

DBH Updates, Notices, and Policy Guidance March 18, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. **Budget Update** – Legislators were on Spring Break this past weekand we will have markups (a markup is a proposed increase/decrease to the department's house bills) in the House Budget Committee upon their return next week. Things will start moving really fast from here until the beginning of May.

2.



PRESENTED BY THE
Missouri Mental
Health Foundation

Congratulations to our winners from across the state of Missouri!

Browse all of the artwork, crafts and photography in our annual Director's Creativity Showcase from the comfort of your living room via our virtual galleries.

Walk through the galleries or take an interactive tour of the work at the links below. Select artwork is also available for sale with proceeds going to the artist. Based on lived experience, artists choose one of the following categories to submit their artwork. Click on a category to explore:

<u>Developmental Disabilities</u>
Mental Illness
Substance Use Disorders
<u>Crafts</u>
Professional Art
<u>Photography</u>

3. CIMOR PRIORITY!

In order to provide a streamlined process and to assure timely response to all ASAM related questions, DBH is requesting <u>all</u> ASAM related questions be submitted to the <u>DBH Support Center</u>. Please indicate in the ticket that it is for the <u>ASAM Team</u>. This includes billing, coding, policy, implementation, staffing, or other related matters. The DBH Support Center can be located by <u>Logging In</u> and selecting the 'Help Ticket' option found on the left side menu of the portal, https://portal.dmh.mo.gov.

If you have any questions, please login to the <u>Department of Mental Health Portal</u> and email the **CIMOR DBH Support Center** by selecting the Help Ticket link, found on the left side of the portal.

4. CIMOR Priority!

Below are the current balances for DM Housing and Outreach pools.

		ADA	CPS
DM Housing Allocation		\$250,000.00	\$250,000.00
DM Housing Expended	(17 Cycles Paid)	\$58,898.27	\$191,742.86
Current DM Housing Allocation Balance		\$191,101.73	\$58,257.14
DM Outreach Allocation		\$263,000.00	\$163,000.00
DM Outreach Expended	(17 Cycles Paid)	\$161,810.88	\$26,224.16
Current DM Outreach Allocation Balance		\$101,189.12	\$136,775.84
Current	Total Allocation Palanco	6202 200 OF	\$195,032.98
Current Total Allocation Balance		\$292,290.85	\$1

If you have any questions, please login to the <u>Department of Mental Health Portal</u> and email the **CIMOR DBH Support Center** by selecting the <u>Help Ticket</u> link found on the left side of the portal.

5. **988 Crisis Line** – The Missouri 988 Task Force is excited to share the new 988 page on the DMH site. For information about what 988 is, how it will work in Missouri, and resources to learn more, please visit https://dmh.mo.gov/behavioral-health/988-crisis-line.

6. Family Counseling Center-Clustered Apartments – FCC Behavioral Health opened its first Clustered Apartment site in November of 2020 with the restoration of the historic Pol-Mac Hotel in Campbell, Missouri. The hotel originated in the early 1900's and by 1920, was considered the finest hotel between Dallas and St. Louis.

Since the hotel closed many years ago, the building had been used in various capacities, including a nursing home and apartments. The organization saw a need in the area and thought it would be a great opportunity for long term housing with clustered apartments. The building had been abandoned for many years and required a complete renovation.

The building has 14 single apartments, a large common area, staff offices and two laundry rooms. The first floor has six apartments, two of which are ADA accessible. The apartment building is located within walking distance of local retailers, the post office, a park, library, pharmacy and a bank.

The setting is staffed Monday-Friday 8:00 am-10:00 pm and Saturday-Sunday form 10:00 am-10:00 pm. A Care Coordinator is on-site five days per week, Supported Housing staff are on site seven days per week, and a therapist one day per week. Staff duties

include monitoring and ensuring resident's safety, medication support, and assisting with daily living skills.

DBH would like to thank **FCC Behavioral Health** for making such a wonderful investment in a much needed service for individuals served!

