FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

September 23, 2022

Prior issues of FYI Fridays can be found at: <u>https://dmh.mo.gov/mental-illness/fyi-fridays</u>

- 988 DBH staff Stacey Williams and Casey Muckler had the pleasure of interviewing with writers from the National Association of State Mental Health Program Directors (NASMHPD) to discuss Missouri's 988 planning and implementation efforts. The article focuses on how the 988 planning grant helped the Division build out its crisis service pathways of care. Williams and Muckler share their insights into how the Division was able to assess crisis services, evaluate priorities, and establish 988 as the front door of the larger crisis continuum. You can find the article here: https://talk.crisisnow.com/how-vibrants-988-state-planning-grant-helped-missouri-expand-its-crisis-system/
- 2. VA releases 2022 National Veteran Suicide Prevention Annual Report VA's latest annual report shows encouraging downward trends in Veteran suicide counts and rates, which shows that Veteran suicides decreased in 2020 for the second year in a row, and that fewer Veterans died by suicide in 2020 than in any year since 2006. https://news.va.gov/108984/2022-national-veteran-suicide-prevention-annual-report/?fbclid=IwAR1CRRTDtNf90-AWDxxKHrHt3eS4AQyHrnGxSBxy6ZppNv4b2YbXqQwzXW4

3. CCBHO PRIORITY!

MO HealthNet in coordination with the Managed Care Organizations (MCOs) has determined a timeline to allow CCBHO claims older than the 1 year timely filing to be submitted.

Between October 1, 2022 to October 31, 2022, MO HealthNet and the three MO HealthNet managed care plans will extend the timely claims filing window for claims by CCBHO providers for dates of service between July 1, 2021 and September 30, 2021.

For claims that are submitted between October 1, 2022, and October 31, 2022 but that are rejected, CCBHOs will have until November 15, 2022 to resubmit those rejected claims to allow time to correct the errors or rectify issues that caused the claim to be rejected.

No claims for the allowable dates of service will be accepted after November 15, 2022. And, claims will only qualify for the November 15 extension if they were submitted between October 1 and October 31 (no first time submissions after October 31).

If you have any questions related to these timeframes, please reach out to <u>Alex Daskalakis</u>, Director, Constituent Services and Managed Care at MO HealthNet.

4. Treatment and Recovery Support Partnership – "Since the days of Access to Recovery, FCC and Mission Missouri have been learning how and when to provide services to those suffering from substance use disorders in the rural counties of Southeast Missouri. Notably, when Mission Missouri's recovery house transitioned from men to women in 2020, the collaboration expanded and solidified. Mission Missouri had provided recovery housing for 16 years for men but by mid 2019 shifted to creation of the Esther House to service women. Esther House opened in January 2020. Because FCC and MM had a strong relationship already, a MOU was developed to allow a seamless flow of

services between the Esther House and FCC's Serenity Point in Cape Girardeau. FCC outpatient services, trauma services, and case management have been provided to the Esther House. The two entities refer to each other when a more or less intense level of services is needed for the individual depending on whether the woman needs treatment or recovery support. Since that time Life Continues Recovery, a peer coaching organization has been housed at Mission Missouri, and this has increased the collaboration between recovery and treatment. A MOU has been developed and is in operation between FCC and Mission Missouri for a peer to be on site at FCC's Stapleton facility. The peer and peer services are provided by Life Continues, representing Mission Missouri. On August 18th of this year, the Southeast Missouri Recovery Alliance known as SEMRA (the SE regional affiliate of MCRSP) hosted a training event in Poplar Bluff at the Fellowship of Acceptance Church (one of the SEMRA members) with FCC coordinating and providing all the trainers and materials. The day was highly successful and demonstrated once again that there does not and should not be a separation between recovery and treatment. We are better together. The continuum can and should include both."<u>https://mcrsp.org/file_download/inline/14e9bdd3-bdc3-4697-8cd4-9724451740a8_submitted by Noble Shaver at DBH's request</u>

- <u>RSS is Effective! mcrsp.org</u>-RSS is Effective! At the 6-month Follow-up: of clients have not had any new arrests. 98% are in stable housing. 90% are abstinent from alcohol and improper-mcrsp.org
- 5. **Mo Connect** (*Submitted by MBHC*) Hope you all are enjoying this fall weather today wherever you may be. A few big updates for this week as we are just under 2 WEEKS to go-live for our 988 and ACI providers

MCONNECT

on the platform. Make sure if you have not already to get those Subscription agreements and onboarding forms completed and returned. Below are links to both items. We have uploaded the trainings to Relias. You should be able to log in and see those there. Anyone who plans on using the system needs to complete them there. Next week, there are a few opportunities for some refreshers before going live. Bamboo Health will be offering some different Q&A sessions throughout the week. Links to those meetings are below and attached. Also, our team will be on the ACI call next Wednesday to walk through the platform again and answer questions.

