

# DBH Updates, Notices, and Policy Guidance June 24, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- 1. Recovery Support Providers Recovery Support Providers have been in the news this month:
  - Link to an article about In2Action Alumni/Staff in the Inside Columbia Magazine <a href="https://issuu.com/insidecolumbia/docs/may22/s/15634731">https://issuu.com/insidecolumbia/docs/may22/s/15634731</a>.
  - Link to a Jefferson City News Tribune article about Landmark Recovery Center launch of the Capital City Recovery Coalition <u>Stakeholders asked to join recovery coalition (newstribune.com)</u>
  - Link to a KQTV2 ABC St. Joseph story about Missouri Recovery Support Specialist Training Community takes part in Missouri Recovery Support Specialist training | Community | kq2.com.
- 2. Bridges to Care and Recovery Bridges to Care and Recovery was started in 2015 by the Behavioral Health Network of Greater St. Louis. The nonprofit group trains Black church congregations on how to use naloxone, perform addiction and depression screenings and give workshops on mental health during church services and on social media. One in every five churches in the area is taking part in the program, now in its sixth year. In total, more than 100 churches have joined the network, with 369 pastors and congregants trained as coaches. Read The NewsNation article about their program at Churches take the lead on mental health, addiction services (newsnationnow.com)
- 3. Zero Suicide Academy This training is sponsored by the Missouri Department of Mental Health in partnership with the Missouri Behavioral Health Council as part of MO's Zero Suicide Grant. This is a free, two-day academy on August 23 24<sup>th</sup> that will be held **virtually**.
  - You must complete an application for your organization and submit it by July 15<sup>th</sup>. REMINDER: Your agency must implement Zero Suicide as part of Transformation implementation.
  - Apply today: Health, behavioral health, developmental disability and substance use settings are invited to apply to a 2022 Zero Suicide Academy!
- 4. Justice Reinvestment Initiative The Justice Reinvestment Initiative (JRI) Crisis Response Work Group was selected by the Council for State Governments to participate in the Justice Center's Aligning Health and Safety: State Policy Community of Practice (CoP). The CoP includes four virtual technical assistance sessions to support local efforts to reduce the number of people with behavioral health needs in the criminal justice system. The work group will also receive intensive 1:1 sessions with experts tailored to the needs of Missouri.
- 5. MHA Psychiatric Network-SMI IMD Waiver Posted The state SMI IMD Waiver was posted for public comment today. There will be two public hearings on the draft waiver application. The first public hearing will be held June 28, 2022 from 1 to 2:30 p.m. CST. The WebEx number is 1-650-479-3207; Access Code: 2454 611 0006; Meeting Password: 2V5UumS5kmP. The second public hearing will be held July 7, 2022, from 3 to 4:30 p.m. CST. The WebEx number is 1-650-479-3207; Access Code: 2451 630 9506; Meeting Password: X9fpTQtMs45. The state will take verbal comments at the public hearings.

Written public comments may also be submitted to MO HealthNet until 5:00 p.m. on July 22, 2022. Written comments may be mailed to:

MO HealthNet Division

PO Box 6500

Jefferson City, MO 65102-6500

Attn: MO HealthNet Director

Additionally, written comments may be sent via email to: <u>Ask.MHD@dss.mo.gov</u>. Please add "SMI IMD Waiver" in the subject line. MHA encourages hospitals in support of the IMD waiver to attend the hearings and provide testimony of support or provide written support.

Looking for employment? Know someone who is?

Open positions across the state and throughout the DMH can be found at

MO Careers - Department of Mental Health

## **FUNDING OPPORTUNITIES**

New HRSA Announces Substance Uwe Disorder Treatment and Recovery Loan Repayment Program NOFO – The
Health Resources and Services Administration (HRSA) recently released the notice of funding opportunity (NOFO) for
the Substance Use Disorder Treatment & Recovery Loan Repayment Program (STAR LRP) for substance use disorder
(SUD) professionals. The program aims to increase the SUD treatment health care workforce and offers up to
\$250,000 in loan repayment in exchange for six years of full-time service in a STAR LRP-approved facility. The
application deadline is Thursday, July 7, 2022. The NOFO and more information can be found here.