- 7. Child and Family Empowerment Center (CAFÉ) was featured on the front page of the February 9, 2022, edition of The Licking News. Recovery: It's work. It's a process. It's worth it. It's possible. Highlights the Recovery Support Services provided by CAFÉ in Texas County. "Serenity Mansion offers services that include care coordination, peer coaching, pastoral counseling and recovery housing, particularly in regards to addiction recovery and re-entry. They provide goods and services to truly empower children and families in need." To read the article go to "Recovery: It's work. It's a process. It's worth it. It's possible." The Licking News
- 8. **New MO Overdose Death Data** Based on information received from the Division of Health and Senior Services (DHSS), the Missouri Institute of Mental Health (MIMH) has shared the following data which compares the first three quarters of CY 21 to the first three quarters of CY 20. Main points:
 - Overall, drug overdose deaths continue to rise and increased 12% in the first three quarters of 2021 (vs. the first three quarters of 2020).
 - a. Deaths among males increased 12% and deaths among females increased 11%.
 - b. Deaths among Black individuals increased 5% compared to an increase of 14% among White individuals.
 - The Kansas City Metro Region had the greatest proportional increase (40%) in total drug overdose deaths in the first three quarters of 2021, followed by the Northeastern Region (38%) and the Southwestern Region (37%).
 - a. The St. Louis Metro Region was the only region to not show an overall increase in all drug overdose deaths in the first three quarters of 2021 compared to the year prior.
 - The St. Louis Metro Region accounted for 49% of all drug overdose deaths in Missouri in the first three quarters of 2021 compared to 55% the year prior.
 - a. The St. Louis Metro Region accounted for 78% of all drug overdose deaths among Black individuals in Missouri compared to 81% the year prior.
 - **Opioid-involved** overdose deaths represented the majority (72%) of overdose deaths in Missouri in the first three guarters of 2021.
 - a. Opioid-involved overdose deaths increased 9% from 2020-2021 compared to an increase of 31% from 2019-2020.
 - Stimulant-involved overdose deaths continued to rise in the first three quarters of 2021.
 - a. Stimulant-involved overdose deaths increased 24% from 2020-2021 compared to an increase of 33% from 2019-2020.
 - Overdose deaths involving a **combination of opioids and stimulants** increased by 19% in the first three quarters of 2021 compared to the same timeframe in 2020.
 - **Fentanyl** was involved in 66% of all overdose deaths in the first three quarters of 2021 similar to the same timeframe last year (65%).
- Gibson Recovery Center is now Gibson Center for Behavioral Change The organization formerly known as Gibson Recovery Center is proud to announce the launch of their new name, website and company logo as part of the ongoing evolution of their brand.

The Gibson Center for Behavioral Change continues as a non-profit corporation formed for the purpose of creating and operating services for substance use treatment and overall mental health. Gibson Center for Behavioral Change offers a multidisciplinary approach to treating persons with co-occurring disorders and provides services to all people. Their mission is to provide comprehensive services to promote new behaviors for a healthy lifestyle. Gibson Center for Behavioral Change offers core treatments such detoxification, residential treatment, transitional housing, medication-assisted treatments, outpatient care, SATOP, as well a host of other ancillary services like counseling, peer support, employment services and more.

The new name, **Gibson Center for Behavioral Change**, now reflects their approach to care in treating the whole person, not only substance use disorders. For more information about Gibson Center for Behavioral Change, visit their new website at Gibson-Center.com

- 10. New program for Helping Low-income Residents with Water, Wastewater Bills To apply for help, Missourians will need to complete and submit a <u>LIHEAP Application</u> and any documents the application asks for to your local contracted agency by mail or online. If you submitted an application before February 28, 2022, you will need to resubmit your application. If you rent your home and pay your water or wastewater bill directly to your landlord, you will need to submit a <u>Landlord Documentation Request</u> with your application. For more information about LIHWAP and the services available visit the DSS website
- 11. MO Department of Conservation Offers Free Trees to Mid-Missouri Health Care Workers The Missouri Department of Conservation (MDC) is excited to partner with the Arbor Day Foundation and the Missouri Community Forestry Council to launch the Trees for Health Care Workers project. The pilot program gives thanks to mid-Missouri health care workers for their dedication and service during the COVID-19 pandemic by giving them a free tree to plant in their yard. To learn more about the benefits trees provide, visit treeswork.org.
- 12. Missouri Mental Health Champions' Banquet 2021-2022 Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions' award. Meet the 2021-2022 honorees. https://www.missourimhf.org/mental-health-champions-banquet/
 Silent Auction Donation Items Form

Date Tuesday, May 3, 2022

Location Capitol Plaza Hotel & Convention

Center

415 W. McCarty Street
Jefferson City, MO 65101

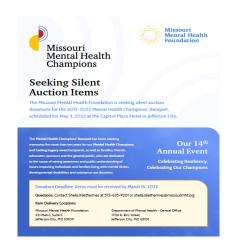
5:00pm Social Hour

Silent Auction

Director's Creativity Showcase

6:00pm Dinner Served

6:45 pm Awards Program & Keynote Speaker



13. COVID-19 Updates & Resources

• The Wellness Guide to Overcoming Isolation during COVID-19 – offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and

social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. Learn More

MHD Reimburses for COVID-19 Home Tests – MHD will reimburse home
 COVID-19 tests for Medicaid dual eligibles when the test is not covered by
 the participant's Part D plan. The test must be prescribed and dispensed by
 a MO HealthNet-enrolled provider. Pharmacists will be paid the lesser of
 the billed charge or MHD's maximum allowable cost plus the standard
 dispensing fee. MAC pricing and the tests qualifying for reimbursement can
 be found on the MHD website.

