FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

January 6, 2023

Prior issues of FYI Fridays can be found at: <u>https://dmh.mo.gov/mental-illness/fyi-fridays</u>



1. Fiscal/Budget Update -

- Governor Mike Parson will deliver the 2023 State of the State Address detailing the FFY24 budget on *Wednesday, January 18, 2023 at 3:00 PM.*
- DBH is working on updating its provider contact lists. An email has been sent to each agency requesting updated contacts. This was due back by *January 5, 2023* to Vicki Schollmeyer.
- President Biden recently signed the FY2023 Omnibus Spending Bill. Effective April 1, 2023, states will resume the annual renewal process for Medicaid. The bill ends the Medicaid continuous coverage guarantee that was in the Families First Coronavirus Response Act on 3/31/23, rather than continue to tie it to the end of the PHE. This means the 12 month unwinding process will begin April 1, requiring states to initiate all annual reviews within 12 months of that date. It also allows coverage to be terminated beginning 4/1/23, advance notice, due process, and ex-parte procedures still must be followed prior to terminating anyone. However, spend down and TWHA premium cases could have their coverage end on 3/31/23 if they don't pay for April in March as MO HealthNet Division has continued to send monthly invoices during the PHE.

Couple things for agencies and providers to keep in mind as more information comes in:

Although reviews can begin April 1, it's not yet known when any individual client's case will be reviewed. They should not try to send review forms prior to FSD requesting one as many will be done ex-parte without needing additional information from the client. The most important thing to be done to prepare for the eventual reviews is make sure the client's current address is shown in CIMOR as the Medicaid address and if not assist the client in reporting it.

For spend down clients who had been meeting it with incurred expenses, the agencies should resume submitting their CCBHO, CPR, CSTAR, and waiver expenses to the FSD spend down unit in April.

More information can be found in the Medicaid newsletter (Newsletter Issue 7: 01/05/2022).

2. Update on Administrative Rules -

The Department of Mental Health is accepting comments on proposed amendment **9 CSR 10-7.130 Procedures to Obtain Certification** <u>https://dmh.mo.gov/alcohol-drug/regulation-drafts</u>. Comments should be submitted to <u>debbie.mcbaine@dmh.mo.gov</u> by January **9, 2023**.

The amendment to **9 CSR 10-5.210 Exceptions Committee** will be effective **January 30, 2023**. This amendment clarifies that individuals "currently seeking certification" from or have been certified by the Missouri Credentialing Board as a peer specialist are exempt from the requirement that an exception cannot be requested until twelve (12) months have passed since the sentence of the court or since the department gave official notice of the person's name being added to the Department of Mental Health disqualification registry.

3. CMS Issues and Informational Bulletin on the Provisions Included in the Consolidated Appropriations Act 2023 Related to the Medicaid Continuous Enrollment Condition – Today, CMS issued an informational bulletin on the provisions included in the Consolidated Appropriations Act, 2023 (CAA, 2023) related to the Medicaid continuous enrollment condition. The CAA, 2023 updates various Medicaid and CHIP provisions, including significant changes to the continuous enrollment condition of the Families First Coronavirus Response Act. Under the CAA, 2023, expiration of the continuous enrollment condition will no longer be linked to the public health emergency (PHE) and instead the condition will end on March 31, 2023. Following the end of the condition, states will have up to 12 months to initiate, and 14 months to complete, a renewal for all individuals enrolled in Medicaid, the Children's Health Insurance Program, and the Basic Health Program. As of January 2023, the PHE is still in effect. Read the Informational Bulletin for more detail.

4. State Advisory Council -

• Thank you to these amazing individuals who serve on the State Advisory Council! The mission of the Council is to advise the Division of Behavioral Health in the development, funding, prevention, public understanding and coordination of specialized services to meet the needs of Missourians with mental health and substance use disorders.



