

# FYI FRIDAYS

## DBH Updates, Notices, and Policy Guidance

January 22, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DMH COVID Vaccination Update** – DMH continues to educate and vaccinate team members and patients/residents at all the facilities and state operated programs around the state. To date over 3,300 staff members and patients/residents have received the vaccination. This week's clinics included the second dose shots for many individuals as well as first doses for additional staff and patients/residents. Clinics continue to be scheduled at facilities and programs.

### DBH Community COVID-19 Positives Data (as of January 22, 2021, at 4pm)

Consumers	987
Staff	774
Providers	54

13 consumer/staff deaths have been reported.

2. **2021 State of the State Address** – Governor Parson will give the 2021 State of the State Address on **Wednesday, January 27 at 3pm CT**. The speech will be live-streamed on [Governor Parson's Facebook page](#) and [State of Missouri Facebook page](#).
3. **COVID-19 Vaccine Myth Busting Presentation by Dr. Thomas** – Remember that fabulous COVID-19 Vaccine Myth Busting PowerPoint presented on the last treatment provider call??? We have the video of the presentation by the original “author”, Dr. Kimberly Thomas!! This **video has changed lots of folks’ minds and put other minds at ease about the COVID-19 vaccine**. Please share it widely and consider how you might be able to share during virtual meetings of groups of employees, consumers, etc. [Main Presentation](#) | [Q&A](#)
4. **Draft Rule Amendment – Opioid Treatment Programs** – The draft rule amendment pertaining to Opioid Treatment Programs has been posted for comments on the [DBH webpage](#). Comments/questions should be submitted to Debbie McBaine ([debbie.mcaine@dmh.mo.gov](mailto:debbie.mcaine@dmh.mo.gov)) by **February 22, 2021**.
5. **MHD Provider Bulletins** – All MHD provider bulletins can be found at: <https://dss.mo.gov/mhd/providers/pages/bulletins.htm>.
  - **Pharmacy Program Reimbursement** – This bulletin applies to pharmacy providers and is effective February 1, 2021. [Bulletin](#)
6. **MHD Provider Manual Update** – The following sections of the [Pharmacy Provider Manual](#) have been updated:

### Excessive Dosage Guide for Psychotropic Medications

Effective December 5, 2020, Children’s Division implemented an [Excessive Dosage Guide](#) for prescribing psychotropic medication to children in foster care.

[View the recorded presentation for prescribers](#) overviews the Excessive Dosage Guide featuring: Laine Young Walker, MD; Austin Campbell, Pharm.D., BCPP; and Ujjwal Ramtekkar, MD, MBA, MPE, DFAACAP (Source: DSS).

- Section 12 – Defined usual and customary charge, added professional dispensing fee rates
  - Section 13 – Updated the maintenance medication policy
7. **2021 Joint Medical Directors Committee Meeting** – Please join us for the 2021 Joint Medical Director Committee Meeting. This year's meeting will focus on learning opportunities (including free CMEs) and peer discussion on the learned topics. *Registrants must have reliable internet access and webcam capabilities. Tuesday, February 2, 2021, 9:45-3pm CT. [Register](#)*
  8. **MHD Public Notice** – The MO HealthNet Division has posted a public notice regarding Prospective Professional Dispensing Fee Changes. Visit MO HealthNet's [Alerts & Public Notice](#) page to review the proposed SPA page and how to submit comments.
  9. **COVID-19 Updates & Resources** –
    - **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
    - **COVID-19 Vaccine Information** – This website offers facts so you can make an informed decision: [MOSTopsCOVID.com](https://mostopsCOVID.com).
    - **New COVID-19 Vaccine Social Media Assets** – Download social media graphics and content to spread facts about the vaccine. [Access Now](#)
    - **COVID-19 Related Grief & Loss Support Group** – As part of the Show Me Hope Crisis Counseling Program, ReDiscover hosts a statewide COVID-19 Related Grief & Loss Support Group. This is a FREE virtual support group held **every Tuesday from 4:30-5:30pm CT** through February. This opportunity is open to all state team members, family and friends. [Register](#)
    - **Understanding mRNA Vaccines** – CDC explains the vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mRNA.html>.
    - **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit [www.missouricit.org/frpn](http://www.missouricit.org/frpn) to find a provider.
    - **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
    - **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.

