

# FYI FRIDAYS

## **DBH Updates, Notices, and Policy Guidance**

**April 21, 2023**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – Wednesday (April 19<sup>th</sup>) the Senate Appropriations Committee voted the appropriation bills out of committee with their recommended changes. DBH anticipates the bills to be heard and passed on the Senate floor early next week.

New additions from the committee (they went extremely fast and we do not have detail from Senate to confirm the below):

- Behavioral Health Transportation Non Medicaid NDI - \$5M
- Changed the House amount on HCBS DBH enhanced Match NDI to \$52,686,254 (this added what the Governor Recommend - \$46,873,102 and what the House proposed - \$5,813,152 together)
- Increased the Utilization NDI slightly from the House recommendation
- \$2M for EPICC individuals 14 and over with severe OUD
- Restored \$550 for FQHC and added another \$50K to it.
- \$3.3M for EEG-Guided Transcranial Magnetic Stimulation (e-TMS) equipment for priority populations to include veterans, law enforcement and first responders.
- \$5M for Burrell BH to establish a 16 bed residential facility for youth with severe BH issues.
- \$250K for a behavioral Health workforce
- \$6.8M for rural BHCC's
- \$500K for MO suicide Prevention Network
- \$300M for new University Health Hospital – 200 beds
- Housing and Supports NDI \$590K removed
- \$1M for public administrator funding
- Increased YBHL item to \$4,265,000, adds 8 more
- \$1.1M for Recovery Lighthouse services for repair and renovation of an organization that provides transitional living and supportive housing for individuals in recovery from alcohol and drugs
- \$2M for LIV Recovery Services for respite services for a residential recovery program with recovery houses
- \$474K Prevention and Recovery Center for expansion of an organization that provides alcohol and drug addiction prevention services

Any changes between the House and Senate will go to conference for an agreed upon resolution. That is expected to be the week of May 1<sup>st</sup>. The appropriation bills have to be Truly Agreed to and Finally Passed (TAFP) by Friday May 5<sup>th</sup>.

2. **Naloxone Requests** – (From MIMH) In an effort to streamline our processes and make naloxone more accessible, we have developed a new naloxone request website for the state of Missouri: [getMOnaloxone.com](https://getMOnaloxone.com) that allows for individual and agency requests. This will remove the need for naloxone requests to go through the [nomodeaths@mimh.edu](mailto:nomodeaths@mimh.edu) or [firstresponders@mimh.edu](mailto:firstresponders@mimh.edu) email but instead will connect you with the appropriate grant team to fulfill your requests upon form submission. **Going forward, we ask that all requests come through the request form.** Additionally, because our teams are processing a high volume of requests across the state, we ask

that you do not wait until your supply is out to submit a request form. Please give our team at least **2 weeks notice** to process your request!



3. **Gibson Center's Mobile Unit** – Gibson Center for Behavioral Change now has a Mobile Unit! Here's a quick look. Congratulations!

4. **ASAM Testing** – ASAM testing in CIMOR and/or CVS will be required for all providers planning to onboard after April 1, 2023. Providers will need to be able to successfully test all Billing Service Categories for all requested Levels of Care. A provider will not be approved to onboard at their requested date if they do not complete testing and the ASAM Billing Testing Checklist as part of

their readiness checklist by the "DBH Approval Needed By Date" noted on the ASAM Onboarding Schedule, ASAM Onboarding Schedule with Readiness Checklist | [dmh.mo.gov](https://dmh.mo.gov). To begin testing please reach out to Terra-Anne Erke, [Terra-Anne.Erke@dmh.mo.gov](mailto:Terra-Anne.Erke@dmh.mo.gov), in order to coordinate system set up.

