rita Cooper" (1768599296) 00:57:12.865 --> 00:57:23.515

Help plan, help teams, fade things and also, you know, do everything else associated with what we're doing as a tier 3 team.

390 "Rita Cooper" (1768599296)

00:57:23.545 --> 00:57:28.765

So, you know, the goal is ultimately to figure out how we.

391 "Rita Cooper" (1768599296)

00:57:31.200 --> 00:57:41.190

Really help teams understand about prohibited practices what the actions are, and then to fade them safely. I think that's another key.

392 "Rita Cooper" (1768599296)

00:57:41.190 --> 00:57:46.920

For behavior, support, review committee, we're just going to continue on our trick.

393 "Rita Cooper" (1768599296) 00:57:46.920 --> 00:57:57.295

Um, continuous improvement, like, we are, we, we have had full dockets for each of our meetings, 394 "Rita Cooper" (1768599296) 00:57:57.325 --> 00:58:02.365 and we will continue to send out the surveys to ask people. 395 "Rita Cooper" (1768599296) 00:58:02.730 --> 00:58:07.590 How are we doing? So that's all I've gotten in regards to. 396 "Rita Cooper" (1768599296) 00:58:07.590 --> 00:58:11.400 Our subject matter experts and what we're doing. 397 "Rita Cooper" (1768599296) 00:58:14.065 --> 00:58:28.495 Okay, upcoming events we have behavior support, review committee, the clinical conceptualization workshop um, incorporating behavior skills training that's coming up on the 12th of May at 4. Melissa Webber will be doing that. 398 "Rita Cooper" (1768599296) 00:58:28.495 --> 00:58:33.925 We have conversational control techniques, managing resistant stakeholder. stakeholder 399 "Rita Cooper" (1768599296) 00:58:33.950 --> 00:58:45.690 Folders and creating buy in doctor Dmitri marketers and then the growing together is back and That'll begin in May from 12 to 3. 400 "Rita Cooper" (1768599296) 00:58:46.615 --> 00:59:00.265 Question and answers is, um, what's up next, but, you know, we're running out of time we had some great questions before we'll put the questions you had in our, that go along with this. 401 "Rita Cooper" (1768599296)

00:59:00.445 --> 00:59:04.165 If you have any more questions, please put them in the chat.

402 "Rita Cooper" (1768599296) 00:59:04.890 --> 00:59:19.345

Um, and then to kind of wrap up our next informational meeting will be in June, as we won't have a meeting in May happy Memorial day. Um, the last Monday of the month is Memorial day.

403 "Rita Cooper" (1768599296) 00:59:19.645 --> 00:59:23.245 So we will not have our informational meeting then.

404 "Rita Cooper" (1768599296) 00:59:23.820 --> 00:59:38.010

Um, but we will be having something in June, so hopefully we will have lots of updates and great things to share again. And again, if you have any questions, put them in the chat, but, um.

405 "Rita Cooper" (1768599296) 00:59:40.470 --> 00:59:43.890 We're very excited about what's coming up.

406 "Rita Cooper" (1768599296)  $00:59:47.910 \; --> \; 00:59:53.700$  Thank you very much for your time today and as we say, you are released.