### COVID Vaccine: Get the Facts

**Vaccine Myth: If I've recovered from COVID-19, I don't need to get vaccinated.**

**Vaccine Truth/Fact: Even if you tested positive for COVID-19 and have recovered, you should still get vaccinated.** There is evidence of reinfection in some individuals. Early evidence suggests natural immunity from COVID-19 may not last very long. The vaccination should not occur until the individual has met the criteria to discontinue isolation.

For more information, go to [MOSTopsCOVID.com](https://mostopsCOVID.com).

*\*If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*

- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities:  
<https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: [health.mo.gov/communitytest](https://health.mo.gov/communitytest).
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **January 27, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## ***FUNDING OPPORTUNITIES***

*Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:*

<https://dmh.mo.gov/covid-19-information>

1. **Mental Health Awareness Training Grants** – **Application Deadline: February 5, 2021** – SAMHSA's Center for Mental Health Services is accepting applications for FY 2021 Mental Health Awareness Training grants. The purpose of this program is to expand Mental Health First Aid to more schools, first responders, veterans and other communities, enabling more people to identify, understand and respond when an individual is experiencing a mental health crisis. [Learn More](#) | [SAMHSA Contact Information](#)
2. **Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families** – **Application Deadline: February 8, 2021** – SAMHSA is accepting applications for Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families grant program (Youth and Family TREE). The purpose of this program is to enhance and expand comprehensive treatment, early intervention, and recovery support services for adolescents (ages 12–18) and transitional aged youth (ages 16–25) with substance use disorders and/or co-occurring substance use and mental disorders (COD), and their families/primary caregivers. SAMHSA plans to issue approximately 17 awards of up to \$545,000 per year for up to five years. [Learn More](#)
3. **Resiliency in Communities after Stress and Trauma** – **Application Deadline: February 15, 2021** – SAMHSA is accepting applications for the Resiliency in Communities after Stress and Trauma (ReCAST Program) grants. The purpose of this program is to assist high-risk youth and families and promote resilience and equity in communities that have recently faced civil unrest through implementation of evidence-based violence prevention and community youth engagement programs, as well as linkages to trauma-informed behavioral health services. SAMHSA plans to issue 8 awards of \$1,000,000 per year for up to five years. [Learn More](#)

4. **Building Communities of Recovery – Application Deadline: February 15, 2021** – SAMHSA is accepting applications for the Building Communities of Recovery (BCOR) program. The purpose of this program is to mobilize resources within and outside of the recovery community to increase the prevalence and quality of long-term recovery support from substance use. SAMHSA plans to issue 29 awards of \$200,000 per year for up to three years. [Learn More](#)
5. **Rural Communities Opioid Response Program – Implementation – Application Deadline: March 12, 2021** – HRSA's Federal Office of Rural Health Policy released a Notice of Funding Opportunity for the Rural Communities Opioid Response Program-Implementation. HRSA will be making approximately 78 awards of \$1 million each to rural communities to enhance substance use disorder, including opioid use disorder, and service delivery. [Learn More](#)
  - **Applicant Technical Assistance Webinar** – HRSA will hold a webinar for applicants. A recording be made available for those who cannot attend. **Tuesday, January 26, 2021, 12-1pm CT.** [Web Link](#) | Call-in Number: 1-800-369-1956 | Participant Code: 9970670

