FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

October 7, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays



 Budget/Fiscal Update – They FY 2024 Department Request was submitted to the Governor's Office on Friday 9/30/2022. Below are DBH items in the Department's Requested budget. And here is the link to the DMH FY 2024 Department's Request Budget Book, <u>FY 2024 Mental Health Budget Request.pdf (mo.gov)</u>

Supplemental Funding: (FY2023 to finish the current year)

\$604,703 GR – Children's Residential Rate Increase - The increase will help DBH match Children's Division rate for same services provided.

FY 2024 New Decision Items:

- \$38,118,668 (\$9,914,171 GR; \$28,204,497 FED) Utilization Increase (\$12,294,050 is SUD; \$11,742,398 is MH Adult; \$14,082,221 is MH Youth) to fund increase in those Medicaid participants newly eligible for our services.
- \$26,997,897 (\$24,314,785 GR; \$2,683,112 FED) 988 Crisis Response GR Pickup This request is for ongoing funding for 988 call centers (\$15,407,462) and mobile crisis teams (\$11,590,435). FY23 was appropriated one-time funding from Budget Stabilization Fund for nine months, so this will also ask for what was appropriated in FY 2023 as 1x as well as the additional three months of funding.
- \$604,703 GR Children's Residential Rate Increase Cost to Continue The increase will help DBH match Children's Division rate for same services provided.
- \$497,760 GR Increased Medication Costs. This includes an inflationary increase of 5.47% for specialty medications.
- \$15,341,251 (\$4,936,881 GR, \$10,404,370 FED) CCBHO Medicare Economic Index The item reflects a 2.7% inflationary Medicare Economic Index (MEI) increase for the PPS rate.
- \$500,000 GR Recovery Community Centers This item provides continued funding for four of the 8 providers. Currently, four of the eight are funded with Coronavirus Response and Relief Supplement Appropriations Act, 2021 (CRRSA) and The American Rescue Plan Act, 2021 (ARPA) and is slotted to end December 2023.

- \$2,000,000 GR Jail-Based Competency Restoration To address the increasing wait list for admission to DBH facilities, this item will allow for Competency Restoration to occur at four county jails (estimated \$500,000 per site).
- \$997,500 GR MOConnect/Bed Registry This system will be used to support the new 988 crisis response system, as well as the crisis stabilization units/centers. It will also connect law enforcement, primary care providers, hospital social workers, Department of Corrections, jail systems, and the general public to increase access to behavioral health services.

2. Congratulations MCRSP! National Recovery Organization of the Year – On October 5 at the Recovery Leadership Summit in St. Paul, Minnesota, the Missouri Coalition of Recovery Support Providers was selected by Faces and



Voices of Recovery as the "Recovery Organization of the Year." The award recognizes the accomplishments of the 126 MCRSP members across Missouri who provide quality recovery programs for people suffering from substance use disorders. The Recovery Organization of the Year Award recognizes the exemplary achievements of one local, state, regional, or national nonprofit grassroots recovery organization for its advocacy and mobilizing of the recovery community to increase the prevalence and quality of long-term recovery from substance use disorder.

Photo: The award was accepted by MCRSP Executive Director Gregory Smith, MCRSP Board Chair Ladell Flowers, and MCRSP Board Member Bobbi Jo Reed.

 MOConnect Goes Live! DBH and the Missouri Behavioral Health Council (MBHC) in conjunction with <u>Bamboo</u> <u>Health</u> launched Missouri Behavioral Health Connect (MOConnect) on October 5, 2022. MOConnect is a HIPPAcompliant, cloud-based platform designed to enable real-time referrals between providers and monitor the availability of crisis, substance use, and behavioral health services in Missouri. This was a new decision item in the budget for a bed-registry system.

MOConnect replaces inefficient manual processes of identifying, tracking, searching, communicating, and reporting all mental health and substance use disorder inpatient and outpatient treatment resources. The system will foster collaboration and coordination among hospitals, primary care, behavioral health, law enforcement, courts, crisis systems and other community service organizations.

