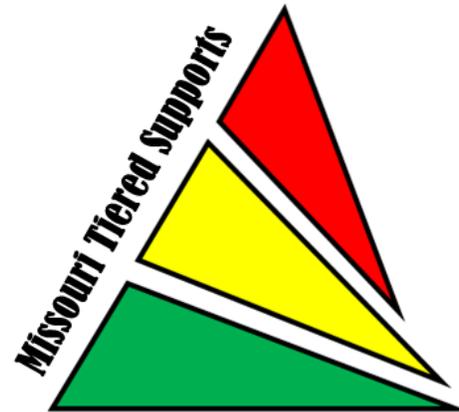




Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

Introduction to Missouri's Tiered Supports



**October
2019**

Objectives

Understand MO Tiered Supports

🏠 Process

🏠 Focus

🏠 Goals

Question

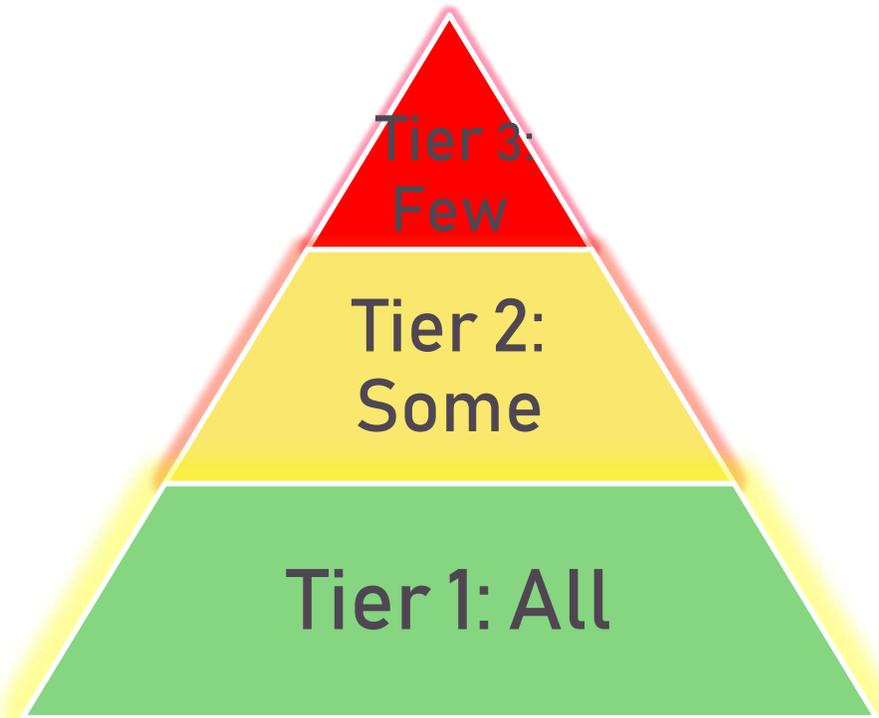


What is MO Tiered Supports?

Answer

A State multi-tier PBS consultation system

Goal: To teach & coach staff so they can better serve individuals



Question

Who is the Tiered Supports Team?