## INFO and RESOURCES

1. **New Equity & Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization. This series begins on **Wednesday, January 27, 2021, from 3:30-4:30pm CT**, and will continue every other Wednesday through April. [Register](#)
2. **New DMH Winter Book Study** – The next Book Study begins February 15 featuring *So You Want to Talk About Race* by Ijeoma Oluo. [Learn More and Register](#)
3. **New Public Facing Monoclonal Antibody Treatment Locator Available** – Missouri hospitals now are included in a federal, public-facing Therapeutics Distribution Location Resource. The map displays locations that have received shipments of monoclonal antibody therapeutics for COVID-19. It is important to note that this decision was made federally. The website does include a disclaimer that this information is based on shipments reported by the distributor and does not guarantee availability. Hospitals are encouraged to utilize mAB supply on hand before ordering additional or excessive quantities. This will ensure Missouri continues to receive full allocations of available supply going forward (Source: HHS). [Learn More](#)
4. **New Suicide Prevention in Health Care ECHO Launching Friday, February 19** – This ECHO, hosted by the University of Missouri's Telehealth Network and Show Me ECHO, educates and empowers providers to competently and confidently treat individuals at risk for suicide. A multidisciplinary team of mental health experts will share information about best practices, plans and procedures. **First and third Fridays of the month, 12-1pm CT.** [Flyer](#) | [Register](#)
5. **New CMS Releases New Medicaid Data to Help Target SUD Prevention and Treatment Efforts** – CMS recently released a second publication of the Medicaid Substance Use Disorder Data Book, as required by the 2018 Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment (SUPPORT) for Patients and Communities Act. The data book is intended to help policymakers, researchers, and other stakeholders better understand areas of need regarding prevention and treatment efforts. The data book contains 2018 data on Medicaid beneficiaries treated for SUD, and the services they received by type and setting, delivery system, and progression of care (Source: CMS). [Access Data Book Now](#)
6. **New HHS Releases Report on Postpartum Opioid Prescriptions** – HHS released a new report titled, "Postpartum Opioid Prescription Fills, Opioid Use Disorder (OUD), and Utilization of Medication-Assisted Treatment (MAT) among Women with Medicaid and Private Health Insurance Coverage." As described in the report, the study aims to analyze Medicaid and private health insurance claims data to estimate postpartum opioid prescribing rates among women who gave birth; rates of OUD development among those with postpartum opioid prescriptions; and utilization of

MAT among those who develop OUD after childbirth. The report includes figures and tables that summarize key findings and statistics relating postpartum opioid prescribing to the development of OUD and utilization of MAT. For example, among the Medicaid and privately insured patients who gave birth, over 50% had an opioid prescription filled within a week of giving birth. In addition, Medicaid patients were more likely to fill an opioid prescription postpartum, compared to patients on private insurance (Source: *HHS*). [Read More](#)

7. **New Parity Enforcement, Barriers to Care, Patients in Pain Highlighted in New AMA Recommendations** – With more than 40 states reporting an increase in overdose deaths during the COVID-19 pandemic, the American Medical Association, in partnership with the firm Manatt Health, has published an update to its National Roadmap on State-Level Efforts to End the Nation’s Drug Overdose Epidemic (Source: *Addiction Professional*). [Read More](#)
8. **New FDA Takes Further Steps to Confront Opioid Crisis Through Risk Evaluation and Mitigation Strategy Programs** – While efforts to combat COVID-19 remain at the forefront of its day-to-day activities, the U.S. Food and Drug Administration (FDA) also continues its work on a number of important public health issues and, in particular, the opioid crisis. FDA remains committed to using all facets of its regulatory authority to lessen the impact of opioid addiction, misuse, and abuse while also striking a careful balance between patient access and safety to ensure that patients suffering from significant pain have access to appropriate medication. To that end, the FDA has been and continues to address this public health crisis on a number of fronts (Source: *FDA*). [Read More](#)
9. **New CDC Issues Recommendations After Record-Setting Period for OD Deaths** – Recent provisional data from the Centers for Disease Control and Prevention indicate that about 81,230 drug overdose deaths occurred in the U.S. between June 2019 and May 2020 – the highest number of overdose deaths in a 12-month period in U.S. history. During that period, overdose deaths increased more than 20% in 25 states and Washington, D.C. Continuing increases in overdose deaths for the 12-month periods ending in February, March, April and May suggest that the rise was accelerated by the onset of the COVID-19 pandemic (Source: *Addiction Professional*). [Read More](#)
10. **New Physician-Pharmacist Buprenorphine Treatment Collaboration Shows Strong Returns** – Results of a NIDA-supported pilot study showed that collaboration between physicians and pharmacists could lead to improved medication adherence among patients being treated for opioid use disorder (Source: *Addiction Professional*). [Read More](#)
11. **New Study: Methamphetamine Use is Soaring** – A Millennium Health study found that methamphetamine use—both on its own and in combination with other illicit substances—climbed 340% between 2014 and 2019 (Source: *Addiction Professional*). [Read More](#)
12. **New NDAFW: Reaching and Supporting Youth** – After a difficult year, National Drug and Alcohol Facts Week (NDAFW) is more important than ever. Teens may be seeking coping mechanisms to handle the increased stress that has come with many changes and challenges in their daily lives. NDAFW is a national health observance week that links students with science to learn the facts about drugs and alcohol and to develop the necessary skills to make informed decisions about their health. **NDAFW 2021 will take place on March 22–28.** (Source: *NIDA*). [Learn More](#) | [Order Free Materials](#) | [Activity Ideas](#)
13. **New New Webcast: Improving the Therapeutic Management of Schizophrenia** – With a focus on the management of weight gain and metabolic disruptions, this accredited, on-demand activity identifies factors that contribute to medication nonadherence and examines the downstream consequences of suboptimal schizophrenia care (Source: *Psychiatry & Behavioral Health Learning Network*). [View Activity](#)
14. **New Q&A: Dr. Roger McIntyre Discusses New Bipolar Disorder Screener** – In this Q&A, Dr. Roger McIntyre explains how and why the Rapid Mood Screener (RMS) was developed, how it should be used in clinical practice, and the reasons why bipolar disorder is so frequently misdiagnosed and mistaken for depression (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)