4. Governor ParsonPproclaims October as National Disability Employment Awareness Month (NDEAM) in Missouri – Please join the Governor's Council on Disability in celebrating the month of October as National Disability Employment Awareness Month (NDEAM) and Disability History Month in Missouri

These two significant events recognize the valuable contributions of Americans with disabilities, and raise awareness about employment issues and the importance of employment inclusion.

Read the proclamations issued by Governor Parson, and learn more about NDEAM and Disability History Month by visiting the following resources and documents:

Governor's Proclamations: NDEAM – <u>https://disability.mo.gov/files/2022-NDEAM-Proclamation.pdf</u> Disability History Month – <u>https://disability.mo.gov/files/2022-Disability-History-Month-Proclamation.pdf</u> National Disability Employment Awareness Month (NDEAM) Virtual Exhibit: <u>https://disability.mo.gov/NDEAM.htm</u> GCD Newsletter, October issue: <u>https://disability.mo.gov/gcd/files/newsletter-volume-8-issue-5-oct-2022.pdf</u> Download and display the GCD's 2022 NDEAM Poster: https://disability.mo.gov/gcd/PosterContest/2022-NDEAM-winning-poster-letter-size.pdf Disability History and Awareness Guide: https://disability.mo.gov/files/HistoryAwareness.pdf Disability History: An important part of America's heritage https://www.dol.gov/sites/dolgov/files/odep/documents/disability%20history_508%20compliant_links.pdf Get additional ideas on how you can celebrate NDEAM: https://www.dol.gov/agencies/odep/initiatives/ndeam/ideas #NDEAM Please feel free to share this information with your contacts

Please feel free to share this information with your contacts.

Be sure to follow @MissouriGCD on Facebook and @MOGCD on Twitter to see & share NDEAM posts throughout the month. Claudia Browner, Executive Director, Governor's Council on Disability, Phone: 573-751-0880 http://disability.mo.gov, Facebook: @MissouriGCD, @MOLeadershipForum

Did you know: IPS (Individual Placement and Support) is an Evidence Based Practice of Supported Employment? In Missouri, DBH partners with The Division of Vocational Rehabilitation (VR) to oversee the implementation and expansion of IPS programs. Currently, there are 33 IPS sites across the state: <u>https://dmh.mo.gov/media/pdf/individual-placement-and-support-program-sites-map</u>

If you would like to learn more about the benefits of IPS, please contact Chad Hinkle, <u>Chad.Hinkle@dmh.mo.gov</u> or Missy McGaw, <u>Missy.McGaw@vr.dese.mo.gov</u>

- 5. **DBH COVID Tracking** The Division of Behavioral Health will no longer be tracking positive cases and COVID related deaths. Agencies are no longer required to submit information to DBH.
- 6. **988 Lifeline Launches Pilot to Support LGBTQ+ Youth and Young Adults** The 988 Lifeline has been funded to begin a pilot program for LGBTQ+ youth and young adults (those under 25 years of age). 988 Lifeline callers, texters, and chatters will now have an option to self-select to be connected to specialized LGBTQ+ affirming counseling.

Beginning on Thursday, September 29, 2022, at 9am ET, callers wishing to access this specialized crisis counseling will be connected to the subcontracted service provider by pressing 3 during the IVR introduction to the 988 Lifeline. This is a similar process for callers connecting to the Spanish subnetwork or the Veterans Crisis Line. **Beginning, September 28, 2022**, **from 3pm ET - 2am ET**, chatters and texters will have the opportunity to self-select for this service before being connected to a counselor. Upon the pilot's launch, callers will have 24/7 access to this specialized counseling, and chatters/texters will have daily access from 3pm ET to 2am ET.

These launch dates will begin the soft launch of this pilot program and an official, public announcement about the program will be made within the next two weeks. In the coming weeks, network centers may see a slight decrease in call, text, or chat volume as contacts become aware of this service and may choose to access it. If your center is concerned with changes in volume or the new process detailed above, please contact your Center Engagement Program Manager or email LifelineInfo@vibrant.org for more information and support.

Spring Training Institute-Call for Presentations – Don't miss out on the opportunity to present at the premiere behavioral health event on *May* 18-19, 2023, in person at the Lake of the Ozarks, Tan Tar A Conference Resort.



The DMH Spring Training Institute will be brought to you in-person this year. Be a part of this annual training event by submitting your presentation for consideration. We will have more than 60 sessions to fill this year.

