

DBH Updates, Notices, and Policy Guidance November 4, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

Budget/Fiscal Update – They FY 2024 Department Request was submitted to the Governor's Office on Friday 9/30/2022. Below are DBH items in the Department's Requested budget. And here is the link to the DMH FY 2024 Department's Request Budget Book, FY 2024 Mental Health Budget Request.pdf (mo.gov)

Supplemental Funding: (FY2023 to finish the current year)

\$604,703 GR – Children's Residential Rate Increase - The increase will help DBH match Children's Division rate for same services provided.

FY 2024 New Decision Items:

- \$38,118,668 (\$9,914,171 GR; \$28,204,497 FED) Utilization Increase (\$12,294,050 is SUD; \$11,742,398 is MH Adult; \$14,082,221 is MH Youth) to fund increase in those Medicaid participants newly eligible for our services.
- ➤ \$26,997,897 (\$24,314,785 GR; \$2,683,112 FED) 988 Crisis Response GR Pickup This request is for ongoing funding for 988 call centers (\$15,407,462) and mobile crisis teams (\$11,590,435). FY23 was appropriated one-time funding from Budget Stabilization Fund for nine months, so this will also ask for what was appropriated in FY 2023 as 1x as well as the additional three months of funding.
- ▶ \$604,703 GR Children's Residential Rate Increase Cost to Continue The increase will help DBH match
 Children's Division rate for same services provided.
- **\$497,760 GR** Increased **Medication Costs**. This includes an inflationary increase of 5.47% for specialty medications.
- > \$15,341,251 (\$4,936,881 GR, \$10,404,370 FED) CCBHO Medicare Economic Index The item reflects a 2.7% inflationary Medicare Economic Index (MEI) increase for the PPS rate.
- ➤ \$500,000 GR Recovery Community Centers This item provides continued funding for four of the 8 providers. Currently, four of the eight are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023.
- > \$2,000,000 GR Jail-Based Competency Restoration To address the increasing wait list for admission to DBH facilities, this item will allow for Competency Restoration to occur at four county jails (estimated \$500,000 per site).
- \$997,500 GR MOConnect/Bed Registry This system will be used to support the new 988 crisis response system, as well as the crisis stabilization units/centers. It will also connect law enforcement, primary care providers, hospital social workers, Department of Corrections, jail systems, and the general public to increase access to behavioral health services.

Comments on CSR – The department is accepting comments on 9 CSR 10-5.230, Hearings Procedures. Changes include: addition of e-mail, a Statute number correction, addition of applicable Department of Mental Health Operating Regulations (DORs), and a change in the scheduling process. https://dmh.mo.gov/alcohol-drug/regulation-drafts

Comments should be submitted to debbie.mcbaine@dmh.mo.gov by November 18, 2022.

- 3. **Update on Administrative Rules** updated rule, 9 CSR 30-4.0432 Assertive Community Treatment in CPR Programs, is published in the October 31, 2022, issue of the *Code of State Regulations* and will be effective on November 30, 2022.
- 4. 4th Edition of The ASAM Criteria-Public Comment Period Closing Soon ASAM is seeking input from diverse stakeholders on the newly released draft standards for the 4th Edition of The ASAM Criteria. Feedback received during the public comment period will be instrumental in refining these standards to prevent unintended consequences upon publication in 2023. Please share this message with others who may be interested in reviewing these new standards. Deadline to submit feedback, Friday, November 11, 10:50pm CT. Comments
- 5. Post Critical Incident Seminar DMH and the Missouri State Highway Patrol (MSHP) participated in the 6th Post Critical Incident Seminar (PCIS) held in Branson the third week of October. The PCIS assists first responders (along with their spouses/significant others) in dealing with exposure to line-of-duty traumatic events. Twenty-two first responders and 11 spouses/significant others/support persons participated in the seminar. DBH Deputy Division Director, Dr. Jeanette Simmons served as the Clinical Director assisting MSHP PCIS Interim Director Lt. Kristin Coulson. DBH's Angie Plunkett served as a spouse/peer support person, educational sessions were offered on trauma and medications utilized in the treatment of trauma, as well as couples therapy. Five Community Behavioral Health Liaisons (CBHLs) also provided mental health support and the Missouri Behavioral Health Council handled the planning and on-site logistical support.
- 6. RESPECT Institute of Missouri The Missouri Mental Health Foundation (MMHF) is currently rebranding and updating the RESPECT Institute of Missouri for the coming year. This also includes adding a webpage to the MMHF's website regarding the program. Additionally, we have a new Statewide RESPECT Coordinator as Katie Andrews has transitioned to her role as the Executive Director. Tynesha Hardin, the Community Engagement Coordinator, has assumed the role of the Statewide RESPECT Coordinator.



