

WEBVTT

1 "Lisa Nothaus" (361356288)
00:00:00.000 --> 00:00:05.880
Afternoon everybody, and thank you all for joining us again for this month. Webinar.

2 "Lisa Nothaus" (361356288)
00:00:05.880 --> 00:00:09.269
We're very happy to have you here today. Um.

3 "Lisa Nothaus" (361356288)
00:00:09.269 --> 00:00:16.019
These webinars are geared, we're providing information on a shorter window of time on topics that impact individuals and families.

4 "Lisa Nothaus" (361356288)
00:00:16.019 --> 00:00:23.070
Webinars are open to anyone and all are welcome but if you are someone who supports people with developmental disabilities.

5 "Lisa Nothaus" (361356288)
00:00:23.070 --> 00:00:26.610
And their families please be sure to share this information with them.

6 "Lisa Nothaus" (361356288)
00:00:26.610 --> 00:00:33.360
Even if they're not receiving services from the division, for example, the information today being shared in this webinar.

7 "Lisa Nothaus" (361356288)
00:00:33.360 --> 00:00:36.840
Is for all youth and Missouri who have a disability.

8 "Lisa Nothaus" (361356288)
00:00:36.840 --> 00:00:41.550
Not necessarily for those who are only receiving services through the division. So.

9 "Lisa Nothaus" (361356288)
00:00:41.550 --> 00:00:48.090
As can't share this webinar will be recorded and posted later along with the PowerPoint and the transcript.

10 "Lisa Nothaus" (361356288)
00:00:48.090 --> 00:00:58.200
On the divisions webinar page. So if there's somebody that, you know, that would benefit from this information, please share it with them and let them know where they can find the recording.

11 "Lisa Nothaus" (361356288)
00:00:58.200 --> 00:01:04.890
And I also want to add for this particular webinar and in particular, if you're working with schools and educators.

12 "Lisa Nothaus" (361356288)
00:01:04.890 --> 00:01:12.210

Please also, let them know of the information being shared today is if this is something that they can pass along with the families and the students that they work with.

13 "Lisa Nothaus" (361356288)
00:01:13.770 --> 00:01:23.100

All right, so to, during today's webinar, Rachel records from the Missouri governor's Council on disability is going to share some information about the youth leadership programs that they have.

14 "Lisa Nothaus" (361356288)
00:01:27.660 --> 00:01:35.340

And we're going to start off with quick introductions and then move into hearing about the youth leadership forum and the virtual leadership summit.

15 "Lisa Nothaus" (361356288)
00:01:35.340 --> 00:01:44.730

Rachel will share what participants can expect from those experiences and lastly she will make sure to sure how you can apply to participate in those programs.

16 "Lisa Nothaus" (361356288)
00:01:46.680 --> 00:01:54.150

And I'm going to go ahead and get us started with a quick introduction. And then Rachel, I'll turn it over to you to start sharing your information. So.

17 "Lisa Nothaus" (361356288)
00:01:54.150 --> 00:01:59.820

Just a little bit about me. I'm Lisa madhouse. I worked with a division of dB as the supporting family's lead.

18 "Lisa Nothaus" (361356288)
00:01:59.820 --> 00:02:03.540

My husband and I have 2 adult daughter's and 3 grandchildren.

19 "Lisa Nothaus" (361356288)
00:02:03.540 --> 00:02:09.360

Our youngest daughter has an undiagnosed developmental disability and received services through the vision.

20 "Lisa Nothaus" (361356288)
00:02:09.360 --> 00:02:15.810

And, like, many other moms and family members ilst got involved in the DNA system when my daughter was very young.

21 "Lisa Nothaus" (361356288)
00:02:15.810 --> 00:02:19.440

And I'm still here, so 30+years later.

22 "Lisa Nothaus" (361356288)
00:02:19.440 --> 00:02:27.540
Um, I always seem strange to say that, because I feel like I ought to be
30 something myself. But anyway, here I am.

23 "Lisa Nothaus" (361356288)
00:02:27.540 --> 00:02:33.090
All right, Rachel, I'm going to go ahead and turn it over to you and let
you start sharing your information.

24 "Rachel Rackers" (3234209280)
00:02:35.040 --> 00:02:49.675
perfect good afternoon everybody my name is rachel and i am with the
governor's council on disability um i'm the coordinator for our two youth
programs that i'm going to share information about today with you

25 "Rachel Rackers" (3234209280)
00:02:50.515 --> 00:02:55.705
uh those two programs are the missouri youth leadership forum um in the
virtual leadership summit

26 "Rachel Rackers" (3234209280)
00:03:00.475 --> 00:03:15.475
all right so what is the missouri youth leadership forum it is a five day
career leadership training program um for high school students who have
disabilities ages sixteen to twenty one um they must still be enrolled in
high

27 "Rachel Rackers" (3234209280)
00:03:15.475 --> 00:03:30.355
school um for those that are graduating this may they can apply for this
program year so um they have to be enrolled in high school otherwise if
they're graduating in may they can apply for this year only um the forum
is held each

28 "Rachel Rackers" (3234209280)
00:03:30.360 --> 00:03:42.570
Here at the University, Missouri campus in Colombia, um, the program was
1st developed by the California committee unemployment of people with
disabilities and 9,992.

29 "Rachel Rackers" (3234209280)
00:03:44.275 --> 00:03:55.825
Missouri brought the program and held its 1st forum in 2001. there's
several other states that have, um, a similar program that are based on
the California model.

30 "Rachel Rackers" (3234209280)
00:03:55.825 --> 00:04:04.795
Um, but since starting in 2001, in Missouri, we've had 362 delegates
graduate from our program. three hundred and sixty two delegates graduate
from our program

31 "Rachel Rackers" (3234209280)

00:04:05.130 --> 00:04:11.310

The forum this year, the dates are July 18 through the 22nd.

32 "Rachel Rackers" (3234209280)

00:04:13.050 --> 00:04:17.640

Um, in each year there the form is held in July. It just depends on.

33 "Rachel Rackers" (3234209280)

00:04:17.640 --> 00:04:25.140

Who's at what time of the month everybody's available so the date's vary, but it's always held in July.

34 "Rachel Rackers" (3234209280)

00:04:27.749 --> 00:04:38.849

All right, so which counties have been represented, um, as you can see, there's a map of Missouri in front of you. Um, they're the different counties are shade shaded, either white.

35 "Rachel Rackers" (3234209280)

00:04:38.849 --> 00:04:47.849

Blue green, red or yellow those that are shaded. Blue mean, we've had less than 5 participants graduate from there.

36 "Rachel Rackers" (3234209280)

00:04:47.849 --> 00:04:53.189

Or come from there. Sorry? Excuse me? Um, green means we've had 5 to 10 alumni.

37 "Rachel Rackers" (3234209280)

00:04:53.189 --> 00:05:07.314

The red is 11 to 20 and the 2 yellow means we've had more than 21 alumni um, as you can see, there's still quite a few counties that have no coloring to them at all. That means we haven't had any participants from those counties.

38 "Rachel Rackers" (3234209280)

00:05:07.314 --> 00:05:10.404

Um, 1 of my goals is to. to

39 "Rachel Rackers" (3234209280)

00:05:10.679 --> 00:05:20.099

Continue to expand the program and hopefully eventually we will have each county colored and have a participant from that area.

40 "Rachel Rackers" (3234209280)

00:05:22.829 --> 00:05:35.484

So, now, I'm going to go through each day, um, and just kind of give a an overview of what each day looks like. So, the 1st, day, um, everybody arrives on Tuesday around lunch time.

41 "Rachel Rackers" (3234209280)

00:05:36.114 --> 00:05:43.974

Um, and once they arrive, they go through a check in process and they get to settle into their dorm room.

42 "Rachel Rackers" (3234209280)

00:05:44.219 --> 00:05:49.769

On campus, um, and meet their team, their small team, um, in their roommates.

43 "Rachel Rackers" (3234209280)

00:05:49.769 --> 00:05:55.799

And then once everybody's checked in, um, we have, uh, like, I get to know you session.

44 "Rachel Rackers" (3234209280)

00:05:55.799 --> 00:05:59.069

Kind of like a question and answer, you know, what are your favorite.

45 "Rachel Rackers" (3234209280)

00:05:59.069 --> 00:06:08.729

What's your favorite color and just more like to get to know each other? Um, and then they get to know their small groups, um, that they will spend each.

46 "Rachel Rackers" (3234209280)

00:06:08.729 --> 00:06:17.189

they'll spend a a good majority of the time with um during the week uh we do large group activities and small group group activity so

47 "Rachel Rackers" (3234209280)

00:06:17.189 --> 00:06:26.909

Um, and then in the evening of that night, we have a keynote speaker, um, a well known national wide keynote speaker.

48 "Rachel Rackers" (3234209280)

00:06:26.909 --> 00:06:38.069

We've had trying to think of amberley Snyder. Um, she has a Netflix documentary, um, and then last year we had Rohan Murphy.

