

Missouri Eating Disorders Council Minutes

May 20th, 2019 – In Person

Council Members Present:

Annie Seal
 Beth Harrell
 Paul Polychronis
 Tommy Allgood
 Travis Stewart
 Carla O'Connor
 Debra Walker

Council Members Absent:

Kim McCallum
 Denise Wilfley
 Rebecca Lester
 Ginny Ramseyer-Winter
 Lauren Sciacca
 Joy Schwertley
 Del Camp
 Caroline Graham
 Connie Cahalan
 Marjorie Cole
 Eric Martin
 Janet Clevenger
 Jenny Copeland
 Shawn Sando
 Stephanie Bagby-Stone

Department of Mental Health Staff:

Lori Franklin
 Elaina Henry
 Vicki Schollmeyer

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh
 Heidi Strickler

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	<p><i>E. Fitzsimmons-Craft announced she submitted a career development award to the National Institute of Mental Health and it is looking quite promising. Washington University has hired a new person to assist with the online trainings her name is Olivia Lang, she will start this summer. E. Fitzsimmons-Craft will still be involved with the trainings, but contributing much less one-on-one time to the trainings.</i></p> <p><i>A. Seal announced her guest, Heidi Strickler to the meeting.</i></p> <p><i>The March minutes were reviewed. B. Harrell approved, the motion was seconded by T. Allgood, and minutes were approved.</i></p>	
Budget Review	<p><i>A. Seal advised the council that the budget is due June 15th, 2019.</i></p>	

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Body U Program Overview and Update</p>	<p><i>L. Franklin gave a budget overview. The balances were read off to the council.</i></p> <p><i>An international wire transfer charge came through. The amount was \$120.00. This payment came about as a deposit was rejected and resubmitted which resulted in this charge.</i></p> <p><i>M. Firebaugh gave an update on Body U Program. During the Spring a lot less recruitment takes place due to the break from school sessions. The same 12 schools are enrolled in the screening for Body U. M. Firebaugh stated she is determined to get Harris-Stowe University on board. As the semester came to an end, student-wide emails were sent at the following schools: UCM, UMSL, and MIZZOU. One of the student ambassadors at UCM is graduating. M. Firebaugh is looking to replace her with someone from the school to help spread the word and conduct presentations to various student organizations.</i></p> <p><i>M. Firebaugh stated she has partnered with NAMI at UCM for promotion of Body U. NAMI has agreed to send information out about Body U regularly through listservs.</i></p> <p><i>L. Franklin provided Gena Terlizzi's information to M. Firebaugh. Gena is the Executive Director of NAMI Missouri.</i></p> <p><i>M. Firebaugh had a very successful presentation at Meeting of the Minds in April, Partners in Prevention. There were people from around the surrounding states of Missouri in attendance.</i></p> <p><i>A college freshman is running the social media campaign and doing a great job on it. Body U is now more active on three main social media platforms: Facebook, Instagram, and Twitter.</i></p> <p><i>An update to Body U screens, the program has almost reached 9,000 screens in the six years it has been established. Mizzou remains in the lead for the number of screens for the 2018-2019 academic year. The screen distribution chart for 2018-2019 M.</i></p>	<p><i>L. Franklin will provide M. Firebaugh with Gena Terlizzi's information over at NAMI.</i></p> <p><i>M. Firebaugh will ask more universities to promote Body U on social media.</i></p>

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Missouri Eating Disorders Coalition 360 Update</p>	<p><i>Firebaugh presented shows the majority of those taking screens are Very High Risk. About 42% are in that category. The lowest percentage, 1%, of those screened are showing Depression and Anxiety. There remains to be a variety of those being screened by Body U.</i></p> <p><i>The summer plan for M. Firebaugh is to create a screen data report and provide personalized reports to universities with over 100 screens, improve everybody, plan recruitment for the new academic year, and implement Body U at Harris-Stowe University.</i></p> <p><i>E. Fitzsimmons-Craft gave an update to upcoming in person trainings. On April 12th, 2019 a training in Kirksville, MO took place. 47 providers from across the state were in attendance. 46% of those in attendance were from Community Mental Health Centers. An online training seminar was disseminated beginning in May and ending in June. This was in Dialectical Behavior Therapy for Bulimia Nervosa and Binge Eating Disorder. This was a 4-part webinar series. Each session was 2 hours long conducted by Lucene Wisniewski, PHD. Attendance included 48 providers from across the state. About 48% of those were from the community mental health centers. These sessions were being recorded and will be put available online. It will also be posted to the EDC site. The webinar will also being tracked by qualtrics for data research.</i></p> <p><i>Dr. S. Bagby-Stone completed a training for the Council for Adolescent and School Health. She was contacted regarding interest in resources for adolescents and providers in the school setting. This took place in Jefferson City on May 2nd, 2019. There were about 25 people in attendance.</i></p> <p><i>In terms of other training possibilities, Tammy Beasley and B. Harrell have been asked to conduct another training for RD's and therapists in the Kansas City area.</i></p>	

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<p>MO Foundation of Health Grant Update</p>	<p><i>Other online trainings have been scheduled for this year such as interpersonal psychotherapy training, family-based treatment, iaedp online training courses, etc.</i></p> <p><i>Consultation is ongoing at this time. A family-based treatment 12-week course is scheduled with J. Clevenger. A consultation for medical providers/working as multidisciplinary team with S. Bagby-Stone is in the process of working on a group within Preferred Family Healthcare for an initial in-person training.</i></p> <p><i>An article has been published in the MO Association of School Nurses Newsletter. There have been submissions to the Missouri Nurse, Pedslines, and The Health Center.</i></p> <p><i>E. Fitzsimmons-Craft recently collaborated with Jon Sabala at DMH, who oversees Veteran Services, regarding psychiatric disorders and materials for clinicians involved with veterans who may have eating disorders.</i></p> <p><i>In November of 2018 an idea was submitted to the MO Foundation of Health Grant. The submission was finalized May 15, 2019. There has not been an official award date for when this grant will be determined.</i></p> <p><i>E. Fitzsimmons-Craft and A. Seal have been in contact with the Coalition on how much time they would take to review the submission.</i></p> <p><i>The next meeting will be a conference call on July 22, 2019!</i></p>	