

# DBH Updates, Notices, and Policy Guidance March 25, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. **Budget Update** – The House Budget Committee markups were delayed this week and are scheduled for Monday. DMH will also attend Senate Supplemental Hearing Tuesday starting at 8:30 a.m.

2.



### DEA's Commitment to Expanding Access to Medication-Assisted Treatment

**WASHINGTON** – Administrator Anne Milgram announced the Drug Enforcement Administration's continued commitment to expanding access to medication-assisted treatment to help those suffering from substance use disorder.

"In this moment, when the United States is suffering tens of thousands of opioid-related overdose deaths every year, the DEA's top priority is doing everything in our power to save lives," said Administrator Milgram.

"Medication-assisted treatment helps those who are fighting to overcome substance use disorder by sustaining recovery and preventing overdoses. At DEA, our goal is simple: we want medication-assisted treatment to be readily and safely available to anyone in the country who needs it."

Recently, DEA, in collaboration with federal, state, and local partners, has been championing a number of initiatives to expand access to medication-assisted treatment for those suffering from opioid-related substance use disorder.

- Beginning in March 2022, practitioners working in hospitals, clinics, and emergency rooms will be able to request an exception allowing them to dispense a three-day supply of medication-assisted treatments, including buprenorphine and methadone, to treat patients experiencing acute opioid withdrawal symptoms.
- DEA, in partnership with the Department of Health and Human Services, is engaging in regular outreach with pharmacists and practitioners to express support for the use of medication-assisted treatment for those suffering from substance use disorder.
- In July 2021, <u>DEA implemented a new regulation</u> increasing the number of mobile methadone treatment facilities in an effort to expand access to treatment in remote and underserved communities.
- In response to the <u>COVID-19 public health emergency</u>, DEA implemented temporary regulations
  allowing medication-assisted treatment to be prescribed by telemedicine. DEA is working to make those
  regulations permanent.

DEA is committed to continuing to work with our federal, state, and local partners to find more ways to expand access to medication-assisted treatment. DEA hopes that these efforts will help people across the country gain access to these lifesaving medicines. For more information, visit <u>DEA's Division Control Division website</u>.

3. Tip: Apply on line...paper copies are subject to considerable delay!

## **Applying for MO HealthNet (Medicaid)**

There are required supplemental forms for this type of application: Missouri now uses a single application form to apply for Medicaid. There is **NOT** a separate or special application for the adult expansion group (AEG).

Consumers can apply on-line at <a href="https://mydss.mo.gov/healthcare">https://mydss.mo.gov/healthcare</a> or by downloading the application form (IM-1SSL) and submitting it to the Family Support Division (FSD) by mail, scanning and emailing, fax, or dropping off at a FSD resource center. It is best to apply on-line.

All applications are entered in the FSD MEDES computer system and evaluated for eligibility:

- as a child if under 19;
- as a pregnant woman if pregnancy claimed;
- as a parent/caretaker if a child under 19 is in the home;
- in the adult expansion group if age 19-64, not pregnant and ineligible as parent/caretaker.

If age 65 or over, or claiming a disability or blindness, applications are also evaluated in the FSD FAMIS system for eligibility in the categories for the Aged, Blind, and Disabled:

- Spend Down / Non-Spend Down coverage;
- Ticket-to-Work Health Assurance (TWHA) MO HealthNet coverage if age 16-64 and employed;
- Supplemental Nursing Care (SNC) cash grant with MO HealthNet coverage, if in a residential care facility (RCF) or assisted living facility (ALF);
- Blind cash assistance: Supplemental Aid to the Blind (SAB) or Blind Pension (BP) with MO HealthNet coverage.

There are three broad eligibility groups for applications. Identifying the group an applicant falls in will help to determine what should be submitted with the application.

- 1. Group One: Family Healthcare—children under age 19, parents/caretakers, pregnant women, and Adult Expansion (ages 19-64);
- 2. Group Two: Receiving SSI or Social Security disability benefits, and seniors (age 65 or over);
- 3. Group Three: Applying based on disability or blindness and NOT receiving SSI or Social Security Disability Insurance (SSDI) benefits.

The only consumers who must **apply based on disability** are those:

- Receiving SSI or Social Security Disability benefits; OR
- Not receiving SSI/SSDI, and have other income which is above the Adult Expansion Group (AEG) limit of 138% of the federal poverty limit (FPL) (for 2022: \$1,482/mo. for a single individual, \$2,004 for a family of 2, \$2526 for 3, \$3,048 for 4, add \$522 for each additional person).