5. **ASAM CSTAR Transition** – Please join us for the DBH weekly technical assistance call regarding the American Society of Addiction Medicine (ASAM) CSTAR transition. **Every Thursday 9a-10a**; Link below. **Join from the meeting link** <https://stateofmo.webex.com/stateofmo/j.php?MTID=m4e6aee9562d6cc1a7e2c711cec3dacdc>

**Join by meeting number** Meeting number (access code): 2450 451 5637 Meeting password: H8ByJiKYP48

**Join from a mobile device (attendees only)**

[+1-650-479-3207](tel:+16504793207), [24504515637###](tel:24504515637) Call-in toll number (US/Canada)

[+1-312-535-8110](tel:+13125358110), [24504515637###](tel:24504515637) United States Toll (Chicago)

6. **Death Review Bulletin Update** – The Division has updated the Death Review Process Bulletin to clarify recent questions from providers regarding death certificate requests. The update is reflected in 4.2.1 of the Bulletin. There continues to be no application fee but requests must now be notarized. Please review the updated Bulletin at <https://dmh.mo.gov/media/pdf/death-review-processes-and-dbh-oversight> and share with appropriate staff.

7. **CSTAR ASAM Regulations** – DBH is accepting comments on proposed amendments to existing CSTAR regulations as well as new regulations related to service delivery practices utilizing The ASAM Criteria <https://dmh.mo.gov/alcohol-drug/regulation-drafts>.

Comments and questions should be submitted to [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) or [alison.bond@dmh.mo.gov](mailto:alison.bond@dmh.mo.gov) by **April 28, 2023**.

8. **Update on Administrative Rules** – DBH is accepting comments on proposed amendments to **9 CSR 30-3.134 Gambling Disorder Treatment, 9 CSR 30-3.201 Substance Awareness Traffic Offender Programs, and 9 CSR 30-3.206 SATOP Structure**.

The proposed amendments for Gambling Disorder Treatment, SATOP, and SATOP Structure have been posted on the Regulation Drafts page for comments <https://dmh.mo.gov/alcohol-drug/regulation-drafts>

Questions and comments should be submitted to [alison.bond@dmh.mo.gov](mailto:alison.bond@dmh.mo.gov) or [debbie.mcbaine@dmh.mo.gov](mailto:debbie.mcbaine@dmh.mo.gov) by **May 3, 2023**.

9. **Director's Creativity Showcase Virtual Gallery** – Experience a virtual walk through of the DMH art gallery without moving anything but your fingertips. Select artwork is also available for sale with proceeds going to the artist. [Creativity Showcase](#)

10. **2023 Mental Health Champions Banquet** – Each year, the Missouri Mental Health Foundation receives exceptional nominations highlighting the resiliency and accomplishments of so many talented, inspiring individuals across the state of Missouri. These individuals exemplify courage, determination, and commitment personally and professionally in their everyday lives. The goal of the Champions' Banquet is to recognize these individuals' contributions and celebrate the lasting impact they have on their communities. Capitol Plaza Hotel, Jefferson City, MO **May 9, 2023**. [Learn More About Our Honorees](#)

**Looking for employment? Know someone who is?**  
**Open positions across the state and throughout the DMH can be found at**  
**MO Careers - Department of Mental Health**

### JOB ANNOUNCEMENTS

#### **Contract and Support Center Supervisor**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is **May 5, 2023**. [Learn More and Apply!](#)

