FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 12, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- 1. International Overdose Awareness Day is August 31, 2022 The ATTC Network recognizes Wednesday, August 31 as International Overdose Awareness Day. Find resources to help you plan and participate in events here.
 - What is Harm Reduction? Designed by Mountain Plains ATTC for display as an 11x17 poster in a location most visible and accessible to behavioral health providers, educators, and/or peer recovery specialists. Also available in an 8.5x11 format for in-house printing. Hard copies may be requested from the MPATTC
 - Opioid Overdose Prevention and Infectious Disease Control: Opportunities for Collaboration This
 HealtheKnowledge online course discusses how opioid misuse and overdose prevention strategies can be
 coordinated with efforts around infectious disease control in order to improve data collection, align resources,
 increase access to focus populations, and address shared risk and protective factors. Developed by South
 Southwest Prevention Technology Training Center.

2. Missouri Crisis Intervention Team (MO CIT) Conference – CALL FOR PRESENTATIONS-(Date Correction) March 20-21, 2023, Columbia - You are invited to submit a proposal to share your experience and expertise with over 500 attendees, which include law enforcement officers, jail administrators/staff, DOC, public safety officials, behavioral health professionals, adult protection workers, court staff, peer support, EMS and many others, from around the state at the 2023 Missouri Crisis Intervention Team (MO CIT) Conference. We are accepting all topics at this point so we can assure we get the best of the best for our conference.

Call for presentations must be submitted no later than *AUGUST 15, 2022*. Please complete the form at the link below. CALL FOR PRESENTATIONS FORM à <u>CLICK HERE</u>

Looking for employment? Know someone who is? Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

FUNDING OPPORTUNITIES

- New HRSA Still Accepting Applications for RHC Buprenorphine-Trained Providers
 The Health Resources and Services Administration (HRSA) is still accepting applications for the Drug Addiction Treatment Act of 2000 (DATA 2000) Waiver Training Payment Program launched in June 2021, which aims to expand access to substance use disorder (SUD) treatment through payments to providers who are waivered to prescribe buprenorphine to treat opioid use disorder (OUD). Eligible Rural Health Clinics (RHCs) can apply for a \$3,000 payment on behalf of each provider who trained to obtain the waiver necessary to prescribe buprenorphine after January 1, 2019. Approximately \$1.2 million in program funding remains available and will be offered on a first-come, first-served basis until exhausted.
- 2. Research to Foster an Opioid Use Disorder Treatment System Patients Can Count On (RM1-Clinical Trial Optional) – The National Institutes of Health's (NIH) National Institute on Drug Abuse (NIDA) announced a <u>funding opportunity</u> as part of the <u>Helping to End Addiction Long-term (HEAL) initiative</u> aimed at creating opioid use disorder (OUD) treatment systems. NIDA seeks applications for multi-project RM1 Opioid Use Disorder Quality Measurement and Management Research Centers (OUD-QM2RCs). The program aims to create feasible, efficient quality measurement systems to provide information to help patients, families, and payors compare and select providers and help clinicians and providers improve patient outcomes. Learn More

INFO and RESOURCES

- New Do Medications for Opioid Use Disorder Cause Weight Gain Stigma is already a major challenge for people with opioid use disorder, and weight gain can also be very stigmatizing. Previous studies have found that MOUD can cause weight gain in some people, and that women tend to experience more and more severe side effects from medications than men. Learn More
- New Practical Tools for Prescribing and Promoting Buprenorphine in Primary Care Settings This resource provides information to primary care providers and practices on how to implement opioid use disorder treatment using buprenorphine. It identifies common barriers and strategies to overcome them. It documents step-by-step tactics to support buprenorphine implementation. <u>Learn More</u>
- New Helping Girls and Young Women Stay Healthy by Avoiding Alcohol Data visualization illustrating alcohol use among girls and young women, versus use among boys and young men. Also shares ways for parents, caregivers, or community members to respond and help. <u>Learn More</u>
- 4. New CDC Dose Dashboard: Nonfatal Overdose Data The Centers for Disease Control and Prevention's (CDC) Drug Overdose Surveillance and Epidemiology (DOSE) Dashboard provides up-to-date data on nonfatal drug overdoses from the CDC's DOSE system, updated monthly. The <u>DOSE system</u> aims to rapidly identify outbreaks and provide situational awareness of drug overdose-related emergency department visits at the local, State, and regional levels by analyzing electronic health records from syndromic surveillance systems. CDC's DOSE dashboard is an interactive site that allows users to compare aggregate DOSE data on emergency department visits by drug, State, and timeframe. Currently, 47 states and the District of Columbia share data with DOSE, and states that do not are labeled "data not available" or "unfunded state." A how-to guide for using the dashboard can be found <u>here</u>.
- 5. New Study Finds Association Between Buprenorphine Treatment Duration and Mortality A group of researchers published a <u>study</u> in the journal Addiction on the associations between buprenorphine treatment duration and three measures among those who discontinued treatment: all-cause mortality, drug overdose, and opioid-related overdose.