- Subscription Agreement & Onboarding Forms: o Link to Subscription agreement if your agency has not already returned one: https://app.hellosign.com/s/DrM7Grhf
 - Onboarding Form and Call to Action for Crisis Entities (Operators & Responders): Click Here

• **Training Modules:** o The different training modules have been uploaded to Relias. You should be able to log in there and access the trainings.

- These need to be completed before you begin using the system.
- Any issues please contact me.

Q&A sessions Crisis Training and Q&A - Tuesday 9/27 at 1:00pm

Microsoft Teams meeting Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 235 122 187 939 Passcode: J2tpgJ Download Teams | Join on the web Or call in (audio only) +1 689-206-9329,,927414916# United States, Orlando Phone Conference ID: 927 414 916# Find a local number | Reset PIN OpenBeds Referring Organization Live Training Session - Wednesday 9/28 at 1:00pm Microsoft Teams meeting Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 224 661 400 395 Passcode: aNj9wV Download Teams | Join on the web OpenBeds Receiving Organization Live Training Session - Thursday 9/29 at 1:00pm Microsoft Teams meeting Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 236 461 321 273 Passcode: xBpM36

Download Teams | Join on the web

MOConnect Onboarding Q&A - Friday 9/30 at 1:00pm Microsoft Teams meeting

6. Spring Training Institute-Call for Presentations Don't miss out on the opportunity to present at the premiere

behavioral health event on *May 18-19, 2023*, in person at the Lake of the Ozarks, Tan Tar A Conference Resort. The DMH Spring Training Institute will be brought to you inperson this year. Be a part of this annual training event by submitting your presentation for consideration. We will have more than 60 sessions to fill this year.



Proposals are to be submitted before November 1, 2022 to be considered. Those chosen will be notified by January 15, 2023. Don't miss out on this opportunity to present to almost 1000 behavioral health care professional from across Missouri and beyond. <u>Click Here</u> to Submit your Presentation

Looking for employment? Know someone who is? Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

 Project AWARE Funding Opportunity – The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2022 Project AWARE (Advancing Wellness and Resiliency in Education) program (Short Title: AWARE). The purpose of Project AWARE is to develop a sustainable infrastructure for school-based mental health programs and services. Grant recipients are expected to build collaborative partnerships with the State Education Agency (SEA), Local Education Agency (LEA), Tribal Education Agency (TEA), the State Mental Health Agency (SMHA), community-based providers of behavioral health care services, school personnel, community organizations, families, and school-aged youth. <u>Read the full announcement here.</u>

- 2. HRSA Still Accepting Applications for RHC Buprenorphine-Trained Providers The Health Resources and Services Administration (HRSA) is still accepting applications for the <u>Drug Addiction Treatment Act of 2000 (DATA 2000)</u> <u>Waiver Training Payment Program</u> launched in June 2021, which aims to expand access to substance use disorder (SUD) treatment through payments to providers who are <u>waivered to prescribe buprenorphine</u> to treat opioid use disorder (OUD). Eligible Rural Health Clinics (RHCs) can apply for a \$3,000 payment on behalf of each provider who trained to obtain the waiver necessary to prescribe buprenorphine after January 1, 2019. Approximately \$1.2 million in program funding remains available and will be offered on a first-come, first-served basis until exhausted.
- 3. Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional) – The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a <u>funding opportunity</u> as part of the <u>Helping to End Addiction Long-term (HEAL) initiative</u> aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. Learn More

INFO and RESOURCES

 New Providers Face Multiple Challenges Working with Cannabis Use Disorder Patients – Although cannabis is viewed by many as a harmless or "soft" drug, addiction treatment providers face both ethical and liability implications when working with patients who have acute cannabis use disorders. <u>Learn More</u>

