

# DBH Updates, Notices, and Policy Guidance February 10, 2023

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

 Fiscal/Budget Update – On Monday, February 13, the House Sub-Committee for Health, Mental Health and Social Services will be doing their markups on the House Bills 10 & 11. DMH is in HB 10. This hearing will allow the committee members to offer their recommendations (increases/decreases) to the budget. Once their recommendations are voted on and passed it will go to the House Appropriations Committee for the same process. Once passed out of the House Appropriations Committee it will go to the House Floor for a full body vote.

The hearing will start at 11:00 and can be viewed online at Missouri House of Representatives - <u>Missouri House of Representatives - All Hearings (mo.gov)</u>

 Update on Administrative Rules – The Division of Behavioral Health is accepting comments on proposed amendments to 9 CSR 30-6.010 Certified Community Behavioral Health Organizations. Questions and comments should be submitted to debbie.mcbaine@dmh.mo.gov by February 24, 2023.

Proposed amendment to **9 CSR 10-5.230 Hearings Procedures**, is published in the February 15, 2023, *Missouri Register* for public comments. This rule sets out procedures for requesting and conducting hearings before the Department of Mental Health Hearings Administrator as provided for in 9 CSR 10-5.200 Report of Complaints of Abuse, Neglect and Misuse of Funds/Property. The amendment adds provisions for hearings-related documents to be submitted by email and revises representation rights, the time period for scheduling hearings, and the process for conducting hearings <a href="https://www.sos.mo.gov/adrules/moreg/moreg">https://www.sos.mo.gov/adrules/moreg/moreg</a>. Comments should be submitted as specified in the proposed amendment.

- 3. **Right To Be** provides free trainings to the public and customized training experiences for businesses, organizations, schools, and colleges. The trainings are oriented to empower people to make a change and channel attention into simple, creative, and effective action. You will find tools to learn how to respond, intervene, and heal from harassment. They want to empower you with the resources you need to take care of yourself and others because they believe we all have the right to be who we are, wherever we are. To access the free trainings go to <a href="Homepage-Right To Be">Homepage-Right To Be</a>.
- 4. **Missouri Suicide Prevention Network and DMH** The Missouri Suicide Prevention Network, in partnership with DMH, created the <u>Suicide Prevention & 988 Guide for Missouri Schools</u>. This guide is intended for school personnel to utilize suicide prevention, intervention and crisis response services, and postvention resources to better address and meet the growing needs of schools across the state. In addition to this guide, DMH has made available 988 Suicide & Crisis Lifeline materials (<u>virtual materials</u> and <u>physical materials</u> shipped directly to the school free of charge) for schools to promote the number on their campuses and encourage help seeking among students, staff, and families. These resources have been shared with Missouri schools, youth-serving organizations, and related communities.

5. Suicide Prevention & 988 Guide for Missouri Schools – The Missouri Suicide Prevention Network (MSPN) is proud to launch the Suicide Prevention & 988 Guide for Missouri Schools. This guide is intended for school personnel to utilize suicide prevention, intervention and crisis response services, and postvention resources to better address and meet the needs of schools across the state. In addition to this guide, the Missouri Department of Mental Health (DMH) is making available 988 Suicide & Crisis Lifeline materials for schools to promote this life-saving resource on their campuses and encourage help seeking among students.

Please help us spread the word about these important resources by sharing with school personnel and youth-serving organizations, groups, and related communities. We invite you to distribute this guide and its resources to your professional communities via listservs, newsletters, social media, etc. *Please let us know how we can assist you in your communications*.

# Please click the buttons below to access the materials







6. **Real Voices-Real Choices Conference Presenters Wanted** – Proposals are currently being accepted for presentations and you are encouraged to apply! You can also forward this email on to those you think might make a great speaker for this year's event. *RVRC is unable to pay for presentations or reimburse expenses for presenters*. Application deadline is *March 6, 2023*. Apply

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

#### JOB ANNOUNCEMENTS

#### **Program Assistant**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in St. Louis, MO. Application deadline is *February 21, 2023*. Learn More and Apply!