The STAR LRP:

- Supports treatment teams;
- Complements other SUD loan repayment programs;
- Expands the eligible pool of disciplines and treatment facilities.
- 2. OASH Announces Funding Opportunity for Reducing Maternal Deaths Due to Substance Use Disorder The Office of the Assistant Secretary for Health (OASH), the Health and Human Services (HHS) Office on Women's Health (OWH), recently announced a \$300,000 per project grant opportunity aimed at reducing maternal deaths due to substance use disorder (SUD). This grant addresses three HHS Priority areas maternal health, mental health, and substance use disorder (SUD) seeking projects designed to strengthen perinatal and postnatal support structures for patients with SUD and decrease deaths during the perinatal and postpartum period. An estimated total program funding of \$1,500,000 with five awards expected. Eligibility is limited to any public or private entity (profit or nonprofit) located in a State, community-based organizations, faith-based organizations, and American Indian/Alaska Native/Native American organizations. The notice of funding opportunity can be found here. Application deadline is Monday, July 11, 2022.
- 3. New Funding Opportunity Announcement: Promoting Equitable Access to Language Services in Health and Human Services The Office of Minority Health (OMH) at the U.S. Department of Health and Human Services administers grant programs to support projects that implement innovative models to improve minority health and reduce health disparities. Application deadline is Monday, July 15, 2022. Learn More
- 4. Substance Use Disorder and Treatment Loan Repayment Program (STAR LRP) Coming Soon The Substance Use Disorder Treatment and Recovery Loan Repayment Program (STAR LRP) helps combat the nation's opioid crisis by

giving eligible health professionals up to \$250,000 to pay off school loans in exchange for a six-year, full-time service commitment. Learn More

- 5. **St. Louis University Addiction Medicine Fellowship** The Addiction Medicine Fellowship is part of our St. Louis residency program—Integrated model of care in our residency continuity clinic at Family Care Health Center (an FQHC) that includes behavioral healthcare and addiction medicine—Community based training complements traditional training in academic health centers.
  - •The residency is part of SLU's Department of Family and Community Medicine—Teaching, research, service, and clinical practice in Addiction Medicine. For more information, please visit our website, Addiction Medicine Fellowship, <a href="https://www.slu.edu/medicine/family-medicine/addiction-medicine.php">https://www.slu.edu/medicine/family-medicine/addiction-medicine.php</a>

### **INFO and RESOURCES**

- 1. **New Adjunctive Agents in Depressive Disorders: Focus on I-methylfolate** This activity is designed for psychiatrists, primary care physicians, psychologists, nurse practitioners, physician assistants, psychiatric nurses, and other healthcare professionals who seek to improve the care of patients with mental health disorders. <u>Learn More</u>
- New Heightened Risk of AUD Linked with Binge Consumption in Moderate Drinkers Moderate average drinkers
  with a pattern of engaging in binge drinking were found to be almost 5 times more likely to experience multiple
  alcohol-related problems, compared with individuals who drink the same amount overall but don't binge. Read
  More
- 3. **New Pandemic-Related Buprenorphine Prescribing Changes Linked with Improved Outcomes –** COVID-19-related changes to buprenorphine prescribing guidelines improved opioid use disorder patient outcomes, according to Drexel University researchers. <u>Read More</u>
- 4. New CDC Launches Tool to Check your Drinking and Create a Plan to Drink Less The Centers for Disease Control and Prevention (CDC) recently launched an <u>alcohol screening tool</u> for adults to anonymously check their drinking, identify barriers to drinking less, and create a personalized change plan to make healthier drinking choices. The free-to-use evidence-based tool was introduced as part of the <u>CDC's new Drink Less, Be Your Best campaign</u> that highlights the harmful effects of alcohol and provides resources to help adults drink less. The tool is not intended for medical diagnosis or treatment.
- 5. New The Community Guide Updated: What Works to Prevent Excessive Alcohol Consumption The Guide to Community Preventive Services, produced by the Community Prevention Services Task Force (CPSTF), recently updated the What Works Fact Sheet: Preventing Excessive Alcohol Consumption. The two-page summary features a table of CPSTF's findings and recommendations for ten evaluated community-based intervention approaches to preventing excessive alcohol consumption based on systematic reviews by experts from the Centers for Disease Control and Prevention (CDC).
- 6. **New Telehealth Policies and Regulations Clinicians Should Know About** Psych Congress Elevate Steering Committee Member, Edward Kaftarian, MD, CEO of Orbit Health Telepsychiatry, Encino, California, discusses the important elements surrounding policy, licensing, and regulations that clinicians using telehealth and telemedicine should keep in mind. Learn More
- 7. **New Unique Barriers to Mental Health, SUD Care Affect First Responders** Ongoing, on-the-job hazards and exposure to trauma can put first responders at an increased risk for mental health conditions, such as post-traumatic stress and substance use disorders. Anna Lisa De Lima, PhD, LMHC, QS, NCC, executive clinical director of Hanley Center at Origins Behavioral Healthcare, spoke with *Addiction Professional* about warning signs that clinicians should look for, barriers to treatment faced by first responders, and interventions that have demonstrated efficacy for the first responder population. Read More