- New Interactive Map-Impact of State Targeted Response and State Opioid Response Grants NASADAD has developed an <u>interactive map</u> showing the impact of State Targeted Response (STR) & State Opioid Response (STR) grants. <u>Learn More</u>
- New CMS Approves Nation's First Medicaid Mobile Crisis Intervention Services Program, To Be Launched in Oregon – The Department of Health and Human Services (HHS), through the Centers for Medicare & Medicaid Services (CMS), recently <u>approved</u> the Oregon Health Authority's proposal to include community-based mobile crisis intervention services as covered under Medicaid. <u>Learn More</u>
- New Cariprazine Effective Against ADT- Resistant MDD Patients with <u>major depressive disorder</u> (MDD) who have inadequate response to antidepressant treatment (ADT) could benefit from adjunctive treatment with cariprazine (CAR). <u>Read More</u>
- 5. *New* Added Brexpiprazole Improves Life Engagement in Adults with Major Depression Adjunctive brexpiprazole was associated with significant gains in patient life engagement in adults with major depressive disorder (MDD) and inadequate response to antidepressant treatment. <u>Read More</u>
- New National Council for Mental Wellbeing Interest Groups Interest Groups to innovate and improve mental health and substance use care for historically underserved communities | <u>National Council Interest Groups -</u> <u>National Council</u> for Mantal Wellbeing (then at ional council erg)

for Mental Wellbeing (thenationalcouncil.org)

- 7. New Hispanic Heritage Month Every year, Hispanic Heritage Month is observed from September 15 to October 15. The theme for this year's observance is Unidos: Inclusivity for a Stronger Nation. Throughout the month, the HHS Office of Minority Health (OMH) will partner with other federal offices and stakeholders to share bilingual education messages about disease prevention and health promotion to help build healthier and stronger Latino communities. Visit the OMH Hispanic Heritage Month website to find resources <u>Hispanic Heritage Month Resources (hhs.gov)</u>, social media <u>Hispanic Heritage Month Social Media (hhs.gov)</u> and other materials.
- New Cannabis Exposure in Pregnancy Linked to Mental Health Problems in Early Teen Years A new study finds exposure to cannabis during pregnancy is associated with a higher risk of developing mental health problems in the early teen years. <u>Read More</u>
- 9. *New* Suicide Deaths Involving Heavy Alcohol Use Increased Significantly Among Women Suicide deaths involving heavy alcohol use rose significantly among women between 2003 and 2018, according to a new study. <u>Read More</u>
- New Non-Traditional Flavor Ban Not Having Intended Effect on Curbing Youth E-Cigarette Initiation In a study of youth between the ages of 12 and 17 who reported at least 1 instance of e-cigarette use, there was no statistically significant difference in addiction levels between those initiating with traditional and non-traditional flavors. <u>Read</u> <u>More</u>
- 11. *New* Prioritizing Practical Care When Treating Prolonged Grief Disorder Dr. Iglewicz talks about how the pandemic affected diagnoses of PGD, key symptoms clinicians should keep an eye out for, common misconceptions about the disorder, and where providers can find more resources for clinical practice.
- 12. New Adopting Measurement-Based Care in Substance Use Disorder Treatment Measurement-based care provides indicators of treatment progress to clinicians and patients that enable them to tailor the treatment approach to patient needs in real time. While standard practice in many medical settings, it is not yet commonplace in substance use disorder treatment. In this study, the researchers pilot tested a measurement-based care assessment tool in an outpatient treatment program. Read More

