WEBVTT

1 00:00:00.000 --> 00:00:14.579 Nice to have all of you on that again. My name's Lesley to grow and I am a registered nurse, a service, the division of developmental disabilities, clinical coordinator and I went to welcome you all today. And thank you for joining us in this informational. 2 00:00:14.579 --> 00:00:18.239 Uh, information, sharing, update for agency our ends. 3 00:00:18.239 --> 00:00:22.890 Out there in the field, providing nursing oversight to our residential waiver participants. 4 00:00:22.890 --> 00:00:26.399 This is the 1st, sort of update of this type. 5 00:00:26.399 --> 00:00:38.880 We have lots of educational items to discuss today that we put together related to data that we are seeing statewide as well as from input from our regional office. Our ends related to things that they are noting out in the field. 6 00:00:38.880 --> 00:00:46.439 So, anyway, again, I want to say, welcome and without further ado, I would like to introduce our 1st speaker. 00:00:46.439 --> 00:00:51.179Um, she will be giving us an exciting presentation followed by a Q, a session. 8 00:00:51.179 --> 00:01:03.174 Um, she is a registered nurse and received for bachelor of science in nursing at St Francis, medical center College of nursing. She has 20 years of nursing experience and now serves as a clinical services manager. 9 00:01:03.295 --> 00:01:12.864 And she will be speaking to us today about Missouri's utilization of her screening tool and health risk, support plans and the fatal 5 plus 1. 10 00:01:13.200 --> 00:01:17.640 Um, her presentation is titled Missouri, fatal 5 and.

11 00:01:17.640 --> 00:01:22.799 I am honored to present to you, Deborah Davis dam. I will turn it over to you. 12 00:01:25.019 --> 00:01:28.319 Thanks so much I'll get my screen shared. 13 00:01:28.319 --> 00:01:36.359 I hope everyone can see that. 14 00:01:39.090 --> 00:01:42.390 Yes. Okay. Great. 15 00:01:42.390 --> 00:01:52.650 Okay, good morning and thanks for the nice introduction. Leslie and welcome everyone. Thank you so much for having me. I am the clinical services manager for. 16 00:01:52.650 --> 00:01:58.230 Intellect ability and I enjoy interacting with you and I recognize some names. 17 00:01:58.230 --> 00:02:06.900 In the attendees, so hope to interact with more of you going forward as you continue expanding your use of the health screening tool. 18 00:02:08.639 --> 00:02:16.409Um, now, intellect ability, and you may have noticed that, um. 19 00:02:16.764 --> 00:02:26.995 There have been some changes to our branding. We've enjoyed serving you the past 14 years as health risk screening and now we're going to be providing that same, great service under a name. 20 00:02:26.995 --> 00:02:35.305 The better encompasses who we are as a company, and these changes are across all of our products, our line of products and material. 21 00:02:36.270 --> 00:02:46.650 We are our flagship product is the health risk screening tool and I'm real happy to be your presenter about that today. We also have.

22 00:02:46.650 --> 00:02:50.550 The academy division, and where we have E, learning. 23 00:02:52.435 --> 00:03:05.965 Other neat opportunities to to get educational material and productions where they can be custom designed for you, and our person centered services division and I'm real happy that I get to participate in all of the divisions. 24 00:03:06.685 --> 00:03:09.985 But the flagship product that you're using right now is. 25 00:03:10.259 --> 00:03:18.449 The health risk screening tool, and in Missouri, you have done a lot of nice add on material as well so that you can actually. 26 00:03:18.449 --> 00:03:24.180 Use that to do all of your planning as well, which I think is really cool. 27 00:03:24.180 --> 00:03:39.120 And the training is built into the app about that, which, which I also enjoyed very much. I have taken all of that but this Academy training is brought to you by and there's my picture that's been about 4 years ago or a little more than that. So. 28 00:03:39.120 --> 00:03:49.979 You know, I have covert hair and all that stuff, but anyway, I love being in the field of intellectual developmental disabilities and I have. 29 00:03:49.979 --> 00:04:00.210 Been in that field for probably the last 1516 years now I fell into it and I love it. And so I'm hoping that I can give you. 30 00:04:00.210 --> 00:04:10.199 Good information that you can use going forward because I know what it's like to support people with intellectual and developmental disabilities and I know how challenging our work is. 31 00:04:10.199 --> 00:04:25.110 Our mission at interactability is, we provide you tools and training to those who support people with vulnerabilities, helping them replace risk

with health and wellness. And that is 1 of the things that I, I truly.

32 00:04:25.110 --> 00:04:35.759When I, I was actively working hands on doing jobs probably similar to what you're doing. I was a registered nurse trainer here in Illinois where I live. Um. 33 00:04:36.084 --> 00:04:49.764 And I felt like I reacted all the time. I always felt like I was never getting ahead of the risk. And so that's something I think we all struggle with and the health risk screening tool really help you. So. 34 00:04:51.178 --> 00:05:00.538 Our objective today is that you'll understand how areas of risk identified by the trustee populate into Missouri's health risk. 35 00:05:00.538 --> 00:05:06.449 Support plans and are related to those fatal 5 causes of preventable death. 36 00:05:06.449 --> 00:05:09.689In people with ID, and actually we go. 37 00:05:09.689 --> 00:05:12.809We kind of broken that down to where we have 6 of them. 38 00:05:12.809 --> 00:05:18.088 We just felt at inflexibility that we needed to add, make sure that. 39 00:05:18.088 --> 00:05:21.928 We encompass everything that we're seeing is preventable causes of death. 40 00:05:23.428 - > 00:05:31.439So, how we identify risk using the trustee is by screening and those of you who have started probably, no, it's it's a process. 41 00:05:31.439 --> 00:05:34.798 Um, but it is 1 that everyone seems to be. 42 00:05:34.798 --> 00:05:40.439 Learning and moving along with that screening needs to be accurate. 43 00:05:40.439 --> 00:05:44.999 In order to identify all areas of risk that are present for a person.

44 00:05:44.999 --> 00:05:49.408 And I said earlier we have that person's centered. 45 00:05:49.408 --> 00:06:04.374 Practices division and I remember 1 of the very 1st memos I received when I started working from, which is our payment source. Medicare, Medicaid was that for all documentation and planning related to the person. 46 00:06:04.374 --> 00:06:12.744 It must be person centered and person specific. And the trustee accomplishes that. Because it takes what you observe. 47 00:06:13.139 --> 00:06:16.649 What the writer is observing about the person. 48 00:06:16.649 --> 00:06:20.788 They plug that into the screening and then it. 49 00:06:20.788 --> 00:06:34.108 Shows you where the person themselves that person, not every person with ID where there are specific areas of risk for that person what are the areas we need to focus on for this person? 50 00:06:34.108 --> 00:06:39.509 So, it's not cookie cutter and it's not a guess. It's this is what's. 51 00:06:39.509 --> 00:06:44.249Where we can help this person reduce risk. 52 00:06:45.774 --> 00:06:58.673 And an accurate screening that produces service and training considerations that are specific to the risk for that person and service considerations, focus on assessments or those clinically based referrals for identified risk. 53 00:06:58.673 --> 00:07:11.814 It might be, hey, consider a consult positioning study, something like that training considerations say, gosh, for the people that are supporting this person, what do they need to know to support them safely? 54 00:07:12.119 --> 00:07:19.709

To reduce the the risk that's present for that person and it really provides a good. 55 00:07:19.709 --> 00:07:22.978 I was call it my sanity checklist, you know. 56 00:07:22.978 --> 00:07:26.009 You know, where you should be focusing your attention. 57 00:07:26.009 --> 00:07:38.519 What's going on for this person and maybe helps you get ahead of that a little bit because playing catch up. Never never feels good. Does it? I'd always to me felt as though. Gosh I. 58 00:07:38.519 --> 00:07:43.139 Why didn't I see that coming? Or what did I miss? What am I missing? You know. 59 00:07:43.139 --> 00:07:52.709This really helps. You organize all the information you have about a person in such a way that you can use that information successfully but. 60 00:07:52.709 --> 00:07:59.668 It provides you the most important thing is that you use that information that's provided to you by the trustee. 61 00:07:59.668 - > 00:08:08.908To take those actions to reduce or eliminate that identified risk. And in Missouri you've got a really good method there because any. 62 00:08:08.908 --> 00:08:17.189 Rating items, scored 3 or higher, automatically populate into your and. 63 00:08:17.189 --> 00:08:23.278 Those lower ones, we don't ignore those, go into the healthy living domain. So it, it, it really. 64 00:08:23.278 --> 00:08:27.509 Keeps everything very, very tight in person specific. 65 00:08:28.704 --> 00:08:36.384

And we do know that early identification action is going to reduce or eliminate the risk for that person, and also improve their quality of life. 66 00:08:36.413 --> 00:08:47.484 We want the people that are being supported to have a good quality of life, and we don't want to spend all our time reacting and trying to figure out what we should've would've could've done. We want to figure out. 67 00:08:47.879 --> 00:08:52.708 How to get ahead of it? It seems as though sometimes all we do. 68 00:08:53.969 --> 00:09:03.688 Is chase our tails and that's really not a good way to work. So the really helps you organize what you know, about a person so that you can use it. 69 00:09:03.688 --> 00:09:06.928 To help them. 70 00:09:06.928 --> 00:09:13.168 You know, reduce the risk that's present for that person, or hopefully eliminated. It's not always possible. 71 00:09:13.168 --> 00:09:18.899 But it's a good a really good way to organize all the information. 72 00:09:20.663 --> 00:09:31.673 As far as the fatal 5, a lot of our rating items, and these aren't all inclusive. If I really wanted to delve down, I could probably find a way to to figure out how aspiration may be related to more of them. 73 00:09:31.673 --> 00:09:35.724 But the usual suspects is what I like to call this, so. 74 00:09:37.193 --> 00:09:51.923 In the H. R. S. T. aspiration is captured in in these rating items for sure. And possibly and others but aspiration in item a, eating a score of 3 or 4 means that that person has safety issues related to eating. 75 00:09:51.923 --> 00:10:04.913 They might be behavioral. They might be missing teeth. They might have to have a specialized procedure, be reminded to tuck their chin or something

like that to swallow safety. They might have an altered texture consistency diet and we know that. 76 00:10:05.908 --> 00:10:15.538 You know, that, that means they already have a risk, or they might receive their nutrition hydration via other than oral routes, either all or or partial. 77 00:10:15.538 --> 00:10:22.948 Partially fed by tube or other than oral routes, and we know that the more support a person needs around eating. 78 00:10:22.948 --> 00:10:28.558 The higher the risk is and so those. 79 00:10:29.818 --> 00:10:42.089 Any any scores, so 3 or 4 are going to populate into your, and we know aspiration. Certainly people who choke. That's a big risk and any safety issues related to eating. 80 00:10:42.089 --> 00:10:46.889 Big risk and then item 8 clinical issues. That's 1 of our catch all. 81 00:10:46.889 --> 00:10:56.099 Um, uh, rating items, it captures things that maybe aren't don't have a specific section in the screening tool. Um. 82 00:10:56.099 --> 00:11:02.458 But if a person has episodes or problems, when they're eating. 83 00:11:02.994 --> 00:11:13.374 And they significantly impact their day such as choking, or maybe they're, they have have to have a new to place or complications with an existing to maybe it became just lodged or something. 84 00:11:13.854 --> 00:11:20.423 Um, that's gonna significantly significantly impact that person's day. And it's going to count towards scoring. 85 00:11:20.668 --> 00:11:24.808 Item f, self abuse, you know, rumination a. 86 00:11:24.808 --> 00:11:29.369

Increases the risk of choking and aspiration and we see that often. 87 00:11:29.369 --> 00:11:34.649 With with people with ID item Kay gastrointestinal. 88 00:11:34.649 --> 00:11:48.389 Like hand mounting behaviors, those type of things are going to score 3 or if a person has Gerd, we know acid reflux as a as a very big risk factor related to aspiration and. 89 00:11:48.389 --> 00:11:51.688 It'll score 3 if they have gird. 90 00:11:51.688 --> 00:12:04.014 And are only on 1 medication they'll score for if they are more than 1 medication to manage record, any disease is gonna score 3 and hospitalization for any issues is going to score 4. 91 00:12:04.014 --> 00:12:06.894 so those will automatically become part of your. 92 00:12:09.384 --> 00:12:09.894 Item P, 93 00:12:09.894 --> 00:12:18.683 nutrition issues with being able to consume consume enough calories or recurrent aspiration ammonia those are going to trigger higher scores for item P, 94 00:12:18.683 --> 00:12:19.374 nutrition, 95 00:12:19.614 --> 00:12:33.953 new to placement or complications with an existing tube are going to score higher as well and populate into your item queue high risk treatment a person with a J tube will qualify for a Q score. 96 00:12:34.229 --> 00:12:46.438 And there may be other qualifying events in item queue, but that's the big 1. as far as Ga, we see a lot of 2 migration and necrosis related to a J tube. 97 00:12:46.438 --> 00:12:58.139

Item T, professional healthcare services this is anytime somebody sees a provider for aspiration or suspected aspiration. Those are going to be counted towards scoring there. 98 00:12:58.139 --> 00:13:08.818 Emergency room visits for aspiration will be counted an item. You emergency room visits hospital admissions for aspiration. Aspiration. Ammonia will be counted. 99 00:13:08.818 --> 00:13:12.509 In item the hospital admissions, so those. 100 00:13:13.828 --> 00:13:20.308 All of those rating areas are informing your hey, there's a risk here. 101 00:13:20.308 --> 00:13:29.428 There's something going on here, take a look here and it produces those service and training considerations that guide your plan of care. 102 00:13:29.428 --> 00:13:43.678 Bal, obstruction related rating items in the item eat clinical issues. Of course. Um, any day the person has severe constipation and impaction or obstruction. Those will count towards scoring. 103 00:13:44.724 --> 00:13:59.634 For item E item Kay, gastrointestinal impacts and obstruction or parasitic alias will score for if it if it occurred within the past 12 months for item K gastrointestinal. So that's that's a biggie bowel function.  $1 \cap 4$ 00:14:00.568 --> 00:14:09.298 They're going to get scores of 3 or 4 if they take medication that affects bound motility, they'll score. 105 00:14:09.298 --> 00:14:13.889 A 3 indicating that that person has some pretty big risk if they're having. 106 00:14:13.889 --> 00:14:17.788 Having to take medications that affect them mortality. 107 00:14:18.594 --> 00:14:32.663

And hospitalization for battle, obstruction paraolympic, alias, any time in their lifetime is going to score 4 because we know anyone who has ever had a Bal obstruction has a very high risk of having that happen again. 108 00:14:32.969 --> 00:14:40.678 Item P, nutrition, unresolved diarrhea, scores the 4 and oftentimes it's that. 109 00:14:40.678 --> 00:14:44.219 Liquid, that's trying to push pass an obstruction. 110 00:14:44.219 --> 00:14:48.028 That people think it's diarrhea they find out. Oh, well, that they don't. 111 00:14:48.028 --> 00:14:51.778 They don't have unresolved diarrhea. What they really have is a battle obstruction. 112 00:14:52.793 --> 00:15:04.854An item T, professional healthcare services provider visits for constipation. impaction obstruction will be counted towards scoring for item T, visits for constipation impaction, obstruction or parallel. 113 00:15:04.943 --> 00:15:09.774 Alias are going to be counted in item new emergency room visits and. 114 00:15:11.514 --> 00:15:23.874 Item V. hospital admissions hospital admissions for any impaction obstruction or paraphyletic alias is going to be counted there. So the scoring is really based on frequency and intensity of all these problems. 115 00:15:24.173 --> 00:15:35.964 So, as you can imagine scores of 3 or 4 main hey, pay attention. This person has a huge risk going on and it's going to give you service considerations and get this person checked out. 116 00:15:36.269 --> 00:15:48.418 Have the farmers look pharmacists, look at their medications it's going to tell you how to train staff and make sure that ball tracking is is in place. So it really does help guide your plan of care. 117 00:15:48.418 --> 00:15:54.568 Dehydration related reading items in the H. R. S. T.

118 00:15:56.219 --> 00:16:10.948 Item a eating scores free may mean the person needs constant prompts to consume enough fluids and scores of 3 or 4 related to receiving all or some nutrition hydration via other than oral routes makes that person dependent on others. 119 00:16:10.948 --> 00:16:22.558 To provide their nutrition and hydration and that really increases the risk because oftentimes supporters don't remember hey, if I'm thirsty the person who receives all their. 120 00:16:22.558 --> 00:16:29.788 Nutrition hydration via other than oral routes might be thirsty too. They might need some fluid. 121 00:16:30.869 --> 00:16:44.849 Item E, clinical issues a day a person has symptoms of dehydration would count towards scoring and item. K gastrointestinal course vomiting is scored in that rating item and it certainly tributes to dehydration. 122 00:16:44.849 --> 00:16:58.139 Item and skin and trigger day skin it is really impacted by dehydration and then skin issues, such as Burns also contribute to dehydration. So those are going to be, um. 123 00:16:58.139 --> 00:17:02.788 Scored higher malfunction. 124 00:17:02.788 --> 00:17:15.419 Fluids are needed for healthy malfunctions. So, Val issues may be a sign of dehydration. So it's, it's all of these things kind of intertwine and that's what's great about the app. It's going to point, you. 125 00:17:15.419 --> 00:17:25.199 Look at this, look at this, look at this, you know, because the rating items, there's an algorithm in the app that talks to 1 another. So you might get some. 126 00:17:26.519 --> 00:17:29.909 A consideration. 127 00:17:31.199 --> 00:17:38.729 Related to dehydration because of somebody scoring high on mobile function. So.

128 00:17:38.729 --> 00:17:51.868 You just never know item P, nutrition and fluid restrictions are going to score 3 anyone who has a fluid restriction. We know that they're at higher risk for dehydration and hospitalization for unresolved. 129 00:17:51.868 --> 00:17:56.669 Vomiting or diarrhea would score 4 or and. 130 00:17:56.669 --> 00:18:09.028 Unresolved wounds a lot of times that's related to nutrition and hydration. So those are going to produce higher scores for item P, nutrition. 131 00:18:09.028 --> 00:18:15.209 Item cheat, professional health care services of course, any provider visits to address or diagnose. 1.32 00:18:15.534 --> 00:18:27.564 Dehydration will be counted there and then emergency room visits item. You any are visit related to dehydration is going to count towards scoring and item fee hospitalization. 133 00:18:27.594 --> 00:18:30.864 Any hospitalization for dehydration is going to count there. 134 00:18:32.818 --> 00:18:36.239 Excuse me and. 135 00:18:37.288 --> 00:18:47.638 For gird lots and lots of things impact that and and Gerd is probably. 136 00:18:47.638 --> 00:18:54.058 1 of the things that we see, maybe the most underrecognized in this population. 137 00:18:54.058 --> 00:18:58.348 For item a eating gird increases the risk of aspiration. 138 00:18:59.243 --> 00:19:03.864 It's known that people with curtain aspirate and if any, 139

00:19:03.983 --> 00:19:04.824 any of you want here, 140 00:19:04.824 --> 00:19:05.453 have had courage, 141 00:19:05.453 --> 00:19:10.433 you know what I'm talking about I've had had it for a long time and I related to, 142 00:19:10.433 --> 00:19:10.644 you know, 143 00:19:10.644 --> 00:19:13.074 you're waking up in the middle of the night choking and thinking, 144 00:19:13.074 --> 00:19:13.374 okay, 145 00:19:13.374 --> 00:19:14.483 this is how it ends. 146 00:19:15.173 --> 00:19:16.523 It's very horrible. 147 00:19:17.999 --> 00:19:21.628 People who receive nutrition hydration, be a. 148 00:19:21.628 --> 00:19:27.269 Than, and other than oral routes, they are still at high risk for having gird as well. 149 00:19:27.269 --> 00:19:32.128 That's why you see so many of those folks who take Franklin. 150 00:19:34.074 --> 00:19:48.233 Usually half hour before feedings and things like that, because of the reflex item E, clinical issues days when a person is experiencing good symptoms that significantly interrupts their days. But account towards scoring for item. E, clinical issues. 151

00:19:48.653 --> 00:19:51.653

Self abuse rumination is often. 152 00:19:51.989 --> 00:19:56.278 Both a symptom in a cause of gird. 153 00:19:56.278 --> 00:20:00.419 So, it scored under item self abuse. 154 00:20:00.419 --> 00:20:11.128 Item Kay, gastrointestinal coughing after meals and at night pike our hand mounting behaviors are score 23 and there's a sign of distress. 155 00:20:11.128 --> 00:20:17.578 See, a lot of behavior plans, people or interventions. 156 00:20:18.628 --> 00:20:31.318 In place to try to keep people from putting their hands in their mouth when oftentimes what they're trying to tell us as well. I've got some kind of hurting going on. something's not right and they're just trying to communicate that to us. 157 00:20:31.318 --> 00:20:40.888 Item nutrition, recurrent aspiration and more pneumonia is going to score 4 and populate on. 158 00:20:42.088 --> 00:20:45.598 And we know that that's caused a lot of time spiker. 159 00:20:46.403 --> 00:21:00.354 Professional health care services, provider, visits, related to grid or to be counted there and item you emergency room visits are business related to gird aspiration things like that are going to be counted there and hospital admissions. 160 00:21:01.048 --> 00:21:04.048 Will be counted under item the hospital admissions. 161 00:21:07.134 --> 00:21:18.054 Seizures those related rating items in the ambulation, a person may need increased supports around ambulation because of seizures. 162 00:21:18.054 --> 00:21:33.054

The same with transfers personnel seizures may need additional supports for transfer clinical issues, seizures with recovery to baseline lasting longer than 30 minutes will be counted towards scoring for clinical issues. 163 00:21:34.679 --> 00:21:40.199 Behavior support physical a person may wear a helmet to protect from injury. 164 00:21:40.199 --> 00:21:43.199 During seizures, so they'll have scoring. 165 00:21:43.199 --> 00:21:50.519 There for behavior, support, physical, they'll score either 3 or 4, depending on how many hours each day they wear the. 166 00:21:50.519 --> 00:21:59.519 Helmet seizures, uh, seizures, scored there based on the frequency and intensity of those seizures. 167 00:21:59.519 --> 00:22:03.328 So, if they have 12 or more seizures. 168 00:22:03.328 --> 00:22:09.058 Per year, or have any seizure activity within the year that. 169 00:22:09.058 --> 00:22:13.078 Does interfere with. 170 00:22:13.078 --> 00:22:27.983 Functional abilities for 30 minutes or more, they're going to score at 3, and they'll score 4 if they've been admitted to the hospital for any injury or anything related to the seizure. So, those will also populate on your. 171 00:22:29.814 --> 00:22:38.304 Item in anti epileptic medication scores of 3 indicates the person takes 3 or more medications to manage seizures, 172 00:22:39.144 --> 00:22:44.423 or has had changes to anti epileptic medications within the past 12 months,

173

00:22:44.634 --> 00:22:49.163 or they take depakote in combination with any other anti epileptic medication or they take. 174 00:22:50.213 --> 00:22:52.044 We know. All of those things. 175 00:22:52.618 --> 00:23:02.878 Contribute to a higher risk for that person and a score for indicates the person has been to the are hospitalized for anti epileptic. 176 00:23:02.878 --> 00:23:05.909 Uh, drug toxicity within the past 12 months. 177 00:23:05.909 --> 00:23:09.659 So those will also populate on your piece. 178 00:23:09.659 --> 00:23:13.169 Item as falls a person has seizures may wear a helmet. 179 00:23:13.169 --> 00:23:20.729 For protection from injury, and it scores there as well. And a person as seizures may also have falls. 180 00:23:20.729 --> 00:23:25.048 And injuries from falls, which would would boost up the score there. 181 00:23:25.048 --> 00:23:29.969 And item T, professional health care services. 182 00:23:29.969 --> 00:23:34.288 Provider visits to manage your diagnose. Seizures are counted there. 183 00:23:34.913 --> 00:23:44.634 Emergency room visits for complications from seizures or other seizure medications are going to be counted for item you emergency room visits and item V hospital admissions, 184 00:23:44.634 --> 00:23:50.273 hospital emissions for seizures or complications or injuries related to seizures are going to be counted there as well.

00:23:53.939 --> 00:23:58.439 And our final 1 is just sepsis and. 186 00:23:59.604 --> 00:24:03.023 That has quite a few as well item D, 187 00:24:03.023 --> 00:24:06.384 toileting scores of 3 indicate incons incontinence, 188 00:24:06.384 --> 00:24:14.243 which increases risk of infection that can lead to sepsis and a score for indicates catheterization within the past 12 months, 189 00:24:14.452 --> 00:24:17.273 which also increases the risk for infection. 190 00:24:18.473 --> 00:24:30.084 Item E, clinical issues days, a person is ill with sepsis will be counted towards scoring for item a clinical issues self abuse, skin, picking eating, spoil food, inserting objects into their urethra. 191 00:24:30.324 --> 00:24:34.943 All kinds of things can cause a risk of infection. 192 00:24:37.888 --> 00:24:50.219 So, item f, soft uses is included item. K gastrointestinal. Pica eating food that's spoiled and aspiration. All increase. 193 00:24:50.219 --> 00:24:57.239 Risk of infection, so those are going to score higher item and skin integrity, open areas to the. 194 00:24:57.239 --> 00:25:02.159 In the skin increased risk of infection scores of 4. 195 00:25:02.159 --> 00:25:10.854 Indicate that person is hospitalized or has been hospitalized, or is receiving recurrent treatment from a wound care clinic. 196 00:25:10.884 --> 00:25:21.983 And this typically indicates there's an ongoing, big risk of infection from, from significant skin integrity issues. And, of course, we know Burns, you know, there's.

197 00:25:22.229 --> 00:25:26.068 Always a huge risk of sepsis with burns. 198 00:25:26.068 --> 00:25:30.239 Animal bowel function. 199 00:25:30.239 --> 00:25:34.348 A bell obstruction can lead to perforation in sepsis where. 200 00:25:34.348 --> 00:25:46.588 That's that's typically the cause of death is listed as sepsis or obstruction, but it's usually a combination of both of those things nutrition. 201 00:25:46.588 --> 00:25:52.469 Item PE, nutritional compromise leads to slow healing and increases that risk of infection. 202 00:25:52.469 --> 00:26:05.308 Items professional health care services provider, visits to diagnose sepsis their address. Sepsis are counted there. Emergency room visits item you. Those are counted. 203 00:26:06.354 --> 00:26:18.773 Any time they have to go to the manager diagnosed sepsis and hospital admissions for sepsis are counted for item B, hospital admissions and sepsis typically treated in the IC. You.  $2 \cap 4$ 00:26:18.953 --> 00:26:30.203 So that's going to score 4 but remember always consider other less obvious rating items such as item. G, aggression rule out the medical cause. 205 00:26:30.509 --> 00:26:37.169 Of what a person might be trying to communicate to you by being aggressive. A lot of times we. 206 00:26:37.169 --> 00:26:41.128 When I immediately assigned something as a behavior, but. 207 00:26:41.128 --> 00:26:46.108

I always, uh, 1 of the training speech to do live I was, we would start out and I would say. 208 00:26:46.108 --> 00:26:49.199 Complete this sentence aggression is. 209 00:26:49.199 --> 00:27:01.199 And people are looking at it, it's a form of communication. They're trying to tell you something. Now it may not be an appropriate way, but maybe it's medical. Let's look at their 1st, so the. 210 00:27:01.199 --> 00:27:13.979 The trustee is really going to help you pinpoint where you need to focus your attention. And the great thing about that is those service and training considerations that output of the tool. 211 00:27:13.979 --> 00:27:23.663 After the trustee is scored accurately, it provides those actions to consider so that you can take action to reduce or eliminate that risk. That's specific for that person. 212 00:27:24.324 --> 00:27:31.074 And then the are created based on those rating items with the score of 3 or 4 indicating high risk. And. 213 00:27:31.588 --> 00:27:45.898 The consideration statements are included in the, and you can prioritize them in, in the, the ones you're going to use and rating items with a score of 1 or 2 will be included in the healthy living domain. 214 00:27:46.973 --> 00:27:59.903 And you must complete the, then it's going to populate into your review of delegated nursing tasks and specialized instructions supervision documentation. So, make sure you do your. 215 00:28:01.229 --> 00:28:04.439 1st, you know, right after the rating has been. 216 00:28:04.439 - > 00:28:14.038It's been rated and the clinical reviewer has decided it's accurate, then do your and then it will populate into those other areas. 217 00:28:14.038 --> 00:28:22.648

So, I think I ran a manager to over. I apologize if you have any questions about how to rate. 218 00:28:22.884 --> 00:28:37.344 Review use the where to find things certainly contact us at support. It's at replacing risk com and also, if you want to look in the. 219 00:28:38.159 --> 00:28:41.489 Missouri it's M. O. D. D. 220 00:28:41.489 --> 00:28:46.409 Demo. 221 00:28:46.409 --> 00:28:56.189 App dot com and look at miss risk. That's part of your your training. You can look at all of those things I've talked about the. 222 00:28:56.189 --> 00:29:03.568 And how to rate the rating and reviewing all of those things are there. And if you. 223 00:29:03.568 --> 00:29:12.298 Look in the, your database, they'll be training if you click on the icon that looks like a graduation cap. 224 00:29:13.439 --> 00:29:17.638 So, I think that's it. Is there anything else that any. 225 00:29:17.638 --> 00:29:22.138 And were there any questions or do you want me to, um. 226 00:29:24.148 --> 00:29:32.068 Go back anywhere I think I'm probably at time so if there were questions in the chat, can you send them to me? 227 00:29:32.068 --> 00:29:37.798 Yeah, definitely right now I'm not seeing any questions in the chat. 228 00:29:37.798 --> 00:29:44.159 Does anybody else have any questions, um, for dev, or perhaps myself that we can answer.

