

DBH Updates, Notices, and Policy Guidance August 26, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. MOONNECT (update from the Missouri Behavioral Health Council)

- <u>Statewide Guidelines</u>: Thank you to those of you who provided feedback on the Statewide Guidelines that DMH put together. We will take that feedback back and adjust them to have ready to go. Once completed, we will share them out with you all.
- Subscription Agreement & Onboarding Forms:
 - Link to Subscription agreement if your agency has not already returned one: https://app.hellosign.com/s/DrM7Grhf
 - Onboarding Form and Call to Action for Crisis Entities (Operators & Responders): Click Here
- <u>Training Modules:</u> The training modules that were shared in the previous weekly update are still available below. We are working to get these all moved to Relias.
 - Receiving (Treatment) Organizations
 - https://patientping.skyprepapp.com/users/enrol?course_id=132457
 - Key: OpenBeds1
 - Referring Only Organizations
 - https://patientping.skyprepapp.com/users/enrol?course_id=132348
 - Key: OpenBeds1
 - Administrators: OpenBeds Adding New Users
 - https://patientping.skyprepapp.com/users/enrol?course_id=140078
 - Key: OpenBeds1
 - Crisis Management Module: Intakes, Mobile Dispatching, Admin Privileges
 - https://patientping.skyprepapp.com/users/enrol?course id=132820
 - Key is OpenBeds1
- One-On-One Whiteboard Sessions: These calls are meant to help us understand your current workflows and identify how the MOConnect platform can work to improve your processes. As well as answer any questions you may have about this project. If you already had one, but have more additional questions, we are happy to meet with you all again. If you have not met with us yet, please reach out.
- MOConnect Demo: Below is a link to a demo of the platform that has been made available for everyone to have access at any time. This is in addition to the module training videos that have been shared previously.
 - o **DEMO LINK**
- We appreciated everything everyone has done so far to help with this project at each of their agencies. Please
 do not hesitate to reach out to us on the project team if you have any questions!
 Drew Burnett, MHA, Referral Network Manager, Missouri Behavioral Health Council



SEPTEMBER 10TH 11AM-3PM THE CONCOURSE PARK 200 BENTON BLVD. KCMO

RAFFLE LIVE BANDS
RESOURCES
SNOW CONES POPCORN

FREE FREE FREE

COTTON CANDY

HOT DOGS

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- 1. HRSA Still Accepting Applications for RHC Buprenorphine-Trained Providers The Health Resources and Services Administration (HRSA) is still accepting applications for the <u>Drug Addiction Treatment Act of 2000 (DATA 2000)</u> Waiver Training Payment Program launched in June 2021, which aims to expand access to substance use disorder (SUD) treatment through payments to providers who are <u>waivered to prescribe buprenorphine</u> to treat opioid use disorder (OUD). Eligible Rural Health Clinics (RHCs) can apply for a \$3,000 payment on behalf of each provider who trained to obtain the waiver necessary to prescribe buprenorphine after January 1, 2019. Approximately \$1.2 million in program funding remains available and will be offered on a first-come, first-served basis until exhausted.
- 2. Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional) The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a <u>funding opportunity</u> as part of the <u>Helping to End Addiction Long-term (HEAL) initiative</u> aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. Learn More

INFO and RESOURCES

- 1. **New Bipolar Disorder across the Spectrum** This activity is designed for psychiatrists, primary care physicians, psychologists, nurse practitioners, physician assistants, psychiatric nurses, and other healthcare professionals who seek to improve the care of patients with mental health disorders. **Learn More**
- 2. **New** The National LGBTQIA+ Health Education Center provide educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, transgender, queer, intersex, asexual, and all sexual and gender minority (LGBTQIA+) people. Home » LGBTQIA+ Health Education Center Trans-related infographics to share and print | Graphics (transstudent.org)

