



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

Regional Behavior Support Review Committee

*Promoting best practices through peer review, education,
and consultation*

Goals and Objectives

- 👤 Participants will
 - 👤 Be able to identify the purpose of the RBSRC
 - 👤 Know the selection criteria of individuals reviewed
 - 👤 Understand how the RBSRC operates
 - 👤 Know the impact of RBSRC on the system

Polling Question

 Have you heard of the RBSRC prior to this webinar?

Polling Question

 Have you participated in a RBSRC?

Polling Question

 What is your primary job role?

Goals of the Regional Behavior Support Committee



To Provide Consultative Support to Teams by ensuring :

- 👤 Behavioral services meet best practice standards
- 👤 Ethical guidelines are followed
- 👤 Behavioral strategies are least restrictive
- 👤 Ensure that strategies described in the ISP/BSP would increase independence and enhance quality of life if implemented
- 👤 Medicaid Waiver assurances are met

Medicaid Waiver Assurances



- 👤 Reviewing any ISPs/BSPs that include the use of prohibited practices or time out
- 👤 Individuals that experience highest-risk outcomes receive consultation

Promoting Best Practices

- 👤 Established standards for review of behavioral supports and person-centered strategies that are funded by DMH
- 👤 Ensure that both ISP and behavior supports are reviewed in a consistent and systematic manner

Promoting Best Practices

- 👤 Ensuring that supports comply with ethical guidelines
 - 👤 least restrictive
 - 👤 most likely to be effective
- 👤 Making recommendations to team members and behavioral service providers based on established standards and practices

Criteria for Invitation to the RBSRC



👤 Identification of High-Risk Individuals

👤 High-risk individuals: defined as those that meet one or more Tier III Risk Categories during the data collection period of 3 months/one quarter of which are listed in priority of importance

🏠 Tier III – Highest Risk

- 👤 **Law Enforcement Involvement**
- 👤 **Psychiatric Crisis**
- 👤 **Emergency Procedures**
- 👤 **Physical Altercations**

🏠 Tier II – Moderate Risk

- 👤 **Increased Staffing Hours**
- 👤 **Antipsychotic Usage**
- 👤 **Psychotropic Usage**

👤 Other

- 👤 **Placement Changes (in progress)**

Other ways to be involved

- 👤 Self-referral
- 👤 Prohibited Practices

Polling Question

 Do you support people who are Tier III ?

 Yes <5

 Yes 5-10

 Yes 10+

 No

Peer Review

- 👤 RBSRC are composed of
 - 👤 Chairperson is a Licensed Behavior Analyst employed and appointed by DMH
 - 👤 Behavioral service providers from the region
 - 👤 Are licensed to practice applied behavior analysis;
 - 👤 Provide behavior therapy under contract with DMH prior to Missouri licensure laws; or
 - 👤 Are working toward BCBA/BCaBA certification under a Licensed Behavior Analyst
 - 👤 Others may be included as deemed necessary
 - 👤 Nurse
 - 👤 Quality Assurance

Why is Peer Review beneficial?

- 🕒 Consultation and brainstorming around difficult situations
- 🕒 Reduction of liability through involvement of outside expertise
- 🕒 Networking and support

Education, Training and Technical Assistance



- 👤 Providing training to behavioral service providers
 1. Ethics for practitioners
 2. Effective and evidence-based strategies
 3. Best practice standards for our field
 4. Data collection and analysis
 5. Current applicable research

Education, Training and Technical Assistance



- 👤 Providing training to Support Coordinators, families, guardians, agencies, etc.
 1. Psychotropic medication
 2. Individual support strategies
 3. Rights limitations and restrictive interventions
 4. Behavior Analytic services

Who attends the RBSRC



Recommended to Attend

-  The Individual
-  Members of the planning team for the individual being reviewed
-  Behavior Service Providers attend or join
-  Any person who may interact with RBSRC in any capacity

Welcome to Attend

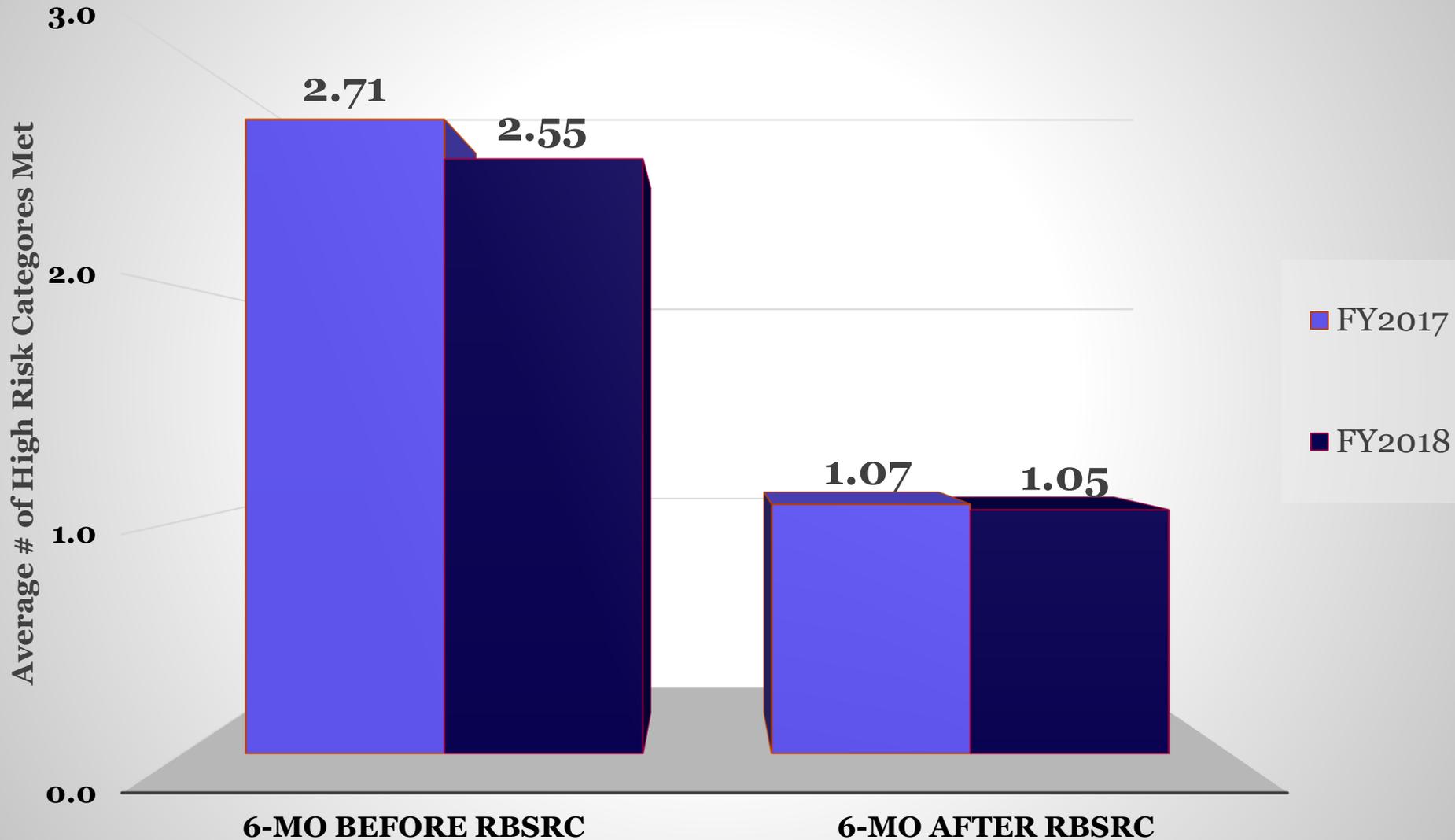
-  General Public
-  Administrators for regional offices and agencies
-  Other functions that could benefit from awareness – QE/nurses, PR, Due Process members