#### **AEG / Disabled Application Processing**

- if determined eligible for AEG and Medicaid based on disability as non-spend down, FSD will approve as ME code 13 and end or deny the AEG (ME code E2) coverage.
- if determined eligible based on di6sability with a spend down and for AEG, the person will be allowed to choose which category they prefer.

If an application is pending over 20 days, email DMH.MedicaidEligibility@dmh.mo.gov

- 1. If the consumer is applying for MO HealthNet coverage as a child under 19, parent/caretaker, pregnant woman, or in the Adult Expansion Group:
  - No supplemental forms are needed for this type of application.

Links:

**IM-1SSL Application Form** (Fillable)

IM-1ABDS Aged, Blind, and Disabled Supplement (Fillable)

MRT Packet (More information on these forms can be found on our **Disability Determination**'s page)

- IM-61B Disability History (Fillable)
- MO 650-2616 Authorization for Disclosure of Consumer Medical/Health Information (Fillable)
- IM-61D Doctor/Medical Facility List (Fillable)
- IM-61C Work History (Fillable)
- Optional: It may also speed up the application processing to have a psychiatrist or a licensed clinical psychologist complete
  the IM-60A form.

#### 4. COVID-19 Updates & Resources

 The Wellness Guide to Overcoming Isolation during COVID-19 – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and

social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. Learn More

MHD Reimburses for COVID-19 Home Tests – MHD will reimburse home
 COVID-19 tests for Medicaid dual eligibles when the test is not covered by
 the participant's Part D plan. The test must be prescribed and dispensed by
 a MO HealthNet-enrolled provider. Pharmacists will be paid the lesser of
 the billed charge or MHD's maximum allowable cost plus the standard
 dispensing fee. MAC pricing and the tests qualifying for reimbursement can
 be found on the MHD website.

[	<b>DBH Community COVID-19</b>		
	Positives Data		
	(as of March 25 at 8 am)		

Consumers	2,824
Staff	1,831
Providers	66

30 consumer/staff deaths have been reported.



DBH, in partnership with Missouri Vocational Rehabilitation, has implemented Individual Placement and Support (IPS) for individuals with serious mental illness and co-occurring disorders. Missouri Vocational Rehabilitation utilizes value-based payments to reimburse successful employment outcomes.

#### IPS in Missouri:

- o 33 sites
- o 19 agencies
- 47% of individuals with IPS are successfully employed; compared to 11% in Community Psychiatric Rehabilitation without this service.

# DMH Memos, Policy and Bulletins Updates

Documents on DBH Policy, Memos, and Bulletins webpage are being reviewed. Some documents may be moved or archived. For more information regarding where information has been moved ONLINE please click here.

These documents can also be viewed under the DMH Memos, Policy and Bulletins Updates section at the bottom of this newsletter. Stay tuned for continuing updates.

## JOB ANNOUNCEMENTS

#### **Associate Research/Data Analyst**

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is April 8, 2022. Learn More and Apply!

#### **FUNDING OPPORTUNITIES**

1. New Certified Community Behavioral Health Clinic (CCBHC) – Planning, Development, and Implementation Grants SAMHSA released two (2) NOFOs for the CCBHC grant for behavioral health provider organizations. A side-by-side comparison of each is below. A slide deck and recording of this week's CCBHC State Policy Learning Collaborative session on CCBHC certification.

Name	Certified Community Behavioral Health Clinic (CCBHC) –	Certified Community Behavioral Health Clinic (CCBHC)–
	Planning, Development, and Implementation Grants	Improvement and Advancement Grants
Link	https://www.samhsa.gov/grants/grant-announcements/sm-22-	https://www.samhsa.gov/grants/grant-
	<u>002</u>	announcements/sm-22-012
	NOFO PDF:	NOFO PDF:
	https://www.samhsa.gov/sites/default/files/grants/pdf/fy-22-	https://www.samhsa.gov/sites/default/files/grants/pdf/fy-
	<u>ccbhc-pdi-nofo.pdf</u>	22-ccbhc-ia-nofo.pdf
Description	The purpose of this program is to help to transform community	The purpose of this program is to help transform
	behavioral health systems and provide comprehensive,	community behavioral health systems and provide
	coordinated behavioral health care by establishing new CCBHC	comprehensive, integrated, coordinated, and person-
	programs. CCBHCs provide person- and family-centered	centered behavioral health care by enhancing and
	integrated services. The intent of the CCBHC-PDI grant program	improving CCBHCs that currently meet the CCBHC
	is to (a) assist organizations in the planning for and development	Certification Criteria. The intent of the CCBHC-IA grant
	and implementation of a CCBHC that meets the CCBHC	program is to improve access to community-based mental
	Certification Criteria (PDF   755 KB), (b) provide a	health and substance use disorder treatment and support,
	comprehensive range of outreach, screening, assessment,	including 24/7 crisis services, to anyone in their service
	treatment, care coordination, and recovery supports based on a	area who needs it, regardless of their ability to pay or
	needs assessment that aligns with the CCBHC Certification	place of residence. This includes any individual with a
	Criteria, and (c) support recovery from mental illness and/or	mental or substance use disorder who seeks care,
	substance use disorders (SUD) by providing access to high-	including those with serious mental illness (SMI),
	quality mental health and SUD services, regardless of an	substance use disorder (SUD) including opioid use
	individual's ability to pay. This includes any individual with a	disorder; children and adolescents with serious emotional
	mental or substance use disorder who seeks care, including	disturbance (SED); individuals with co-occurring mental
	those with serious mental illness (SMI), substance use disorder	and substance disorders (COD); and individuals
	(SUD) including opioid use; children and adolescents with serious	experiencing a mental health or substance use-related