- 3. **New AUD Increases Mortality Risk for Cannabis Use Disorder Patients** Alcohol use disorder (AUD) has been shown to increase mortality risk among individuals with cannabis use disorder, according to a new study. <u>Read More</u>
- 4. *New* Provide Services to People with Substance Use Disorders (PWSUDs) Using the Telephone – this recent publication from our Addiction Technology Transfer Network. The Pacific Southwest and Mountain Plains Addiction Technology Transfer Centers created a new product to assist behavioral health providers and peer support specialists that provide services to People with Substance Use Disorders (PWSUDs) using the telephone (mobile, landline, or internet phones). This document provides sample policies and recommended practices that behavioral health providers and peer support specialists can use and/or adapt to help guide the delivery of Audio-Only Telehealth (AOTs). Learn More

Behavioral Health & Intellectual/Developmental Disabilities Info

- Despite Rise in mental Health Disorders, No Increase in Access to Formal Psych Care for People with Borderline Intellectual Impairment – While people with borderline intellectual impairment showed increasing prevalence of several mental health disorders over a decade and a half, access to formal psychiatric care did not increase, according to a study. Read More
- Missouri Alliance for Dual Diagnosis (MOADD) Learn more at Missouri Alliance for Dual Diagnosis | dmh.mo.gov
- 5. New Recalibrating a Treatment Plan for Bipolar Disorder When the Initial Therapy Doesn't

Work – In this quick podcast excerpt taken from that conversation, Dr Tohen explains the clinical options available to healthcare professionals when initial treatment plans for patients with bipolar disorder don't go according to said plan. Learn More

- 6. **New Innovations in Child and Adolescent ADHD** This accredited, on-demand activity features a presentation that discusses barriers associated with optimal management of attention-deficit/hyperactivity disorder (ADHD) in children and adolescents. Learn More
- 7. **Probation and Parole Regional Oversight Meetings** These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

Sept 2, 2022 - Southwest Region - 10am-12pm

Location: Springfield Public Library

2535 North Kansas Expressway, Springfield, MO

TRAINING OPPORTUNITIES

- New Trauma (Historical and Intergenerational) and Resiliency This webinar is around the topics of historical and intergenerational trauma and resiliency, as well as how trauma relates to social justice. Monday, August 29, 2022, 11am CT. Register
- 2. Addressing Inequities with Whole-Person Primary Care The webinar convenes subject matter experts to discuss the report in-depth and the state of healthcare equity. Join leaders from AARP, PCDC, Morehouse, NPWF, and PCC as we discuss one of health care's most vital issues. *Tuesday, August 30, 2022, 12pm CT*. Register
- 3. New Strategies for Fostering Engagement and Retention Among People Reentering the Community from Prison or Jail The weeks following release from jail or prison can be among the most deadly for people with mental and substance use disorders. Establishing a meaningful connection with these individuals is critical to their survival, continuity of treatment and care, and long-term success in their recovery and preventing further justice involvement. Wednesday, August 31, 2022, 1pm CT. Register

