1 00:00:01.739 --> 00:00:08.130 All right, so it's 230, so we're gonna go ahead and get started. 2 00:00:08.130 --> 00:00:16.379 Today's webinar is about coaching and how to build those systems. So we're going to talk a little bit more about that but 1st, we're going to do some housekeeping and introductions. 3 00:00:23.670 --> 00:00:38.100 All right, so quick introduction. My name is Nicole Jones. I'm an agency tiered support consultant. I worked down in the Springfield regional office, and I'm here today with going to introduce herself. 4 00:00:39.149 --> 00:00:53.994Hi, everybody my name is, I am the agency tiered support consultant supervisor over the Kansas City and Albany region. Pretty excited to be here today to talk to you about why coaching can be beneficial to your organization. 5 00:00:54.024 --> 00:00:57.174 And some of the ways that you can build your own coaching system. 6 00:00:57.509 --> 00:01:10.734 In your team, so we want you guys to know if you have any questions feel free to put them in chat you will try to do our best to answer them. And if we can't, we'll try to follow up with a question and answer document. 7 00:01:11.185 --> 00:01:25.135 But, if you do chat us, make sure you have all panelists selected because if you select any other option, either myself or Canaan may not see the chat. So, if you want to ask us a question, just make sure you have all panel selected when you put those into chat. 8 00:01:26.790 --> 00:01:28.584 All right, let's go ahead and get started. 9 00:01:37.375 --> 00:01:42.534 All right, so quick overview today we're going to be talking about the benefits of a coaching system. 10 00:01:43.254 --> 00:01:57.625

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You know, what's there to get out of building a coaching system? Why do you do it? What's the purpose? We're also going to talk a little bit about how do you go about implementing a formal coaching system? How do you make that systemic change within your own agency? 11 00:01:58.015 --> 00:02:08.004 And then briefly we're going to talk a little bit about the coaching framework tool and how we utilize it to help with implementation when we are building coaching systems throughout the agency. 12 00:02:08.310 --> 00:02:21.180 So so the 1st question I have for you guys is what kind of training strategies do you currently use for your agency? Do you use in person training? 13 00:02:21.835 --> 00:02:30.805 When they come into the office and come and get training, do you have some sort of shadowing peer mentoring going on? Do you use video modeling? 14 00:02:31.104 --> 00:02:43.104 Do you have some sort of competency coaches, coaching already in place and if you use any of those kind of strategies or even some that I didn't mention, could you just put it in chat? We kind of want to get a feel for what everyone is using currently. 15 00:02:57.060 --> 00:03:00.240 All right something, some, some Webex. 16 00:03:01.289 --> 00:03:05.129 Some people are using everything, except for the video modeling that I talked about. 17 00:03:05.129 --> 00:03:09.210 I've seen lots of seeing all of those. I like that. 18 00:03:10.710 --> 00:03:15.240 Online realized for initial training then in person mentoring afterwards. That's good. 19 00:03:15.240 --> 00:03:18.659 In house training a little bit of everything. 20 00:03:19.740 --> 00:03:23.009

We use video, modeling, role, playing feedback, love that. 21 00:03:24.719 --> 00:03:30.270 All right. Okay so we got a a smorgasbord of training strategies that looks like. 22 00:03:30.270 --> 00:03:35.819 Got some 1 on 1 training with agency management job, shadowing of other staff. 23 00:03:35.819 --> 00:03:38.909 Making sure we're following the Webex samples. 24 00:03:38.909 --> 00:03:44.189 So, but on the job training seems to be the most beneficials what I'm seeing from other people. 25 00:03:44.189 --> 00:03:49.620 All right wonderful. Thank you. Guys for responding. We're go ahead and move on to the next slide. 26 00:03:52.229 --> 00:04:05.189 So, thank you guys for all sharing kind of the training strategies you currently employ now, we're going to talk a little bit about the benefits of using competency, coaching as a system within your agency. 27 00:04:05.189 --> 00:04:10.740 You want to hit the next slide, right? So. 28 00:04:10.740 --> 00:04:24.899 For those of you, if you could quickly in the chat, just let me know how many of your leaders for your agency. So you could be a supervisor, you might be a house manager, you might be a director. I just kind of get a feel of how many leaders are on the webinar today. 29 00:04:27.569 --> 00:04:34.649 I think quite a bit. 30 00:04:36.149 --> 00:04:39.358 Directors managers, supervisors, we got the whole gamut. 31 00:04:41.369 --> 00:04:54.324

Perfect. Okay, so then you might feel this, this particular slide. How many times have you felt that? Maybe you just didn't get enough time doing the managering managerial part of your job right? 32 00:04:54.384 --> 00:05:04.463 The planning and strategizing that your agency needs in order to function day to day. I get that sometimes you kind of get sucked into things. 33 00:05:04.764 --> 00:05:16.043Well, the biggest benefit to utilizing a coaching system is that team members who are coach to welcome responsibility and don't have to be chased or watched the leader's report feeling awake being lifted off their shoulders. 34 00:05:16.074 --> 00:05:25.403 They have less stress, and they have more time to think strategically about their day instead of getting sucked into that day to day operation. And it provides an environment where people feel valued. 35 00:05:25.403 --> 00:05:40.403 And when you have an environment where people feel valued, people are willing to go that extra mile, even without being asked when you have an environment where people don't feel valued you tend to see a situation where staff only do what they are told. 36 00:05:40.403 --> 00:05:53.574 And sometimes as little that as possible to begin with, and there's organizations all over the world that believe in the power of coaching organizations, like a T, American Red Cross 3. M. U. P. S. 37 00:05:53.603 --> 00:06:00.233 even the federal government, the United States and Canada, believe that coaching helps to develop people and increase productivity. 38 00:06:07.588 --> 00:06:18.509 But just like Nicole mentioned boosting productivity is a benefit of investing in a good coaching system when we are making sure that we. 39 00:06:18.509 --> 00:06:28.944 Take the time work with the staff that we want to work with invest in those coaches, build up that good system. We are going to really improve several great areas in our organization. 40 00:06:29.213 --> 00:06:35.394