15. **New Q&A: Gender Differences in the Mental Health Effects of the COVID-19 Pandemic** – Veronica Guadagni, PhD, of the University of Calgary, discusses her research which found that the COVID-19 pandemic has affected women differently than it has affected men (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
16. **New Optional LGBTQ+ Cultural Competency Survey for Behavioral Health Providers** – If you are a U.S. behavioral health professional (e.g. social worker, psychiatrist, psychologist, therapist, psychiatric nurse, or psychiatric nurse practitioner) who works with youth, please consider participating in a study focusing on workplace policies and their relationship to provider LGBTQ+ Cultural Competency (UVA IRB SBS #4042)! Your individual responses will be kept confidential, and only group data will be reported. The survey will require a maximum of 15 minutes. Please direct questions to [gml5su@virginia.edu](mailto:gml5su@virginia.edu). [Consent Form and Survey](#)
17. **MO Opioid Overdose Prevention and Response: Open Forum to Discuss Naloxone Sustainability** – Members of the MO-HOPE, Opioid SOR, MORE, and DOTS projects will host a virtual open forum to discuss naloxone sustainability. This meeting will focus on naloxone supplies and distribution efforts as opioid-related projects and grants come to an end.
- Who should attend?**  
Does your agency receive grant-funded naloxone? If yes, does your agency have a plan to maintain a supply of naloxone following the conclusion of these grant projects? Join us to brainstorm and discuss strategies to ensure that naloxone continues to remain available to those we serve. This forum is especially relevant to social service, EMS, law enforcement, and treatment professionals, as well as any fiscal administrators working in those agencies. **Wednesday, February 3, 2021, 12-1pm CT.** [Register](#)
18. **Countering the Quieter Crisis: Addressing Staff Burnout and Strain** – As the next wave of the COVID-19 pandemic arrives, it's crucial for providers to enact staff rounding programs to understand the evolving concerns of their employees (Source: *Addiction Professional*). [Read More](#)
19. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians**! Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
20. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**February 16, 2021 – NE Region** (Districts 3, 11, 16, 17, 18, 26 & 38) – 10-12pm