49 "Rachel Rackers" (3234209280)

00:06:38.069 --> 00:06:42.719

Um, and Kelsey change, um, they are both really, really good.

50 "Rachel Rackers" (3234209280)

00:06:45.384 --> 00:06:56.544

I will add that on the 1st day. Um, a lot of our, our delegates and their parents are very nervous. Um, for a lot of them, it's their 1st time away from home. So there's a lot of nerves.

51 "Rachel Rackers" (3234209280)

00:06:56.574 --> 00:07:07.704

Um, and sometimes it's, you know, kind of, I don't want to say shooting the parents away, but, you know, trying to get them. Okay, it's time to go now. Um, so, but, um.

52 "Rachel Rackers" (3234209280)

00:07:08.219 --> 00:07:14.609

I would say by the time they go to bed the 1st night, most of them are a lot calmer and they're not as nervous. So.

53 "Rachel Rackers" (3234209280)

00:07:15.629 --> 00:07:23.009

And it gets better as the week goes on. Um, so day 2 is disability.

54 "Rachel Rackers" (3234209280)

00:07:23.009 --> 00:07:26.489

History culture and community.

55 "Rachel Rackers" (3234209280)

00:07:26.489 --> 00:07:32.129

All of our delegates are born after the was passed. Um, so a lot of them.

56 "Rachel Rackers" (3234209280)

00:07:32.129 --> 00:07:43.679

Aren't really familiar with, um, with the was, or is and how we got there, you know. Um, so we feel like it's important for them to, to learn those.

57 "Rachel Rackers" (3234209280)

00:07:43.679 --> 00:07:52.409

Points and see how far we've come so that way they can continue the history and continue to build off of it.

58 "Rachel Rackers" (3234209280)

00:07:53.184 --> 00:08:07.224

Something that we do also is a community service project. Each year we pick an organization to donate items to and then.

59 "Rachel Rackers" (3234209280)

00:08:07.559 --> 00:08:12.539

Each, uh, delegate before they come, they do a note, their own, um.

60 "Rachel Rackers" (3234209280)

00:08:12.539 --> 00:08:26.154

A community service project and collect items and do like, campaign type things, um, in their area, and bring the items um, we have like, a competition each year. Um, and then we always do a large group activity as well.

61 "Rachel Rackers" (3234209280)

00:08:26.184 --> 00:08:35.154

Um, you can see the top right hand picture is, um, we did tie blankets and we donated them to a local organization in Colombia.

62 "Rachel Rackers" (3234209280)

00:08:35.429 --> 00:08:50.219

So, um, it's always really neat to see how impactful the community service project is. And we feel like it's an important aspect of leadership is to get back to your community as well. So.

63 "Rachel Rackers" (3234209280)

00:08:50.219 --> 00:09:00.659

Another activity that we do on the 2nd day is, um, a mentor luncheon so we invite successful individuals from.

64 "Rachel Rackers" (3234209280)

00:09:00.659 --> 00:09:14.159

All walks of life, um, who have disabilities all sorts of disability, um, to come in and the youth get a chance to sit down and have lunch with them. Ask them questions kind of hear their story.

65 "Rachel Rackers" (3234209280)

00:09:14.159 --> 00:09:20.819

You know, how did you overcome these barriers? This is what I'm doing. Um, it's a really.

66 "Rachel Rackers" (3234209280)

00:09:20.819 --> 00:09:35.784

Important aspect for the youth to see, um, different individuals with disabilities to see, you know, just because I have a disability. It doesn't mean I can't accomplish the things that I want to accomplish in life. So, seeing it 1st hand, um.

67 "Rachel Rackers" (3234209280)

00:09:36.149 --> 00:09:41.039

In multiple times, multiple rounds throughout the week is really important for them.

68 "Rachel Rackers" (3234209280)

00:09:41.039 --> 00:09:49.589

I will add during the day, it's more like classroom style. Um, we do a lot of interactive activities.

69 "Rachel Rackers" (3234209280)

00:09:49.589 --> 00:10:04.254

but we uh it's more like classroom style during the day and then at night we do a lot of fun activities um the second night we do an adaptive sports night so we invite an organization to come in and they bring different adaptive

70 "Rachel Rackers" (3234209280)

00:10:04.584 --> 00:10:17.934

equipment so that everybody can participate whether we have a wheelchair user or not um someone who's blind et cetera so that's always a a favorite for the youth and there's a lot of really neat

71 "Rachel Rackers" (3234209280)

00:10:18.744 --> 00:10:32.124

Equipment and activities out there. So, um, and then I will add, um, with the disability history and culture, um, it's really important for them to have pride in their disability.