If you have any questions or need to schedule a speaker, please contact Tynesha Hardin at (573) 635-9201 or tynesha.hardin@missourimhf.org.

7. National Disabilities Employment Awareness Month – In recognition of Governor Parson proclaiming October as National Disability Employment Awareness Month, DBH is highlighting the Evidence Based Practice of Supported Employment known as Individual Placement and Support (IPS).

One of the most unique and often misunderstood key principles of IPS is Zero Exclusion:

People are not excluded from employment on the basis of readiness, diagnoses, symptoms, substance use history, psychiatric hospitalizations, homelessness, level of disability, or legal system involvement. Being at "baseline" or not being "symptomatic" is not a requirement of the program. Eligibility in the IPS program is solely based on job seeker choice. If someone wants to work, we are going to meet them where they are at and help find them a meaningful career. Often times, for people with serious mental illness, that meaningful career and purpose leads to increased self-esteem, reduced symptoms, increased life satisfaction, and reduced psychiatric hospitalizations (Luciano, Bond, & Drake, 2014). Consider this, instead of thinking X, Y, and Z should be improved before someone should try employment...What if employment is the intervention that improves X, Y, and Z?

JOB ANNOUNCEMENTS

Administrative Support Assistant-Eastern Region

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in St. Louis, MO. Application deadline is November 18, 2022. <u>Learn More and Apply!</u>

Youth Services Manager

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is November 18, 2022. Learn More and Apply!

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- 1. New CCBHC Movement Continues to Grow CCBHCs are diversifying and expanding their services to adapt to a rapidly changing and competitive healthcare marketplace. Our suite of services is tailored to support the needs of CCBHCs and organizations ready for change. But tools alone are not enough. With our strategic partner, the National Council for Mental Wellbeing, MTM provides in-depth consultation, training, and technical assistance to ensure organizations are equipped to fully leverage their tools and maximize their outcomes. For more information about MTM Services, visit our CCBHC Support Center, or to schedule a free planning meeting, please email MTM Director of Operations Jodie Giboney or call (919) 387-9892.
- New Harm Reduction and Public Safety Pilot Projects This office hour session is to discuss the upcoming Request for Applications (RFA) opportunity to provide grant funding for pilot projects integrating harm reduction strategies and public safety initiatives. Awards will be made in amounts up to \$81,250 for a project start date beginning in January 2023. The RFA will launch on November 15. Wednesday, November 9, 2022, 2pm. Register
- 3. HRSA Funding Opportunity; Primary Care Training and Enhancement-Residency Training in Mental Health and SUD The Health Resources and Services Administration's (HRSA) Bureau of Health Workforce announced a <u>funding opportunity</u> to train primary care residents in the prevention, identification, diagnosis, treatment, and referral of services for mental health and substance use disorder (SUD) in at-risk populations. The funding must be used to support didactic training and at least a one-month clinical rotation focused on mental health and SUD, although longer rotations are encouraged. The application deadline is *Tuesday, November 15, 2022*, with an estimated total program funding of \$60 million for up to 23 recipients over 5 years.

INFO and RESOURCES

1. **New SkillUP** is a free program that helps Food Stamp (SNAP) recipients get help with skills, training, and employer connections to get a job (or a better job). A SkillUP job coach will work with you to create an individual plan to help you reach your goals and start a new career. The SkillUP program can also help you:

- Get skills you need through workshops and classes
- Pay for short-term training and certifications
- Pay for some daycare, work, or training costs
- Understand your job skills and what you are interested in
- Update or create your resume so employers can see your skills
- Connect you with employers

The SkillUP Program is funded by the United States Department of Agriculture (USDA) Food and Nutrition Service (FNS). The program is also funded through the Administration for Children and Families, Temporary Assistance for Needy Families block grant. SkillUP Program | mydss.mo.gov