DBH Community COVID-19		
Positives Data		
(as of March 18 at 8 am)		
Consumers	2,823	
Staff	1,831	
Providers	66	
30 consumer/staff deaths		
have been reported.		



In future issues of FYIF, we intend to provide highlights of DBH Initiatives and Projects. In this section addition, we are featuring **Recovery Support Services!**

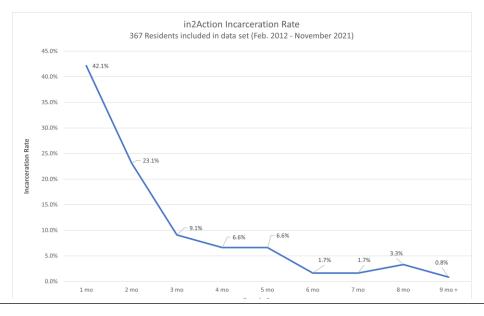
Recovery Support Services provide care coordination, recovery coaching, spiritual counseling, group support, recovery housing and transportation, before, during, after, and in coordination with other substance use disorder service providers. These services are offered in a multitude of settings including community, faith-based and peer recovery organizations. Recovery Support Service programs are person-centered and self-directed allowing individual's choice of provider.

At the 6-month Follow-up:

- 98% of clients have not had any new arrests.
- 90% are in stable housing.
- 88% are abstinent from alcohol and illicit drugs.
- 94% have had no additional consequences from drug and alcohol use.
- 63% are employed.
- 91% demonstrate greater pro-social connectivity.
- 97% expressed said they were satisfied or very satisfied with their RSS services.

In2Action - In2Action is a Treatment and Recovery Support Service community provider in Columbia that serves only justice involved individuals. Recovery Support Services provide care coordination, recovery coaching, spiritual counseling, group support, recovery housing and transportation, before, during, after, and in coordination with other substance use disorder service providers. These services are offered in a multitude of settings including community, faith-based and peer recovery organizations. Recovery Support Service programs are person-centered and self-directed allowing individual's choice of provider.

The data graph for In2Action demonstrates that keeping a person engaged in services for at least 6 months dramatically decreases re-incarceration rates.



DMH Memos, Policy and Bulletins Updates

Documents on <u>DBH Policy</u>, <u>Memos</u>, <u>and Bulletins webpage</u> are being reviewed. Some documents may be moved or archived. For more information regarding where information has been moved ONLINE please <u>click here</u>.

These documents can also be viewed under the DMH Memos, Policy and Bulletins Updates section at the bottom of this newsletter. Stay tuned for continuing updates.

JOB ANNOUNCEMENTS

Senior Accounts Assistant

This position is within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is March 24, 2022 Learn More and Apply!

FUNDING OPPORTUNITIES

- 1. Provider Relief Funds As we still work day by day through COVID and what our new normal looks like, we wanted to take the time to remind everyone of the ability to apply for Provider Relief Funds. Our understanding is there have been multiple rounds available to apply for, so we would encourage everyone to check it again to see if additional funding may be available to you. Please view this link if interested, https://www.hrsa.gov/provider-relief. You will need to read through it to determine what you may be eligible for and will need to apply directly to them. This is not to be applied for via DMH.
- 2. Targeted Capacity Expansion: Special Projects The purpose of the program is to implement targeted strategies for the provision of substance use disorder (SUD) or co-occurring disorder (COD) harm reduction, treatment, and/or recovery support services to support an under-resourced population or unmet need identified by the community. The applicant will identify the specific need or population it seeks to support through the provision of evidence-based SUD or COD harm reduction, treatment, and/or recovery support services. Diversity, equity, and inclusion must be integrated in the provision of services and activities throughout the project, for example, when conducting eligibility assessments, outreach, and engagement or developing policies. Application Due Date: *Monday, April 4*, 2022. Learn More
- 3. New Rural Communities Opioid Response Program The application period for the Rural Communities Opioid Response Program Behavioral Health Care Support (RCORP-BHS) expires on April 19, 2022. The program's goal is to improve access to and quality of substance use disorder and other mental health care services in rural communities. Specifically, improving rural behavioral health care may include increasing access to preventative care, treatment and recovery services. This opportunity is open to all domestic, public and private, non-profit and for-profit entities located in an urban or rural area. For more information and to apply, click here. The application period for the Rural Communities Opioid Response Program Behavioral Health Care Support (RCORP-BHS) expires on Tuesday, April 19, 2022.

