

# DBH Updates, Notices, and Policy Guidance February 10, 2022

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

1. **Budget Update** –The Senate hearing scheduled for Tuesday, February 8, was cancelled and will be re-scheduled to a later date.

#### 2. COVID-19 Updates & Resources

- Missouri Vaccine Navigator This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. Learn More
- Missouri COVID-19 Vaccine Providers <a href="https://covidvaccine.mo.gov/map/">https://covidvaccine.mo.gov/map/</a>
- The Wellness Guide to Overcoming Isolation during COVID-19 offers help and support for those suffering from isolation during the COVID-19 pandemic. Being alone and lonely is difficult enough, but stay-at-home orders and social distancing make it even more challenging to overcome such feelings and make connections. This is a free digital download. Learn More
- DBH COVID Resources –

**DBH COVID-19 Guidance/Resources** - MoHelpNow

**DMH Disaster Services Website –** 

https://dmh.mo.gov/disaster-services/covid-19-information

State's COVID Vaccine Information Website -

https://covidvaccine.mo.gov/

**MO DHSS Website -**

https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/

CDC Website - https://www.cdc.gov/coronavirus/2019-

ncov/index.html

Show Me Hope - www.MoShowMeHope.org

NEW MHD Reimburses for COVID-19 Home Tests – MHD will <u>reimburse</u> home COVID-19 tests for Medicaid dual
eligibles when the test is not covered by the participant's Part D plan. The test must be prescribed and
dispensed by a MO HealthNet-enrolled provider. Pharmacists will be paid the lesser of the billed charge or
MHD's maximum allowable cost plus the standard dispensing fee. MAC pricing and the tests qualifying for
reimbursement can be found on the MHD website.

**NEW** Moderna COVID-19 Vaccine Receives Full FDA Approval — The Moderna COVID-19 vaccine, Spikevax, received full <u>approval</u> from the FDA for individuals ages 18 and older. This approval follows review that the vaccine meets FDA standards for safety, effectiveness and manufacturing quality. There is no difference between the fully approved vaccine and the vaccine that previously was available under EUA. The vaccine remains available for order on the DHSS COVID-19 vaccine request <u>form.</u>

DBH Community COVID-19 Positives Data (as of Feb 10 at 8 am)		
Consumers	2,717	
Staff	1,796	
Providers	65	
27 consumer/staff deaths have been reported.		

## **Director of Forensic Services**

We are pleased to announce the appointment of Tim Wilson, PsyD, as the Director of Forensic Services, starting February 15. Dr. Wilson is a licensed psychologist and Certified Forensic Examiner. He has been with the Department since 2013 and has held various positions during his tenure; he is currently an Annual Evaluator for Southeast Missouri Mental Health Center. As the Director of Forensic Services, Dr. Wilson will assume state-wide responsibilities. Dr. Wilson will supervise the Forensic Case Monitors who are responsible for monitoring individuals in the community on court-ordered conditional release; he will oversee the DMH process for conducting court-ordered evaluations and the certification of Forensic Examiners; and will be responsible for and coordinate forensic policy across the state psychiatric hospitals. There is no doubt Dr. Wilson will be an outstanding leader for forensic services across the state. Please welcome and congratulate him on his new position.

# **FUNDING OPPORTUNITIES**

- Small Health Care Provider Quality Improvement Do you know of a Critical Access Hospital, Rural Health Clinic, non-profit or public entities interested in applying for a quality improvement NOFO? This is a 4-year, \$200k/year funding opportunity. The application is due March 21, 2022. Funding period is August 1, 2022-July 31, 2023. Eligible applicants are rural domestic non-profit or public entities or health care providers/provider of health care services (Critical Access Hospitals/Rural Health Clinics). There will be up to 40 awards. All attachments from the webinar are attached. Learn More
- 2. Summer Medical Student Fellowship in Substance Use Disorders The program offers medical students an intensive learning experience about addiction and its treatment far beyond anything they may have encountered in their prior medical school education or clinical rotations. <u>Learn More and Apply</u>

