

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

March 12, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – (submitted by Vicki Schollmeyer) No hearings were scheduled this week for DMH HB 10. Spring Break is next week, and we expect things will get really busy when they return on March 22.

DBH Community COVID-19 Positives Data (as of March 12, 2021, at 4pm)

Consumers	1,116
Staff	806
Providers	55

16 consumer/staff deaths have been reported.

2. **NASADAD Member, Mark Stringer, Testified Before House Appropriations Subcommittee on Labor – HHS** – On March 11, **Mark Stringer**, Director of the Missouri Department of Mental Health, as well as Immediate Past President of the NASADAD Board of Directors and Chair of NASADAD's Public Policy Committee, served as a witness before the House of Representatives' Appropriations Subcommittee on Labor, Health and Human Services (HHS), Education, and Related Agencies. The Subcommittee, led by Chairwoman Rosa DeLauro (D-CT) and Ranking Member Tom Cole (R-OK), oversees funding for programs within the Department of Health and Human Services, including the Substance Abuse and Mental Health Services Administration (SAMHSA). The title of the hearing was "COVID-19 and the Mental Health and Substance Use Crises."

Mr. Stringer's testimony covered a range of issues related to substance use disorders and the COVID-19 pandemic, including:

- The impact of the pandemic on substance use and overdose trends in Missouri, with an emphasis on the disproportionate impact on Black individuals;
- The important role of the SSA in managing the publicly-funded addiction treatment, prevention, and recovery service system, as well as using innovative approaches to adapt to the pandemic; and
- Appreciation for the supplemental funding for the Substance Abuse Prevention and Treatment (SAPT) Block Grant in December 2020 (\$1.65B), as well as the latest package that passed the House yesterday (\$1.5B).
 - The benefits of investing in the SAPT Block Grant, including: helping States with planning; the prevention set-aside; maximizing efficiency by leveraging the current infrastructure; giving States flexibility to address local needs; and plugging gaps that are not funded by Medicare, Medicaid, or commercial insurance plans.

Finally, in her closing remarks, Chairwoman DeLauro emphasized the importance of the SAPT Block Grant as well as the critical role of SAMHSA as the lead coordinating agency for MH/SUD issues. The recording of the hearing is accessible [here](#). Mr. Stringer's testimony begins at 35:15 (Source: NASADAD).

3. **CIT Conference** – The 7th Annual Crisis Intervention Team (CIT) Conference will be held virtually on Monday and Tuesday, March 15 and 16, 2021. More than 400 law enforcement officers, first responders and behavioral health professionals are expected to attend. The purpose of CIT is to address the challenges that often arise when law enforcement officers encounter individuals with behavioral health conditions in crisis situations. The event also recognizes individuals across the state with various awards including Law Enforcement Officer of the Year, Community Mental Health Liaison of the Year, Champion of the Year and new this year, Front Line Professional of the Year. Four very deserving professionals will be recognized during the awards ceremony Monday afternoon. Registration and agenda information can be found [here](#). **The deadline to register is March 14.**