- 4. New HHS Announces New MAT PDOA Grant Opportunity The purpose of this program is to provide resources to help expand/enhance access to Medications for Opioid Use Disorder (MOUD). It is expected that this program will help to increase the number of individuals with Opioid Use Disorder (OUD) receiving MOUD; and 2) decrease illicit opioid use and prescription opioid misuse. Application Deadline, Friday, April 29, 2022. Read More
- 5. New Funding Opportunity-Statewide Family Network Program The purpose of this program is to provide resources to enhance the capacity of statewide mental health family-controlled organizations to engage with family members/primary caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED). Grant recipients are expected to be family-driven, trauma-informed, culturally relevant, holistic, and resiliency-oriented family-controlled organizations. SAMHSA expects this program to serve as a catalyst for transforming mental health and related systems in states by strengthening coalitions led by family organizations, and between family members, policy makers, and service providers. SAMHSA plans to issue up to 13 awards of up to \$120,000 per year for up to 3 years. Application Due Date-Monday, May, 2, 2022. Learn More
- 6. New Improving Retirement Security and Access to Mental Health Benefits Last week the Health, Employment, Labor and Pensions Subcommittee of the House Committee on Education and Labor held a hearing on Improving Retirement Security and Access to Mental Health Benefits. Members and witnesses discussed the importance of mental health parity as well as findings of the recent 2022 MHPAEA Report to Congress for older adults. MHPAEA, the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008, prohibits discrimination of utilization of mental health and substance use services in certain health plans and by specific health insurers.
- 7. **Summer Medical Student Fellowship in Substance Use Disorders** The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. **Learn More and Apply**
- 8. Public Health Scholarship Program (HRSA-22-122) The Public Health Scholarship Program's purpose is to strengthen the public health workforce by supporting organizations to develop scholarship programs that incentivize individuals to pursue careers in public health. Through this program, scholarship recipients will gain the requisite knowledge and skills necessary to prevent, prepare for, and respond to recovery activities related to COVID-19, as well as other public health emergencies. This program will provide funds to award recipients to provide scholarships to 1) individuals in professional, graduate, and/or certificate programs in public health, and 2) employees of public health department/entity/site receiving training in public health. Scholarships will be awarded to individuals by grant recipients. The applicant will be required to have an existing public health training program as well as public health partnerships in place, along with a system to assist scholarship recipients to maintain or obtain employment in public health upon completion of their training. Learn More

INFO and RESOURCES

- New 988 Suicide and Crisis Lifeline The resources and information on this page are designed to help states, territories, tribes, mental health and substance use disorder professionals, and others looking for information on understanding the background, history, funding opportunities, and implementation resources for strengthening suicide prevention and mental health crisis services. 988 goes live on all devices on July 16, 2022. Read More
- 2. **New Addressing the Specific Needs of Women for Treatment of Substance Use Disorders** This advisory offers guidance to providers and administrators about the particular needs of women during substance use disorder (SUD) treatment. <u>Learn More</u>
- New Toolkit-for Establishing Peer Support Services for Overdose Response This toolkit is a technical assistance tool informed by real-world experience. <u>Toolkit</u>
- 4. **New After Incarceration: A Guide to Helping Women Reenter the Community –** This guide provides a "checklist" of considerations when working with women who are justice involved. **Learn More**

- 5. **New Side Effects and Stimulants Role in Treating Bipolar Disorder** This podcast tackles side effects of poor metabolizing therapies for bipolar disorder, as well as how stimulants play a role in navigating treatment options. <u>Learn More</u>
- 6. **New Pandemic Fuels Rise in Tobacco Use, Cigarette Sales** COVID-19-related anxiety and stress have been linked to an increase in tobacco use and vaping, as well as the first year-over-year increase in cigarette sales observed in decades, according to a new white paper published by Pivot. <u>Learn More</u>
- 7. **New** Global Prevalence of Major Depression in Older Adults Tops 13% –The prevalence of <u>major depressive</u> disorder in older adults worldwide is 13.3%, according to a systematic review and meta-analysis. <u>Read More</u>
- 8. **New** Which Antidepressant is the Right One for Medication Augmentation? One of the most pressing questions in contemporary psychiatry is this one. When augmenting an antidepressant with another antidepressant, which one do I choose? Do I even do it? Read More
- 9. New CMS Innovation Center Launches New Initiative to Advance Health Equity A critical, strategic objective of the CMS Innovation Center is to advance health equity through model development, increased safety net provider participation, enhanced sociodemographic data collection, and robust monitoring and evaluation. Collaborations across each of these areas will be critical to inform the Center's work and ensure accountability. <u>Learn More</u>
- 10. New Resources to Serve and Advocate for Transgender Youth
 - American Medical Association: Affirming Care is medically necessary, life-saving care: <u>National Governors</u>
 Association
 - APA Guidelines for Psychological Practice with Transgender and Gender Nonconforming People (transgender.pdf (apa.org))
 - Standards of Care WPATH World Professional Association for Transgender Health
 - Human Rights Campaign (hrc.org)
 - The Trevor Project | For Young LGBTQ Lives
 - Supporting Black LGBTQ Youth Mental Health The Trevor Project
 - APA LGBT Resources and Publications
- 11. **Probation and Parole Regional Oversight Meetings** These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov, and/or 573-751-4730.

