

Missouri Eating Disorders Council Minutes

May 22, 2017

Council Members Present:

Connie Cahalan
 Beth Harrell
 Carla O'Connor
 Annie Seal
 Paul Polychronis
 Janet Clevenger
 Denise Wilfley
 Marjorie Cole
 Del Camp
 Rebecca Lester
 Stephanie Bagby-Stone
 Joy Schwertley
 Shawn Sando

Council Members Absent:

Kim McCallum

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh

Department of Mental Health Staff:

Lexy Thompson
 Rosie Anderson - Harper
 Lori Baysinger

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Body U Program Overview and Update	<p>A.Seal welcomed our new members Stephanie Bagby-Stone, Shawn Sando, Marjorie Cole and Joy Schwertley. These members introduced themselves to the counsel. March minutes were reviewed and discussed. With corrections, B. Harrell motioned to approve the minutes, C. O'Conner seconded the motion.</p> <p>Body U Program – Wash U</p> <p>M. Firebaugh talked about expanding Body U, 8 school are active in this program. Met with MO State counseling center director and will start in the Fall of 2017. M. Firebaugh is still talking with SEMO and UMSL to encourage them to start the program. M. Firebaugh showed the recruitment by the academic years, for 2016 – 2017, the total number of screens was 1825. Discussed the Screening Algorithm diagram.</p>	

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<p>Ozark Training Initiative Update</p>	<p>Body Program account data:</p> <ul style="list-style-type: none"> • 479 students signed up for the Body Program • 139 students completed 3+ sessions • Users complete an average of 15 activities a month • 61% of users have exchanged messages with their coach <p>E. Fitzsimmons-Craft gave an update on evidence base practices. Ongoing consultation by Dietitians by B. Harrell has provided follow-up consultation (41 hr) of consultations. Burrell had 12 cases, Ozark Center 10 cases, 6 in Mercy in Carthage and 2 in Pleasant Hill.</p> <p>Family based treatment (FBT): E. Fitzsimmons-Craft is providing follow up consultation weekly calls at Ozark Center in Joplin with support from J. Clevenger and at FCC.</p> <p>Interpersonal Psychotherapy (IPT): E. Fitzsimmons-Craft is also providing follow-up consultation to clinicians at the Ozark Cent and FCC as well as others who attended training as part of “open” IPT consultation calls. Rob Welch is providing this consultation.</p> <p>The dietitian training was professionally video recorded and is available on Relias. 33 providers across the state have accessed the trainings. The FBT online training is also professionally recorded and is on Relias, 11 providers have access.</p> <p>The IPT online training has been accessed by 41 providers across the state in 2017.</p> <p>IAEDP course access on Relias (since 2015)</p> <ul style="list-style-type: none"> • Eating disorder Nutrition 101 -53 • Overview of Eating Disorders -45 • Core Skills and Decision Points in the Evaluation and Treatment of Anorexia in Adolescents and Adults-38 • Effective Treatment Modalities for Eating Disorders -32 	

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<p>FY18 MOEDC Plan</p>	<p>E. Fitzsimmons-Craft stated that we are in the process of scheduling medical training provided by K. McCallum.</p> <ul style="list-style-type: none"> • To be held in St. Louis, end of July • Plan to also do simultaneous webinar and video recording • Plan to also schedule time for additional training at McCallum Place for Ozark Center and FCC Behavioral Health (Centers of Excellence) Plan to also offer CMEs to attendees (will apply through Wash U) <p>FY18 Objectives:</p> <ul style="list-style-type: none"> • Continue to improve access to treatment in rural MO by providing integrated care training for Community Mental Health Centers • Continue to offer prevention/treatment to university students (Body U program) <p>FY18 Strategies:</p> <ul style="list-style-type: none"> • Continue the Pilot Program for Ozark Center/Burrell • Continue Body U – expand to all 14 4-year universities <p>Additional Training for FY 18</p> <ul style="list-style-type: none"> • In person CBT/CBT training conducted by E. Fitzsimmons-Craft • Charting Webinar • Integrated team facilitation - ongoing <p>Body U Expand to all 14 4-year Universities and participate in DMH Spring Training Institute, M. Firebaugh and D. Camp will work our booth this year.</p> <p>MOEDC FY18 Budget Total \$106,860</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;"></td> <td style="width: 20%; text-align: center;">Plan</td> <td style="width: 40%;"></td> </tr> <tr> <td>Ellen Fitzsimmons-Craft</td> <td style="text-align: right;">\$33,000</td> <td></td> </tr> <tr> <td>Marie-Laure Firebaugh</td> <td style="text-align: right;">\$34,000</td> <td></td> </tr> <tr> <td>Lantern Costs</td> <td style="text-align: right;">\$25,000</td> <td></td> </tr> <tr> <td>Clinical Consults</td> <td style="text-align: right;">\$ 6,000</td> <td></td> </tr> <tr> <td>Misc.</td> <td style="text-align: right;">\$ 7,000</td> <td style="text-align: right;">Total: \$105,500</td> </tr> </table>		Plan		Ellen Fitzsimmons-Craft	\$33,000		Marie-Laure Firebaugh	\$34,000		Lantern Costs	\$25,000		Clinical Consults	\$ 6,000		Misc.	\$ 7,000	Total: \$105,500	
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	<p>A.Seal ask do we continue to contract with Wash U, council voted to continue to collaborate with Wash U. Will plan to work with myStrength to replace Lantern. Council approved E. Fitzsimmons-Craft and M. Firebaugh”s budget.</p>	<p>A. <i>Seal will contact Mark Stringer about meeting with the Mental Health Commission to present to them.</i></p>
Additional Information	<p>Next meeting will be July 24, 2017 at Department of Mental Health 1706 East Elm St., Jefferson City in Conference Room B from 10:00 – 2:00.</p>	