Due date	May 17, 2022	May 17, 2022
Award	156 grantees at up-to \$1,000,000 each for 4 years	156 grantees at up-to \$1,000,000 each for 4 years
•	organizations that are either (a) part of a local government behavioral health authority; or (b) operated under the authority of the Indian Health Service, an Indian tribe, or tribal organization; or (c) an Urban Indian Organization pursuant to a grant or contract with the Indian Health Service under Title V of the Indian Health Care Improvement Act (25 U.S.C. 1601 et seq.).	Medicaid Demonstration Program sites; (2) existing CCBHC-Expansion grant recipients; or (3) an organization that has been certified by the state as a CCBHC.
Eligibility	emotional disturbance (SED); individuals with co-occurring mental and substance disorders (COD); and individuals experiencing a mental health or substance use-related crisis. SAMHSA expects that applicants will include a focus on groups facing health disparities, as identified in the community needs assessment in the population of focus.  Community-based behavioral health non-profit organizations, or	crisis. SAMHSA expects that applicants will include a focus on groups facing health disparities as identified in the community needs assessment in the population of focus.  Eligible applicants for this NOFO are (1) existing CCBHC

2. Strengthen Mental Health and Substance Use Services for Populations at Risk for or Living with HIV/AIDS -

On March 18, 2022, the Department of Health and Human Services (HHS), through the Substance Abuse and Mental Health Services Administration (SAMHSA), <u>announced</u> \$43.7 million dollars for three funding opportunities to strengthen mental health and substance use services for individuals at risk for or living with HIV/AIDS. The funding targets areas of the country with the greatest disparities related to HIV-related health outcomes. Funding for all three opportunities will be awarded in the fall. As described in the press release, the three grant programs are:

- Substance Use Disorder Treatment for Racial Ethnic/ Minority Populations at High Risk for HIV/AIDS:
   This program increases care for racial and ethnic minority individuals with co-occurring substance use and mental health challenges who are at risk for or are living with HIV/AIDS and receive HIV primary care and other services. This grant will fund up to \$30.5 million over five years for up to 61 grantees.
- <u>Substance Abuse and HIV Prevention Navigator Program for Racial Ethnic Minorities</u>: This program provides training and education around the risks of substance use and HIV/AIDS, as well as the integration of a range of services for individuals with HIV/AIDS. The program uses a navigation approach working through community health workers, neighborhood navigators, and peer support specialists to expedite services for these populations. This grant will fund up to \$4.5 million over five years for up to 18 grantees.
- The Minority AIDS Initiative Service Integration: This program reduces the co-occurring epidemics
  of HIV, Hepatitis, and mental health challenges through accessible, evidence-based, culturally
  appropriate treatment that is integrated with HIV primary care and prevention services. The grant
  will fund \$8.7 million over four years for up to 18 grantees.
- 3. Targeted Capacity Expansion: Special Projects The purpose of the program is to implement targeted strategies for the provision of substance use disorder (SUD) or co-occurring disorder (COD) harm reduction, treatment, and/or recovery support services to support an under-resourced population or unmet need identified by the community. The applicant will identify the specific need or population it seeks to support through the provision of evidence-based SUD or COD harm reduction, treatment, and/or recovery support services. Diversity, equity, and inclusion must be integrated in the provision of services and activities throughout the project, for example, when conducting eligibility assessments, outreach, and engagement or developing policies. Application Due Date: *Monday, April 4, 2022*. Learn More
- 4. Rural Communities Opioid Response Program The application period for the Rural Communities Opioid Response Program Behavioral Health Care Support (RCORP-BHS) expires on April 19, 2022. The program's goal is to improve access to and quality of substance use disorder and other mental health care services in rural communities. Specifically, improving rural behavioral health care may include increasing access to preventative care, treatment and recovery services. This opportunity is open to all domestic, public and private, non-profit and for-profit entities located in an urban or rural area. For more information and to apply, click here. The application period for the Rural Communities Opioid Response Program Behavioral Health Care Support (RCORP-BHS) expires on Tuesday, April 19, 2022.