- 13. New The Inclusion of Patients' Reported Outcomes to Inform Treatment Effectiveness Measures in OUD This study provides a systematic review that takes a deep dive into patient goals around topics such as treatment retention, stopping or tapering off MOUD, health-related improvements and goals related to living a fully-realized life. <u>Read More</u>
- 14. New My Patient Overdosed and Now I Feel Guilty In this installment of Tales From the Clinic: The Art of Psychiatry, we visit the addiction clinic to discuss accidental overdose deaths. Although death by suicide is known to greatly impact psychiatrists, the impact of overdose deaths on physicians is not well studied. Despite the best efforts exerted in treatment, patients on medications for opioid use disorder may die of accidental overdoses on opioids, having misestimated their current opioid tolerance, or overdose on other substances such as sedatives/hypnotics and stimulants. <u>Read More</u>
- 15. New The Overdose Epidemic and the "Astounding" Life Expectancy Drop For the second year in a row, life expectancy in the United States has dropped. In 2020, the US experienced the largest drop life expectancy since World War II: 1.8 years. Now, life expectancy is yet another year lower, and declines in all individual 50 states. Declines differed significantly amongst race/ethnic groups. <u>Read More</u>
- 16. New Contingency Management is a Powerful Clinical Tool for Treating Substance Use Research Evidence and New Practice Guidelines for Use Contingency management (CM) is an effective behavior change technique commonly used to treat substance use disorders (SUDs). CM is one of the most effective behavioral interventions for initiating and maintaining abstinence from most types of commonly used drugs and alcohol. <u>Read More</u>
- 17. *New* Mood Shifts have Opposite Impact on Alcohol Cravings in Men and Women A new study finds that mood shifts and exposure to alcohol-related cues contribute to alcohol cravings in opposite ways for men and women. <u>Read More</u>
- 18. International Fetal Alcohol Spectrum Disorders Awareness Month The Centers for Disease Control and Prevention (CDC) and the National Institute on Alcohol Abuse and Alcoholism (NIAA), among other federal agencies, recognize September 9 as International Fetal Alcohol Spectrum Disorders (FASD) Awareness Day each year and September as <u>FASD Awareness Month</u>. International FASD Awareness Day is the world's largest annual campaign to raise awareness about the dangers of alcohol use during pregnancy and the challenges individuals and families living with FASDs face. The campaign stresses the range of conditions that can result from alcohol use during pregnancy and reminds people that FASD is preventable and that there is no safe amount of alcohol consumption during pregnancy. To learn more about the impacts of Alcohol, NASADAD recently released a fact sheet on the <u>Landscape</u> <u>of Alcohol Use in the U.S</u>. Learn More
- 19. Marijuana Use is Outpacing Cigarette Use for the First Time on Record More people in the US are now smoking marijuana than cigarettes, according to a Gallup poll. Cigarette use has been trending downward during the past decades, with only 11% of Americans saying they smoke them in a poll conducted July 5 to 26. Sixteen percent of Americans say they smoke marijuana, with 48% saying they have tried it at some point in their lives. Attitudes around both substances have also shifted dramatically. Learn More

TRAINING OPPORTUNITIES

1. SPARCS Virtual Training – Please review the introduction video prior to registration:

<u>https://youtu.be/dqX10wCQq4Y</u>. All training participants must have stable internet services and a working camera and microphone to be present and actively participate in the training. Registration link is listed below! This training is for participants who are employees of CCBHO/CMHCs and CSTAR programs only, can facilitate groups as part of their job, will start a group immediately following Learning Session #1 of the training, have co-facilitators so that they have support at their agency and are not implementing this service alone

Training #1

- Learning Session #1 September 28-30, 2022, 8:30am-12:30pm CT.
- Learning Session #2 November 30- December 2, 2022, 8:30am-12:30pm CT.

Training #2

- Pre-Work Session: September 27, 2022, 8:30am-11:30am CT.
- Learning Session #1 October 4-7, 2022, 8:30am-12:30pm CT.
- Learning Session #2 December 7-9, 2022, 8:30am-12:30pm CT.
- 1. Family Coaching Workshops Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home. All workshops are from 6 pm to 7pm.
 - a. Stay Close, Cool, Random and Routine Learn, practice, and get feedback about core relationship skills that also build trust. *Thursday, September 22, 2022* <u>Register</u>
 - Positive Consequences Learn to identify opportunities, types, relative value, and worth of positive consequences. Determine the behaviors you'd like to see more of and practice providing positive consequences. *Thursday, October 13, 2022* <u>Register</u>
 - c. Pivot Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc) often repeat despite our focus on wanting them to stop. Identify opportunities to make an impact in reducing these behaviors by avoiding their usual consequences. *Thursday, October 27,2022* <u>Register</u>
 - d. Stay Close-Hot Learn, practice, and receive feedback about the skills you can use to de-escalating difficult situations. *Thursday, November 10, 2022*. <u>Register</u>
 - e. Set Expectations Practice developing expectations that increase the behaviors you want to see. *Thursday, December 8, 2022*. <u>Register</u>
 - f. Family Matrix Identify life values that are important to YOUR family. Explore ways to use your values to increase desirable behavior. <u>https://dmh.mo.gov/media/pdf/family-coaching-workshop-flyer</u>. *Thursday, December 22, 2022* <u>Register</u>
- Suicide Prevention within the LGBTQ+ Community This webinar, we will identify ways your organization can strengthen access and delivery of suicide care and promote a protective environment for these vulnerable populations. *Monday, September 26, 2022, 12pm CT*. <u>Register</u>
- 3. **Conversations for Suicide Safer Homes** This training teaches participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. *Tuesday, September 27, 2022, 12pm CT*. <u>Register</u>
- 4. E-filing Domestic Violence Protection Orders-Safety, Accessibility, and Effectiveness This webinar will review key considerations identified through NCSC's critical conversations with court stakeholders across the country related to portals and e-filing systems for domestic violence cases, such as addressing safety and confidentiality/privacy concerns, challenges to accessibility, support strategies to help petitioners navigate technology and court processes, and collaborations necessary to build a robust framework. *Tuesday, September 27, 2022, 12:30pm CT.* <u>Register</u>
- 5. New Supervision Across the Generations: Intergenerational Understand and Effectively Supervising Multiple Generations – Each generation is unique, with its own strengths and assets. However, when generations combine in the workplace, there can be conflict, uneasiness, and uncertainty on all sides. This workshop will address meeting the supervisory needs of different generations, managing potential generational conflicts, and helping all employees to work successfully together. Wednesday, September 28, 2022, 1pm CT. Register
- 6. Recognition Goes Further Than You Think Being a direct support professional (DSP) can be hard work—mentally, physically, and emotionally. It's important to recognize and support your DSPs throughout their tenure at your organization, especially if you want to retain them long-term. With such a high turnover rate (national average is 45%), recognizing your staff's hard work and ideas can improve retention and engagement more than you think. Wednesday, September 28, 2022, 1pm CT. Register