- 8. **New Week-Long Break from Social Media Provides Mental Health Boost** Asking people to take a week-long break from social media significantly improved well-being, <u>depression</u>, and <u>anxiety</u>, according to results from a randomized clinical trial published in *Cyberpsychology*, *Behavior*, *and Social Networking*. <u>Read More</u>
- New Stimulant Users Report High Rates of Driving Under the Influence Almost half of US adults who have used
  methamphetamine within the past year and more than a one-fifth of past-year cocaine users have driven under the
  influence, according to new research. Read More
- 10. New TAC Cofounder Ann O'Hara Honored by the National Low Income Housing Coalition At its annual Housing Leadership Awards Celebration last month, the National Low Income Housing Coalition (NLIHC) presented Ann O'Hara with its Dolbeare Lifetime Service Award in recognition of her decades of affordable housing advocacy as a public housing authority director, Section 8 administrator, state housing official, and NLIHC board member and as a cofounder of the Technical Assistance Collaborative!

Building on years of effective local and state advocacy to expand affordable housing options for marginalized individuals and families, Ann and her husband Steve Day, together with colleague Martin D. Cohen, joined to launch TAC in 1993 with a grant from the Robert Wood Johnson Foundation. Over more than two decades at TAC, Ann helped 20 states and hundreds of localities to expand affordable and permanent supportive housing. With funding from the Melville Charitable Trust, she partnered with the Consortium for Citizens with Disabilities (CCD) and U.S. Representative Rodney Frelinghuysen to obtain more than 80,000 new HUD rental subsidies for people with disabilities. Working with then-Congressmembers Barney Frank and Christopher Murphy, Senator Robert Menendez, and CCD, Ann led efforts to modernize HUD's Section 811 Supportive Housing for Persons with Disabilities program through the enactment of the Frank Melville Supportive Housing Investment Act of 2010. In the wake of Hurricane Katrina, she led the effort to create 3,000 new permanent supportive housing opportunities in Louisiana.

At the awards event last month, friends and colleagues shared their warm appreciation for Ann's leadership, vision, and friendship over many years. And on behalf of those of us working now at the TAC she helped to build, Executive Director Kevin Martone summed it up: "It is an honor to have worked for you, and for TAC to carry on your legacy."

- 11. New A High-Energy Effort to Boost Landlord Engagement in Rhode Island TAC affiliate Naomi Sweitzer, together with Jessica Lurz from Abt Associates, is working with the State of Rhode Island on a strategy to rehouse 180 households from non-congregate shelter before pandemic-related FEMA funds run out. To help provide housing for the households, the team launched a "landlord challenge," with cash incentives for landlords to rent units specifically to this population. Naomi and Jessica helped state partners plan funding for the program; update the incentive amounts from an earlier iteration of the program; and craft materials for outreach and the press. The team worked with Governor Dan McKee's office to launch the challenge. In May, a successful press event with the Governor and Lieutenant Governor helped bring in hundreds of calls from interested landlords.
- 12. **New Longer MAT Engagement Linked with Better Outcomes for OUD Patients** The longer individuals with opioid use disorder engage in medication-assisted treatment, the less likely they are to overdose, according to a new study of Medicaid beneficiaries. Learn More
- 13. New Heightened Risk of AUD Linked with Binge Consumption in Moderate Drinkers Moderate average drinkers with a pattern of engaging in binge drinking were found to be almost 5 times more likely to experience multiple alcohol-related problems, compared with individuals who drink the same amount overall but don't binge. Learn More
- 14. New Pandemic-Related Buprenorphine Prescribing Changes Linked with Improved Outcomes Changes to buprenorphine prescribing guidelines, enacted in response to the COVID-19 pandemic, were found to have improved opioid use disorder (OUD) patient outcomes, according to researchers from Dornsife School of Public Health at Drexel University. Learn More