- 5. **HHS Announces New MAT PDOA Grant Opportunity** The purpose of this program is to provide resources to help expand/enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to increase the number of individuals with Opioid Use Disorder (OUD) receiving MOUD; and 2) decrease illicit opioid use and prescription opioid misuse. Application Deadline, *Friday, April* 29, 2022. Read More
- 6. **Funding Opportunity-Statewide Family Network Program** The purpose of this program is to provide resources to enhance the capacity of statewide mental health family-controlled organizations to engage with family members/primary caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED). Grant recipients are expected to be family-driven, trauma-informed, culturally relevant, holistic, and resiliency-oriented family-controlled organizations. SAMHSA expects this program to serve as a catalyst for transforming mental health and related systems in states by strengthening coalitions led by family organizations, and between family members, policy makers, and service providers. SAMHSA plans to issue up to 13 awards of up to \$120,000 per year for up to 3 years. Application Due Date-*Monday, May, 2, 2022*. <u>Learn More</u>
- 7. **Summer Medical Student Fellowship in Substance Use Disorders** The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. **Learn More and Apply**

## INFO and RESOURCES

- 1. **New Updated DSM-5 Text Revision Reflects Culture, Race and Recent Research** On March 18, 2022, the revised *Diagnostic and Statistical Manual of Mental Disorders, 5th edition, Text Revision* (DSM-5-TR) was released by the American Psychiatric Association (APA). The revision includes updates and clarifying modifications to the criteria sets for more than 70 disorders and updates to the descriptive text. It also examines the impact of racism and discrimination on the diagnosis and manifestations of mental disorders. Learn More
- 2. New Fetal Alcohol Spectrum Disorders: Awareness to Insight in Just 50 Years This article is part of a Festschrift commemorating the 50th anniversary of the National Institute on Alcohol Abuse and Alcoholism (NIAAA). Established in 1970, first as part of the National Institute of Mental Health and later as an independent institute of the National Institutes of Health, NIAAA today is the world's largest funding agency for alcohol research. In addition to its own intramural research program, NIAAA supports the entire spectrum of innovative basic, translational, and clinical research to advance the diagnosis, prevention, and treatment of alcohol use disorder and alcohol-related problems. Read More
- 3. New Decentralized HCV Care: A Perfect Position for Addiction Specialists This initiative is intended for the full multidisciplinary team of addiction professionals and all other stakeholders in addiction care teams, including: psychiatrists, primary care practitioners, nurse practitioners (NPs), physician assistants (PAs), psychiatric nurses, psychologists, pharmacists, therapists, counselors, social workers, addiction specialists, executive-level decision makers at mental health and substance use treatment organizations, public health officials, law enforcement personnel, and community advocates. Learn More
- 4. **New Adolescent Substance Use Screening Tools from NIDA** The National Institute on Drug Abuse (NIDA) launched two brief online screening tools that assess for substance use disorder (SUD) risk among adolescents 12-17 years old. The Screening to Brief Intervention and Brief Screener for Tobacco, Alcohol, and Other Drugs ask patients about frequency of past year use and triages them into one of three levels of substance use disorder risk: no reported use, lower risk, and higher risk. <u>Learn More</u>
- 5. New 10 Tips to Facilitate a Successful Overdose Fatality Review the connecting point for COSSAP training and technical assistance (TTA) efforts recently released the 10 Tips to Facilitate a Successful Overdose Fatality Review. This document offers tips for selecting a facilitator and for facilitating an effective overdose fatality review.