72 "Rachel Rackers" (3234209280)

00:10:32.154 --> 00:10:34.344

Um, so that's something that we teach them.

73 "Rachel Rackers" (3234209280)

00:10:34.979 --> 00:10:41.759

And try to instill in them is, you know, it's, it's okay to have a disability. Um.

74 "Rachel Rackers" (3234209280)

00:10:41.759 --> 00:10:53.639

And it, I don't know, it's always 1 of my favorite days for some reason, the mentor, and, um, then learning about this disability history because for a lot of them, it's the 1st time they're over hearing about it. So.

75 "Rachel Rackers" (3234209280)

00:10:56.004 --> 00:11:09.564

Day 3, this is a favorite for the delegates. Um, almost every year it's always ranked as a, as a way up there as a high favorite. So, um, day 3, we spend at the capital.

76 "Rachel Rackers" (3234209280)

00:11:09.594 --> 00:11:12.654

Uh, we load the bus in the morning and head to Jeff city.

77 "Rachel Rackers" (3234209280)

00:11:13.289 --> 00:11:19.829

And they get to do a mock legislative session. Um, we invite legislators to come in.

78 "Rachel Rackers" (3234209280)

00:11:19.854 --> 00:11:29.934

And they get to practice, you know, their advocate advocacy skills, learn about the legislative process. It's really neat.

79 "Rachel Rackers" (3234209280)

00:11:30.204 --> 00:11:42.564

They get to sit on the actual House floor in the seats for all the bills have become walls in Missouri. You know, not very many. People get to do that, so that's really cool. And same with the Senate chamber.

80 "Rachel Rackers" (3234209280)

00:11:42.564 --> 00:11:49.824

They get to sit in the chairs in the Senate chamber as well and go through basically a mock legislative session.

81 "Rachel Rackers" (3234209280)

00:11:49.829 --> 00:11:50.909

So.

82 "Rachel Rackers" (3234209280)

00:11:50.909 --> 00:11:57.569

Um, for a lot of them, you know, it's their 1st time ever going to the Capitol. Um, it's a.

83 "Rachel Rackers" (3234209280)

00:11:57.569 --> 00:12:10.259

Great opportunity for them to interact with legislators and see 1st hand like, you know, they're, they're just like me their people. Um, so it's a really neat experience for them.

84 "Rachel Rackers" (3234209280)

00:12:10.259 --> 00:12:19.319

Um, and then sometimes we get to meet the governor, um, the top right hand picture is us in the governor's office. Uh, that's from 2019. so.

85 "Rachel Rackers" (3234209280)

00:12:19.319 --> 00:12:23.909

Um, and then once we get back to, uh.

86 "Rachel Rackers" (3234209280)

00:12:23.909 --> 00:12:28.979

Campus and Colombia, we have a talent show. Um, it's.

87 "Rachel Rackers" (3234209280)

00:12:28.979 --> 00:12:37.169

Always really fun to see all the different talents that the delegates bring. Um, I will say during.

88 "Rachel Rackers" (3234209280)

00:12:38.094 --> 00:12:52.944

whenever they sign up for the talent show they on the very first day they're really nervous and they don't want to do it um but by the time they get to the day three and the talent show they have so much confidence that they're not worried

89 "Rachel Rackers" (3234209280)

00:12:52.944 --> 00:13:02.994

about it as much and a lot of times we have to limit them to you know one act or whatever so um that's how much they really feel comfortable around each other at this point

90 "Rachel Rackers" (3234209280)

00:13:07.559 --> 00:13:12.119

Right sorry? Take a drink.

91 "Rachel Rackers" (3234209280)

00:13:12.804 --> 00:13:13.854

It'll allergies.

92 "Rachel Rackers" (3234209280)

00:13:15.624 --> 00:13:29.694

All right so, day 4, um, is Friday of the week and this day is centered all around, um, career development, and post secondary education. Um.

93 "Rachel Rackers" (3234209280)

00:13:30.029 --> 00:13:33.629

We have a panel of HR.

94 "Rachel Rackers" (3234209280)

00:13:33.629 --> 00:13:48.269

Directors come in and talk about, you know, this is what I look for an employee, you know, if you need to ask for an accommodation, how do you ask for an accommodation? Do you have to disclose you have a disability that type of thing.

95 "Rachel Rackers" (3234209280)

00:13:48.894 --> 00:14:02.754

I will say that a lot of the youth are nervous and not so sure about getting a job prior to this day. But once they hear, kind of 1st hand and learn more about it, they aren't as nervous.