- The State Advisory Council met in December and were joined by Ken Vick, Stacey Langendoefer, and Kimberly Crouch from the Missouri Credentialing Board. MCB updated the council on the work they are doing to provide credentialing and training across the state. We were excited to hear more about the Family Peer Support Provider Training, which you can find out more about at <u>https://mofamilysupportprovider.com/</u>.
- Real Voices-Real Choices Conference-Presenters Wanted We're currently accepting proposals for presentations and we encourage you to apply today. You can also forward this email on to those you think might make a great speaker for this year's event. RVRC is unable to pay for presentations or reimburse expenses for presenters. Application deadline is *March 6, 2023*. <u>Apply</u>

Director's Creativity Showcase – Send in Clients' Art! Now Open for Entries: The annual Director's Creativity 6. Showcase Entry Deadline: Friday, January 27, 2023 The annual Director's Creativity Showcase is sponsored by the Missouri Mental Health Foundation (MMHF) and the Missouri **Director's** PRESENTED BY THE Department of Mental Health. Missouri Mental This annual event displays the talents of individuals receiving

services for mental illness, developmental disabilities, and/or SUD. Click here to learn more and view the event information. **Director's Creativity Showcase**



Looking for employment? Know someone who is? Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Real Voices-Real Choices Consumer Conference Co-Chair

This is an unclassified position as a Consumer Conference Co-Chair to represent individuals with mental illness and/or substance use disorders for the Division of Behavioral Health. Consumers, self-advocates, persons in recovery, and family members of consumers are preferred. Application deadline is January 31, 2023. Learn More and Apply!

FUNDING OPPORTUNITIES

- 1. New 2023 Scaife Medical Student Fellowship The application for the 2023 Scaife Medical Student Fellowship in Substance Use Disorders is now open! The Scaife Medical Student Fellowship in Substance Use Disorders offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations The Scaife Fellowship is a three-week experience. For the 2023 fellowship, the first two weeks will consist of remote virtual learning, and the third week will be held in Pittsburgh, PA for onsite experiential learning. The deadline to apply is *Friday, February 17, 2023*. Learn More and Apply
- 2. The National Council for Mental Wellbeing and Centers for Disease Control and Prevention (CDC) the National Council will select up to 25 community behavioral health organizations, harm reduction organizations and other community-based organizations. Funding will support organizations to implement evidence-based or promising strategies to enhance and expand critical services that reduce the risk of overdose by increasing engagement in evidence-based and innovative harm reduction strategies, linkage to care and peer support services.

To learn more about the funding opportunity and upcoming RFA launch, join the National Council for an informational Office Hour on Wednesday, January 11, 2023, at 12pm. CT. The RFA will launch on January 9, 2023. Register

INFO and RESOURCES

1. New HHS Releases Policies on mental Health and SUD Care Access in 2024 – On December 12th, the Biden-Harris Administration released the 2024 Notice of Benefit and Payment Parameters Proposed Rule. The rule proposes to expand access to care for low-income and medically underserved populations by establishing two new major essential community provider (ECP) categories for Plan Year (PY) 2024 and beyond: Substance Use Disorder Treatment Centers and Mental Health Facilities. The rule also proposes to maintain the current overall 35% provider participation threshold and extend it to two major ECP categories: Federally Qualified Health Centers (FQHCs) and Family Planning Providers. The press release states that the Proposed Rule expands Network Adequacy requirements, advances health equity, and expands access to care for consumers who have low income, complex or chronic health conditions, or reside in underserved areas. HHS' press release announcing the release of the policies can be found here.

A fact sheet on the Notice of Benefit and Payment Parameters for 2024 Proposed Rule can be found here.