Proposals are to be submitted before November 1, 2022 to be considered. Those chosen will be notified by January 15, 2023. Don't miss out on this opportunity to present to almost 1000 behavioral health care professional from across Missouri and beyond. <u>Click Here</u> to Submit your Presentation

8. **Op-Ed by ONDCP on Increased Access to MAT** – Government and other stakeholders can take steps to achieve universal MOUD access.

Office of National Drug Control Policy (ONDCP) Director Rahul Gupta, Assistant Secretary for Health Rachel Levine, Javier Cepeda (ONDCP) and David Holtgrave (ONDCP) explain barriers to medications for opioid use disorder (MOUD) and the administration's call for universal MOUD access by 2025. The federal government and medical accreditation bodies could bolster treatment and education infrastructure, including by enhancing MOUD-related content in curricula for all health-related professions, further building workforce capacity in addiction medicine through continuing education, ensuring efforts increase MOUD availability for people with co-occurring conditions and addressing accessibility challenges (such as child care and transportation). It will be important to increase access to MOUD in clinical and community-based programs, including by expanding low-threshold buprenorphine. Pandemic-era telehealth waivers and MOUD flexibility should be permanently extended. Additional efforts are needed to increase access for people who are incarcerated. Policymakers, health care systems, payers and clinicians could develop/support programs to address social determinants of health. Clinicians and researchers should use patient-first terminology and reduce stigma.

Source: ICYMI: Dr. Gupta Op-Ed on Transforming Management of Opioid Use Disorder with Universal Treatment

 National Youth Substance Use Prevention Month – October is <u>National Youth Substance Use Prevention Month</u>, dedicated to recognizing youth substance use issues, successful prevention strategies, and opportunities for improvement of substance use disorder (SUD) prevention services.

BH/DD Success Story!

The Department recognizes great work being done by the provider community to <u>enhance service collaboration for individuals with co-occurring intellectual and</u> <u>developmental disabilities and behavioral health needs</u>. Today's feature is to highlight one of these agencies, **Tri-County Mental Health Services**. An individual served by both the regional office and Tri-County was experiencing a very stressful situation and voiced ongoing suicidal ideation. During a short term acute care hospitalization Tri-County conducted safety planning and additional assessment for increased support when discharged. Effective planning resulted in the individual services and supports. The agency is hopeful the guardian will sign a release of information for increased collaboration with providers contracted by the Division of Developmental Disabilities. Although this is a routine approach to their treatment services, the Department wanted to give a shout out to this agency for a great job done!

Looking for employment? Know someone who is? Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

JOB ANNOUNCEMENTS

Research Data Analyst

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 14, 2022. <u>Learn More and Apply!</u>

Certification and Program Monitoring Coordinator

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 14, 2022. <u>Learn More and Apply!</u>

Real Voices Real Choices Committee Member Volunteer

This position is within the Directors Office domiciled in Jefferson City, MO. Application deadline is October 14, 2022. Learn More and Apply!

Part Time Fiscal Staff

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 20, 2022. <u>Learn More and Apply!</u>

Certification Specialist

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is October 20, 2022. Learn More and Apply!

FUNDING OPPORTUNITIES

- 1. NIDA Funding Opportunity: New Models of Integrated HIV/AIDS, Addiction and Primary Care Services The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a <u>funding opportunity</u> for research on improving health outcomes for those who are at heightened risk for or live with HIV and substance use disorder (SUD) and strategies for integrating primary care, HIV, and SUD prevention and treatment services. NIDA seeks applications to develop/test replicable, scalable, and sustainable organizational and systems-level interventions that provide comprehensive, optimally integrated evidence-based care across the full continuum of HIV, SUD prevention and treatment, and primary care services to improve coordination of care and health outcomes related to HIV and SUD. Interventions should also aim to reduce social and structural barriers to care coordination.
- 2. Project AWARE Funding Opportunity The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2022 Project AWARE (Advancing Wellness and Resiliency in Education) program (Short Title: AWARE). The purpose of Project AWARE is to develop a sustainable infrastructure for school-based mental health programs and services. Grant recipients are expected to build collaborative partnerships with the State Education Agency (SEA), Local Education Agency (LEA), Tribal Education Agency (TEA), the State Mental Health Agency (SMHA), community-based providers of behavioral health care services, school personnel, community organizations, families, and school-aged youth. Read the full announcement here.
- 3. HRSA Still Accepting Applications for RHC Buprenorphine-Trained Providers The Health Resources and Services Administration (HRSA) is still accepting applications for the <u>Drug Addiction Treatment Act of 2000 (DATA 2000)</u> <u>Waiver Training Payment Program</u> launched in June 2021, which aims to expand access to substance use disorder (SUD) treatment through payments to providers who are <u>waivered to prescribe buprenorphine</u> to treat opioid use disorder (OUD). Eligible Rural Health Clinics (RHCs) can apply for a \$3,000 payment on behalf of each provider who trained to obtain the waiver necessary to prescribe buprenorphine after January 1, 2019. Approximately \$1.2 million in program funding remains available and will be offered on a first-come, first-served basis until exhausted.

4. Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional) – The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a <u>funding opportunity</u> as part of the <u>Helping to End Addiction Long-term (HEAL) initiative</u> aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. Learn More

INFO and RESOURCES

- New NIDA Releases its FY 2022-2026 Strategic Plan The National Institute on Drug Abuse (NIDA) recently released its FY 2022-2026 Strategic Plan. The Plan sets priorities based on the current state of research to promote NIDA's commitment to advancing science on drug use and addiction. The Strategic Plan prioritizes research informed by those with lived experiences of SUD to meet their needs and respond to scientific innovation and the rapidly shifting drug use landscape.
- 2. New FDA Isues New Guidance Designed to Help Facilitate Availability of Naloxone to Prevent Opioid Overdose and Reduce Death The Food and Drug Administration (FDA) recently issued <u>new guidance</u>, effective immediately, designed to help expand availability and access to naloxone for harm reduction programs. The guidance clarifies a public health emergency exclusion and exemption from requirements of the <u>Drug Supply Chain Security Act</u> (<u>DSCSA</u>) regarding the distribution of FDA-approved naloxone products to harm reduction programs and includes a related compliance policy. The FDA strives to increase harm reduction programs' ability to obtain naloxone directly from manufacturers and distributors while expanding public availability as part of its <u>Overdose Prevention</u> <u>Framework</u>.
- 3. New The Food and Drug Administration's (FDA) <u>Center for Tobacco Products (CTP)</u> announced the launch of the <u>Vaping Prevention and Education Resource Center</u>. This online Resource Center provides evidence-based, standards-mapped materials to help students understand the dangers of vaping, nicotine, and substance use disorder (SUD). The Center strives to foster learning and conversation with youths about vaping and features numerous age-appropriate, cross-curricular resources designed for various audiences, including teachers, parents, and teens.
- 4. New HHS Releases Roadmap for Behavioral Health Integration The Department of Health and Human Services (HHS) recently released the <u>HHS Roadmap for Behavioral Health Integration</u>. The Roadmap, which proposes policy solutions to better integrate mental health and substance use disorder (SUD) care into the broader health care system, is based on feedback HHS Secretary Becerra received from patients and providers during his <u>National Tour</u> to <u>Strengthen Mental Health</u>. This Roadmap aims to integrate the full spectrum of mental health and SUD health care into other systems as well, including social service and early childhood systems to ensure equitable access to evidence-based and culturally appropriate person-centered care.
- New FDA Launches New Online Vaping Prevention and Education Resource Center The Food and Drug Administration's (FDA) <u>Center for Tobacco Products (CTP)</u> announced the launch of the <u>Vaping Prevention and</u> <u>Education Resource Center</u>. This online Resource Center provides evidence-based, standards-mapped materials to help students understand the dangers of vaping, nicotine, and substance use disorder (SUD).
- 6. New Families are the Solution, not the Problem The parents and family of anyone struggling with substance use play a critical and valuable role in the journey to and through recovery. However, the importance of what parents and family members can do to support their struggling loved ones is often minimized or, worse yet, framed as a contributing factor to their loved one's ongoing problem. <u>Watch Video</u>