March 22, 2022 – Northeast Region – 10-12 pm Location: Virtual	April 26, 2022 – Eastern Region – 10-12 pm Location: Virtual
May 11, 2022 – Western Region – 11-1 pm Location: TBD	June 3, 2022 – Southwest Region – 11-1 pm Location: Springfield Public Library 2535 North Kansas Expressway, Springfield,
June 24, 2022 – Southeast Region – 9-10 am Location: Virtual	

TRAINING OPPORTUNITIES

1. Overcoming Barriers and Recognizing the Unique Value of Including Peer Support Specialists with Prior Justice Involvement in Recovery – This webinar will bring together individuals with lived experience of prior justice involvement, as well as state leaders who have hired individuals with prior justice involvement to discuss the significant positive impact these individuals can have on recovery, the value they bring to the behavioral health workforce, and how they worked to affect change in their states to increase acceptance of individuals with lived experience and prior justice involvement. Monday, March 21, 2022, 11pm CT. Register

- 2. Aligning the Field Around a 988 Messaging Framework This webinar will focus on how to utilize the 988 Messaging Framework to inform strategic messaging efforts ahead of and following the nationwide transition to 988 in July 2022. You may access a live stream of the webinar on the Action Alliance's YouTube channel on the day of the event. Please bookmark the Action Alliance's YouTube channel and plan on viewing the live stream. Alternatively, a recording of the webinar will be available afterward via the Action Alliance's YouTube channel and the 988 Messaging Framework Site. Tuesday, March 22, 2022, 1pm CT. Register
- 3. 2022 University of Central Missouri/Missouri Corrections Association Spring Symposium, Human Trafficking Symposium The UCM Innovation Campus in Lee's Summit will be hosting a full day of presentations about Human Trafficking. Human Trafficking is still a very relevant and an important topic. The day will be spent learning and discussing what can be done to help prevent and eradicate it. Registration will be closed Thursday, March 17, 2022. Wednesday, March 23, 2022, 8:30am-4pm CT. Register
- 4. **Establishing Peer Support Services for Overdose Response** Overdose death in the United States has increased at an alarming rate since the onset of the COVID-19 pandemic, with over 100,000 deaths reported during the 12-month period ending in April 2021. Despite rising rates of overdose, substance use-related harms are preventable. Peer support services are a valuable component of overdose response programs to help link individuals at risk of overdose to evidence-based treatment and services. **Wednesday, March 23, 2022, 12pm CT.** Register
- 5. **Taking Care of Your Mental Health and Wellbeing** This training will discuss the COVID-19 pandemic's impact on health care workers who support older adults. *Wednesday, March 23, 2022, 1pm CT*. Register
- 6. New Self-Medication Nation Prolonged stress, worry, grief, and loss related to the COVID-19 pandemic, and its downstream effects are seen to have a tremendous impact on the rates of many mental health conditions including substance use disorders. Soaring sales of alcohol and marijuana aligned with skyrocketing rates of substance use disorders. This presentation will shed light on factors underpinning this increase and review the unique impact on work environments. Thursday, March 24, 2022, 12pm CT. Register
- 7. Sexual Harassment Prevention Training: The Basics and How to Report –This presentation is interactive and immediately applicable, testing your knowledge along with the way with different case scenario examples. This training is developed for behavioral health professionals who are required to meet licensure and re-licensure requirements for continuing education hours in sexual harassment skills. Thursday, March 24, 2022, 1pm-4pm CT. Register
- 8. Addressing Opioid Use Disorder in BIPOC Communities: Treatment and Recovery for African American Communities This webinar will address the unique challenges and social determinants that hinder access to quality care for many African Americans. *Tuesday, March 29, 2022, 3pm CT*. Register
- 9. MATCP Annual Conference-Be the Change Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. *March 30, 2022-April 1, 2022*. Register
- 10. **Compassion Fatigue Training** This training is to raise awareness reduce stigma around mental health and substance use, and elevate youth and caregiver voice. **Wednesday, March 30, 2022, 12pm-1:30pm CT**. Register
- 11. New The Importance of Self Care Rituals in the Workplace This webinar provides public health leaders with an advanced understanding of the pandemic's generational-altering impact. We will explore how to integrate this knowledge into best practices going forward to improve all public health initiatives. Wednesday, March 30, 2022, 3pm CT. Register
- 12. **New** Exploring Health Literacy and Cultural and Linguistic Literacy for Integrated Care Settings –**Thursday, March** 31, 2022, 1pm CT. Register