Outcomes from the RBSRC

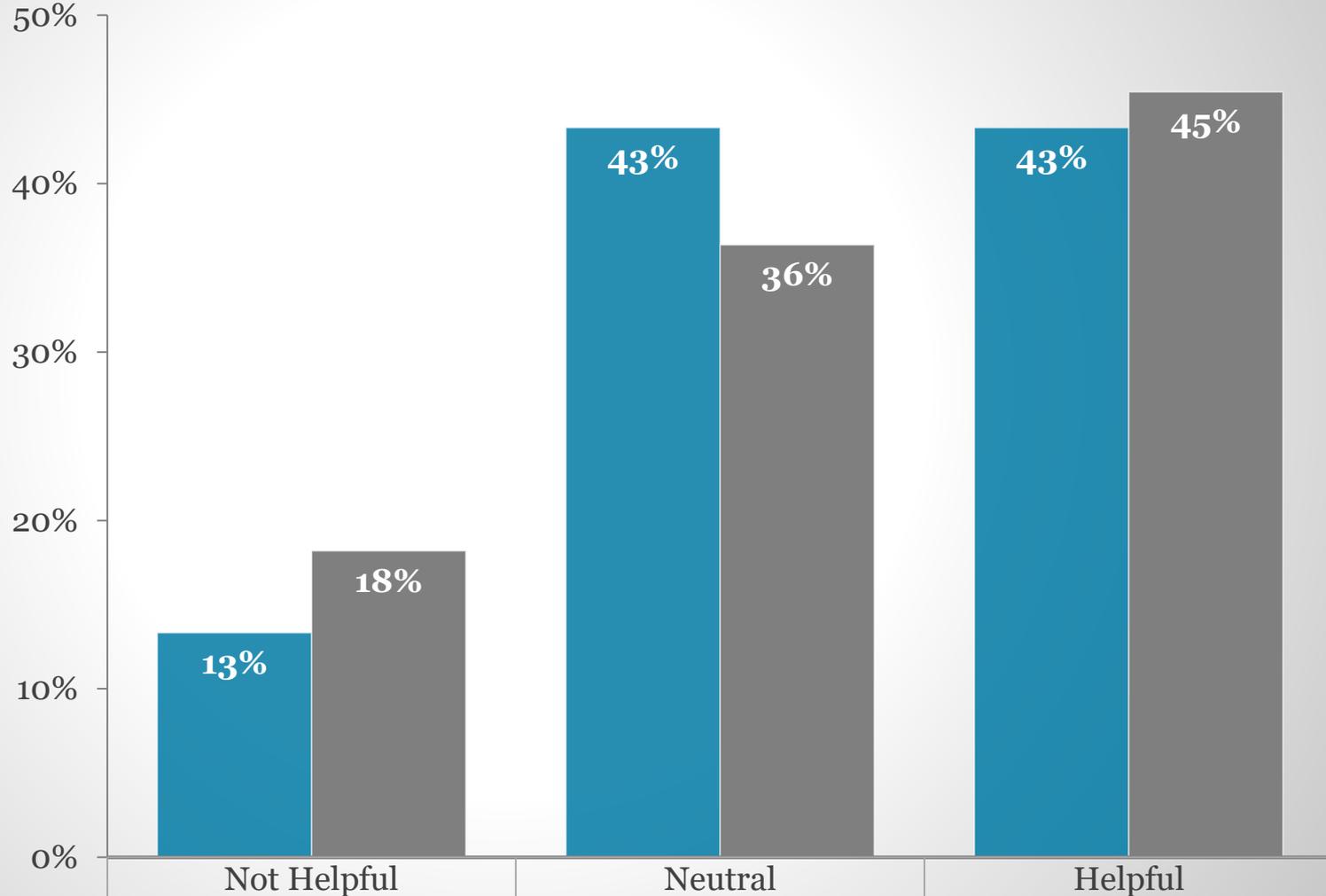
Teams that attend will receive

- 👤 Clinical consultation regarding strategies of support
- 👤 Suggestion referral to/for
 - 👤 Due Process Review Committee
 - 👤 Behavioral services
 - 👤 Medical consultation
 - 👤 Others
 - 👤 Counseling
 - 👤 Employment

RBSRC Outcome Findings: Comparing 6-months Pre and Post Review



How would you evaluate your experience with the RBSRC?