- 6. New Tailoring Treatment to Patient Goals and Providing the Clozapine Option as Standard of Care This video provides insights on how to prioritize patients' goals for treatment when living with schizophrenia, goals that sometimes differ from the clinical emphasis on symptom reduction. Dr Meyer also discusses the importance of offering clozapine as an option to treatment resistant patients and offers some advice on how to get comfortable with prescribing the drug. Watch Video
- 7. New Making Space for Patient Needs when Treating First-Episode Schizophrenia This video, provides insights on how to account for each patient's unique needs and concerns when treating first-episode schizophrenia. Dr Meyer explains how to frame the benefit of medications around a patient's particular goals as well as how to bring up long-acting injectables (LAIs). <u>Watch Video</u>
- 8. *New* Intervening Early with Long-Acting Injectables This video explains the benefits of early patient intervention using long-acting injectables (LAIs) to achieve stability and treatment adherence. <u>Watch Video</u>
- New Overcoming Schizophrenia Treatment Challenges and the Potential of TAAR1 This video explains common treatment challenges that clinicians encounter when treating patients with schizophrenia, barriers to accessing treatment, and the exciting potential of trace amine-associated receptor (TAAR1) agonists in treating psychosis. <u>Watch Video</u>
- Probation and Parole Regional Oversight Meetings These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

August 23, 2022 – Eastern Region – 10-12 pm	Sept 2, 2022 – Southwest Region – 10am-12pm
Location: Virtual	Location: Springfield Public Library
	2535 North Kansas Expressway, Springfield, MO

TRAINING OPPORTUNITIES

- 1. *New* Integrated Care Services and Advancing Health Equity for Individuals with Intellectual and Developmental Disabilities By providing integrated care and accessible services to people with IDD, we can advance health equity and improve health outcomes for the millions of Americans with IDD. *Tuesday, August 16, 2022, 1pm CT.* Register
- Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorders and Addictive Behaviors – The medical model approach to treating addictions has been utilized since Substance Use Disorders were identified as Disease processes and therefore require medical approaches and interventions. *Friday, August* 19, 2022, 1pm-4pm CT. Register
- 3. Pulling Back the Curtain on Successful Prevention Campaigns The presentation will include direct insight into the inner workings of the "Talk. They Hear You" and the "Parents' Night Out" campaigns, exploring app-based interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. *Wednesday, August 21, 12pm CT*. <u>Register</u>
- 4. Eating Disorder Prevention in Youth Sports This presentation is intended to help provide ideas on how to create a sport culture that more accurately promotes sport passion and performance, which includes eating disorder awareness, communication tactics, and how to best support those who are struggling with mental health. Wednesday, August 24, 2022, 12pm CT. Register
- 5. New Addressing Prevalence, Treatment and Policy Solutions This symposium will offer a chance for policymakers, mental health care providers, social workers, community leaders, representatives of the healthcare and insurance industries, and other stakeholders to examine this issue in an open and non-partisan context with the goal of interrogating existing policies to identify shortcomings for improvement in the mental health of all Americans. Wednesday, August 24, 2022, 11:30am CT. Register

- 6. New Flexible and Personalized CBT for Depression in Middle-Aged and Older Adults This webinar presents culturally responsive assessment and intervention practices that target the contexts and drivers/antecedents of depression in middle-aged and older adults. Clinicians learn to plan and implement research-supported strategies that fit the contexts of depression in their clients (i.e., changes in brain health, chronic pain, sleep problems, anxiety, experiences of loss, family caregiving issues, among others). Thursday, August 25, 2022, 1pm-4pm CT. Register
- 7. Indecision Has a Cost-On Workforce and the Cost of Care his webinar will bring together all of the leadership concepts raised in earlier sessions, with a final focus on the need for effective leadership and decision-making. This is particularly important when it comes to organizational systems, which can create significant clinical challenges. Inefficient systems impact the clinical team and the consumers that they serve. So whether you are a CEO, CFO, IT staff, or a clinical provider, understanding how to make decisions and streamline systems is crucial to helping others. *Tuesday, September 6, 2022, 12pm CT*. <u>Register</u>
- ADHD Diagnosis and Treatment Planning Symptoms of ADHD are among the most common psychological problems encountered in children and adolescents. This Zoom webinar will discuss current concepts of the disorder, how it is diagnosed, and how to use the diagnostic process in ways that help families understand the condition and develop plans for its treatment. *Friday, September 9, 2022, 9am-12pm CT*. <u>Register</u>
- 9. New Ending the HIV Epidemic in Missouri The Missouri Department of Health and Senior Services invites you to attend the September Community Engagement Forum focused on Ending the HIV Epidemic in Missouri. Learn about the role that DIS play in linking people newly diagnosed to care and reengaging those previously diagnosed and their role in ending the HIV epidemic. *Tuesday, September 13, 2022, 5:30pm CT*. <u>Register</u>
- 10. *New* Preventing Suicides: Supporting the Teens in Your Life This webinar will share how parents and caring adults can identify warning signs of mental health crisis and suicide, communicate with teens about suicide prevention, and encourage teens to seek help. *Thursday, September 15, 2022, 6pm CT*. <u>Register</u>
- 11. *New* Supporting Victims of Bullying This webinar will discuss the impact that being bullied can have on children and adolescents and will cover helpful strategies to use when working with individuals and their families on this issue. *Wednesday, September 21, 2022, 10am CT*. Register
- 12. New Alcohol Use Disorder: Our Nation's Hidden Epidemic Recovery Month provides an opportunity to discuss our nation's hidden epidemic alcohol use disorder (AUD). Deaths involving AUD increased dramatically during the pandemic, according to a study by Cedars-Sinai Medical Center. The study also found that young adults 25 to 44 years old experienced the steepest upward trend in AUD mortality. Wednesday, September 28, 2022, 1pm CT. Register
- 13. **Psychological First Aid Training** Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. *Thursday, October 6, 2022, 9am-4pm.* Register

