

DBH Updates, Notices, and Policy Guidance January 28, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

Fiscal Update – This week the Department presented the Governor's Recommended budget to the House Budget
Committee, full presentation can be seen here
https://sg001-harmony.sliq.net/00325/Harmony/en/PowerBrowser/PowerBrowserV2/20200831/-1/4607
We had many questions and we are currently compiling any information we were unable to provide during the hearing and will be providing it to the full budget committee. Director Huhn and Director Bock did a fantastic job for DMH, as well as Director Bax.

The next time we will present our budget is scheduled for the Senate Appropriations Committee on Tuesday, February 8th.

- 2. **DBH Deputy Director Announced** Please join me in congratulating **Dr. Jeanette Simmons** on her appointment to the position of DBH Deputy Director! Prior to this appointment, Dr. Simmons has served as the division's Forensic Director since 2017. An employee of DMH since August 2000, Dr. Simmons has served as a psychologist, Director of Psychology at NMPRC, and then the COO of the Center for Behavioral Medicine from 2014 to 2017. Dr. Simmons has long been a trusted advisor to the leadership team on clinical and forensic issues, so I'm very pleased to recognize her formally while expanding the scope of her contributions. Division Director, Nora Bock.
- Draft CSR Amendment Open for Public Comment 9 CSR 10-5.220 Privacy Rule of the Health Insurance Portability
 and Accountability Act (HIPAA) is open for comment https://dmh.mo.gov/alcohol-drug/regulation-drafts.
 Comments may be sent to Debbie.McBaine@dmh.mo.gov by February 11, 2022.
- 4. Death Review Processes for Community Behavioral Health Providers and DBH Oversight Community Treatment Bulletin Revision his bulletin has been revised, linked here: https://dmh.mo.gov/media/pdf/death-review-processes-and-dbh-oversight. Please contact the DBH Determiner with any questions.
- 5. COVID-19 Updates & Resources
 - Missouri Vaccine Navigator This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in <u>multiple languages</u>. <u>Learn More</u>
 - Missouri COVID-19 Vaccine Providers https://covidvaccine.mo.gov/map/
 - The Wellness Guide to Overcoming Isolation during COVID-19 offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. Learn More

DBH COVID Resources –

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website -

https://dmh.mo.gov/disaster-services/covid-19-information

State's COVID Vaccine Information Website - https://covidvaccine.mo.gov/ MO DHSS Website -

https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/

CDC Website - https://www.cdc.gov/coronavirus/2019-ncov/index.html

Show Me Hope - www.MoShowMeHope.org

DBH Community COVID-19 Positives Data (as of Jan 28 at 8 am)	
Consumers	2,541
Staff	1,713
Providers	63
26 consumer/staff deaths have been reported.	

New Employee SOR Project Director-Kortney Gentner

Please welcome Kortney Gentner. She has accepted the State Opioid Response (SOR) Project Director position! Kortney started in her new role with the Division of Behavioral Health on January 24, 2022, and is the new contact for all things SOR. Kortney comes to us with 16 years of experience working with the State of Missouri, mostly including positions at the Department of Health and Senior Services, Division of Community and Public Health. Kortney will be a great addition to our team, and we look forward to her future involvement with SOR and EPICC. Please do not hesitate to reach out and introduce yourself. Kortney can be contacted either by email Kortney.Gentner@dmh.mo.gov or phone 573-751-7090.

FUNDING OPPORTUNITIES

- Small Health Care Provider Quality Improvement Do you know of a Critical Access Hospital, Rural Health Clinic, non-profit or public entities interested in applying for a quality improvement NOFO? This is a 4-year, \$200k/year funding opportunity. The application is due March 21, 2022. Funding period is August 1, 2022-July 31, 2023. Eligible applicants are rural domestic non-profit or public entities or health care providers/provider of health care services (Critical Access Hospitals/Rural Health Clinics). There will be up to 40 awards. All attachments from the webinar are attached. Learn More
- Rural Communities Opioid Response Program-Behavioral Health Care Support The U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration's (HRSA) Federal Office of Rural Health Policy (FORHP), announces the availability of \$13 million in funding to increase access to quality behavioral health care services in rural America through the Rural Communities Opioid Response Program—Behavioral Health Care Support (RCORP-BHS). We encourage interested applicants from Region 7 to attend the FORHP technical assistance webinar for applicants on Thursday, February 3, 2022 from 12pm 1:30 pm CT. A recording will be made available for those who cannot attend.
- 3. Summer Medical Student Fellowship in Substance Use Disorders The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. <u>Learn More and Apply</u>
- 4. How to Become a Better Grant Writer In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. *Thursday, February 3, 2022, 1pm-4pm CT*. Register