What is them being this productivity factor that she just mentioned and the other 1 is all about innovation? 41 00:06:35.394 --> 00:06:48.923 So, when I talk about productivity in this manner, I'm really talking about what are the outcomes that we're getting when it comes to the staff that we're investing this time in what are they going to be doing for us down the line? What are they going to be doing for those? 42 00:06:49.014 --> 00:06:50.694 Those individuals and services. 43 00:06:51.028 --> 00:06:51.478 Um, 44 00:06:51.593 --> 00:07:06.473 and it's really kind of overwhelming to think about how I can enhance this training because there are a lot of factors that all have an impact on what it means to make a training successful trainings in the use of those virtual methods that we saw 45 00:07:06.473 --> 00:07:08.064 people talking that Webex is. 46 00:07:08.399 --> 00:07:20.124 Trainings in regards to using videos to enhance whatever it is that you're, you're instructing people on giving people the opportunity to practice in a training setting, getting people, the opportunity to get that great feedback. 47 00:07:20.634 --> 00:07:28.644 I can tell that there are a couple of people in who, who are going to really enjoy a slide that we're going to talk about later on. All of those things can really have an impact on training. 48 00:07:28.644 --> 00:07:36.653 But what we know as the most impact is having that ongoing, initial and ongoing coaching system. So. 49 00:07:37.048 --> 00:07:40.259 It really provides the necessary influence. 50 00:07:40.259 --> 00:07:53.514

It's going to impact the training that you are providing, whether it be from documentation training all the way up to a skill based training that you want to help fast implement better and companies who offer this training experience alone. 51 00:07:53.514 --> 00:07:57.233 So, they're really only doing that lecture portion. They're not really going beyond that point. 52 00:07:57.538 --> 00:08:03.209 Um, they see a 22.4% increase in that level of productivity of their staff, which. 53 00:08:03.209 --> 00:08:11.338 Isn't terrible it's definitely better than OT, but we can also say that research like. 54 00:08:11.338 --> 00:08:21.178 We people have studied this, they found research that backed us up and when you implement a coaching system, you are going to increase that productivity level to 88%, which is. 55 00:08:21.178 --> 00:08:32.759 Substantial people are going to walk away from your training, they're going to feel more successful, long term. They're going to have more output down down down the road. So. 56 00:08:32.759 - > 00:08:42.899It also really helpful when we come to innovation, because you're investing in these people, you're, you're having this 1 on 1, get to know you. 57 00:08:42.899 --> 00:08:53.369 Engage moment with each person that you're coaching and you really start to learn and understand what it is that their goals are what their skills are what they're willing to work towards. 58 00:08:53.369 --> 00:09:08.063 Um, their strengths and weaknesses, it's just, it really gives you this opportunity to learn and build this great relationship and connection. And when you have that, people are more open to offering suggestions, are more open to impacting the changes in their organizations. 59

00:09:08.214 --> 00:09:20.063

They want to make that investment. They want to make innovative ideas, come to fruition. So, if you want to see full benefits of coaching, find out how you can invest junior people. 60 00:09:20.369 --> 00:09:30.658 And then really look towards what they can give back to you, because I really like hearing how we can be better. And I get that every time I do a 1 on 1 coaching with 1 of my own staff. So. 61 00:09:32.938 --> 00:09:47.369 Right so another question this is just kind of pick your brain. So what do you guys already do where you kind of go the extra mile to help your employees succeed? What are some strategies you guys are using? Currently. 62 00:09:58.469 --> 00:10:06.568 I left open door policy. Like, the incentives to reinforcing staff are doing good work. 63 00:10:06.568 --> 00:10:12.839 Yeah, I like that positive write ups, Brian on each other. 64 00:10:12.839 --> 00:10:17.369 Building up that positive interaction birthday capital. 65 00:10:17.369 --> 00:10:21.239 I bought my birthday cupcake. 66 00:10:23.308 --> 00:10:29.489 I like that, I like valuing your employees and even just like a birthday cup can show that. Hey, I value you being here. 67 00:10:32.519 --> 00:10:35.729 That is very important. The regular feedback on performance. 68 00:10:39.928 --> 00:10:45.568 Work adversaries. Those are cool. Yeah, that's a positive thing. 69 00:10:45.568 --> 00:10:50.938 Yeah, all right so that leaves us in to. 70 00:10:51.203 --> 00:10:54.594 Helping develop, so, coaching helps.

71 00:10:54.594 --> 00:10:58.254 That helps develop talent for an agency and according to a July, 72 00:10:58.254 --> 00:10:58.374 2011, 73 00:10:58.374 --> 00:10:59.453 American Management Association survey, 74 00:10:59.453 --> 00:11:02.423 almost half of the participating organizations, 75 00:11:02.423 --> 00:11:10.254 use coaching to help people prepare for our new role or promotion but the 3 most common uses in the survey. 76 00:11:10.254 --> 00:11:11.573 For coaching was leadership development. 77 00:11:13.769 --> 00:11:21.024 Remedial performance improvement and optimizing strong contributors for your agency, which again goes back to that boosting productivity. Right? 78 00:11:21.024 --> 00:11:29.604 You want strong contributors within your agency and help boost that productivity, boost that innovation and hopefully provide better services because of it. 79 00:11:29.908 --> 00:11:36.989 Also, coaching helps you invest in your employees career development, right? So. 80 00:11:36.989 --> 00:11:46.619 Developing people doesn't mean, you send them off on a short training. Course once or twice a year right? Developing people on the job creates a learning culture that. 81 00:11:46.619 --> 00:11:59.158 At the same time increases employee satisfaction and retention the way you lead either develops people or it leaves them behind. But an agency with a coaching mindset is all about being responsive and responsible to employee needs.

82 00:12:04.889 --> 00:12:09.178 Now, I know that this is an issue within our. 83 00:12:09.178 --> 00:12:20.033 Service industry right retention is an ongoing barrier and I'm sure with a pandemic, this has been exasperated quite a bit. It's something that many many organizations struggle with. 84 00:12:20.573 --> 00:12:33.203 The good news is that coaching can help improve retention organizations that have really strong coaching cultures have more highly engaged employees and companies without a strong culture and culture, which is about 61% versus the 53%. 85 00:12:34.943 --> 00:12:42.413 And they also have often have above average revenue growth, as opposed to companies without strong coaching cultures. 86 00:12:42.774 --> 00:12:56.874 And people just enjoy a collaborative approach people who use coaching leadership report that their own job satisfaction increases along with the satisfaction and retention of their team members. Coaching allows you to improve improve relationships and engagement within your own agency. 87 00:12:57.803 --> 00:13:10.524 By respecting and valuing individuals, you improve relationships, you increase engagement and you boost the success that companies coaching the very active just asking someone a question values that person in their answer. 88 00:13:10.764 --> 00:13:15.923 And if you only tell there's never an exchange, and that's no value is added to that relationship. 89 00:13:22.229 --> 00:13:26.219 Okay, and this is a good question, and it can be kind of a sticky think. 90 00:13:26.219 --> 00:13:30.658 So, if you know, on average, how much does it cost your agency. 91 00:13:30.658 - > 00:13:36.538To have a new employee, just hire a new employee. How much does that cost your agency? If you know.