Location: Virtual

**March 5, 2021 – Southwest Region** – 10-12pm

Location: Virtual

**April 9, 2021 – Western Region** – 10-12pm

Location: Virtual

**May 11, 2021 – North Central Region** – 10-12pm

Location: Virtual

**TBD – Eastern Region**

Location: Virtual

**TBD – SE Region**

Location: Virtual

## TRAINING OPPORTUNITIES

1. **New Peers Supporting People in Times of Crisis** – This webinar features a diverse panel of Peer Specialists (youth and adult) working across the crisis continuum of care. Join to learn about the roles of Peer Specialists in promoting wellness and recovery within mobile crisis units, peer respite programs, creating self-help tools like Apps and documentary film, supporting colleagues within the Peer workforce, and working on warm and hot lines for both youth, adults, and older populations. **Monday, January 25, 2021, 2-3:30pm CT.** [Register](#)
2. **New The Impact of Pandemics on Well-being: Implications for Healthcare Systems & Providers** –The impact of pandemics and crises on the mental health and well-being of health care providers in the community and health care systems can be substantial. In this webinar, the implications of pandemic impact on mental health at the individual and organizational levels will be explored. A dialogue defining health care professionals' responses to stressful events and what may be done at the individual and systems' levels will be provided. **Wednesday, January 26, 2021, 12-1pm CT.** [Register](#)
3. **New Updated Guidance from the AAP on the Treatment of Infants with NOWS** – Dr. Stephen Patrick is a national leader on the implications of maternal opioid use on infants and primary author of the [new guidance on NOWS from the AAP](#). He will provide two hour-long sessions to share his expertise. [Register](#)
  - **Session 1:** This webinar will provide up-to-date information on the opioid crisis, implications for the mother/infant dyad; an overview of American Academy of Pediatrics' (AAP) revised guidance on neonatal opioid withdrawal syndrome (NOWS) which provides recommendations for management of the infant with opioid exposure, including clinical presentation, assessment, treatment, and discharge planning. **Tuesday, January 26, 2021, 12:30-1:30pm CT.**
  - **Session 2:** Dr. Patrick will be available for a 1-hour "Dialogue with Experts" session to take questions, discuss implications of infants with NOWS, and provide lessons from the Vanderbilt Center for Child Health Policy. **Thursday, January 28, 2021, 12:30-1:30on CT.**
4. **Addressing Historical and Ending Contemporary Racial Inequities** – As we continue to grapple with the pandemic, we must act to minimize the impact of intergenerational trauma and exacerbated health disparities that have devastating effects on many Black, Indigenous and People of Color (BIPOC) communities. Join us for a new virtual training as we discuss how to define intergenerational trauma and complex trauma; describe the impacts of trauma on individuals, communities, staff and organizations; and review three trauma-informed, resilience-oriented strategies to address the impacts, among other topics. **Wednesday, January 27, 2021, 12-3pm CT.** [Register](#)
5. **Best Practices and Systems of Support for Justice-Involved Veterans** – The designation justice-involved Veteran is used to describe former service members who are involved in the criminal justice system. The high rates of mental illness, post-traumatic stress disorder, substance use disorders, and traumatic brain injury have adversely affected more than half of justice-involved Veterans. This webinar will provide an overview of emerging best practices and systems of support for justice-involved Veterans from the "front end" or initial point of contact with first responders to the point of reentry and readjustment with support from systems, programs, and peers. **Wednesday, January 27, 2021, 12:30-2pm CT.** [Register](#)
6. **New Lessons From 2020: How Behavioral Health Organizations Can Adapt in 2021** – In this webinar, Relias experts will provide their unique perspective on the past year and discuss their own shifts in strategy and agile execution. Relias will share lessons learned from the field and from within its own organization, and offer tips for how behavioral health agencies might apply these lessons in their own settings. **Wednesday, January 27, 2021, 1-2pm CT.** [Register](#)
7. **Leveraging a Team Approach to MAT for Patients with AUD and OUD** – Join experts as they discuss how to leverage a team approach to MAT for patients with AUD and OUD. Pose your questions to them during the live Q&A session. After participating in this activity, participants should be better able to: evaluate key efficacy and safety data for

medications approved for the treatment of AUD and/or OUD, as well as potential long-term impacts on patient outcomes; identify systemic barriers to the use of MAT in patients with AUD and/or OUD where appropriate; and implement cross-team processes to ensure that MAT is considered for every patient with AUD and/or OUD.