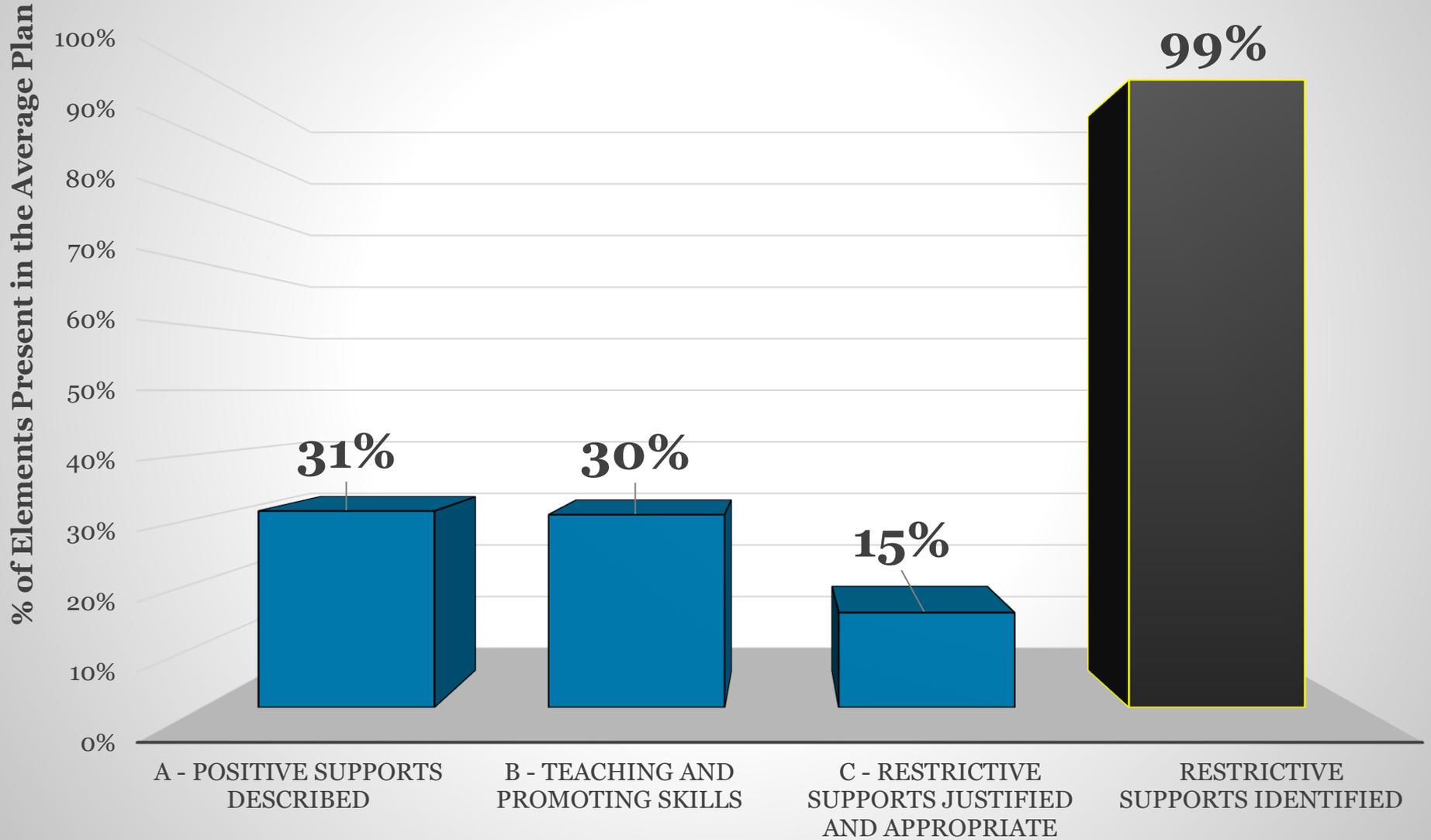
■ Have come to RBRSC	13%	43%	43%
■ NOT come to RBSRC	18%	36%	45%

