

Tier 3 Informational Meeting

February 27, 2023

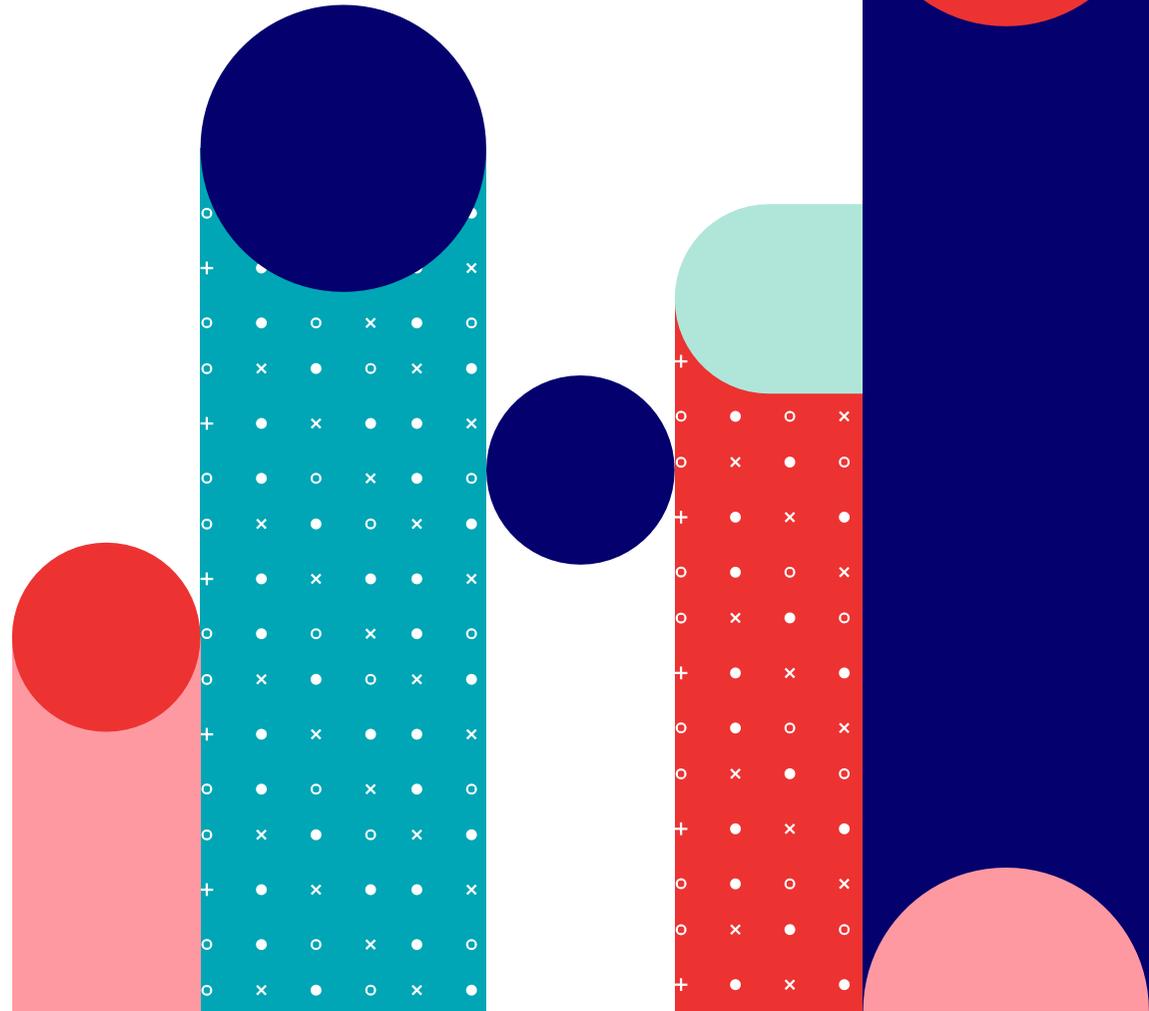
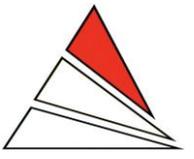
This Session is being Recorded



Agenda

- 1 Welcome
- 2 Introductions
- 3 **General Reminders**
- 4 **IQMFD Entries**
- 5 **Prohibited Practices**
- 6 **Behavior Support Review Committee**
- 7 **Subject Matter Expert Updates**
- 8 **Questions and Answers**
- 9 Wrap Up