- 5. RX Cares Program for Missouri The RX Cares for Missouri Program, administered by the Missouri Board of Pharmacy, is seeking grant funding proposals for the purpose of developing or providing programs or education to promote medication safety, or prevent prescription drug abuse, misuse, and diversion in the state of Missouri. Learn More All grant proposals must be postmarked by January 31, 2022, to be eligible for consideration. For additional information about grant applications/proposals or to learn more about the RX Cares for Missouri Program, visit pr.mo.gov/pharmacists
- 6. Public Health Scholarship Program (HRSA-22-122) The Public Health Scholarship Program's purpose is to strengthen the public health workforce by supporting organizations to develop scholarship programs that incentivize individuals to pursue careers in public health. Through this program, scholarship recipients will gain the requisite knowledge and skills necessary to prevent, prepare for, and respond to recovery activities related to COVID-19, as well as other public health emergencies. This program will provide funds to award recipients to provide scholarships to 1) individuals in professional, graduate, and/or certificate programs in public health, and 2) employees of public health department/entity/site receiving training in public health. Scholarships will be awarded to individuals by grant recipients. The applicant will be required to have an existing public health training program as well as public health partnerships in place, along with a system to assist scholarship recipients to maintain or obtain employment in public health upon completion of their training. Learn More

INFO and RESOURCES

- New Frequently Asked Questions: 988 & Crisis Response Services The American Foundation for Suicide
 Prevention and Vibrant Emotional Health <u>released an FAQ document</u> to answer common questions from legislators
 and other decision makers
- 2. New 988 Resources Here are some 988 resources specifically around 911 and 988 collaboration.
 - Do 911 Call Centers Have Resources to Handle Mental Health and Substance Use Crises? YouTube
 - New Research Suggests 911 Call Centers Lack Resources to Handle Behavioral Health Crises | The Pew Charitable Trusts (pewtrusts.org)
 - Building a sustainable behavioral health crisis continuum (brookings.edu)
- 6. **Provider Resources for Hiring Peer Specialists** DBH expects that all CPR/CSTAR/CCBHOs employ peer specialists. Below are two valuable resources that providers can access when hiring peer specialists. These are located on the Missouri Credentialing Board website.
 - Providers can advertise peer positions for free at https://mopeerspecialist.com/employment-opportunities/
 - Providers can verify credentials before hiring at http://msapcbdatabase.com/
- 3. New Embedding Clinicians in the Criminal Justice System Using the Sequential Intercept Model as the starting point for identifying where clinicians can be employed in the criminal justice system, this brief from the Council of State Governments Justice Center highlights ways that embedded clinicians can support mental health and criminal justice collaborations. It also provides specific examples of Justice and Mental Health Collaboration Program grantees successfully implementing clinician-embedded programs throughout the criminal justice system.
- 4. **New SAMHSA Resource: Crisis Services: Meeting Needs, Saving Lives** This SAMHSA resource, <u>Crisis Services: Meeting Needs, Saving Lives</u>, is composed of SAMHSA's <u>National Guidelines for Behavioral Health Crisis Care: Best Practice Toolkit</u> and related papers on crisis services.
- 5. **New SMI Adviser** Visit the <u>SMI Adviser</u> website for evidence-based education, consultation, and resources on serious mental illness (SMI). Request a free clinician-to-clinician <u>consultation</u>. Access <u>dozens of online courses</u> and earn free continuing education credits. Learn about the <u>My Mental Health Crisis Plan app</u>. See <u>data on serious</u> mental illness in the U.S. Find resources on <u>COVID-19</u>, <u>clozapine</u>, and <u>long-acting injectables</u>.