- 13. New Eating Disorders and Depression: What you Need to Know –This presenter will discuss how body image dissatisfaction increases the risk of both depression and eating disorders. Finally, we provide an overview of evidence-base treatment options for both eating disorders and depression. Thursday, March 31, 2022, 1pm-4pm CT. Register
- 14. New Equity, Resilience, and Community Needs: The Future of America's Health Workforce The Bureau of Health Workforce (BHW) is hosting the BHW Virtual All Grantee and Stakeholder Meeting. The theme of the BHW Virtual All Grantee and Stakeholder Meeting is Equity, Resilience, and Community Needs: The Future of America's Health Workforce. There will be multiple sessions on behavior health and the workforce. When registering please check the "stakeholder box" and next the check the "other box," and then the participant can write in their organization. Meting registration deadline: Friday, March 25, 2022. April 5-6, 2022, from 11am-5pm CT. Register
- 15. Diversity, Equity, Inclusion and Belonging Journey: Why Leaders Need it and How to Benefit From It We have reached maximum registration for this webinar. If you would like to receive a copy of the recording, please complete the form at this link: https://forms.gle/6rydfEuGWR737KVf8. Wednesday, April 6, 2022, 12pm CT.
- 16. **These are not Normal Times** Do you wish things could just go back to "normal"? Do you feel like you have hit a wall? Are your usual ways of coping unavailable or just not working so well anymore? Join us for a one-hour refresh, unpacking the neuroscience that can help us both understand what is happening in our responses, as well as what we can do build resilience, even in this difficult time. *Thursday, April 7, 2022, 1pm CT*. Register
- 17. New Addressing the Intersectional Behavioral Health Needs of Racially/Ethnically Diverse LGTQ+ Communities Across the country, both racially/ethnically diverse and LGTBQ+ communities are at higher risks for adverse behavioral health conditions due to factors such as discrimination, systemic barriers, and lack of access to care. For those who live at the intersections of race, gender, and sexuality, these layers of marginalization create nuanced behavioral health needs. With the added impacts of the COVID-19 pandemic and recent anti-transgender legislation, diverse LGBTQ+ populations are experiencing an increase in depression, anxiety, substance use, and suicide ideation. Understanding intersectionality the combined and overlapping aspects of a person's identity is key to providing culturally responsive and trauma-informed care. Wednesday, April 13, 2022, 12pm CT. Register
- 18. MIMH Parent Series The Basics of Cultural Competence This presentation will provide some basic tenets of cultural competency to help parents inform and empower their children as they work through many of the conflicting messages they will receive. *Thursday, April 14, 2022, 6pm CT*. Register
- 19. New Tobacco Treatment Specialist (TTS) Certification Training —The program consists of both online learning and a three-day virtual training focusing on the skills needed to effectively treat tobacco dependence. The training will prepare professionals to provide individuals with effective, evidence-based interventions for tobacco dependence. Professionals who work in the field of health academics, policy, and education will benefit from the up-to-date research/information presented. Also, please plan to attend the virtual pre-course welcome training meeting scheduled on April 12, 2022, from 12-1pm CT to connect with other participants and to receive details to prepare for the virtual training. If you are interested in registering for the TTS Certification Training, please email Vanessa Nozinor at vanessa.nozinor@dmh.mo.gov. April 19-21, 2022.
- 20. **New Cultural Conversations and Connections** This webinar is designed to deepen the level of authentic cross-cultural engagement to effectively communicate between dominant and marginalized groups. Registration Fee: \$45. **Friday, April 22, 2022, 9am-12pm CT**. Register
- 21. The Nonprofit Leadership Dilemma: How to Identify and Develop New Leaders for Tomorrow's Challenges Registration for this webinar has reached maximum capacity. If you would like to receive a copy of the recording, please complete the form at this link: https://forms.gle/SYj75wkSoN59HPR99. Thursday, April 28, 2022 12pm CT.