4. **Consumer Stimulus Checks** – A new round of stimulus checks being distributed may be sent to a number of DMH consumers. These funds do *not* prompt a new calculation of the SMT for DMH-funded services. The stimulus checks also are not intended to offset usual DMH or provider costs. Simply, the funds belong to the consumer and are intended to be spent by the consumer or representative payee in the interest of the recipient. Individuals living independently may need these funds to help with their housing expenses. DHSS updates for their licensed facilities may be posted on: <https://ltc.health.mo.gov/>.
5. **Foster Youth to Independence** – The DMH Housing Unit assisted in the development of six new voucher projects around the state to support youth housing. Housing staff facilitated conversations between DSS staff, Continuums of Care, and public housing authorities; drafted the referral process documents for all parties to facilitate the use of vouchers; and assisted in identifying supportive service providers required for the vouchers. The *Foster Youth to Independence* vouchers include 36 months of rental subsidy similar to a Housing Choice Voucher (Section 8) and supportive services. The population eligible to be assisted under this agreement includes youth certified by the DSS-Children's Division as meeting the following conditions: 18 - 24 years of age, left foster care or will leave foster care within 90 days, and are homeless or at risk of becoming homeless. Project locations are Lincoln, St. Charles, Jefferson City, Columbia, Mexico and Central Missouri.
6. **Virtual Prevention Specialist Training Developed** – The Missouri Prevention Resource Centers hosted their own virtual Substance Abuse Prevention Skills Training (SAPST) training last week. SAPST is a multi-day training designed to develop the basic knowledge and skills needed by substance use prevention practitioners to plan, implement, and evaluate effective, data-driven programs and practices. Agencies contracted by DMH are required to have all of their staff attend SAPST after they are hired. Because of COVID-19, these in-person trainings have been canceled this past year. Our prevention network of certified trainers of the SAPST course built their own alternative virtual curriculum. Twenty-nine participants from across the state attended and are now certified in this training. As the curriculum was well received, it can be used in the future when in-person trainings are not an option.
7. **Update on Administrative Rules** – The following proposed amendments will be published in the March 15, 2021, issue of the *Missouri Register* <https://www.sos.mo.gov/CMSImages/AdRules/moreg/2021/v46March15/v46n6a.pdf> (pg. 497) for a 30-day public comment period:
 - 9 CSR 50-2.010 Admissions to Children's Supported Community Living (applies to administrative agents); and
 - 9 CSR 50-2.510 Admissions to Adult Community Residential Settings (applies to administrative agents, affiliates, and community residential settings).
8. **Treatment Court CIMOR Instructions** – Instructional materials that provide CIMOR guidance to agencies who utilize CSTAR funding for treatment court participants have been added to the Justice Involved Treatment Initiatives DMH webpage. [Access Now](#)
9. **CIMOR Priority** – If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

- **DM Pools & Outreach** – Below are the current balances for the DM Housing and Outreach pools.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$250,000.00
DM Housing Expended (17 Cycles Paid)	\$65,978.07	\$242,424.55
Current DM Housing Allocation Balance	\$184,021.93	\$7,575.45
DM Outreach Allocation	\$163,000.00	\$163,000.00
DM Outreach Expended (17 Cycles Paid)	\$221,260.14	\$7,086.02
Current DM Outreach Allocation Balance	-\$58,260.14	\$155,913.98
Current Total Allocation Balance	\$125,761.79	\$163,489.43

- **Year End Billing Cutoffs:**

- **Medicaid cutoff – May 31, 2021 (check date: June 30, 2021)**
- **Non-Medicaid cutoff – June 20, 2021 (check date: June 30, 2021)**

Cutoff Dates for Services will be as follows:

Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC

- The last cutoff for IGTRM Medicaid billings to use the FY21 allocation is **May 31, 2021** (check date: June 30, 2021). After the cutoff DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted **no later than noon on May 26** to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**.
- All Medicaid services billed after 05/31/21 will be paid from your FY22 Medicaid allocation.

Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)

- The last invoice cut-off for non-Medicaid encounters is **June, 20, 2021** (check date: June 30, 2021). If you need money moved from Non-Medicaid to Medicaid Ineligibles you will need to complete the Allocation Transfer Request Form.
- All non-Medicaid transfer requests for FY21 must be submitted **no later than noon on June 15** to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**.
- All Non-Medicaid services billed after June 20, 2021, will be paid from your FY22 Non-Medicaid allocation. **June 20, 2021, is a tentative billing date based on prior year information. DMH reserves the right to change this date based on the MHD RA cycle.**

10. **New New Survey for Stimulant Use Disorders** – The Mid America Addiction Technology Transfer Center is partnering with the Missouri Institute of Mental Health, the Opioid Response Network, and Saint Louis University to produce new resources in response to the rising needs of serving clients with Stimulant Use Disorder (StimUD). This survey was created to gain a better understanding of the needs of organizations who work with clients with StimUD, and what current practices in our region (Iowa, Kansas, Missouri, and Nebraska) are making breakthroughs in this realm. Please only complete the survey if you are located **Iowa, Kansas, Missouri, or Nebraska**. The survey should take no more than 10 minutes to complete and will help inform what future resources are created to respond to the needs of StimUD (Source: *Mid America ATTC*). [Complete Survey!](#)
11. **2021 Mental Health Champions' – Nominations are Being Accepted Now** – The Missouri Mental Health Foundation is accepting nominations for the 2021 Missouri Mental Health Champions' Award. These awards recognize individuals living with a mental illness, developmental disability, or in recovery for substance use disorders, who make a positive contributions to their communities, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition or disability. Annually, three individuals are selected to receive the Mental Health Champions' Award. The celebration is the Mental Health Champions' Banquet, which is scheduled for Tuesday, October 5, 2021, at the Capitol Plaza Hotel in Jefferson City. **The deadline to submit nominations is March 26.** Learn more about the nomination process on the [MMHF website](#).

13. **Success Story** – A woman in a rural area with no prior access to naloxone recently learned about an online mail-based naloxone program (NextDistro) through MoNetwork. MoNetwork is a Harm Reduction and Recovery Community Center funded through the State Opioid Response (SOR) Grant and is the NextDistro affiliate that fulfills their requests in Missouri. Since discovering the program, this woman has requested naloxone multiple times. She recently shared the following message with the SOR team: “Thank you for doing what you do to make naloxone available to us at no cost. So many people are still afraid to take overdose victims to the ER and choose to come to people’s houses (like mine) seeking help. Since I have learned about your program, **I have saved 17 lives and have not had one death**— thank you for that!”

14. **COVID-19 Updates & Resources** –

- **COVID-19 Vaccine Education Initiative from the Ad Council** – The following links are videos from the Ad Council encouraging people to get the facts about the vaccine in order to feel comfortable about getting vaccinated: **How it Starts** (0:30) - [Watch Now](#) | **Worship** (1:00) - [Watch Now](#)

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>

- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit www.missouricit.org/frpn to find a provider.

- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: health.mo.gov/communitytest.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **March 24, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

COVID Vaccine: Get the Facts

Vaccine Question: What is V-safe?

Vaccine Truth/Fact: **V-safe** is a new, **optional**, smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines. **V-safe** uses text messaging and web surveys from CDC to check in with vaccine recipients following COVID-19 vaccination. **V-safe** also provides second vaccine dose reminders if needed, and telephone follow up to anyone who reports medically significant adverse events.

Learn more on the [CDC website](#).

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **Rural Community Development Initiative (RCDI) – Application Deadline: March 22, 2021** – RCDI awards grants to help nonprofit housing and community development intermediary organizations support housing, community facilities, and community and economic development projects in rural areas. [Learn More](#)
2. **Mentoring for Youth Affected by the Opioid Crisis and Drug Addiction – Application Deadline: March 30, 2021** – The purpose of the program is to support the implementation and delivery of mentoring services to youth who are misusing substances, youth at risk for SUD, and youth with family members who currently use substances or have a SUD. Eligible applicants for the first category, Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include nonprofit and for-profit organizations that currently have mentoring programs. Eligible applicants for the second category, Statewide and Regional Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include national organizations and States. The anticipated total amount to be awarded under the solicitation is \$16,250,000 over a 36-month period of performance. [Learn More](#)
3. **Comprehensive Addiction and Recovery Act (CARA) Local Drug Crises Grants – Application Deadline: April 1, 2021** – The purpose of this program is to prevent and reduce the abuse of opioids or methamphetamines and the abuse of prescription drugs among youth ages 12-18 in communities throughout the United States. [Learn More](#)
4. **Rural Health Care Program – Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
5. **Behavioral Health Workforce Education and Training Program for Paraprofessionals – Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)
6. **Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS) – Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)
7. **Second Chance Act Community-Based Reentry Program – Application Deadline: April 27, 2021** – Bureau of Justice Assistance is seeking applications to implement or expand on reentry programs that demonstrate strong partnerships with corrections, parole, probation, and other reentry service providers. [Learn More](#)

8. **Rural Health and Safety Education Competitive Grants Program (RHSE)** – **Application Deadline: April 29, 2021** – RHSE funds community-based outreach, education, and extension programs at land-grant colleges and universities that provide individuals and families in rural areas with information on health, wellness, and prevention. [Learn More](#)
9. **Home Depot Community Impact Grants Program** – **Application Deadline: Ongoing until December 31, 2021** – The Home Depot Foundation Community Impact Grants provide funding for nonprofit organizations and public agencies in the United States that are using volunteers to improve communities, with a focus on veterans and diverse, underserved communities. Grants are given in the form of gift cards for the purchase of tools, materials, and services. [Learn More](#)

INFO and RESOURCES

1. **New House of Representatives Passes, and President Biden Signs, American Rescue Plan** – On March 10, the House of Representatives passed—with a vote of 220-211—the [American Rescue Plan](#), their latest COVID-19 relief package that aligns with President Biden’s \$1.9 trillion proposal released in January. The Senate previously passed their version of the package on March 6, and the bill was signed on March 11 by President Biden. The substance use- and mental health-related provisions in the package include:
 - \$1.5 billion for SAPT BG and would allow until September 30, 2025, for funds to be spent;
 - \$1.5 billion for MH BG and would allow until September 30, 2025, for funds to be spent;
 - \$420 million for CCBHCs;
 - \$30 million for grants to “support community-based overdose prevention programs, syringe services programs, and other harm reduction services, with respect to harms of drug misuse that are exacerbated by the COVID–19 public health emergency;”
 - \$50 million grants to address “increased community behavioral health needs worsened by the COVID–19 public health emergency;”
 - \$30 million for Project AWARE;
 - \$20 million for Youth Suicide Prevention;
 - \$10 million for National Child Traumatic Stress Network;
 - \$80 million for grants within HRSA to “...plan, develop, operate, or participate in health professions and nursing training activities for health care students, residents, professionals, paraprofessionals, trainees, and public safety officers, and employers of such individuals, in evidence-informed strategies for reducing and addressing suicide, burnout, and mental and behavioral health conditions (including substance use disorders) among health care professionals;”
 - \$40 million for HRSA to provide grants to “entities providing health care” in order to “...establish, enhance, or expand evidence informed programs or protocols to promote mental and behavioral health among their providers, other personnel, and members;” and
 - \$20 million for the CDC to “carry out a national evidence-based education and awareness campaign directed at health care professionals and first responders... to encourage primary prevention of mental and behavioral health conditions and secondary and tertiary prevention by encouraging health care professionals to seek support and treatment for their own behavioral health concerns” (Source: *NASADAD*).
2. **New Treatment for Youth and Young Adults with Mood Disorders and Other Serious Emotional Disturbances and Co-Occurring Substance Use** – This guide reviews interventions on treating substance misuse and substance use disorders in youth with serious emotional disturbances, distills the research into recommendations for practice, and provides examples of the ways that these recommendations can be implemented (Source: *SAMHSA*). [Download Now](#)

3. **New Advisory: Substance Use Disorder Treatment for People with Co-Occurring Disorders** – This Advisory is based on TIP 42, *Substance Use Disorder Treatment for People with Co-occurring Disorders*. It highlights strategies for counselors and administrators to properly screen, assess, diagnose, and manage the treatment of individuals with co-occurring substance use and mental disorders (Source: SAMHSA). [Download Now](#)
4. **New CDC Launches 2021 Tips from Former Smokers Campaign** – The Centers for Disease Control and Prevention announced the launch of their 2021 *Tips from Former Smokers* campaign, which is now entering its 10th year. As described in the announcement, the campaign profiles real people living with serious long-term health effects from smoking and secondhand smoke exposure. The campaign also features stories of the toll smoking-related conditions have taken on family members. In addition, the CDC released a new feature article, “[10 Years of Tips](#)”, sharing how the campaign has led to over one million Americans to quit smoking. It also includes resources for individuals trying to quit smoking and for family members (Source: NASADAD). [Learn More](#)
5. **New Caregivers of Patients with Schizophrenia Cite Need for Educational Resources** – Caregivers of patients with schizophrenia, an often overlooked target for education, feel they act as a mediator between the patient and their medical team and are responsible for the patient's therapeutic adherence, according to survey results (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
6. **March is Problem Gambling Awareness Month** – About 2-3% of Americans suffer from gambling disorder, and many more evidence subclinical problems. As with all addictions, the disorder effects not just the individual diagnosed with the disorder but families and communities as well. The prevalence of gambling disorder is elevated (~15%) in individuals diagnosed with SUD and is slightly higher in OUD treatment settings (~18%). The National Council on Problem Gambling has good information and toolkits (including screening information) (Source: Dr. Weinstock, St. Louis University). [Explore the Resources](#)
7. **Clinicians’ Language Choice Can Impact Care of Patients with Suicidal Ideation** – Jill Harkavy-Friedman, PhD, Vice President of Research at the American Foundation for Suicide Prevention, New York, New York, discussed a critical shift in language and how clinicians frame their discussions with patients with suicidal ideation at a *Psych Congress Regionals* session on suicide prevention (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
8. **Racial Equity Toolkit** – This toolkit, published by the Government Alliance on Race and Equity, is designed to integrate explicit consideration of racial equity in decisions, including policies, practices, programs, and budgets. It is both a product and a process. Use of a racial equity tool can help to develop strategies and actions that reduce racial inequities and improve success for all groups (Source: *National Council for Behavioral Health*). [Toolkit](#)
9. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians**! Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
10. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)
11. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