- 15. **Study Estimates-ADHD Affects 3.5% of US Children** An estimated 3.5% of children in the United States meet DSM-5 criteria for attention-deficit/hyperactivity disorder (ADHD), according to study findings published online ahead of print in the Journal of the American Academy of Child & Adolescent Psychiatry. Read More
- 16. Want to Help Address Your Loved One's Substance Use? Understand Why They Use No matter where you are emotionally, mentally or physically, Partnership to End Addiction is here to help. Watch Video
- 17. HHS Announces its First-Ever Behavioral Health Recovery Innovation Challenge The Department of Health and Human Services (HHS), through the Substance Abuse and Mental Health Services Administration (SAMHSA), is announcing its first-ever behavioral health Recovery Innovation Challenge. The goal of this challenge is to identify innovations developed by peer-run or community-based organizations, and entities that may partner with them—such as local or state governments, health systems, hospitals, or health plans—that advance recovery. SAMHSA defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Read More
- 18. **Tobacco-Free Toolkit for Behavioral Health Agencies** The National Center of Excellence for Tobacco-Free Recovery has released a new toolkit to help take a facility tobacco-free. **ToolKit**
- 19. Screening and Assessment of Co-Occurring Disorders in the Justice System This report provides evidence-based practices for screening and assessment of adults in the justice system with mental illness, substance use disorders, or both. Learn More
- 20. Treatment for Youth and Young Adults with Mood Disorders and other Serious Emotional Disturbances and Cooccurring Substance Use This guide reviews interventions on treating substance misuse and substance use disorders (SUD) in youth with serious emotional disturbances (SED). Learn More
- 21. Task Force Releases Comprehensive Guidelines, Principles for Juvenile Mental Health Diversion Upwards of 70% of young people in the justice system have a diagnosed mental disorder, and 90% have experienced a traumatic life event that can negatively impact their mental health. To assist courts and service providers in addressing the growing mental health crisis, the National Judicial Task Force to Examine Courts' Response to Mental Illness recently released a set of Juvenile Justice Mental Health Diversion Guidelines and Principles. Learn More
- 22. Adolescents and the Mental Health Crisis The NACM Court Leader's Advantage Podcast Episode for May 17, 2022, continues sharing information about mental health and the courts, in the fourth of the five-episode series. This episode looks at young people, mental health, and courts. Over a third of high school students in the U.S. struggle with depression, anxiety, and stress due to COVID. As such, courts need to explore solutions to this burgeoning crisis. Learn More
- 23. **The Stepping Up Minute** A new toolkit from the Stepping Up partners offers an op-ed outline, a template press release, and sample social media posts to support Stepping Up counties in getting the word out about their efforts.
- 24. Mental Health Training: Strategies for Small and Rural Law Enforcement Agencies This CSG brief details strategies for small and rural law enforcement agencies to develop and implement comprehensive, high-quality training that creatively addresses their unique challenges. These strategies are intended to help officers effectively respond to people who have mental health needs and connect them to necessary services.
- 25. Integrating Criminal Justice and Behavioral Health Data Integrating Criminal Justice and Behavioral Health Data IJIS and the CSG Justice Center will present two products on data collection, "Integrating Criminal Justice and Behavioral Health Data: Checklist for Building and Maintaining a Data Warehouse" and "Selecting a Data Warehouse Vendor for Criminal Justice-Behavioral Health Partnerships." These products can aid jurisdictions in assessing current system capacities to conduct a data match, creating system integration plans, and developing technology solutions. Learn More