Welcome



Introductions



Chief Behavior Analyst

Lucas Evans

Eastern Region

ABA - Melantha Witherspoon

ISC - Cindy Hanebrink

Central Region

ABA - Syn McDonald

ISC - Chad Reyes

Western Region

ABA - Rita Cooper

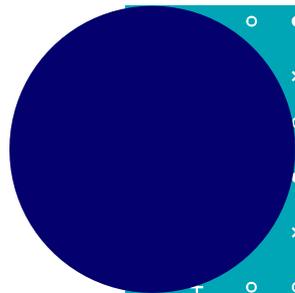
ISC - Kay Hamblin



General Reminders



- Our Role
 - To Build Capacity
 - Behavior Providers
 - Support Coordinators
 - Regional Office Staff
 - To work across the aisle with DBH
 - To work collaboratively with Tier 1 and Tier 2
 - Build resources
 - Provide access to training
 - Provide consultation



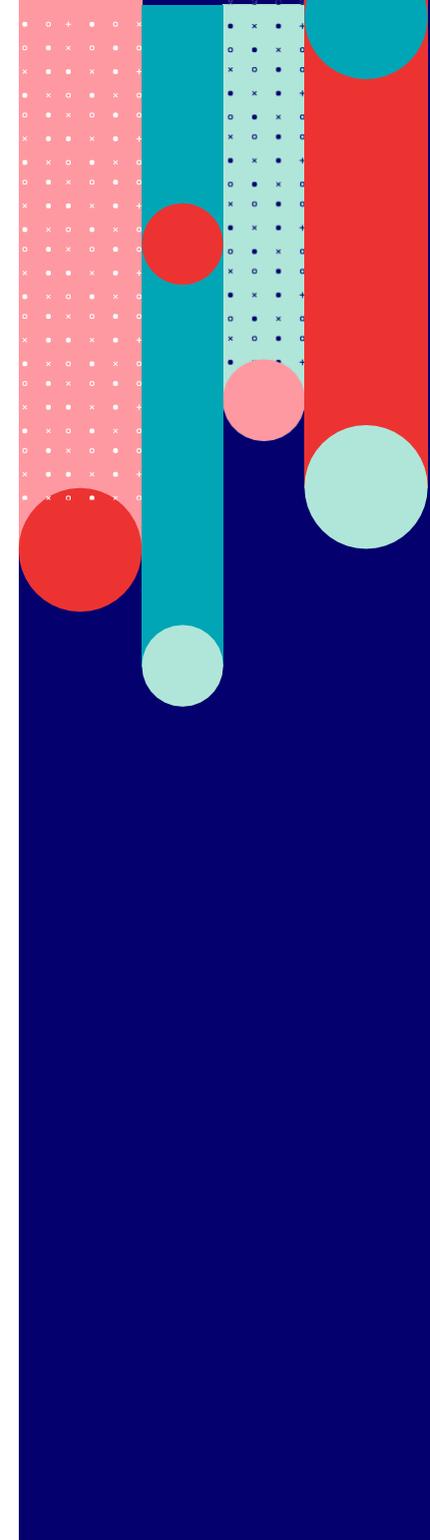
More than Compliance



General Reminders



- EMAILs Tier 3
 - prohibitedpractice@dmh.mo.gov
 - Send all things Prohibited Practice
 - Suspected prohibited practice
 - Questions about GL 85 or CSR related to Prohibited Practices
 - BSRC@dmh.mo.gov
 - Send all things Behavior Support Review Committee (BSRC) related
 - Questions about GL 84 or CSR related to BSRC
 - BSRC Referrals
 - Materials related to attendance at BSRC
 - BAT@dmh.mo.gov
 - General Tier 3 questions
 - Personal Emails



IQMFD Entries

**Prohibited
Procedures**

**Behavior Support
Review Committee**

**Identified in
GL 85 and
9CSR 45-
3.090**

**Identified in
GL 84 and
9CSR45-3.090**

IQMFD Entries

Prohibited Procedures

Prohibited Procedures have the IQMFD entry made when it is identified and remains outstanding until the Prohibited Procedure is fully discontinued

Done under the Behavior Support Rule

Behavior Support Review Committee

IQMFD entries made at various times: Lack of attendance/Decline attendance, Lack of meeting action steps outlined in the summary

Done under the Behavior Support Review Committee

**Event Management
Tracking System Entries**

Prohibited Practices



Prohibited Practices Tier 3 Behavior Analysis Team



What is a Prohibited Practice?

