

## What is a Person-Centered model of care?



Traditional medical models, often thought of as expert models of care, focus on medical diagnoses, disability, and deficits. This model of care is driven by the support team and is often structured and impersonal. Whereas, **person-centered models of care focus on the person and their abilities, preferences, values and individual needs.** Disability and diagnosis do not define treatment. **The person drives what their care looks like** while support teams bring advice and help facilitate options to increase quality of life.

Medical Model	Person-Centered Model
Person's role is passive	Person's role is active
Person receives treatment	Person is a partner in treatment
Provider is the decision-maker	Provider collaborates with person in making decisions
Diagnosis-centered	Quality of life centered
Provider does most of the talking	Provider listens more and talks less
Person complies (or not)	Person follows the treatment plan

## Want to learn more?

- The Administration for Community Living has resources to guide person-centered planning and supported decision making. Check out their webpage by clicking on the following link: <https://acl.gov/programs/consumer-control/person-centered-planning>
- Get involved with Missouri's LifeCourse Nexus Chapter, an organization striving to engage and unite local, regional, and statewide stakeholders around a shared vision, common language, and commitment to person-and family-centered practices: <https://www.lifecoursetools.com/network/chapters/missouri/>
- Help others connect with People First of Missouri, a self-advocacy organization that is run by people with developmental disabilities: <https://www.missouripeoplefirst.org/>

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