- 22. EMDR Training The Missouri Behavioral Health Council is excited to announce additional EMDR training opportunities. This training is free! Please note, that it will show a price when registering, but if you select check payment they will bill us directly and not you. At the billing address section, you can include your agency mailing address or the Councils. Either way it will be billed to us. Questions regarding the registration link, please contact registrations@emdrconsulting.com or call 724-957-9082 ext 2. Part 1: May 11-13, 2022 and Part 2: June 1-3, 2022 Register
- 23. Evaluating Your Board's Committee Structures and the Importance of the Governance Committee Wednesday, May 18, 2022, 12pm CT. Register
- 24. National Conference on Gambling Addiction and Responsible Gambling Annual conference on problem gambling and responsible gambling brings together people from all facets of healthcare, research, government and the many segments of the gambling industry. The conference provides both detailed in-depth knowledge and cross-training opportunities. June 8 and 9, 2022 Register
- 25. **Recovery Support Specialist Training (MRSS)** The purpose of the Recovery Support Specialist Training is to train, and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. *June 9 through 11, 2022, 8am-5pm CT*. Register
- 26. Vulnerable Adult Hotlines and Investigations Interagency Training (Virtual/Free) Leaders from the Secretary of State, Adult Protective Services, Department of Mental Health, Attorney General's Office and Department of Insurance, will offer instruction and guidance on how their agencies handle hotline calls and investigations involving vulnerable adults. *PLEASE NOTE Persons needing special accommodations under the Americans with Disabilities Act should notify MOPS at catherine.vannier@prosecutors.mo.gov or (573) 644-2409 on or before June 10, 2022.This is a two-part series.
 - Friday, June 17, 2022, 9am-11:30am CT Missouri Securities Division, Dept. of Health and Senior Services, Dept. of Mental Health-Register
 - Friday, June 24, 2022, 9am-11:30am CT AGO Medicaid Fraud Unit, AGO Consumer Protection Div, Dept. of Commerce and Insurance. Register

RECURRING TRAINING OPPORTUNITIES

- 1. Forensic Webinar Series-Virtual The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers from around the state to provide the most current information on Forensic Mental Health. Click here for the speaker lineup, agenda, and times. Register
 - April 7, 2022, 11am-1pm CT. Dialectical Behavior Therapy: Treating People with Problematic Sexual Behaviors
 - April 13, 2022, 1pm-3pm CT Evidence-based Psychotherapy and Competency Restoration Treatment
 - April 20, 2022, 11:30am-1pm CT Vicarious Trauma among Psychiatric Aides in a SVP Civil Commitment Center
 - April 27, 2022, 1pm-3pm CT Methamphetamine-Is it Still a Big Deal?
- Individual and Group Crisis Intervention Training This program is designed to teach participants the fundamentals
 of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to
 increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business &
 Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare,
 Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. Register
 - April 13-14, 2022, 8am-5pm CT.-Location-River Region Credit Union-Jefferson City, MO
 - May 11-13, 2022, 8am-5pm CT.-Location-Missouri Behavioral Health Council-CFO RM-Jefferson City, MO

- June 15-17, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO
- July 26-28, 2022, 8am-5pm CT.-Location- Missouri Behavioral Health Council-CFO RM-Jefferson City, MO
- 3. **Problem Gambling Certification 30-Hour Basic Training** Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. Register
 - Friday, April 15, 2022, 8:30am-4:30pm CT.
 - Friday, April 22, 2022, 8:30am-4:30pm CT.
 - Friday, May 6, 2022, 8:30am-4:30pm CT.
 - Friday, May 13, 2022, 8:30am-4:30pm CT.

4. New Motivational Interviewing

- Introductory/Refresher Motivational Interviewing Training Thursday, April 21, 2022, 11am-3pm CT.
 Register
- Intermediate Motivational Interviewing Thursday, May 19, 2022, 11am-3pm CT. Register
- Introductory/Refresher Motivational Interviewing Training Thursday, June 16, 2022, 11am-3pm CT.
 Register
- 5. **Wellness Webinars** The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
 - Back to Basics: Using Effective Communication Techniques This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. *Friday, April 22, 2022, 1pm-2:30 pm CT*. Register
 - Wellness Strategies to Manage Stress This wellness webinar is designed for behavioral health care
 providers who want to build their own wellness tools for personal and professional practice. Healthcare
 professionals experience at times, the wear and tear that results from support and compassion provided to
 others. Friday, May 13, 2022, 1pm-2:30 pm CT. Register
- 6. NOAV CRT Training Thanks to our partners through the Substance Abuse and Mental Health Services Administration (SAMHSA), we are pleased to announce another great training opportunity to receive FREE National Organization for Victim Assistance (NOVA) Crisis Response Team Training. Basic and Advanced Courses, in person or virtually, will be offered throughout the months of *April-August*, 2022. Register
- 7. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
 - Saturday, June 18, 2022, 8:30am-12:30p.m CT. Register
 - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
 - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- 8. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register