00:29:45.239 --> 00:29:59.848 Don't be shy and otherwise I can talk a little bit about where we are. 230 00:29:59.848 --> 00:30:13.403 Uh, we are in implement fate, implementation phase 1 where we're agencies can volunteer to come aboard and what that means. I'm going to put an email. I'm going to drop an email in the chat for you guys. 231 00:30:13.403 --> 00:30:15.413 So if any agencies are interested. 232 00:30:15.808 --> 00:30:26.638 Well, we'll set up a call with you and talk a little bit about what that looks like and give you time to digest that because it's, you know, it's a lot of information and it's something new. 233 00:30:26.638 --> 00:30:41.483 So so we'll let you guys take a little time, digest the information and then if your agency decides to move forward with it, then we'll set up another call and give you the tools that you need to get going again. 234 00:30:41.909 --> 00:30:48.568 Um, I posted the email address in the box. 235 00:30:50.608 --> 00:30:59.634 And so, does anybody have any questions? Oh, sorry. Sorry. 236 00:30:59.814 --> 00:31:05.723 Yeah, I did want to say to that as people do get started using the health for a screening tool. 237 00:31:06.838 --> 00:31:12.209 You can always ask for help and we'll help you. It's free. It's. 238 00:31:12.209 --> 00:31:20.999 If you feel like, oh, gosh, I did this online rater training and I feel a little bit overwhelmed and you want 1 of us to maybe. 239 00:31:20.999 --> 00:31:34.193 Walk you through your 1st rating, we're happy to do that and I please don't hesitate to reach out to us. I'm not a person who learns things by reading the manual. I had to be walked through it. So that's my learning style.

240 00:31:34.253 --> 00:31:43.013 And what we do is we set up a team's meeting with you, and we make you the presenter. You're actually doing the work, but we're talking you through and guiding you as you go. 241 00:31:43.374 --> 00:31:49.463 And we're happy to do that in any process that you're going through with the. 242 00:31:49.769 --> 00:31:54.598 In rating, or doing the clinical review, we're going to help you all. We can. 243 00:31:57.298 --> 00:32:03.419 And I can attest to that David, her crew have been a great help, um, in many facets of it. 244 00:32:03.419 --> 00:32:11.219 Of the Hearst process, Deb will your PowerPoint be available to us? That's 1 question that came through. 245 00:32:11.394 --> 00:32:26.094 Oh, sure, I can, I can make a PDF to that and send it to you, Leslie, if you want to distribute that. Yeah. Yeah. And when I think we can do is post it on the web, perhaps with this webinar, but we will definitely figure out a way to get that out to everyone. 246 00:32:26.183 --> 00:32:37.433 Okay, they get for that. And then when a statewide implementation implementation phases go as right now, or people are coming on board on a voluntary basis. 247 00:32:37.588 --> 00:32:46.048 Next spring, we're going to do a survey and just kind of feel like because we know that this is going to increase our in hours. So we're going to get a feel for that. And. 248 00:32:46.048 --> 00:32:51.838 Work on that kind of do some changing with the allocation and things of that nature. 249 00:32:51.838 - > 00:32:54.929And the official full.

250 00:32:54.929 --> 00:33:00.989 Roll out to start bringing everyone on board, I believe is 2023. 251 00:33:00.989 --> 00:33:07.588 The fall in the fall, we're going to gradually bring people and region by region. 252 00:33:09.269 --> 00:33:13.618 So, it's kind of a slow process that it'll be here before we know it. 253 00:33:13.618 --> 00:33:22.199 And them, if your agency is interested, you don't have to do your entire case load or your entire agency. If you. 254 00:33:22.199 --> 00:33:28.048 All are interested in joining, maybe just 1 rn's caseload just to try it out. 255 00:33:28.048 --> 00:33:35.638 Um, you know, just things of that nature, if are just interested at all, we can have a call with you and talk through some of these things. 256 00:33:35.638 --> 00:33:42.719 So, yeah, see, I'm looking through the questions here. 257 00:33:45.659 --> 00:33:52.588 And then the orange role, I can just go through that briefly. We have a little bit of time also, until our next speaker speaker is not on until 11. 258 00:33:52.588 --> 00:33:58.409 But as you're as an RN, an oversight oriented, you will be, you will have the training. 259 00:33:58.409 --> 00:34:02.548 And what when you do the her screen, it will be yourself. 260 00:34:02.548 --> 00:34:09.389 And then, hopefully the individual, like, as much as they can participate, and you'll definitely want to direct support professional with, you.

261

00:34:09.389 --> 00:34:12.719 Um, someone that knows that person day in day out. 262 00:34:12.719 --> 00:34:23.938 If they attend a, they have or whatever, um, probably someone who knows them well, from there could possibly attend if they can contribute to the answering the guestions. 263 00:34:23.938 --> 00:34:33.239 Well, the our end will be at the computer and you can even do this, like teleconferencing or what have you, but they'll the Oriental answer the questions yes. Or no. 264 00:34:33.239 --> 00:34:39.298 And I don't know, is also an option and if you hit, I don't know, it'll kind of help you answer that question. 265 00:34:39.298 --> 00:34:42.509 You get through and do this screening and a score comes up. 266 00:34:42.509 --> 00:34:56.429 Well, if they score a 3 or above the regional office, are in, will do a quality enhancement type of activity with it to make sure everything matches that the comments fit the scores. 267 00:34:56.429 --> 00:35:00.059 And that's about a 14 day turnaround. 268 00:35:00.059 --> 00:35:08.909 And then prior to the implementation date for the that That'll be done during the planning month. 269 00:35:08.909 --> 00:35:15.628 And then prior to the implementation of the, or the DSP, who knows the individual? Well. 270 00:35:15.628 --> 00:35:23.998 And then, hopefully the individual can participate and then whomever knows the person very well. We'll get together again and complete the health risk support plans. 271 00:35:23.998 --> 00:35:31.139 And those will act as the health and livvie, it'll replace a lot of the healthy living section in the.

272 00:35:31.139 --> 00:35:35.938 And when your service coordinators get, um, access, they'll be able to go in. 273 00:35:35.938 --> 00:35:47.963 And look at those when they're done and oh, yeah. They can do their electronic signature in there. And once you get started, you can do all of your our monthly documentation in there. It's a format. 274 00:35:47.963 --> 00:35:48.923 That's much like, 275 00:35:48.923 --> 00:35:49.943 what this, 276 00:35:49.943 --> 00:35:54.623 what we have on our website was issued out for the R and oversight monthly documentation, 277 00:35:54.833 --> 00:36:03.293 only with some enhancements in there that we think will help make it more thorough and will guide you better with how you're doing your monthly. 278 00:36:03.414 --> 00:36:18.264 You had to toes, you'll look at the medications and the record, and there's different places where you can add all that. And we also have delegations portion built in there. So when you do have a nursing delegation, and we don't have a laundry list for Missouri. 279 00:36:18.503 --> 00:36:25.733 But I surveyed the state operator programs, nurses to see what are common things that they delegate. So we have templates. 280 00:36:26.068 --> 00:36:35.608 That 1 of our colleagues from had created, she researched and created them. So you can use these templates for your delegations and just kind of make. 281 00:36:35.634 --> 00:36:48.864 Changes and so that they're individualized for the consumers or individuals, and there's a way that the staff can sign off on it electronically and you can have that, as a record in your system and source. Correct.

282 00:36:48.864 --> 00:37:00.954 Coordinators can look at that other team members who are granted access can look at that, and you also have the availability of printing it out and putting it in a paper chart. So we're very excited about these enhancements. 283 00:37:01.284 --> 00:37:04.134 And it does seem like we've been talking about it for a while, but. 284 00:37:04.559 --> 00:37:07.768 You know, things are moving slowly, but surely. 285 00:37:07.768 --> 00:37:11.009 Okay, I'm done talking for a 2nd I think we have. 286 00:37:11.009 --> 00:37:15.659 Is this a requirement a responsibility of the agency or and. 287 00:37:15.659 --> 00:37:24.114 Uh, no, it'll be a team approach and, like, so this is this meeting or update is for oversight R ends. 288 00:37:24.324 --> 00:37:36.503 You can go back if you think it sounds neat and talk to your director and see if your director wants to your agency wants to reach out. It will not all fall on you. It'll be your agency working as a team. 289 00:37:36.773 --> 00:37:40.733 However, you will be doing the screening. 290 00:37:41.338 --> 00:37:46.648 But you'll have the support of all of us and your agency will be on board. 291 00:37:46.648 --> 00:37:50.099 So, it won't be alone. You won't be a lone ranger. 292 00:37:52.858 --> 00:37:59.998 What was the demo site address again? Oh, demo site it's M. O. D. 293 00:37:59.998 --> 00:38:04.048

Well, thank you. Yeah. 294 00:38:04.048 --> 00:38:07.259 Bd like Missouri DD. 295 00:38:07.259 --> 00:38:10.798 That H. H. R. S. T. demo. 296 00:38:10.798 --> 00:38:18.360 Dot com. Hey, thanks. And I'm sending that to everyone. Okay. Very good. 297 00:38:22.139 --> 00:38:29.190 Um, any other, let me scroll around here and see if I've missed anything that was a great presentation. I really appreciate you. 298 00:38:29.190 --> 00:38:36.960 Anytime we love this anything I can do to help my neighbors. I'm here in Illinois. 299 00:38:36.960 --> 00:38:43.679 That's that's awesome. I think. 300 00:38:44.635 --> 00:38:53.514 And eventually, everybody will have to come on board. I see. There's a question. Is this a requirement for the agency to use her soon? Eventually it will be. Everyone will need to come on board. 301 00:38:53.755 --> 00:39:01.195 So, if you want to try it now and see how it is and start small, you're welcome to do that or, you know, wait a little longer. 302 00:39:01.559 --> 00:39:12.389 See, I have not looked at the tool quite some time, but it seems to be a lot of data entry to maintain. 303 00:39:12.389 --> 00:39:15.659 Is this the sole responsibility of the agency or and. 304 00:39:16.164 --> 00:39:25.284 Well, they will be inputting most of the data. However, we have such a thing that is an lpn and I can't think of what the exact role is.

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00:39:25.494 --> 00:39:39.324But if you have other nursing staff, like their lpns, or even if you have just another staff member that you want to train for this purpose, they can enter in the medications and the diagnoses and kind of take care of that portion of it. 306 00:39:39.599 --> 00:39:43.494 So, there will be assistance. There is a change. 307 00:39:43.494 --> 00:39:45.175 There is a lot of documentation, 308 00:39:45.474 --> 00:39:50.244 but the good thing about all this documentation is it's going to follow that individual pretend like, 309 00:39:50.244 --> 00:39:52.614 they live in 1 for at 1 agency, 310 00:39:52.824 --> 00:39:53.965 and they want to transfer, 311 00:39:53.965 --> 00:39:58.704 maybe across the state from region to region that information is going to follow them, 312 00:39:58.704 --> 00:40:03.114 so they'll have this medical record that we're building for them inside of Hearst, 313 00:40:03.414 --> 00:40:07.195 and whoever the receiving people are will be able to say oh, 314 00:40:07.195 --> 00:40:09.054 this person has such such and such. 315 00:40:09.085 --> 00:40:20.005 Oh, they have seizures. Oh, they take this for whatever. And there won't be that big hunt for oh, my gosh. How are we going to support this person? We don't even we didn't get that much information. 316 00:40:20.699 --> 00:40:24.780 So That'll be a positive thing. Let's see.

317 00:40:31.440 --> 00:40:35.489 See, is there a place in the delegation to document that stamp. 318 00:40:35.489 --> 00:40:42.599 Staff, excuse me are competent in addition to the staff staff signing. Well. 319 00:40:42.599 --> 00:40:46.050 The staff, the staff signing off on that. 320 00:40:46.050 --> 00:41:01.014 The nurse has done the training for the delegation and deems that they, they wouldn't do the training. If they didn't think that they were except acceptable to do it. And I want to refer you to the delegation tree, which we will point out later this afternoon. Where that is. 321 00:41:01.199 --> 00:41:06.000 Um, all right, let me see, I lost my train of thought. 322 00:41:06.000 --> 00:41:09.329 By the staff signing off on it. 323 00:41:09.329 --> 00:41:20.610 They'll have them sign off on it and that says that they're okay to do that. So, yeah, it'll say that they've been trained in it and that they're good to. But the nurse has said, yes, you're fine to do that task. 324 00:41:20.610 --> 00:41:24.780 So, that's that's what that signature means when they sign it. 325 00:41:24.780 --> 00:41:28.440 How often should this be completed? Excellent question. 326 00:41:28.440 --> 00:41:32.070 Um, annually planning month. 327 00:41:32.070 --> 00:41:35.639 However, if somebody has a health change. 328 00:41:35.639 --> 00:41:43.289

Um, that are in render can go ahead and do another 1 and probably should, like, if these things that. 329 00:41:43.289 --> 00:41:47.550 Any of the rating items are changed they'll probably want to go ahead and do another 1. 330 00:41:47.550 --> 00:41:57.599 Because they may need more supports because sometimes people get sick and there's to help status changes. And so that will help get get the supports needed for them. 331 00:41:57.599 --> 00:42:00.900 And where is the delegation template at. 332 00:42:00.900 --> 00:42:04.139 It is in the Hearst system. 333 00:42:04.139 --> 00:42:12.389 There's a nursing like a tablet or module modules what it's called and it has or an oversight documentation. 334 00:42:12.389 --> 00:42:16.559 Um, delegation, the health support plans. 335 00:42:16.559 --> 00:42:23.519 Um, so it's all kind of in this 1 section, and you'll be walked through it. Once you come aboard the training, we. 336 00:42:23.519 --> 00:42:26.610 Uh, actually just updated the training. 337 00:42:26.610 --> 00:42:33.474 And we tried to be very specific, very detailed so that it would be easier to to learn. 338 00:42:33.474 --> 00:42:47.335 And, and, I mean, we've had a lot of experience with this related to we started with state operated program waiver programs at Northwest community services, and Southwest community services. And we just learned as just so much by getting them started. 339

00:42:47.514 --> 00:42:54.355

So we're putting a lot of training on the front end and a lot of documents that you'll be required to read. They're just like 1 pagers but. 340 00:42:54.809 --> 00:43:03.449 Very helpful and, you know how someone gives you a paper and they're like here read this. This will help, but you have all this other stuff you're doing and you mean to read it, but you don't. 341 00:43:03.449 --> 00:43:14.099 We have all that required in the beginning so that that way the person's just to hopefully just good. Has a good in their mind. And, of course, as Deb said. 342 00:43:14.099 --> 00:43:25.739 Oh, she's throwing stuff on the screen. I've been rambling away. I'm sorry. No, I, I put this up because this is miss risk and this is what you could find on your demo site, and it has. 343 00:43:25.739 --> 00:43:35.340 The health risks for plans, nursing delegation forms, you can access there, you create new oversight forms. 344 00:43:35.340 --> 00:43:39.989 So, there's, there's a lot in each tab, um. 345 00:43:40.315 --> 00:43:52.014 And if you need any help doing that, when you get going, you know, anything that, I don't know, I'm going to reach out to Leslie and find and but we're going to help you as much as we can. Yeah. 346 00:43:52.014 --> 00:44:05.094 We're really we're really committed to helping you get off to a good start with this. So please don't feel in any way intimidated by this process because you're not out here alone. And I would recommend. 347 00:44:05.429 --> 00:44:08.849 As, as Leslie said, you know, what start off small. 348 00:44:08.849 --> 00:44:14.340 Jump on board, start off small so that when it is a mandatory thing that you implemented. 349 00:44:14.340 --> 00:44:24.900