## JOB ANNOUNCEMENTS

#### **Integrated Care Program Specialist**

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is February 28, 2022. <u>Learn More and Apply!</u>

#### **Program Manager**

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in Jefferson City, MO. Application deadline is February 24, 2022. <u>Learn More and Apply!</u>

3. Public Health Scholarship Program (HRSA-22-122) – The Public Health Scholarship Program's purpose is to strengthen the public health workforce by supporting organizations to develop scholarship programs that incentivize individuals to pursue careers in public health. Through this program, scholarship recipients will gain the requisite knowledge and skills necessary to prevent, prepare for, and respond to recovery activities related to COVID-19, as well as other public health emergencies. This program will provide funds to award recipients to provide scholarships to 1) individuals in professional, graduate, and/or certificate programs in public health, and 2) employees of public health department/entity/site receiving training in public health. Scholarships will be awarded to individuals by grant recipients. The applicant will be required to have an existing public health training program as well as public health partnerships in place, along with a system to assist scholarship recipients to maintain or obtain employment in public health upon completion of their training. Learn More

# **INFO and RESOURCES**

- 1. New Child and Family-Focused Certified Community Behavioral Health Clinics (CCBHC) you are encouraged to take advantage of the new Child & Family-Focused Certified Community Behavioral Health Learning Community sponsored by NASMHPD, the University of Maryland, and the National Council. We often hear legislators and advocates ask "What are we doing that is new or out of the box for our families in Missouri?" This Learning Community is a great opportunity for us to engage with other teams and experts across the country as we all grapple with the youth mental health crisis that was exacerbated by the pandemic. These meetings have the potential to spark discussions and innovative ideas to move Missouri's Youth Behavioral Health System forward! The learning community features national experts and CCBHC examples from across the country. See the full schedule of meetings and register.
- 2. New LAC Shares New Issue Briefs on Utilizing Medicaid to Strengthen Access to SUD Care in the Criminal Legal System Despite the clear need, there is extremely poor access to opioid use disorder/substance use disorder (OUD/SUD) care in the criminal legal system. Better leveraging of Medicaid, the single largest payer for SUD and mental health services in the United States, is critical to improving access to life-saving addiction and mental health treatment for millions of people in jails, prisons, or otherwise involved in the criminal legal system. Read More
- 3. New Age, Period, and Cohort Effects in Alcohol Use in the United States in the 20<sup>th</sup> and 21<sup>st</sup> Centuries: Implications for the Coming Decades Patterns of alcohol use vary across age, period, and cohort. Analyzing the data as they relate to this framework provides insights into patterns that can help us better understand the reasons behind alcohol misuse. Data show that while adolescent and young adult alcohol use has declined, drinking has increased in adulthood, and particularly among women in midlife. ARCR reviews the intersection of age-cohort-period studies with gender, social class, and other variables. Read More
- 4. Frequently Asked Questions: 988 & Crisis Response Services The American Foundation for Suicide Prevention and Vibrant Emotional Health <u>released an FAQ document</u> to answer common questions from legislators and other decision makers.988 Resources Here are some 988 resources specifically around 911 and 988 collaboration.
  - Do 911 Call Centers Have Resources to Handle Mental Health and Substance Use Crises? YouTube
  - New Research Suggests 911 Call Centers Lack Resources to Handle Behavioral Health Crises | The Pew Charitable Trusts (pewtrusts.org)
  - Building a sustainable behavioral health crisis continuum (brookings.edu)
- 5. **Provider Resources for Hiring Peer Specialists** DBH expects that all CPR/CSTAR/CCBHOs employ peer specialists. Below are two valuable resources that providers can access when hiring peer specialists. These are located on the Missouri Credentialing Board website.
  - Providers can advertise peer positions for free at <a href="https://mopeerspecialist.com/employment-opportunities/">https://mopeerspecialist.com/employment-opportunities/</a>
  - Providers can verify credentials before hiring at http://msapcbdatabase.com/

- 6. **NASMHPD's Technical Assistance Coalition Assessment Working Papers** With funding from the Substance Abuse and Mental Health Services Administration, NASMHPD has produced ten Draft 2021 Technical Assistance Coalition Assessment Working Papers, which are now available on the NAMSHPD website:
  - Ready to Respond: Mental Health Beyond Crisis and COVID-19
  - Disaster Behavioral Health through the Lens of COVID-19
  - Suicide Prevention and 988: Beyond Beds Before, During and After COVID-19
  - Law Enforcement and Crisis Services: Past Lessons for New Partnerships and the Future of 988
  - Strategies and Considerations for Providing a More Equitable Crisis Continuum for People of Color in the United States
  - The Effects of COVID-19 on Children, Youth, and Families
  - Mental Health System Development in Rural and Remote Areas during COVID-19
  - Funding Opportunities for Expanding Crisis Stabilization Systems and Services
  - Technology's Acceleration in Behavioral Health: COVID, 988, Social Media, Treatment, and More
  - Using Data to Manage State and Local-Level Mental Health Crisis Services
- 7. **Probation and Parole Regional Oversight Meetings** These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Jessica Bounds at jessica.bounds@dmh.mo.gov and/or 573-751-4730.

March 4, 2022 – Southeast Region – 10-12 pm	March 4, 2022 – Southwest Region – 10-12 pm
Location: TBD	Location: TBD
March 22, 2022 – Northeast Region – 10-12 pm	April 26, 2022 – Eastern Region – 10-12 pm
Location: Virtual	Location: Virtual

# TRAINING OPPORTUNITIES

- NAMI Basics Courses NAMI Basics is a free 6-session course for parents or other caregivers of children and youth under 18, who live with mental health or behavioral conditions. NAMI Basics offers information on common mental health challenges in children and youth, treatment options, a portable treatment record, communication skills for parents/caregivers, information on mental health systems, insurance, juvenile justice, and special education. Every Tuesday, February 1 through March 8, 2022, 6pm-8:30pm CT. Register
- Forensic Summit The Missouri Department of Mental Health, in partnership with the Missouri Behavioral Health
  Council, is excited to bring this training opportunity to you virtually. The Summit will host many versatile speakers
  from around the state to provide the most current information on Forensic Mental Health. February 15, 16, and 23,
  2022. Register
- 3. **Borderline Personality Disorder** This training will assist you in gathering a clear understanding of BPD through a breakdown of the diagnostic criteria, review of case studies, and walk thru of patterns of emotional dysregulation that are often indicative of those who have BPD. *Tuesday, February 15, 2022, 1pm-4pm CT*. Register
- 4. **Peer Recovery CoE Community of Practice for Supervisors of PRSS** Speak Truth to Power: Intersectional Advocacy, *Wednesday, February 16, 2022, 1pm CT*. Register
- 5. SAMHSA webinar on reentry peer support services The webinar will provide information about supporting reentry peer specialists and programs through certification, training, and the education to effectively support individuals reentering the community after a period of incarceration. Presenters will discuss the opportunities that come with training and education, along with the policy and practice challenges of supporting individuals in recovery as they transition back into the community. Wednesday, February 16, 2022, 2pm CT. Register.
- 6. **Grief Sensitivity Virtual Learning Institute** This two-day institute hosted by the entire MHTTC network is for those supporting individuals (general mental health and school mental health populations) experiencing grief and loss through COVID-19 and beyond. *February 23-24, 2022, 11am-4:45pm CT*. Register-Day One Register-Day Two