- 2. **New ONDCP Releases Report on SUD in Pregnancy** The White House Office of National Drug Control Policy (ONDCP) recently released Substance Use Disorder in Pregnancy: Improving Outcomes for Families. The report outlines how overdose-related deaths in pregnant and postpartum women can be prevented with evidence-based treatment for opioid use disorder (OUD) like buprenorphine and methadone. Read More
- 3. **New Alcohol-Involved Suicide Deaths Increased Among Women** Suicide deaths involving heavy alcohol use have increased significantly among women in recent years <u>Learn More</u>
- 4. **New Deep Brain Stimulation a Promising Treatment for OCD** Deep brain stimulation (DBS) may help reduce symptoms in patients with treatment-resistant obsessive-compulsive disorder (TROCD). <u>Learn More</u>
- 5. **New Ketamine Reduces Suicidal Ideation in Treatment-Resistant Patients** Ketamine could be an effective treatment for suicidal ideation (SI) in patients with treatment-resistant depression (TRD), according to findings published in the *Journal of Affective Disorders*. "Ketamine significantly reduced SI and depression across the sample," lead author Jessica R. Gilbert, MD, National Institute of Mental Health, and co-authors noted. <u>Learn More</u>
- 6. **New How to Obtain Consent in Case of Emergency** It is important to proactively obtain patients' emergency contact information. This resource describes practical considerations for Part 2 programs when seeking written patient consent to share information during an emergency. <u>Learn More</u>
- 7. **New Hospitals have been Slow to Bring on Addiction Specialists** Discharging a patient without specialized addiction care can mean losing a crucial opportunity to intervene and treat someone at the hospital. Most hospitals don't have specialists who know how to treat addiction, and other clinicians might not know what to do. Read More
- 8. New Are Some Substance Use Disorders Associated with More Recovery Barriers Than Others? —
 Sociodemographic and economic characteristics mark potential barriers to recovery and can help inform development of treatment plans, health care system models and policies. This study used Norwegian public health data to identify some of the factors that help uncover disadvantages for people with substance use disorder. Read More
- 9. **New Many Recover from Addiction, But How's Their Wellbeing?** Definitions of recovery often extend beyond remission of symptoms to include wellbeing. At the same time, research in this domain lags behind, with little known about the prevalence or predictors of wellbeing. This national study explored rates of well-being among people in recovery, making comparisons to individuals with histories of other psychiatric conditions. Learn More
- 10. New The Impact of Juvenile Drug Treatment Courts on Substance Use, Mental Health and Recidivism: Results from a Multisite Experimental Evaluation Juvenile drug treatment courts emerged in the mid-1990s as a potential solution to concern about substance use among youth in the juvenile justice system. This study digs into the mixed results of courts on substance use, mental health and criminal system involvement among youth. Read More

- 11. **New FDA Enforcement Likely Resulting in Minimal Impact on E-cigarette Accessibility** None of the warning letters sent by the Food and Drug Administration to e-cigarette companies between 2020 and 2021 covered e-cigarette brands with a large market share and few addressed the e-cigarette product types most used by youth. Read More
- 12. **New U.S. Surgeon General Releases Video on Bullying Prevention** The Office of the Surgeon General has released a new public service announcement video on the prevention of bullying, <u>Standing Together to Prevent Bullying</u>."
- 13. **New** Peer Specialist Podcasts We all know how important peer specialists are to the mental health workforce. Take time to listen to Patricia Deegan talk about Peers working on clinical teams.
 - Putting It Together: Supervising Peer Specialists: How supervision can help peer specialists remain peer when working on clinical teams | Podcast | Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org)
 - Putting It Together: The Role of the Peer within a Clinical Team | Podcast | Mental Health Technology Transfer Center (MHTTC) Network (mhttcnetwork.org)
- 14. **New Wash U Study Opportunity to Train Therapists in DBT Guided Self-Help** Investigators at Washington University School of Medicine in St. Louis are conducting a remote study testing an online training and treatment platform for mental health providers. They are looking for mental health providers to receive training on the platform and who will use the platform to treat their patients with eating disorders. <u>Learn More</u>
- 15. **New Criminal Justice Resource Hub** Explore a new Criminal Justice Resource Hub, designed for professionals and organizations working across the continuum of the criminal legal system. <u>Learn More</u>
- 16. **New Words Matter: Strategies to Reduce Bias in Electronic Health Records** Biases and stigmatizing language, whether consciously or subconsciously, in the electronic health record (EHR) can be reflected through negative physical or behavioral descriptors of patients, often related to race and ethnicity. Biased language in the EHR can negatively influence a patient's care across providers. <u>Learn More</u>
- 17. New Building Patient-Provider Trust to Help Patients Navigate a Biased System Racial bias both conscious and unconscious is deeply embedded in the health care system. Building patient-provider trust by addressing providers' biases is critical to achieving high quality, patient-centered care and better supporting patients of color. Learn More
- 18. GAINS Center Now Accepting Applications for Sequential Intercept Model Mapping Workshops SAMHSA's GAINS Center is currently soliciting applications from communities interested in Sequential Intercept Model (SIM) Mapping Workshops. SIM Mapping Workshops are designed to bring together a local, cross-system, multidisciplinary group of key stakeholders from a particular jurisdiction (typically a county) to facilitate collaboration and to identify and discuss ways in which barriers between the criminal justice and behavioral systems can be reduced through the development of integrated local strategic action plans. SIM Mapping Workshop participants are expected to be drawn, in large part, from local criminal justice and behavioral health agencies and organizations. Learn More