- 6. **New MHTTC Network** accelerates the adoption and implementation of mental health related evidence-based practices across the nation, develops and disseminates resources, provides free local and regional training and technical assistance, and heightens the awareness, knowledge, and skills of the mental health workforce. The Network is comprised of 10 Regional Centers, a National American Indian & Alaska Native Center, a National Hispanic & Latino Center, and a Network Coordinating Office. Find your Center and get connected to free products and free training and events. Stay up to date with resources by following @MHTTCNetwork on Facebook and Twitter, or subscribe to the monthly e-Newsletter, *Pathways*.
- 7. New The Kids are Not All Right: Urgent Need to Expand Effective Behavioral Health Services for Children and Youth This new report from the Brookings Institute calls for the urgent need to expand effective behavioral health services for children. This analysis is part of the USC-Brookings Schaeffer Initiative for Health Policy, which is a partnership between Economic Studies at Brookings and the University of Southern California Schaeffer Center for Health Policy & Economics.
- 8. **New Despite Progress, Buprenorphine Use in US Correctional Settings Falling Short** Between June 2016 and May 2021, buprenorphine use in correctional settings increased 224-fold in the United States. <u>Read More</u>
- 9. **New NASMHPD's Draft 2021 Technical Assistance Coalition Assessment Working Papers** With funding from the Substance Abuse and Mental Health Services Administration, NASMHPD has produced ten Draft 2021 Technical Assistance Coalition Assessment Working Papers, which are now available on the NAMSHPD website:
 - Ready to Respond: Mental Health Beyond Crisis and COVID-19
 - Disaster Behavioral Health through the Lens of COVID-19
 - Suicide Prevention and 988: Beyond Beds Before, During and After COVID-19
 - Law Enforcement and Crisis Services: Past Lessons for New Partnerships and the Future of 988
 - Strategies and Considerations for Providing a More Equitable Crisis Continuum for People of Color in the United States
 - The Effects of COVID-19 on Children, Youth, and Families
 - Mental Health System Development in Rural and Remote Areas during COVID-19
 - Funding Opportunities for Expanding Crisis Stabilization Systems and Services
 - Technology's Acceleration in Behavioral Health: COVID, 988, Social Media, Treatment, and More
 - Using Data to Manage State and Local-Level Mental Health Crisis Services
- 10. New The Opioid Crisis & the Latino Community English/Spanish Resources -

https://www.samhsa.gov/behavioral-health-equity/hispanic-latino (reports)

https://www.addictionpolicy.org/

https://www.addictionpolicy.org/addiction-a-z

https://www.addictionpolicy.org/opioid-prevention-campaign-spanish

English Resources:

- · 12 Things Parents Can Do Workbook
- · Addiction and the Brain One-Pager
- How Addiction Hijacks the Brain Infographic
- · Teens and Opioids One-Pager
- · How to Practice Refusal Skills
- · Partner Toolkit
- Social media images and suggested post captions
- · 12 Things Parents Can Do video
- · 7 Things Teachers can do video
- Teens & Opioids video

Spanish Resources:

- Libro de ejercicios de 12 cosas que los padres pueden hacer
- One-Pager de la adicción y el cerebro
- Infografía de cómo la addiction secuestra el cerebro
- One-Pager de los adolescentes y opioides
- · Como practicar las habilidades de rechazo
- · Kit para los socios
- · Social media images and suggested post captions
- · 12 Things Parents Can Do video
- · 7 Things Teachers can do video
- · Teens & Opioids video

