

Missouri Eating Disorders Council Minutes

September 25, 2017

Council Members Present:

Connie Cahalan
 Beth Harrell
 Carla O'Connor
 Annie Seal
 Denise Wilfley
 Marjorie Cole
 Del Camp
 Rebecca Lester
 Stephanie Bagby-Stone
 Joy Schwertley
 Caroline Graham

Council Members Absent:

Kim McCallum
 Shawn Sando
 Janet Clevenger
 Paul Polychronis
 Dr. Mike Nietzel
 Jenny Copeland

Department of Mental Health Staff:

Rosie Anderson - Harper
 Lori Baysinger

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
<p>Funding Streams</p> <p>Body U Program Overview and Update</p>	<p>A.Seal welcomed, July minutes were reviewed and approved. D. Camp motioned to approve the minutes, B. Harrell seconded the motion. Discussed the N.E.W.S. (Nurse Education Webinar Series) provided by Dr. Bagby-Stone. This training is for rural nurses to focus on latest information relating to managing children in the school setting with health issues and/or special health care needs covering a variety of topics.</p> <p>Discussed getting sponsorships and grants for our Council to further invest in education and treatment initiatives. Any collaboration should be published on the EDC website. Any money received will go through Mental Health Foundation or another state affiliated organization (Patty Henry), as the State of Missouri cannot hold the funds. Discussed ECHO, utilizing web-based videoconference technology, if funding is available. Will try to get someone from ECHO to come and speak to this Council.</p> <p>Body U Program M. Firebaugh talked about expanding Body U, 11 schools are active now in this program. SEMO and University Of MO KC recently joined Body U. Visited Union Fest and saw over 200 students. Went to SEMO to present and discuss BodyU. MSU launched Body U at</p>	<p><i>Annie will discuss with Mark Stringer and Patty Henry.</i></p>

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Ozark Training Initiative Update	<p>the Fresh Check event. Will be sending out emails to students (newsletter) and the president will send an email to the staff and faculty about Body U. M. Firebaugh discussed the other schools and upcoming events.</p> <p>New Platform: MindDistrict</p> <ul style="list-style-type: none"> • Founded in 2008 • Updated subclinical/clinical program • Partnering with researchers at Harvard University to offer depression and anxiety programs <p>Launch of the new platform planned for January 2018</p> <ul style="list-style-type: none"> • Program is already on the platform • Recruit coaches from MSW and psychology programs for the Council to hire, as the MindDistrict platform doesn't provide coaching for participants. <p>M. Firebaugh showed the recruitment by the academic years, for 2013 – present, the total number of screens was 4306. For 2017 – 2018 our goal is 2785 screens total for all of the schools participating in the Body U program.</p> <p>E. Fitzsimmons-Craft talked about Kim McCallum training from Aug. 4 in St. Louis, 41 providers from across the state attended. Training was professionally video recorded and we are currently making available on Relias and on the web. E. Fitzsimmons-Craft discussed the post-training feedback and immediate impact of this training.</p> <p>Ongoing consultation – Ellen still providing follow-up consultation with Ozark Center and FCC. Rob Welch is providing follow-up IPT consultation for Ozark Center and FCC.</p> <p>E. Fitzsimmons-Craft also talked about online training access for Dietitian, FBT and IPT training. Relias offers this training and it is also available on the web. IAEDP online training is also available.</p>	

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	<p>Summary of training initiative:</p> <ul style="list-style-type: none">• Trained 135 at in person training• Nearly 300 online training log ins• Based on 3 – 4 month follow-up data/cases discussed during consultation calls, care has been improved for at least 200 cases to date	

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Additional Information	Next meeting will be November 27, 2017 at Department of Mental Health 1706 East Elm St., Jefferson City in Conference Room B from 10:00 – 2:00.	