Education, Training and Technical Assistance

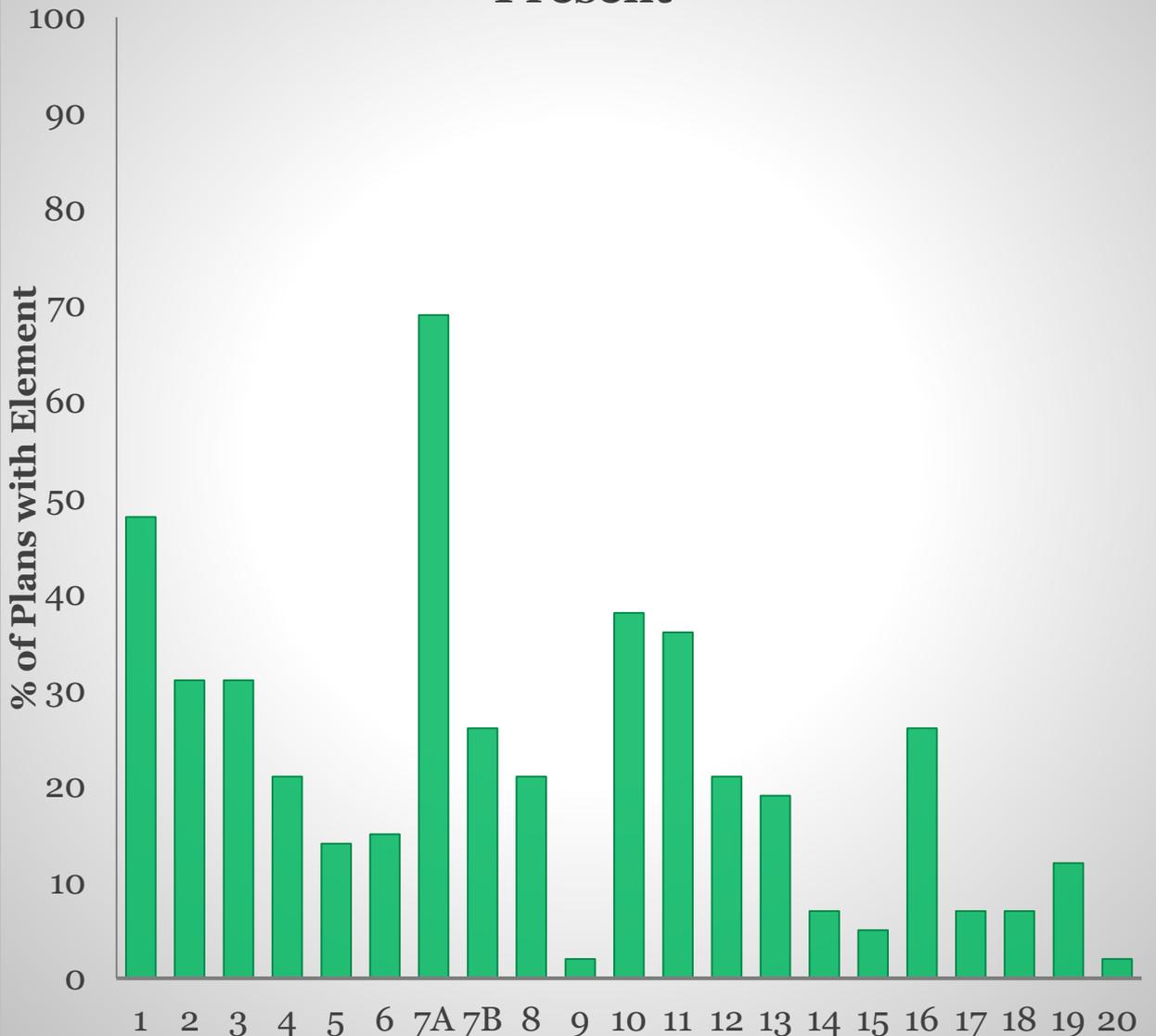


- 👤 RBSRC will provide consultation based on
 - 👤 Identified regional trends and patterns of success related to use of effective and ethical strategies
 - 👤 Identified regional trends and patterns of problems related to use of ineffective and/or unethical strategies

MO ISP Review Tool Findings by Category for 171 Plans Reviewed: January 2017 through December 2018