You're already there you've already gone through the learning curve and and worked it out on a smaller group before you have to take on a larger case load of that. 350 00:44:24.900 --> 00:44:33.570 I'm going to I'm sorry, I'm going to we have a few more minutes. I'm going to go ahead and read some of these questions, Leslie, to make it a little easier for you. If we can get them in. 351 00:44:33.570 --> 00:44:40.079 So, does does the H. R. S. T communicate with therapy by chance? 352 00:44:40.079 --> 00:44:52.590Oh, I discussed I asked at their it wizard, he's awesome from electability and he says that there, they will work with. 353 00:44:53.275 --> 00:45:03.655 Whatever electronic medical record they can in order to have help them communicate as best possible. Now, I don't have any experience myself with that. 354 00:45:03.864 --> 00:45:14.394 However, where there's a, will, there's way, and we'll work on that and try to help, make it as streamlined as possible, because we don't want a lot of duplications. None of us want that. So that's definitely something. 355 00:45:14.574 --> 00:45:24.804 And by people, joining now, this is kind of exciting to an exciting time people to joining. Now, on a voluntary basis we can kind of work through those things and learn from them. And. 356 00:45:25.079 --> 00:45:34.769 And before you go full on agency wide, you could, if you want to go ahead and start now small, you can and then just kind of try that out and see how it'll work for you. 357 00:45:34.769 --> 00:45:44.070 So that's just something to think about. Can we use the delegation template now before we start the H. R. S. T. project. 358 00:45:45.510 --> 00:45:53.699 Oh, I hate saying, no, I just don't like doing that, but, I mean, they're not really available until you get the training and then you get access in there. So.

359 00:45:53.699 --> 00:45:57.510 But if you need any assistance with the delegation. 360 00:45:57.510 --> 00:46:01.380 Forms or what have you, we do have them on the website, but they aren't. 361 00:46:01.380 --> 00:46:11.489 Um, they are already kind of kind of filled out, you know, with the steps that you can alter or adjust or individualize. So. 362 00:46:11.489 --> 00:46:17.760Sorry, will they have to re, enter all the data for a health change? 363 00:46:18.565 --> 00:46:33.025 No, it just should be the only data you'll have to enter is related to the section, like, say, eating I use that a lot eating and ambulation or in the same section. Pretend like, maybe they went to the hospital and had to get a G2. 364 00:46:33.025 --> 00:46:40.344 Maybe, they're no, their ambulation has suffered because of some weakness that something happened. That will be the only. 365 00:46:41.849 --> 00:46:50.130 That would be the only section that you would no best practice. Sorry I'm rethinking it. Best practices that you go through. 366 00:46:50.155 --> 00:46:58.824 Each rating item, but you don't necessarily need to change anything in that would only take about. I mean, probably 15 minutes. It wouldn't take very long at all. 367 00:46:59.065 --> 00:47:13.195 But if someone's had a significant health change, where you think that different aspects of their ability to live and do things is change, you'll want to go through all those. Now, what I was talking about before I record myself was the health support plans. 368 00:47:13.195 --> 00:47:14.724 That are produced after that. 369 00:47:14.969 --> 00:47:18.780

If any of those are a, if any of the, um. 370 00:47:18.780 --> 00:47:23.909 Screening items, raise up to the level where it's 3 or above. 371 00:47:23.909 --> 00:47:30.719 Then it will only change that just that that 1, there's only 5 sections, and it will only change whatever affects. 372 00:47:30.719 --> 00:47:37.590 That health support plan so so we, we, we do learn due exercise. We had. 373 00:47:38.215 --> 00:47:45.385 Like, you could have up to 22 or more I think it was 25, even 3 support plans. It was our 1st time doing it. 374 00:47:45.385 --> 00:47:59.364 We were just trying what we could and then after getting feedback from Southwest, and they, they know that there's just way too many pages. And who's going to be able to a point of the helper support plans also is for staff to be able to look. 375 00:48:00.960 --> 00:48:15.210 Quickly be able to read it and not have to spend all day, trying to read through a book and learn how to take care of this person. So, we made it to where, if there's only 55 possible for support plans, but they should have the, the information in there needed. 376 00:48:15.210 --> 00:48:19.800 Like, the different supports, the person needs, I hope that answered your question. 377 00:48:19.800 --> 00:48:27.090 We will will the electronic delegations replace the paper delegations that are in house. 378 00:48:28.469 --> 00:48:36.929 Oh, yeah, I would, I would think so. Um, you can use those, however, since we still have paper charts, you should probably, um. 379 00:48:36.929 --> 00:48:46.710 Print them out for now, until we get more down the road for technology and electronic health records and such business, we still do have paper charge. You'll want to keep those delegations.

380 00:48:46.710 --> 00:48:51.929 You can print them out. I mean, they're housed in hers, but you'll want to print them out. 381 00:48:51.929 --> 00:48:56.429 And put them in the chart, or however, it is that you have them displayed. 382 00:48:56.429 --> 00:49:01.199 Now, do you have to have a username and password. 383 00:49:02.340 --> 00:49:08.309 Yes, yeah, once you come aboard once your agency comes a board. 384 00:49:08.309 --> 00:49:21.239 Um, our, our go to, she's the hub of it all, she keeps track of everything. Misty Archer will we'll be involved in that, and she will work with someone who your agency designates as a gatekeeper who will help get people access. 385 00:49:21.239 --> 00:49:27.900 And then you'll get, you'll, you'll have your own individual username password to log in. 386 00:49:27.900 --> 00:49:31.829 So this is I'm so sorry, Leslie. 387 00:49:31.829 --> 00:49:39.269 No, you're fine. I was just wondering if we could take and 2 minutes take a 5 minute break before our next speaker comes or. 388 00:49:39.269 --> 00:49:44.429 Is that okay? That's fine. We will answer the. 389 00:49:44.429 --> 00:49:55.829 Like I said, in the beginning, there will be a Q and a, so we will get all of these questions answered for you. If we didn't answer them right now they will get answered and it will get posted. 390 00:49:55.829 --> 00:50:06.295 With the on the website. Okay, so please put all your questions. If they didn't get answered, please put them in the chat box.

391 00:50:06.295 --> 00:50:10.885 So they can be collected because we don't want anybody out there without the information that they need. 392 00:50:11.280 --> 00:50:15.510 Thank you a 5 minute break, right? 393 00:50:15.510 --> 00:50:25.889 And also, I lost my train of thought oh, if you are interested, or you want to talk to your agency director, or what have you shoot us an email on that email? 394 00:50:25.889 --> 00:50:28.980 See, I think if do I still have it? 395 00:50:28.980 --> 00:50:37.409 It right here, I'm going to put it back in there so you shoot us an email. We can get something scheduled. If you guys want to talk. Do you even just talking more about it? She doesn't email and we'll. 396 00:50:37.409 --> 00:50:43.170We'll definitely reach back out to you and and get something scheduled. 397 00:50:43.170 --> 00:50:46.679 And sorry, can I talk over yet? 398 00:50:46.679 --> 00:50:56.579That's fine. So we're going to please be back by 11 because we're going to start backed up. We're just going to take a short break. 399 00:50:56.579 --> 00:51:00.780 My Monica. 400 00:51:00.780 --> 00:51:05.250 And I am with compasses, hospice and palliative care. 401 00:51:07.440 --> 00:51:10.769 See, so another application is using your camera. 402 00:51:20.369 --> 00:51:26.130 Monica, we can give you a good a introduction and an introduction.

403 00:51:26.130 --> 00:51:32.400 Thank you turn it over to Trisha Parker to give you an introduction. 404 00:51:35.250 --> 00:51:41.190 Good morning or afternoon hope everybody's back. Um. 405 00:51:41.190 --> 00:51:46.170 Can you hear me? I hope you can give me thumbs up if you can. 406 00:51:46.170 --> 00:51:59.070 Okay, so I'm pleased to announce for 1st of all. My name's Patricia Parker. I am the health and wellness coordinator for DD. Our next guest is Monica. 407 00:51:59.070 --> 00:52:03.239 She is with, um, compass has. 408 00:52:03.239 --> 00:52:16.949 Hospice, she has registered nurse. She is a late liaison for compass hospice. She received her degree from Columbia College, and she also earned her bachelor's degree in psychology. 409 00:52:16.949 --> 00:52:22.110 Sociology human development and family studies from the University of Columbia. 410 00:52:22.110 --> 00:52:30.179 Today Monica going to talk about, um, end of life care and we'll have a brief a. 411 00:52:30.179 --> 00:52:33.269 Question and answer after her presentation. 412 00:52:33.269 --> 00:52:36.300 Monica, I'm going to turn it over to you. 413 00:52:36.954 --> 00:52:38.605 Hello good morning. 414 00:52:39.684 --> 00:52:52.284

Yes, I work for compasses, hospice and palliative care and I was asked to come and speak with you all about what it is that we do how we can help you all who might be appropriate for our services and what that might look like. 415 00:52:52.530 --> 00:52:56.159 So, I'm going to share my. 416 00:52:56.159 --> 00:53:00.480 Screen here. 417 00:53:05.639 --> 00:53:08.969 I'm going to. 418 00:53:08.969 --> 00:53:13.199 My presentation. Okay. 419 00:53:25.679 --> 00:53:29.670 There we go. All right, we're in business. 420 00:53:29.670 --> 00:53:33.059 So, today I wanted to talk to you about choices, an end of life care. 421 00:53:33.059 --> 00:53:39.329 I think hospice is very special to me, because I just think it's very important. 422 00:53:39.329 --> 00:53:43.199 For those people to have a choices at end of life. 423 00:53:43.199 --> 00:53:49.500 You know, none of us are going to escape the end of life. And so I think it's important that we. 424 00:53:49.500 --> 00:53:56.219 Take some time to think about what that's going to look like for us and how we want that to go. 425 00:53:56.219 --> 00:54:00.510 So, 1st, I wanted to talk about a few terms 1st, palliative care. 426 00:54:00.510 --> 00:54:11.905

Is the act of total care patients whose disease is not responsive to curative treatment and it emphasizes healing of the person and relief of distressing symptoms rather than carrying a disease. 427 00:54:12.175 --> 00:54:21.744 It's a cocky, comprehensive treatment of the discomfort symptoms and stress of serious illness. The goal is to prevent and ease suffering and improve quality of life. 428 00:54:22.019 --> 00:54:33.539 The goal of modern palliative care for persons at any stage of serious illness illness is to achieve the best quality for their patients and their families inconsistent with their values. 429 00:54:36.210 --> 00:54:49.105 So then we talk about end of life care is used to reference the care received in the final 6 to 12 months of life while hospice extensively uses a pelvic care approach to manager relieve the pain and symptoms experience by patients. 430 00:54:49.525 --> 00:54:57.445 Health care is used in a wider context outside of hospice, and it's often initiated earlier in the disease process, rather than just at the end of life. 4.31 00:54:57.719 --> 00:55:10.769 So, I wanted to make that distinction because we actually provide 2 different services. We have hospice and palliative care and pallet of care. palleted. The term is just a wider term for basically symptom management. 4.32 00:55:10.769 --> 00:55:15.360 Today, I'm just going to focus on hospice. So what is hospice? 433 00:55:15.360 --> 00:55:23.159 It's a set of services provided to patients and family spacing a terminal illness. The focus is on care, but not sure. 434 00:55:23.159 --> 00:55:38.099 Hospice embraces quality of life rather than the length of life, and it provides an alternative to routine routine, home care and repeated hospitalizations. It's about living life to the fullest and secure and familiar surroundings with those who matter most. 435

00:55:38.099 --> 00:55:43.019

It is a team oriented approach to providing specialized care. 436 00:55:43.434 --> 00:55:44.784 Includes expert, 437 00:55:44.784 --> 00:55:45.954 medical care, 438 00:55:45.985 --> 00:55:47.094 pain management, 439 00:55:47.125 --> 00:55:49.764 emotional support for patients and their families, 440 00:55:50.304 --> 00:55:58.585 but more simply hospice is supporting living one's life to the fullest with dignity regarding regardless of how much time remains. 441 00:56:00.389 --> 00:56:09.599 At the center of hospice care is the belief that all people have the right to die pain free and with dignity and that their families will receive a necessary support to assist them. 442 00:56:10.980 --> 00:56:19.320 So, something that I talk about a lot, and my travels when I'm talking to families and patients and caregivers at facilities. 443 00:56:19.320 --> 00:56:27.150 Is that we recognize that dying is a normal process that involves the patient family and the hospice caregivers. 444 00:56:27.150 --> 00:56:34.829 Again, you're going to see because I don't know how much more we focus a lot on comfort and not the cure. 445 00:56:34.829 --> 00:56:41.550 And that we're not gonna hasten or hinder the dying process. I mean, that we're not going to change someone's timeline. 446 00:56:41.550 --> 00:56:45.449 We're just going to be with them and walk alongside them in their process.

