

Missouri Eating Disorders Council Minutes

July 22nd, 2019 – Conference Call

Council Members Present:

Annie Seal
 Beth Harrell
 Paul Polychronis
 Travis Stewart
 Carla O'Connor
 Connie Cahalan
 Del Camp
 Denise Wilfley
 Eric Martin
 Heidi Strickler
 Jenny Copeland
 Rebecca Lester
 Stephanie Bagby-Stone
 Debra Walker

Council Members Absent:

Kim McCallum
 Ginny Ramseyer-Winter
 Lauren Sciacca
 Caroline Graham
 Marjorie Cole
 Janet Clevenger
 Shawn Sando
 Tommy Allgood

Department of Mental Health Staff:

Lori Franklin
 Elaina Henry

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh
 Olivia Laing

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	<p><i>A. Seal announced the decision in regards to the Mental Health Foundation Grant Opportunity that was submitted on behalf of the Missouri Eating Disorders Council. The opportunity fund was declined by the Mental Health Foundation. The key points that were included in this decision were the partnerships throughout the state with the EDC and a better expression of outcomes. A. Seal and B. Harrell will be speaking to the Kansas City Hospital with an overview of the eating disorders council.</i></p> <p><i>The May minutes were reviewed. C. O'Connor approved, the motion was seconded by B. Harrell, and minutes were approved.</i></p>	
Budget Review		

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Missouri Eating Disorders Coalition 360 Update</p>	<p><i>E. Fitzsimmons-Craft introduced to the council Olivia Laing. Olivia will take over the day-to-day oversight of the training initiatives. E. Fitzsimmons-Craft is in the process of training O. Laing. E. Fitzsimmons-Craft will still be involved with the training oversight but will have other duties to attend to.</i></p> <p><i>E. Fitzsimmons-Craft gave an update on trainings. A recent webinar series was completed on DBT for eating disorders. The training was conducted by Dr. Lucene Wisniewski. In attendance on those webinar series were 12 social workers, 18 mental health counselors/therapists, 5 psychologists, psychiatric nurse, and a dietitian. The DBT webinar had great quantitative and qualitative feedback. The accessibility of the training was a big hit with many of those in attendance. A DBT knowledge quiz was administered after the training with positive results.</i></p> <p><i>Upcoming Trainings:</i></p> <ul style="list-style-type: none"> <i>○ Dr. S. Bagby-Stone and K. McCallum held a training at PFH in April. The four month follow up is in August 2019.</i> <i>○ T. Beasley and B. Harrell will conduct a training in Kansas City either in September or November on early identification of eating disorders. Dr. Rob Welch will conduct an Interpersonal psychotherapy session in the fall in Springfield or Columbia.</i> <i>○ E. Fitzsimmons-Craft will conduct a Cognitive-Behavioral Therapy guided self-help webinar.</i> <p><i>Online Trainings:</i></p> <ul style="list-style-type: none"> <i>○ A DBT online webinar series</i> <i>○ Monthly online ED training program will be put together by Dr. Therese Waterhous</i> <p><i>Ongoing Consultations:</i></p>	

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>MO Foundation of Health Grant Update</p>	<ul style="list-style-type: none"> ○ <i>Family-Based Treatment – by E. Fitzsimmons-Craft</i> ○ <i>New consultation group underway with five clinicians</i> ○ <i>Consultation for medical providers/working as multidisciplinary team – working on getting something set up with Burrell and/or PFH</i> <p><i>News Articles:</i></p> <ul style="list-style-type: none"> ○ <i>Published in the MO Association of School Nurses newsletter</i> ○ <i>Published in the Missouri Family Physician</i> ○ <i>Published in the Missouri Nurse</i> ○ <i>Submitted an article to Pedslines</i> ○ <i>Submitted for publication in the Health Center</i> <p><i>E. Fitzsimmons-Craft gave overview of the centers of excellence she is trying to gain partnerships with. Preferred Family Healthcare in Kirksville is working with her to identify a leader. Burrell Behavioral Health in Springfield and Columbia are in the works. E. Fitzsimmons-Craft is also working with FCC Behavioral Health in the southeast of MO.</i></p> <p><i>A. Seal discussed the meeting with the Coalition for July 23rd for further possibilities of the partnership moving forward. The meeting is being rescheduled.</i></p> <p><i>The next meeting will be at DMH in Jefferson City on September 23, 2019!</i></p>	