96 "Rachel Rackers" (3234209280)

00:14:02.784 --> 00:14:06.294

And a lot of them are ready to go home and and pursue that.

97 "Rachel Rackers" (3234209280)

00:14:06.569 --> 00:14:10.499

Option so it's.

98 "Rachel Rackers" (3234209280)

00:14:10.499 --> 00:14:19.109

Always 1 of my favorite days, cause VR always runs Friday of that day and I'm usually worn out by the time we get to Friday. So.

99 "Rachel Rackers" (3234209280)

00:14:19.344 --> 00:14:32.664

It's, it's really good and they learn a lot of really good information on this day. Um, we also do a college panel. We invite, um, different college students who have different disabilities to come in and share their experience.

100 "Rachel Rackers" (3234209280)

00:14:32.724 --> 00:14:35.784

Um, you know, they get to learn the difference between.

101 "Rachel Rackers" (3234209280)

00:14:36.779 --> 00:14:42.929

Accommodations in high school, versus accommodations in college, you know, it's a lot different than, um.

102 "Rachel Rackers" (3234209280)

00:14:42.929 --> 00:14:55.589

You know, asking for an accommodation in high school, you really don't have to ask for them. Um, your teachers do a lot of that for you. So, you know, teaching them how to ask for those accommodations. Um.

103 "Rachel Rackers" (3234209280)

00:14:55.589 --> 00:15:01.319

That the way they feel prepared and know what they need to do in order to, to have that done.

104 "Rachel Rackers" (3234209280)

00:15:01.319 --> 00:15:05.159

We also do a.

105 "Rachel Rackers" (3234209280)
00:15:05.159 --> 00:15:11.039
Life size game of life, so they get to go around and their groups and.

106 "Rachel Rackers" (3234209280)
00:15:14.334 --> 00:15:27.594
Talk about, you know, make the decision is just like, they would in the game of life and see 1st hand, you know, whether or not the decisions they make are going to affect them or if they're going to have enough money with the decisions that they want to make so.

107 "Rachel Rackers" (3234209280)
00:15:28.019 --> 00:15:33.839
Uh, the Friday night activity that we do is a dance. Um.

108 "Rachel Rackers" (3234209280)
00:15:33.839 --> 00:15:41.579
It's always a very emotional time for the youth. They know that tomorrow they're going to be going home.

109 "Rachel Rackers" (3234209280)
00:15:41.579 --> 00:15:51.564
And a lot of them have made really, really strong connections and friendships by this point. Um, and they're upset and don't want to go home.

110 "Rachel Rackers" (3234209280)
00:15:51.564 --> 00:15:57.684
So, um, it's always a lot of fun, but it's also, um, a very emotional time for them too. So.

111 "Rachel Rackers" (3234209280)
00:16:00.449 --> 00:16:04.409
All right day 5, this is Saturday. Um.

112 "Rachel Rackers" (3234209280)
00:16:04.409 --> 00:16:14.519
This is the 1st time that parents and their family members are seeing this is dropping them off on Tuesday. It's always my favorite to see.

113 "Rachel Rackers" (3234209280)
00:16:14.519 --> 00:16:26.819
Or here, how much, you know, they can tell right away how much their their son or daughter has changed in that day. Um, just the amount of self confidence they have. Um, as soon as they see him and talk to them.

114 "Rachel Rackers" (3234209280)
00:16:26.819 --> 00:16:33.299
Um, so we have a resource fare the very last day. Um.

115 "Rachel Rackers" (3234209280)
00:16:33.299 --> 00:16:44.369

And then prior to the resource fair, we have a parent session. Um, this is something new that we just added in 2019. um.

116 "Rachel Rackers" (3234209280)

00:16:44.369 --> 00:16:52.289

We were finding that parents were having a difficult time learning how to support their child.

117 "Rachel Rackers" (3234209280)

00:16:52.289 --> 00:17:04.829

But also letting them self advocate for themselves, trying to find the happy medium. And so we decided to add a parent session to allow them.

118 "Rachel Rackers" (3234209280)

00:17:04.829 --> 00:17:08.789

To kind of learn how to allow their son or daughter to.

119 "Rachel Rackers" (3234209280)

00:17:09.809 --> 00:17:14.519

Still advocate for themselves and have the self determination, but still.

120 "Rachel Rackers" (3234209280)

00:17:14.519 --> 00:17:23.729

be there to help them and support them when they needed it um and then also to let them know you know like what resources are available

121 "Rachel Rackers" (3234209280)

00:17:23.729 --> 00:17:35.399

Um, you know, these are the things that you may see from your son or daughter, um, what to expect this is what they did during the week, that type of thing. Um, I think it's really helped.