👤 Statewide Leads

👤 Chief Behavior Analyst

👤 Targeted Prevention Coordinator

👤 Positive Supports Coordinator

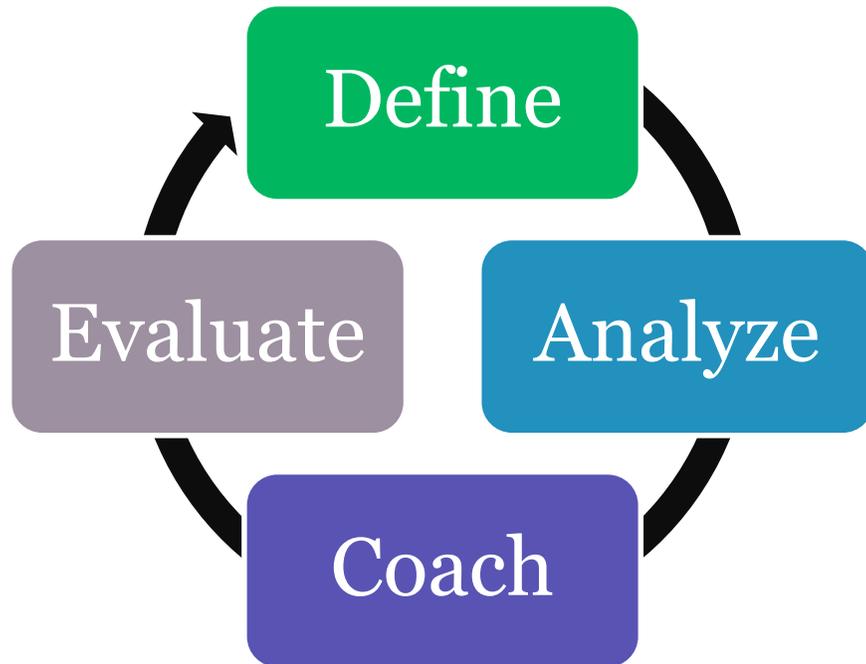
👤 Area Behavior Analysts (ABAs)

👤 Regional Office Agency Tiered Supports Consultants (ATSCs)

Question



What does the MO Tiered Supports Team do?



For all three tiers we:

1. Define what the problem is
2. Analyze why it is occurring
3. Coach others on what to do about it &
4. Evaluate if what we are doing is working.

Question



What is Tier One?

Answer

Tier 1= Universal Support

Ongoing

Goal of increased quality of life

Good for everyone

ATSCs spend energy here



Question



What is Tier Two?

Answer

Tier 2= Targeted Support*

Short-term

Good for groups

Tier 1 isn't enough

At risk of Tier 3

Goal of prevention

*when necessary



Question



What is Tier 3?