Prohibited practices are restrictive procedures that are likely to cause harm, used as punishment, for staff convenience, or are in lieu of engagement, active treatment, or behavior services; or otherwise dehumanize an individual.

Types of Prohibited Practices

Physical Restraints

When physical force or technique is used to restrict the movement of another individual and staff are not competently trained or certified to do so. When restraints are used improperly or excessively and/or if the restraint is used for reasons other than to prevent imminent harm of self/others.



Chemical Restraints

Prescription or over the counter medications administered for behavioral control not part of a safety crisis and/or behavioral plan.

Environmental

Restricting or limiting a person's movement in their own home in lieu of active behavioral support or restricting access to the outside.



Seclusion

Time out placement in a secured room/area and preventing the individual from leaving (e.g. safe-room).

Mechanical Restraints

Device, instrument, or object used to confine or limit freedom of movement whereby the individual can not move it (e.g., enclosed crib, barred enclosure, locking people in their home)



For more information contact: ProhibitedPractice@dmh.mo.gov



Prohibited Practices



Prohibited Practices Tier 3 Behavior Analysis Team



Why are Prohibited Practices used?

- The individual has a support need that is not being met. Additional professional help may be needed such as behavior therapy, occupational/physical therapy, and/or counseling.
- The individual may not have the appropriate skills. Supports should be aimed at addressing skill deficits (e.g., communication, self-management, social skills).
- Staff are not adequately trained on alternative strategies to support the individual and instead are using restrictive/prohibited practices.
- Restrictive/prohibited practices are used to influence and control the individual in order to manage problem behavior.

Restrictive practices limit rights, belongings, events, activities, and/or the ability to move or access our environment.

What do you do if you discover a Prohibited Practice?

- You should report it. See [Guideline 85](#) for more information about the reporting process.

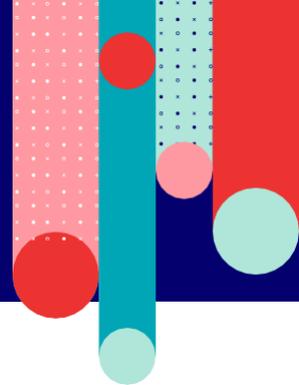
Additional Resources

- [Webinar on Guideline 85](#) regarding how to report a prohibited practice.
- [Webinar on Prohibited Procedures](#) outlined by 9 CSR 45-3.090.
- [Link to 9 CSR 45-3.090](#) regarding behavior supports.

For more information contact: ProhibitedPractice@dmh.mo.gov



Behavior Support Review Committee



PERSON-CENTERED-INTEGRITY-CONTINUOUS LEARNING-
SCIENTIFIC APPROACH-SUSTAINABILITY

Behavior Support Review Committee

Helping teams build better plans for better lives for the individuals supported who are at risk for less than positive outcomes

For more information - Email BSRC@dmh.mo.gov

2ND TUESDAY OF THE MONTH

Reviews at 9:00, 10:15 & 11:30
[Observe via WebEx](#)

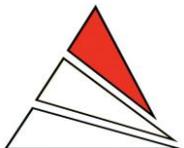
[JOIN WEBEX NOW](#)

3RD THURSDAY OF THE MONTH

Reviews at 1:00, 2:15 & 3:30
[Observe via WebEx](#)

[JOIN WEBEX NOW](#)

[HTTPS://DMH.MO.GOV/DEV-DISABILITIES/TIERED-SUPPORTS](https://dmh.mo.gov/dev-disabilities/tiered-supports)



Behavior Support Review Committee



The W's of Behavior Support Review Committee

Tier 3
Behavior Analysis Team



What is Behavior Support Review Committee?

The Behavior Support Review Committee is the Divisions way to provide support to teams across the state who provide services to individuals exhibiting complex needs through clinical consultation and follow-up coaching. The overall goal is to promote the implementation of best practice strategies leading to greater independence and an enhanced quality of life.

Who is the Behavior Support Review Committee?

It consists of the following:

- Three regional licensed behavior analysts who function as the chairpersons of the committee along with three Intensive Systems Consultants
- A member or members of the provider community licensed to practice applied behavior analysis or working towards licensure
- Other professionals as necessary to review the information and provide feedback

When does the Behavior Support Review Committee Meet?