### **FUNDING OPPORTUNITIES**

1. **New Proposals-Overdose Data to Action (OD2A) Opioid Support** – The City of St. Louis Department of Health seeks proposals for activities to address the Opioid crisis in the City of St. Louis by improving access to substance use treatment and recovery, furthering overdose prevention and harm reduction efforts, and providing services for those at high risk for overdose. **Application Due Date: Friday, May 5, 2023**. [Learn More](#)
2. **SAMHSA Accepting Applications for Minority Fellowship Program** – The purpose of this program is to recruit, train, and support master's and doctoral level students in behavioral health care professions. **Application Due Date: Tuesday, May 9, 2023**. [Learn More](#)
3. **Trauma Learning Community 2023–2024** – The National Council is pleased to announce that we are accepting applications for the 2023–2024 Trauma-informed, Resilience-oriented, Equity-focused Systems (TIROES) National Learning Community. Since 2011, the National Council has worked with mental health and substance use treatment, social service and community organizations and state and local agencies to implement trauma-informed, resilience-oriented change. **Application Due Date: Wednesday, May 10, 2023**. [Learn More](#)
4. **NIDA Funding Opportunity: Substance Use Prevention Services in Primary Care Challenge** – The National Institute on Drug Abuse (NIDA) recently launched a new funding opportunity, "[the Substance Use Prevention Services in Primary Care Challenge](#)." For this funding challenge, NIDA is seeking "primary care-based substance use prevention models that address risk identification and provision of/referral to substance use prevention interventions. Responses should be aspirational, creative, and feasible, introducing new ideas for research and implementation." The Challenge will reward a total of \$100,000 across 4 awards of \$25,000 each. [Submissions](#) are due **Friday, May 19, 2023**.
5. **Doctoral Grants** – We are supporting six outstanding doctoral students who are interested in evaluating the processes, outcomes and impacts of MHFA in the U.S. with [one-time \\$5,000 grants](#). Applications open on April 3, 2023 the deadline to apply is **Sunday, May 21, 2023**. [Learn More](#)

6. **Promoting the Integration of Primary and Behavioral Health Care** – The purpose of this program is to (1) promote full integration and collaboration in clinical practice between behavioral healthcare and primary physical healthcare, including for special populations; (2) support the improvement of integrated care models for behavioral healthcare and primary/physical healthcare to improve the overall wellness and physical health status of adults with a serious mental illness; adults who have co-occurring mental illness and physical health conditions or chronic disease; children and adolescents with a serious emotional disturbance who have a co-occurring physical health conditions or chronic disease; individuals with a substance use disorder; or individuals with co-occurring mental and substance use disorder; and (3) promote the implementation and improvement of bidirectional integrated care services, including evidence-based or evidence-informed screening, assessment, diagnosis, prevention, treatment, and recovery services for mental and substance use disorders, and co-occurring physical health conditions and chronic diseases. **Application Due Date: Monday, May 22, 2023.** [Learn More](#)
7. **New Rural Communities Opioid Response Program Child and Adolescent Behavioral Health** – The Health Resources and Services Administration (HRSA) announced a new \$9 million funding opportunity for the [FY 2023 Rural Communities Opioid Response Program – Child and Adolescent Behavioral Health \(RCORP-CABH\)](#). This program is designed to establish and expand sustainable behavioral health care services for children and adolescents aged 5-17 years who live in rural communities, and to prevent substance misuse. Over the four-year period of performance, award recipients will “...use RCORP-CABH funding to establish and expand service delivery, provide training and peer mentorship, and develop community partnerships.” HRSA will offer up to 9 awards of \$1 million each. **Application Due Date: May 24, 2023.**
8. **Strategic Prevention Framework – Partnerships for Success for Communities, Local Governments, Universities, Colleges, and Tribes/Tribal Organizations** – The purpose of this program is to help reduce the onset and progression of substance misuse and its related problems by supporting the development and delivery of community-based substance misuse prevention and mental health promotion services. The program is intended to expand and strengthen the capacity of local community prevention providers to implement evidence-based prevention programs. **Application Due Date: Monday, June 5, 2023.** [Learn More](#)
9. **New Request for Proposals-Opioid Crisis** – The City of St. Louis Department of Health seeks proposals for activities to address the Opioid crisis in the City of St. Louis by improving access to substance use treatment and recovery, furthering overdose prevention and harm reduction efforts, and providing services for those at high risk for overdose. **Application Due Date: Tuesday, June 6, 2023** [Learn More](#)