- 2. New NIH Launches Harm Reduction Research Network to Prevent Overdose Fatalities The National Institutes of Health (NIH) recently announced a \$36 million, five-year investment in a new research network to test harm reduction strategies from different communities to address the overdose crisis. Funded by the <u>NIH Helping to End</u> <u>Addiction Long-term Initiative (NIH HEAL Initiative)</u> through the National Institute on Drug Abuse (NIDA), this harm reduction research network provides nine research grants and one grant to establish a coordinating center. The studies funded by these grants will test existing and new strategies to connect enrolled participants with a range of harm reduction interventions and determine their effectiveness in reducing overdose deaths. Projects will also study barriers to accessing harm reduction services, sustainability, and level of individual and community engagement. Several of these studies will target populations disproportionately affected by drug use, including Black and Latino/Latina communities, women, and people in rural areas. All projects will have a community advisory board or people with lived experience to support the research. Leading institutions and their projects can be found <u>here</u>. The harm reduction research network's efforts represent the largest pool of funding from NIH to date to study harm reduction strategies to address overdose deaths.
- 3. New DEA Announces the Seizure of Over 379 Million Deadly Doses of Fentanyl in 2022 The Drug Enforcement Administration (DEA) announced the seizure of over 50.6 million fentanyl-laced, fake prescription pills and more than 10,000 pounds of fentanyl powder for the 2022 calendar year. The DEA Laboratory estimates that these seizures represent more than 379 million potentially deadly doses of fentanyl, which is enough to kill every American. Last month, the DEA issued a <u>Public Safety Alert</u> on the sharp nationwide increase in the lethality of fentanyl-laced counterfeit pills- a driver of the rise in overdose deaths. The DEA reports seizing more than double the amount of fentanyl-laced, fake prescription pills in 2022 than in 2021. The DEA is now providing a <u>regularly updated counter</u> to track approximate amounts of fentanyl pills and fentanyl powder seized. The DEA has also developed a "Faces of Fentanyl" memorial to commemorate the lives lost from fentanyl poisoning.
- 4. New SAMHSA Seeking Public Input on the Revised Draft of the CCBHC Criteria Update The Substance Abuse and Mental Health Services Administration (SAMHSA) is seeking public input on the revised draft of the <u>updated</u> <u>Certified Community Behavioral Health Clinic (CCBHC) Certification Criteria</u>. Public comment on the revised draft of the CCBHC Criteria is due no later than *January 20th, 2023*, and can be submitted by emailing <u>CCBHCCriteria@samhsa.hhs.gov</u>.

The revised draft of the updated CCBHC Certification Criteria can be found in full on SAMHSA's website, here.

5. New Study Finds Heart Medication has Potential to Treat Alcohol Use Disorder – A study by a group of researchers from the Yale School of Medicine and the National Institute of Health's (NIH) National Institute on Drug Abuse (NIDA) and National Institute on Alcohol Abuse and Alcoholism (NIAAA), published in the journal Molecular Psychiatry, found that a medication for heart issues and high blood pressure may also be effective for treating alcohol use disorder. The study presents evidence from a cohort study on humans and experiments on mice and rats suggesting the medication, spironolactone, may play a role in reducing alcohol use. Specifically, spironolactone was significantly associated with reductions in self-reported alcohol consumption measured by the Alcohol Use Disorders

<u>Identification Test-Consumption screening tool</u>, with the greatest effect for those who reported hazardous or heavy episodic alcohol consumption before starting treatment.

6. New Congressional Report finds that Opioid Crisis Cost U.S. Nearly \$1.5 Trillion in 2020 – A report by the Congressional Joint Economic Committee (JEC) found that the economic toll of the opioid crisis on the United States was nearly \$1.5 trillion in 2020 alone, a \$487 billion increase from 2019 fueled by the covid pandemic. JEC took all losses associated with the opioid crisis into consideration- loss of productivity, workforce declines, and physical and mental health care costs. The JEC reported that the continued rise in fatal opioid overdoses in 2021 suggests the total cost of the opioid crisis is likely to continue to rise. The report also highlighted the racial inequalities of the crisis, finding that although opioid use is more common among white people, Black people accounted for 17% of U.S. fatal opioid overdoses despite making up just 12.5% of the population. The full report and additional data can be found here.