- 6. New Free Smoking Cessation Education Posters The Food and Drug Administration (FDA) released new posters as part of the agency's ongoing efforts to reduce the enormous public health burden of tobacco use. Cigarettes are responsible for the vast majority of tobacco-related disease and death in the United States. The posters use a positive, motivational tone to support smokers on their journey to quit cigarettes, while underscoring the health benefits of quitting. You can find posters in English and Spanish for diverse audiences, including LGBTQ+ smokers. Check out the posters on the Tobacco Education Resource Library and learn how you can request to co-brand them.
- 7. New Analysis of Reddit Forum Suggests Experience of Non-Suicidal Self-Harm Shares Characteristics with Addiction The findings from a recent National Institute of Health (NIH) study found that a large majority of individuals who reported and discussed non-suicidal self-injury on the social media platform Reddit described similar experiences to those used to diagnose substance use disorder (SUD).
- 8. **New Vicarious Trauma and Staff Retention: A Behavioral Health Workforce Crisis** Frontline behavioral health staff offer support and instill hope as they walk alongside individuals navigating some of their most challenging life experiences. The need for these services is only growing -- but many workers are burning out. A multifaceted approach is necessary to address the vicarious trauma that direct care providers experience, with an intentional focus on enhancing systems of support. Learn More
- 9. Improving Retirement Security and Access to Mental Health Benefits Last week the Health, Employment, Labor and Pensions Subcommittee of the House Committee on Education and Labor held a hearing on Improving Retirement Security and Access to Mental Health Benefits. Members and witnesses discussed the importance of mental health parity as well as findings of the recent 2022 MHPAEA Report to Congress for older adults. MHPAEA, the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008, prohibits discrimination of utilization of mental health and substance use services in certain health plans and by specific health insurers.
- 10. 988 Suicide and Crisis Lifeline The resources and information on this page are designed to help states, territories, tribes, mental health and substance use disorder professionals, and others looking for information on understanding the background, history, funding opportunities, and implementation resources for strengthening suicide prevention and mental health crisis services. 988 goes live on all devices on July 16, 2022. Read More
- 11. CMS Innovation Center Launches New Initiative to Advance Health Equity A critical, strategic objective of the CMS Innovation Center is to advance health equity through model development, increased safety net provider participation, enhanced sociodemographic data collection, and robust monitoring and evaluation. Collaborations across each of these areas will be critical to inform the Center's work and ensure accountability. Learn More
- 12. Resources to Serve and Advocate for Transgender Youth
  - American Medical Association: Affirming Care is medically necessary, life-saving care: <u>National Governors</u>
    <u>Association</u>
  - APA Guidelines for Psychological Practice with Transgender and Gender Nonconforming People (transgender.pdf (apa.org))
  - <u>Standards of Care WPATH World Professional Association for Transgender Health</u>
  - Human Rights Campaign (hrc.org)
  - The Trevor Project | For Young LGBTQ Lives
  - Supporting Black LGBTQ Youth Mental Health The Trevor Project
  - APA LGBT Resources and Publications

13. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

April 26, 2022 – Eastern Region – 10-12 pm Location: Virtual	May 11, 2022 – Western Region – 11-1 pm Location: TBD
June 3, 2022 – Southwest Region – 11-1 pm	June 24, 2022 – Southeast Region – 9-10 am
Location: Springfield Public Library	Location: Virtual
2535 North Kansas Expressway, Springfield	

#### TRAINING OPPORTUNITIES

- New Women and Girls in Sports Leadership: Practical Application with Girls on the Run and Girls in the Lead Monday, March 28, 2022, 12:30pm CT. Register
- New Inclusive Perspectives: What DBT can teach us about Effective Engagement with People with Co-occurring
  Intellectual Disabilities and Mental Illness This program is part of the Inclusive Perspectives series, which shares
  lived experience, practitioner expertise, and research findings regarding the inclusion of people with disabilities.
  Tuesday, March 29, 2022, 12:30 pm CT Register
- Addressing Opioid Use Disorder in BIPOC Communities: Treatment and Recovery for African American
   Communities This webinar will address the unique challenges and social determinants that hinder access to
   quality care for many African Americans. *Tuesday, March 29, 2022, 3pm CT*. Register
- 4. MATCP Annual Conference-Be the Change Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. *March 30, 2022-April 1, 2022*. Register
- 5. **Compassion Fatigue Training** This training is to raise awareness reduce stigma around mental health and substance use, and elevate youth and caregiver voice. **Wednesday, March 30, 2022, 12pm-1:30pm CT**. Register
- 6. New Leveraging the Collective: A Commitment to Advancing DEI in Our Communities Wednesday, March 30, 2022, 12:30pm CT. Register
- The Importance of Self Care Rituals in the Workplace This webinar provides public health leaders with an
  advanced understanding of the pandemic's generational-altering impact. We will explore how to integrate this
  knowledge into best practices going forward to improve all public health initiatives. Wednesday, March 30, 2022,
  3pm CT. Register
- 8. New Advocacy and Allyship: Supporting Transgender Youth -Thursday, March 21, 2022, 12:30pm CT. Register
- 9. Exploring Health Literacy and Cultural and Linguistic Literacy for Integrated Care Settings –*Thursday, March 31, 2022, 1pm CT.* Register
- 10. Eating Disorders and Depression: What you Need to Know This presenter will discuss how body image dissatisfaction increases the risk of both depression and eating disorders. Finally, we provide an overview of evidence-base treatment options for both eating disorders and depression. Thursday, March 31, 2022, 1pm-4pm CT. Register
- 11. **New Deconstructing Inclusion: Beyond a Seat at the Table** This program is presented in partnership with Influencing Social Policy, Grand Challenges for Social Work, and the Network for Social Work Management. **.Monday, April 4, 2022, 12:30pm CT.** Register

