

Missouri Eating Disorders Council Minutes

March 25th, 2019 – Conference Call

Council Members Present:

Annie Seal
 Beth Harrell
 Connie Cahalan
 Paul Polychronis
 Stephanie Bagby-Stone
 Tommy Allgood
 Marjorie Cole
 Janet Clevenger
 Jenny Copeland
 Travis Stewart
 Eric Martin
 Carla O'Connor

Council Members Absent:

Kim McCallum
 Denise Wilfley
 Rebecca Lester
 Ginny Ramseyer-Winter
 Lauren Sciacca
 Joy Schwertley
 Del Camp
 Caroline Graham
 Debra Walker

Department of Mental Health Staff:

Lori Franklin
 Rosie Anderson-Harper
 Elaina Henry

Guests:

Ellen Fitzsimmons-Craft
 Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	<p><i>No announcements were made on this call.</i></p> <p><i>The January minutes were reviewed. B. Harrell approved, the motion was seconded by C. O'Connor, and minutes were approved.</i></p>	
Budget Review	<p><i>L. Franklin gave a budget overview that is updated as of today 3.25.19. The balances were read off to the council. The total balance left is \$35,595.43.</i></p> <p><i>A question concerning the MindDistrict in the budget was asked. Will DMH be billed or invoiced for that.</i></p> <p><i>A. Seal asked when the budget for the next fiscal year is due. L. Franklin told A. Seal the deadline is the end of May.</i></p>	<p><i>M. Firebaugh will check with the coalition and provide clarification on the spending of Mind District.</i></p>

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
<p>Body U Program Overview and Update</p>	<p><i>M. Firebaugh gave an update on NEDA week from February 2019. M. Firebaugh explained there were a lot of tabling events. Student ambassadors joined in on the tabling events for the entire week. There was a Body U tabling event as well. M. Firebaugh was invited to SEMO to give a presentation on eating disorders and talking about how to help someone with an eating disorder. The fundraiser held at Chipotle in Warrensburg did not make its required number for donation. Only half of the goal was met. Although this event was highly promoted it did not produce the results hoped for. UMSL and MSSU were able to send out student-wide emails out to their campuses and produced more screens for Body U.</i></p> <p><i>M. Firebaugh announced a new Instagram page was created. A WASHU Freshman student is in charge of this social media posting. This is a new approach to promote Body U and hopefully give more people awareness for eating disorders. The page is called Body U Program. The intern is working to get more followers for this page.</i></p> <p><i>A presentation was submitted to the Meeting of The Minds Conference. This conference will take place in early April and M. Firebaugh will be presenting. A discussion concerning mental health problems on college campuses will be held. A. Seal suggested B. Harrell to attend the conference with M. Firebaugh.</i></p> <p><i>Mizzou has the highest student screens out of all the schools. Truman has had a very good improvement on their total screens. Body U is on its way to 9,000 students screened for eating disorders.</i></p>	<p><i>M. Firebaugh will follow up with Joan Masters for the Meeting of The Minds conference about B. Harrell joining her to answer clinical questions.</i></p>

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<p>Missouri Eating Disorders Coalition 360 Update</p>	<p><i>E. Fitzsimmons-Craft gave an update to upcoming in person trainings. The Kirksville training on DBT will rescheduled to April 12th, 2019 at Preferred Family Healthcare. Over 50 people are signed up to attend this training.</i></p> <p><i>S. Bagby-Stone has an upcoming presentation on May 2nd, 2019 at the Council for Adolescent in School Health. This will be their last meeting. We hope this will help to determine which areas are needing improvement and which areas are succeeding their goals.</i></p> <p><i>Another need identified by the council would be providing training on DBT. J. Copeland has expressed her interest in this training and her organization would be interested and seen it as a need for their team. E. Fitzsimmons-Craft has been in touch with Dr. Lucene Wisniewski who is an expert in DBT and she agreed to do a webinar series related specifically to eating disorders. E. Fitzsimmons-Craft and Dr. Lucene Wisniewski are working on putting together the webinar series. There will be advertisement of this webinar and a recording done to share with those interested.</i></p> <p><i>E. Fitzsimmons Craft has been looking for centers in Kansas City to partner with in the next few months.</i></p> <p><i>E. Fitzsimmons-Craft and J. Clevenger completed an ongoing 12-week course with people from Preferred Family Healthcare, Ozark Center, and Comprehensive in Kansas City. The process for recruiting has started and hopefully start in the next 2 months.</i></p> <p><i>A new group is being recruited for IPT consultations.</i></p> <p><i>Great progress with newsletters has come about since the last meeting. An article E. Fitzsimmons-Craft wrote was published in the Missouri Association of School Nurses newsletter. The Missouri Family Physicians newsletter will also publish an article for us. Burrell Behavioral Health in Springfield has been in contact with E. Fitzsimmons-Craft, as well as the Columbia location.</i></p>	

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<p>MO Foundation of Health Grand Update</p>	<p><i>E. Fitzsimmons-Craft has also been in contact with CMHC facilities in Kansas City, ReDiscover and Tri-County, regarding building on eating disorder services in that area. Most of the outreach being done by E. Fitzsimmons-Craft is for the Fiscal Year 2020.</i></p> <p><i>E. Fitzsimmons-Craft has also been in contact with Jon Sabala at DMH, he oversees veteran's services. Jon explained there are resources on his website to view. E. Fitzsimmons-Craft has created an info-page to be shared on his website for veterans. B. Harrell suggested introducing her contact in Kansas City to E. Fitzsimmons-Craft for her experience with veterans and eating disorders.</i></p> <p><i>In November of 2018 an idea was submitted to the MO Foundation of Health Grant. The purpose was to seek funding to expand our trainings more quickly throughout the state. We proposed to build an online platform to support communication amongst providers. The program officer Alyssa Curen has been very responsive with guidance on our submission which is due in May.</i></p> <p><i>E. Fitzsimmons-Craft and A. Seal have been in contact with the Coalition on how much time they would take to review our submission.</i></p> <p><i>The next meeting will be in person at DMH in Jefferson City, May 20, 2019.</i></p>	<p><i>B. Harrell will connect A. Seal with her contact and speak about joining the council.</i></p>

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