### **FUNDING OPPORTUNITIES**

1. 2023 Scaife Medical Student Fellowship – The application for the 2023 Scaife Medical Student Fellowship in Substance Use Disorders is now open! The Scaife Medical Student Fellowship in Substance Use Disorders offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations The Scaife Fellowship is a three-week experience. For the 2023 fellowship, the first two weeks will consist of remote virtual learning, and the third week will be held in Pittsburgh, PA for onsite experiential learning. Application Due Date: Friday, February 17, 2023. Learn More and Apply

- 2. Sober Truth on Preventing Underage Drinking Act Grants The purpose of this program is to prevent and reduce alcohol use among youth and young adults ages 12-20 in communities throughout the United States. The program aims to: (1) address norms regarding alcohol use by youth, (2) reduce opportunities for underage drinking, (3) create changes in underage drinking enforcement efforts, (4) address penalties for underage use, and/or (5) reduce negative consequences associated with underage drinking (e.g., motor vehicle crashes, sexual assaults). In addition, applicants will build on strategic plans that were developed under a Drug Free Communities (DFC) award utilizing the strategic prevention framework model which aims to address underage drinking behaviors. Application Due Date: Friday, March 03, 2023. Learn More
- Emergency Department Alternatives to Opioids Program The purpose of this program is to develop and
  implement alternatives to opioids for pain management in hospitals and emergency department (ED) settings and
  reduce the likelihood of future opioid misuse. This program also supports identification of, and intervention for,
  individuals presenting with Opioid Use Disorder (OUD). Application Due Date: Monday, March 06, 2023. Learn
  More
- 4. Grants to Expand Substance Use Disorder Treatment Capacity in Adult and Family Treatment Drug Courts The purpose of this program is to expand substance use disorder (SUD) treatment and recovery support services in existing drug courts. The program recognizes the need for treatment instead of incarceration for individuals with SUDs. These awards provide a continuum of care, including prevention, harm reduction, treatment, and recovery services, for individuals with SUD involved with the courts. Application Due Date: Monday, March 06, 2023. Learn More
- 5. Medication-Assisted Treatment-Prescription Drug and Opioid Addiction The purpose of this program is to provide resources to help expand and enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to 1) increase access to MOUD for individuals with Opioid Use Disorder (OUD), including individuals from diverse racial, ethnic, sexual and gender minority communities; and 2) decrease illicit opioid use and prescription opioid misuse. Application Due Date: Tuesday, March 07, 2023. Learn More
- 6. New HRSA Funding Opportunity Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome-This notice announces the opportunity to apply for funding under the Rural Communities Opioid Response Program-Neonatal Abstinence Syndrome (RCORP-NAS). The purpose of this program is to reduce the incidence and impact of neonatal abstinence syndrome (NAS) in rural communities by improving systems of care, family supports, and social determinants of health. NAS is a group of conditions that can occur when newborns withdraw from certain substances, including opioids, that they were exposed to before birth 1. Application Due Date: Friday, March 08, 2023. Learn More
- 7. Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk for Psychosis The purpose of this program is to provide trauma-informed, evidence-based interventions to youth and young adults (not more than 25 years of age) who are at clinical high risk for psychosis. Application Due Date:

  Tuesday, March 14, 2023. Learn More
- 8. **First Responders-Comprehensive Addiction and Recovery Act** The purpose of this program is to support first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. **Application Due Date**: **Tuesday, March 14, 2023.** <u>Learn More</u>
- 9. **FY 2023 Linking Action for Unmet Needs in Children's Health** The purpose of this program is to promote the wellness of young children, from birth to 8 years of age, by addressing the social, emotional, cognitive, physical, and behavioral aspects of their development, as well as prepare them to thrive in school and beyond. **Application Due Date:** *Tuesday, March 21, 2023.* <u>Learn More</u>