## ***INFO and RESOURCES***

1. **New Rumination Linked with Suicidal Thoughts in Teens with Major Depressive Disorder** – Elevated cognitive rumination was associated with suicidal ideation in adolescents with major depressive disorder. [Read More](#)
2. **New Lack of Independent Play behind Youth Mental Health Crisis** – The current decline in children’s mental health is a long-term consequence of decades of shrinking opportunities for children and teens to play, roam, and participate in independent activities away from the direct oversight of adults. [Read More](#)
3. **New Autism Spectrum Disorder Prevalence Rises among Minority Children** – The rate of children diagnosed with autism spectrum disorder (ASD) continues to increase, particularly in non-white children, a CDC surveillance summary finds, highlighting the need for enhanced infrastructure that provides equitable diagnostic, treatment, and support services. [Read More](#)
4. **New FDA Announces New Safety Label Changes for Opioid Pain Medications** – The Food and Drug Administration (FDA) recently [announced](#) several required updates to the prescribing information for immediate-release and extended-release opioid pain medicines. The new required safety labeling changes can be found in the [Drug Safety Communication](#) and include: “the risk of overdose increases as the dosage increases for all opioid pain medicines; IR opioids should not be used for an extended period of time unless a patient’s pain remains severe enough to require

them and alternative treatment options continue to be inadequate; many acute pain conditions treated in the outpatient setting require no more than a few days of an opioid pain medicine; and it is recommended to reserve ER/LA opioid pain medicines for severe and persistent pain that requires an extended treatment period with a daily opioid pain medicine and for which alternative treatment options are inadequate. “Additionally, these updates provide a warning about opioid-induced hyperalgesia (OIH), including information about differentiating OIH symptoms from those of opioid tolerance and withdrawal. The FDA’s press release announcing the new safety label changes for opioid pain medicines can be found [here](#).

5. **New LSD Reduces Anxiety, Comorbid Symptoms in Study** – LSD-assisted therapy was found to produce long-lasting and notable reductions of anxiety and comorbid symptoms of depression for up to 16 weeks. [Read More](#)
6. **New Pharmacotherapy for Alcohol Use Disorder Associated with Lower Odds of Liver Disease** – In people with alcohol use disorder, medical addiction pharmacotherapy is linked with reduced incidence and progression of alcohol-associated liver disease. [Read More](#)
7. **New Methadone Take-Home Flexibilities Extension Guidance** – On March 16, 2020, SAMHSA issued an exemption to Opioid Treatment Programs (OTPs) whereby a state could request “a blanket exception for all stable patients in an OTP to receive up to 28 days of Take-Home doses of the patient’s [medication for opioid use disorder.](#)” (PDF | 216 KB) States could also request an exemption for an OTP to “request up to 14 days of Take-Home medication for those patients who are less stable but whom the OTP believes can safely handle this level of Take-Home medication.” In the three years since this exemption was granted, states, OTPs, and other stakeholders report that it has resulted in increased treatment engagement, improved patient satisfaction with care, with relatively few incidents of misuse or medication diversion.<sup>1</sup> SAMHSA has concluded that there is sufficient evidence<sup>2,3,4</sup> that this exemption has enhanced and encouraged use of OTP services at a time of significant fentanyl-related overdose mortality. [Learn More](#)
8. **New Psychotherapy Associated with Improved Self-Esteem** – Psychotherapy for depression was shown to improve adult patients’ self-esteem. [Read More](#)
9. **Alcohol Awareness Month Feature** – *April is Alcohol Awareness Month!* This gives us an opportunity to discuss and raise awareness of the public health impact of alcohol misuse. Given the fact that nearly half of the adult population within the United States consumes alcohol, it is important to understand how to do so responsibly and the risks and complications that can come with alcohol use. The Centers for Disease Control and Prevention (CDC) offer great resources for understanding this issue, such as their [alcohol basics factsheet](#). To see the CDC’s highlight for Alcohol Awareness Month, visit their website [here](#). Additionally, you can also find information across the [National Institute on Alcohol Abuse and Alcoholism \(NIAAA\) website](#) to learn more about how NIAAA supports research and initiatives to generate, disseminate, and apply fundamental knowledge about the effects of alcohol on health and well-being.
10. **MHD Provider Hot Tips Posted**
  - Updates have been made to the MO HealthNet Provider’s [Rehabilitation Manual](#).
  - Medication Therapy Management and Direct Care Provider The MO HealthNet Division (MHD) is adding additional Pharmacist Provider Services (PPS). PPS allows pharmacist providers to receive reimbursement for services that fall within their scope of practice as defined by the Missouri Board of Pharmacy. These separately reimbursable services are beyond the scope of dispensing medication to participants covered under 13 CSR 70-20.060 Professional Dispensing Fee. [Read more...](#)
  - Outpatient Hospital Services- Reminder: Effective for dates of service beginning July 20, 2021, all outpatient hospital services are reimbursed based on the Outpatient Simplified Fee Schedule (OSFS). Payment under the OSFS methodology is final, without cost settlement. Hospitals must report all outpatient services and associated charges at the claim line level using Current Procedural Terminology (CPT)/Healthcare Common Procedure Coding System (HCPCS) procedure codes and the number of units appropriate to the services rendered. Complete fee schedules of outpatient hospital procedure codes with the MO HealthNet allowed amount under the OSFS methodology can be found at the following link: [Read more...](#)