- 12. New Inclusive Perspectives: Increasing Access to Mental Health Providers through Client-Provider Mutual Education This program is part of the Inclusive Perspectives series, which shares lived experience, practitioner expertise, and research findings regarding the inclusion of people with disabilities. Tuesday, April 5, 2022, 12:30pm CT. Register
- 13. Diversity, Equity, Inclusion and Belonging Journey: Why Leaders Need it and How to Benefit From It We have reached maximum registration for this webinar. If you would like to receive a copy of the recording, please complete the form at this link: https://forms.gle/6rydfEuGWR737KVf8. Wednesday, April 6, 2022, 12pm CT.
- 14. New Supporting Students with Intellectual and Developmental Disabilities During COVID-19 Wednesday, April 6, 2022, 12:30pm CT. Register
- 15. **These are not Normal Times** Do you wish things could just go back to "normal"? Do you feel like you have hit a wall? Are your usual ways of coping unavailable or just not working so well anymore? Join us for a one-hour refresh, unpacking the neuroscience that can help us both understand what is happening in our responses, as well as what we can do build resilience, even in this difficult time. *Thursday, April 7, 2022, 1pm CT*. Register
- 16. Addressing the Intersectional Behavioral Health Needs of Racially/Ethnically Diverse LGTQ+ Communities Across the country, both racially/ethnically diverse and LGTBQ+ communities are at higher risks for adverse behavioral health conditions due to factors such as discrimination, systemic barriers, and lack of access to care. For those who live at the intersections of race, gender, and sexuality, these layers of marginalization create nuanced behavioral health needs. With the added impacts of the COVID-19 pandemic and recent anti-transgender legislation, diverse LGBTQ+ populations are experiencing an increase in depression, anxiety, substance use, and suicide ideation. Understanding intersectionality the combined and overlapping aspects of a person's identity is key to providing culturally responsive and trauma-informed care. *Wednesday, April 13, 2022, 12pm CT*. Register
- 17. MIMH Parent Series The Basics of Cultural Competence This presentation will provide some basic tenets of cultural competency to help parents inform and empower their children as they work through many of the conflicting messages they will receive. *Thursday, April 14, 2022, 6pm CT*. Register
- 18. New Innovative Recruitment Strategies for Behavioral Health Careers —This webinar discusses recruitment strategies that are essential to enhance behavioral health pathways for a successful career while addressing the shortage of this specialty in rural communities. Many resources will be explored to assist with recruitment of behavioral health students in rural communities through academic training programs, rural partnerships to collaborate on common goals, and support networks through residences, internships, and practicum placements within a community. Tuesday, April 19, 2022, 12pm CT. Register
- 19. **Tobacco Treatment Specialist (TTS) Certification Training** The program consists of both online learning and a three-day virtual training focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. Also, please plan to attend the virtual pre-course welcome training meeting scheduled on *April 12, 2022, from 12-1pm* CT to connect with other participants and to receive details to prepare for the virtual training. If you are interested in registering for the TTS Certification Training, please email Vanessa Nozinor at <a href="mailto:vanessa.nozinor@dmh.mo.gov">vanessa.nozinor@dmh.mo.gov</a>. *April 19-21, 2022*.
- 20. Cultural Conversations and Connections This webinar is designed to deepen the level of authentic cross-cultural engagement to effectively communicate between dominant and marginalized groups. Registration Fee: \$45. Friday, April 22, 2022, 9am-12pm CT. Register
- 21. New Suicide Prevention and Mental Health Promotion for Austistic Individuals: The Important Role of Staekholder Engagement This program is presented in partnership with the <u>Center for Mental Health Services Research</u> as part of the Inclusive Perspectives series, which shares lived experience, practitioner expertise, and research findings regarding the inclusion of people with disabilities. *Tuesday, April 26, 2022, 12:30pm CT*. Register