92 00:13:40.048 --> 00:13:46.349 I can tell you that for replacing 1 of the agency tiered support consultants. At least. 93 00:13:46.349 --> 00:13:53.099 8000 dollars that's bare minimum. Yeah. Bare minimum. At least 8000. just to have 1 of us replaced. 94 00:13:55.619 --> 00:13:59.458 Oh, my gosh. Well, 90000 dollars. 95 00:14:00.629 --> 00:14:05.639 Could be, depending on the job, the technical difficulty of it, the certification of it. 96 00:14:05.639 --> 00:14:17.609 Could be quite a bit of money and it's expensive right? That retention losing people. That's expensive. And it's hard to constantly have that revolving door because it does hurt your bottom line. 97 00:14:17.609 --> 00:14:26.548 So, let's go ahead and move to the next slide. Good thing to know is that coaching cost less. 98 00:14:26.548 --> 00:14:32.219 Then formal training, right? And it helps individuals maintain their skills over a longer period of time. 99 00:14:32.219 --> 00:14:41.759 So, if we have 1 company that talked about the estimate for their monetary pay off for coaching, they received, and the managers had described, they. 100 00:14:41.759 --> 00:14:51.778 There was an average return of about a 100 grand or about 6 times what it costs for them to implement their coaching program. And a lot of times. 101 00:14:51.778 --> 00:15:01.524 Having those coaching relationships help, you harness the strengths and qualities of your own people, it allows you to have the mindset and the skill to tap into your people's strengths.

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00:15:01.553 --> 00:15:13.553 And in that way, you uncover those undeclared talents, those undeclared skills that kind of help you figure out who's the best for what? Practical solutions to problems that you're running into and the. 103 00:15:13.979 --> 00:15:27.269 The only way to really tap into that is to talk to the people who have in depth knowledge of the problems they're facing. They're in it every single day, they have the best knowledge, and those are the people we should be tapping into to kind of fix some of those problems. 104 00:15:28.589 --> 00:15:35.938 Put the next next place and so. 105 00:15:35.938 --> 00:15:40.078 I don't know how many of you guys have you ever heard of growth mindset versus fix mindset? 106 00:15:40.078 --> 00:15:44.339 If you have go ahead and put in chat, you have, and if you haven't, you can always put in chat. You have it. 107 00:15:46.349 --> 00:15:54.208 Oh, yes. Oh, good. Okay. So it doesn't look I want to do a ton of explanation, but I'm going to give a quick kind of quick rundown. 108 00:15:54.208 --> 00:16:00.448 Of what to fix mindset? What's the growth mindset? So, mindset believes you have fixed talents. 109 00:16:00.448 --> 00:16:06.359They're static you are born an artist, or you weren't born an artist and that's just how it is. 110 00:16:06.359 --> 00:16:12.688 And there's no, like, really room for improvement, whereas in a growth mindset, they believe. 111 00:16:12.688 --> 00:16:26.693 You know, limit is the potential for anybody's limited, just unlimited. Right? It's just, there's no way. You can be stagnant in your skills. As long as you're developing training and so forth. 112 00:16:27.144 --> 00:16:38.844

They also look at, like, failures as just a bump on the road on that journey, as opposed to. Oh, God. Well, this means I can't do it. They see it is. Okay. Well, I'm going to learn from this. I'm going to move forward. 113 00:16:39.538 --> 00:16:47.339 So, fix mindsets, believing that you either have tell her you don't there's some big issues with those kinds of cultures developing within your agency. 114 00:16:47.339 --> 00:16:59.428 I study show that in organizations with fixed mindset, cultures were being smart and talented as prize over all over their behaviors. Employees at all levels, tend to hoard resources, even from their teammates. 115 00:16:59.428 --> 00:17:11.009 To lie more frequently to colleagues and to clients and doubling others when things go south and probably the worst of all, they ignore or abandoned learning opportunities that would foster growth and innovation. 116 00:17:11.009 --> 00:17:16.618 So, huge issue, if you start seeing a fixed mindset culture developing within your agency. 117 00:17:16.618 --> 00:17:29.788 On the other hand, if you have an agency that really adopts that growth mindset really encourages that learning and continuous development. We have found that. 118 00:17:29.788 --> 00:17:35.459 40 employees with growth mindsets are 47% more likely to say their colleagues are trustworthy. 119 00:17:35.459 --> 00:17:46.138 Then fix mindset, peers, they're 34% more likely to have a strong sense of ownership and commitment to their organization. So that goes back to that retention and satisfaction. 120 00:17:46.138 --> 00:18:00.384 They're 65% more likely to say that their organization supports risk taking, which goes back to that productivity and innovation and tackling those everyday problems. And then they're also 49% more likely to say their organization fosters that innovation and fix mindset. Peers.

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00:18:02.453 --> 00:18:16.913 So, organizations were learning, and growth are encouraged, have a culture that is more collaborative and innovative these organizations also place a very high premium on learning from both successes and failures and tend to have employees who became much more ethically. 122 00:18:17.219 --> 00:18:25.318 All right, so now we've talked a little bit about benefits. 123 00:18:25.318 --> 00:18:36.148 To coaching, right? It goes back to retention. It goes back to developing talent within your agency boost productivity. It also gives you a big return on your investment. 124 00:18:36.148 --> 00:18:45.088 So, now, let's talk about the process. What does coaching actually look like what is what is coaching and then how do you take that process? 125 00:18:45.088 --> 00:18:51.509 And make a systemic change within your agency so. 126 00:18:51.509 --> 00:18:54.689 Quick question, how do you guys currently teach skills? 127 00:18:54.689 --> 00:19:07.169 Cheer employees what strategies you use we talked a little bit about, like, processes before where we had coaching or video modeling, or in person training, but with how do you actually teach. 128 00:19:07.169 --> 00:19:20.068 Staff to, like, let's say, document. 129 00:19:20.068 --> 00:19:23.338 I like that watch 1. do 1 teach 1? 130 00:19:23.338 --> 00:19:32.128 That's what that's a good bottle follow the I do it and then we do it and then you are going to do it. I also have a similar 1, Amy. 131 00:19:34.828 --> 00:19:43.288 Explain demonstrate observe and do it themselves. What I love about all your answers. I've seen a lot of modeling.

