

Missouri Eating Disorders Council Minutes

May 21, 2018

Council Members Present:

Denise Wilfley
 Carla O'Connor
 Annie Seal
 Stephanie Bagby-Stone
 Travis Stewart
 Jenny Copeland
 Joy Schwertley
 Rebecca Lester
 Beth Harrell
 Connie Cahalan
 Tommy Allgood
 Kimberli McCallum
 Ginny Ramseyer-Winter

Council Members Absent:

Del Camp
 Paul Polychronis
 Kim McCallum
 Eric Martin
 Lauren Sciacca
 Janet Clevenger
 Marjorie Cole
 Caroline Graham
 Shawn Sando

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh

Department of Mental Health Staff:

Debra Walker
 Lori Baysinger
 Vicki Schollmeyer

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Welcome/Introductions Announcements</p>	<p><i>A.Seal announced Debra Walker. Debra is the new Deputy Director for Dept. of Mental Health. A. Seal also introduced Vicki Schollmeyer who oversees our budget for this council. A. Seal introduced Ginny Ramseyer Winter was introduced who helped with our grant. We did not get the grant. S. Bagby-Stone did a webinar on the state nurses and gave an update. In addition, the minutes were reviewed and approved.</i></p>	<p><i>Working session will discuss the grant and how we can improve.</i></p>
<p>Discuss current and FY19 budget</p>	<p><i>V.Schollmeyer gave an update on the current budget. About \$2,900 is not obligated for this fiscal year. Next year budget will be approximate approximately \$100,000. Will provide a monthly budget report to the committee. Lori will send this out.</i></p>	<p><i>We will be getting a billboard in the Joplin area.</i></p>
<p>Body U Program Overview and Update</p>	<p><i>M. Firebaugh talked the Body U update. She presented at 16 events on universities campuses:</i></p> <ul style="list-style-type: none"> • <i>Freshmen orientations</i> • <i>Community resources fairs/Student Health/Mental Health Fairs</i> • <i>The Illusionists showing</i> • <i>Presentations on body image and eating disorders</i> • <i>NEDA week</i> 	

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<p>Ozark Training Initiative Update</p>	<p><i>M. Firebaugh stated that Body U was mentioned on the news, in the newspapers and on several campus press releases as well as campus wide emails. She then went through the recruitment numbers by academic year within the different 11 schools. Plans for 2018 – 2019 launch everybody on the Minddistrict App and plans to reach out to Harris Stowe and UMSL. Also review Body U marketing, she has a meeting with T.Stewart June 8, 2018</i></p> <p><i>E. Fitzsimmons-Craft presented information on Training Initiative update. E. Fitzsimmons-Craft talked about the presentation that she will be doing along with M. Firebaugh at the Spring Training Institute. We will also have a booth this year like we did last year. D. Camp and M. Firebaugh will work the booth. L. Baysinger will bring the booth down and set it up for them.</i></p> <p><i>E. Fitzsimmons-Craft then started to talk about upcoming training. In-person interpersonal psychotherapy training will be held June 18 and 19 2018 St. Louis. Ongoing Consultation conducted by Rob Welch. This training will be held at MIMH and have about 48 people already signed up.</i></p> <p><i>E. Fitzsimmons-Craft then went through all the classes that are available online, had over 600 online classes. Planning to send out surveys at the end of June as a 4-month followup to the attendee for Dietitian training. Also will send surveys out to the CBT attendees.</i></p> <p><i>Family Based Treatment - E. Fitzsimmons-Craft providing follow up consultation, wrapped up with clinicians at the Ozark Center in Dec. 2017</i></p> <ul style="list-style-type: none"> • <i>Interpersonal Psychotherapy Rob Welch, will complete final 12 week round of consultation beginning end of March</i> • <i>Consultation for medical providers – Stephanie Bagby-Stone</i> <ul style="list-style-type: none"> ➢ <i>6 providers (Ozark Center and FCC)</i> ➢ <i>Calls will continue to April, May and June</i> • <i>Consultation for dietitians</i> <ul style="list-style-type: none"> ➢ <i>Paula Antonacci consultation:</i> <ol style="list-style-type: none"> 1. <i>Deborah Herbst</i> 2. <i>Kristen Nickels</i> 3. <i>Susan Pittman</i> ➢ <i>Sarah Gleason advertised to RDs at the Poplar Bluff training who are on the normally on the call, others join occasionally</i> 	

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<p>Website Review</p>	<p>1. Mary Puetz 2. Kristen Nickels</p> <p><i>Interpersonal Psychotherapy with Rob Welch. Developed new model for consultation:</i></p> <ul style="list-style-type: none"> • <i>Provided weekly for discrete period of (3 months) to make the most of our limited resources</i> • <i>Participants will complete 2 simulations calls for which they will receive ratings and tailored feedback (before and after consultation)</i> • <i>Weekly review of core competencies</i> • <i>Referring clinicians back to specific portions of the IPT manual and IPT online platform to review.</i> <p><i>Ozark Center currently completing their first simulations and FCC is interested and simulations will be scheduled soon.</i></p> <p><i>Screening Recommendation – recommend SCOFF as initial universal screener If screen positive on SCOFF, EDA-5 Assessment At treatment baseline, have patient complete EDE-Q provides important information on treatment targets and comprehensive baseline measure of symptoms. EDE-QS is recommended for ongoing, ideally weekly, symptom monitoring.</i></p> <p><i>E. Fitzsimmons-Craft then gave an update on the progress to date on our training we trained 167 separate providers in person is evidence based treatment approached for eating disorders. Over 600 online training log-ins regarding our trainings.</i></p> <p><i>E. Fitzsimmons-Craft reported that she meet with Mel Fetter with the MO Coalition on Telehealth opportunity. She also stated that we are working on getting additional Centers of Excellence at Places for People in St. Louis, Preferred Family Healthcare BJC Behavioral Health St. Louis and Arthur Center.</i></p> <p><i>A.Seal asked about branding our training initiative. The counsel settled on MO Eating Disorder Counsel 360 Program and look at the logo or Eating Disorder 360 and show the state of MO. Some people voted they would like to put the map of MO in the logo.</i></p> <p><i>T. Stewart gave an update on our website. Our website is mobile friendly and up to date. Added a training page with all current trainings. He would like to add the treatment finder. He added a legal disclaimer and you can put your zip code in and</i></p>	<p><i>Reach out to ReDiscover in Kansas City. Connie will send the contact information.</i></p> <p><i>Will discuss at the next meeting with a visual.</i></p>

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	<p><i>find a provider. Provider can submit their information and will be reviewed to be added to our website. A. Seal asked E. Fitzsimmons-Craft if we could use our email list to reach out to everyone. We then can send them to the website and they can register themselves. All emails go to T. Stewart.</i></p> <p><i>A.Seal stated that our next meeting will be a conference call. We will try a video/ conference for this meeting.</i></p>	<p><i>Add contact us needs to be added anywhere on our website.</i></p>
Additional Information	<p>Next meeting will be July 23, 2018 from 10:00 – Noon. This will be a video/conference call.</p>	