- 26. Family Treatment Court Practice Academy: Beyond Collaboration to Results This webinar series helps professionals from family treatment courts, child welfare, substance use disorder treatment, dependency courts, and other partners advance their collaborative capacity to improve outcomes for families affected by substance use disorder. Learn More
- 27. New Funding Opportunity Announcement: Community-Driven Approaches to Address actors Contributing to Structural Racism in Public Health – This notice solicits applications to support development and implementation of new policies and innovative practices to address policies that may create or perpetuate health disparities and may contribute to structural racism. OMH expects recipients to address health disparities among racial and ethnic minority populations, and to demonstrate the impact of those efforts on outcomes and the overarching goal of advancing health equity. Learn More
- 28. **BJA Funding Opportunities** FY 2022 Veterans Treatment Court Discretionary Grant Program, FY 2022 Connect and Protect: Law Enforcement Behavioral Health Response Program, and more. Learn More
- 29. Preventing Substance Use in the LGBTQ Community Youth who identify as LGBTQ+, an umbrella acronym that encompasses different sexual orientations and gender identities, face a heightened risk for substance use because of the stigma and discrimination they often experience. Learn More
- 30. Call for2022 Recovery Leadership Summit Presenters Faces & Voices of Recovery is calling for session proposals that offer unique, interactive, and educational experiences for recovery community organizations (RCOs), their leaders and emerging leaders in the field. We are seeking current and relevant information within six focus areas: Peer Recovery Support Services (PRSS), Advocacy and Outreach (AO), Recovery Innovations (RI), Organizational Wellness and Development (OWD), Recovery and Cultural Contexts (RCC), Justice, Diversity, Equity and Inclusion (J-DEI). Submission Deadline: July 1, 2022, Learn More
- 31. NIAAA Releases New Factsheets in More Languages The National Institute on Alcohol Abuse and Alcoholism (NIAAA) recently re-released some of its most popular evidence-based factsheets on alcohol and health in the languages of traditionally hard-to-reach populations to expand access to its educational materials for diverse audiences. The National Institutes of Health (NIH) and the Census Bureau identified specific languages as being of greatest need, for which these factsheets have been translated, including: Amharic, Arabic, Chinese (simplified), Chinese (traditional), Farsi, French, Haitian Creole, Italian, Japanese, Korean, Polish, Portuguese, Russian, Spanish, Tagalog, and Vietnamese. Find these translated factsheets and more information here.
- 32. NHTSA announces Funding to Strengthen Drug-Impaired Driving Programs The National Highway Traffic Safety Administration (NHTSA) recently announced the availability of funding for a limited number of agencies and organizations to strengthen their drug-impaired driving programs identified by NHTSA's Drug-Impaired Driving Criminal Justice Evaluation Tool (DUID). The <u>DUID Tool</u> aims to reduce impaired driving, related injuries, and fatalities by identifying gaps in State, local, territorial, and tribal governments' drug-impaired driving programs, developing strategies to bolster their programs, and tracking progress against baseline results. The tool provides best practices and resources for strengthening drug-impaired driving programs based on a systematic review of policies and procedures being implemented.
- 33. SAMHSA/NASMHPD Playbooks The Substance Abuse and Mental Health Services Administration (SAMHSA), in cosponsorship with the National Association of State Mental Health Program Directors (NASMHPD), released a series of <a href="mailto:988 lmplementation Guidance Playbooks">988 lmplementation Guidance Playbooks</a>. SAMHSA individually tailors these Playbooks to partners across critical working sectors involved with 988, including:

State, Territories & Tribes

Mental Health and Substance Use Disorder Providers

**Lifeline Contact Centers** 

Public Safety Answering Points (PSAPs)

NASADAD contributed to the playbook designed to assist States, Territories, and Tribes. For more information on <u>988</u>, and how you can get involved visit SAMHSA's webpage <u>here</u>.

34. The CoE-PHI Publishes Suite of eLearning Modules on Protected Health Information – The Center of Excellence for Protected Health Information (CoE-PHI), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), published a series of eLearning Modules for healthcare professionals who administer substance use disorder (SUD) and mental health services with best practices for protecting and sharing protected health information (PHI).

Each of the PHI eLearning modules:

- "Provide you with 24/7 access to the information and training you need to understand and implement privacy regulations on the job;
- Can be used by organizations to support their new-employee orientation process and annual staff competency trainings; and
- Offer an option to receive a course certificate upon successful completion of knowledge checks."