00:19:43.288 --> 00:19:47.038 And a lot of participation like them, doing role, playing themselves. 133 00:19:48.568 --> 00:19:53.788 I like bringing it down a different tasks so looking at what needs to be done that's great. 134 00:19:53.788 --> 00:20:02.459 So a lot of you guys are implementing a lot of best practice already, which is great. So, go ahead and talk a little bit more about what coaching looks like. 135 00:20:04.919 --> 00:20:08.759 So 1 of the coolest things about. 136 00:20:09.054 --> 00:20:21.144 Talking about coaching is that we have this incredible model that we can follow and not only does this matter and can be used when you're coaching somebody. But it also just like the way to do training. 137 00:20:21.624 --> 00:20:29.693 We talk about the behavioral skills training model, which if you've been around before you've heard us talk about it. It might not be very new. 138 00:20:30.294 --> 00:20:44.753 If you haven't, it's such a good way to think about how I'm going to get a new skill, or a new thing to a person in a very structured manner. And if you know anything about tiered supports, we like structure. We like systems, we like processes. 139 00:20:44.753 --> 00:20:46.193 So, it worked out really, really well. 140 00:20:46.973 --> 00:20:59.784 So this BSC model, I'm going to briefly cover it, because I think that based off of the responses that we're getting, a lot of you are using good portions of this model. So I'm going to briefly touch on what this looks like. 141 00:20:59.784 --> 00:21:11.094 So, in the model, we have instruction, modeling rehearsal and then feedback and instruction. It focuses around your abilities to explain the reasons why.

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00:21:11.459 --> 00:21:25.949 Somebody might need to do this skill how somebody might need to do this skill when somebody might need to do this skill. So it answers all of those questions of why is this important? Should I care? Yes, you should here's how to do it. And all the reasons behind the why. 143 00:21:25.949 --> 00:21:34.138 So that's a little bit about instruction. This can come through video models are face to face in person. It can come on site or in the classroom. 144 00:21:34.138 --> 00:21:40.648 The next thing that it follows is modeling, and that's my ability to demonstrate the skill for you so that. 145 00:21:40.648 --> 00:21:45.058 Um, I'm going to do it and then we're going to do it and then you are going to do it is. 146 00:21:45.058 --> 00:21:59.308 Towards that modeling function of let me demonstrate this skill for you again, this can be done through video examples. It can be done through roleplay examples. Just in some way to show the person, here's how you would facilitate X. Y, and Z. 147 00:21:59.308 --> 00:22:04.679 And then it follows rehearsal or practicing that skill. So. 148 00:22:04.679 --> 00:22:16.584 I would sign that a lot of the trainings that we look at when we're going in and evaluating organizational systems is the lack of having someone practice that's still in the moment and getting immediate feedback. 149 00:22:16.584 --> 00:22:25.854 So, give people the opportunity to demonstrate their understanding of this thing. That you just pass them, can they re, teach it to you? Can they teach it to somebody else? 150 00:22:26.189 --> 00:22:38.219 And they demonstrate this skill when you ask them to please pull out of the medication for this person at this time, and walk me through those steps. 151 00:22:38.219 --> 00:22:42.868

So that's a lot about that rehearsal and practice and then it's followed by immediate feedback. 152 00:22:42.868 --> 00:22:52.824 Um, that immediate feedback is so so so important, because if you don't say anything, and you're just like cool, awesome and you walk away, we won't know if I was successful or not, or what I might need to work on in the future. 153 00:22:52.854 --> 00:23:05.574 So, feedback is a combination of here all of the things you did successfully as well, as I'd also like you to try these things that time. That's that corrective feedback that thing that I'm going to, we're going to practice further and further down the line. 154 00:23:05.874 --> 00:23:18.114 So, in a training situation, this can be really structured it can be as long and hard as you want it to be and then in a coaching manner, when you're maybe in the environment or doing it right. 155 00:23:18.114 --> 00:23:32.364 Then, and there might have to be a little bit more flexible, but typically you really want to make sure that you give them the chance to demonstrate that scale and get feedback from you as the expert in that. And that's really just a quick snapshot overview of what the key is asking for. 156 00:23:35.753 --> 00:23:47.634 Wonderful. So, this model is really effective and there's lots of evidence to support that it works. It works to teach skill and help individuals, maintain their skills over time. So how do you take something that works so well, and turn it into a system? 157 00:23:48.324 --> 00:23:56.663 The way I think about systems frequently, we think about systems is 3 real big parts. 1 is our procedures, right? It's written out. 158 00:23:57.028 --> 00:24:11.574 What's happening? when's it happening? Who is it? You know, who's doing it right? That's all written out. We also then have our agency practice so what actually happens so we might have a procedure, but if it's in a dusty binder somewhere and nobody follows it well, then it's not part of our agency practice. 159 00:24:11.844 --> 00:24:25.253

So we have to have both procedures, and then the agency practices following the procedures that we've outlined, and then the final most crucial part, and you'll hear about it all the time. And shared supports is that database decision making so, is it working. 160 00:24:25.679 --> 00:24:35.999 Are we doing it? Those questions are things that we're gonna be looking at whenever we're going through and assessing is a system really effective. So if we develop a coaching system. 161 00:24:36.233 --> 00:24:49.673 Is effective is it working likely intended or if it's not, what do we need to do to adapt the system, or maybe change about it? So that way we do get that effectiveness we're hoping for because why build something and it's not going to be effective. 162 00:24:50.183 --> 00:24:55.253 So, you can have a coaching system that's really elaborate. Got lots of moving parts. 163 00:24:55.409 --> 00:25:10.044 You can have a very simple coaching system. It really depends on your agency needs your resources on. What's going to be the best thing for you but the 1 thing it has to be is again that effective this. We need to see that. 164 00:25:10.044 --> 00:25:12.713 So, it can be a simple or elaborate, but it must be effective. 165 00:25:14.068 --> 00:25:24.028 So, we're going to dive into procedures 1st and talk a little bit about what would you need to think about when you're talking about procedures with your agency. 166 00:25:24.028 --> 00:25:31.648 Well, 1 of the 1st, things to think about, is that onboarding process right? We want to flush this out. 1st how do we introduce. 167 00:25:31.648 --> 00:25:46.403 Our coaching system to our employees how do we make sure that people are aware of it when they 1st come on to this agency? So we might think about the training procedures. So, when a new employee comes on, what the training procedures happen, what trainings do they have to have? 168