- 4. **New Saving Our Children: Current Considerations for Preventing Suicide in Children and Adolescents** This is an intermediate-level webinar and as such we will not be discussing basic information in the prevention and intervention of suicide (general risk factors, assessment, etc.). **Tuesday, September 6, 2022, 1pm CT**. Register
- 5. Indecision Has a Cost-On Workforce and the Cost of Care his webinar will bring together all of the leadership concepts raised in earlier sessions, with a final focus on the need for effective leadership and decision-making. This is particularly important when it comes to organizational systems, which can create significant clinical challenges. Inefficient systems impact the clinical team and the consumers that they serve. So whether you are a CEO, CFO, IT staff, or a clinical provider, understanding how to make decisions and streamline systems is crucial to helping others. *Tuesday, September 6, 2022, 12pm CT*. Register
- 6. **ADHD Diagnosis and Treatment Planning** Symptoms of ADHD are among the most common psychological problems encountered in children and adolescents. This Zoom webinar will discuss current concepts of the disorder, how it is diagnosed, and how to use the diagnostic process in ways that help families understand the condition and develop plans for its treatment. *Friday, September 9, 2022, 9am-12pm CT*. Register
- 7. Ending the HIV Epidemic in Missouri The Missouri Department of Health and Senior Services invites you to attend the September Community Engagement Forum focused on Ending the HIV Epidemic in Missouri. Learn about the role that DIS play in linking people newly diagnosed to care and reengaging those previously diagnosed and their role in ending the HIV epidemic. *Tuesday, September 13, 2022, 5:30pm CT*. Register
- 8. **New Using Your EHR to Support Value-Based Reimbursement Models** Does your EHR support value-based reimbursement models? New workflows and configurations are often necessary are you ready to implement them? **Wednesday, September 14, 2022, 12pm CT.** Register
- 9. **New Psychiatric Medications: An Overview for the Non-Prescriber** The purpose of this training is to provide a foundational framework for understanding the primary categories or families of mental health medications and the conditions that they are designed to treat. **Wednesday, September 14, 2022, 12pm CT**. Learn More
- 10. Midwest LBGTO+ Health Symposium-Mobilizing for Health Justice is a Radical Act Speakers from across the US will share their skill, research, expertise and, for the first time, host dynamic roundtable discussions. September 14 and 15, 2022. Register
- 11. New Practicing Ethical Social Work in Technology This workshop will explore the evolution of the NASW code of ethics and increase your understanding of our ethical obligations surrounding technology by examining the latest ethical changes and analyzing ASWB's technological practice standards. Through interactive activities, we will apply the code of ethics and practice standards to real-world scenarios impacted by technology. September 15, 2022, 1pm-4-pm CT. Register
- 12. Leadership Institute Community of Practice Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
 - Relationship Building-September 15, 2022, 12pm CT
- 13. Preventing Suicides: Supporting the Teens in Your Life This webinar will share how parents and caring adults can identify warning signs of mental health crisis and suicide, communicate with teens about suicide prevention, and encourage teens to seek help. Thursday, September 15, 2022, 6pm CT. Register
- 14. Supporting Victims of Bullying This webinar will discuss the impact that being bullied can have on children and adolescents and will cover helpful strategies to use when working with individuals and their families on this issue. Wednesday, September 21, 2022, 10am CT. Register

- 15. Harm Reduction Conference During this virtual event, we will focus on providing strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. September 21-22, 2022, 12:30pm-5pm CT. Register
- 16. Independent Assessment for Residential Care 101 Webinar Please join Mikala Jungmeyer-Geiger, Missouri Behavioral Health Council, and JJ Gossrau, Department of Mental Health, as they explain the process for residential care assessment for children in states custody as the contracted entity for completion of the assessment. This webinar is intended for chief executive officers, chief nursing officers, social workers and clinicians. There are no CEUs offered for this event. This is complimentary event organized through MHAs Psychiatric Network. Please register in advance. After registering, you will receive a confirmation email containing information about joining the meeting. Thursday, September 22, 2022, 12pm CT. Register
- 17. Healthy Relationships for Youth and Young Adults This workshop will help participants analyze what factors contribute to healthy relationships and how to recognize signs of an unhealthy one. Participants will learn strategies for supporting youth and young adults in creating and maintaining positive relationships. *Thursday, September 22, 2022, 9am-4pm CT*. Register
- 18. Conversations for Suicide Safer Homes This training teaches participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. *Tuesday, September 27, 2022, 12pm CT*. Register
- 19. Alcohol Use Disorder: Our Nation's Hidden Epidemic Recovery Month provides an opportunity to discuss our nation's hidden epidemic alcohol use disorder (AUD). Deaths involving AUD increased dramatically during the pandemic, according to a study by Cedars-Sinai Medical Center. The study also found that young adults 25 to 44 years old experienced the steepest upward trend in AUD mortality. Wednesday, September 28, 2022, 1pm CT. Register
- 20. **Missouri Addiction Counselor's Association (MACA) Conference** Nothing Changes if Nothing Changes, **September 30-October 1, 2022**. Register
- 21. Psychological First Aid Training Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. *Thursday, October 6, 2022, 9am-4pm.* Register