The CoE-PHI suite currently has four modules on the implications of federal privacy laws and regulations, including FERPA, HIPAA, and 42 CFR Part 2, when providing or receiving treatment for SUD and mental illness.

35. Probation and Parole Regional Oversight Meetings – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

August 23, 2022 – Eastern Region – 10-12 pm

Location: Virtual

### TRAINING OPPORTUNITIES

- Self-Care: Stress Busting Strategies In this workshop, participants will utilize healthy tools and strategies to improve their self-care. They will be able to identify the impact of stress on our mental health that can erode resilience. This session will also include specific information about community resources and supports. Monday, June 27, 2022, 10am CT. Register
- Structural & Systemic Inequities in Mental Wellbeing We will discuss the barriers to wellbeing faced by those in marginalized communities and what we can do on personal and organizational levels to dismantle unjust systems and structures. *Monday, June 27, 2022, 12:30pm CT*. Register
- 3. New Providing Affirming and Supportive Care to Transgender Individuals in Integrated Care Settings Monday, June 27, 2022, 2:00pm CT. Register
- New Treatment and Recovery for Native American Populations This webinar will address risk factors for opioid use disorder (OUD) among AI/AN populations and effective, prevention, treatment and recovery strategies. Monday, June 27, 2022, 3:00pm CT. Register
- 5. **Trauma Informed Care The Impact** This session will focus on the current thinking of Trauma and the prevalence and impact of Trauma on individuals as well as systems of care. *Tuesday, June 28, 2022, 12pm CT.* Register
- 6. Conversations for Suicide Safer Homes: a CALM informed Training Firearms are the most lethal means used in a suicide attempt. In fact, 90% of people who attempt suicide with a firearm will perish and two out of every three firearm-related deaths in the United States is suicide. In an effort to prevent the tragedy of suicide the Safer Homes Collaborative presents Conversations for Suicide Safer Homes a suicide prevention training developed for all audiences. CSSH informs participants of the role they can play in preventing suicide by reducing access to lethal means, particularly firearms. Conversations for Suicide Safer homes teaches participants to identify the warning signs and risk factors for suicide and how to put time and distance between the person at risk and lethal means. Safe, responsible, and legal options for reducing access to lethal means as a way to prevent tragedy are also presented. Tuesday, June 28, 2022, 12pm CT. Register

- 7. New Measuring Integration and Choosing Metrics People of all ages with co-occurring physical health, mental health and substance use challenges, as well as social determinants of health needs have higher health costs, yet experience poorer health outcomes, according to recent research. Historical disparities in access to equitable physical and behavioral health care among individuals from various racial, ethnic and socioeconomic backgrounds further contribute to challenges in positive physical and behavioral healthcare outcomes. Tuesday, June 28, 2022, 1pm CT. Register
- 8. Exploring Responsible Gambling Options for Harm Minimization in Field of Online Lottery This session will cover the first phase of a research project exploring responsible gambling options for harm minimization in the field of online lottery. Through reviews of peer-reviewed literature and key lottery jurisdictions from around the world, a synthesis of evidence-informed options and industry adoption was produced. Tuesday, June 28, 2022, 1pm CT.
  Register
- 9. New Funding Supportive Housing Services for People with Behavioral Health Needs: Key Federal Resources This webinar will offer practical information about key federal resources available through Medicaid and SAMHSA that can be used to pay for many of these supportive housing services. Presenters will discuss tips for identifying available funding and strategies for partnerships to secure Medicaid and SAMHSA funding. Wednesday, June 29, 2022, 1:30 pm CT. Register
- 10. New Community-Driven Harm Reduction Innovation and Adaptation learn about how harm reduction services have changed since the onset of the pandemic, best and promising practices for caring for PWUD, and recommendations for supporting and partnering with community-based harm reduction providers in your area. Wednesday, June 29, 2022, 2 pm CT. Register
- 11. Crisis Response and Suicide Prevention in the LGBTQ+ Community Join this cross-Interest Group (Crisis Response, Substance Use, Intellectual and Developmental Disabilities, Children, Young Adults and Families, and LGBTQ+) collaborative effort to explore mental health and substance use conditions and wellbeing in the LGBTQ+ community, and the latest clinical practices and policies including crisis response and suicide prevention. *Thursday, June 30, 2022, 12:30pm CT*. Register
- 12. New Examining Policy and Practice Trends in the LDBTQ+ Community —Pride Month is more than just an observance. It's a chance to reflect on how far we've come in meeting the health care needs of the LGBTQ+ community and how much further we need to go. Join this cross-Interest Group (Crisis Response, Substance Use, Intellectual and Developmental Disabilities, Children, Young Adults and Families, and LGBTQ+) collaborative effort to explore mental health and substance use conditions and wellbeing in the LGBTQ+ community, and the latest clinical practices and policies including crisis response and suicide prevention. . Thursday, June 30, 2022, 12:30pm CT.