00:25:46.943 --> 00:25:48.324

What do we need to. 169 00:25:49.199 --> 00:26:03.804 Have necessary for to get them on the floor, you know, what do we need to have the necessary to be a new manager and supervise people? Like, what kind of training needs to happen who's doing that training also think about timelines. So, what are the timelines for these trainings? 170 00:26:04.044 --> 00:26:18.953 That's a lot of moving parts when you have a new, a new employee come on and they have to have so many trainings before they can be effective in their job. So, thinking about, what are those timelines? What is the most important thing we need to work on? What can wait? Those are things That'll need to be worked out in your procedures. 171 00:26:19.169 --> 00:26:25.739 And then how do you prepare staff? So how do you introduce staff to the system? Right? New employee orientation. 172 00:26:25.739 --> 00:26:38.183 Is that where we do it? Is it an ongoing thing? Is do we have a new employee orientation checklist that we go through and make sure things? Sure. Things are hit? What do we do to prep staff and make sure that they are really well versed? 173 00:26:38.183 --> 00:26:43.253 And this is how we do coaching at this agency and then think about. 174 00:26:43.558 --> 00:26:49.288 Your onboarding processes right now. And does that set your person up for success? 175 00:26:51.298 --> 00:27:04.648 Next slide so now I want to talk to you a little bit about competency procedures. So Nicole walked you through some components necessary to build a good training procedure. 176 00:27:04.648 --> 00:27:08.608 But now I want you to look at that competency component. 177 00:27:08.608 --> 00:27:21.358 When we look at competency, we're trying to identify just a few things and this is not like all encompassing. There's a lot more steps to consider, but generally we look at the initial and ongoing competency components.

178 00:27:21.358 --> 00:27:26.969 Our timeline the roles that are going to be done. 179 00:27:26.969 --> 00:27:30.509 And whether or not, we have checklists to help us keep on track. 180 00:27:30.509 --> 00:27:34.679 So, what I mean, when I say initial and ongoing competency. 181 00:27:34.679 --> 00:27:37.858 Um, I'm looking at, you know, what does it look like. 182 00:27:37.858 --> 00:27:43.979 To ensure that staff competent and when I say competent, I mean, that they can do that still. 183 00:27:43.979 --> 00:27:51.148 On the regular when you are, or are not around, can they demonstrate that skill and do it successfully? 184 00:27:52.199 --> 00:28:01.348 Are there, remediation processes in place? Like, what if a person doesn't meet competency? Do you have a method to make sure that there's that extra. 185 00:28:01.348 --> 00:28:05.398 That or that extra level of support to get that person to the next stage. 186 00:28:05.398 --> 00:28:09.689 Are you offering some sort of refresher for those staff who are struggling as well? 187 00:28:09.689 --> 00:28:21.898 Could your team members request some level of extra ongoing coaching so they have their 1st initial competency check. You check them off. They're good to go. Are you naturally. 188 00:28:21.898 --> 00:28:27.209 Following up on a regular basis with that coaching that coaching. 189 00:28:27.209 --> 00:28:35.429

Um, research suggest that you should do maybe 1 per week. That's a lot. So we're gonna talk about how you can feasibly do that. 190 00:28:35.429 --> 00:28:39.118 Um, depending on the number of staff that you have employed in your agency. 191 00:28:39.118 --> 00:28:49.769 Um, but can you think about all of these potential things about what can this person do to request, or get extra support in the event that they need it when they're not meeting that initial competency? 192 00:28:49.769 --> 00:29:00.179 We also want to think about timeline. So, how soon does this person need to get initial competency? And how frequently are we going to get that person competency checks afterwards? 193 00:29:00.179 --> 00:29:04.048 What we typically do, so if you've ever been through a tools of choice class. 194 00:29:04.048 --> 00:29:18.653 Um, you might have an 1530 and then 45 days after you finish your tool's class now, that's just what we can feasibly do, but we also have a lot of people to coach. So we have to cut ourselves off at some point. 195 00:29:18.653 --> 00:29:25.374 Otherwise we won't be able to get all of the people and now that might be something you need to figure out what that what's that going to look like. 196 00:29:26.219 --> 00:29:31.078 You also need to think about who's going to be doing these competency checks. 197 00:29:31.078 --> 00:29:42.749 Are they going to be House managers? Are they going to be program managers or are they going to be administrators your agency trainer depending on who you have resources wise people wise. 198 00:29:42.749 --> 00:29:51.239 That might be a hard question to answer. So you want to think about who could feasibly do this and just incorporate it regularly into their normal job functions.

199 00:29:51.239 --> 00:29:55.409 And then, lastly, 1 of the biggest things is, do we have competency checklist. 200 00:29:55.409 --> 00:30:05.608 Are we ensuring that the coach knows what it is that they are looking for, and that they can accurately and consistently measure the success or not success at that scale? 201 00:30:05.608 --> 00:30:08.999 When I go out and I'm looking for skills of the trainings that we teach. 202 00:30:08.999 --> 00:30:17.759 I have a checklist that says they need to do this, this, this and this does it have to be in that order? No, but I need to see them do everything in 1 of these skills before I can say. Yes. 203 00:30:17.759 --> 00:30:21.868 You've shown me that you are competent, and you can do this Phil successfully. 204 00:30:21.868 --> 00:30:24.959 So really think about those competency checklist. 205 00:30:26.009 --> 00:30:36.868 So, now we want to ask you a quick question and this is kind of a little opportunity to self evaluate to self. Assess your current procedure around coaching and training. 206 00:30:37.979 --> 00:30:43.588 So, I want you to think really hard about this. Do you have a written onboarding training? 207 00:30:43.588 --> 00:30:48.628 You have something written down that you train to all new staff every time they use it a new staff. 208 00:30:48.628 --> 00:30:52.499 If you did good job, Erica, I guess she's like, yes, we do. Okay. 209 00:30:52.499 --> 00:31:03.298

Within that training, I'd like for you to answer these questions. So you're going to give yourself either a score of 1 out of 3 a 3 out of 3 a 2 out of 3. 210 00:31:03.298 --> 00:31:11.368 So, do you have a timeframe in how long a new staff needs to complete that onboarding training? 211 00:31:11.368 --> 00:31:22.288 Do you have a person who teaches it and do you have training and coaching checklists that you can use to make sure that you're following everything that you need to in that training? So, do you have 1 out as a free. 212 00:31:22.288 --> 00:31:29.699 You have 2 out of the 3 3 out of the 3 is a really good way to quickly assess whether or not you've got some of these components in place. 213 00:31:33.058 --> 00:31:36.449 Is anywhere from a 1 to 3? I like it. 214 00:31:36.449 --> 00:31:40.378 Okay, I got to so we don't have a timeline. That's all right. 215 00:31:41.578 --> 00:31:47.038 We're getting a lot of 2 to 366%. 216 00:31:49.108 - > 00:31:52.318Awesome. Excellent. 217 00:31:55.074 --> 00:32:08.784 So, it's really great about this is if you need help and assessing your current training or coaching, feel free to reach out to the tools for consultants because that's what they're trained to do. So, just a little plug that if you're like, hey, I want to know how I can beat this up. 218 00:32:09.118 --> 00:32:12.868 You could reach out to your regional transport consultants and they could totally help you. 219 00:32:14.278 --> 00:32:19.259 So, we have some other things that we'll talk about at the end that you could also come to, you.

00:32:19.884 --> 00:32:33.864 We're just we're teaching here, but I would say that a lot of agencies that we interact with a lot of providers out there do have a really strong core start up. They got that good training system in place. They know what they're looking for. 221 00:32:33.864 --> 00:32:38.784 So, we're going to do another 1 of these assessments just a little bit later to look at the next part. 222 00:32:39.058 --> 00:32:50.094 Of your coaching and training programs. Okay. So continuing procedures. Think about fidelity. So what I'm talking about fidelity this is that are we doing it? 223 00:32:50.094 --> 00:32:58.794 So, what procedures do we have in place to make sure we're following procedures so procedures to follow procedures if it makes any sense, and we're going to have some goals. 224 00:32:58.973 --> 00:33:10.824 So, let's say we want to have, let's say we're doing those coaching observations, and we want to have at least 80% coaching observations for our staff for that week. That would be our goals 80. and we want to see are we meeting that goal consistently? 225 00:33:10.854 --> 00:33:15.713 Are we hitting like we need to do and then what happens when we have gaps or turnover so if we lose a coach. 226 00:33:16.739 --> 00:33:27.114 What happens, then does our system just crumble to dust and we can't meet the functions that we set up or do we have some sort of gap coverage outlined in our procedures? 227 00:33:27.743 --> 00:33:28.854 Should this personally, 228 00:33:28.854 --> 00:33:32.814 this is how everything shifted around so that way we still hit those goals that we want to, 229 00:33:33.023 --> 00:33:37.794 and don't have any service disruptions and then also think about reliability,

230 00:33:37.794 --> 00:33:38.423 how do you, 231 00:33:38.753 --> 00:33:49.733 how are you going to reinforce staff are being meaning that fidelity component right and hitting that 80% goal and making sure that staff are being recognized for those efforts. 232 00:33:49.733 --> 00:33:51.114 Those are all things to think about. 233 00:33:51.749 --> 00:34:04.259 So, when you think about fidelity procedures, by next, we're going to talk about your coaches, the people who are going to be implementing the system that you have created. 234 00:34:04.259 --> 00:34:13.619 Uh, maybe you already have some of these people, maybe you really need to be in that. Maybe you need to identify somebody. So here are some things to think about when you're looking at defining a coach. 235 00:34:13.619 --> 00:34:22.798 I'm thinking about selection and placement who's going to be doing it? Where are they going to be doing it? How are you going to get them out there through deployments? 236 00:34:22.798 --> 00:34:29.128 Um, do you need a training coordinator and do you have some sort of ongoing professional development? So. 237 00:34:29.128 --> 00:34:32.159 When we look at the election and placement. 238 00:34:32.159 --> 00:34:38.699 Is there a process that you have internally to help you identify coaches? 239 00:34:38.699 --> 00:34:45.983 Um, to help your agency long term, are you keeping an eye out for those people? Does your H R keep an eye out for those people? 240 00:34:46.193 --> 00:34:58.704

Do you have an annual survey that looks for some of these skills that you want as an agency coach and can you look at these people and say, yes, they have the time and the necessary skill set that I am looking for. 241 00:34:59.068 --> 00:35:09.958 It's something to think about when you're creating, not only job performance and development in your organization, but it also can be something that you think about when you're hiring new people. 242 00:35:09.958 --> 00:35:16.259 When you're thinking about how you're going to get these people out there, you know, consider. 243 00:35:16.259 --> 00:35:27.148 Where are these coaches going to go? Do you want 1 for every single cell or environment that you have in your services? Do you want them? And just certain locations. 244 00:35:27.148 --> 00:35:36.389 Can they be deployed across all environments in your organization? Are they expected to do regular ongoing coach coaching if you have. 245 00:35:36.389 --> 00:35:39.958 You know, 50 staff and 2 coaches is that feasible? 246 00:35:39.958 --> 00:35:50.579 If you have 25 staff and 8 coaches is that overdoing it, you know, you really want to make sure that you're using your resources reliably and successfully here. 247 00:35:50.579 --> 00:36:03.688 Um, when you think about how big your organization is, I would recommend that you consider getting a training coordinator, who's going to organize all of this moving these moving parts. 248 00:36:03.688 --> 00:36:10.974 Into something that's going to be functional and successful. Is there does there need to be somebody who oversees the coaching system? 249 00:36:10.974 --> 00:36:20.304 And some of the providers that we've talked to, we have a couple of people who oversee their coaching system because we also recognize that you have dual role you're doing a lot of jobs that want.