Answer

Tier 3= Individualized Support*

Short-term

Good for high risk individuals

Goal to decrease risk

Area Behavior Analysts spend their energy here

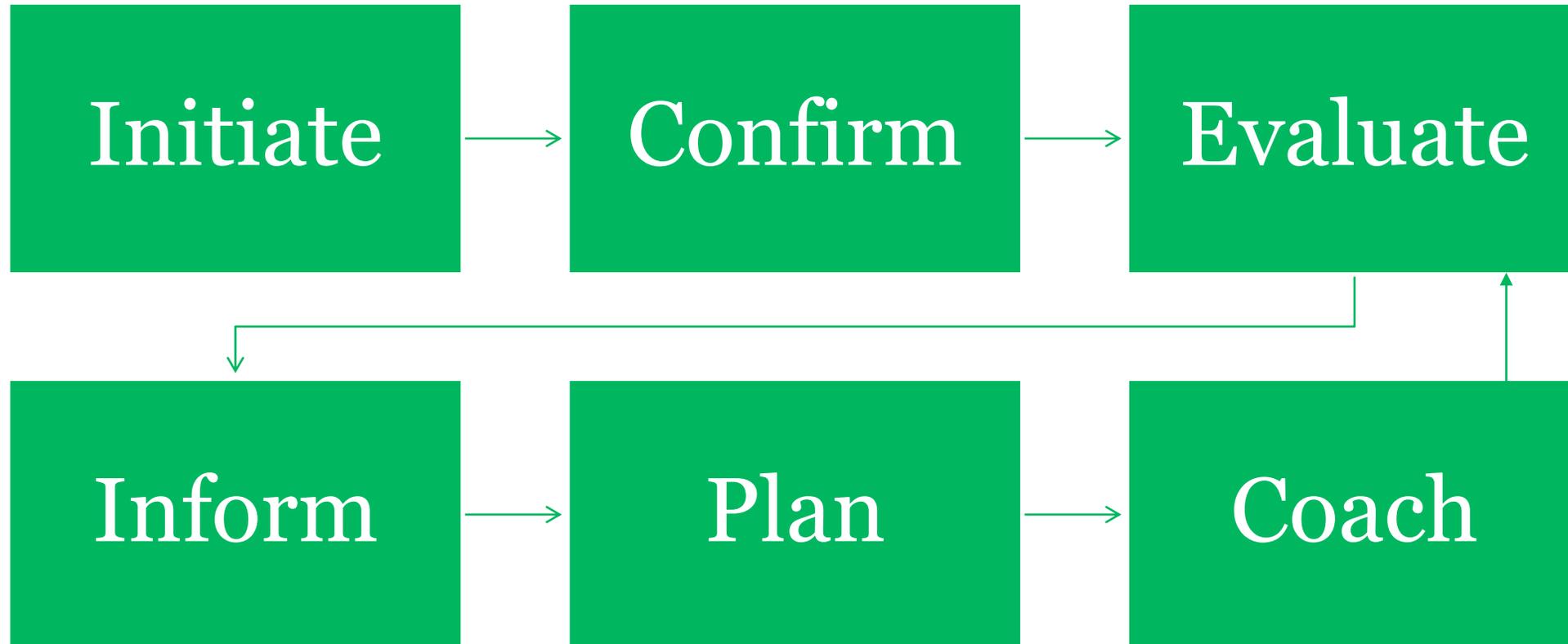
*when necessary



Question



What is the MO Tier 1 process?



Initial Conversations

- Often where mistakes are made (promises of magic fixes or over commitment from individual/organization)
- Need to be upfront about requirements & what can be done onsite
- Schedule follow up meeting for confirmed commitment



A-Team

- Representation from all levels of the team:
 - Admin
 - Clinical
 - Managers
 - Direct-Support
 - Individuals/family
 - ATSCs
- Meet regularly



- 👤 Assessment tool: Brief snapshot of how things are
 - 👤 Interviews
 - 👤 Data & record review
 - 👤 Observations
- 👤 Used to action plan
- 👤 Completed at least annually



T1 Data

- 👤 Behavioral incidents
- 👤 Med errors
- 👤 Falls
- 👤 Junk Behavior
- 👤 +/- observations
- 👤 ASSET results
- 👤 Benchmarks of Quality
- 👤 Level of Implementation



Action Plan

- 👤 Guides the agency/person
- 👤 Based on ASSET, data, mission, vision, values
- 👤 Monthly achievable goals
- 👤 Objective



Quarterly Training

- 👤 Tiered Supports workshop
- 👤 Tools of Choice workshop
- 👤 Hands-on
- 👤 Networking
- 👤 Problem-solve
- 👤 Feedback



Tools of Choice

- 👤 PBS competency based course
- 👤 Helps people build relationships
- 👤 Helps families stay together
- 👤 Free to Tiered Agencies & Family members



Positive: Negative (+/-) Observations

Watch staff with individuals

-  # positive, healthy interactions
-  # negative, coercive interactions
-  # desirable behaviors
-  # undesirable behaviors