- Behavioral Health Services Request for Precertification Effective immediately, providers should begin using the updated Behavioral Health Services Request for Precertification form for psychotherapy/counseling services that require precertification. This form was updated slightly with no significant content changes. Any outdated form submitted as of May 5, 2023 will be returned with a request to submit using the new form. Questions may be directed to (866) 771-3350. As a reminder, an approved precertification approves only the medical necessity of the service and does not guarantee payment.
11. **Psychotherapy Associated with Improved Self-Esteem** – Psychotherapy for depression was shown to improve adult patients’ self-esteem, according to a systematic review and meta-analysis. [Read More](#)
  12. **Recreation Cannabis is Now Legal in Missouri-Here’s How to Talk to Your Kids about It** – Talking about drugs and alcohol with your kids is never fun, but it’s truly one of the most important conversations you can have. As we head toward a new reality in Missouri — one where adult-use recreational cannabis will become part of our community’s fabric — it’s time to develop your family’s narrative on cannabis. I hope to prepare families for what’s to come: lots of flashy advertisements about cannabis scattered around the city, endless news stories, the development of dispensaries in our neighborhoods, and more and more young people attempting to access cannabis. [Read More](#)
  13. **Exposure to Family Members with Major Depression Ups Depression Risk** – The risk of major depression in both men and women increases with the number of family members with major depression, as well as with exposure to major depression during formative years (1-18). [Read More](#)
  14. **Conversations on Diversity, Equity and Inclusion with the Medical Director Institute** – Join us for a new episode of our video series as John Santopietro, M.D., sits down with his colleague Javeed Sukhera, M.D., Ph.D., for a candid conversation about medical trauma, self-disclosure and sharing power in both a clinical and leadership role. [Learn More](#)
  15. **Treating Bipolar Disorder as a Comorbidity of SUD** – Comorbidities such as bipolar disorder, depression, or anxiety occurring in patients with substance use disorder (SUD) can be common. How do clinicians approach this treatment? What should be prioritized? [Read More](#)
  16. **Pharmacodynamic Drug Interactions In Bipolar Disorder Treatment** – Pharmacodynamic drug interactions can be a potential hindrance to clinicians and patients in treatment with 2 or more medications, altering drug effects and efficacy. [Read More](#)
  17. **Improving Care Transitions for Justice-Involved Populations** – More than 600,000 people are released from prison and nine million return to their communities from jails each year. Individuals released from incarceration face a greater burden of physical and behavioral health conditions and are at heightened risk of death when compared to the general population. This population also faces many challenges accessing health care services, including social barriers like racism and homelessness. [Learn More](#)
  18. **Older Adults in Crisis: Call Center Resources** – The introduction of the new 988 Suicide & Crisis Lifeline allows for a number that is easy to remember and easy to dial. As such, it is expected that calls will continue to increase, including calls by older adults and their family caregivers. Thus, call center staff must be prepared to understand and meet the needs of older adult callers. [Learn More](#)
  19. **Mobile Response for Children, Youth, and Families: Best Practice Data Elements and Quality Improvement Approaches** – Many states are enhancing their capacity to support youth and families experiencing a behavioral health crisis by implementing the **Mobile Response and Stabilization Services (MRSS)** best practice model. MRSS is a crisis intervention model that provides behavioral health responses to youth, young adults, and families in their homes, schools, and communities. [Learn More](#)