**Thursday, January 28, 2021, 11-12pm CT** [Register](#)

**Tuesday, February 2, 2021, 11-12pm CT** [Register](#)

8. **New COVID-19 Vaccine Roundtable: Leadership Strategies and Myth-Busting** – Join a panel of leaders in the behavioral health and addiction treatment field for a roundtable discussion about the COVID-19 vaccine rollout. Hear key safety information about how the vaccine was produced, how to respond to common myths and fears, and operational best practices and legal considerations for encouraging hesitant staff to get vaccinated. **Presenters:** Dr. Joe Parks, Jerry Schwab, and Dr. Gregory Serfer. **Thursday, January 28, 2021, 12-1pm CT.** [Register](#)
9. **New Tobacco Product Use and COVID-19: An Overview of the Science and Public Health Implications** – The risks of tobacco product use have been compounded by the COVID-19 pandemic, with emerging data showing that current and former cigarette smokers are at increased risk of more severe illness from COVID-19. In this webinar, participants will gain an understanding of the state of the science with regard to COVID-19 outcomes and tobacco product use, including cigarette smoking and e-cigarette use. The speaker will also provide participants with information about evidence-based strategies to prevent and reduce tobacco product use, including resources for healthcare providers and the general public. **Thursday, January 28, 2021, 1-2pm CT.** [Register](#)
10. **Innovation, Collaboration and Partnership between Crisis Services and First Responders in Harris County, Texas** – The Harris Center for Mental Health and IDD, located in one of the most diverse communities in the U.S. – Houston, Texas – has a long history of effective and innovative collaboration with first responders. In this SAMHSA-sponsored webinar – presented by the National Council – we will talk about how The Harris Center was able to coordinate with first responder partners to bring new programs to fruition and the outcomes they are seeing in their community. **Thursday, January 28, 1:30-3pm CT.** [Register](#)
11. **New Grief during COVID** – Participants will understand the multiple losses that influence the grieving process resulting from COVID, be aware of grief theories that impact styles of grieving, and learn effective strategies for coping with grief and ways to communicate about loss. **Thursday, January 28, 2021, 3:30-4:30pm CT.** [Register](#)
12. **Ethics, Values, and Boundaries in Peer Recovery Support Work** – This training is designed for **Peer Recovery Support Staff** and **Supervisors**. This one-day interactive training provides a comprehensive look into ethical codes of conduct and their role in Peer Support Services. Participants will study the types of boundaries that exist in human behavior and what drives them. With a self-assessment process, participants will discover their own personal boundaries and how that may affect their work and their lives. Topics include morals, values, boundaries and confidentiality laws; core competencies and practice guidelines; ethical decision-making; and national standards. Participants will be notified with specific information and training times. **Thursday, February 4, 2021.** [Register](#)
13. **New ASAM Criteria Webinar** – Join the National Council for Behavioral Health and the American Society of Addiction Medicine (ASAM) to learn how the ASAM Criteria standardizes addiction treatment and improves patient care and outcomes. Experts will discuss assessment tools, clinical resources, and educational offerings available to assist providers, payers, and policymakers in the successful and comprehensive implementation of the ASAM Criteria. **Thursday, February 4, 2021, 11-12pm CT.** [Register](#)
14. **Provider Well-being Webinar and Podcast Series: We Make the Path by Walking** – This is an eight-part webinar and podcast series designed to help participants reckon with our turbulent world, offering support and direction for a clearer path forward. Interactive sessions bring focus and connection through meaningful group discussion, opening opportunities for personal exploration, insight and the discovery of new ways to navigate life with resilience and hope. Psychotherapeutic modalities drawn from East Asian medicine equips participants with self-nurturance skills such as, meditation and breathing practices, voice-work and body awareness techniques for day to day well-being and sharing with others. **Webinars are from 1-2pm CT.** [Register](#) | [Podcast for the series](#)