- 10. **Grants for the Benefit of Homeless Individuals** The purpose of this program is to provide comprehensive, coordinated, and evidence-based treatment and services for individuals, including youth, and families with substance use disorders (SUDs) or co-occurring mental health conditions and SUDs (CODs) who are experiencing homelessness. **Application Due Date**: **Tuesday, March 21, 2023.** Learn More
- 11. New HRSA Funding Opportunity Integrated Substance Use Disorder Training Program The purpose of this program is to expand the number of nurse practitioners, physician assistants, health service psychologists, counselors, nurses, and/or social workers, (including individuals completing clinical training requirements for licensure) trained to provide mental health and substance use disorder (SUD), including opioid use disorder (OUD) services in underserved community-based settings that integrate primary care, mental health, and SUD services, including such settings that serve pediatric populations. Application Due Date: Tuesday, March 21, 2023. Learn More
- 12. Improving Access to Overdose Treatment The purpose of this program is to expand access to naloxone and other Food and Drug Administration (FDA) approved overdose reversal medications for emergency treatment of known or suspected opioid overdose. Application Due Date: Friday, March 24, 2023. Learn More
- 13. Services Program for Residential Treatment for Pregnant and Postpartum Women The purpose of this program is to provide comprehensive services for pregnant and postpartum women with substance use disorders across the continuum of residential settings that support and sustain recovery. As a family-centered program, services also extend to family members and the minor children of the women, the latter whom may reside with the women in the program facilities at the woman's request. Application Due Date: Monday, March 27, 2023. Learn More
- 14. State Pilot Program for Treatment for Pregnant and Postpartum Women The purpose of this program is to enhance flexibility in the use of funds designed to: (1) support family-based services for pregnant and postpartum women with a primary diagnosis of a substance use disorder, emphasizing the treatment of opioid use disorders; (2) help state substance use agencies address the continuum of care, including services provided to pregnant and postpartum women in non-residential based settings; and (3) promote a coordinated, effective and efficient state system managed by state substance use agencies by encouraging new approaches and models of service delivery. Application Due Date: Monday, March 27, 2023. Learn More
- 15. National Child Traumatic Stress Initiative-Category III: Community Treatment and Service (CTS) Centers The purpose of this program is to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families, who experience traumatic events. With this program, SAMHSA aims to raise the standard of care and improve access to evidence-based services for children experiencing trauma across the nation. Application Due Date: Monday, March 27, 2023. Learn More
- 16. New Assertive Community Treatment The purpose of this program is to establish or expand and maintain ACT programs for transition-aged youth and adults with a serious mental illness (SMI) or serious emotional disturbance (SED). Recipients are expected to implement an ACT program to fidelity and provide ACT services to the population of focus. With this program, SAMHSA aims to improve behavioral health outcomes for individuals by reducing rates of hospitalization, mortality, substance use, homelessness, and involvement with the criminal justice system.

  Application Due Date: Monday, April 10, 2023. Learn More

# **INFO and RESOURCES**

1. New NASMHPD-A Behavioral Health Parity Playbook – The Mental Health Parity and Addiction Equity Act sets a national floor for parity compliance. The Law provides detailed guidance and important protections that some state statutes have adopted and built upon to support and facilitate implementation of the law. Parity is widely defined as the process of creating equality or equivalency. A long-held goal of the behavioral health field has been to achieve equal health insurance coverage and managed care treatment as that which applies to medical and surgical health conditions. In service of this goal, NASMHPD has released a draft Behavioral Health Parity Playbook. This Playbook

was developed to provide authoritative educational materials about parity and parity enforcement. It condenses and summarizes thousands of pages of material that have been published by federal and state agencies and provides examples of promising practices from states.

- 2. **New Antipsychotic Prescribing Doubled Over 20 Year in Children, Adolescent Patients** Children and teens with migraine are at higher risk of experiencing anxiety and depression symptoms and disorders compared with healthy controls, according to results from a systematic review and meta-analysis. <u>Learn More</u>
- 3. **New Rural Affordable Housing Capacity Building** Technical Assistance Collaborative (TAC) is offering free assistance through the HUD Rural Capacity Building Program (RCB) to organizations that provide or wish to provide rural affordable housing options for people who have low to moderate incomes including supportive housing. The topic area will be one or both of the following and assistance will start in March 2023.
  - Emergency Preparedness and Disaster Recover Planning
  - <u>Preparing for Developing Young Adult Focused Housing</u>
- 4. New Overdose Prevention and Response in BIPOC Communities The interactive toolkit provides tips, implementation tools and resources to help integrate the approach into existing overdose prevention and response efforts. The accompanying concept paper provides more details and describes how public safety agencies and the communities they serve will benefit from adopting this new approach. <a href="Download Toolkit">Download Toolkit</a>
- 5. New Seeking Provider Feedback on UMAT-R Mobile App Eligibility Criteria: 1) Work with pregnant and postpartum people with opioid use disorder OR work at a recovery community center, 2) Adult (18 years of age), 3) fluent in English, and 4) currently owns or has ready (daily) access to a smartphone or tablet to use uMAT-R. Contact our team at Behealthy@WUSTL.EDU OR (314) 944-2464 If you are interested in learning more.
- 6. CDC Releases New State Fact Sheets: Addressing Excessive Alcohol Use The Centers for Disease Control and Prevention (CDC) released State Fact Sheets: Addressing Excessive Alcohol Use. These new fact sheets highlight the public health problem of excessive alcohol use, its impact, and policy solutions currently employed in the 50 States and the District of Columbia. CDC worked with States and communities to create these State-specific products that can be downloaded and shared with communities, decision makers, and other partners with the intent of educating States on evidence-based strategies to prevent excessive alcohol use.