20. **Supporting Improved Responses to People with Intellectual and Developmental Disabilities** – Through a partnership with The Arc’s National Center on Criminal Justice and Disability and The Council of State Governments Justice Center, four Justice and Mental Health Collaboration grant programs received technical assistance and support to improve their responses to people with intellectual and developmental disabilities (IDD). Based on this assistance, four overarching themes emerged that can be used to guide other programs in their efforts to enhance responses to this population. [Learn More](#)
21. **Vision Care Guide for Veterans** – Support is available to blind and low-vision veterans who need assistance with day-to-day functioning. The Veterans’ Association’s Office of Blind Rehabilitation Services works with more than a million blind and low-vision vets. [Learn More](#)
22. **Redesigning Public Safety: Mental Health Emergency Response** – The FY 2024 President’s Budget includes a total of \$10.8 billion. As the primary Federal agency responsible for leading public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring equitable access and better outcomes, SAMHSA takes seriously our responsibility to ensure that the best evidence-based care reaches the millions of people in communities across America who are affected by mental illness and substance use disorders. [Read More](#)
23. **Filling the Gaps in the Behavioral Health Workforce** – The United States faces a growing shortage of licensed behavioral health care specialists—psychiatrists, psychologists, and clinical social workers—and that shortage comes at a time when rates of mental illness and substance use disorder (SUD) are high and rising. The shortage has severely limited access to treatment, particularly among underserved communities.<sup>1, 2</sup> To help address the access gap, federal policymakers should take steps to foster a behavioral health workforce that extends beyond licensed professionals. [Filling the Gaps in the Behavioral Health Workforce](#)
24. **Pediatric Mental Health Hospitalizations at Acute Care Hospitals** – Mental health diagnoses, including attempted suicide and self-injury, accounted for an increasing number and proportion of pediatric acute care hospitalizations between 2009 and 2019. [Learn More](#)

## TRAINING OPPORTUNITIES

1. **New Workforce Accomplishments and Lessons Learned** – Rural, agricultural and tribal communities face health inequities that are not as common in urban areas. Several factors including historical injustices, structural urbanism and the effects of the mental health and recovery services workforce shortage have disproportionately impacted access to health services in rural communities. **Wednesday, April 26, 2023, 11am CT.** [Register](#)
2. **New Progressing Forward in Relapse Prevention: Dealing with Stigma** – It is common practice to communicate with patients that even when a person with SUD is in remission and no longer using substances, a relapse is always a possibility. Just as it is with every patient struggling with a chronic medical condition, the goal during an exacerbation is to restore the patient to stability and keep them motivated and connected to treatment. However, when helping professionals who are both providing care and in recovery themselves experience relapse, reactions vary. These reactions are often driven by negative stigma and impact treatment decisions for both professionals and patients in recovery. **Wednesday, April 26, 2023, 11am CT.** [Register](#)
3. **Suicide Research Symposium** – We envision this being a place where you have the opportunity to, Present and discuss recent research findings, Stay informed on recent developments in suicide research and network, connect, and find a community with other suicide researchers. **April 26-28, 2023.** [Register](#)
4. **Empower Change Using Motivational Interviewing** – Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **April 27, 2023, 11am-3pm.** [Register](#)