- 11. New Leadership Institute The Mid-America Addiction Technology Transfer Center (ATTC), Mid-America Mental Health Technology Transfer Center (MHTTC), and Mid-America Prevention Technology Transfer Center (PTTC) have teamed up to design a re-engineered Leadership Institute for the states of Iowa, Kansas, Missouri, and Nebraska! Each TTC will select six emerging leaders per state in IA, KS, MO, and NE that seek to advance their careers in behavioral health, prevention, or substance use services. Please note that applicants must be nominated by leadership within their agency and deadline is February 4, 2022. Learn More
- 12. **New Buprenorphine Treatment Access Equitable in Aras Where Medicaid is Prevalent** In areas where Medicaid coverage is more common, providers of buprenorphine treatment are much less likely to discriminate between prospective patients with Medicaid and those with private insurance. <u>Read More</u>
- 13. **New Study on Association between Buprenorphine and Reduction in Recidivism** A study conducted by the Justice Community Opioid Innovation Network (JCOIN), with funding from the National Institute on Drug Abuse (NIDA), found that individuals with opioid use disorder who were incarcerated and received buprenorphine were less likely to face rearrest and reconviction after release. Read More
- 14. New Policy Brief on Family First Prevention Services Act The brief provides an overview of the Family First Prevention Services Act, passed by Congress in 2018, and discusses ongoing challenges related to implementation efforts. APHSA also provides detailed explanations of the components of Family First and includes recommendations related to the Title IV-E Prevention Services Clearinghouse, cross-systems alignment to ensure wrap-around supports for families, and administrative requirements for State agencies. Read More
- 15. New Mobile Crisis Teams: A State Planning Guide for Medicaid-Financed Crisis Response Services National guidelines emphasize that behavioral health crisis care should be available to anyone, anytime, anywhere with an effective system providing clinically staffed crisis call centers; mobile crisis team response in the community; and short-term stabilization units that provide services in a non-hospital setting. This planning guide reviews requirements of the American Rescue Plan Act related to Medicaid-financed, community-based mobile crisis teams, and helps states develop mobile crisis services that qualify for newly available federal funding sources. The guide also highlights ways for states to support a full crisis continuum, including the 988 behavioral health crisis line. Read More
- 16. **New** Acute Alcohol Consumption Linked with Increased Risk for Atrial Fibrillation The research is the first to show an association between increased drinking and hospital visits for atrial fibrillation in a large population, as well as the first to link acute alcohol consumption with an increased incidence of atrial fibrillation in previously undiagnosed individuals. <u>Learn More</u>
- 17. Parent's Guide to Raising Resilient Kids A Parent's Guide to Raising Resilient Kids highlighting 10 key protective parenting strategies that research has shown can promote resilience in your children. Some of these strategies may seem like simple, common-sense practices, like sharing your expectations and encouraging healthy risk-taking, but applying them effectively and over time takes a lot of dedication, time, patience and drive. Download Guide
- 18. **FCC Launches Affordable Connectivity Program** Under the new Affordable Connectivity Program, households can receive up to a \$30 per month discount on internet services. <u>Eligible households include</u> participants in programs such as Medicaid, Federal Public Housing Assistance, SNAP, SSI, WIC, and more. To get more information on <u>eligibility</u>, <u>how to apply</u>, and finding <u>participating internet service providers</u>, visit <u>fcc.gov/acp</u>.
- 19. HRSA Adds Suicide Screening to Bright Futures Guidelines Under the Affordable Care Act, the Health Resources and Services Administration (HRSA) releases annual guidelines for preventive care and screening of women and infants, children, and adolescents. Last month, HRSA <u>updated guidelines</u> to the <u>Bright Futures Program</u>, a unified guidance program that is age-specific, evidence-based, and primary and preventative care-focused. Notably, the additions include universal screening for suicide risk to the Depression screening category for individuals from ages 12 to 21 and new guidance for behavioral, social, and emotional screening.

20. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

January 25, 2022 - Eastern Region - 10-12 pm

Location: Virtual

February 9, 2022- Western Region - 11-1 pm

Location: TBD

March 4, 2022 - Southeast Region - 10-12 pm

Location: TBD

March 4, 2022 - Southwest Region - 10-12 pm

Location: TBD

March 22, 2022 - Northeast Region - 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

- Workforce Shortage This presentation will cover what immediate actions states can take to expand current capacity
 and build a more stable mental health and substance use treatment workforce in the future. Monday, January 31, 2022,
 12pm CT. Register
- Diverse Sexual Orientation, Gender Identity and Gender Expression (SOGIE) This training introduces participants
 to a social identity framework focused on sexual orientation, gender identity, and gender expression (SOGIE). In
 addition to learning about SOGIE in the context of social identities, participants will also review best practices to
 enhance interpersonal and professional relationships with clients and peers who identify as LGBTQ+ or have
 diverse/expansive SOGIE. February 1-4, 2022, 12pm-3pm CT. Register
- 3. **NAMI Basics Courses** NAMI Basics is a free 6-session course for parents or other caregivers of children and youth under 18, who live with mental health or behavioral conditions. NAMI Basics offers information on common mental health challenges in children and youth, treatment options, a portable treatment record, communication skills for parents/caregivers, information on mental health systems, insurance, juvenile justice, and special education. *Every Tuesday, February 1 through March 8, 2022, 6pm-8:30pm CT.* Register
- 4. New Older African Americans and Mental Health African American older adults are more likely to be diagnosed with depression, anxiety, and dementia. Assessment of depression, anxiety, and dementia among African American elders is complicated by potential differences in symptom presentation or reporting and a lack of assessment instruments validated for use with ethnically diverse older populations. Disparities in treatment for African Americans elders are exacerbated for several reasons including, failure to access formal treatment, differences in symptomatology response to treatment, lack of available mental health resources, and stigma. This presentation will describe important issues for mental health researchers and service providers to consider when working with older African Americans. It also provides a review of the assessment, diagnosis, and treatment of depression, anxiety, and dementia among this population. Wednesday, February 2, 2022, 12pm CT. Register
- 5. New Addressing the Behavioral Health Needs of our National Guard and Reserve Components This webinar will provide a framework for National Guard and Reserve component service members and their families to better navigate the behavioral health resources and services they are eligible to receive. We will discuss strategies for improving access and best practices in treatment and services. Participants will discover tools and resources available to promote these strategies and make an impact in their local communities. Thursday, February 3, 2022, 12:30 pm CT. Register