March 16 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – **10-12pm**
Location: Virtual

April 6, 2021 – Eastern Region – 10-12pm

Location: Virtual

April 9, 2021 – Western Region – 10-12pm

Location: Virtual

April 14, 2021 – Southeast Region – 10-12pm

Location: Virtual

May 11, 2021 – North Central Region – 10-12pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **New Strategies for Improving Care Provided to LGBTQ+ Communities** – In this session, panelists will explore the challenges LGBTQ+ individuals currently face when it comes to accessing high-quality health care and discuss opportunities for health providers to remove those barriers to increase access during the COVID-19 pandemic. **Tuesday, March 16, 2021, 2-3pm CT.** [Register](#)
2. **Achieving Health Equity, Eliminate a Major Barrier: Language** – Today, one of the greatest impediments to equal-access healthcare, effective treatment and patient literacy is...LANGUAGE! A leading cause of misdiagnosis and mistreatment in healthcare today is the inability of providers to communicate with limited-English speaking and deaf patients to accurately understand their symptoms. Join this FREE, live webinar to learn about: risk of not having ready access to interpreting, ability to prevent language discordance during COVID, legal responsibilities under ADA and ACA, easiest way to comply with HIPAA regulations, and options for securing modern interpreting solutions. The webinar includes a live demonstration of the latest Mobile Video Interpreting (MoVI) technology. **Wednesday, March 17, 2021, 12-1pm CT.** [Register](#)
3. **Clinical and Ethical Issues: Managing Suicide Risk with Individuals Using Substances** – During this webinar attendees will learn how to: identify risk and protective factors for suicide that are either specific to or more prevalent for individuals who use substances, demonstrate an understanding of the importance of ethical assessment and treatment of individuals who use substances, and demonstrate how evidence-based strategies can be used to more effectively assess risk and manage suicidal behavior in a clinical setting. **Wednesday, March 17, 2021, 1-2:30pm CT.** [Register](#)
4. **New Integrating Co-treatment in Tobacco Cessation: Tobacco and Behavioral Health Masterclass** – In this Tobacco and Behavioral Health Workshop, participants are equipped with tools to understand the importance of co-treatment in tobacco cessation to support long-term recovery; practical guidance to outline pathways for incorporating co-treatment into existing clinical workflows; and knowledge of strategies to maximize effectiveness of co-treatment in mental health and addiction treatment facilities. **Thursday, March 18, 2021, 12-2:30pm CT.** [Register](#)
5. **A Roadmap for Rural Permanent Supportive Housing** – This webinar will share best practices and lessons learned about creating permanent supportive housing programs for rural communities that meet SAMSHA fidelity guidelines. The presentation covers the philosophy, funding, and solutions for program challenges and potential next steps for interested communities. **Thursday, March 18, 2021, 1:30-2:30pm CT.** [Register](#)
6. **Youth Mental Health First Aid (MHFA) Virtual Training Course** – This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use challenge and help connect them to the appropriate care. **Friday, March 19, 2021, 8:30-1:30pm CT.** [Register](#)
7. **New PCSS Clinical Roundtable: Using Clonidine in Conjunction with Buprenorphine** – This discussion is designed to promote interactivity through an informal "round table" conversation. Attendees will be given the opportunity to speak directly with the presenter to ask questions and discuss issues. **Friday, March 19, 2021, 11-12pm CT.** [Register](#)