TRAINING OPPORTUNITIES

- 1. Evolving on Purpose: An Introduction to Process-Based Therapy for Behavioral Health Clinicians This presentation will orient providers to the philosophical and empirical foundations of the emerging field of Process-Based Therapy (PBT), an overarching framework that can be used in conjunction with nearly all models of psychotherapy to increase psychological flexibility and improve the effectiveness of treatment. Based on extensive research including meta-analyses of 55,000 studies claiming to have found mediators of change in psychotherapy. *Tuesday, November 8, 2022, 12pm CT*. Register
- Connected Communities-Thriving Families Missouri Coalition for Children-Conference, November 8-10, 2022, Register

- 3. New Recovery Friendly Workplaces Initiative This presentation will detail the efforts behind the grant to develop a Recovery Friendly Workplace credential through training, technical assistance, and support that assists businesses in fostering a workplace culture that promotes employee safety, health, and well-being. The RFW initiative offers strategies that provide support for managers and employees, including reducing stigma and providing recovery resources related to the challenges surrounding substance use disorders. Wednesday, November 9, 2022, 12pm CT. Register
- AMSR SUD Training Assessing and Managing Suicide Risk for Substance Use Disorder Treatment Professionals is a
 6.5 hour virtual training for providers who offer any level of substance use treatments to clients at risk of suicide.
 Thursday, November 10, 2022, 8:30 am- 4:00 pm CT. Register
- 5. Medication Awareness Recovery Specialist Training Program This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. *Thursday, November 10, 2022, 9:00-12:00 or 1:00-4:00 CT.* Register
- 6. **New Financing the Future of Integrated Care** In this webinar, we will introduce the new decision support tool (DST) and accompanying integrated care billing modules, developed in partnership with Bowling Business Strategies (BBS). **Wednesday, November 20, 2022, 1pm CT**. Register
- 7. **New Eating Disorders in Adolescents: Identification and Intervention** This presentation is intended for clinicians who work with children and adolescents and will provide a high-level overview of eating disorder presentation in younger patients. Topics will include identifying eating disorders in clinical practice, with an emphasis on addressing common myths and misunderstandings that get in the way of early detection of these conditions. In addition, the state of the field including the current evidence-base and clinical guidelines for assessment and treatment of children and adolescents with eating disorders will be discussed. **Friday, November 11, 2022, 11am CT.** Register
- 8. **New Culturally and Linguistically Appropriate Services** The National Standards for Culturally and Linguistically Appropriate Services (CLAS) guides health care providers in tailoring their services so they are responsive to the health beliefs, practices and needs of diverse individuals and communities. Using the CLAS framework can improve health literacy, reduce health disparities, advance health equity and improve the overall wellbeing of your patients and clients. **Tuesday, November 15, 2022, 1pm CT**. Register
- New Meet CCBHC Requirements Without Increasing Staff with Same Day Access How do CCBHCs not only meet, but exceed SAMHSA's access requirements and get more people into care more quickly using fewer staff to complete the work? The answer is simple: Same Day Access (SDA). Wednesday, November 16, 2022, 12pm CT.
 Register
- 10. New Crisis Intercept Mapping for Service Members, Veterans and their Families This webinar will provide attendees with updated information regarding Crisis Intercept Mapping (CIM) for SMVF Suicide Prevention as well as examples of how state-wide coordination of the CIM process can enhance crisis response across a range of communities. We will also present findings from an analysis of the results of CIM workshops provided to a wide range of communities over a period of three years. Participants will have an opportunity to learn how they can support SMVF engaging in the community crisis system and hear about opportunities for future engagement. Wednesday, November 16, 2022 12pm CT. Register
- 11. New Addressing our Drug Overdose Deaths: Combined Strategies to Optimize Health, Wellness and Recovery through a Culturally Responsive System of Care This webinar will offer important information about how communities can reduce overdose deaths among those experiencing homelessness by utilizing combined interventions of harm reduction, supportive housing, SUD treatment and recovery support that are integrated and culturally responsive. Recommendations for system- and provider-level stakeholders to build an integrated, best practice continuum of care will be offered. Wednesday, November 16, 2022 1pm CT. Register