### TRAINING OPPORTUNITIES

- New Monthly Tobacco Use Disorder Integration Office Hours This webinar will engage in peer-to-peer learning, share insights and strategies and gain access to individualized tools and resources. Tuesday, February 14, 2023, 1:30pm CT. Register
- New Introduction to Dialectical Behavioral Therapy for Health Care Professionals This webinar will explore the
  basic pillars of DBT and introduce clinicians to strategies to implement skills that can be used to aid clients.
  Wednesday, February 15, 2023. 11am CT. Register
- 3. **New Lead with Data-Driven Decisions** This sessions will explain how to democratize data science within your organization and empower you to uncover hidden value with this tremendous asset. We will go on to discuss how to account for growth in storage, source, access and use with optimized data architecture. And finally, we'll address risk and security concerns by discussing strategic governance and data management. **Wednesday, February 15, 2023. 12pm-1pm CT.** Register
- 4. New Adapted Prevention and Screening Resources for LGBTQ+ Young People at Risk of Harmful Substance Use During this panel discussion, presenters will discuss recent efforts to adapt and create prevention and screening resources to serve LGBTQ+ young people. Presenters will include a first-person perspective from a trans person in recovery; implementation of SBIRT in high school settings; newly drafted guidelines for using SBIRT with transgender

and nonbinary populations; and important findings about what drives harmful substance use among LGBTQ+ adolescents. *Wednesday, February 15, 2023.* 12pm CT. Register

- 5. You & Me, Together Vape-Free In this 90-minute interactive and focused training, we will take a deeper dive into the toolkit, curriculum lessons, review content, and discuss how to best use it with youth. Wednesday, February 15, 2023. 12pm-1:30pm CT. Register
- Considering Diversity, Equity, and Inclusion in Preventing Drug Use and Misuse Use Join us for an engaging discussion about the importance of cultural competence and cultural humility in preventing drug use and misuse, featuring panelists from state government, higher education, community-based prevention, and DEA. Wednesday, February 15, 2023, 2pm-3:15pm CT. Register
- 7. **Understanding Social Security Disability: Guide on Processes and Approval** This webinar will benefit the community, healthcare professionals, and mental health professionals. **Wednesday, February 15, 2023, 2pm-3:30pm CT.** Register
- 8. New Evaluating and Writing Reports on Adults who Have Sexually Offended This training will help you understand how to integrate your knowledge of actuarial risk assessments, the principles of risk, need, and responsivity, motivational interviewing, and report-writing skills into a comprehensive, ethical psychosexual evaluation report. Evaluations can be necessary at various points in the criminal justice process and for many reasons. Thursday, February 16, 2023, 10am 2:30pm CT. Register
- 9. New The Role of Families in SAMHSA's Office of Recovery Learn more about how the Office of Recovery plans to support family caregivers in their blog "Honoring Family Caregivers" and how one of SAMHSA's new key areas, Promoting Resilience and Emotional Health for Children, Youth, and Families helps to guide their new priorities, principles, and mission in the recently released SAMHSA Interim Strategic Plan. Thursday, February 16, 2023, 11am CT. Register
- 10. Intermediate Motivational Interview Training For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. Thursday, February 16, 2023, 11am CT. Register
- 11. New Understanding Suicide and Mental Health Disparities Among Black and African American Communities in Integrated Care Recent news of death by suicide of notable public figures has drawn the attention of many to a crisis: Suicide continues to rise in Black and African American (B/AA) communities at an alarmingly increasing rate. In fact, while the overall suicide rate in the United States has decreased by 3% since 2020, the rate of suicide among men of color, including Black men, has increased. Thursday, February 16, 2023, 1pm CT. Register
- 12. **Clinical Supervision Training** This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. **February 16-17, 2023, 8am-2pm CT**. Register
- 13. Question Persuade Refer (QPR) for Substance Use Disorder Professional —The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD

treatment facilities. If you have any questions, please contact Rick Strait, <u>rickstrait777@gmail.com</u>. *February 17,* **2023** – <u>Register</u>

