

Missouri Eating Disorders Council Minutes

July 24, 2017

Council Members Present:

Connie Cahalan
 Beth Harrell
 Carla O'Connor
 Annie Seal
 Paul Polychronis
 Janet Clevenger
 Denise Wilfley
 Rebecca Lester
 Kim McCallum
 Jenny Copeland
 Eric Martin

Council Members Absent:

Shawn Sando
 Marjorie Cole
 Stephanie Bagby-Stone
 Del Camp
 Joy Schwertley

Department of Mental Health Staff:

Lexy Thompson
 Lori Baysinger

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Ozark Training Initiative Update	<p>A.Seal welcomed our new members Jennifer Copeland. May minutes were reviewed. C. O'Connor motioned to approved, C. Cahalan seconded the motion.</p> <p>E. Fitzsimmons-Craft presented information on update. Conducted 4 months follow up survey. A total of 44 eating disorder cases treated since training (Jan. 26 &27) at least 16 cases treated specifically with IPT. Had great feedback.</p> <p>Annie would like to get this information out to our DMH website, to MO Coalition and our Bi-monthly updates to our Governor. A. Seals also will reach out to MO Mental Health Foundation (Patty Henry). Lexy asked for the information they would like to send out in regards to this.</p> <p>E. Fitzsimmons-Craft stated that there are 51 providers to attend the Aug. 4 training in St. Louis. Attendees include 6 physicians, 3 nurse practitioners, 14 nurses, 7 dietitians, 21 therapist (includes teams from our Centers of Excellence). We have a waitlist of 49 other people (mostly therapist). This training will be recorded and will be put online.</p>	<p><i>A.Seals and E. Fitzsimmons-Craft will work on a "blurb" to send to Lexy.</i></p>

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Body U Program Overview and Update</p> <p>Other discussions:</p>	<p>Training Initiative Plan for 2017:</p> <ul style="list-style-type: none"> • Cognitive-behavioral therapy guided self-help – Fall 2017 • Continue work to establish screening and diagnosis procedures in the state • Continue ongoing consultation in evidence-based treatment for identified Centers of Excellence and add consultation for medical providers <ul style="list-style-type: none"> Once 18-month pilot is over, work to establish 2 additional centers as Centers of Excellence and begin training cycle over again <ul style="list-style-type: none"> ▪ Identifying these centers now – Shawn and Annie to attending an upcoming Coalition meeting to recruit ▪ Schedule another dietitian training at FCC Behavioral Health area, maybe in Sikeston (Early 2018) ▪ Schedule another IPT training (2018) <p>Beth wanted to talk about 2 options for the dietitian training. Had a discussion on who would provide the training. Jessica Setnick could do it for \$3,000 or Tammy Beasley that is supported by a treatment center could do it free. Council decided to go with Tammy since it was free and we do not have any extra funds in our budget.</p> <p>M. Firebaugh discussed the handout regarding the Body U. In the Fall 3 new universities will be joining Body U:</p> <ul style="list-style-type: none"> • MO State University • Southeast MO State University • University of Missouri-Kansas City <p>She is will working with UMSL and Harris Stowe to get on board with Body U. In the fall of 2017 M. Firebaugh is trying to get a “kickoff event” at each university. She also stated that she is still discussing with the liaisons to schedule these events. In addition, she looking for student ambassadors. She also discussed Body U outcome data.</p> <p>MO Assessment of College Health Behaviors (MACHB) is a survey that goes out to colleges. Would like to get our information to them. Paul contacted them and discussed the SCOFF items. Paul stated that he would continue to work with them. Paul also wanted to discuss Whiteman Air Force Base to use Body U. Annie ask if anyone works with the Veterans. Jon Sabala is the contact for the State. Paul will proceed and look for funding sources.</p>	<p><i>Beth will work with Shawn to get a date.</i></p>

<i>TOPIC</i>	<i>DISCUSSION</i>	<i>ACTION/FOLLOW-UP NEEDED</i>
	M. Cole has scheduled a webinar for us to give to school nurses provided by K. McCallum. This will be April 18, 2018.	
Additional Information	Next meeting will be September 25, 2017 at Department of Mental Health 1706 East Elm St., Jefferson City in Conference Room B from 10:00 – 2:00.	