- 7. Alcohol Use Disorder: Our Nation's Hidden Epidemic Recovery Month provides an opportunity to discuss our nation's hidden epidemic alcohol use disorder (AUD). Deaths involving AUD increased dramatically during the pandemic, according to a study by Cedars-Sinai Medical Center. The study also found that young adults 25 to 44 years old experienced the steepest upward trend in AUD mortality. *Wednesday, September 28, 2022, 1pm CT*. Register
- New Integrating Harm Reduction into the Substance Use Disorder Care Continuum This webinar will begin to explore how substance use disorder treatment providers can utilize harm reduction strategies to support PWUD and more effectively address and treat addiction. *Tuesday, October* 13, 2022, 12pm CT. <u>Register</u>
- 9. CoE-HIS CLAS
 - Part 1-History and Purpose of the Culturally and Linguistically Appropriate Standard (CLAS) Wednesday, September 28, 2022, 2pm CT. Register
 - Part 2-Intoduction to the Culturally and Linguistically Appropriate Standard (CLAS) *Thursday, October* 20, 1pm CT. <u>Register</u>
 - Part 3-Implementing the Culturally and Linguistically Appropriate Standard (CLAS) *Tuesday, November* 15, 1pm CT. <u>Register</u>
- Use Motivational Interviewing to Empower Others This session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Thursday, September 29, 2022 11am to 3pm CT*. <u>Register</u>
- Enhancing Outreach to the LGBTQ+ Community This webinar will help your organization understand the needs of LGBTQ+ clients and become more comfortable with gathering required information. *Thursday, September, 29, 2022, 1pm CT.* <u>Register</u>
- 12. Decreasing Disparities and Improving Outcomes: A Closer look at Standardization Tools Around Service Intensity In this webinar, learn how these tools standardize behavioral healthcare delivery in a wide number of settings, to decrease disparities and increase system efficiencies. Join us as we explore the space where efforts in research, practice and technology converge to improve patient outcomes and look to provide the highest quality of services and supports, while also achieving it at the lowest cost and in the least restrictive setting possible. *Thursday, September, 29, 2022, 1pm CT.* Register
- New Obsessive-Compulsive Disorder-A Primer or Clinicians In this presentation we will focus on Obsessive Compulsive Disorder and will describe the key features and ways of understanding and treating it. This Primer for the clinician will examine the essential features of OCD and will include the essentials of Diagnosis; and therefore, effective treatments. Friday, September 30, 2022, 1pm-4pm CT. Register
- 14. Missouri Addiction Counselor's Association (MACA) Conference Nothing Changes if Nothing Changes, September 30-October 1, 2022. Register
- 15. New What Leadership Teams Need to Know about Risk Management, Avoiding Lawsuits and Breaches of the Standard of Care – This webinar addresses five critical principles for avoiding lawsuits and breaches of the standard of care. These principles are based on over 50 years lessons learned in litigation of behavioral healthcare professional liability claims. Wednesday, October 5, 2022, 11 am CT. Register
- 16. Psychological First Aid Training Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. *Thursday, October 6, 2022, 9am-4pm CT.* <u>Register</u>