Coaching

👤 Follow BST

👤 Tell them what to do

👤 Show them

👤 They practice

👤 Give feedback

👤 Repeat

👤 ATSCs offer a min. of weekly coaching/tiered agency



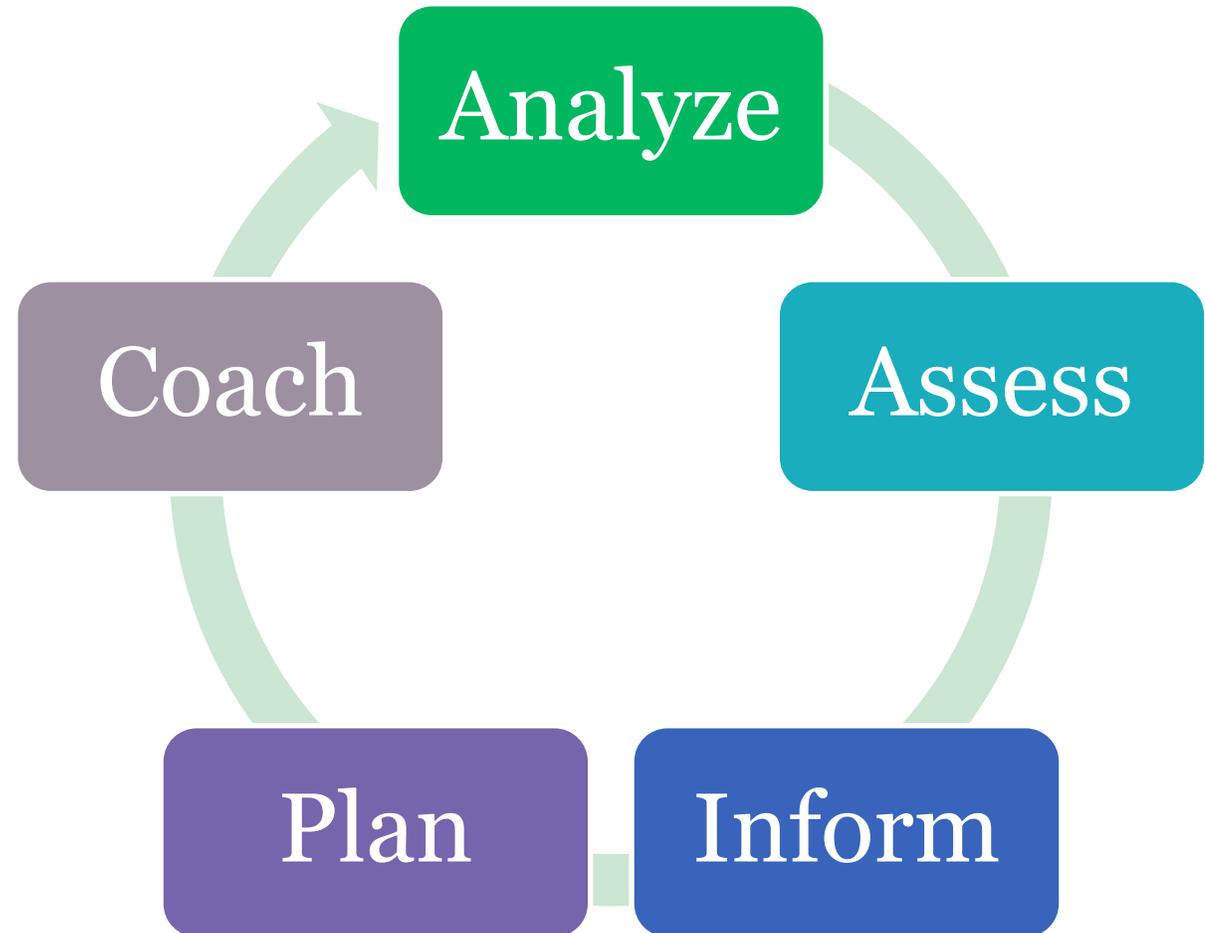
Question



What is the Tier 2 Process?

Answer

- Data review
- Assessment
- Action Plan
- Recommendations & coaching



T2 Data

- 👤 Risk categories
 - 👤 Physical altercations
 - 👤 LE involvement
 - 👤 EP
 - 👤 485-720 AS
 - 👤 5-10 psych meds
- 👤 T1 data
- 👤 Self-assessment survey*
- 👤 ISSET*

*names subject to change



T2

More Coming Soon!