  Register
- 13. **New Homelessness and Opioid Use Disorder: Best Practices for Whole-Person Care** In this session, panelists will provide a brief overview of the forthcoming toolkit, Whole-Person Care for Individuals Experiencing Homelessness and Opioid Use Disorder (OUD). **Wednesday, July 6, 2022, 1pm CT.** Register
- 14. Advancing Health Equity— Health equity is receiving more attention than ever, due in part to the COVID-19 pandemic and its impact on our collective wellbeing. *Wednesday, July 6, 2022, 1pm CT*. Register
- 15. **New Rebuilding a Direct Support Workforce in a Post-Pandemic Environment** This session will provide reflection from the pandemic and provide solution-driven ideas to finally create the hallmarks of a meaningful career for our workforce. **Thursday, July 7, 2022, 12:30 pm CT**. Register
- 16. **New Funding Supportive Housing Services for People with Behavioral Health Needs –** This session will answer questions about funding supportive housing services using Medicaid and SAMHSA resources. Participants will be encouraged to submit questions to speakers in advance of the session. **Thursday, July 7, 2022, 2 pm CT.** Register

- 17. **New Supporting Resiliency in Housing and Health Professionals** Join us for this webinar to learn about promoting self-care and resiliency among staff. Hear from subject matter experts on organizational well-being as they share tools and resources to support supervisors in engaging in their own self-care and encouraging it among supervisees. **Friday, July 15, 2022, 1pm CT.** Register
- 18. **New Implementing Data-Informed Social Justice Change within Organizations** This webinar will discuss the development of the SMART tool, as well as how individuals and organizations can apply the information discovered through utilizing SMART to create measurable progress in becoming anti-racist at all organizational levels. **Monday**, **July 18**, **9:30-11pm CT**. Register
- 19. 2022 MO Suicide Prevention Conference This year's conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. This is a hybrid conference, which will be hosted in person at the Show Me Center in Cape Girardeau. The conference is free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$20 per person. Visit us online at <a href="https://www.mospn.org/conference">www.mospn.org/conference</a>. Thursday, July 21, 2022, 8am-5pm CT. Register
- 20. New Addressing Serious Mental Illness -Thursday, July 21, 2022, 1pm CT. Register
- 21. **New Creating a Culture of Diversity** The purpose of this diversity workshop is to increase cultural awareness, understand the difference between equity and inclusion, and reduce prejudices against underrepresented groups. **Thursday, July 21, 2022, 1pm CT**. Register
- 22. Medication Awareness Recovery Specialist Training Starting Program The program starts with a 2 Hour Zoom meeting on Friday July 22nd. There is also a 2 Hour closing Zoom meeting on Friday October 28th, 2022 with the same time options. In addition, participants also work through 8 self-study modules that start Monday August 1st, 2022 and end Sunday October 23, 2022. These modules are completed at home within assigned time periods. Friday, July 22, 2022 9-11 or 2-4 CT. Register
- 23. **New Supporting Resiliency in Housing and Health Professionals** As a follow-up to the webinar on July 15, the presenters will host an Office Hours session to answer questions about promoting self-care and resiliency among staff. **Friday, July 22, 2022, 1pm CT**. Register
- 24. Adverse Childhood Experiences: How Stress Shapes Our World Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 25 years. This workshop will include an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. Thursday, July 14, 2022, 1pm-4pm CT. Register
- 25. **New Pulling Back the Curtain on Successful Prevention Campaigns** The presentation will include direct insight into the inner workings of the "Talk. They Hear You" and the "Parents' Night Out" campaigns, exploring app-based interventions, the art of roleplays, building prevention capacity, program development, and assessment of campaign content and marketing through extensive feasibility research. **Wednesday, August 21, 12pm CT**. Register
- 26. Psychological First Aid Training Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. *Thursday, October 6, 2022, 9am-4pm.* Register