RECURRING TRAINING OPPORTUNITIES

Family Support Provider Credentialing (FSP) and Youth Peer Support (YPS) – FSP and YPS services are currently
offered at Certified Community Behavioral Health Organizations and Community Mental Health Centers, and now
have the opportunity for professional development through the Board. FSP Supervisors must attend full training.
On the websites you will find resources, frequently asked questions as well as the training calendars with upcoming
training dates. You may also contact Jill Richardson at the MCB with questions at 573-616-2302 or
jill.richardson@missouricb.com. *Please note, spots are reserved to FSP & YPS that are currently hired or are
working in agencies.

Family Support Provider Credentialing

November 1- 3, 2022 Register

Youth Peer Support

- October 3-7, 2022 Register
- Leadership Institute Community of Practice Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
 - Equity and Inclusion in the Workforce- August 18, 2022, 12pm CT.
 - Relationship Building-September 15, 2022, 12pm CT
- 3. CPS Specialty Trainings (MCB) -
 - Conflict Resolution/Work Relationships/Teams-August 19, 2022, 9am-12pm CT Register
 - Harm Reduction-September 16, 2022, 9am-12pm CT Register
 - Staying Motivated-October 14, 2022, 9am-12pm CT Register
 - Peers and DOC Supervision-December 16, 2022, 9am-12pm CT Register
- 4. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
 - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- 5. New Missouri Suicide Prevention Network The Missouri Suicide Prevention Network wants to hear your voice. These are community meetings where you can share your thoughts and ideas on suicide prevention. Zoom connection-https:\\us02web.zoom.us/j/85035109251?pwd+WmFhS0RsVDU1cmYzK2D4EVybHFRUT09 Meeting ID: 850 3510 9251 Passcode: 818397
 - September 15, 2022, 6pm-7:30pm
 - December 15, 2022, 6pm-7:30pm
- 6. **Missouri Credentialing Board Conferences** Topics for these training are: Trauma Informed Care, Human Trafficking Awareness and combating Substance Use. The fee includes instructional materials, lunch on the day of the Conference. To register, complete the registration online.
 - September 21, 2022 8am-4pm CT. St. Louis-Registration deadline-August 31, 2022 Register
 - October 18, 2022, 8am-4pm CT. Kansas City-Registration deadline-September 26, 2022 Register

7. Clinical Supervision Trainings (MCB) -

- September 28-29, 2022, 8am -2pm Ct. Register
- October 20-21, 2022, 8am -2pm Ct. Register
- December 8-9, 2022, 8am -2pm Ct. Register
- 8. **2022** Missouri Recovery Support Specialist Training The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Register
 - September 28-30, 2022 8am-5pm CT, Location-Kansas City
 - October 3-5, 2022, 8am-5pm CT, Location-Sikeston
 - October 5-7, 2022, 8am-5pm CT, Location-St. Louis

9. Specialty Peer Instruction Series – The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register

10. 2022 Peer Specialist Trainings – Please see the peer specialist trainings provided by the MCB below.

- Certified Peer Specialist Basic Training Register (New Dates added)
- Peer Specialist Supervisor Training Register
- Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. <u>Register</u>

11. 2022 Ethics and MRSS Trainings – Please see the trainings provided by the MCB below.

- Missouri Recovery Support Specialist Trainings <u>Register</u>
- Ethics Trainings <u>Register</u>

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!