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00:36:20.304 --> 00:36:31.614 So don't think it needs to be 1 person you can always spread this out based off the resources that you have available to you. And then, lastly, how are you going to continuously maintain that? The skills of those coaches. 251 00:36:32.213 --> 00:36:42.833 Do you have ongoing trainings that you're providing them? Is your training coordinator the person who provides that professional development do they have their own coach that's going to help them get there? 252 00:36:43.463 --> 00:36:44.003 Luckily, 253 00:36:44.003 --> 00:36:44.903 for most of you, 254 00:36:44.903 --> 00:36:47.693 if you are a part of the church support program, 255 00:36:47.873 --> 00:36:54.893 you have unlimited access to expert level coaches who can give you that professional development through 1 on 1 phone calls, 256 00:36:55.523 --> 00:36:57.684 through practice and feedback opportunities, 257 00:36:57.684 --> 00:36:59.364 through virtual coaching workshops. 258 00:36:59.603 --> 00:37:01.164 We have a lot of ways to help boost. 259 00:37:01.469 --> 00:37:08.278 Your coaches to be the best that they can be. So, if you're like, man, I can think about lots of these things, but I'm struggling on their professional development. 260 00:37:08.278 --> 00:37:13.498 Well, we've got you covered, so really invest in your coaches and help them deal.

00:37:13.498 --> 00:37:16.588 Supported and that they're doing a good job. 262 00:37:17.514 --> 00:37:30.623 All right, right so the last bit of procedure is talking about data collection procedures, so really outlining what kind of data are you collecting? It should be not collecting data. 263 00:37:30.623 --> 00:37:44.813 Just for data sake relate to what you want to see right? So, that goal that we talked about, that you have for your system and seeing, if it's effective, that's the data, you should be collecting to see. Is it effective? Right? And you also want to look at are we doing it? 264 00:37:44.813 --> 00:37:52.014 So that fidelity data are, we actually saying what we're actually going to do, and then also think about the process. 265 00:37:52.014 --> 00:38:03.864 So who collect the data, how do they collect it once I've collected where does it go all those things need to be worked out and then regarding data aggregation review procedures again, you have to have that process. 266 00:38:03.864 --> 00:38:13.313 So, data's been collected it's been inputted somewhere then who's responsible for pulling that data and making sense of it and seeing trends and deficits and accesses that we need to maybe. 267 00:38:13.679 --> 00:38:26.460 Make some decisions about, like, oh, you know, we're seeing this team's really struggling. So what can we do to support that team and make sure that they're really getting the training that they need that coaching that they need also think about. 268 00:38:26.460 --> 00:38:35.369 How do we share the data? You know, what the form of communication that we're going to? Are we going to discuss it at meetings? Did we send out emails? What are we doing to make sure that the data is not just. 269 00:38:35.369 --> 00:38:46.795 You know, collected visualized and then goes nowhere else. We don't do anything else with it because that, that would be inefficient. And the thinking about how do you share data? So, are you going to share data with your staff and talk to them about it?

00:38:46.824 --> 00:38:57.175 Are you going to be sharing with your stakeholders and talking to them about it and being really open and showing the successes? And some of the struggles again. 271 00:38:57.840 --> 00:39:02.250 Bring in other opinions, bring in other perspectives and to hopefully, you know, kind of problem solve. 272 00:39:02.250 --> 00:39:06.000 All right, so that leads us to another assessment. I think. 273 00:39:06.000 --> 00:39:13.980 Yes, okay. So, just like we did before I want you to look at these components and assess whether or not you have them in place. 274 00:39:13.980 --> 00:39:21.780 So, do you have a written ongoing competency training? Do you have something that's going to be competency focused. 275 00:39:21.780 --> 00:39:25.829 With the following and identified on site coach. 276 00:39:25.829 --> 00:39:30.869 An evaluation measure that you can have for your trainer. 277 00:39:30.869 --> 00:39:34.590 And you have data collection systems in place. 278 00:39:34.590 --> 00:39:37.920 Seeing some maybe trickle in now. 279 00:39:37.920 --> 00:39:43.019 And we got a 1 out of a 333%. 280 00:39:43.019 --> 00:39:49.800 Kathy 0, 1, 2. 281 00:39:55.349 --> 00:40:01.380 Yay, Laura identified onsite coaches. That's sometimes even the most hardest thing to accomplish.

00:40:01.380 --> 00:40:15.150 All right, so what's cool about this is that we're also going to have in the near future a tool for you to go into a deeper dive of this self evaluation. So this is really helpful for you and you can identify which components you're missing. 283 00:40:15.150 --> 00:40:22.920 We're going to offer you something a little bit more in depth that's gonna make this whole system making much easier, because you can feel like I need to start right here. 284 00:40:27.449 --> 00:40:34.315 So, I want to talk a little bit about. Are we doing it because I'm sure you've heard many, many times. This idea of are we doing it and is it working? 285 00:40:34.344 --> 00:40:46.644 So, we want to make sure that we are doing what we say that we are doing, whether that be through fidelity measures through fidelity of the procedures, which just means, are you doing and following the procedures that you have spent? 286 00:40:46.644 --> 00:40:50.125 So much time outlining our, those being met, are those being followed. 287 00:40:50.460 --> 00:40:54.449 You have effective and sustainable systems in place. 288 00:40:54.449 --> 00:40:58.619 Not only are they actually doing what you want them to do, but. 289 00:40:58.619 --> 00:41:12.420 Are they long term sustainable? It's not just that. We can do these for a couple of months. And then we're like, okay, we're done. We don't need to do them anymore. These things have to go long term past the point. That you might even be here. That's what we're talking about when we say sustainable. 290 00:41:12.420 --> 00:41:27.144 Are you communicating your systems and your your data and your everything on a regular basis? Do people know about them? And can they make sure that they say, even if I'm not 100% sure I know where to find them because I know that I have great communication with my leaders and my coaches.

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00:41:27.144 --> 00:41:38.215 Are they accessible? Exactly what I said, I might not know all of them all yet, but I definitely know where to find them to evaluate whether or not I'm doing them successfully. So are we doing it? Lots of evaluation. 292 00:41:40.914 --> 00:41:55.675 Okay, so now that we kind of covered practice. Let's talk about the database decision making. So, again, we're looking at data collection. Is it accurate data collections that we're putting in and collecting our data input? Accurate reliable data entry. 293 00:41:55.675 --> 00:42:09.324 I know. That's something that we struggle with that reliable data entry and the data aggregation. Are you using data visuals like, are using graphs or? You're just looking at a bunch of numbers on a page the big difference when you're making data decision making you're looking at trends. 294 00:42:09.625 --> 00:42:14.574 If you haven't visualized versus if you have just a bunch of numbers, and then again, that data review. 295 00:42:14.880 --> 00:42:26.815 Who's making the decisions? Do we have admin at the meeting looking over that data and discussing it and coming up with a decision that's hopefully going to make an improvement to our system? Right? 296 00:42:26.815 --> 00:42:35.454 Because that's what we're looking for, is that effectiveness and so that data will show us are their breakdowns are things not working well, is it not sustainable? 297 00:42:35.454 --> 00:42:43.974 We just can't keep it up and what do we need to change and that database decision making will really help you identify where those breakdowns are and what can you do about it. 298 00:42:45.690 --> 00:43:00.264 All right, move on, so some next steps so some things we want to talk about, if you, uh, next slide is the coaching framework tool, this is a tool that we will have available on the website. Eventually we also have instructions for it. 299 00:43:00.264 --> 00:43:11.815 And then if you're to support agency, you'll be able to get with your support consultant, and they can help you go through this process of

framing out a coaching system right? And building that framework. And then. 300 00:43:12.355 --> 00:43:27.204 Implementing, so now that we kind of have this rough idea of this is what we want, how do we go about even implementing it because it's a big thing. It's a lot of things to think about a lot of moving parts. How do you implement successfully? It's no small fee for sure. 301 00:43:27.804 --> 00:43:38.425 And so we do this for lots of system designs, and we would do the same thing for coaching framework. So, if you're interested, we'll have it on the website eventually and we will also have the tools for consultant, be able to help you as well. 302 00:43:41.369 --> 00:43:56.094 So, in relation to that coaching framework, we also would recommend that you start to build up your action plan around coaching sets that you want to accomplish. So, if you found that, when you did those evaluate those self assessment that there are components that you were missing. 303 00:43:56.460 --> 00:44:07.260 Add them to your action plan if you don't know how to make an action plan, there are resources on the website on action planning. We have a great that was done by re, Evans. 304 00:44:07.260 --> 00:44:13.710 And she goes into all of those great components of what it means to build an action plan and make it clear and attainable. 305 00:44:13.710 --> 00:44:21.954 So, you can look at these action examples that we have on the screen here that talks about my objective is to develop this formal coaching system. 306 00:44:21.954 --> 00:44:36.715 It all ties back to the grander goal that I have about developing and training a coach to, to get those staff up to where I want them to be identify who's going to do it when it's going to be done and whether or not it got there. So, when you're working. 307 00:44:37.110 --> 00:44:52.050 Individually or privately, an action plan can be a great way to drive your organization to success. And if you want extra help, you can always reach out to your regional agency to your support consultant team. We know a lot about action plans. We talk about them a lot.

308 00:44:52.050 --> 00:44:59.610 Um, so if you're, like, who can I ask, who is my featured support consultant? Well, we can definitely get those resources to you as well. 309 00:45:01.405 --> 00:45:04.675 Yeah, so I want to plans sorry real quick. 310 00:45:05.304 --> 00:45:19.945 What I like about action plans is like, how do you, even elephant, you take a bite at a time and that's essentially what you're doing here is you're going to take this big idea and you're going to break it down into workable pieces to where you could implement month by month and it's not this big overwhelming project. 311 00:45:19.945 --> 00:45:20.335 So. 312 00:45:21.150 --> 00:45:27.659 Yeah, it's so much more fun when it doesn't feel so overwhelming. 313 00:45:28.675 --> 00:45:35.304 So, what other cool things are coming that can help you develop, or enhance your coaching system? 314 00:45:35.574 --> 00:45:43.855 Well, there are a couple really cool resources that the tier support team across the state of Missouri are working on actively to provide to you on a regular basis. 315 00:45:44.219 --> 00:45:51.750 We are going to be hosting coaching workshops. We're going to be hosting those in our official tier support workshop series. 316 00:45:51.750 --> 00:45:56.635 Um, hopefully towards the fiscal year, we're gonna be offering those to a wide reaching group of people. 317 00:45:57.054 --> 00:46:10.525 It is going to be focused on, evaluating your current coaching systems and whatever capacity, whether that's from delegation to documentation to medication to anything that you want. There's a lot of Asians here in this field.

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00:46:10.829 --> 00:46:17.070 We can help you evaluate your current systems and then help you build that action plan of what that system can look like. 319 00:46:17.070 --> 00:46:25.590 We also are going to identify and talk about how to optimize that coaching procedure. And that coaching system that you have in place. 320 00:46:25.590 --> 00:46:34.619 And then how you're going to track it with data and review that data because if you're collecting data and you're not using it for anything, you're spending a lot of energy. 321 00:46:34.619 --> 00:46:43.170 Um, with information, just flipping through your fingers. So these coaching workshops is going to be really, really beneficial to you. I hope that you join us and they come out. 322 00:46:43.170 --> 00:46:54.625 Uh, in the meantime, we do have virtual coaching workshops available to our agency coaches and to really anybody who's interested. So we can get those out to you as well. And I, those might also be on our website. 323 00:46:55.195 --> 00:47:03.985 Yes, Nicholson nodding saying yes, they are also on our website so you can go find that and do some 1 on 1 coaching practice with us. 324 00:47:06.804 --> 00:47:21.204 All right, so if anyone has questions feel free to put them in chat, you can also email your questions to steering committee at dot. Gov. We will love to take any questions that you have. Whether it's just like, hey, who is my regional tiered support team? How can I get in contact with them? 325 00:47:21.204 --> 00:47:28.795 We can set you up with that and we would love to see you guys come to these coaching workshops there for all agencies not just tiered agencies. 326 00:47:29.639 --> 00:47:35.760 So feel free to take advantage of any resources. We have take advantage of the webinars. We already have recorded. 327 00:47:35.760 - > 00:47:43.735

And if you don't have any further questions, that's the end of our presentation. And we, thank you guys for coming. We hope we kind of broke down. 328 00:47:43.735 --> 00:47:51.565 What is systemic coaching system is and what that looks like and some ideas of how to implement in your agency. 329 00:47:51.869 --> 00:47:55.739 Thank you guys. 330 00:47:58.139 --> 00:48:00.900 You guys have a wonderful Monday thanks for coming.