#### RECURRING TRAINING OPPORTUNITIES

1. How to Cope for Adults – How to Cope is a seven-session course for adult family members and friends impacted by a loved one's substance use. How to Cope helps participants overcome the related physical, psychological and social effects and build a healthy life for themselves. How to Cope is recognized by the National Association of State

Alcohol/Drug Abuse directors as an evidence-based program proven to strengthen relationship skills and increase resiliency. Register

- Wednesday Evening Group, June 8, 15, 22, 29, July 6, 13, 20
- 2. **2022 Missouri Recovery Support Specialist Training** The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. Register
  - June 28-30, 2022, 8am-5pm CT, Location-Kansas City area
  - July 27-29, 2022, 8am-5pm CT, Location-Branson
  - September 28-30, 2022 8am-5pm CT, Location-Kansas City
  - October 3-5, 2022, 8am-5pm CT, Location-Sikeston
  - October 5-7, 2022, 8am-5pm CT, Location-St. Louis
- 3. **Trauma Informed Outreach and Engagement** This Learning Community will cover the fundamentals of trauma-informed care and best practices for outreach to and engagement with individuals experiencing homelessness who have a serious mental illness (SMI), serious emotional disturbance (SED), substance use disorder (SUD), or co-occurring disorders (COD).
  - Making the Connection to the Homelessness Response System, *Tuesday, July 12, 2022, 1:30 pm-3pm CT*.
     Register
  - Providing Behavioral Health Care in Unsheltered Environments, *Tuesday, August 2, 2022, 1:30pm-3pm CT*.
     Register
- 4. **Suicide Prevention Training** This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. Register
  - Friday, July 8, 2022, 8:30am CT.
  - Friday, August 12, 2022, 8:30am CT.
- 5. Individual and Group Crisis Intervention Training This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. Register
  - July 26-28, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO
  - Aug. 24-26, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CEO RM-Jefferson City, MO
- 6. Leadership Institute Community of Practice Through a collaborative effort, The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) will hold space for current and emerging as leaders in these behavioral health disciplines who want to participate in dialogue and begin to create space for our industries leaders of tomorrow.
  - Equity and Inclusion in the Workforce-July 21, 2022, 12pm CT.
  - Equity and Inclusion in the Workforce- August 18, 2022, 12pm CT.
  - Relationship Building-September 15, 2022, 12pm CT
- 7. Suicide Prevention Training-Provider Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. Register
  - Friday, July 15, 2022, 8:30am CT.
  - Friday, August 4, 2022, 8:30am CT.

- 8. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
  - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
  - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- 9. **Perinatal Health Webinar Series** The Center of Excellence for Integrated Health Solutions (CoE-IHS) launches a four-part webinar series discussing the importance of advancing perinatal integrated care services.
  - Perinatal Health Part 4: Sustainable Approaches for Promising Practices-Thursday, July 21, 2022, 1 pm CT.
     Register

#### 10. CPS Specialty Trainings (MCB) -

- What Peers Should Know about the New 988 Rollout-July 15, 2022, 9am-12pm CT. Register
- Conflict Resolution/Work Relationships/Teams-August 19, 2022, 9am-12pm CT Register
- Harm Reduction-September 16, 2022, 9am-12pm CT Register
- Staying Motivated-October 14, 2022, 9am-12pm CT Register
- Peers and DOC Supervision-December 16, 2022, 9am-12pm CT Register

#### 11. Clinical Supervision Trainings (MCB) -

- September 28-29, 2022, 8am -2pm Ct. Register
- October 20-21, 2022, 8am -2pm Ct. Register
- December 8-9, 2022, 8am -2pm Ct. Register
- 12. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 13. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training Register (New Dates added)
  - Peer Specialist Supervisor Training Register
  - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 14. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings Register
  - Ethics Trainings Register

#### **Important Information about Ethics Training**

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!