TRAINING OPPORTUNITIES

- New Tobacco Use Disorder Integration Office Hours Do you want to strengthen partnerships and collaborations with mental health and substance use organizations to address tobacco-related disparities? *Tuesday, January 10, 2023, 1:30pm CT*. <u>Register</u>
- Introductory/Refresher Virtual Motivational Interviewing Training This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, January 12,* 2023, 11am CT. <u>Register</u>
- 3. Meaningful Change with Motivational Interviewing Training Create conversations that empower people to make meaningful changes! Whether you're a clinician in a mental health or substance use treatment setting, a supervisor trying to boost staff morale or a case manager for patients with diabetes and heart disease, our motivational interviewing (MI) training and coaching will help you inspire your team and your clients. *Thursday, January 12, 2023, 11am-3pm CT*. Register
- Measurement-Informed Care Population health management (PHM) is a valuable tool that helps integrated care organizations identify, monitor and tailor care to specific populations experiencing health inequities. PHM strategies allow providers to effectively address social determinants of health and modify care plans to extend a comprehensive and whole-person care approach to populations with unique and diverse needs. *Thursday, January* 12, 2023, 1pm CT. Register
- 5. New NAMI Homefront Education Course NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The NAMI Homefront Course is a free, 6-session educational program for families, caregivers and friends of military service members and veterans with mental health conditions. The course is 6 weeks long with one class per week. Each class runs 2.5 hours. Each Monday
 - January 16-February 20, 2023, 6pm-8:30pm CT. Register
 - March 7-April 11, 2023, 6pm-8:30pm CT. <u>Register</u>
- 6. New Peer to Peer Education Program NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. The course is 8 weeks long with one class per week. Each class runs 2.5 hours.
 - In Person-January 16-March 6, 2023, 6pm-8:30pm CT. Register
 - Virtual-February 6-March 27, 2023, 6pm-8:30pm CT. Register

- 7. Prioritizing Tobacco Treatment in Substance Use and Recovery Masterclass Tuesday, January 17, 2023, 1pm CT. Register
- Employment Rights for People with HIV, Substance Use Disorders and Viral Hepatitis This 90 minute webinar explains the employment rights of people with HIV, viral hepatitis, and substance use disorders. It focuses on antidiscrimination laws, such as New York City and State Human Rights Laws and the Americans with Disabilities Act. Wednesday, January 18, 2023 10am CT. <u>Register</u>
- New Understanding the Connection between Human Trafficking and Substance Use Disorder The role of substance use disorder in human trafficking is powerful and pervasive. Individuals with substance use issues are especially vulnerable to trauma and victimization by human traffickers. This training will explore these factors, discuss warning signs, types, and venues of human trafficking; and provide intervention, assessment, and treatment strategies. Wednesday, January 18, 2023 11am CT. Register
- 10. New Sustaining Wellness for Helping Professionals: Ethical Boundary Setting as Self-Care Helping professionals are driven to serve others but without clear boundaries, relentless giving can put our own wellbeing at risk. While creating and applying boundaries is not always natural to us, boundary work is essential for healthy, sustainable practice with clients, in our organizations, and in our communities. Thursday, January 19, 2023 1pm-4pm CT Register
- 11. **Mindful Cultural Competency Training** If we wish to develop cultural competency, it is essential that we first become more mindful and conscious of our own behaviors, attitudes and assumptions. Through mindfulness, we can cultivate the ability to become more present and attuned to our own thoughts, feelings, judgements and reactions. Developing cultural competency requires that we take the time to listen to and connect with others who might be different from ourselves, without judgment. *Thursday, January 26, 2023, 12pm CT*. Register
- 12. **Trauma-Focused Cognitive-Behavioral Therapy; Peeking into the Brain of a TF-CBT Therapist** Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is the most empirically supported intervention for children exposed to trauma. In this advanced presentation, Dr. Kliethermes will use a case study to help participants to step through this well-established, evidenced-based practice for childhood trauma. This program will be interactive for participants including discussion and polls. *Thursday, January 26, 2023, 1pm-4pm CT*. Register
- 13. Advanced Peer Supervision Training This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors and more. January 26-27, 2023. Register
- 14. She's Not There: Dissociation in Young Children with Trauma In this training, participants will learn about child development and the impact of early adversities on development, risk factors and signs of dissociation, and how to scaffold treatment to best meet the child where they are. Case studies will be used to illustrate different presentations of dissociation and how to meet the needs of that child and their family. This training will also focus on using play therapy to best engage these young dissociative children in a respectful, playful, and relationally-rich manner. *Thursday, February 2, 2023, 1pm-4pm CT*. <u>Register</u>
- 15. Clinical Pathways Tuesday, February 7, 2023, 1pm CT. Register
- 16. Diversity, Equity and Inclusion (DEI) and Building a Culture of Inclusion Wednesday, February 8, 2023, 12pm CT. Register

