

Missouri Eating Disorders Council Minutes

Sept. 17, 2018

Council Members Present:

Denise Wilfley
 Carla O'Connor
 Stephanie Bagby-Stone
 Beth Harrell
 Del Camp
 Paul Polychronis
 Connie Cahalan
 Travis Stewart

Council Members Absent:

Kim McCallum
 Ginny Ramseyer-Winter
 Eric Martin
 Lauren Sciacca
 Annie Seal
 Joy Schwertley
 Rebecca Lester
 Janet Clevenger
 Caroline Graham
 Marjorie Cole
 Jenny Copeland
 Tommy Allgood
 Jenny Copeland

Department of Mental Health Staff:

Lori Franklin
 Rosie Anderson-Harper
 Debra Walker
 Lori Baysinger

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	<p><i>The Council welcomed Lori Franklin to the Council. She will be the DMH/ DBH liaison to the Missouri Eating Disorders Council. R. Anderson-Harper stated that L. Baysinger will be leaving. She has accepted a new position within the Department.</i></p> <p><i>The July minutes were reviewed. Carla approved, Connie seconded, and minutes were approved.</i></p>	
Website Update	<p><i>Travis went through the website. He stated that our website needed more words/content to promote our website. This will increase hits on google. Other suggestions were:</i></p> <ul style="list-style-type: none"> <i>• Diversity in pictures</i> <i>• Provider registration</i> <i>• Provider information</i> <p><i>Rosie provided website also gave DMH website to link the State of MO to the MO EDC website.</i></p>	

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Body U Program Overview and Update</p> <p>Ozark Training Initiative Update</p>	<p><i>M. Firebaugh gave the Body U update. She stated that UMSL will launch on Sept. 24. Body U is promoted mostly through campus wide emails. She is also working with student organization to recruit student ambassadors. She will be meeting with Joan Masters at Partners in Prevention to discuss how to bring Body U to Harris Stowe. M. Firebaugh went through the screens by screens by academic years and the annual data report.</i></p> <p><i>E. Fitzsimmons-Craft presented information on 360 Update. October 23rd E. Fitzsimmons-Craft will speak at the CIT training in Bowling Green. S. Bagby-Stone and K. McCallum will be holding a medical management training in Kirksville on November 16th at Preferred Family Healthcare. E. Fitzsimmons-Craft went through the online trainings and how many log-ins we had for each trainings. E. Fitzsimmons-Craft is working with Beth on offering MO providers free access to new iaedp courses. We have had over 750 online training log-ins. Additional Online training to disseminate was:</i></p> <ol style="list-style-type: none"> <i>1. School nurse webinar which was conducted by Stephanie Bagby –Stone.</i> <i>2. ED training program put together by Therese Watherhuas to train providers in 3 counties in Oregon, plan to disseminating to MO providers in January.</i> <i>3. Cognitive-behavioral therapy-enhanced online training platform. This was developed and tested by Dr. Chris Fairburn and colleagues. Reviewing for appropriateness for MO providers and then will confirm with Oxford team that we can disseminate.</i> <p><i>E. Fitzsimmons-Craft then discuss the ongoing consultation, FBT provided by herself. She will be recruiting new FBT group to begin Sept/Oct 2018 – providers signed up from Preferred Family Healthcare, Kirksville and KC Comprehensive Mental Health Services. Clinicians at FCC Behavioral Health having discussions about finding a new time and adding discussion about CBTgsh. Also ongoing consultation with Stephanie Bagby-Stone and medical providers, this will wrap up with Ozark Center summer of 2018. It will begin with Preferred Family Healthcare post the in-person training.</i></p>	<p><i>M. Firebaugh will set up a Demo for anyone who wants to try Body U.</i></p>

<i>TOPIC</i>	<i>DISCUSSION</i>	<i>ACTION/FOLLOW-UP NEEDED</i>
Additional Information	Next meeting will be a conference call November 19, 2018 from 10:00 – 12:00.	