- **February 5, My Nervous, Nervous System:** Examines the body/mind science of psychoneuroimmunology, discovering how our thoughts are the first and maybe the most important thing impacting our health and well-being.
  - **February 19, Investigating Thoughts:** As we peel back the layers of our beliefs, we may be surprised by what we see. This session gives us tools to look closely at what works and what may not be serving us now.
  - **March 5, Head, Heart and Gut:** If we learn to pay attention, our bodies can inform us how to make wise decisions, though early trauma may have shut down some of that knowing. This session looks at how we can retrieve our deep instincts, through observation and self-care.
  - **March 19, Tending Our Tender Selves:** Some of us didn't learn how to care for ourselves because we weren't adequately cared for in crucial stages of development. This session is focused on re-learning how to tend to ourselves with tender care.
  - **April 2, Care Without Carrying:** We know how much caring is needed in our world, though caring at times can feel like too heavy a load to carry. This session will focus on finding ways to keep caring, without carrying a burden.
  - **April 16, Walking a Parallel Path:** For many of us working in the fields of mental health services or teaching, we may notice that the very issues we help our clients with, are things we recognize in ourselves. We'll discuss how this useful teaching tool in our work not only gives us empathy, but can help us heal our own wounds.
  - **April 30, Walking the Path We Make:** In this final session, we can look at how we move forward, changed by what we have experienced and continuing to feel as we go and see what path appears as the dust settles and we build a new world.
15. **Compassion Fatigue for Behavioral Health Workers** – This course is intended for behavioral health workers who wish to learn more about how experiencing traumatic events, either directly or indirectly, as a first responder reacting to an emergency or crisis situation may impact their professional and personal wellbeing. Taught through a behavioral health (mental health and substance use) lens, the instructor will incorporate lecture, PowerPoint and activities to satisfy course objectives. **Thursday, February 11, 2021, 1-3pm CT.** [Register](#)
16. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
- **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – Presented on September 29, 2020.** [PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
  - **Session 2 - A Recovery Oriented Approach to Professional Boundaries - Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
  - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
  - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
17. **FSP Training – February 16-18, 2021:** Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via Zoom, **February 16 – 18, 2021.** Any questions regarding registration please contact Jill Richardson at [jill.richardson@dmh.mo.gov](mailto:jill.richardson@dmh.mo.gov).

18. **New Cultural Competence in Healthcare: Laying the Foundation** – This webinar will review the key building blocks of cultural competence, including cultural awareness, knowledge, skill, desire, and encounters. Experts will introduce the concept of cultural humility and discuss how this dynamic and lifelong process can be used to enrich cultural competence. **Thursday, February 18, 2021, 11-12pm CT** (rebroadcast at 2pm CT). [Register](#)
19. **New Building Outreach and Diversity in the Field of Addiction by Dr. Ayana Jordan** – The purpose of this talk is to establish the immediate need for diversity, equity, and inclusion (DEI) in the field of addictions, and to define these terms for a shared understanding of what these concepts entail. This talk will describe the current lack of racial and ethnic diversity in research and the existing medical workforce and make the case that DEI infrastructure is necessary to improve patient outcomes. Examples of programmatic efforts within the field of addiction dedicated to increasing the number of racial and ethnic URM researchers, clinical providers, and faculty will be discussed. An overview of deliberate recruitment strategies will be provided to highlight the importance of directed outreach. We will conclude with a discussion of how DEI efforts can be measured to accurately track progress. Dr. Ayana Jordan MD, PhD, Yale University is a leader in diversity and inclusion in the field of substance use disorder treatment and policy (and an amazing speaker)! **Thursday, February 18, 2021, 3:30-5pm CT**. [Register](#)
20. **New Missouri Neonatal Abstinence Syndrome Summit** – MHA's second Missouri Neonatal Abstinence Syndrome (NAS) Summit, co-hosted by the Missouri Department of Health and Senior Services, brings together Missouri stakeholders and subject matter experts. The virtual summit will highlight various topics, including recent NAS surveillance findings, continued trends and updated evidence-based programming, and future opportunities for collaboration and evaluation. **Tuesday, February 23, 2021, 8-3pm CT**. [Register](#)
21. **New Supporting Peers Providing Services at Intercept 0** – Peer support specialists often serve as first responders to individuals who are experiencing a crisis in the community and who are at risk of interfacing with the justice system. However, standardized peer trainings do not always include specific considerations for responding to a behavioral health crisis, such as physical safety and risk for secondary trauma. This webinar will present practical information from the field and highlight new innovations to support peers who respond to mental and substance use crises at Intercept 0 of the Sequential Intercept Model. Presenters will discuss safety considerations, opportunities for leveraging technology, and promising practices that have emerged in response to the COVID-19 pandemic. **Thursday, February 25, 2021, 1:30-3pm CT**. [Register](#)
22. **New Skills that Actually Matter: What Does (and Does Not) Really Move Outcomes** – This webinar will identify commonly held beliefs about effective characteristics in clinical work that actually don't make much of a difference, introduce participants to seven characteristics/skills identified in research that really do help clients get better, and offer practical tips on how to grow in a few of these key areas. **Thursday, February 25, 2021, 3:30-4:30pm CT**. [Register](#)
23. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021**. [Learn More and Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.*