17. The Art of Talking to Your Kids About Substance Use Prevention – Wednesday, February 8, 2023, 7pm CT. Register

- 18. Data-Informed Care and Advocacy in Addiction Treatment Measurement is fundamental to the provision of quality, effective, person-centered care for substance use disorders. Unfortunately, clear standards for measurement in addiction treatment do not exist, resulting in a decreased ability to examine treatment effectiveness, advocate for increased access to services and determine equitable methods for outreach. Recent improvements in both data science and technology have increased our collective ability to measure the process of addiction recovery. *Thursday, February 9, 2023, 1pm CT*. Register
- Engagement in the Black Community: A Virtual NAADAC Summit This virtual summit will feature prominent industry professionals discussing critical issues in the Black community relevant to treatment and recovery. *February* 9-10, 2023, 11am-4pm. <u>Register</u>
- 20. Intermediate Motivational Interview Training For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities. *Thursday, February 16, 2023, 11am CT.* <u>Register</u>
- 21. H.E.A.T. is a holistic, afro centric, strength based, trauma informed model that emphasizes a positive and engaging, approach to treatment. *February* 27-*March* 1, 2023. <u>Register</u>
- 22. H.E.R. is a therapeutic intervention created to address the specific needs of Black/African American women who have experienced victimization, have mild to moderate substance use disorders and who have current or past involvement with the criminal justice system; with an emphasis on Black/African American women. *March 1-3, 2023*. <u>Register</u>
- 23. *New* NAMI Family-to-Family Education Course –NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members once per week for 8 weeks. Each Thursday, *March 2-April 20, 2023 6:30 pm-9pm CT*. Register

24. Population Health - Real World Examples - Thursday, March 9, 2023, 1pm CT. Register

- 25. Introductory/Refresher Virtual Motivational Interviewing Training This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, March 16, 2023, 11am CT.* <u>Register</u>
- New Medication Awareness Recovery Specialist Training Program This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. March 23, 2023, 9am-12pm or 1pm-4pm CT. <u>Register</u>
- 27. New Missouri Association of Treatment Court Professionals Conference-Voices of Recovery Our annual gathering is more than just an event or training, it is a conference that captures so much more for our attendees. Stay ahead of the curve. Through expert insights, research, and policy updates, MATCP helps you develop innovative practices. Unparalleled networking. With over 800 attendees from influential organizations, MATCP is the perfect place to meet professional who share your commitment. March 29-March 31, 2023. Register

RECURRING TRAINING OPPORTUNITIES

- New Treatment of Trauma Faculty from the Center for Mindfulness and CBT will facilitate a peer-led learning group for the presentation and treatment of trauma in psychotherapy. The group will focus on relevant application and barriers to trauma informed practice in clinical settings by reading texts, watching training videos, and discussing collaboratively. This training will be held the 2nd Tuesday of each month beginning January 10, 2023. Questions-Email: <u>Tyler@mindfulstl.com</u>. <u>Register</u>
- 2023 Motivational Interviewing Training The Missouri Behavioral Health Council is providing four regional Motivational Interviewing trainings, along with a coding add on training. Training begins in February and will be all in person in the different regions below. You must attend the initial and follow up training to complete the full training. To register and for more information on the trainings, times and locations click the registration link. If you have any questions reach out to <u>events@mobhc.org Register</u>
- 3. Brave Safe Space is an empowering, non-biased, and nonjudgmental space shared with people who not only look alike, but also share some of the same experiences and frustrations. It is a space where African Americans in the behavioral health field can come together to: take care of mental and emotional well-being; feel empowered; celebrate shared heritage; understand shortcomings; feel each other's pain; connect energies; relax; and enjoy the ambience of the space through art, games, and therapeutic exercises. You can join Brave Safe Space on the second Thursday of each month from 6:30 pm 8:00 pm CT via this Zoom link: https://us02web.zoom.us/j/89190741128 Meeting ID: 891 9074 1128
- 4. Question Persuade Refer (QPR) for Substance Use Disorder Professional The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council is excited to announce upcoming Question, Persuade, Refer (QPR) for SUD treatment providers. The trainings will be held virtually and there are four schedule for January and February of 2023. See the attached flyer and below link for additional information. Question Persuade Refer (QPR) for Substance Use Disorder professionals is a modification of QPR including specific information relevant to those working with SUD. These modifications have been approved by the QPR Institute. The training will include information to illustrate how SUD can increase the risk of suicide. We will review different risk associated with suicide based on the different stages of change. We will cover different ways to use QPR in SUD treatment facilities. If you have any questions, please contact Rick Strait, <u>rickstrait777@gmail.com</u>.
 - January 13, 2023 <u>Register</u>
 - January 27, 2023 –<u>Register</u>
 - February 3, 2023 –<u>Register</u>
 - February 17, 2023 –<u>Register</u>
- 5. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 6. 2023 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training <u>Register</u>
 - Peer Specialist Supervisor Training <u>Register</u>

- Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>
- 7. CPS Specialty Training– All Specialty Trainings are virtual
 - Recovery Language January 20, 2023, 9am-12pm CT <u>Register</u>
 - Trauma February 17, 2023, 9am-12pm CT Register
 - Peer Tools and Role Play March 24, 2023, 9am-12pm CT <u>Register</u>
 - Practical Motivational Interviewing April 21, 2023, 9am-12pm CT <u>Register</u>
 - Peer Service Documentation May 12, 2023, 9m-12 CT. <u>Register</u>
 - Peer Tools and Role Play June 23, 2023, 9am-2pm CT <u>Register</u>
 - Compassion Fatigue August 18, 2023, 9am-12pm CT <u>Register</u>
 - Peer Tools and Role Play November 17, 2023, 9am-12pm CT Register
 - Co-Occurring Disorders December 15, 2023, 9am-12 pm CT <u>Register</u>
- 8. Advanced Peer Supervision Training This is a new training that MCB will be providing in partnership with the Addition Technology Transfer Center Network. The 2-day experience begins the process of raising or enhancing your awareness and understanding of your role when supervising a peer. The sessions will cover: How to integrate peers into a multidisciplinary team, person centered recovery planning, effective supervision of peers, supporting effective documentation of peer services, ethics and boundaries, self-care and wellness for supervisors...and more. Advanced Peer Supervision will be provided in virtual format (Zoom) and also in person, one time in 2023 in the following cities: Kansas City, St. Louis and Springfield area. When you register, please ensure you select the correct training format and location that you want to attend.
 - January 26-27, 2023 (ZOOM) Register
 - March 2-3, 2023 (ZOOM) Register
- 9. Peer Supervision Trainings This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It will discuss the process someone goes through with the MCB to become a peer, as well as some basic information for supervising peers such as how to bill for peer services, how to write a job description for a peer, and what types of services a peer can and should do. This training will be done in a virtual format. Once registered, you will be given a link to watch 4 videos and should watch them all prior to the Zoom meeting. To take this training, you will need the technology ability to watch the 4 videos and be on the Zoom meeting.
 - February 16, 2023 Register
 - April 20, 2023 Register
 - June 15, 2023 Register
 - August 17, 2023 Register
 - October 19, 2023 Register
 - December 15, 2023 Register
- 10. Family Support Provider Trainings A family support provider provides supports and services that increase protective factors. They oftentimes connect with the family member in a way that ignites the spark of hope that things can and will get better because they have experienced a similar journey.
 - March 1-3, 2023 428 E. Capital, Lower Level; Jefferson City, MO 65101 Register
 - April 24-26, 2023 428 E. Capital, Lower Level; Jefferson City, MO 65101 Register
 - May 9-11, 2023 St. Louis (TBD) <u>Register</u>
- 11. Youth Peer Support Specialist A Youth Peer Support Specialist is a young adult who provides support, encouragement, and assistance to youth and young adults as they transition to adulthood.
 - March 6-10, 2023, <u>Register</u>

12. **2023 Ethics and MRSS Trainings** – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings Register
- Ethics Trainings <u>Register</u>

Look for new information and resources coming next Friday!