- 22. The Nonprofit Leadership Dilemma: How to Identify and Develop New Leaders for Tomorrow's Challenges Registration for this webinar has reached maximum capacity. If you would like to receive a copy of the recording, please complete the form at this link: https://forms.gle/SYj75wkSoN59HPR99 . Thursday, April 28, 2022 12pm CT.
- 23. EMDR Training The Missouri Behavioral Health Council is excited to announce additional EMDR training opportunities. This training is free! Please note, that it will show a price when registering, but if you select check payment they will bill us directly and not you. At the billing address section, you can include your agency mailing address or the Councils. Either way it will be billed to us. Questions regarding the registration link, please contact registrations@emdrconsulting.com or call 724-957-9082 ext 2. Part 1: May 11-13, 2022 and Part 2: June 1-3, 2022 Register
- 24. Evaluating Your Board's Committee Structures and the Importance of the Governance Committee Wednesday, May 18, 2022, 12pm CT. Register
- 25. National Conference on Gambling Addiction and Responsible Gambling Annual conference on problem gambling and responsible gambling brings together people from all facets of healthcare, research, government and the many segments of the gambling industry. The conference provides both detailed in-depth knowledge and cross-training opportunities. June 8 and 9, 2022 Register
- 26. **Recovery Support Specialist Training (MRSS)** The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. **June 9 through 11, 2022, 8am-5pm CT.** Register
- 27. Vulnerable Adult Hotlines and Investigations Interagency Training (Virtual/Free) Leaders from the Secretary of State, Adult Protective Services, Department of Mental Health, Attorney General's Office and Department of Insurance, will offer instruction and guidance on how their agencies handle hotline calls and investigations involving vulnerable adults. \*PLEASE NOTE Persons needing special accommodations under the Americans with Disabilities Act should notify MOPS at catherine.vannier@prosecutors.mo.gov or (573) 644-2409 on or before June 10, 2022.This is a two-part series.
  - Friday, June 17, 2022, 9am-11:30am CT Missouri Securities Division, Dept. of Health and Senior Services, Dept. of Mental Health-Register
  - Friday, June 24, 2022, 9am-11:30am CT AGO Medicaid Fraud Unit, AGO Consumer Protection Div, Dept. of Commerce and Insurance. Register

#### RECURRING TRAINING OPPORTUNITIES

- 1. Forensic Webinar Series-Virtual The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. Click here for the speaker lineup, agenda, and times. Register
  - April 7, 2022, 11am-1pm CT. Dialectical Behavior Therapy: Treating People with Problematic Sexual Behaviors
  - April 13, 2022, 1pm-3pm CT Evidence-based Psychotherapy and Competency Restoration Treatment
  - April 20, 2022, 11:30am-1pm CT Vicarious Trauma among Psychiatric Aides in a SVP Civil Commitment Center
  - April 27, 2022, 1pm-3pm CT Methamphetamine-Is it Still a Big Deal?
- 2. **Individual and Group Crisis Intervention Training** This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business &

Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. Register

- April 13-14, 2022, 8am-5pm CT.-Location-River Region Credit Union-Jefferson City, MO
- May 11-13, 2022, 8am-5pm CT.-Location-Missouri Behavioral Health Council-CFO RM-Jefferson City, MO
- June 15-17, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO
- July 26-28, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO
- 3. **New Suicide Prevention Training** This training is open to anyone interested in learning how to help someone who may be in a suicide crisis. No continuing education will be provided for this training. Register
  - Friday, April 15, 2022, 8:30am CT.
  - Friday, May 6, 2022, 8:30am CT.
  - Friday, June 10, 2022, 8:30am CT.
  - Friday, July 8, 2022, 8:30am CT.
  - Friday, August 12, 2022, 8:30am CT.
- 4. New Suicide Prevention Training-Provider Department of Mental Health is offering free Question, Persuade, Refer (QPR) Gatekeeper Training for Substance Use Providers. This training is geared towards helping those who work with individuals with Substance Use Disorders. Continuing education will be given to those who attend the full training. Register
  - Friday, April 22, 2022, 8:30am CT.
  - Friday, May 13, 2022, 8:30am CT.
  - Friday, June 17, 2022, 8:30am CT.
  - Friday, July 15, 2022, 8:30am CT.
  - Friday, August 4, 2022, 8:30am CT.
- 5. **Problem Gambling Certification 30-Hour Basic Training** Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. Register
  - Friday, April 15, 2022, 8:30am-4:30pm CT.
  - Friday, April 22, 2022, 8:30am-4:30pm CT.
  - Friday, May 6, 2022, 8:30am-4:30pm CT.
  - Friday, May 13, 2022, 8:30am-4:30pm CT.
- 6. Motivational Interviewing
  - Introductory/Refresher Motivational Interviewing Training Thursday, April 21, 2022, 11am-3pm CT.
     Register
  - Intermediate Motivational Interviewing *Thursday, May 19, 2022, 11am-3pm CT*. Register
  - Introductory/Refresher Motivational Interviewing Training Thursday, June 16, 2022, 11am-3pm CT.
     Register
- 7. **Wellness Webinars** The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
  - Back to Basics: Using Effective Communication Techniques This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. *Friday, April 22, 2022, 1pm-2:30 pm CT.* Register
  - Wellness Strategies to Manage Stress This wellness webinar is designed for behavioral health care
    providers who want to build their own wellness tools for personal and professional practice. Healthcare
    professionals experience at times, the wear and tear that results from support and compassion provided to
    others. Friday, May 13, 2022, 1pm-2:30 pm CT. Register