447 00:56:45.449 --> 00:56:50.909So, I think that's really important to note that hospice a lot of times people hear that word. 448 00:56:50.909 --> 00:56:57.719 Immediately think oh, well, if I go on hospice, then I'm going to die. Well, that could happen but it also. 449 00:56:57.719 --> 00:57:02.400 Might just help you become more comfortable in the light that you have left. 450 00:57:02.400 --> 00:57:09.780 So, it's here 1 of the myths is, all people enrolled them. Hospice will die soon after they're admitted. 4.51 00:57:09.780 --> 00:57:16.739So, it's here that 278,000 people were discharged alive from hospice in 2011 for extended prognosis. 452 00:57:16.739 --> 00:57:21.000 Either, and then also for curative treatment and any other reasons. 453 00:57:21.000 --> 00:57:33.900 The average length of stay for a hospice patient is 69 days. I think we saw earlier on 1 of the other slides that somebody at the end of life is considered 6 to 12 months at the end of life. 454 00:57:35.155 --> 00:57:47.215 1 of my goals is for folks to become on hospice sooner in their disease process than later because that gives us more time to create a relationship and establish your for with the family and the patient. 455 00:57:47.454 --> 00:57:50.244 And also they just get to utilize our resources longer. 456 00:57:51.900 --> 00:57:56.789 It also says, you know, 1 of the mix, because people die sooner than those who don't choose hospice. 457 00:57:56.789 --> 00:58:10.320

Hospice care may actually prolong the lives of some, terminally ill patients in a 2007 study. The mean survival was 2009 days longer for hospice patients than if we're non hospice patients. So. 458 00:58:10.320 --> 00:58:24.989 The people who chose hospice care live an average of 1 month longer than somewhere patients who did not choose hospice. I think that's also a really important point to make. And that a lot of times when folks kind of focus more on comfort that actually extends their life. 459 00:58:26.094 --> 00:58:41.034 You know, when we're going aggressively at a illness or treating it aggressively, sometimes we're taking medications that can make us feel worse and have more side effects and symptoms. And when we start focusing on that comfort, it looks a little bit different. 460 00:58:41.369 --> 00:58:50.340 So, what are some of the services that we provide for hospice? We have a 24 hour on call staff availability. 461 00:58:50.340 --> 00:59:05.099 I always tell folks when I'm meeting with them with their family's patients, or any of the facilities, we are available 24 hours. 7 days a week. There shouldn't be any time that you're concerned about calling. Anytime is okay, if you have a question call, we'd rather you call sooner than later because if we think. 462 00:59:05.099 --> 00:59:09.300 We catch a problem before it's too severe. It's much easier to solve. 463 00:59:09.300 --> 00:59:13.800 So, I usually talk about the things that we provide are people. 464 00:59:13.800 --> 00:59:20.849 Uh, equipment, services, things like that the people nursing care that includes our ends. lpns. 465 00:59:20.849 --> 00:59:24.389 Health dates. 466 00:59:24.389 --> 00:59:29.670 Those are the folks that come in and kind of do light housekeeping and then also help bathing.

00:59:29.670 --> 00:59:38.369 We also have social workers who provide counseling. We also have chaplain's who provide spiritual support. 468 00:59:38.369 --> 00:59:50.005 A lot of things people when they hear chaplain's are like, oh, I already got my pastor or my priest or whoever that doesn't mean that we're going to replace that person. It just means that we're an additional person that can come in and provide support. 469 00:59:50.034 --> 01:00:00.655 So, I think it's important to note that we can use all of these services in addition to what we already have in place. So we are just some extra pair of hands and eyes on that person. 470 01:00:00.929 --> 01:00:06.449 We also have volunteers who are we have specially trained volunteers. 471 01:00:06.449 --> 01:00:13.170 Who can be matched up with your resident, or your patient, or your family member based on. 472 01:00:13.170 --> 01:00:17.940 Your interests, so if you have somebody who is a knitter or a quilter. 473 01:00:17.940 --> 01:00:27.480 Or somebody who likes watching their stories, you know, like, on the restless, and these are lives and things like that, we can match people up with our volunteers. So that when they come and visit. A 7 A 01:00:27.480 --> 01:00:41.815 They can really have something to talk about or visit about. We actually had a request recently of a guy who was just wanted to go fishing and he just needed a ride. I'm like. Oh, my goodness. We're going to have so many people wanting to do that. When the call out who wants to go fishing with this guy? 475 01:00:43.045 --> 01:00:57.385 So, yeah, our volunteers really work as a companion. They're not folks who are going to be doing hands on work, but they do come and sit with somebody maybe relieve the husband or the wife to go to the grocery store because they're afraid to leave, em, by themselves but they are okay to sit with somebody. 476

01:00:57.840 --> 01:01:06.690

So those volunteers come in really handy. We also have specially trained volunteers. We call them Angel, watch volunteers and those are for folks at the very end of life. 477 01:01:06.925 --> 01:01:15.954 So, we're feel very strongly about not letting somebody pass alone. So, for some reason family's getting tired, or is not available, or is at a state. 478 01:01:16.494 --> 01:01:23.724 We have angel watch volunteers that can come and just sit at someone's bedside just to ensure that they're not alone. So, I think that's really important. 479 01:01:24.684 --> 01:01:32.034 We also provide durable medical equipment that would be hospital beds, walkers, wheelchairs, oxygen. 480 01:01:32.340 --> 01:01:38.219 You know, basically what I tell folks when they're talking about coming on services. 481 01:01:38.219 --> 01:01:42.599 Before you go buy anything, come and ask us 1st. 482 01:01:42.599 --> 01:01:46.769 Chances are if it's something that you need for your care, we're going to be able to provide that for, you. 483 01:01:47.155 --> 01:02:01.914 And that goes with medical supplies as well medical supplies. A lot of times I refer to that as incontinence incontinence supplies because that encompasses your briefs, your wipes your powders anything to kind of keep you dry and clean. We're going to provide all of those things. 484 01:02:02.099 --> 01:02:11.070 Also, we provide bereavement counseling for a minimum of 13 months. That is grief. Counseling. We do have a. 485 01:02:11.070 --> 01:02:15.690 Brief support groups out of each of our offices in our area. 486 01:02:15.690 --> 01:02:22.769

I cover the make in Columbia, Jefferson city and beach offices, but we have offices all around the state of Missouri. 487 01:02:22.769 --> 01:02:33.480 I don't know that we're currently doing great group bereavement, right? At this point but we are doing 1 on 1 bereavement. We are sending out information and calling folks. 488 01:02:33.480 --> 01:02:40.889 And that's also available to any of our facility staff members that might experience some loss. 489 01:02:40.889 --> 01:02:49.619We understand that those of us that provide care for our patients become attached and we need to properly. 490 01:02:49.619 --> 01:02:56.760 Go through the steps of losing somebody, so we provide that resource as well for our folks. 491 01:02:56.760 --> 01:03:03.090 We do provide medications that are related terminal diagnosis and anything related to comfort. 492 01:03:03.090 --> 01:03:15.300 Somebody just give a brief example of somebody that maybe is on service with congestive heart failure. We're going to cover any medications related to the cardiac disease process and then. 493 01:03:15.300 --> 01:03:18.449 With it would be like, in halers. 494 01:03:18.449 --> 01:03:26.130 If comfort encompasses a whole scope of things that that's pain. 495 01:03:26.130 --> 01:03:30.360 Shortness of breath agitation restlessness. 496 01:03:31.855 --> 01:03:46.824 Nausea constipation bell issues, all, those kind of medications we are going to cover. Now. That's not to say that just because they're on hospice and they have to stop all their medications, except for the ones we cover. They can continue taking whatever medications.

497 01:03:46.824 --> 01:03:52.945 They want as long as they're if they're related to hospice, we have to cover them. 498 01:03:53.309 --> 01:04:06.719 And if they're, let's say they're on a thyroid pill or cholesterol pill, and they want to still keep taking that that's great. Go ahead. And keep taking them insurance is just going to cover that. Like, it normally would if we weren't even in the picture. 499 01:04:06.719 --> 01:04:13.349 Let's see, we also can provide physical, occupational speech therapy when needed to improve quality of life. 500 01:04:13.349 --> 01:04:28.289 Respite care when family needs a break from care getting these are for folks who might be living at home and their family members are taking care of them. If our family members need to go on vacation or take a break or just tired or somebody. 1 of the family members whose caregiving a sick. 501 01:04:28.289 --> 01:04:41.429 We can get the, the patient set up at a local nursing facility for them to receive 24 hour care. And so we help get that set up through 1 of the contracts we have with any of the facilities in our areas. 502 01:04:41.429 --> 01:04:56.364 So, that can be super helpful to the family members and then also hospital care when needed for symptom management again, folks, your hospice and they're like, well, I guess I never going to the hospital again. Well, that's the goal. We don't want you to have to go back to the hospital. We don't want you to go to a 1Million doctor's appointments. 503 01:04:56.724 --> 01:05:08.125 But in the event that we're doing everything, we possibly can in your home, or wherever you reside, and we're unable to get the symptoms under control. We might suggest going to the hospital for symptom management. 504 01:05:08.934 --> 01:05:20.244 We might be able to control those symptoms, better with maybe like an IV pump or something. That just can't be done in the home and we're going to cover that stay as long as something related to symptom management. 505 01:05:20.784 --> 01:05:29.094

So just a couple of things that, you know, if you have any questions, obviously send it through chat and I can answer them. But those are the things that we cover. 506 01:05:29.519 --> 01:05:34.019 And help with folks who might be appropriate for hospice. 507 01:05:34.019 --> 01:05:45.625 You can stop hospice care at any time if you'd be company get better we call that graduating from hospice you know, sometimes you will get upset when they graduate from hospice, because they're no longer no longer receiving those excellent resources. 508 01:05:46.014 --> 01:05:49.675 And sometimes, sometimes I joke while there's worse things in life, and graduating from hospice. 509 01:05:49.889 --> 01:05:54.570 But, yes, you can graduate from hospice. You could. 510 01:05:54.570 --> 01:06:03.960 And then if you're eligible for hospice, you can always come back on. So, if somebody decides that all, you know what, I've actually changed my mind I do want to pursue aggressive treatment. 511 01:06:05.304 --> 01:06:20.304 They can pursue their aggressive treatment and then at the point that they decide, you know what it's just too much. I don't want to do this anymore. They can come right back on hospice. As long as they still qualified. And we'll talk about who would qualify here in just a little bit real quick. I don't like talking to my insurance. 512 01:06:20.304 --> 01:06:30.925 It's not my jam. I'm a nurse. Anytime someone starts talking about insurance. I'm like, let me get my social worker. Right. Hospice is a Medicare benefit and isn't Medicaid benefit here in the state of Missouri? 513 01:06:31.585 --> 01:06:35.574 Anybody there's Medicare Medicaid there is no cost to the patient or the family. 514 01:06:35.940 --> 01:06:42.269 If you don't have Medicare, Medicaid, private insurance would cover it, you can private pay, but.

515 01:06:42.269 --> 01:06:50.969 At the end of the day, we are never going to reserve refuse services to somebody regardless of their ability to pass. So don't let that ever be a barrier. 516 01:06:52.110 --> 01:07:06.630 Okay, speaking of barriers spite, the benefits many patients are referred late in the illness, leading to limited access to hospice services reasons for late admission or no enrollment include reluctance to accept a terminal diagnosis. 517 01:07:06.630 --> 01:07:14.579It's tough. This is like the hardest conversation you're ever going to have with somebody is somebody accepting the fact that they are terminal. 518 01:07:14.579 --> 01:07:27.000 And that aggressive treatment is no longer going to serve them or maybe they don't have treatments available for them. We are very skilled at having those tough conversations. So, if you feel that somebody would benefit from our services. 519 01:07:27.000 --> 01:07:31.110 Reach out to us, we can take that on, um. 520 01:07:31.110 --> 01:07:34.800 Lack of hospice knowledge again. People have a lot of. 521 01:07:34.800 --> 01:07:38.579 Preconceptions and that's about what we do. 522 01:07:38.579 --> 01:07:43.170 Um, again, we're very skilled at having these conversations reach out to us. We can help with that. 523 01:07:43.170 --> 01:07:52.530 Concerned about hospice eligibility. How do I know if I'm a eligible for hospice again we can come out and do an evaluation at. 524 01:07:52.530 --> 01:08:04.525 There's no ear Co pay or anything. We can come out and do an evaluation and check it out. And then if you're not eligible, we will put you on our transitions list and check in with you every. So often. Just to see how things are going.

525 01:08:04.704 --> 01:08:08.215 And if there's a change in your status, then at that time, we can move forward. 526 01:08:08.610 --> 01:08:18.869 Sometimes people are concerned about the degree of support that's needed. We are a support service meaning that we are not we do not stay 24 hours a day. 527 01:08:18.869 --> 01:08:25.380 So, if there's somebody who's needing work here, we can provide those contacts. So folks can. 528 01:08:25.380 --> 01:08:32.279 Get with somebody that, you know, do an outside private agency. 529 01:08:32.875 --> 01:08:45.774 Financial issues we just kind of talked about that that financial issue should never be a barrier and then communication barriers we have somebody has a different language. We have all kinds of, like, language lines that we've used with languages. 530 01:08:45.774 --> 01:08:49.975 I've never even heard of before and it's really great. We off those resources. 531 01:08:51.505 --> 01:09:05.904 Okay, when does a time typically a precipitating medical that prompts hospice discussions, including escalating home care needs a decision to withhold or withdraw life sustaining treatment. That would be like dialysis. 532 01:09:05.904 --> 01:09:10.164 We see a lot of dialysis patients when they decide that they can no longer participate with dialysis. 533 01:09:10.289 --> 01:09:17.909 Difficult pain and send some management issues and then a need for additional care before discharge from a facility. 534 01:09:17.909 - > 01:09:23.220Signs of the patient may be eligible frequent hospitalizations.

535 01:09:23.220 --> 01:09:35.880 Progressive weight loss, increase sleeping. I'm going to see that 2 things. For me, there are the biggest red flags with somebody is when they start sleeping more and they start eating less. 536 01:09:35.880 --> 01:09:42.449 Those 2 things are my biggest red flags. If you have folks that are losing weight. 537 01:09:42.449 --> 01:09:53.369 Not wanting to eat and sleeping more. It could be a UTI. It could be something simple that can be fixed. If it's not something simple. Once you rule out all those other things. 538 01:09:53.369 --> 01:09:57.569 It might be time just to talk to somebody about end of life care. 539 01:09:57.569 --> 01:10:06.000 3 decrease food or drink intake, increase assistance with activities of daily living, such as being quality and walking. 540 01:10:06.000 --> 01:10:13.680 You start seeing somebody that was previously able to get out of bed, get themselves to the bathroom, get themselves dressed. 541 01:10:13.680 --> 01:10:27.234 You know, in a few weeks, go by, and they're slowly deteriorating and now the requiring assistance for all of those things, it's time to take a look at whether or not this person might be eligible and then increase weakness and fatigue, including shortness of breath. 542 01:10:27.265 --> 01:10:29.125 And then frequent balls. 543 01:10:29.489 --> 01:10:33.899 Are also another big indicator so those are the things that. 544 01:10:33.899 --> 01:10:37.680 Might tip you off that somebody might be eligible for hospice. 545 01:10:37.680 --> 01:10:43.170 Here are some of the potential medical diagnoses diagnoses.