122 "Rachel Rackers" (3234209280)

00:17:35.399 --> 00:17:39.299

So far, um, we're continuing to grow at each year.

123 "Rachel Rackers" (3234209280)

00:17:39.299 --> 00:17:43.319

Adding different organizations to come in and be a part of that. So.

124 "Rachel Rackers" (3234209280)

00:17:44.754 --> 00:17:59.333

But after we have the parent session, we go through our graduation ceremony so each of the small groups get a chance to go up and, you know, show their family members. This is where I learned this week.

125 "Rachel Rackers" (3234209280)

00:17:59.724 --> 00:18:01.194

This was my favorite part.

126 "Rachel Rackers" (3234209280)

00:18:01.769 --> 00:18:08.879

Um, and just basically give an overview of everything from the week. So, um, and then they get a certificate at the end.

127 "Rachel Rackers" (3234209280)

00:18:14.759 --> 00:18:22.229

Um, so something that they do throughout the week is a leadership poster.
Um.

128 "Rachel Rackers" (3234209280)

00:18:22.229 --> 00:18:27.509

It is similar to the vision for my good life.

129 "Rachel Rackers" (3234209280)

00:18:28.014 --> 00:18:42.354

Um, the trajectory, um, basically, throughout the week, as they're learning, they get to fill it in and write, um, information that they can take home, um, kind of like a vision board. You know, this is what my, my good life looks like.

130 "Rachel Rackers" (3234209280)

00:18:42.354 --> 00:18:46.224

And these are the different things that I need to do who can help me that type of thing.

131 "Rachel Rackers" (3234209280)

00:18:46.859 --> 00:18:51.839

This is something new that we just started in 2019. um.

132 "Rachel Rackers" (3234209280)

00:18:51.839 --> 00:19:06.269

Before they were just writing goals down, like, smart goals and I didn't like that. So I changed it to a vision board type thing and seems to be a big hit that can draw pictures and do different things. So, um.

133 "Rachel Rackers" (3234209280)

00:19:06.269 --> 00:19:21.084

Whatever whatever they like, the best they can do so it seems to be a big hit and I think it's good for them to have something they can just put up on their wall when they get home and see, um, versus a piece of paper that gets shoved stuck into something and never seen it again.

134 "Rachel Rackers" (3234209280)

00:19:21.084 --> 00:19:21.384

So.

135 "Rachel Rackers" (3234209280)

00:19:24.654 --> 00:19:31.434

What does it cost to attend? There is absolutely no cost to the delegates to attend the forum.

136 "Rachel Rackers" (3234209280)

00:19:32.034 --> 00:19:40.344

The entire form is funded from donations from both public and private organizations and agencies and citizens. So.

137 "Rachel Rackers" (3234209280)

00:19:41.009 --> 00:19:51.119

uh the only cost to them is getting there and getting picked up um other than that everything is completely free of cost to them once they get there

138 "Rachel Rackers" (3234209280)

00:19:53.969 --> 00:20:07.709

Um, who can apply again it's agent students who are age of 16 to 21. um, they must be enrolled in high school. Um, if they are graduating this year, they can apply. They must live in Missouri.

139 "Rachel Rackers" (3234209280)

00:20:07.709 --> 00:20:12.779

Um, and demonstrate potential leadership skills and also disclose the disability.

140 "Rachel Rackers" (3234209280)

00:20:14.124 --> 00:20:29.033

That is kind of like the common ground, um, everybody there has a disability so it's kind of like their safe space and I would say, probably over 75% of our staff have some sort of disability as well. So, um. so um

141 "Rachel Rackers" (3234209280)

00:20:29.339 --> 00:20:35.999

It's an opportunity for them to really open up and know that everybody there has some sort of disability.

142 "Rachel Rackers" (3234209280)

00:20:37.884 --> 00:20:51.774

Steps to apply, um, they can go on our website that's listed there. And then I think somebody just put it in the chat also um, complete the application before April 15th and submitted. submitted

143 "Rachel Rackers" (3234209280)

00:20:52.619 --> 00:20:59.879

There is an application and then you also need to submit a resume and then there's a couple of essay questions. Um.

144 "Rachel Rackers" (3234209280)

00:21:00.654 --> 00:21:14.754

I will say whenever I'm talking to students, they kind of freak out about the essay questions. They're just really short answer questions. You know what do you want to do after high school? What are you involved in that type of thing? So they're very, very short.

145 "Rachel Rackers" (3234209280)

00:21:17.459 --> 00:21:30.299

Um, once they go through the program, they have the we have the, my life alumni association. Um, they have an opportunity to come back as staff members. Um, and.