- New Family-Based Intervention Lowers Long-Term Suicide Risk in Youth In a recent study supported by the National Institute of Mental Health, researchers examined the impact of a family-based intervention on suicide risk in youth and found risk-reduction benefits up to 10 years later. <u>Read More</u>
- 8. New Supporting Kinship Families and Grandfamilies Affected by Substance Use Disorders This year's National Recovery Month theme, "Every person. Every family. Every community." reminds us that no one is immune to the risks and impact of substance use disorders (SUDs) and mental health conditions. Kinship Care Awareness Month aims to increase the visibility of the growing number of kinship families and grandfamilies. Both offer an opportunity for us to consider how we can better support our family, friends and neighbors, as well as an opportunity to increase awareness of the resources that are available. Learn More
- 9. New MO Governor's Challenge Team has released a brief training video intended to help individuals support someone they know who may be struggling with a suicidal crisis and has a safety plan. A safety plan is a brief intervention to help those experiencing self-harm and suicidal thoughts. It is a set of coping strategies and resources an individual can use to decrease their risk of suicidal behavior. For the press release and video use this link https://dmh.mo.gov/news/2022
- New Lethal Means Safety Education and Counseling The U.S. Department of Veterans Affairs is offering a Lethal Means Safety Education and Counseling for Providers. This is a free, online, self-paced course for healthcare providers serving Veterans in their community. This web-based course is one-hour, available 24/7 and offers ACCME, ACCME-NP, ANCC, APA, ASWB, NBCC, NYSED SWB, accreditation. <u>https://www.train.org/vha/course/1075258</u>
- 11. Hispanic Heritage Month Every year, Hispanic Heritage Month is observed from September 15 to October 15. The theme for this year's observance is Unidos: Inclusivity for a Stronger Nation. Throughout the month, the HHS Office of Minority Health (OMH) will partner with other federal offices and stakeholders to share bilingual education messages about disease prevention and health promotion to help build healthier and stronger Latino communities. Visit the OMH Hispanic Heritage Month website to find resources <u>Hispanic Heritage Month Resources (hhs.gov)</u>, social media <u>Hispanic Heritage Month Social Media (hhs.gov)</u> and other materials.

TRAINING OPPORTUNITIES

- Treating Grief as a Mental Health Condition This webinar will present on the Diagnostic and Statistical Manual DSM 5 (TR) perspective as it relates to grief and a Major Depression diagnosis. *Tuesday, October 11, 2022, 12am CT*. <u>Register</u>
- New Debunking the Myths Around Addiction The webinar will introduce and highlight the disparate stigmatization of those with SUD and the consequences of stigma, as well as debunk common myths and misinformation surrounding substance use, SUD, and SUD interventions. Wednesday, October 12, 2022, 12pm CT. <u>Register</u>
- 3. Integrating Harm Reduction into the Substance Use Disorder Care Continuum This webinar will begin to explore how substance use disorder treatment providers can utilize harm reduction strategies to support PWUD and more effectively address and treat addiction. *Thursday, October 13, 2022, 12pm CT*. Register
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- 5. New The Missouri Children's Trauma Network's TF-CBT Learning Collaborative Launch Event Please join us for the launch event for the Missouri Children's Trauma Network's Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Learning Collaborative! Come learn about this unique, year long training opportunity that seeks to increase capacity for TF-CBT across Missouri for children and families. This training will include a Trauma-Focused Cognitive Behavioral Therapy learning collaborative and will include other trauma-focused trainings. This launch is a wonderful opportunity to learn about the project, meet training staff, and to have any of your questions answered. The event will be hosted via webinar and the connection information will be provided prior to the event. Training will be free of cost to all Missouri residents and applications will be accepted until October 20, 2022. To learn more about this project, please sign up via this link: https://umsl.az1.qualtrics.com/jfe/form/SV_3h0YeyEnTpmLG2a. We ask that you go ahead and sign up even if you are not able to make the event so that you can continue to receive communications about this project. *Thursday, October 13, 2022, 2pm CT*. Register
- 6. 2022 Missouri Recovery Support Specialist Training The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. <u>Register</u> October 14-16, 2022, 8am-5pm CT, Location-Fredericktown
- New Suicide Prevention in Higher Education The St. Louis Regional Suicide Prevention Coalition October 2022 Speaker Series highlights campus efforts to prevent suicide. The ripple effects of a loss by suicide on campus reverberates far beyond the campus community. This program will explore national and local efforts to prevent suicide in higher education settings. *Friday, October 14, 2022, 12pm CT*. <u>Register</u>
- New Low-Threshold Buprenorphine: Opportunities and Challenges In this webinar, researchers will present novel data on outcomes achieved after implementing low-threshold buprenorphine in community-based and harm reduction settings and address challenges encountered. Additionally, local and federal policymakers will discuss how they plan to support such programs to address the unmet need of people with opioid use disorder. *Monday, October 17, 2022, 12pm CT*. Register
- My Ethics: Minimizing or Maximizing My Ethical Values This training will challenge participants to look at ethics not from an absolute right and wrong perspective but from a continuum perspective that demonstrates how to maximize ethical behavior in a number of foundational ethical principles. Wednesday, October 19, 2022, 1pm-4pm CT. Register