- 12. **New Substance Use Disorder in Older Americans** The pandemic has spared no one. But the impact on some groups has received less attention. An estimated 10.9% of adults 50 and older have a substance use disorder (SUD), but older adults are less likely to seek treatment, even when the evidence shows that they are just as likely to benefit from it. **Thursday, November 17, 2022, 12pm CT**. Register
- 13. New Health Equity Workshop Practical Steps for Application Practical steps for making change within your organization often starts with looking at policies and procedures. To create a more resilient and diverse workforce, looking at human resources processes and training are an effective way to start the change process. Another is looking at Evidenced-Based Practices and Cultural Adaptations depending on the communities upon which you serve. Monday, November 28, 2022, 12pm CT. Register
- 14. **New Introductory/Refresher Virtual Motivational Interviewing Training** This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. **Wednesday, November 29, 2022, 11AM CT.** Register
- 15. **New MHA Annual Mental Health Substance Use Recovery Conference** Join health care professionals and executives from around the state for the inaugural convening of the Mental Health Substance Use Recovery Conference. Hear from practitioners, experts, and state agencies who are advising, leading, and shaping mental health and substance use initiatives that impact health care across the state. **December 7-8, 2022**. Register
- 16. Growing the Workforce Pipeline through Strategic Community Partnerships Thursday, December 8, 2022, 1pm CT. Register
- 17. Missouri Suicide Prevention Network The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection-https:\\us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09 Meeting ID: 850 3510 9251 Passcode: 818397 December 15, 2022, 6pm-7:30pm

RECURRING TRAINING OPPORTUNITIES

- 1. New Opioid Use Disorder Treatment and Recovery in BIPOC Communities Webinar Series To assist providers in better addressing these racial disparities, the National Council for Mental Wellbeing, with support from the Providers Clinical Support System (PCSS), developed a three-part webinar series addressing OUD treatment and recovery in BIPOC communities. This webinar series provides historical context and highlights the work of four experts from the field as they present culturally centered approaches to increase engagement in and access to treatment and recovery for Black, Hispanic/Latino and Native populations. Webinar Series Link
- On-Demand Series-Exploring Diversity, Equity and Inclusion with the Medical Director Institute The series
 features members of the National Council's Medical Director Institute engaging in meaningful discussions with other
 leading experts and peers in the mental health and substance use field about their personal and professional
 journeys in the DEI space. Visit TheNationalCouncil.org/MDI to learn more!
 https://www.youtube.com/watch?v=KHJgUD3PREA
- 3. New Question, Persuade, Refer (QPR), Free Virtual Suicide Prevention Training Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a consumer, friend, colleague, sibling, or neighbor.
 - November 8[,] 2022, 7pm-8pm Register
 - November 12, 2022, 10am-11am Register

- November 15, 2022, 1pm-2pm Register
- November 16, 2022^h, 7pm -8pm Register
- 4. Motivational Interviewing
 - Introductory/Refresher Virtual Motivational Interviewing-Tuesday, November 29, 2022, 11pm-3pm CT.
 Register
- 5. Training and ToT: Recovery Support Services for Pregnant and Parenting families with SUD The mid-America Addiction Technology Transfer Center (ATTC), in collaboration with the Missouri Credentialing Board, is sponsoring a training and a training of trainers for those working with pregnant and parenting families with SUD. Lodging, breakfast, and lunch will be provided each day of the training. Participants will also receive mileage reimbursement. This training will be in two parts, the first two days (November 29th and 30th) will be for those interested in only attending the 2-day training, the following two days (December 1st and 2nd) will be for those who attended the 2-day training and would also like to become trainers. Register by November 9, 2022
 - November 29-30, 2022, <u>Register</u>
 - December 1-2, 2022, the ToT Register
- 6. CPS Specialty Trainings (MCB) -
 - Peers and DOC Supervision-December 16, 2022, 9am-12pm CT Register
- 7. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 8. **Family Support Provider Training** –The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. Register
- 9. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register (New Dates added)
 - Peer Specialist Supervisor Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 10. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register

Look for new information and resources coming next Friday!