2nd Tuesday of the month in the morning, [JOIN HERE](#)
reviewing plans at 9:00, 10:15 and 11:30 -
3rd Thursday of the month in the afternoon, [JOIN HERE](#)
reviewing plans at 1:00, 2:15 and 3:30 -
Special Sessions are scheduled as necessary

How is an Individual's team determined to come to the Behavior Support Review Committee?

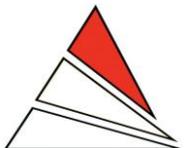
Required attendance is based on any of these criteria:

- Significantly Challenging Behavior
- Reactive Strategy Threshold being met
- Having Psychotropic Medication or PRN used for behavior control
- Referrals - self or other
- Prohibited Procedures are used
- Receiving Intensive Therapeutic Residential Habilitation Services

2023



For more information contact: BSRC@DMH.MO.GOV

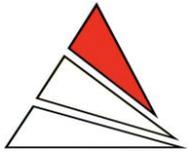


Subject Matter Experts Updates

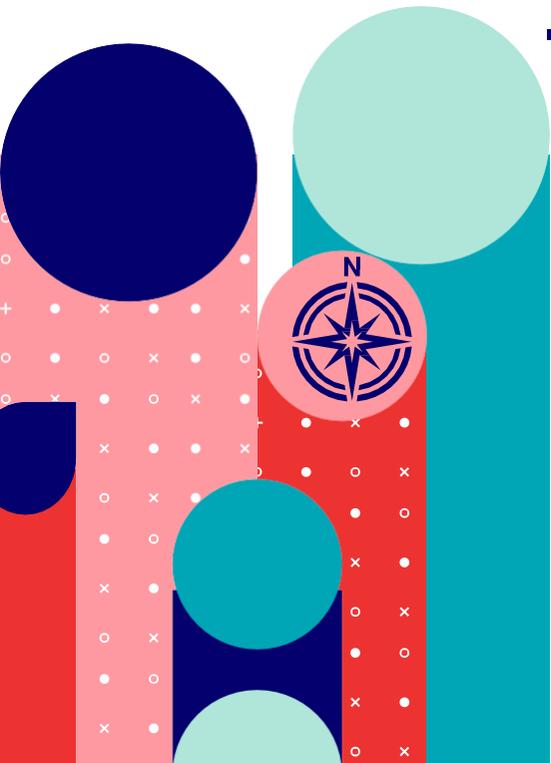


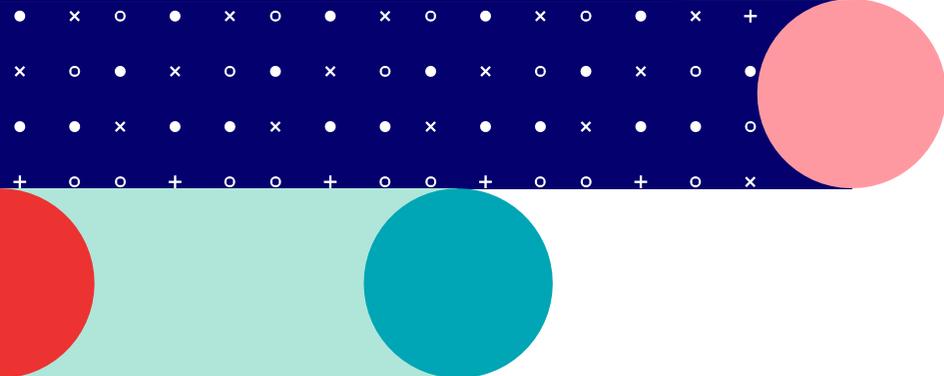
- **Melantha Witherspoon**
- **Syn McDonald**
- **Rita Cooper**

Upcoming Events



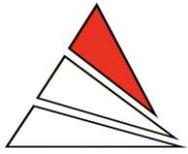
- **BSRC**
 - **3.14.2023 & 3.16.2023**
- **Safety Crisis Plan Training**
 - **4.4.2023 & 4.18.2023**
- **Prohibited Practice Panel - 4.18.2023**
- **Prohibited Practice WebEx & Workshop**
 - **Coming in March/April/May**
 - **Clinical Conceptualization Workshops**
 - **Saturdays**
 - **3.18.2023, 3.25.2023, 4.1.2023 & 4.22.2023**
 - **Friday**
 - **4.14.2023**





Questions and Answers

Wrap - Up



**Next Informational
Meeting**

3.27.2023