1. **Mental Health First Aid (MHFA)** - MHFA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

2. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
3. **2021 Virtual CPS Trainings** – Due to the COVID-19 pandemic, the Missouri Credentialing Board will be indefinitely suspending the “live” trainings. MCB is offering this training in an online format. **The January training dates are full, so those dates are not on the list.** [Register](#)
4. **NOVA Virtual Crisis Response Team Training – Basic Level Course** – The NOVA Virtual Crisis Response Team Training™ - Basic Level course consists of 24 hours of techniques and protocols for providing crisis intervention to traumatized individuals. This training focuses on the fundamentals of crisis and trauma and how to adapt basic techniques to individuals and groups. Thousands who confront human crisis - victim advocates, mental health, law enforcement, and others - have completed this course and highly recommend it to others. This training will take place online over the course of four afternoons. There is pre-course work that needs to be completed prior to the training. To register for this nationally recognized professional development course please contact Shelby Hood at [Shelby.Hood@dmh.mo.gov](mailto:Shelby.Hood@dmh.mo.gov).

#### Training Dates

*Tuesday, January 19, 2021, 1pm – 5pm CT*

*Tuesday, January 26, 2021, 1pm – 5pm CT*

5. **MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

#### **AVAILABLE TRAINING DATES:**

*Thursday, January 21, 10am-12pm; OEND: <https://zoom.us/meeting/register/tJYqcu-srDwuGdYDt1ZSg3tQhnVYfOUSX7uE>*

*Tuesday, February 9, 10am-2pm; OEND: <https://zoom.us/meeting/register/tJMtc-iqqjMiGdFGXhpe5C5TUrLvLtePE4Xc>*

*Wednesday, March 17, 3pm-5pm; OEND: [https://zoom.us/meeting/register/tJEkcu6urDkuGNcox\\_sLSHhXhT-FCZ82-r2R](https://zoom.us/meeting/register/tJEkcu6urDkuGNcox_sLSHhXhT-FCZ82-r2R)*

*Monday, January 25, 2pm-4pm; OEND TOT: <https://zoom.us/meeting/register/tJMkdeyrrjluE9TmbDzSo2sfETIWzuFLSdzt>*

*Thursday, February 25, 2pm-4pm; OEND TOT: <https://zoom.us/meeting/register/tJ0uceCqgDlrHtfu7MBDO0xYlJLSGAtc4vWW>*

*Wednesday, March 24, 10am-12pm; OEND TOT: <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>*

6. **2021 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). This training has been updated so those who have attended a training in the past are welcome to attend again. This training will be done in a virtual format only. Once registered, participants will be given a link to watch four videos to watch before the Zoom meeting. To take this training, participants will need the technology ability to watch the four videos and be on the Zoom meeting.

**The Zoom meetings will be from 9-11am CT on the following dates:**

*Thursday, February 18, 2021*

*Thursday, April 15, 2021*

*Thursday, June 10, 2021*

*Thursday, August 12, 2021*

*Thursday, October 14, 2021*

*Thursday, December 9, 2021*

***Look for updates on different topics/initiatives on next Friday!***