- 14. Diagnosis and Treatment of Narcissistic Personality Disorder This Zoom webinar will provide a thorough overview of narcissistic personality disorder and its most empirically-supported psychotherapies. *Friday, February 17, 2023, 9am-12pm CT*. Register
- 15. **New Social Security Webinar: Understanding SSI for Adults, Seniors and Children** This 2-hour training will provide guidance for third-party organizations including eligibility and determination information about the SSI program, the application process, and other helpful resources. **Wednesday, February 22, 2023, 9:30am-11:30am CT**. Register
- 16. New Financing the Future of Integrated Care-Q&A Thursday, February 23, 2023, 12pm CT. Register
- 17. New Collaborative Care Management Foundations: A 101 Primer on the Practices and Possibilities Join us for an exploration of the basics of Collaborative Care Management (CoCM), a practice model that serves as a pillar for many organizations within the integration landscape. Thursday, February 23, 2023, 12pm CT. Register
- 18. New Adverse Childhood Experiences: How Stress Shapes Our World Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 25 years. This workshop will include an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. Thursday, February 23, 2023, 1pm-4pm CT. Register
- 19. **H.E.A.T.** is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. *February 27-March 1, 2023*. Register
- 20. New Peer Support in Integrated Care Settings Tuesday, February 28, 2023, 11am CT. Register
- 21. **New Treating Gambling Harms: Valuable strategies for engaging and retaining our clients** The ICRG is approved by NBCC and NAADAC to offer continuing education for counselors. In addition, the ICRG is approved by the American Psychological Association to sponsor continuing education for psychologists. The ICRG maintains responsibility for this program and its content. **Tuesday, February 28, 2023, 1pm-2:30pm CT.** Register
- 22. Youth Substance Prevention Training (Virtual) Identifying youth substance use and intervening early decreases the long-term likelihood of a substance use disorder. Learn strategies to help prevent substance use in at-risk youth by taking advantage of the National Council's introductory/refresher training in Youth Screening, Brief Intervention and Referral to Treatment (YSBIRT), an integrated and comprehensive approach to identify, reduce and prevent risky alcohol and drug use. *Tuesday, February 28, 2023, 1pm-4pm CT*. Register
- 23. **New Introductory/Refresher Virtual YSBIRT Training** If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Tuesday, February 28, 2023, 1pm CT.** Register
- 24. **H.E.R.** is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. *March 1-3, 2023*. Register
- 25. **Cross-Culture Validity of Structured Risk Assessment Tools** This session will summarize existing research on cross-cultural validity and generalizability of risk factors and risk tools, as well as some recent research on potential culturally-unique risk factors for Indigenous individuals. **Wednesday, March 1, 2023, 10am-12pm CT**. Register