5. **Missouri Children's Trauma Network Training Summit** – The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. Recognizing that many Missouri children experience abuse and neglect that often has life-long adverse consequences, the Network works to promote the healing of children. **May 2-3, 2023.** [Register](#)
6. **Exploring Safe and Smart De-Escalation Strategies** – This workshop will summarize the key factors that lead to escalation in people and review crisis intervention protocols. Learners will discover methods to successfully de-escalate other people in a safe manner. Case studies and video clips will explain the value of approaching de-escalation in a responsible manner. **Wednesday, May 3, 2023 10am-12pm CT.** [Register](#)
7. **New Treating Anxiety Together: Work with Kids, Caregivers and Schools** – CBT and Exposure Therapy are best practices when it comes to treating anxious kids. However, treatment outcomes for kids often improve when the clinician collaborates with a child's parents and school. In this program, Ms. Grove will present a complex case of an anxious child and help participants navigate the process of treating the child's anxiety while working together with caregivers and school staff. This is an advanced program and participants should have a foundational understanding of cognitive-behavioral and exposure-based therapies. **Thursday, May 4, 2023 1pm-4pm CT.** [Register](#)
8. **New Child Advocacy Center Virtual Training Opportunities** – The Predators in the Workplace program will empower professionals to diminish the likelihood children in their organization will become a victim of child sexual abuse. Participants will learn predators exist in all workplaces where children are present, the statistics surrounding CSA in youth serving organizations, and common traits of a predator. An understanding of specific strategies to reduce CSA will be developed through a review of their role as mandated reporters and additional best practice recommendations. Youth serving organizations will be enabled to create or revise child protection policies, respond responsibly to address any observed boundary violations, and confidently make hotline reports. **Wednesday, May 10, 2023, 11:30am-1pm CT.** [Register](#)
9. **Steroid Misuse in the Fitness and Athletic Community** – Addressing issues revolving steroid/anabolic misuse among individuals involved in fitness and sports. Will discuss mental, emotional, and physical side-effects (both positive and negative) on the use of anabolic drugs for fitness and athletic community. **Friday, May 12, 2023, 9am-12pm** [Register](#)
10. **Responsible Gambling Information Centers** – A Review of Key Scientific Research Findings, Discussion of Best Practices and the GameSense Program. **Thursday, May 18, 2023, 1pm CT.** [Register](#)
11. **Treating Maladaptive Perfectionism, Loneliness, Social Anxiety and Restrictive Eating: A Brief Introduction to Radically Open Dialectical Behavior Therapy (RO DBT)** – This 90-minute live webinar gives mental health practitioners (e.g. psychology, psychiatry, social work, mental health nursing) who are not yet familiar with RO DBT an overview of the treatment and the clinical population it is designed to treat. There will also be time for questions. **Thursday, May 18, 2023, 4pm CT.** [Register](#)
12. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. **June 4-7, 2023.** [Register](#)
13. **New Stewards of Children** – Stewards of Children® is an evidence-informed, award-winning two-hour training that teaches adults to prevent, recognize, and react responsibly to child sexual abuse. Through interviews with child sexual abuse survivors, experts, and treatment providers, Stewards of Children® teaches adults practical actions they can take to reduce instances of child sexual abuse in their organizations, families, and communities. **Monday, June 5, 2023, 11am-1pm CT.** [Register](#)

14. **New What is SCEC (Commercial Sexual Exploitation of Children) and What Does it Look Like in My Community** – The definition of Commercial Sexual Exploitation of Children. What CSEC looks like in my community; including overview of a case study. Victims of child exploitation or trafficking cases do not self-identify and the process of disclosure. Female offenders and familial ties exist and may be difficult to detect. Identify resources for child exploitation cases. **Wednesday, June 21, 2023, 9am-11am CT.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