RECURRING TRAINING OPPORTUNITIES

- New NAMI Family-to-Family NAMI Family-to-Family is a free 8-session educational program for family members, significant others, and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. The course is taught by trained family members. All sessions are 6 pm to 8:30 pm. September 13, 2022 to November 1, 2022. Register
- 2. **New Family Coaching Workshops** Ongoing virtual learning opportunity for families and caregivers interested in implementing positive practices at home. All workshops are from **6 pm to 7pm**.
 - Avoid Coercion Learn more about common coercions we all have used. Activities focus on analyzing your own triggers and developing a plan for next time. *Thursday, September 8, 2022*. Register

- Stay Close, Cool, Random and Routine Learn, practice, and get feedback about core relationship skills that also build trust. *Thursday, September 22, 2022* Register
- Positive Consequences Learn to identify opportunities, types, relative value, and worth of positive consequences. Determine the behaviors you'd like to see more of and practice providing positive consequences. *Thursday, October 13, 2022* Register
- Pivot Learn about how annoying behaviors (throwing food, rolling eyes, cursing, mumbling, etc) often repeat despite our focus on wanting them to stop. Identify opportunities to make an impact in reducing these behaviors by avoiding their usual consequences. *Thursday, October 27,2022* Register
- Stay Close-Hot Learn, practice, and receive feedback about the skills you can use to de-escalating difficult situations. *Thursday, November 10, 2022*. Register
- Set Expectations Practice developing expectations that increase the behaviors you want to see. Thursday, December 8, 2022. Register
- Family Matrix Identify life values that are important to YOUR family. Explore ways to use your values to increase desirable behavior. https://dmh.mo.gov/media/pdf/family-coaching-workshop-flyer. Thursday, December 22, 2022 Register
- 3. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
 - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- 4. Missouri Suicide Prevention Network The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection-https:\\us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09 Meeting ID: 850 3510 9251 Passcode: 818397
 - September 15, 2022, 6pm-7:30pm
 - December 15, 2022, 6pm-7:30pm
- 5. CPS Specialty Trainings (MCB)
 - Harm Reduction-September 16, 2022, 9am-12pm CT Register
 - Staying Motivated-October 14, 2022, 9am-12pm CT Register
 - Peers and DOC Supervision-December 16, 2022, 9am-12pm CT Register
- 6. New NAMI Homefront NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country. The program is taught by trained family members of service members/veterans with mental health conditions. The Course is a free for families, caregivers and friends of military service members and veterans with mental health conditions. All sessions are 6 pm to 8:30 pm. September 19, 2022 to October 23, 2022. Register
- 7. **Missouri Credentialing Board Conferences** Topics for these training are: Trauma Informed Care, Human Trafficking Awareness and combating Substance Use. The fee includes instructional materials, lunch on the day of the Conference. To register, complete the registration online.
 - September 21, 2022 8am-4pm CT. St. Louis-Registration deadline-August 31, 2022 Register
 - October 18, 2022, 8am-4pm CT. Kansas City-Registration deadline-September 26, 2022 Register
- 8. Clinical Supervision Trainings (MCB)
 - September 28-29, 2022, 8am -2pm Ct. Register
 - October 20-21, 2022, 8am -2pm Ct. Register
 - December 8-9, 2022, 8am -2pm Ct. Register

- 9. **2022 Missouri Recovery Support Specialist Training** The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Register
 - September 28-30, 2022 8am-5pm CT, Location-Kansas City
 - October 3-5, 2022, 8am-5pm CT, Location-Sikeston
 - October 5-7, 2022, 8am-5pm CT, Location-St. Louis
- 10. **New NAMI Basics for Military Families** –NAMI Basics is a free education program for parents and family caregivers of children and teens age 22 and younger who are experiencing mental health symptoms. The course meets requirements for Missouri Foster Parent Training Credit, but a request must be submitted to the Missouri Department of Social Services Children's Division prior to taking the course for each person requesting training credits. All sessions are **6 pm to 9 pm**. **October 6, 2022 to November 10, 2022**. Register
- 11. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 12. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register (New Dates added)
 - Peer Specialist Supervisor Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 13. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!