- 6. **Helping Individuals Experiencing Homelessness Obtain Identification Documents** This resource shares practical tips designed to help providers assist program participants with reclaiming identification documents. Without standard forms of ID, people experiencing homelessness encounter difficulties with common tasks such as signing a lease, obtaining stable income, accessing medical care or enrolling their children in school. *Thursday, February 3, 2022, 1pm CT*. Register
- 7. How to Become a Better Grant Writer In this program, he will give an overview of the federal agencies and private foundations that regularly offer funding and describe how to evaluate which grants to apply for. *Thursday, February 3, 2022, 1pm-4pm CT*. Register
- 8. New Integrating Racial Equity and Mental Wellbeing in Tobacco Cessation: Tobacco and Mental Wellbeing Masterclass Workshop workshop to enhance your knowledge around how to understand the relationship between tobacco use, racial disparities and mental wellbeing, and how to best translate this understanding into action by incorporating equity considerations into your programming and policies. Monday, February 7, 2022, 12:30pm CT. Register
- Building Healthier Communities: The Power of Technology to Facilitate Community Investment This webinar will
 cover the challenges and opportunities of integrating sectors and focus on how technology can play a critical role in
 increasingly bringing together funding streams to sustainably fund the services needed to improve community
 health and well-being. Thursday, February 10, 2022, 11am CT. Register
- 10. Helping Teens Make "Wise Mind" Decisions Even When Dealing with Existential Questioning of Life Understand how a biological predisposition (filter) to emotional dysregulation and an invalidating social environment create a social filter that now distorts all interactions, including loving, validating interactions and turns anxiety / depression into a self-loathing (shame) cycle. *Friday, February, 11, 2022, 9am-12pm CT*. Register
- 11. Supporting People's Employment and Education Recovery Goals Many people of all ages whose lives are affected by mental illness and / or substance use have individual recovery goals related to employment and education. This seven-part webinar series will provide structured discussion, information, and strategies for helping people to develop their own career-related recovery and resiliency goals and make progress in achieving their desired ambitions. Some of the themes that will be addressed in webinars include Person Centered Planning, Motivational Interviewing, Stages of Change, Integration and Roles of People with Lived Experience. For more information, please use the registration link. *February 10, 2022-May 5, 2022, 10am-11am*. Register
- 12. **Forensic Summit** The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. *February 15, 16 and 23, 2022*. Register
- 13. Virtual SBIRT Training (intro/refresher) If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. Wednesday, February 23, 2022, 12pm CT. Register
- 14. **Grief Sensitivity Virtual Learning Institute** This two-day institute hosted by the entire MHTTC network is for those supporting individuals (general mental health and school mental health populations) experiencing grief and loss through COVID-19 and beyond. *February 23-24, 2022, 11am-4:45pm CT*. Register-Day One Register-Day Two
- 15. Supportive Housing Models That Work This three-part series covers innovative ways to center equity and the perspective of those with lived experience when helping individuals with mental health and/or substance use challenges to secure and sustain affordable housing. Each webinar provides an opportunity to hear from national experts as well as provider representatives as they offer guidance on best and promising practices, as well as practical lessons learned from on-the-ground experience. February 24, 2022-April 27, 2022. 1:30 CT. Register