546 01:10:44.454 --> 01:10:56.244 A disease process in which an nd would have to certify left life expectancy in 6 months is 6 months or less if the disease runs its normal. Course now, I say that, because none of us have a crystal ball. 547 01:10:56.305 --> 01:11:00.805 None of us know what are like, what the future holds for us. 548 01:11:01.260 --> 01:11:14.034 But there are certain indicators for each of these disease processes that shows us that if the disease progresses as it normally, would that we could anticipate that maybe somebody wouldn't be here 6 months from now. 549 01:11:14.454 --> 01:11:18.564 So, cancer's if somebody has a cancer diagnosis, they almost always. 550 01:11:19.770 --> 01:11:25.109 Are eligible for hospice pulmonary disease that would be like, pulmonary fibrosis. 551 01:11:25.109 --> 01:11:30.569 Lung cancer. 552 01:11:30.569 --> 01:11:42.114 Emphysema heart disease, that could there's a whole bunch of heart diseases that could lead to somebody needing hospice, alzheimer's disease and related disorders. That's a huge umbrella. 553 01:11:42.925 --> 01:11:55.494 That includes Parkinson's things of that nature stroke or coma, liver disease renal disease, neurological disease. And so any of those diagnoses could lead to. 554 01:11:56.369 --> 01:11:59.850 You know, somebody to be eligible for, for hospice. 555 01:12:00.564 --> 01:12:10.314 So these are some of our patient oriented principles we again provide comfort, rather than a cure and focuses on managing symptoms symptoms of patients illness. 556 01:12:10.975 --> 01:12:23.904

Our hospice team works together to help meet the needs of the patient and monitors changes where you respect the wishes and the right. So the patient also respects patient autonomy, allowing them to kind of be the. 557 01:12:24.300 --> 01:12:27.300 The captain another ship. 558 01:12:27.300 --> 01:12:30.810 I always tell I kind of joke and tell family members and patients. 559 01:12:30.810 --> 01:12:40.050 Whatever it is, that you want, that's what we're going to do. This is the time. If any time in your life, this should be the time of, like, where you get to make the decisions that work best for, you. 560 01:12:40.050 --> 01:12:50.010 Each patient cares individualized based on patients families leads and goals. We provide holistic care, um, as well as spiritual care. 561 01:12:50.010 --> 01:12:57.600 Recess resources are available to help with the planning and the hospice can meet with patient and family whenever whenever's convenient for them. 562 01:12:57.600 --> 01:13:10.800 So this is the, this is the point in the presentation where I encourage all of you to really consider taking care of your own health and making sure that each of you, I don't care how old you are. 563 01:13:10.800 --> 01:13:15.060 Get a advance health care directive, filled out for yourself. 564 01:13:15.060 --> 01:13:22.675 Here are a couple of the websites that you can look at to see to help you with that if you have any questions I can certainly point you in the right direction as well. 565 01:13:23.005 --> 01:13:30.234 The reason that this is important is that you're giving your family members, a gift of not having to guess and worry. 566 01:13:30.569 --> 01:13:40.319 About what you might want if you're unable to make your own health care decisions. So identify a surrogate decision maker. So, in addition to.

567 01:13:40.319 --> 01:13:49.409 Writing out what it is that you do, and you don't want if you're unable to make your own decisions it's extremely important that you find somebody that you trust to follow your wishes. 568 01:13:49.409 --> 01:13:54.750 Okay, so you got to find somebody that you trust and then you have to communicate with them. 569 01:13:54.750 --> 01:14:09.595 What your wishes are, it doesn't help to have them written down not tell the person what it is. You've got to have those open honest communications and then obtain a durable power of attorney if possible and then ask questions just because a treatment is available. 570 01:14:09.625 --> 01:14:11.244 Doesn't mean you have to use it. 571 01:14:11.939 --> 01:14:26.550 Um, so I can answer any questions about that, but I always try to get that little piece in there. It's just so important to have. I have had mine since I was 25 years old working in the I saw a lot of things that were, um. 572 01:14:26.550 --> 01:14:31.229 Very upsetting to me, which is kind of what led me to hospice care and. 573 01:14:31.229 --> 01:14:41.039 You know, we all have a choice on how we want the end of our life to look. And I am very opinionated about that. It's on a piece of paper and my husband is aware of my wishes. 574 01:14:41.039 --> 01:14:47.460 In conclusion, most people would say they'd rather be at home with their families instead of a health care setting when they die. 575 01:14:48.774 --> 01:15:00.055 Held him and hospice care services are options or options to lengthy and sometimes disabling therapies. Hospice care provides patients with the opportunity to live their last month with dignity and autonomy. There are many misconceptions. It is. 576 01:15:00.085 --> 01:15:04.645

Our job to advocate and educate patients and their family regarding end of decisions. 577 01:15:05.250 --> 01:15:08.399 It's also a less expensive, more holistic here alternative. 578 01:15:09.449 --> 01:15:21.420 90% of people would like to die at home 80% of people with chronic diseases state that they do not want to die in a hospital. Especially not intensive care unit. However, less than 25% of people die at home. 579 01:15:21.420 --> 01:15:25.020 And approximately 75 to 80% of Americans die and facilities. 580 01:15:25.704 --> 01:15:37.345 I am on a mission to change that people have needs and wishes at the end of life and express through the instructors and of life planning is easier for all involved as healthcare providers. 581 01:15:37.345 --> 01:15:40.854 We need to ensure that patients and families communicate about the life care. 582 01:15:41.159 --> 01:15:47.970 Healthcare providers are also needed to help patients, make informed decision about their care by giving them honest and open information. 583 01:15:47.970 --> 01:15:54.359 And choices at the there are choices and don't like it is our job to ensure that those choices are identified an honor. 584 01:15:55.649 --> 01:16:01.979 So, that's what I've got. Let's see, I'm going to stop sharing. 585 01:16:03.359 --> 01:16:08.189 Okay, does anybody have let's see chat does anybody have any questions. 586 01:16:10.470 --> 01:16:21.149 Well, Monica, that was an awesome that was a powerful presentation and I learned so much from it. Thank you so much for sharing all that with us. That is just the information that we need because. 587 01:16:21.149 --> 01:16:33.774

So, many of our people, or they're just out living their life expectancies and you just want to see them live out the best life they can. And then, of course, pass away the best way they can. And you, thank you that. 588 01:16:33.774 --> 01:16:36.805 You just yeah, that was really that was really nice. 589 01:16:37.079 --> 01:16:41.609 I saw she said how low she's 1 of my old hospice buddies. 590 01:16:41.609 --> 01:16:45.779 So, good to see you Sheila. 591 01:16:46.734 --> 01:16:59.965 Yes, thank you for. Having me I obviously I'm very passionate about my work and any chance. I get to share it. I am I'm on with. I'm here with bells on. Thank you. We appreciate you. Does anybody have any questions? 592 01:16:59.994 --> 01:17:05.484 Oh, do you want me to review or how do you want to do that? I can assist to me. That would be great that well, okay. 593 01:17:05.760 --> 01:17:14.399 Yeah, I hear you. It's like, okay, so okay. Not a question, but your company provided support to my mother recently. Oh. And I can't say enough. 594 01:17:14.399 --> 01:17:18.689 Good things about the care provided. Thank you. Oh, I. 595 01:17:18.689 --> 01:17:24.989 So sorry for your loss, but I'm so happy that you had the resources available to you. Thank you so much. 596 01:17:24.989 --> 01:17:28.890 Yeah, we're sorry for your loss and thank you for sharing that. 597 01:17:28.890 --> 01:17:34.770 And just a lot of thank you very well presented. Thank you so much Monica for sharing. 598 01:17:34.770 --> 01:17:40.170

Any questions we have 1, I don't know if it's a question. 599 01:17:40.170 --> 01:17:48.539 As much, but there's always a concern that hospice and other programs will conflict with each other, making them eligible. 600 01:17:49.619 --> 01:18:04.045 Yes, so that is a very good question. Hospice is of Medicare a benefit. So is incompatible with home healthcare and any other aggressive treatments. Really? 601 01:18:04.345 --> 01:18:18.055 So, if somebody were on home, health or receiving aggressive treatment, I said, it wasn't going to talk about part of characters as a whole nother piece. But I think I can always send some information. Overpowered of care is a wonderful option. 602 01:18:18.055 --> 01:18:19.494 It is a Medicare B. 603 01:18:19.890 --> 01:18:23.220 Service and it works like a. 604 01:18:23.220 --> 01:18:30.779 It works as a consultative service like a, you were to go to a specialist doctor's office. That's how that works. So they would be able to have a, but it's. 60.5 01:18:30.779 --> 01:18:37.890 Nurse practitioner comes to wherever they reside, wherever they reside, the nurse practitioner comes to you. It's a community care program. 606 01:18:37.890 --> 01:18:42.869 So, if you had somebody that was a, utilizing their Medicare, a benefit. 607 01:18:42.869 --> 01:18:49.319 But you feel like they need help with symptom management. Pilot of care would be a really great step to take. 608 01:18:51.000 --> 01:18:56.069 I think, um, somebody had asked for a website, so I'm gonna. 609 01:18:56.069 --> 01:19:04.560

Up here, write a web link or an 800 number yeah, I'm going to give you my web link. 610 01:19:05.425 --> 01:19:20.364 Let's see chat hopefully. Okay. It's actually, I can't get that state. Its compasses dot com. C. P. A. S. S. U. S. dot com. Okay. 611 01:19:20.395 --> 01:19:34.585 I can put that in a chat. Okay, thank you. Okay. Great. Wonderful. And then here is something if we can maybe take a couple more, is that okay? Just a couple more questions or? Alright someone comments hospice is a wonderful option for into life. 612 01:19:34.890 --> 01:19:47.699 And someone else says if the concern is whether or not someone on a waiver can receive hospice in a residential setting, the answer is yes, we have had clients receive hospice well, in an oh, okay. Okay. 613 01:19:47.699 --> 01:19:57.720 Yes, we do. Yes, we do partner with residential care settings and work well with them and if there's ever. 614 01:19:57.720 --> 01:20:05.939 A question whether or not, it's going to work for somebody, or it will be covered. I recommend reaching out. We can figure that out. 615 01:20:05.939 --> 01:20:11.729 Okay, okay, let me give a few tips for how we help. 616 01:20:11.729 --> 01:20:23.189 Or that's what we call our direct support professionals, like a nurse or whatever, transition easier to thinking in terms of end of life care. I think staff have a hard time with the changes of care. 617 01:20:23.189 --> 01:20:30.270 How do we reduce the resistance or power struggle that staff may feel when hospice comes into the care team. 618 01:20:30.270 --> 01:20:40.770 Okay, I can reread that too, because I kind of, I don't know. So, do you feel like the power struggle struggles between our team and your team or more? Can you. 619 01:20:41.215 --> 01:20:48.265

To find that a little bit more, or I can take a stab at defining it. 620 01:20:48.265 --> 01:21:02.664 I think that a lot of our are our caregivers, they just really care about the individual and maybe they're not ready, except that it's end of life. Maybe, there's things that they've always done a certain way, and that's how I take care of them. But then you have other people come in. 621 01:21:03.060 --> 01:21:17.520 To help, and maybe there might be some conflicting territorial Islam. I want to say, not, you know what I mean at least it's because they care, but yeah sometimes that people have a hard time letting go and realizing that okay, this is this person's into life. 622 01:21:17.520 --> 01:21:28.319 And this is how we always get it, you know, and I'm just taking a stab at that. Now, the person who put that in there, if you want to add to that, please do, I don't want to quote you or anything. 62.3 01:21:28.319 --> 01:21:33.835 I think the best thing we can do is remind people that we're all here for the same reason, 624 01:21:34.255 --> 01:21:43.704 which is to make sure that this person is getting the best care possible and reminding people that the goal is for this person's comfort and quality of life. 625 01:21:44.039 --> 01:21:47.460 Right and and we can do that together. 626 01:21:47.460 --> 01:21:50.729 And then also our team can help. 627 01:21:50.729 --> 01:21:56.550 Emphasize that, and then show ways and give actions on how they can help with that. 628 01:21:56.550 --> 01:22:01.050 Yeah, I think you're right I think people do have difficulty. 629 01:22:01.050 --> 01:22:09.390 Transitioning from that cure, fix mentality to comfort.

630 01:22:09.390 --> 01:22:13.949 In quality, so I would say to just remind. 631 01:22:13.949 --> 01:22:22.199 Everybody that we're all a team working together for the same goal, which is to make sure this person is safe and comfortable. 632 01:22:25.350 --> 01:22:28.920 Well said, oh, right. Okay. 633 01:22:28.920 --> 01:22:32.550 Okay, good good. 634 01:22:32.550 --> 01:22:47.250 Any other questions comments going once going twice. That was an awesome presentation. Thank you. I learned a lot from it. 635 01:22:47.250 --> 01:23:00.569 Good, I'm so happy and I've known about this for a while, and I even started off working in nursing homes and sometimes office would come in and be able to support and I know different people who have utilized hospice. They can't ever learn too much and. 636 01:23:00.569 --> 01:23:06.180 It's just amazing all the awesome stuff that you guys do to help people with into life because, as you said, it's. 637 01:23:06.180 --> 01:23:13.409 We're all going to happen to all of us. We might as well every live special minds will make each end of life special as well. 638 01:23:14.095 --> 01:23:23.814 100%, thank you. I love I love you. Yeah, I love your philosophy and your your passion. Yes, thank you. Yes, I saw that. That is the PowerPoint available. 639 01:23:23.814 --> 01:23:30.385 I'm having trouble sharing it with privacy settings, but I will figure out a way to share it and get it to you all. 640 01:23:31.199 --> 01:23:37.979 Okay, thank you so much. Just shoot it to me. And we'll get that figured out how to disperse it or what have you.

641 01:23:37.979 --> 01:23:45.449 Okay. All right well, thanks again, Monica, thank you. Have a good rest of your day guys. You did the same Thank you. Bye. Bye. 642 01:23:48.329 --> 01:23:59.760 Wow, that was that was amazing. I can't ever learn too much about hospice and how just how it taking care of people and getting them thoroughly because that's a that's a tough that's a tough deal into life care. 643 01:23:59.760 --> 01:24:03.479 But they, they do definitely they're experts and they make it easier. 644 01:24:03.479 --> 01:24:09.449 All righty so next our next session, this is going to be fun. 645 01:24:09.449 --> 01:24:13.739 During this session, we will be asking here, I'm going to move this over so I'm looking at you. 646 01:24:13.739 --> 01:24:26.220 All right, during this section, we will be asking poll questions that we encourage you to answer. They're anonymous. So please feel free to be honest. I'm pleased to introduce you to our regional office nurses. 647 01:24:26.220 --> 01:24:31.829 This presenter serves there is Springfield, regional office area as a call, the enhancement registered nurse. 648 01:24:31.829 --> 01:24:35.550 Shared her nursing degree from northeast Oklahoma and and. 649 01:24:35.550 --> 01:24:42.720 It has been a nurse for 25 years with a remote with most of your career in the I see you as well as several other positions. 650 01:24:42.720 --> 01:24:48.300 She was an oversight orient prior to entering her role with Springfield, regional office in 2018. 6.51  $01:24:48.300 \rightarrow 01:24:53.159$ This morning she is going to present information to consider for risk mitigation.

