

# Missouri Eating Disorders Council Minutes

November 25, 2019 – Conference Call

**Council Members Present:**

Annie Seal  
 Beth Harrell  
 Paul Polychronis  
 Carla O'Connor  
 Eric Martin  
 Heidi Strickler  
 Jenny Copeland  
 Rebecca Lester  
 Stephanie Bagby-Stone  
 Debra Walker  
 Tommy Allgood

**Council Members Absent:**

Kim McCallum  
 Ginny Ramseyer-Winter  
 Lauren Sciacca  
 Caroline Graham  
 Marjorie Cole  
 Janet Clevenger  
 Shawn Sando  
 Travis Stewart  
 Connie Cahalan  
 Del Camp  
 Denise Wilfley

**Department of Mental Health Staff:**

Lori Franklin  
 Elaina Henry

**Guests:**

Ellen Fitzsimmons-Craft  
 Marie-Laure Firebaugh  
 Olivia Laing

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<b>Welcome/Introductions</b>		
<b>Announcements</b>	<p><i>A. Seal announced she has been receiving calls from Kentucky wanting to establish an eating disorders council. A. Seal will be sharing with them the type of work our council has done and continue to do and some of our early on activities. A call with the Behavioral Health Coalition took place. More details are to come from that conversation. On February 26, 2020 at the Capital in the rotunda, there will be an advocacy day and the council will be there.</i></p> <p><i>The September minutes were reviewed. B. Harrell approved, the motion was seconded and minutes were approved.</i></p>	
<b>Budget Review</b>	<p><i>L. Franklin gave a budget overview for FY 2020. The balances were read off to the council.</i></p>	

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<p><b>Body U Program Overview and Update</b></p>	<p><i>M. Firebaugh gave an update on Body U Program. Body U has been present at 10 different events on school campuses this fall. Student-wide emails are still being distributed. Over 10,000 students have been screened since Body U started. In the Spring, NEDA week will take place and is being planned out. O. Laing and M. Firebaugh have submitted a presentation to Spring Training Institute for the 2020 session and Meeting of The Minds. The social media presence and followers are growing.</i></p> <p><i>O. Laing discussed the training that took place at ReDiscover on November 22, 2019. A total of 78 people were in attendance with at least half of them being from ReDiscover.</i></p> <p><i>O. Laing went over the online trainings so far. A webinar regarding dialectical behavioral therapy was uploaded and will be distributed through the newsletter. M. Firebaugh has been in charge of a monthly online eating disorder training program that is getting ready to roll out that has a lot of interest from providers and such. A total of 321 Relias logins have taken place with about nine different trainings people can take. The international partnership with those who host the platform will be ending at the end of the year. They are working to transfer platforms to a storage site until a new platform arises along with funding. The monthly email newsletter currently has 360 subscribers.</i></p> <p><i>In terms of ongoing consultation groups Sarah Gleason and Paula Antaunocci are doing their consultation groups for dieticians. They have 13 participants between the two of them. The Ozark Center has expressed their interest in how to bring the next level of care to their clients. They are speaking with Dr. Bagby-Stone on what the council can do in regards to trainings to benefit them.</i></p> <p><i>In other upcoming trainings, Dr. Bagby-Stone will be doing a training at Missouri Coordinated School Health Coalition about "What You Need to Know to Help A Student</i></p>	

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	<p><i>With An Eating Disorder.” Burrell Behavioral Health has expressed interest in doing cognitive behavioral health self-help webinar.</i></p> <p><i>O. Laing gave overview of the centers of excellence she is trying to gain partnerships with. ReDiscover kicked off their first training. Burrell Behavioral Health is in communication with O. Laing about the course they want to take. Places for People in St. Louis is looking to get those on their small team trained to treat people with eating disorders.</i></p> <p><b><i>The next meeting will be at DMH in Jefferson City on January 27, 2020!</i></b></p>	

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