- 26. NAMI Family-to-Family Education Course NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, March 2-April 20, 2023 6:30 pm-9pm CT. Register
- 27. **New Introductory/Refresher Virtual YSBIRT Training** If you are an administrator or clinician who is new to YSBIRT or looking for a refresher, this three-hour training is just for you. **Monday, March 6, 2023, 1pm CT.** Register
- 28. NAMI Homefront Education Course NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday. *March 7, 2023 through-April 11, 2023, 6pm-8:30pm CT.* Register
- 29. New Enhancing the Effectiveness of Public Safety-lead Overdose Prevention in Black Indigenous and People of Color Communities This webinar will present a new approach to enhance the effectiveness of public safety-led overdose prevention in Black, Indigenous and people of color (BIPOC) communities. It combines three proven models to enhance overdose prevention and response: trauma-informed care, recovery-oriented systems of care and procedural justice. Wednesday, March 8, 2023, 1pm CT. Register
- 30. New Providing Recovery Support Services for Pregnant and Parenting Families (PPF) Training and Credential The overall goal of this training is to better prepare Behavioral Health professionals to meet the diverse needs of pregnant and parenting families in early recovery. Recovery and parenting both occur in the context of relationships and this training is designed to help participants build skills to support/strengthen families as they grow and develop in their roles as nurturing parents. March 8-10, 2023, 8am-5pm CT. Register
- 31. St. Louis Region Harm Reduction 101 This in-person training is recommended for anyone interested in learning information about harm reduction. Local public health agencies and individuals that work in public health are encouraged to attend. Thursday, March 9, 2023, 9am-12:30pm. Register
- 32. Understanding and Treating the Sexual Problems of Men: An Existential Approach the presentation will focus on the existential lives of men and how much of men's concerns are communicated through the functioning of the penis. Additionally, the abusive and problematic sexual behavior of some men will be examined through an existential psychotherapy lens with clinical strategies for treatment the ultimate goal. *Thursday, March 9, 2023, 10am-2:30pm CT*. Register
- 33. New Treating Trauma-Recognizing and Responding to Trauma in Mental Health Settings Mental Health and Social Service Professionals need to be able to recognize and respond to client stress responses to successfully implement Cognitive Behavioral Therapy (CBT). This interactive training is designed for social workers, therapists, case managers and other professionals in the social service field to enhance their delivery of trauma-informed cognitive behavioral treatment and strategies. Thursday, March 9, 2023, 1pm-4pm CT. Register
- 34. Introductory/Refresher Virtual Motivational Interviewing Training This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. Thursday, March 16, 2023, 11am CT. Register

- 35. **2023 Missouri Crisis Intervention Team Conference** The Missouri Crisis Intervention Team (MO CIT) program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT. The Missouri CIT Council is a network of representatives from each established local CIT council across the state, Community Behavioral Health Liaisons (CBHLs), state agencies and associations, and those with lived experience. The business of the Council is informed by the needs identified by the local CIT Councils. The Council works to address any structural barriers at the state level and advocates for policy and legislative changes that may be necessary to support health and wellness. *March 19-21, 2023*, Register
- 36. **Using a Developmental Lens to Promote Prosocial Skills in Adolescent Clients** This training is designed to help attendees set developmentally appropriate treatment goals and promote teens' ability to make better decisions and take greater responsibility for their lives. *Thursday, March 23, 2023, 10am-1:15pm CT*. Register
- 37. **Medication Awareness Recovery Specialist Training Program** This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. **March 23, 2023, 9am-12pm or 1pm-4pm CT**. Register
- 38. Preventing and Treating Adolescent Violence and Delinquent Behavior This training provides insight into how and why some adolescents engage in violence and other delinquent behavior. It describes empirically based pathways to offending and examines its sociocultural context, specifically addressing how individual development unfolds within an ecological niche and how this affects behaviors such as juvenile delinquency and violence. *Thursday, March 20, 2023, 10am-2:30pm CT*. Register
- 39. Missouri Association of Treatment Court Professionals Conference-Voices of Recovery Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. *March 29-March 31, 2023*. Register
- 40. **New Diagnosing Prolonged Greif Disorder** The times they are a-changing. For decades, society has tried to confine grief into five stages, while the DSM (Diagnostic and Statistical Manual of Mental Disorders) has bounced bereavement around in various versions as an exclusionary diagnosis. But in its most current edition, the DSM-5-TR has shifted focus to a more dynamic prolonged grief disorder, defining it as its own diagnostic entity. **Friday, March 31, 2023 9am-12pm CT**. Register
- 41. Overcoming Common Issues in the Treatment of Adolescents Who Have Engaged in Sexually Harmful Behaviors This training addresses current practices in the assessment, treatment, safety planning, and clarification in working with adolescent clients who have engaged in sexually harmful behaviors, as well as how to overcome some of the unique challenges of this work. The content is informed by the guidelines created by the Association for the Treatment of Sexual Abusers (ATSA), which are based on the principles of risk, need, and responsivity. *Thursday, April 6, 2023, 10am-2:30pm CT*. Register
- 42. **Speak Hard-Painting 23 Prevention Conference** Be part of the annual youth conference in Jefferson City SPEAK HARD! Youth from across the state will gather to prevent dangerous behaviors, learn strategies to educate their peers, and advocate for youth causes by meeting with their elected officials. *Thursday, April 13, 2023*. <u>Register</u>
- 43. Understanding the difference between the need for Anger management or Domestic Violence in Addicts Review of recommended criteria for referral to an anger management class or a domestic violence intervention class. For questions please contact: Lisa Doyle at <a href="mailto:pipneerstjoe@icloud.com">pipneerstjoe@icloud.com</a>
  Registration email <a href="mailto:pioneerstjoe@yahoo.com">pioneerstjoe@yahoo.com</a> confirmation of attendance. I prefer prepayment or can take payment by phone. Call 816-205-0082 if any questions or concerns. Website: <a href="mailto:Angel on My Shoulder Institute">Angel on My Shoulder Institute</a> | Facebook Friday, June 20, 2023 9am-4pm CT.

44. **Recovery Leadership Summit 2023** – The Recovery Leadership Summit awards pay homage to recovery trailblazers who have dedicated their lives to removing barriers, improving outcomes and restoring hope to individuals, families and communities affected by substance use disorder. *June 4-7, 2023*. Register

### RECURRING TRAINING OPPORTUNITIES

- 1. 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to events@mobhc.org Register
- 2. Brave Safe Space is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the second Thursday of each month from 6:30 pm 8:00 pm CT via this Zoom link: <a href="https://us02web.zoom.us/j/89190741128">https://us02web.zoom.us/j/89190741128</a> Meeting ID: 891 9074 1128
- 3. **New Harm Reduction Specialist Training** Harm reduction services save lives by being available and accessible in a matter that emphasizes the need for humility and compassion toward people who use drugs. Harm reduction plays a significant role in preventing drug-related deaths and offering access to healthcare, social services, and treatment. These services decrease overdose fatalities, acute life-threatening infections related to unsterile drug injection, and chronic diseases such as HIV/HCV." (SAMHSA).
  - February 21-23, 2023, 8am-5pm CT-Location: Healing House, 4505 St. John Ave. KC MO Register
  - April 3-5, 2023, 8am-5pm CT-Location: St. Louis (TBD) Register
- 4. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 5. **2023 Peer Specialist Trainings** Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training Register
  - Peer Specialist Supervisor Training Register
  - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>
- 6. **Certified Peer Specialty Training** All Specialty Trainings are virtual
  - Trauma February 17, 2023, 9am-12pm CT Register
  - Peer Tools and Role Play March 24, 2023, 9am-12pm CT Register
  - Practical Motivational Interviewing April 21, 2023, 9am-12pm CT Register
  - Peer Service Documentation May 12, 2023, 9m-12 CT. Register
  - Peer Tools and Role Play June 23, 2023, 9am-2pm CT Register

- Compassion Fatigue August 18, 2023, 9am-12pm CT Register
- Peer Tools and Role Play November 17, 2023, 9am-12pm CT Register
- Co-Occurring Disorders December 15, 2023, 9am-12 pm CT Register
- 7. Peer Supervision Trainings This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.

 February 16, 2023 Register
 April 20, 2023 Register

 June 15, 2023 Register
 August 17, 2023 Register

 October 19, 2023 Register
 December 15, 2023 Register

- 8. **NAMI Basics Teacher Training (Virtual)** These trainings are for parents and caregivers of youth who have experienced mental illness. Potential teachers must first take the NAMI Basics course and then take the teacher training to become certified to teach it. The training is provided at no cost with expenses paid primarily through a contract with the Missouri Department of Mental Health.
  - February 25-26, 2023 Register
  - April 1-2, 2023 Register
- 9. **Family Support Provider Trainings** A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
  - March 1-3, 2023 428 E. Capital, Lower Level; Jefferson City, MO 65101 Register
  - April 24-26, 2023 428 E. Capital, Lower Level; Jefferson City, MO 65101 Register
  - May 9-11, 2023 St. Louis (TBD) Register
- 10. Advanced Peer Supervision Training This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.
  - March 2-3, 2023 (ZOOM) Register
- 11. **Youth Peer Support Specialist** A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
  - March 6-10, 2023, Register
- 12. AMSR SUD Training –AMSR-trained professionals report increased willingness, confidence, and clarity in working with people at risk of suicide. The AMSR-SUD Training workshop prepares health and behavioral healthcare providers working in substance use disorder treatment settings to provide confident and empathetic treatment to patients at risk of suicide. AMSR Training workshops provide a full day of training. Register
  - March 7, 2023-Missouri Behavioral Health Council Office- Jefferson City, MO
  - April 20, 2023-Family Counseling Center- Kennett, MO
  - May 30, 2023-Burrell Behavioral Health- Springfield, MO