1. **Peer Supervision Training – CONVERTED TO ALL Online Self Study Course** – We are pleased announce that Basic Peer Supervision training has been converted into an all online self-study course! It is still free, and rather than having to wait around until the next month it was being offered that had openings...now you can take it whenever it fits into YOUR schedule. It has the same contact hour value (6 hours). [Enroll](#)
2. **2023 Motivational Interviewing Training** – The **Missouri Behavioral Health Council** is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to [events@mobhc.org](mailto:events@mobhc.org) [Register](#)
3. **Specialty Peer Instruction Series** – The UMSL-MIMH SOR 3.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, and boundaries; How to identify and address stress, compassion fatigue, grief, and secondary trauma; Working with peers with co-occurring mental illness and substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. [Register](#)
4. **2023 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Certified Peer Specialist Specialty Training** – This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. [Register](#)
5. **QPR Train the Trainer** – The Missouri Department of Mental Health is partnering with the Missouri Behavioral Health Council to offer three QPR Training of the Trainer training sessions. Participants will become certified QPR instructors and be able to teach QPR at their agencies or in their communities. Participants will learn how to teach QPR and be given the materials including training resources for completing a training for 25 people. This training will be in person at the Missouri Behavioral Health Council. Information regarding registration is below. QPR Train the Trainer: [Register](#)
  - **May 22, 2023**-MBHC-Jefferson City, MO
  - **June 9, 2023**-MBHC-Jefferson City, MO
6. **Family Support Provider Trainings** – A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - **May 9-11, 2023** – St. Louis (TBD) [Register](#)
7. **Workshop for Service Providers in Rural Communities** – The UR Medicine Recovery Center of Excellence, with funding from the Health Resources & Services Administration (HRSA) partnered with SafeSide Prevention to provide a workshop focused on suicide prevention training for service providers in rural communities at no-cost to you.

- **May 23, 2023, 11am-2:30pm CT.** [Register](#)
  - **July 25, 2023, 11am-2:30pm CT.** [Register](#)
8. **AMSR SUD Training** – AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. [Register](#)
- **May 30, 2023**-Burrell Behavioral Health-Springfield, MO
  - **June 13, 2023**-Compass-Warrensburg, MO
  - **June 14, 2023**-Tri- County- Kansas City, MO
  - **June 15, 2023**-Compass-Clinton, MO
9. **Peer Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
- **June 15, 2023** [Register](#)
  - **August 17, 2023** [Register](#)
  - **August 17, 2023** [Register](#)
  - **October 19, 2023** [Register](#)
  - **December 15, 2023** [Register](#)
10. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.
- Missouri Recovery Support Specialist Trainings – [Register](#)
  - Ethics Trainings – [Register](#)
11. **Housing Trainings** – DMH Housing Training Program with Corporation for Supportive Housing
- **May 17, 2023**, MO DMH Training - Supportive Services and Property Management Coordination registration link: <https://csh-org.zoom.us/meeting/register/tZAvduiqqD0rG9Ys6Clmynn4Zk2rGr-BSyl8>
  - **June 20, 2023**, MO DMH Training – Fair Housing registration link: <https://csh-org.zoom.us/meeting/register/tZEsduprj8rH9TTqac5lxMo6O2m306z3ilH>
  - **July 19, 2023**, MO DMH Training - Property Management in Supportive Housing registration link: <https://csh-org.zoom.us/meeting/register/tZlIfuuupjkuHdR-Ka5n28vJuhhu4NY86wFV>
  - **August 16, 2023**, MO DMH Training - De-escalation: Techniques for Assisting Tenants in Crisis registration link: [https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAk7PXVcfNKmlm\\_ahhVT](https://csh-org.zoom.us/meeting/register/tZErce-qpjMsE9TdXAk7PXVcfNKmlm_ahhVT)
  - **September 20, 2023**, MO DMH Training - Building Community Support registration link: [https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT\\_So2wUCPwSovInxoSmz](https://csh-org.zoom.us/meeting/register/tZ0ucOytrTMpGdVGT_So2wUCPwSovInxoSmz)
  - **October 4, 2023**, MO DMH Training - Housing First and Substance Use Disorders registration link: <https://csh-org.zoom.us/meeting/register/tZ0tdumhqz8rH9zr2ziKCV0fy8akcLmBmS-N>
  - **November 15, 2023**, MO DMH Training - Harm Reduction Approaches in Service Delivery registration link: <https://csh-org.zoom.us/meeting/register/tZMpdO2oqzksGtAAhchJe-Et9ZEFk7toGEpT>
  - **December 6, 2023**, MO DMH Training - Partnering with Landlords registration link: <https://csh-org.zoom.us/meeting/register/tZ0udOugqjMqHdCDqfLVPhnaKfdnZUJHzDsc>