- 9. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Peer Specialist Supervisor Training Register
 - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 10. 2022 Ethics and MRSS Trainings Please see the trainings provided by the MCB below.
 - Missouri Recovery Support Specialist Trainings Register
 - Ethics Trainings Register

Important Information about Ethics Training

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

DMH Memos, Policy and Bulletins Updates

The documents on the <u>DBH Memos</u>, <u>Policy</u>, <u>and Bulletins webpage</u> are continually being evaluated, please note the following:

The **CIMOR User ID Suspension Policy** was removed from the Policy, Memos, Bulletins webpage. The CIMOR User ID Suspension Policy is now located on the Info for Providers webpage in the Resources for Providers accordion.

The **Medicaid Eligibility Codes Memo** was removed from the Policy, Memos, Bulletins webpage. The information contained in this memo is located in the MHD Medicaid Manuals. Information regarding Medicaid eligibility can also be found at Understanding Types of Medicaid | dmh.mo.gov.

The **Medicaid-Eligible Consumers Served in Primary Recovery Programs Memo** was archived due to the information no longer being relevant.

The **CCBHC Certification Guide** was archived due to information no longer being relevant. Information regarding CCBHO certifications can be found on the <u>DBH Certification webpage</u>.

The REVISED COVID-19 Memo #1 - Immediate Provider Guidance on Treatment and Recovery Support Services Impacted by COVID-19 Community Response, REVISED COVID-19 Memo #2: Temporary Program Changes and Billing Guidance Related to COVID-19, and Appendix C-Training Guide for Staff during COVID-19 bulletins were archived. They were replaced with the Guidance and Clarification on COVID-19 Flexibilities bulletin.

The **Illegal Immigration Legislation** and **Immigration Status - Verification Requirements** Memos were archived. The information contained in these memos is now located in <u>9 CSR 10-7.020 Rights, Responsibilities, and Grievances</u>. Links to the CSRs can be found on the <u>DBH Certification webpage</u>.

The **Documentation Clarification/Unit Services Billing Examples** was archived. The information contained in this memo is now located in <u>9 CSR 10-7.030 (13) Service Delivery Process and Documentation</u>. Links to the CSRs can be found on the DBH Certification webpage.

The **SB 680 Food Stamps for Individuals with Drug Felonies** memo was archived. The information contained in this memo is now located on the <u>DBH Information for Providers webpage</u> in the Medicaid Eligibility accordion.

The SCL Funds Proposal Template, SCL Decentralization Guidelines, SMT for Adult SCL Consumers, Supported Community Living - Converting Funds (T1), and all other SCL information on the DMH website is now located on the <u>DBH Information for Providers webpage</u> in the Supported Community Living accordion.

The Community Support Supervisor Qualifications and Competencies/Community Support Supervisor and QMHP Functions, Community Support Qualifications, and Community Support Qualifications Handout documents were archived. The information contained in these documents is now located in 9 CSR 30-4.047 Community Support in Community Psychiatric Rehabilitations Programs and 9 CSR 30-3.157 Community Support in Comprehensive Substance Treatment and Rehabilitation (CSTAR) Programs. Links to the CSRs can be found on the DBH Certification webpage. More information regarding Community Support can be found on the Training Opportunities webpage in the Training accordion.

The **Collaborative Documentation** memo was archived. The information contained in this memo is now located in the CSTAR Medicaid Manual and Community Psych Rehab Program Medicaid Manual.

The **Guidelines for Use/Billing of Interpreters - Behavioral Health** memo was archived. The information contained in this memo is now located in provider contracts.

The **Certification Standards Regarding Licensed Diagnosticians and Crisis Services Memo** was archived. The information regarding Licensed Diagnosticians is now located in <u>9 CSR 30-3.100 General Requirements for Substance Use Disorder Treatment Programs</u> and <u>9 CSR 30-4.035 Eligibility Determination, Assessment, and Treatment Planning in Community Psychiatric Rehabilitation Programs</u>. The information regarding crisis services is now located in <u>9 CSR 10-7.030 Service Delivery Process and Documentation</u>. Links to the CSRs can be found on the <u>DBH Certification webpage</u>.

Look for new information and resources coming next Friday!