- 7. **Virtual SBIRT Training (intro/refresher)** If you are an administrator or clinician who is new to SBIRT or looking for a refresher, this three-hour training is just for you. **Wednesday, February 23, 2022, 12pm CT**. Register
- 8. Peer Recovery Center of Excellence Community of Practice for Supervisors of PRSS Building Connection Using the 5 Critical Functions of Supervision. *Wednesday, February 23, 2022, 1pm CT*. Register
- 9. Supportive Housing Models That Work This three-part series covers innovative ways to center equity and the perspective of those with lived experience when helping individuals with mental health and/or substance use challenges to secure and sustain affordable housing. Each webinar provides an opportunity to hear from national experts as well as provider representatives as they offer guidance on best and promising practices, as well as practical lessons learned from on-the-ground experience. February 24, 2022-April 27, 2022. 1:30 CT. Register
- Understanding Severe Autism with Complex Support Needs This training will explore key components of supporting individuals with severe autism symptoms, challenges and complex care needs. Thursday, February 24, 2022, 2pm CT. Register
- 11. Missouri Crisis Intervention Conference The Missouri Crisis Intervention Team (MO CIT) Council is a collaboration between law enforcement, behavioral health providers, and community members to improve the outcomes for those with behavioral health disorders (mental health and substance use) who could become or are justice-involved by diverting people in need of services who do not meet the criteria for an arrest on a criminal charge. CIT is also a 40-hour training for law enforcement officers in the areas of mental illness, crisis response, active listening, tactical communication/de-escalation, mental health law, etc. *March 7-8, 2022*. Register
- 12. Motivational Interviewing Training (intro/refresher) This half-day (4 hours) live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes. *Tuesday, March 8, 2022, 11am CT*. Register
- 13. Call to Action: The Need for Sigma Awareness in Healthcare Professional Education This webinar will discuss how mental health is addressed in their respective curricula, highlight opportunities to address self-stigma, and share resources available to those involved with healthcare professional education. Wednesday, March 9, 2022, 11am CT. Register
- 14. **Global Women's Recovery Roundtable** The Global Women's Recovery Roundtable is the first convening of women in recovery and organizations across the globe that celebrate and support women's recovery from addiction, mental health and trauma. *Tuesday, March 8, 2022, 1pm-4pm CT.* Register
- 15. MCB Clinical Supervision Training This training is a comprehensive 30-hour national training model for clinical supervision. The first 14 hours are completed online followed by a 2-day, 12-hour Zoom training and videos to reinforce the online training and introduce additional supervision topics. This training is required for new supervisors to become a MCB Qualified Supervisor. *March 10-11, 2022, 8am-2pm CT*. Register
- 16. ASAM Criteria Skill Building Course ASAM is coming!! Be ready!! This 8-hour, virtual-live course will explore important considerations in developing individualized treatment plans, evaluating progress versus non progress in treatment, and determining when it is appropriate to initiate transfer or discharge of a patient from treatment. You must complete the ASAM Foundations course prior to enrolling in the ASAM Skill Building course. Please reach out to the ASAM customer service team by email at education@asam.org or by phone at 301.656.3920 if you have any questions or issues during the registration process! Friday, March 11, 2022, 8:30am-5:30pm CT. Register
- 17. **Best Practices for Working with LGBTQ Clients** Participants will learn how to better serve the needs of sexual and gender minorities in a clinical setting. *Friday, March 11, 2022, 8:30am-11:30 am CT*. Register

- 18. **Taking Care of Your Mental Health and Wellbeing** This training will discuss the COVID-19 pandemic's impact on health care workers who support older adults. *Wednesday, March 23, 2022, 1pm CT*. Register
- 19. MATCP Annual Conference-Be the Change Are you ready for a change? I think most of us are ready to move forward after the challenges 2020 and 2021 have brought to us and 2022 is the time to BE THE CHANGE. *March 30, 2022-April 1, 2022.* Register