8. **New Adolescent Social Isolation and Loneliness** – Being socially disconnected can greatly impact health and mortality risks for adolescents. Join this webinar to explore factors that lead to social isolation and loneliness, determine how physical and emotional health can be influenced, and discuss ways to improve social integration and support to improve outcomes and life satisfaction for adolescents. **Friday, March 19, 2021, 1:30-2:30pm CT.** [Register](#)
9. **New Reframing Childhood Adversity: Promoting Upstream Approaches** – This webinar will delve into [newly released guidance](#) from the FrameWorks Institute for building the public understanding and political will needed to effectively prevent, identify and address childhood adversity. **Monday, March 22, 2021, 1-2:30pm CT.** [Register](#)
10. **Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
- **Brain Injury 101** – **Wednesday, March 24, 2021, 11:30-1pm CT** [Register](#)
 - **Intimate Partner Violence** – **Wednesday, March 31, 2021, 11:30-1pm CT** [Register](#)
 - **Suicide** – **Thursday, April 15, 2021, 11:30-1pm CT** [Register](#)
 - **Effective Strategies for Group Therapy** – **Wednesday, April 28, 2021, 11:30-1pm CT** [Register](#)
 - **Effective Strategies for Individual Therapy** – **Wednesday, May 12, 2021, 11:30-1pm CT** [Register](#)
 - **Criminal Justice** – **Wednesday, May 26, 2021, 11:30-1pm CT** [Register](#)
 - **Addictions and Brain Injury Toolkit** – TBD
11. **The Opioid Crisis: National and State Perspectives and Initiatives** – This webinar will provide an overview of the drug and opioid overdose crisis at the state and national levels, discuss evidence-based interventions, and discuss Kansas' approach to opioid misuse, use, and overdose prevention. **Thursday, March 25, 2021, 3:30-5pm CT.** [Register](#)
12. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – This session will provide an overview of the statistical and societal impact of suicide while also presenting concrete steps that healthcare professionals can take to diminish the risk of individuals' suicide attempts. **Learning Objectives:** identify the factors that have increased the urgency for suicide assessment and prevention; plan specific evidence-based strategies for reducing the risk of patients' suicide attempts, and utilize one or more current assessment tools with clients who may present risk for suicide. **Friday, March 26, 2021, 11-1pm CT.** [Register](#)
13. **Navigating the Road to Resilience: Pushing through Adversity** – During this webinar participants will review how resilience is developed, identify road blocks to resilience, and identify steps to build their own resilience and identify how to help others build resilience. **Thursday, April 8, 2021, 3:30-5pm CT.** [Register](#)
14. **Virtual Motivational Interviewing Training (Introductory/Refresher Course)** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. Registration Fee: \$79.
Tuesday, April 13, 2021, 11-3pm CT [Register](#)
Tuesday, June 22, 2021, 11-3pm CT [Register](#)
15. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23rd Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)

16. **2021 Missouri Children's Trauma Network Training Summit** – In partnership with the Missouri Coalition for Community Behavioral Healthcare and Missouri Kid's First, the Missouri Children's Trauma Network is excited to be able to provide this training on **April 27-28, 2021**. The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. In the next few years, the Missouri Children's Trauma Network plans to raise the standard of care and improve access to services for children, families, and communities impacted by trauma. **Registration Fee: \$20.** [Learn More and Register](#)
17. **NatCon21** – This is an opportunity for participants to boost their knowledge base and supercharge their organization, while networking with 6,000+ peers from across the country. Attendee will get to: hear from world-class speakers, experience a robust curriculum led by 500+ speakers in health care and beyond; take advantage of virtual learning opportunities for leadership growth; enjoy a mix of TED-style Talks, Ignite Sessions, Workshops and iPoster Presentations; access best-in-class products, technologies and services from 200+ exhibitors, and add more CE and CME credits to your learning portfolio. **May 3-5, 2021.** [Register](#)
18. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
- **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
19. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** **Registration Fee: \$115.** [Learn More and Register](#)
20. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **Tuesday, May 25, 2021, 1-3pm CT.** **Registration Fee: \$99.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
2. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community

and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

3. **New Dates! MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Tuesday, April 13, 10-12pm [Register](#)
Thursday, May 20, 1-3pm [Register](#)
Monday, June 21, 10-12pm [Register](#)
Wednesday, July 21, 1-3pm [Register](#)
Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Tuesday, April 27, 1-3pm [Register](#)
Wednesday, May 26, 10-12pm [Register](#)
Wednesday, June 23, 1-3pm [Register](#)
Wednesday, July 7, 2-4pm [Register](#)
Wednesday, August 18, 10-12pm [Register](#)

4. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
5. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).
6. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities March – May 2021. Check out the [MCB website](#) for more information and to register.
7. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). **Four spots left for April 15, 2021, training date.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for updates on different topics/initiatives next Friday!