- 16. Missouri Crisis Intervention Conference The Missouri Crisis Intervention Team (MO CIT) Council is a collaboration between law enforcement, behavioral health providers, and community members to improve the outcomes for those with behavioral health disorders (mental health and substance use) who could become or are justice-involved by diverting people in need of services who do not meet the criteria for an arrest on a criminal charge. CIT is also a 40-hour training for law enforcement officers in the areas of mental illness, crisis response, active listening, tactical communication/de-escalation, mental health law, etc. *March 7-8, 2022*. Register
- 17. Motivational Interviewing Training (intro/refresher) This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Tuesday, March 8, 2022, 11am CT*. Register
- 18. Call to Action: The Need for Sigma Awareness in Healthcare Professional Education This webinar will discuss how mental health is addressed in their respective curricula, highlight opportunities to address self-stigma, and share resources available to those involved with healthcare professional education. Wednesday, March 9, 2022, 11am CT. Register
- 19. MCB Clinical Supervision Training This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. *March 10-11, 2022, 8am-2pm CT*. Register
- 20. **ASAM Criteria Skill Building Course ASAM is coming!! Be ready!!** This 8-hour, virtual-live course will explore important considerations in developing individualized treatment plans, evaluating progress versus non progress in treatment, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. You must complete the ASAM Foundations course prior to enrolling in the ASAM Skill Building course. Please reach out to the ASAM customer service team by email at education@asam.org or by phone at 301.656.3920 if you have any questions or issues during the registration process! *Friday, March* **11, 2022, 8:30am-5:30pm CT**. Register
- 21. **Best Practices for Working with LGBTQ Clients** Participants will learn how to better serve the needs of sexual and gender minorities in a clinical setting. *Friday, March 11, 2022, 8:30am-11:30 am CT*. Register
- 22. MATCP Annual Conference-Be the Change Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. *March 30, 2022-April 1, 2022*. Register

RECURRING TRAINING OPPORTUNITIES

1. Family Support Provider Certification Training – Family Support Providers have been giving support to families for many years now in Missouri. This program trains parents and caregivers who have been through the process of resiliency with children with a mental health challenge, substance use disorder, or developmental disability to assist caregivers whose children have a new diagnosis. The training walks enrollees through problem solving, igniting a spark of hope, ethics, and working well on a team to make them successful in supporting families. Mental Health providing agencies who wish to send new Family Support Providers to the training should have their employee sign up through Relias. The next training is February 1 – 3, 2022, and will be held at the Missouri Behavioral Health Council at 221 Metro Drive in Jefferson City, MO. Any questions should be directed to: jill.richardson@dmh.mo.gov

- 2. **Wellness Webinars** The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
 - Motivation: Discovered not Created This wellness webinar is designed for behavioral health care providers who are interested in learning more about factors that influence motivation and about motivational enhancements to support individuals in their wellness planning. Friday, February, 11, 2022, 1pm-2:30 pm
 CT. Register
 - Back to Basics: Using Effective Communication Techniques This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. *Friday, April 22, 2022, 1pm-2:30 pm CT.* Register
 - Wellness Strategies to Manage Stress This wellness webinar is designed for behavioral health care
 providers who want to build their own wellness tools for personal and professional practice. Healthcare
 professionals experience at times, the wear and tear that results from support and compassion provided to
 others. Friday, May 13, 2022, 1pm-2:30 pm CT. Register
- 3. **Death Review Processes Training** This workshop will provide information on the MO Department of Mental Health's expectations for DBH providers related to consumer deaths. The training will be virtual via zoom and the links are provided below.
 - Thursday, February 16, 2022, 9:30am-12pm CT. Register
 - Tuesday, March 15, 2022, 9:30am-12pm CT. Register
 - Thursday, May 19, 2022, 9:30am-12pm CT. Register
- 4. MIMH Parent Series -
 - What parents need to know about Youth Suicide Risk, but were too Afraid to Ask This training will answer
 the tough or awkward questions about youth suicide and provide parents with tools and resources to access
 help for their children. Register
 - The Basics of Cultural Competence This presentation will provide some basic tenets of cultural
 competency to help parents inform and empower their children as they work through many of the
 conflicting messages they will receive. Thursday, April 14, 6pm CT. Register
- 5. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - Saturday, March 5, 2022, 8:30am-12:30pm CT. Register
 - Saturday, June 18, 2022, 8:30am-12:30p.m CT. Register
 - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
 - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- 6. National Council for Mental Wellbeing Motivational Interviewing Trainings
 - Introductory/Refresher Tuesday, March 8, 2022, 11am CT. Register
 - Intermediate Tuesday, February 8, 2022, 11am CT. Register
- 7. **Problem Gambling Certification 30-Hour Basic Training** Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. Register
 - Friday, April 15, 2022, 8:30am-4:30pm CT.
 - Friday, April 22, 2022, 8:30am-4:30pm CT.
 - Friday, May 6, 2022, 8:30am-4:30pm CT.
 - Friday, May 13, 2022, 8:30am-4:30pm CT.

- 8. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 9. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Peer Specialist Supervisor Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 10. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!