# **RECURRING TRAINING OPPORTUNITIES**

- 1. **Wellness Webinars** The Missouri Behavioral Health Council is excited to announce the Virtual MO Wellness Webinar Series.
  - Back to Basics: Using Effective Communication Techniques This wellness webinar is designed for behavioral health care providers who are interested in revisiting the basic communication techniques that underly the wellness coaching approach. *Friday, April 22, 2022, 1pm-2:30 pm CT.* Register
  - Wellness Strategies to Manage Stress This wellness webinar is designed for behavioral health care
    providers who want to build their own wellness tools for personal and professional practice. Healthcare
    professionals experience at times, the wear and tear that results from support and compassion provided to
    others. Friday, May 13, 2022, 1pm-2:30 pm CT. Register
- 2. **Death Review Processes Training** This workshop will provide information on the MO Department of Mental Health's expectations for DBH providers related to consumer deaths. The training will be virtual via zoom and the links are provided below.
  - Thursday, February 16, 2022, 9:30am-12pm CT. Register
  - Tuesday, March 15, 2022, 9:30am-12pm CT. Register
  - Thursday, May 19, 2022, 9:30am-12pm CT. Register
- 3. MIMH Parent Series -
  - What parents need to know about Youth Suicide Risk, but were too Afraid to Ask This training will answer
    the tough or awkward questions about youth suicide and provide parents with tools and resources to access
    help for their children. Thursday, February 17, 2022, 6pm CT. Register
  - The Basics of Cultural Competence This presentation will provide some basic tenets of cultural
    competency to help parents inform and empower their children as they work through many of the
    conflicting messages they will receive. Thursday, April 14, 6pm CT. Register
- 4. MAT Waiver Course Opioid SOR 2.0, in partnership with the Missouri Behavioral Health Council are providing an 8-hour Virtual MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work.
  - Saturday, March 5, 2022, 8:30am-12:30pm CT. Register
  - Saturday, June 18, 2022, 8:30am-12:30p.m CT. <u>Register</u>
  - Saturday, September 10, 2022, 8:30am-12:30pm CT. Register
  - Saturday, December 3, 2022, 8:30 am-12:30pm CT. Register
- National Council for Mental Wellbeing Motivational Interviewing Trainings
  - Introductory/Refresher Tuesday, March 8, 2022, 11am CT. Register
  - Intermediate Tuesday, February 8, 2022, 11am CT. Register

- 6. **Problem Gambling Certification 30-Hour Basic Training** Learn about gambling history, gambling technology, the theoretical basis for treatment, co-occurring disorders, multicultural issues, assessment tools, and treatment modalities. Training dates are below, registration includes all sessions. Register
  - Friday, April 15, 2022, 8:30am-4:30pm CT.
  - Friday, April 22, 2022, 8:30am-4:30pm CT.
  - Friday, May 6, 2022, 8:30am-4:30pm CT.
  - Friday, May 13, 2022, 8:30am-4:30pm CT.
- 7. Specialty Peer Instruction Series The UMSL-MIMH SOR 2.0 team, in close collaboration with six of Missouri's Certified Peer Specialists, created a Specialty Peer Instruction series designed to help expand knowledge for peers beyond the Certified Peer Specialist courses. These modules are now available for peers for FREE! Topics include: How to talk about Medication for Addiction Treatment; Professional expectations, ethics, & boundaries; How to identify and address stress, compassion fatigue, grief, & secondary trauma; Working with peers with co-occurring mental illness & substance use disorders; and How to assess and refer peers experiencing suicidality, domestic violence, and sex trafficking. Individuals will also be able to receive continuing education credits towards their CPS renewal and the Advanced CPS credential. Register
- 8. 2022 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
  - Certified Peer Specialist Basic Training Register
  - Peer Specialist Supervisor Training Register
  - Certified Peer Specialist Specialty Training This training can only be taken by those who already hold a CPS or CRPR credential. The topics will change monthly, please refer to the registration form for the topics being offered during the current quarter. Register
- 9. **2022 Ethics and MRSS Trainings** Please see the trainings provided by the MCB below.
  - Missouri Recovery Support Specialist Trainings Register
  - Ethics Trainings Register

#### **Important Information about Ethics Training**

In regards to the 2022 Spring Renewals and any new credential applications being submitted to the Missouri Credentialing Board, the requirement that Ethics training be "live" continues to be waived until further notice.

The Missouri Credentialing Board is currently accepting any form of Ethics training (for example: live, Zoom, online/self-study) due to the pandemic conditions and recommendations of the Center for Disease Control.

Look for new information and resources coming next Friday!