146 "Rachel Rackers" (3234209280)

00:21:30.299 --> 00:21:33.599

lead some of our small groups

147 "Rachel Rackers" (3234209280)

00:21:33.599 --> 00:21:44.999

So that's always a, a favorite too, and then we try to have different leadership trainings for them after they come back as staff members.

148 "Rachel Rackers" (3234209280)

00:21:47.429 --> 00:21:52.859

These are some of the common questions that we get 1, if you've never been away from home.

149 "Rachel Rackers" (3234209280)

00:21:52.859 --> 00:22:00.869

Most, like I said earlier, most of our delegates, this is the 1st time away from home. This is a chance for them to.

150 "Rachel Rackers" (3234209280)

00:22:00.869 --> 00:22:12.299

Have a taste of independence without, but in a safe environment. So I think that's a really big thing. I will say out of all the years. We've never had anybody go home. So.

151 "Rachel Rackers" (3234209280)

00:22:12.299 --> 00:22:16.049

fingers crossed we stay on that trend so

152 "Rachel Rackers" (3234209280)

00:22:16.524 --> 00:22:31.314

what if you need a personal care attendant or specific accommodations all of these are included free of cost as well um whatever accommodation you would need um we would provide that for you we do

153 "Rachel Rackers" (3234209280)

00:22:31.314 --> 00:22:41.274

have a nurse on site with us that we hire each year so they distribute medication if they have any sort of medical anything they need

154 "Rachel Rackers" (3234209280)

00:22:41.909 --> 00:22:48.629

Um, we have a nurse there, um, during the day and at night and then, um, we have.

155 "Rachel Rackers" (3234209280)

00:22:48.629 --> 00:22:51.719

We hire personal care attendants if needed as well.

156 "Rachel Rackers" (3234209280)

00:22:53.129 --> 00:23:01.709

let's see what if you are what are the sleeping arrangements we stayed in the dorms on college campus um

157 "Rachel Rackers" (3234209280)

00:23:01.709 --> 00:23:11.069

They do have a roommate, and a lot of them, they tend to be friends with their roommate, um, even after the forum. So that's really cool to see.

158 "Rachel Rackers" (3234209280)

00:23:11.069 --> 00:23:19.889

and they like staying in the dorm and you know kind of getting the feel of college but in a safe environment um just to see what it's like

159 "Rachel Rackers" (3234209280)

00:23:19.889 --> 00:23:23.909

And how many students do you accept each year? Um.

160 "Rachel Rackers" (3234209280)

00:23:23.909 --> 00:23:31.169

We are we expanded to 36, so we will accept up to 36, um, students this year.

161 "Rachel Rackers" (3234209280)

00:23:33.899 --> 00:23:40.829

i'm just gonna briefly touch about um the virtual leadership summit we've already held um

162 "Rachel Rackers" (3234209280)

00:23:40.829 --> 00:23:49.709

This program for 2023 um, but I just wanted to touch on it because we are, we do hosted each year. So.

163 "Rachel Rackers" (3234209280)

00:23:51.149 --> 00:24:02.159

So, our virtual leadership summit is a 1 day leadership training. It's similar to we talk about a lot of the same topics, but it's more of a condensed version.

164 "Rachel Rackers" (3234209280)

00:24:02.159 --> 00:24:05.669

Um, they, you know, we have a mentor.

165 "Rachel Rackers" (3234209280)

00:24:05.669 --> 00:24:19.169

Events, um, still a keynotespeaker, they get the employer in the college portion, the panels, it gives them an opportunity more students to participate since it's a virtual.

166 "Rachel Rackers" (3234209280)

00:24:23.339 --> 00:24:29.729

Um, they do get a glimpse into the 5 day program at, um, or at sorry.

167 "Rachel Rackers" (3234209280)

00:24:31.104 --> 00:24:43.704

If they do participate in the virtual leadership Summit, they are eligible to participate in the 5 day in person program. We just hosted our program the this year on March.

168 "Rachel Rackers" (3234209280)

00:24:43.704 --> 00:24:53.874

4th, we haven't decided on a date for 2024. um, but the applications in more details will be available this fall on our website. fall on our website

169 "Rachel Rackers" (3234209280)

00:24:56.459 --> 00:25:08.214

We've had 77 participants, go through the programs so far. Um, it started in 2021. um, it came from the pandemic after, not having the program in 2020.

170 "Rachel Rackers" (3234209280)

00:25:08.214 --> 00:25:21.894

uh, we decided we needed to do something, um, to provide information to the youth. So we decided to come up with this program and it just kind of stuck. So, um, how would you both each year?