652 01:24:53.159 --> 01:24:59.250 I'm honored to present to you, Michelle Cooper. Okay, Michelle. I'm going to turn it over to you. 653 01:25:00.720 --> 01:25:06.000 Thank you Leslie. Good morning. Everybody. Okay. I'm going to share. 654 01:25:06.000 --> 01:25:11.550 Screen just started the Google home at on the phone or tablet. 655 01:25:11.550 --> 01:25:15.630 Are you there's strange voices in my home. 656 01:25:21.989 --> 01:25:29.939 All right, so we're going to talk about risk mitigation strategies is this thing that every 1 of you already know it's just to help remind. 657 01:25:29.939 --> 01:25:44.845 Um, some ways that we can help our to ensure that we're decreasing medication risk maybe decreasing risks of injury, due to inappropriate use of adaptive equipment or procedures. 658 01:25:45.534 --> 01:25:55.225 We're going to be talking about distribution of medication, errors, mitigating risk said administration of medication and things for you to consider as your role. 6.59 01:25:57.000 --> 01:26:08.244 I did a research as best. I could figure it out between the date of August 1st of 2020 to August. 15th of 2021. there was 8,014 medication 1st amongst those 95% was failure to administer. 660 01:26:08.274 --> 01:26:14.095 So, people just forgot to give the medication. Some folks. 661 01:26:20.520 --> 01:26:27.329 Signed for them, and then never gave them and, you know, some folks were gone and doing something and it just took their mind. 662 01:26:27.329 --> 01:26:32.250 I think that was from her to DOS.

663 01:26:32.250 --> 01:26:38.670 And then, at the end of the pack was wrong time and wrong person. 664 01:26:38.670 --> 01:26:49.560 We never did I think there was 1 that the wrong medication was giving like, it was completely wrong how it was. 665 01:26:51.659 --> 01:27:03.029 How did I guess is what I'm trying to say we're mitigating risk. The 1st, place to start is with the physician orders. 666  $01:27:03.029 \rightarrow 01:27:07.529$ Just like our physician orders need to be individual specific. 667 01:27:07.529 --> 01:27:21.930 Um, so, the more specific, the order, the more instructions that can be provided the least likely chance there is for an error to happen. So, 1st, off, of course, is medication. We all know that there needs to be a date. 668 01:27:21.930 --> 01:27:25.229 There needs to be a doctor's name, the name of the medication. 669 01:27:25.229 --> 01:27:33.270 Making sure that it's spelled correctly. I am the world's worst speller so I know I'm all the time having to Google to make sure I'm selling things correctly. 670 01:27:33.270 --> 01:27:40.979 The dose you want to make sure that there is a specific dose no dose ranges. Nothing like 1 to 2 tabs or. 671 01:27:40.979 --> 01:27:53.520 50 to 100 milligrams, it has to be a specific dose. Now, if there is a dose range, and it has instructions, you can give 1 Tylenol for a paying rating of 1 to 3 and 2 Tylenol for a. 672 01:27:53.520 --> 01:27:58.920 Are 4 to 10. that's fine but they need to be specific. 673 01:27:58.920 --> 01:28:06.210 You want to know the route ensure that that route is appropriate. I actually had a client who had a.

674 01:28:06.210 --> 01:28:10.409 In order for to be dropped here. 675 01:28:10.409 --> 01:28:15.779 So, I wasn't really sure that that was correct and when I followed up sure enough was incorrect. 676 01:28:15.779 --> 01:28:25.170 You want to make sure that just correct the frequency. What is the frequency when you have a PR in? You want to make sure that there is a frequency of the administration. 677 01:28:25.170 --> 01:28:28.890 You do not want to get that. 678 01:28:28.890 --> 01:28:33.510 Medically trained personnel. 679 01:28:33.510 --> 01:28:48.119 That the assumption of when should I give this medication, you want it to be very specific and the medication needs to have a reason why we're giving it. And that reason why should be associated with a known diagnosis. 680 01:28:48.119 --> 01:28:52.619 Or symptoms down to that client pain and fees. 681 01:28:53.670 --> 01:28:57.630 The client that we get for, or. 682 01:29:03.954 --> 01:29:18.744 For high cholesterol, or for thyroid disease, we want to know why we're giving that medication to help those. Folks understand the reason why they're giving the med obviously on a diet is a big issue over the last vear. 683 01:29:18.744 --> 01:29:32.335 So, we've had several clients unfortunately passed away from so we're getting those site orders to make sure that they're again client specific. Is there an alteration to the diet? And is that alteration described.

684

01:29:32.640 --> 01:29:36.720 Clearly on the physician. 685 01:29:36.720 --> 01:29:40.380 Whenever you are receiving those orders. 686 01:29:40.380 --> 01:29:44.489 And there is an alteration you want to ensure that you're providing. 687 01:29:44.489 --> 01:29:48.899 Education we need to do remediation at times. 688 01:29:48.899 --> 01:29:56.250 Or maybe even need to have a visual aid in the home to say, this is what a puree diet looks like. This is what the meal should be. 689 01:29:56.250 --> 01:30:11.250 When you're done, preparing it for the client and ensuring that those folks know proper alignment and how person needs to be, they need to set up. Right? At least at a 90 or 45 degree angle maybe just stay up for an hour. 690 01:30:11.250 --> 01:30:16.529 For hernia, you want to be very, very specific in those. 691 01:30:17.699 --> 01:30:21.149 So so our 1st, big question is. 692 01:30:21.149 --> 01:30:26.609 Do over the counter topical medications, require a physician order. 693 01:30:29.640 --> 01:30:33.869 And you get about answer this question. 694 01:30:37.949 --> 01:30:43.710 You have 1 minute to answer and you should be able to see that in the right hand panel of your screen. 695 01:30:43.710 --> 01:30:47.130 And you can click on yes. Or no. And submit. 696 01:30:51.329 --> 01:30:58.829

Thank you no problem. 697 01:30:58.829 --> 01:31:03.510 This is fun doing polling questions. 698 01:31:17.789 --> 01:31:31.079 You'll have to tell me when the clock stop. 699 01:31:31.079 --> 01:31:41.520 My quit working off minded to mine stopped at 12. that's when I finally realized. Oh, I can that's her too. 700 01:31:41.520 --> 01:31:44.670 So, Carol get us. 701 01:31:44.670 --> 01:31:48.750 Whenever it'll tell me, and then she'll be able to show us. 702 01:31:48.750 --> 01:31:52.350 Okay, can everybody oh, there it is awesome. 703 01:31:52.350 --> 01:31:57.298 Okay, do over the counter. Okay. Do they need to require physicians order. 704 01:31:57.298 --> 01:32:02.578 Um, looks like those of you that said. 705 01:32:02.578 --> 01:32:07.319 No, you are correct not. 706 01:32:07.319 --> 01:32:12.238 Um, as far as our preventative. 707 01:32:12.238 --> 01:32:20.668 Or 1st aid is topical medications. They do not require physician order so things such as sunscreen or chopsticks. 708 01:32:20.668 --> 01:32:29.189 Or, like hand, lotion, you know, just really good hand lotion. Those kinds of things do not require a physician order.

709 01:32:30.689 --> 01:32:36.809 Is select all that apply so the over the. 710 01:32:36.809 --> 01:32:40.828 Include, but not limited to a. 711 01:32:40.828 --> 01:32:45.328 Triple antibiotic appointments B, sunscreen see, Chapstick or the. 712 01:32:45.328 --> 01:32:55.378 Try mess. Yes, I can't say that was my dream. Send along. Maybe. I'm not sure, but that's just. 713 01:32:55.378 --> 01:32:58.708 You know, you're okay. Thank you. 714 01:32:58.708 --> 01:33:03.179 Self can't speak. You're good. You do great. 715 01:33:23.458 --> 01:33:28.769 Silence. 716 01:33:28.769 --> 01:33:34.229 Okay, and that was a little bit more of an extended time in order to answer the question. 717 01:33:34.229 --> 01:33:41.099 And I did see in the chat, someone did say that their agency requires doctor's orders for those different things. 718 01:33:41.099 --> 01:33:44.698 And if that you fall all your agency policy. 719 01:33:44.698 --> 01:33:48.328 Because it's not. 720 01:33:48.328 --> 01:33:56.038 I don't want to say it's going over up above and beyond, rather than below standard and, you know, that's. 721 01:33:56.038 --> 01:33:59.849

That's what your agents right Jeffrey. 722 01:34:00.384 --> 01:34:00.953 Just so, 723 01:34:00.953 --> 01:34:06.894 that standard for for purpose is that those preventive and 1st, 724 01:34:07.043 --> 01:34:13.434 state or lotions do over the counter do not require a physician order if your provider, 725 01:34:13.463 --> 01:34:16.253 or you provider agency policy is. 726 01:34:16.588 --> 01:34:21.809 Free everything has to have a physician order to follow your provider agency policy. 727 01:34:21.809 --> 01:34:27.389 Silence. 728 01:34:27.389 --> 01:34:32.069 And it looks like the pole has ended and so we will. 729 01:34:32.069 --> 01:34:35.189 Okay, see our results here shortly. 730 01:34:35.189 --> 01:34:38.668 What we're doing, I'm clicking around all stuff. 731 01:34:48.359 --> 01:35:01.048 So all of you that chose D is as 1 that does not require a position order. You are correct? 732 01:35:01.048 --> 01:35:09.418 Appointment the same screen in the ChapStick are ones that we, as the image does not require a physician order for. 733 01:35:09.418 --> 01:35:15.929 The 3rd 1 are the number D is does require a position order because it is Medicare.

734 01:35:15.929 --> 01:35:18.929 And it's for a specific reason. 735 01:35:19.224 --> 01:35:29.844 Usually for acne, so to continue with adaptive equipment, you want to again be specific on what the order is for. 736 01:35:30.024 --> 01:35:36.923 So any piece of adaptive equipment that your client utilizes, it needs to be listed as on a physician order. 737 01:35:37.259 --> 01:35:45.389 So, let's say they use a wedge display needs to be on there, or they use a cane or a walker a wheelchair. 738 01:35:46.703 --> 01:36:00.384 Maybe they have grabbed bar or gate bell he's a helmet. All of those things need to be listed individually on a physician order. It can be 1 order and have them all listed, but it does need to be listed with order. 739 01:36:01.163 --> 01:36:10.703 Now, as far as education providing on how to use the equipment appropriately, you want to go with the recommendation of the manufacturer. 740 01:36:10.703 --> 01:36:17.724 So, for for your lists, however, the manufacturer recommends that the horror lift be used safely that flow. 741 01:36:18.833 --> 01:36:29.064 Now, as far as I think there has been some debate over whether your lift is a 1 or 2 person thing, follow your policy, your provider policy again on that route. 742 01:36:29.368 --> 01:36:37.498 Um, personally, I feel like it's safer if there's 2 people, I mean, those things are very top heavy. They can tip over sometimes fairly easily. 743 01:36:37.498 --> 01:36:42.208 So, but again, solve your provider. 744 01:36:42.208 --> 01:36:46.738

You might it is strongly recommended that you. 745 01:36:46.738 --> 01:36:58.859 Have copies of the manufacturer recommendations in the home for quick reference for the staff that are coming in. Especially if you have staff that tend to have to move around a lot to cover. 746 01:36:58.859 --> 01:37:03.958 Just so that they can kind of review that and make sure that they're utilizing that equipment safely. 747 01:37:03.958 --> 01:37:10.529 So, we haven't sent it do your staff have access to make that recommendation for you? 748 01:37:10.529 --> 01:37:18.088 And maintenance of adaptive equipment, in addition that maintenance of adaptive equipment, you want to make sure that you have. 749 01:37:18.088 --> 01:37:29.069 But the staff is documenting their routine maintenance routine, cleaning, routine, maintenance like the wheelchair. She knows usually yearly or every 6 months they get seen by the men by. 750 01:37:29.069 --> 01:37:38.309 Like, some professional that make sure that all the bells and whistles are working all the gears are working and replaces any damage or torn. 7.51 01:37:38.309 --> 01:37:44.908 Pieces are you also want to make sure that they're documenting routine clean, you know. 752 01:37:44.908 --> 01:37:50.488 Nowadays, I would recommend the thing seek wiped off daily and then that's charted. 753 01:37:50.488 --> 01:37:53.939 That's when I, when we look at. 754 01:37:53.939 --> 01:38:00.899 Doing our nursing reviews that's what we look at. We love to make sure that there's documentation that things that's being cared for on a regular basis.

755 01:38:07.769 --> 01:38:12.809 Okay, and that looks like our time is up. The answers are being tallied. 756 01:38:16.048 --> 01:38:20.908 Any questions. 757 01:38:28.828 --> 01:38:33.298 From the will be. 758 01:38:33.298 --> 01:38:37.889 Okay, it does look like some people have them available. Okay. 759 01:38:37.889 --> 01:38:44.038 A lot of people didn't answer and that's okay too, but just something to keep in mind. Turn it back over you, Michelle. 760 01:38:44.038 --> 01:38:47.849 Okay. 761 01:38:47.849 --> 01:38:54.389 The administration we want to make sure that there is a clear defined administration process. 762 01:38:54.389 --> 01:39:03.059 Process for your facility so the process that I was used to looking at, whenever I was in the oversight, our position was. 763 01:39:03.059 --> 01:39:15.564 That position orders, match the Mars and that the Mars and the physician wars match the labels on the containers that they're in, whether they all packs or the little cartridges making sure that all 3 match was 1 of the big things. 764 01:39:15.774 --> 01:39:19.613 I did find several times discrepancies between some of those. 765 01:39:21.054 --> 01:39:35.844 And making sure that, you know, kind of looking at the pill to make. Sure. Well, this wasn't the same as the kind. We got last time, giving a quick call to the pharmacy saying, hey, this is a different color. They might tell you that. Oh, it was a different supplier this time. That's why it's a different color that kind of thing.

766 01:39:36.208 --> 01:39:42.868 You want to make sure that whenever they are passing medications that they're truly identifying the client that they're giving it to. 767 01:39:42.868 --> 01:39:48.448 I have had a couple in the last couple of weeks. The empties come across where people have. 768 01:39:48.448 --> 01:40:01.139 Perhaps the medication 1 person, and they were sitting on the couch next to each other, and they inadvertently gave it to the housemate rather than the person they prep the medicines for make sure that they're identifying who they're giving him to. 769 01:40:01.139 --> 01:40:08.069 And because cellular to give was 95% of all of our medication errors. 770 01:40:08.069 --> 01:40:13.408 We want to make sure that we're seeing some sort of alarm. We're setting a practice up. 771 01:40:13.408 --> 01:40:17.338 To ensure that we're remember that there's medication. 772 01:40:17.338 --> 01:40:28.048 Be given at this time, a lot of times when I was teaching middle class, I would say, set time on your phone set an alarm, your phone that being maybe people that want to use their phone. Maybe getting a house. 773 01:40:28.048 --> 01:40:36.029 Clock was an alarm on it, didn't you set that alarm for whenever it's time to give them medicine or something to that? So we want. 774 01:40:36.029 --> 01:40:48.208 Clear precise administration process on how to give them as appropriately. Again, following your provider policy is the way to go on this. 775 01:40:48.208 --> 01:40:58.139 But you want to monitor that, make sure that you're going into the home at times with meds or do so you can observe fast giving those medications, make sure that they're.