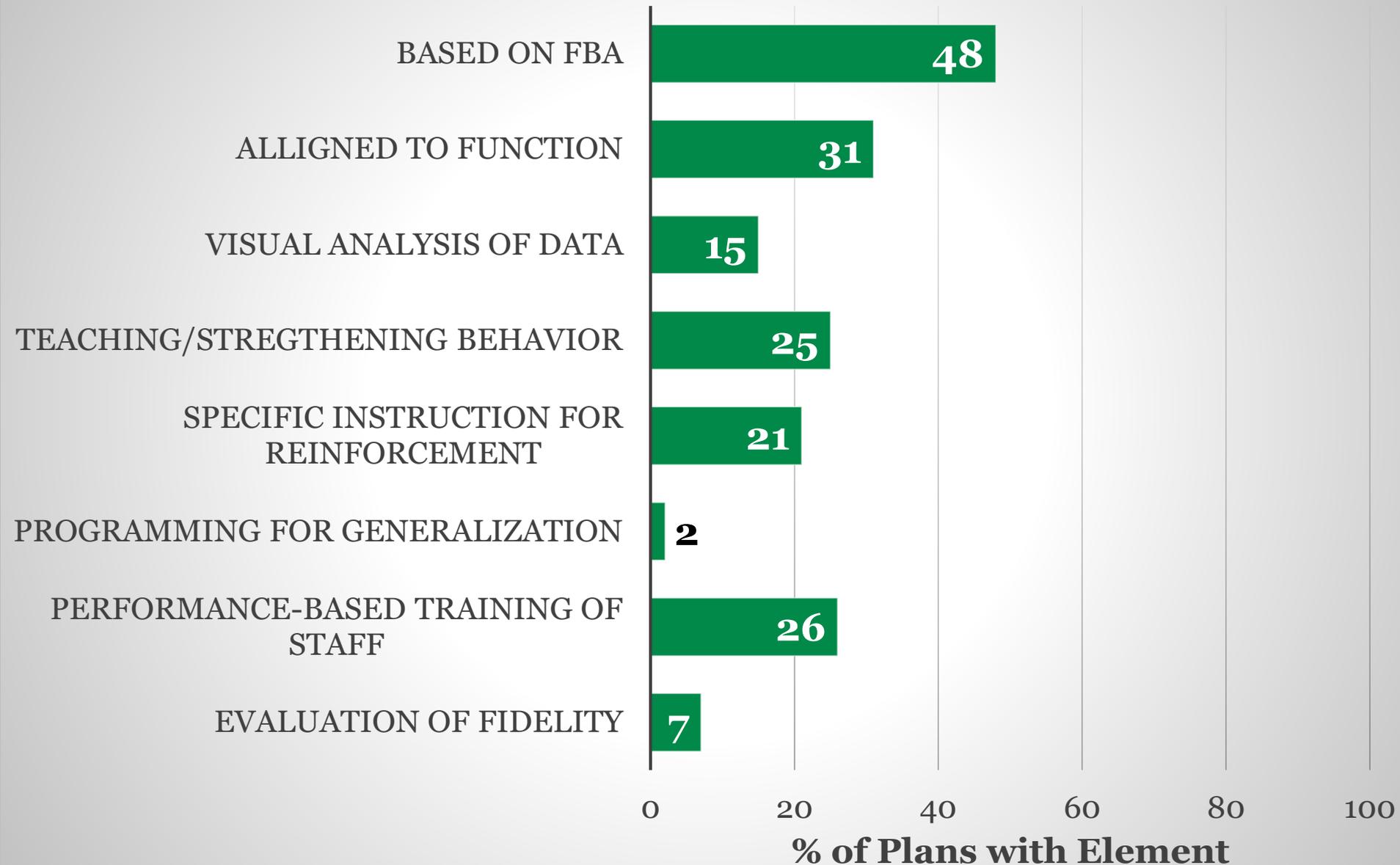


State-wide RBSRC Data: BSP Checklist Comparison for Items Present



- Key: Item Numbers**
1. Based on FBA
 2. Interventions aligned to functions
 3. Target Behaviors for decrease and increase defined
 4. Goals/Objectives for acquiring skills related challenging behavior
 5. Description of Data Collection with tools included
 6. Graphic Data with relevant environmental variables
 7. Implementation Plan for
A) Proactive/Preventative, and B) Teaching of skills
 8. Specific instructions for reinforcement
 9. Strategies for generalization
 10. Safety Crisis Plan
 11. Specific criteria for use of restrictive behavior management strategies
 12. Target Behaviors related to prescribed psychotropic medication
 13. Plan to communicate data with prescribing physician
 14. Includes justification for restrictive supports
 15. Plan should result in increased Quality of Life
 16. Describes performance-based training of staff
 17. Evaluation of fidelity of implementation
 18. Plan to communicate with Team
 19. Strategies were modified/adjusted as indicated
 20. Fidelity data indicates adequate implementation

State-wide RBSRC Data: Focus Elements



Regional Behavior Support Review Committee

- Most Regions have a Regional Behavior Support Review Committee (RBSRC)
 - Teams can meet with any committee they choose to meet with:
 - **Eastern Region:** Melantha Witherspoon
Melantha.Witherspoon@dmh.mo.gov
 - **Central Region:** Lucas Evans
Lucas.Evans2@dmh.mo.gov
 - **Western Region:** Rita Cooper
Rita.Cooper@dmh.mo.gov



QUESTIONS AND ANSWERS



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