171 "Rachel Rackers" (3234209280)

00:25:21.894 --> 00:25:24.444

so um how would you both each year

172 "Rachel Rackers" (3234209280)

00:25:28.499 --> 00:25:33.599

How can you help, um, you know, if you work with high school students um.

173 "Rachel Rackers" (3234209280)

00:25:34.584 --> 00:25:48.474

let them know about this program share this program information with their parents you can also apply to be a volunteer our applications are on the same website i will add if you

174 "Rachel Rackers" (3234209280)

00:25:49.104 --> 00:26:04.014

Are a teacher or service provider, and 1 of your students um, our youth apply income to we typically won't have, um, a teacher or the, the adult, um, be a volunteer during that time.

175 "Rachel Rackers" (3234209280)

00:26:04.014 --> 00:26:05.874

Just so they have the opportunity.

176 "Rachel Rackers" (3234209280)

00:26:06.389 --> 00:26:17.519

the student does to um have that taste of independence without having anybody um and it's harder for them to open up um whenever they have somebody that's there so

177 "Rachel Rackers" (3234209280)

00:26:20.759 --> 00:26:23.969

all right i was going to open it up for questions

178 "Rachel Rackers" (3234209280)

00:26:23.969 --> 00:26:26.969

Sorry, I got a little winded.

179 "Lisa Nothaus" (361356288)
00:26:26.969 --> 00:26:32.789
okay i've been trying to watch the chat and i don't see any questions but

180 "Lisa Nothaus" (361356288)
00:26:32.789 --> 00:26:38.129
Did you receive anything she normally would have copied and paste it and send it to us so.

181 "Kat Craig" (2163348992)
00:26:38.129 --> 00:26:42.359
I'm not seeing anything in there. No, we haven't had any questions. Okay.

182 "Rachel Rackers" (3234209280)
00:26:42.359 --> 00:26:53.369
All right, well, Here's our contact information. There's our general, um, email, and then my email as well.

183 "Rachel Rackers" (3234209280)
00:26:53.369 --> 00:26:57.779
Follow us on Facebook, we share updates um.

184 "Rachel Rackers" (3234209280)
00:26:58.014 --> 00:27:12.294
For the program and such, and if you go on to our website, we have a video from last year. Um, and we're getting ready to put some testimonial videos, additional ones on there hopefully, in the next week or so.

185 "Rachel Rackers" (3234209280)
00:27:13.404 --> 00:27:22.674
So check it out. And if you have any questions, or parents have any questions, after you send the information to them, um, feel free to have them reach out to me.

186 "Rachel Rackers" (3234209280)
00:27:24.899 --> 00:27:30.179
i think you guys for giving me the opportunity to share this information with you

187 "Lisa Nothaus" (361356288)
00:27:33.354 --> 00:27:45.834
Great job, Rachel, it's a lot of information to get through in a short amount to really encourage anybody to go and check out the web website. There's a ton of information on there as well.

188 "Lisa Nothaus" (361356288)
00:27:45.834 --> 00:27:50.154
But everything that she spoke about is there, the application is on there.

189 "Lisa Nothaus" (361356288)
00:27:50.459 --> 00:28:00.084

Um, if you can fill it out online and submit it that way as well, I believe there was a, did I see a 1 pager uh, Q, and a flyer that was on there as well?

190 "Lisa Nothaus" (361356288)

00:28:00.084 --> 00:28:06.144

So, that can be downloaded, um, or the links it to anybody that you're working with in the school.

191 "Lisa Nothaus" (361356288)

00:28:06.479 --> 00:28:11.609

educators the teachers that rachael talked about that reaching out to those folks

192 "Lisa Nothaus" (361356288)

00:28:11.609 --> 00:28:14.759

So, if you will just advance a slide.

193 "Lisa Nothaus" (361356288)

00:28:16.799 --> 00:28:30.354

And we'll just close by saying, 1st of all. Thank you. Thank you for coming on board and sharing this information. I'm glad we didn't miss the deadline. So, um, but go ahead. And Mark your calendar now for the April D.

194 "Lisa Nothaus" (361356288)

00:28:30.384 --> 00:28:33.204

D, and new webinar, which will be held April 25. five

195 "Lisa Nothaus" (361356288)

00:28:33.539 --> 00:28:36.659

At 1230 to 1, lunch and learn.

196 "Rachel Rackers" (3234209280)

00:28:36.659 --> 00:28:44.004

Thank you everyone, thank you, Rachel. I appreciate it. Thank you.