776

01:40:58.139 --> 01:41:04.168 Checking everything to make sure if incorrect make sure they're identifying that client and that they're charting appropriately. 777 01:41:04.168 --> 01:41:11.488 If they're not voice your concerns, fine, you know, say, hey, you didn't do this, this and this stuff. 778 01:41:11.488 --> 01:41:18.868 And maybe you, you might have missed something. So what happens is at the time that you find them. 779 01:41:18.868 --> 01:41:21.958 We're going to only. 780 01:41:21.958 --> 01:41:29.069 Certified personnel are allowed to administer medications in the hall. 781 01:41:29.069 --> 01:41:35.849 Whether that be in state operated, or in an, or a group home only level 1. 782 01:41:35.849 --> 01:41:42.838 lpns, and are allowed to administer medication to a client in the home when they are in services. 783 01:41:42.838 --> 01:41:47.969 With their provider, only those people are allowed to give medications guardians. 784 01:41:47.969 --> 01:41:52.559 Should not be a cloud to come in and that's something that they just brought in with them. 785 01:41:52.559 --> 01:42:07.314 To a client while they're in the care of the provider now, if that guardian takes them home with them, and they are away from our services, and the Guardian chooses at that time to give them something that is not prescribed position that's on them. 786 01:42:07.618 --> 01:42:15.569 But while they are in the dark here level 1, and should be allowed to

administer medication.

787 01:42:15.569 --> 01:42:22.889 If guardian want something to be added, or taken away from their medication list. 788 01:42:23.969 --> 01:42:32.788 Remind them that they have to have the process is that they have to have a physician okay. On that. They have position order to stop anything or to add anything. 789 01:42:32.788 --> 01:42:38.519 You know, and explain to them that that has to do with that. You're just ensuring the safety of the client. 790 01:42:38.519 --> 01:42:46.349 And it's nothing against that, you can pursue that discussion with the physician, or they can pursue that discussion with the physician. 791 01:42:46.349 --> 01:42:49.439 But you, as a provider has to have an order for that change. 792 01:42:52.798 --> 01:43:00.088 Backtrack there only, you know, a lot of guardians will say, hey, I want this added. 793 01:43:01.139 --> 01:43:07.229 Remind them never remind them again that they can't just automatically add anything. 794 01:43:07.229 --> 01:43:11.128 What comes into your house and tells here you need to do this. 795 01:43:11.128 --> 01:43:14.338 Make sure that has that information. 796 01:43:14.338 --> 01:43:19.649 Knowledge that that whole process that they have to inform the Guardian that. 797 01:43:19.649 --> 01:43:24.779 That can't happen without if it's as far as your role. 798 01:43:24.779 --> 01:43:28.559

Just awareness overall, awareness. 799 01:43:28.559 --> 01:43:35.368 What, when there is a medication error, or there is an event, a reportable event of some kind. 800 01:43:36.719 --> 01:43:39.838 Who, who does what who filled out the report? 801 01:43:39.838 --> 01:43:44.519 Who does that report go to make sure that, you know. 802 01:43:44.519 --> 01:43:48.418 That process is, and what is your role during that process? 803 01:43:48.418 --> 01:43:53.939 Who contacts you, if there's a medication error who contacts you are you contacted. 804 01:43:55.349 --> 01:44:02.939 What is your role in the follow up? Or do you go out and do an assessment on these folks? Do you just give a call and say, hey, how are they doing? 805 01:44:02.939 --> 01:44:08.219 Do you have any process in the reporting? Do you have a role in the reporting process? 806 01:44:08.219 --> 01:44:14.639 No, if you don't have a role and you don't know what your. 807 01:44:14.639 --> 01:44:23.099 Role is in that process, or maybe included in that process start conversations with your administration, saying that, you know. 808 01:44:23.099 --> 01:44:26.878 As we are in providing oversight for this client. 809 01:44:26.878 --> 01:44:33.809 You should be involved in that process if the medication error, if there is a fall or an injury, or. 810 01:44:33.809 --> 01:44:47.038

Any reportable event, you should be a part of that process. You should be getting notified somehow whether someone calls you or you receive a copy of the report, something affect, you need to be included so that you can help. 811 01:44:47.038 --> 01:44:53.219 And provide your medical opinions for how to proceed, or what follow up needs to be. 812 01:44:53.219 --> 01:44:56.279 Taken care of. 81.3 01:44:57.448 --> 01:45:04.498 Also discuss your role of what monitoring remediation for those pieces. 814 01:45:04.498 --> 01:45:09.238 Maybe you have 1 DSC that is making medication errors on a regular basis. 815 01:45:09.238 --> 01:45:12.269 You know, you've had 2 or 3 of them in the last month. 816 01:45:12.269 --> 01:45:21.599 Maybe that person needs a little bit of remediation. Maybe they need to be I know what process that is of correcting your problem because, you know. 817 01:45:21.599 --> 01:45:25.109 1 is an accident to is a trend. 818 01:45:25.109 --> 01:45:30.389 So, we don't want that to happen and we don't want them cropping any farm to our people. 819 01:45:31.408 --> 01:45:42.328 Then follow up with your staff, if your staff have concerns, or if they have questions, make sure those questions are being answered if they have concerns, make sure you're following up on those. 820 01:45:42.328 --> 01:45:45.838 If you have concerns about a specific staff. 821 01:45:45.838 --> 01:45:50.759

Have that conversation with your administration and with a director with a leper. 822 01:45:50.759 --> 01:45:57.748 Is about that and say, I have concerns about this 1st thing SMS or I have concerns about this during this treatment. 823 01:45:57.748 --> 01:46:01.498 Make sure that you're communicating. I know that. 824 01:46:01.498 --> 01:46:09.328 My biggest problems was vacation that I wasn't in part of that process. And so I. 825 01:46:09.328 --> 01:46:12.809 Being a very assertive almost 1st time. 826 01:46:12.809 --> 01:46:21.569 Make sure I interject my a little bit. Assertiveness can go a long way to decreasing injuries. 827 01:46:23.189 --> 01:46:28.019 So, poll question number 4 are you notified when a medication error occurs? 828 01:46:29.069 --> 01:46:36.838 Hey, Eva. 829 01:46:50.878 --> 01:47:04.679 This question we were allowing 1 minute time to answer. So, as soon as. 830 01:47:04.679 --> 01:47:10.498 That minute has passed, we will see the results of the pole. 831 01:47:27.359 --> 01:47:30.538 I feel like we needed. 832 01:47:32.219 --> 01:47:35.698 Yeah, for a timer or tick? Tik Tok mm. Hmm. 833 01:47:35.698 --> 01:47:39.118 There was a comment in the chat that.

834 01:47:39.118 --> 01:47:51.689 Notification was hit and miss, I can say in my experience, that's the way it was for me when I. 835 01:47:51.689 --> 01:47:59.158 So oh, good more people than not. 836 01:47:59.158 --> 01:48:03.509 Are being notified at least. So I'm glad to hear that. 837 01:48:05.309 --> 01:48:09.719Because you don't know, there's a problem if you're not told there's a problem. So. 838 01:48:09.719 --> 01:48:13.679 Making sure that the is always a big thing. 839 01:48:15.269 --> 01:48:20.849 Question and 5 is, are you notified when a event report is completed for a medication error? 840 01:48:20.849 --> 01:48:24.509 Do you get a copy of that report? 841 01:48:24.509 --> 01:48:27.569 Does someone say, hey, I got this report. 842 01:48:29.849 --> 01:48:42.389 The time limit on this 1, it looks like it's about 5 minutes. So. 843 01:48:42.389 --> 01:48:45.658 Take your time and answer please. 844 01:48:48.599 --> 01:48:52.708 What's happening with the poll questions is, is if someone is still. 845 01:48:52.708 --> 01:48:57.448 There's a few people still answering it won't cut them off. It gives them.

01:48:57.448 --> 01:49:02.399 An extra few seconds timer and that's why, when you see if it's only 1 minute. 847 01:49:02.399 --> 01:49:07.349 Yes, it's taking a little bit of time. It's only because people are still working on it. 848 01:49:07.349 --> 01:49:11.038 Oh, okay, great. Thank you. Okay. 849 01:49:19.618 --> 01:49:30.779 Yeah, so key takeaways where do you fit in. 850 01:49:30.779 --> 01:49:36.359 With your medication error reporting process and how are you. 8.51 01:49:36.359 --> 01:49:41.368 Called upon to maybe assist with mitigation strategies and. 852 01:49:41.368 --> 01:49:45.389 And so that's a that's important because Michelle said to. 853 01:49:45.389 --> 01:49:48.538 To make sure you understand your agencies policies and that. 854 01:49:48.538 --> 01:49:51.658 That you have a communication with your director. 855 01:49:51.658 --> 01:49:56.458 Yeah, you know, just just so that you understand what what it is that it's expected of, you. 856 01:49:58.109 --> 01:50:06.359 And I just saw someone mentioned something about you were working with them on pyramid on your notification, and you're working with them on that. 857 01:50:06.359 --> 01:50:11.248 If there isn't a process for you or, you know. 858 01:50:11.248 --> 01:50:15.899

Then create 1 get with your administrator and say, okay, I, I struck. 859 01:50:15.899 --> 01:50:22.979 So, we built our new part of this process and so create the process, create how it should be taken care of. So. 860 01:50:24.899 --> 01:50:30.389 Again, yes, some of you are receiving most of you are receiving notification at the. 861 01:50:30.389 --> 01:50:35.368 And some of you are not so if there isn't a process. 862 01:50:35.368 --> 01:50:40.259 Make yourself familiar if there is 1 and if there's not. 863 01:50:40.259 --> 01:50:43.529 Help to create that process so you can be involved in that. 864 01:50:45.719 --> 01:50:52.529 The conclusion basically clear specific, individualized orders with instructions. 865 01:50:52.529 --> 01:50:56.189 Making sure that everything is spelled out as as. 866 01:50:56.189 --> 01:51:00.748 Clearly, and plainly as possible. Remember you want to make those. 867 01:51:00.748 --> 01:51:11.338 Orders so that any John micro Harry can come off the street and read that order and be able to follow those instructions able to pass to give treatment to study. 868 01:51:11.338 --> 01:51:16.198 Make sure that everyone has defined clear role. 869 01:51:16.198 --> 01:51:25.859 Level 1, that this is your role. This is what you do you and as the oversight are in, this is my list is everything that I do. 870 01:51:25.859 --> 01:51:31.948

You want to make sure that those everyone knows what their role is and that they're even those expectations of their role. 871 01:51:31.948 --> 01:51:36.269 Especially in a reportable events, you know. 872 01:51:36.269 --> 01:51:41.639 1 of the things I had a client that has surgery. 873 01:51:41.639 --> 01:51:55.588 And the queue of the house, the shift supervisor about handled everything from Pre admission, all the way through surgery and nobody knew about it the oversight, our service coordinator myself. 874 01:51:55.588 --> 01:52:01.859 Administration nobody knew about this, so make sure that you are aware and everyone has defined clear roles. 875 01:52:01.859 --> 01:52:07.408 And then open communication and the installation, all I would have taken was 1 phone call. 876 01:52:07.408 --> 01:52:11.488 Hey, Johnny has to have surgery. Here's where going on. 877 01:52:12.538 --> 01:52:23.878 Open communication with your DSP making insurance, saying that they're comfortable listening and asking questions and with your administration saying, this is what I feel is most important. 878 01:52:23.878 --> 01:52:32.368 And you fill us, right? Stand up for it. Otherwise, you know, make sure that things are going to they're supposed to be going and that you are. 879 01:52:32.368 --> 01:52:39.059 You know, what you need to know how do you need to know it and when you need to know it can provide that oversight. 880 01:52:39.059 --> 01:52:42.208 So that inclusion. 881 01:52:42.208 --> 01:52:45.298 Does anyone have any questions.

882 01:52:48.418 --> 01:52:58.168 Thank you very much Michelle for that presentation. We really appreciate that. 883 01:52:58.168 --> 01:53:03.359 See, there doesn't appear to be any questions in the chat. 884 01:53:05.729 --> 01:53:11.698 And we are coming up upon our where we are going to break for lunch for an hour, give you guys a chance to please. 885 01:53:11.698 --> 01:53:15.509 Hydrate get something to eat to stretch your legs. 886 01:53:15.509 --> 01:53:20.519 And we will regroup at 1 o'clock. 887 01:53:20.519 --> 01:53:24.448 You don't have to log out and. 888 01:53:24.953 --> 01:53:36.293 It's advisable if everyone does not log out, because when we track this, uh, for attendance and everything and misses up that, so please do not log out for that hour. 889 01:53:36.293 --> 01:53:40.613 Just step away do whatever you need to do to be back for 1. 890 01:53:44.849 --> 01:53:57.564 Thank you sorry I didn't want everybody to. 891 01:53:57.564 --> 01:53:59.934 I didn't want to hop off. 892 01:54:00.208 --> 01:54:11.969 No, you're fine. I was, I was thinking about how to say that and you're just fine. Do you care if while we're taking a break? I'm going to I'm going to share my PowerPoint. 893 01:54:11.969 --> 01:54:18.389

And I just want to make sure it shares properly. Is that okay? If we practice that real quick? Oh, absolutely. Okay. 894 01:54:18.389 --> 01:54:21.509 Thank you just I'll just take a 2nd, I just want to make sure I'm. 895 01:54:21.509 --> 01:54:28.078 Pulling it up. Okay. There were some great question or we've had. 896 01:54:28.078 --> 01:54:33.448 We have had some questions that would be for. 897 01:54:34.918 --> 01:54:39.208 It would be for Michelle, um, in regards to some of the other. 898 01:54:39.208 --> 01:54:42.658 Um, some other stuff, so. 899 01:54:44.998 --> 01:54:55.559 Oh, okay, okay. I didn't see that. Come through, but we can definitely answer those and address those in an epic queue. Right right. They were just we were getting those at the time. So. 900 01:54:55.559 --> 01:55:06.689 So. 901 01:55:10.229 --> 01:55:18.179 Okay, perfect. I just wanted to make sure I can share. What what the actual PowerPoint without my notes showing. Okay. 902 01:55:18.179 --> 01:55:25.559 All right, great is all I needed to do I want to stop sharing. 903 01:55:32.099 --> 01:55:37.168 Right. We'll have a good break. Hey, Lesley, I'm going to do the same thing. 904 01:55:37.168 --> 01:55:41.279 Okay, I just want to make sure sure. 905 01:55:41.279 --> 01:55:47.788 Yeah, after I looked at it, I just if you have 2 screens, you hit that.

906 01:55:47.788 --> 01:55:53.368 From beginning, if you go under slide show, then from beginning, and it'll show. 907 01:55:53.368 --> 01:55:58.259 On 1 screen, what everybody else is seeing, and then on the other screen, and it'll show. 908 01:55:58.259 --> 01:56:04.439 Notes in the next slide, I'll stay on and work if you want me to and. 909 01:56:08.219 --> 01:56:16.109 Are you there? Yes. 910 01:56:16.109 --> 01:56:20.519 Okay, so I don't have that share button at the bottom of my screen. 911 01:56:22.889 --> 01:56:26.969 Just like in. 912 01:56:34.828 --> 01:56:39.748 Tricia, are you trying to share something? Is that what it is? 913 01:56:40.889 --> 01:56:44.878 I was just going to do see if I could. 914 01:56:44.878 --> 01:56:45.779 Load up.