- Treating Grief as a Mental Health Condition This webinar will present on the Diagnostic and Statistical Manual DSM 5 (TR) perspective as it relates to grief and a Major Depression diagnosis. *Tuesday, October 11, 2022, 12am CT*. <u>Register</u>
- 18. 2022 Fearon Institute: "Let's Talk: Creating Space Through Togetherness and Transparency" During this day of learning, attendees will be inspired to approach community mental health from a lens that welcomes honesty, individuality, and advocacy. Sessions will include a state legislative update, Christie's keynote, as well as two-panel discussions entitled, "We're Not Okay: Identifying and Treating Suicidality in Diverse Populations," and "The Intersection of Research and Recovery." Friday, October 21, 2022, 9am-4:15pm CT. Register
- 19. Incorporating Recovery Support to Address Opioid Use Disorders Wednesday, October 26, 2022, 11:30am CT.
- New AMSR SUD Training Assessing and Managing Suicide Risk for Substance Use Disorder Treatment Professionals is a 6.5 hour virtual training for providers who offer any level of substance use treatments to clients at risk of suicide. November 10, 2022, 8:30 am- 4:00 pm CT. Register
- 21. *New* Medication Awareness Recovery Specialist Training Program This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. *November 10, 2022, 9:00-12:00 or 1:00-4:00 CT.* Register
- 22. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. *Saturday, December 3, 2022, 8:30 am-12:30pm CT.*
- 23. Missouri Suicide Prevention Network The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connectionhttps://us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09 Meeting ID: 850 3510 9251 Passcode: 818397 December 15, 2022, 6pm-7:30pm

RECURRING TRAINING OPPORTUNITIES

- NAMI Homefront NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The Course is a free for families, caregivers and friends of military service members and veterans with mental health conditions. All sessions are 6 pm to 8:30 pm. September 19, 2022 to October 23, 2022. Register
- 3. **Missouri Credentialing Board Conferences** Topics for these training are: Trauma Informed Care, Human Trafficking Awareness and combating Substance Use. The fee includes instructional materials, lunch on the day of the Conference. To register, complete the registration online.
 - September 21, 2022 8am-4pm CT. St. Louis-Registration deadline-August 31, 2022 Register
 - October 18, 2022, 8am-4pm CT. Kansas City-Registration deadline-September 26, 2022 Register
- 4. Clinical Supervision Trainings (MCB) -
 - September 28-29, 2022, 8am -2pm Ct. Register
 - October 20-21, 2022, 8am -2pm Ct. <u>Register</u>
 - December 8-9, 2022, 8am -2pm Ct. Register

- 5. 2022 Missouri Recovery Support Specialist Training The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Register
 - September 28-30, 2022 8am-5pm CT, Location-Kansas City
 - October 3-5, 2022, 8am-5pm CT, Location-Sikeston
 - October 5-7, 2022, 8am-5pm CT, Location-St. Louis
 - October 14-16, 2022, 8am-5pm CT, Location-Fredericktown

6. Motivational Interviewing

- Introductory/Refresher Virtual Motivational Interviewing-Wednesday, September 28, 2022, 11pm-3pm CT. <u>Register</u>
- Intermediate Motional Interviewing Training- Wednesday, October 26, 2022, 11am CT. Register
- Introductory/Refresher Virtual Motivational Interviewing-*Tuesday, November 29, 2022, 11pm-3pm CT.* <u>Register</u>
- 7. NAMI Family-to-Family NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members. All sessions are 6 pm to 8:30 pm.
 - September 29, 2022 to November 17, 2022. Register
- 8. NAMI Basics NAMI Basics is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or who have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. All sessions are 6 pm to 8:30 pm.
 - October 6, 2022 to November 10, 2022 <u>Register</u>

9. CPS Specialty Trainings (MCB) -

- Staying Motivated-October 14, 2022, 9am-12pm CT Register
- Peers and DOC Supervision-December 16, 2022, 9am-12pm CT Register
- 10. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 11. Family Support Provider Training The community support provider is primarily providing supports and services to the child or youth and family to help reduce risk factors. They help the child or youth to identify their needs and barriers to being more successful. They develop goals, identify strengths, and provide support for them to learn and practice new skills. They also work with the child or youth and family to increase their ability to communicate more effectively and learn how to solve problems when needed. <u>Register</u>

12. 2022 Peer Specialist Trainings – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training <u>Register (New Dates added)</u>
- Peer Specialist Supervisor Training <u>Register</u>
- Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>

13. 2022 Ethics and MRSS Trainings – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings Register
- Ethics Trainings <u>Register</u>

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!