10. CoE-HIS CLAS

- Part 2-Intoduction to the Culturally and Linguistically Appropriate Standard (CLAS) *Thursday, October* 20, 1pm CT. <u>Register</u>
- Part 3-Implementing the Culturally and Linguistically Appropriate Standard (CLAS) *Tuesday, November* 15, 1pm CT. <u>Register</u>
- 11. 2022 Fearon Institute: "Let's Talk: Creating Space Through Togetherness and Transparency" During this day of learning, attendees will be inspired to approach community mental health from a lens that welcomes honesty, individuality, and advocacy. Sessions will include a state legislative update, Christie's keynote, as well as two-panel discussions entitled, "We're Not Okay: Identifying and Treating Suicidality in Diverse Populations," and "The Intersection of Research and Recovery." *Friday, October 21, 2022, 9am-4:15pm CT*. Register
- 12. Incorporating Recovery Support to Address Opioid Use Disorders Wednesday, October 26, 2022, 11:30am CT.
- 13. New Cannabis for Clinicians: An Introduction to the Science, Effects and How it is Used This session will review a brief history of medical cannabis and cover the basics of what clinicians need to know about medical cannabis and its effects on the brain and body, how consumers are utilizing cannabinoids, and the pros and cons of the different delivery methods. Wednesday, November 2, 2022, 1pm CT. <u>Register</u>

- AMSR SUD Training Assessing and Managing Suicide Risk for Substance Use Disorder Treatment Professionals is a 6.5 hour virtual training for providers who offer any level of substance use treatments to clients at risk of suicide. *Thursday, November 10, 2022, 8:30 am- 4:00 pm CT.* <u>Register</u>
- 15. Medication Awareness Recovery Specialist Training Program This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. *Thursday, November 10, 2022, 9:00-12:00 or 1:00-4:00 CT.* Register
- MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. *Saturday, December 3, 2022, 8:30 am-12:30pm CT.*
- 17. Missouri Suicide Prevention Network The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connectionhttps://us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09 Meeting ID: 850 3510 9251 Passcode: 818397 December 15, 2022, 6pm-7:30pm

RECURRING TRAINING OPPORTUNITIES

- NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or who have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. All sessions are 6 pm to 8:30 pm.
 - October 6, 2022 to November 10, 2022 <u>Register</u>

2. CPS Specialty Trainings (MCB) -

- Staying Motivated-October 14, 2022, 9am-12pm CT Register
- Peers and DOC Supervision-December 16, 2022, 9am-12pm CT Register

3. Clinical Supervision Trainings (MCB) -

- October 20-21, 2022, 8am -2pm Ct. Register
- December 8-9, 2022, 8am -2pm Ct. Register

4. Motivational Interviewing

- Intermediate Motional Interviewing Training- Wednesday, October 26, 2022, 11am CT. Register
- Introductory/Refresher Virtual Motivational Interviewing-*Tuesday, November 29, 2022, 11pm-3pm CT.* <u>Register</u>
- 5. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register

- 6. **Family Support Provider Training** –The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. <u>Register</u>
- 7. **2022** Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register (New Dates added)
 - Peer Specialist Supervisor Training <u>Register</u>
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>
- 8. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings <u>Register</u>

Look for new information and resources coming next Friday!