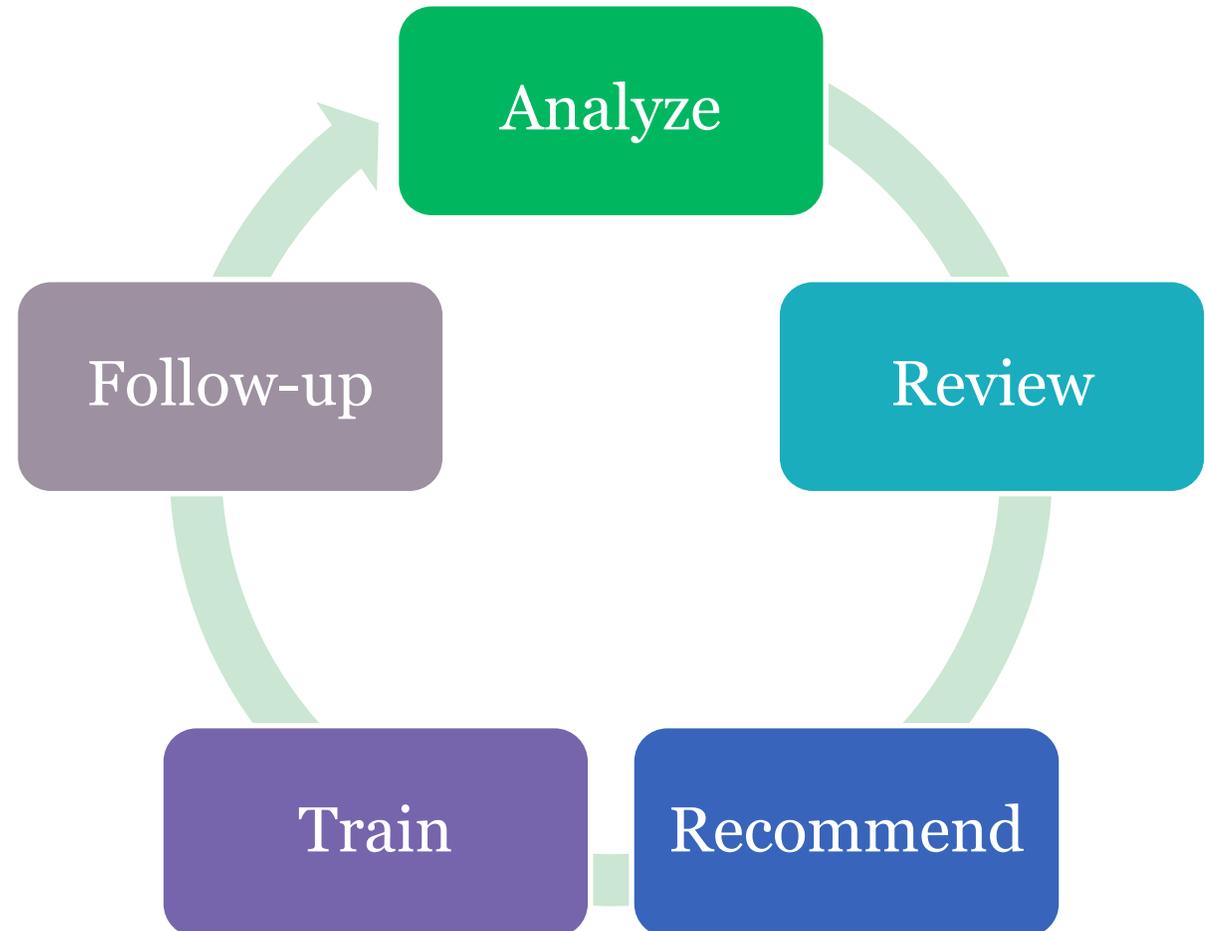
Question



What is the Tier 3 process?

Answer

- Analyze Data
- RBSRC
- Quarterly training
- Coaching
- Follow-up Support



T3 Data

Risk categories

- 🧑 Physical altercations
- 🧑 LE
- 🧑 Hospitalizations due to severe behavior
- 🧑 EP
- 🧑 720+ AS
- 🧑 10+ psych meds

RBSRC data

- 🧑 ISPs
- 🧑 BSPs
- 🧑 Outcomes



Regional Behavior Support Review Committee



- 👤 3 committees of volunteer LBAs
- 👤 Meet 1x a month/committee
- 👤 Whole team encouraged to attend
- 👤 Review BSPs & ISPs
- 👤 Provide consultation



Quarterly Training



- 👤 Offered to providers
- 👤 In-person
- 👤 Webinars
- 👤 Podcasts



All 3 Tiers focus on positive systems and processes to support providers so that they can help individuals reach their full potential.

Questions? Contact our Statewide Leads



Kathleen Deppeler
Statewide Positive Supports Coordinator
Kathleen.Deppeler@dmh.mo.gov



Dr. Terri Rodgers, BCBA, LBA
Chief Behavior Analyst
Teresa.Rodgers@dmh.mo.gov



Rhiannon Evans, MS, ABA
Statewide Targeted Prevention Coordinator
Rhiannon.Evans2@dmh.mo.gov