- 8. NOAV CRT Training Thanks to our partners through the Substance Abuse and Mental Health Services Administration (SAMHSA), we are pleased to announce another great training opportunity to receive FREE National Organization for Victim Assistance (NOVA) Crisis Response Team Training. Basic and Advanced Courses, in person or virtually, will be offered throughout the months of *April-August*, 2022. Register
- 9. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
  - Saturday, June 18, 2022, 8:30am-12:30p.m CT. Register
  - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
  - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- 10. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 11. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training Register
  - Peer Specialist Supervisor Training Register
  - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 12. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings Register
  - Ethics Trainings Register

#### Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

# DMH Memos, Policy and Bulletins Updates

The documents on the <u>DBH Memos</u>, <u>Policy</u>, <u>and Bulletins webpage</u> are continually being evaluated, please note the following:

The **CIMOR User ID Suspension Policy** was removed from the Policy, Memos, Bulletins webpage. The CIMOR User ID Suspension Policy is now located on the <u>Info for Providers webpage</u> in the Resources for Providers accordion.

The **Medicaid Eligibility Codes Memo** was removed from the Policy, Memos, Bulletins webpage. The information contained in this memo is located in the MHD Medicaid Manuals. Information regarding Medicaid eligibility can also be found at Understanding Types of Medicaid | dmh.mo.gov.

The **Medicaid-Eligible Consumers Served in Primary Recovery Programs Memo** was archived due to the information no longer being relevant.

The **CCBHC Certification Guide** was archived due to information no longer being relevant. Information regarding CCBHO certifications can be found on the <u>DBH Certification webpage</u>.

The REVISED COVID-19 Memo #1 - Immediate Provider Guidance on Treatment and Recovery Support Services Impacted by COVID-19 Community Response, REVISED COVID-19 Memo #2: Temporary Program Changes and Billing Guidance Related to COVID-19, and Appendix C-Training Guide for Staff during COVID-19 bulletins were archived. They were replaced with the Guidance and Clarification on COVID-19 Flexibilities bulletin.

The **Illegal Immigration Legislation** and **Immigration Status - Verification Requirements** Memos were archived. The information contained in these memos is now located in <u>9 CSR 10-7.020 Rights, Responsibilities, and Grievances</u>. Links to the CSRs can be found on the <u>DBH Certification webpage</u>.

The **Documentation Clarification/Unit Services Billing Examples** was archived. The information contained in this memo is now located in <u>9 CSR 10-7.030 (13) Service Delivery Process and Documentation</u>. Links to the CSRs can be found on the <u>DBH Certification webpage</u>.

The **SB 680 Food Stamps for Individuals with Drug Felonies** memo was archived. The information contained in this memo is now located on the <u>DBH Information for Providers webpage</u> in the Medicaid Eligibility accordion.

The SCL Funds Proposal Template, SCL Decentralization Guidelines, SMT for Adult SCL Consumers, Supported Community Living - Converting Funds (T1), and all other SCL information on the DMH website is now located on the DBH Information for Providers webpage in the Supported Community Living accordion.

The Community Support Supervisor Qualifications and Competencies/Community Support Supervisor and QMHP Functions, Community Support Qualifications, and Community Support Qualifications Handout documents were archived. The information contained in these documents is now located in 9 CSR 30-4.047 Community Support in Community Psychiatric Rehabilitations Programs and 9 CSR 30-3.157 Community Support in Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs. Links to the CSRs can be found on the DBH Certification webpage. More information regarding Community Support can be found on the Training Opportunities webpage in the Training accordion.

The **Collaborative Documentation** memo was archived. The information contained in this memo is now located in the <u>CSTAR Medicaid Manual</u> and <u>Community Psych Rehab Program Medicaid Manual</u>.

The **Guidelines for Use/Billing of Interpreters - Behavioral Health** memo was archived. The information contained in this memo is now located in provider contracts.

The Certification Standards Regarding Licensed Diagnosticians and Crisis Services Memo was archived. The information regarding Licensed Diagnosticians is now located in 9 CSR 30-3.100 General Requirements for Substance Use Disorder Treatment Programs and 9 CSR 30-4.035 Eligibility Determination, Assessment, and Treatment Planning in Community Psychiatric Rehabilitation Programs. The information regarding crisis services is now located in 9 CSR 10-7.030 Service Delivery Process and Documentation. Links to the CSRs can be found on the DBH Certification webpage.

Look for new information and resources coming next Friday!