



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

3/5/21

Youth Mental Health First Aid

March 19, 2021
8:30 a.m. - 1:30 p.m.

This virtual training will teach the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use challenge and help connect them to the appropriate care.

[Click for more information about the training](#)

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH